ALBERTA ON-RESERVE **HEALTH SERVICES AND PROGRAMS**



PRIMARY AND ACUTE CARE HEALTH PROMOTION AND DISEASE PREVENTION **PUBLIC HEALTH** HOME AND COMMUNITY BASED SERVICES MENTAL HEALTH AND ADDICTIONS KEY INFORMATION



This document is intended to provide a quick overview of health programs and services available on reserve. The health programs and services are provided by many organizations including the local First Nation, tribal council, First Nations and Inuit Health Branch - Health Canada (FNIHB), Alberta Health Services (AHS) and/or the local Primary Care Network (PCN).

Health Canada is the federal department responsible for helping the people of Canada maintain and improve their health. We assess the safety of drugs and many consumer products, help improve the safety of food, and provide information to Canadians to help them make healthy decisions. We provide health services to First Nations people and to Inuit communities. We work with the provinces to ensure our health care system serves the needs of Canadians.

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Alberta On-Reserve Health Services and Programs, 2012

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PARTNERSHIPS

In the last few years, a number of First Nations communities have begun working more regularly with Alberta Health Services (AHS) and their local Primary Care Network (PCN). Through these partnerships, First Nations communities seek greater access to health services and better relationships with a number of key providers. Alberta Health Services support First Nations clients and families in ensuring care coordination between AHS services and programs and First Nations health services. The care coordination is provided through Aboriginal Liaison, Cultural Helpers and Aboriginal Care Coordinators.

Treaty 6	
	Alexander
*	Alexis
	Beaver Lake
	Cold Lake
<u> </u>	Enoch
•	Ermineskin
	Frog Lake
	Goodfish Lake
	Heart Lake
	Kehewin
•	Louis Bull
•	Maskwacis HS
•	Montana
*	O'Chiese
^	Paul
• 🛦	Pigeon Lake
<u> </u>	Saddle Lake
•	Samson
* *	Sunchild

Treaty 7	
	Big Horn
	Blood Tribe
A	Eden Valley
A	Morley
	Piikani
	Siksika
* *	Tsuu T'ina

Treaty 8	
	Beaver
A	Bigstone
	Chipewyan Prairie
	Dene Tha'
	Driftpile
	Duncan
A	Fort McKay
A	Fort McMurray
^	Horse Lake
A	Kapawe'no
	Little Red River
A	Loon River
A	Lubicon
A	Nunee
	Peerless & Trout
A	Sturgeon Lake
A	Sucker Creek
	Swan River
	Tall Cree
A	Whitefish Lake
A	Woodland Cree

- Joint Steering Committee with Alberta Health Services and Primary Care Network
- Formal agreements with Alberta Health Services
- Partnership with Primary Care Network
- Care Coordination from Alberta Health Services

CONTACT INFORMATION

• First Nations and Inuit Health Branch:

1.855.809.6966

Dental Benefits:

1.888.495.2516 or 780.495.2516

• Medical Transportation:

- Calgary Referral: 1.800.292.5284

- Edmonton Referral: 1.800.514.7106 or 780.495.2708

• Non-Insured Health Benefits:

1.800.232.7301 or 780.495.2694

PRIMARY AND ACUTE CARE



This section outlines the point of first contact for many on-reserve First Nations with the health system in Alberta. All First Nations communities access some level of community and public health through their community health representatives and nurses. Many communities have also succeeded in securing additional health programs and services including access to mobile diagnostic clinics, regular access to physicians and even midwifery in a few communities.

