

Outing Information

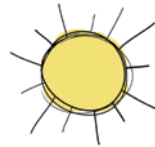
Name of place visited: _____ Date: _____

Departure time: _____ Return time: _____ GPS coordinates: _____
(optional)



WEATHER

Today's temperature: _____ °C

☐ **Sunny**☐ **Partly cloudy**☐ **Cloudy**☐ **Rainy**

☐ *Snowy*



☐ **Windy**

Photo: © iStockphoto.com/Jan_Neville

Illustrations: © Environment Canada – Artist: Caroline Brunet

During your exploration, take notes or draw what you have observed in the spaces below.

Notes

Sketch

My Diagnosis

The biodiversity of the natural environment visited:

You just finished taking a hike that was rich in discoveries! Keep them fresh in your mind.

Complete a diagnosis of your visit by filling in the following information.



Porcini

Photo: © iStockphoto.com/Miiicha

Check the boxes that apply	Excellent!	Pretty good...	Several things must be improved
General impression regarding the location visited	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Animal diversity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Plant diversity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Presence of wetlands	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Presence of wildlife corridors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Existence of protected area(s) with limited access	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Presence of a waterway, pond or lake	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Low	Moderate	High
Signs of human disturbance: visible pollutants, dumping, logging, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Presence of exotic invasive species	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Number of roads with car traffic, snowmobile or ATV trails crossed during the hike	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
In which column did you check off the most boxes?			

This will give you a good general idea of how well the area is doing in the conservation and protection of biodiversity. The thought of taking action in the "wilderness" may seem overwhelming at first; here are a few suggestions to get you started.

Recommendations:

Enjoy this environment and help preserve species at risk in the area by adopting sound outdoor ethics.

Encourage friends, family and community members to follow your lead.

Take pictures of points of interest like animal gathering areas or patches of flowering plants. Try to revisit these places and see how they change over the years by comparing the pictures.

You can also become more familiar with the species in the region and join a wildlife survey to report on birds, frogs or plants in the area.

Many heads are better than one! Talk to people about your concerns; they might join your improvement efforts.

Learn to identify any alien invasive species. Record and report them; if possible, help organize an event to remove them!