

Survey of Bisphenol A in Canned Liquid Infant Formula Products

Bureau of Chemical Safety Food Directorate Health Products and Food Branch

A WHO Collaborating Centre for World Health Food Contamination Monitoring

August, 2008

Our Mission

To ensure chemicals are not present in foods at levels that may cause adverse health effects to Canadians.

Notre Mission

Veiller à ce que les produits chimiques ne soient pas présents dans les aliments à des niveaux pouvant entraîner des effets néfastes sur la santé des canadiennes et des canadiens.



Health Canada is the federal department responsible for helping the people of Canada maintain and improve their health. We assess the safety of drugs and many consumer products, help improve the safety of food, and provide information to Canadians to help them make healthy decisions. We provide health services to First Nations people and to Inuit communities. We work with the provinces to ensure our health care system serves the needs of Canadians.

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Background

Bisphenol A (BPA) is the common name for 2,2-(4,4'-dihydroxydiphenyl)propane, 4,4'isopropyllidenediphenol, or 2,2'-bis(4-hydroxyphenyl)propane. It is used as an intermediate in the production of epoxy resins, and epoxy resins are used in the internal coating for food and beverage cans to protect the food from direct contact with metal. BPA can migrate from cans with epoxy coating into foods, especially at elevated temperatures (for example, for hot-fill or heat-processed canned foods). BPA is one of the 23000 chemical substances on the CEPA (Canadian Environmental Protection Act) domestic substance list (DSL) identified for further evaluation under government of Canada's chemical management plan (CMP). As part of this evaluation process for BPA, an exposure assessment needs to be conducted in order to determine infant exposures to BPA due to consumption of canned liquid infant formula products. In this survey, samples of 21 canned liquid infant formula products of various brands were analysed for BPA using a method with a quantification limit as low as 0.5 ng g⁻¹, and the results were used to estimate dietary intakes of BPA for infants in different age groups.

Sampling Plan and Analytical Methodology

A minimum of 3 cans (with the same lot number) of each of the 21 liquid infant formula products were purchased in October 2007 in a local grocery store in Ottawa. These products covered 8 brands from 4 companies. Among the 21 products, 17 products were milk based and 4 were soya based; 18 were concentrated and 3 were ready to use. All samples were stored at room temperature before analysis.

The samples were analysed by a gas chromatography-mass spectrometry <u>method</u> after solid phase extraction and derivatization with acetic anhydride.

Notes:

- □ Canned infant formula samples were tested as consumed.
- This initial sampling will be expanded to include other canned infant formula products sold in Canada. As new data is generated, Health Canada's Food Directorate will update the survey results accordingly.
- □ It should be noted that the absence of any particular brand from this survey means only that the brand was not included in the survey. No particular inference should be drawn from the presence or absence of any brand.
- Samples represent a "snapshot" of the market and do not represent market share. Differences between brands do not necessarily reflect differences in consumer exposure to BPA.
- □ The results shown in <u>Table 1</u> are exploratory and should not be used to indicate the distribution of bisphenol A in canned infant formula products or as indices of good product choices for consumers.

BPA Levels in Canned Liquid Infant Formula Products

<u>Table 1</u> summarizes the levels of BPA determined in samples of the canned liquid infant formula products. BPA was detected in all 21 products. Concentrations of BPA ranged from 1.14 to 5.44 ng g⁻¹ with an average of 2.88 ng g⁻¹, well below the specific migration limit of 0.6 μ g g⁻¹ set by the EC Directive for BPA in food or food stimulant.

Health Significance of the Survey Results

The levels of BPA detected in canned liquid infant formula available for sale in Canada are low. In March, 2008, Health Canada's Food Directorate completed a <u>Health Risk</u> <u>Assessment of BPA from food packaging applications</u> which used the results of this survey to determine exposure estimates to BPA. Health Canada's Food Directorate has concluded that:

- The current dietary exposure to BPA through food packaging is not expected to pose a health risk to the general population, including newborns and young children.
 - The nutritional benefits of infant formula far outweigh any possible risk.
- In view of uncertainties related to datasets on possible neurodevelopmental and behavioural effects that BPA may have in experimental animals, Health Canada's Food Directorate has recommended that precaution be exerted on products consumed by the sensitive subset of the population, i.e. infants and newborns, by applying the ALARA (as low as reasonably achievable) principle to reduce their exposure to BPA through food packaging applications.