Community Health

Alexander

Treaty 6

Alexis
Beaver Lake
Cold Lake
Enoch
Ermineskin
Frog Lake
Goodfish Lake
Heart Lake
Kehewin
Louis Bull
Maskwacis HS
Montana
O'Chiese

Paul

Pigeon Lake

Saddle Lake

Samson

Sunchild

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	Big Horn
•	Blood Tribe
	Eden Valley
	Morley
	Piikani
	Siksika
	Tsuu T'ina

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Beaver
Bigstone
Chipewyan Prairie
Dene Tha'
Driftpile
Duncan
Fort McKay
Fort McMurray
Horse Lake
Kapawe'no
Little Red River
Loon River
Lubicon
Nunee
Peerless & Trout
Sturgeon Lake
Sucker Creek
Swan River
Tall Cree
Whitefish Lake
Woodland Cree

Treaty 8

Legend

- Community Health Representatives
- Community Health Representatives employed by FNIHB
- Community Health Representatives employed by AHS
- Nursing employed by First Nation/Tribal Council
- Nursing employed by FNIHB
- * Nursing employed by AHS

Primary Care

Treaty 6	
*	Alexander
	Alexis
	Beaver Lake
*	Cold Lake
*	Enoch
	Ermineskin
*	Frog Lake
	Goodfish Lake
	Heart Lake
*	Kehewin
	Louis Bull
	Maskwacis HS
	Montana
*	O'Chiese
A	Paul
	Pigeon Lake

Treaty 7		
	Big Horn	
	Blood Tribe	
*	Eden Valley	
□ *	Morley	
*	Piikani	
	Siksika	
*	Tsuu T'ina	

Heaty	0
	Beaver
	Bigstone
	Chipewyan Prairie
*	Dene Tha'
*	Driftpile
	Duncan
*	Fort McKay
	Fort McMurray
*	Horse Lake
	Kapawe'no
• *	Little Red River
*	Loon River
	Lubicon
▲	Nunee
A	Peerless & Trout
	Sturgeon Lake
	Sucker Creek
	Swan River
	Tall Cree
*	Whitefish Lake
*	Woodland Cree

Treaty 8

Legend

*

Emergency 24-hour services

Saddle Lake

Samson

Sunchild

- Nurse Practitioners employed by First Nation/Tribal Council
- Nurse Practitioners employed by FNIHB
- ▲ Nurse Practitioners employed through partnership with AHS and/or PCN
- Physician Clinic
- * Physician Visiting



Specialized Services

Treaty 6	
□ *	Alexander
	Alexis
□*	Beaver Lake
□*	Cold Lake
	Enoch
■◆▲*	Ermineskin
□*	Frog Lake
□*	Goodfish Lake
□*	Heart Lake
□*	Kehewin
■◆▲*	Louis Bull
■◆▲□*	Maskwacis HS
■◆▲*	Montana
●▲□*	O'Chiese
	Paul
	Pigeon Lake
■◆▲□*	Saddle Lake

Samson

Sunchild

Treaty 7	
- *	Big Horn
▲□ *	Blood Tribe
-	Eden Valley
■▲◆□*	Morley
	Piikani
▲□ *	Siksika
■◆▲□*	Tsuu T'ina

Treaty 8		
□*	Beaver	
▲□ *	Bigstone	
□*	Chipewyan Prairie	
□*	Dene Tha'	
□*	Driftpile	
□*	Duncan	
□*	Fort McKay	
	Fort McMurray	
□*	Horse Lake	
□*	Kapawe'no	
-	Little Red River	
□*	Loon River	
	Lubicon	
□*	Nunee	
	Peerless & Trout	
	Sturgeon Lake	
□*	Sucker Creek	
	Swan River	
	Tall Cree	
□*	Whitefish Lake	
□*	Woodland Cree	

Treatment Centres

■◆▲*

●▲□*

ш	Beaver Lake Wah Pow
	Footprints Healing Centre
	Kainai Adolescent
□*	Kapown
	Mark Amy
□*	Siksika Medicine Lodge
	St. Paul
	Young Spirit Winds

- Midwifery
- Optometrist
- Pediatrician
- ▲ Pharmacy Services
- ☐ Telehealth Equipment
- * Cinical Telehealth utilization 2011–2012



Oral Health

Treaty 6		
Alexander		
Alexis		
Beaver Lake		
Cold Lake		
Enoch		
Ermineskin		
Frog Lake		
Goodfish Lake		
Heart Lake		
Kehewin		
Louis Bull		
Maskwacis HS		
Montana		
O'Chiese		
Paul		
Pigeon Lake		
Saddle Lake		

