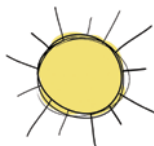


Departure time: \_\_\_\_\_ Return time: \_\_\_\_\_ GPS coordinates: \_\_\_\_\_  
(optional)

Today's temperature: \_\_\_\_\_ °C

☐ **Sunny**

☐ *Partly cloudy*

☐ **Cloudy**☐ **Rainy**

☐ **Snowy**



☐ **Windy**

Photo: © iStockphoto.com/Jan Neville

*Illustrations: Environment Canada – Artist: Caroline Brunet*

## Notes

## Sketch

# My Diagnosis

“Now that you’ve gathered an abundance of observations, use them to reach your own diagnosis about the health of your urban environment by filling in the chart opposite.”



Illustration: © Dominique Pelletier

Check the boxes that apply

Excellent!

Pretty good...

Several things must be improved

General impression of the Trail

☐
☐
☐

Diversity of Trail users

☐
☐
☐

Presence of a wildlife corridor

☐
☐
☐

Surrounding sounds

☐
☐
☐

Biodiversity: plants and trees

☐
☐
☐

Biodiversity: animals

☐
☐
☐

Air quality

☐
☐
☐

Presence of water

☐
☐
☐

Invasive species control

☐
☐
☐

Condition of trail surface

☐
☐
☐


Biking the Trail, Que.

Photo: © Tourisme Montérégie



## Recommendation:

Enjoy your environment and help preserve the threatened species in your area.

Choose one thing you would like to improve and think up a feasible solution.

Many heads are better than one! Talk to people about your concerns; they might join your improvement efforts.



Black swallowtail caterpillar

Photo: © iStockphoto.com/arlando71