Other international food regulatory agencies – notably in the United States, Europe, the United Kingdom and Australia-New Zealand – have reviewed the "<u>Health Risk</u> <u>Assessment of Bisphenol A from Food Packaging Applications</u>", prepared by Health Canada's Food Directorate, and have confirmed that the conclusions reached are supported by the current scientific evidence as described in the document.

Table 1: Concentrations (ng g⁻¹) of BPA in canned liquid infant formula products as consumed

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 particular inference should be drawn from the presence or absence of any brand.
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 products or as indices of good product choices for consumers

| Company | Brand | Product | Туре | Infant age (months) | BPA concentration (ng g ⁻¹) |
|---------------------------------|-----------------------|--|------|------------------------|---|
| Abbott | Isomil | Isomil Advance Concentrate Soya Infant Formula with Omega-3 and Omega-6 | Soya | 0 - 12 | 4.47 |
| | | Isomil Infant Formula with Soya for Allergy and Sensitivity to Milk Protein | Soya | 0 - 12 | 3.18 |
| | Similac | Similac Advance with Omega-3 Omega-6 Infant Formula with Iron with Eye Q Nutrition System | Milk | 0 - 12 | 4.25 |
| | | Similac Advance Lactose Free Concentrate Infant Formula | Milk | 0 - 12 | 4.89 |
| | | Similac Advance with Omega-3 and Omega-6, Calcium enriched, Iron fortified Infant Formula | Milk | 6 - 18 | 5.12 |
| | | Similac Advance Regular Concentrate Infant Formula | Milk | 0 - 12 | 4.33 |
| | | Similac Advance Concentrate Infant Formula with Iron | Milk | 6 - 18 | 4.08 |
| | PediaSure⁺ | PediaSure Complete Nutrition for Kids | Milk | 12 and up | 3.91 |
| Loblaws Inc. | President's Choice | President's Choice Infant Formula Concentrate with Iron + Omega-3 and Omega-6 | Milk | 0 - 12 | 1.87 |
| | | President's Choice Soya Infant Formula Concentrate Plus Omega-3 and Omega-6 with Iron | Soya | 0 - 12 | 2.50 |
| | | President's Choice Infant Formula Concentrate | Milk | 0 - 12 | 1.60 |
| | Enfapro | Enfapro Calcium Enriched Concentrate Infant Formula | Milk | 6 and up | 1.71 |
| | | Enfamil with Iron Fortified Infant Formula | Milk | 0 - 12 | 2.72 |
| Mead Johnson Nutritionals | Enfamil | Enfamil A+ with LIPIL our blend of Omega-3 & Omega-6. Our closest formula to breast milk Infant Formula Iron Fortified | Milk | 0 - 12 | 2.19 |
| | | Enfamil Lower Iron than other Enfamil brands Concentrate Infant Formula | Milk | 0 - 12 | 2.43 |
| | Enfagrow ⁺ | Enfagrow Toddler Nutrition High in Iron and Calcium Nutritional Supplement | Milk | 12 and up | 5.44 |
| Nestlé | Nestlé | Nestle Alsoy Iron Fortified Soy Infant Formula Lactose Free and Vegetarian Omega-3 Omega-6 | Soya | 0 - 12 | 1.35 |
| | | Nestle Follow-Up Transition Iron Fortified Infant Formula Calcium Enriched | Milk | 6 - 18 | 1.14 |
| | | Nestle Good Start 2 Iron Fortified with Added Calcium with Omega-3 Omega-6 Easier to Digest Infant Formula with Whole whey protein partially hydrolyzed by an exclusive process | Milk | 6 - 18 | 1.14 |
| | | Nestle Good Start Iron Fortified with Omega-3 Omega-6 Easier to Digest Infant Formula Whole whey protein partially hydrolyzed by an exclusive process | Milk | 0 - 12 | 1.15 |
| | | Nestle Good Start Iron Fortified Infant Formula with Whole whey protein partially hydrolyzed by an exclusive process | Milk | 0 - 12 | 1.16 |

⁺ A nutritional supplement. Although typically consumed less frequently than infant formula, nutritional supplements do contribute to the overall BPA exposure for this sensitive subset of the population (i.e. infants).