Samson Sunchild

Treaty 7	
	Big Horn
• •	Blood Tribe
	Eden Valley
	Morley
	Piikani
	Siksika
	Tsuu T'ina

Treaty 8	
	Beaver
•	Bigstone
	Chipewyan Prairie
	Dene Tha'
	Driftpile
	Duncan
	Fort McKay
	Fort McMurray
	Horse Lake
	Kapawe'no
	Little Red River
	Loon River
	Lubicon
	Nunee
	Peerless & Trout
	Sturgeon Lake
	Sucker Creek
	Swan River
	Tall Cree
	Whitefish Lake
	Woodland Cree

- Children's Oral Health Initiative (COHI)
- Community Dental Health Practitioners visiting FNIHB staff
- Dentists Clinic
- Visiting Dentists
- Denturists



Screening and Diagnostic

Treaty 6 Alexander

Alexis
Beaver Lake
Cold Lake

◆ Enoch◆ Ermineskin

Frog Lake
Goodfish Lake
Heart Lake

● ◆ Louis Bull

■ ◆ Maskwacis HS

Kehewin

MontanaO'Chiese

♦• Paul

◆ Pigeon Lake

Saddle LakeSamson

♦ • Sunchild

Treaty 7

	Big Horn
A O	Blood Tribe
	Eden Valley
	Morley
	Piikani
0	Siksika
◆ □	Tsuu T'ina

Treaty 8

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	Chipewyan Prairie
•	Dene Tha'
	Driftpile
	Duncan
	Fort McKay
	Fort McMurray
	Horse Lake
	Kapawe'no
•••	Little Red River
	Loon River
	Lubicon
• •	Nunee
	Peerless & Trout
	Sturgeon Lake
	Sucker Creek
	Swan River
	Tall Cree
	Whitefish Lake
	Woodland Cree

- Cancer Breast Screen provided upon request by AHS
- Cancer Cervical Screen provided upon request by AHS
- ◆ Cancer Cervical Screen provided upon request by local First Nation
- ☐ Cancer Prostate Screen provided by AHS
- ▲ Diagnostic Imaging Radiology
- * Diagnostic Imaging Ultrasound
- Laboratory Services



Transportation

Treaty 6	
•	Alexander
•	Alexis
•	Beaver Lake
•	Cold Lake
• •	Enoch
•	Ermineskin
•	Frog Lake
•	Goodfish Lake
•	Heart Lake
•	Kehewin
*	Louis Bull
•	Maskwacis HS
•	Montana
•	O'Chiese
•	Paul
•	Pigeon Lake
•	Saddle Lake
	Samson

Sunchild

Treaty 7		
•	Big Horn	
•	Blood Tribe	
•	Eden Valley	
-	Morley	
•	Piikani	
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Treaty 8	
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•	Chipewyan Prairie
•	Dene Tha'
•	Driftpile
•	Duncan
•	Fort McKay
•	Fort McMurray
•	Horse Lake
•	Kapawe'no
•	Little Red River
•	Loon River
•	Lubicon
•	Nunee
•	Peerless & Trout
• •	Sturgeon Lake
• •	Sucker Creek
• •	Swan River
• •	Tall Cree
• •	Whitefish Lake
• •	Woodland Cree

- Ambulance Services provided by AHS
- Ambulance Services provided by First Nation
- Medical Transportation (NIHB) provided by First Nation/Tribal Council
- Medical Transportation (NIHB) provided by FNIHB



Therapy

Treaty 6

•	Alexander
• •	Alexis
•	Beaver Lake
	Cold Lake
• •	Enoch
•	Ermineskin
	Frog Lake
	Goodfish Lake
•	Heart Lake
	Kehewin
•	Louis Bull
•	Maskwacis HS
•	Montana
	O'Chiese
	Paul
•	Pigeon Lake
	Saddle Lake
•	Samson
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Treaty 7

Big Horn
Blood Tribe
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Treaty 8

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	Duncan
	Fort McKay
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	Horse Lake
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	Little Red River
	Loon River
	Lubicon
•	Nunee
	Peerless & Trout
	Sturgeon Lake
	Sucker Creek
	Swan River
• • • • • • • • • • • • • • • • • • •	Tall Cree
	Whitefish Lake
	Woodland Cree

- Enterostornal Therapy Consulting Services provided by FNIHB
- Occupational Therapy provided by the Tribal Council/First Nation
- Physical Therapy provided by Tribal Council/First Nation
- Respiratory Therapy provided by AHS
- Speech Language Pathology



Non-Insured Health Benefits (NIHB)

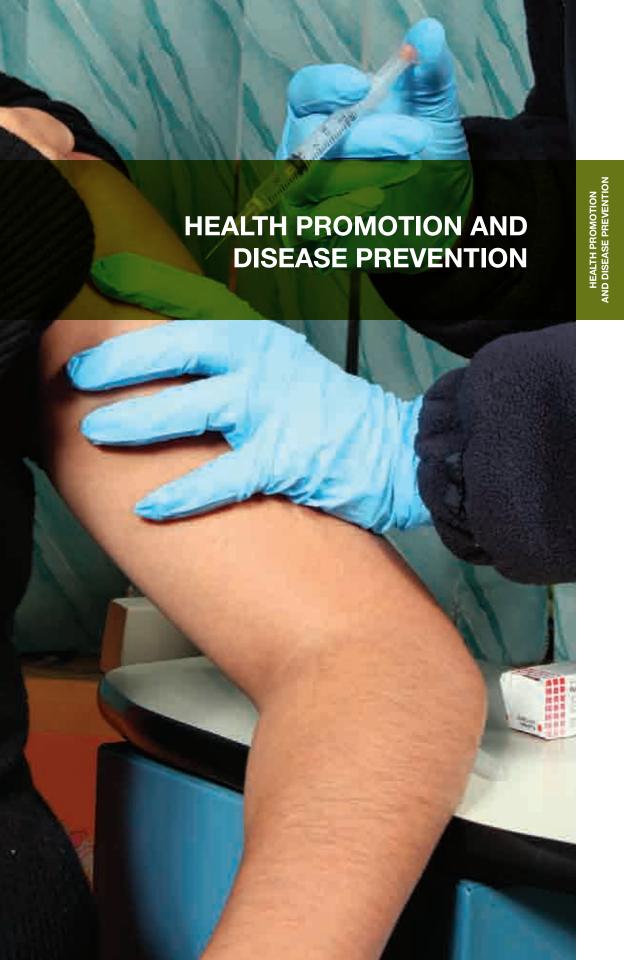
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	Frog Lake
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	Kehewin
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	Maskwacis HS
	Montana
	O'Chiese
	Paul
	Pigeon Lake
	Saddle Lake
	Samson
	Sunchild

Treaty 7		
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	Blood Tribe	
	Eden Valley	
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	Piikani	
	Siksika	
	Tsuu T'ina	

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Dene Tha'
Driftpile
Duncan
Fort McKay
Fort McMurray
Horse Lake
Kapawe'no
Little Red River
Loon River
Lubicon
Nunee
Peerless & Trout
Sawridge
Sturgeon Lake
Sucker Creek
Swan River
Tall Cree
Whitefish Lake
Woodland Cree

- NIHB Drug Benefits provided through FNIHB
- NIHB Drug Benefits provided through First Nation
- ♦ NIHB Medical Supplies and Equipment provided through FNIHB
- ▲ NIHB Medical Supplies and Equipment provided through First Nation
- □ NIHB Eye and Vision Care Benefits provided through FNIHB
- * NIHB Eye and Vision Care Benefits provided through First Nation/Tribal Council





CONTACT INFORMATION

• First Nations and Inuit Health Branch: 1.855.809.6966

HEALTH PROMOTION AND DISEASE PREVENTION



This section outlines the health promotion and disease prevention efforts in First Nations communities. While many of these programs and services are funded by First Nations and Inuit Health Branch (FNIHB) others represent the communities' commitment to address key issues such as injury prevention.

Healthy Living

Treaty 6	
	Alexander
•	Alexis
•	Beaver Lake
	Cold Lake
•	Enoch
	Ermineskin
	Frog Lake
•	Goodfish Lake
	Heart Lake
• •	Kehewin
	Louis Bull
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	Paul
	Pigeon Lake
	Saddle Lake
	Samson
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Treaty 7	
	Big Horn
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	Morley
	Piikani
	Siksika
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	Bigstone
	Chipewyan Prairie
•	Dene Tha'
	Driftpile
• 🛦	Duncan
	Fort McKay
•	Fort McMurray
• • • • •	Horse Lake
	Kapawe'no
	Little Red River
	Loon River
	Lubicon
	Nunee
	Peerless & Trout
	Sturgeon Lake
	Sucker Creek
	Swan River
	Tall Cree
• • • • • • • • • •	Whitefish Lake
•	Woodland Cree

Treaty 8

- Aboriginal Diabetes Initiative
- Community Screener provided by First Nation
- Dietitian provided by First Nation/Tribal Council
- ▲ Health Promoter provided by First Nation/Tribal Council
- Physical Education and Active Living provided by First Nation/Tribal Council

Retinal Photography

Treaty 6	
	Alexander
	Alexis
	Beaver Lake
	Cold Lake
	Enoch
	Ermineskin
	Frog Lake
	Goodfish Lake
	Heart Lake
	Kehewin
	Louis Bull
	Maskwacis HS
	Montana
•	O'Chiese
	Paul
	Pigeon Lake
	Saddle Lake
	Samson

Sunchild

•	Big Horn	
•	Blood Tribe	
•	Eden Valley	
	Morley	
•	Piikani	
•	Siksika	
•	Tsuu T'ina	

Treaty 8	
	Beaver
	Bigstone
	Chipewyan Prairie
	Dene Tha'
•	Driftpile
•	Duncan
	Fort McKay
	Fort McMurray
	Horse Lake
•	Kapawe'no
	Little Red River
•	Loon River
•	Lubicon
	Nunee
	Peerless & Trout
	Sturgeon Lake
•	Sucker Creek
•	Swan River
	Tall Cree
•	Whitefish Lake
•	Woodland Cree

- Retinal Photographer provided by First Nation/Tribal Council
- Retinal Photographer provided by visting FNIHB staff
- Retinal Photographer provided by visiting First Nation staff



Maternal Health

Treaty 6

•*	Alexander
•*	Alexis
•*	Beaver Lake
••*	Cold Lake
•=* *	Enoch
•=*	Ermineskin
• • *	Frog Lake
• *	Goodfish Lake
• *	Heart Lake
••*	Kehewin
•= *	Louis Bull
• *	Maskwacis HS
• *	Montana
•=* *	O'Chiese
••*	Paul
• *	Pigeon Lake
•• *	Saddle Lake
•• *	Samson
••*	Sunchild

Treaty 7

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Treaty 8

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•= *	Duncan
• *	Fort McKay
•= *	Fort McMurray
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• • *	Nunee
	Peerless & Trout
OA *	Sturgeon Lake
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••• *	Swan River
OA *	Tall Cree
• • *	Whitefish Lake
• • *	Woodland Cree

- Breastfeeding Support provided by First Nation
- Canada Prenatal and Nutrition Program
- ♦ Fetal Alcohol Spectrum Disorder Program
- ▲ Maternal Child Health provided by First Nation/Tribal Council
- * Prenatal Classes provided by First Nation
- Maternal health services provided by AHS including breastfeeding support and prenatal classes



Aboriginal Head Start On-Reserve

Treaty 6		
•	Alexander	
	Alexis	
•	Beaver Lake	
	Cold Lake	
•	Enoch	
	Ermineskin	
	Frog Lake	
	Goodfish Lake	
	Heart Lake	
	Kehewin	
	Louis Bull	
	Maskwacis HS	
	Montana	
	O'Chiese	
	Paul	
	Pigeon Lake	
	Saddle Lake	
	Samson	
	Sunchild	

Treaty 7		
	Big Horn	
	Blood Tribe	
	Eden Valley	
	Morley	
	Piikani	
	Siksika	
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Treaty 8		
•	Beaver	
	Bigstone	
•	Chipewyan Prairie	
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	Kapawe'no	
	Little Red River	
	Loon River	
	Lubicon	
	Nunee	
	Peerless & Trout	
•	Sturgeon Lake	
•	Sucker Creek	
•	Swan River	
•	Tall Cree	
• • • •	Whitefish Lake	
	Woodland Cree	

Legend

Aboriginal Head Start On-Reserve



Injury Prevention

Treaty 6

Alexander
Alexis
Beaver Lake
Cold Lake
Enoch
Ermineskin
Frog Lake
Goodfish Lake
Heart Lake
Kehewin
Louis Bull
Maskwacis HS
Montana
O'Chiese
Paul
Pigeon Lake
Saddle Lake
Samson
Sunchild

Treaty 7

	Big Horn
	Blood Tribe
	Eden Valley
	Morley
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	Siksika
	Tsuu T'ina

Treaty 8

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	Chipewyan Prairie
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	Driftpile
	Duncan
	Fort McKay
	Fort McMurray
	Horse Lake
	Kapawe'no
	Little Red River
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	Lubicon
	Nunee
	Peerless & Trout
	Sturgeon Lake
	Sucker Creek
	Swan River
	Tall Cree
	Whitefish Lake
	Woodland Cree

- Injury Prevention provided by First Nation
- Car Seat Safety Clinic provided by First Nation



Notes



CONTACT INFORMATION

• First Nations and Inuit Health Branch: 1 855 809 6966

PUBLIC HEALTH



Public health focuses on the protection and promotion of the health of the entire population. In First Nations communities, public health includes two key components: Communicable Disease Control (CDC) and Environmental Public Health (EPH).

COMMUNICABLE DISEASE CONTROL (CDC)

Communicable Disease Control is a mandatory and required program in all First Nations communities. Disease control is achieved through screening, diagnosis, treatment and prevention of illness. The mandatory CDC programs and services include:

- Immunization including routine childhood immunizations, adult and influenza immunizations
- Outbreak management including CDC emergency, infection prevention and control, animal bites follow-up and notifiable diseases
- Blood-Borne Pathogens/Sexually Transmitted Infections (BBP/STIs)
- Tuberculosis Control in partnership with Alberta Health Services.

STI partner notification is provided by AHS in all communities.

FNIHB Funding for Blood-Borne Pathogens/Sexually Transmitted Infections (BBP/STIs)

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	Louis Bull
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•	Paul
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•	Samson
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Treaty 7		
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	Tsuu T'ina	

Treaty 8		
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	Little Red River	
	Loon River	
	Lubicon	
	Nunee	
	Peerless & Trout	
	Sturgeon Lake	
	Sucker Creek	
•	Swan River	
	Tall Cree	
	Whitefish Lake	
	Woodland Cree	

Legend

Treaty 6

■ BBP and STIs funding received by First Nation in 2011–2012

ENVIRONMENTAL PUBLIC HEALTH SERVICES PROVIDED BY FNIHB AND AHS

This section highlights the work done to identify, prevent and reduce environmental public health risks that could affect the health of First Nations communities. First Nations and Inuit Health Branch (FNIHB) provides the following services to all the communities listed below:

- Emergency preparedness and response
- Environmental public health services
- Outbreak investigation
- · General inspection for playground safety
- Safe built environments

Safe Recreational Water Testino

Treaty 6	
	Alexander
•	Alexis
	Beaver Lake
	Cold Lake
	Enoch
	Ermineskin
	Frog Lake
	Goodfish Lake
	Heart Lake
	Kehewin
	Louis Bull
	Maskwacis HS
	Montana
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	Pigeon Lake
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	Samson
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Treaty 7	
	Big Horn
	Blood Tribe
	Eden Valley
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	Piikani
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Treaty 8	
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	Chipewyan Prairie
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	Driftpile
	Duncan
	Fort McKay
	Fort McMurray
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	Little Red River
	Loon River
	Lubicon
	Nunee
	Sturgeon Lake
	Sucker Creek
	Swan River
	Tall Cree
	Whitefish Lake
	Woodland Cree

- Safe recreational water testing provided by FNIHB
 - Safe recreational water testing provided by AHS



Environmental Public Health Training

Treaty 6	
	Alexander
	Alexis
	Beaver Lake
	Cold Lake
	Enoch
	Ermineskin
	Frog Lake
	Goodfish Lake
	Heart Lake
	Kehewin
	Louis Bull
	Maskwacis HS
	Montana
	O'Chiese
	Paul
	Pigeon Lake
	Saddle Lake
	Samson
	Sunchild

Treaty 7		
	Big Horn	
	Blood Tribe	
	Eden Valley	
	Morley	
	Piikani	
	Siksika	
	Tsuu T'ina	

Treaty 8		
	Beaver	
	Bigstone	
	Chipewyan Prairie	
	Dene Tha'	
	Driftpile	
	Duncan	
	Fort McKay	
	Fort McMurray	
	Horse Lake	
	Kapawe'no	
	Little Red River	
	Loon River	
	Lubicon	
	Nunee	
	Peerless & Trout	
	Sturgeon Lake	
	Sucker Creek	
	Swan River	
	Tall Cree	
	Whitefish Lake	
	Woodland Cree	

- Food Safety Course provided upon request by FNIHB
- Transportation of Dangerous Goods Training provided upon request by FNIHB



Environmental Public Health Services Provided by First Nation/Tribal Council

The Drinking Water Safety Program is a mandatory program in all First Nations communities.

Some First Nations communities have also established their own emergency preparedness and response team as identified in the chart below.

Treaty 6	
•	Alexander
• • • • • • • • • • • • • • • • • • •	Alexis
•	Beaver Lake
	Cold Lake
	Enoch
0 *	Ermineskin
	Frog Lake
	Goodfish Lake
	Heart Lake
	Kehewin
0 *	Louis Bull
0 *	Maskwacis HS
0 *	Montana
• • •* •	O'Chiese
	Paul
0 *	Pigeon Lake
	Saddle Lake
0 *	Samson
	Sunchild

Treaty 7		
	Big Horn	
	Blood Tribe	
	Eden Valley	
•	Morley	
	Piikani	
	Siksika	
•	Tsuu T'ina	

Treaty 8	
	Beaver
	Bigstone
	Chipewyan Prairie
	Dene Tha'
•	Driftpile
•	Duncan
•	Fort McKay
•	Fort McMurray
•	Horse Lake
•	Kapawe'no
•	Little Red River
•	Loon River
	Lubicon
•	Nunee
♦	Peerless & Trout
•	Sturgeon Lake
•	Sucker Creek
•	Swan River
•	Tall Cree
• • • • • • • • • • • • • • • • • • •	Whitefish Lake
•	Woodland Cree

- Safe Drinking Water Testing Mandatory Program
- Safe Drinking Water Testing provided by AHS
- * Emergency preparedness and response provided by First Nation





CONTACT INFORMATION

• First Nations and Inuit Health Branch: 1.855.809.6966

HOME AND COMMUNITY-BASED SERVICES



First Nations communities deliver a range of home and community-based services, including home care.

Home and Community Care Program

The essential elements of the home and community care program includes:

- Structured client assessment process
- Managed care process
- Home care nursing services
- Home support services
- Personal care
- In-home respite care

- Linkages with other professional and social services
- Provision and access to medical equipment, supplies and pharmaceuticals
- Record keeping and data collection

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	Alexander
• •	Alexis
• •	Beaver Lake
• •	Cold Lake
• •	Enoch
• •	Ermineskin
• •	Frog Lake
	Goodfish Lake
	Heart Lake
• •	Kehewin
• •	Louis Bull
• •	Maskwacis HS
• •	Montana
	O'Chiese
• •	Paul
• •	Pigeon Lake
	Saddle Lake
• •	Samson
• •	Sunchild

Treaty 7

	Big Horn
•	Blood Tribe
•	Eden Valley
• •	Morley
• •	Piikani
• •	Siksika
•	Tsuu T'ina

Treaty 8

	Beaver
• •	Bigstone
	Chipewyan Prairie
• •	Dene Tha'
• •	Driftpile
	Duncan
	Fort McKay
	Fort McMurray
	Horse Lake
•	Kapawe'no
	Little Red River
	Loon River
	Lubicon
	Nunee
	Peerless & Trout
	Sturgeon Lake
	Sucker Creek
	Swan River
• •	Tall Cree
• •	Whitefish Lake
• •	Woodland Cree

- Home and Community Care (HCC)
- Home Care Health Care Aides employed by First Nation/Tribal Council
- ♦ Home Care Nursing employed by First Nation/Tribal Council
- ▲ Home Care Nursing employed by FNIHB
- Home Care Nursing employed by AHS

Supportive Services

Treaty 6 ♦▲□○ Alexander Alexis Beaver Lake Cold Lake **■◆***0 Enoch **●***▼ Ermineskin Frog Lake Goodfish Lake Heart Lake Kehewin Louis Bull Maskwacis HS **●***▼ Montana O'Chiese

Paul

Pigeon Lake Saddle Lake

Samson Sunchild

ireaty i	
A O	Big Horn
$\bullet \blacklozenge \blacktriangle \blacktriangledown$	Blood Tribe
A	Eden Valley
•◆▲*▼	Morley
	Piikani
■◆ *○▼	Siksika
• 🛦 •	Tsuu T'ina

reaty 8	
	Beaver
•••	Bigstone
	Chipewyan Prairie
	Dene Tha'
	Driftpile
■▲*▼	Duncan
	Fort McKay
	Fort McMurray
	Horse Lake
	Kapawe'no
0	Little Red River
$\blacksquare lacktriangledown$	Loon River
	Lubicon
	Nunee
	Peerless & Trout
	Sturgeon Lake
	Sucker Creek
●■*▼	Swan River
	Tall Cree
	Whitefish Lake
	Woodland Cree

Troaty 8

Legend

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- Home Care Dietitian provided by First Nation/Tribal Council
- Adult Day Support provided by First Nation
- Continuing Care Facility on-reserve provided by First Nation
- ▲ Discharge Planning Protocol
- Services in on-reserve continuing care facility provided in partnership with AHS
- * Meals on Wheels provided by First Nation/Tribal Council
- Palliative Care
- ▼ Social Work



MENTAL HEALTH AND ADDICITIONS SERVICES

CONTACT INFORMATION

- First Nations and Inuit Health Branch: 1.855.809.6966
- Indian Residential Schools Resolution Health Support program: 1.888.495.6588
- National Native Alcohol and Drug Abuse Program Referral Desk: 780.495.2345 or 1.866.495.2345

Treaty 8

MENTAL HEALTH AND ADDICTIONS



This section provides an overview of mental health and addictions programs and services available on-reserve in First Nations communities in Alberta.

Addictions

Treaty 6	
	Alexander
	Alexis
	Beaver Lake
	Cold Lake
	Enoch
	Ermineskin
	Frog Lake
	Goodfish Lake
	Heart Lake
	Kehewin
	Louis Bull
	Maskwacis HS
	Montana
	O'Chiese
	Paul
	Pigeon Lake
	Saddle Lake
	Samson
	Sunchild

Treaty 7		
	Big Horn	
	Blood Tribe	
	Eden Valley	
□*	Morley	
	Piikani	
	Siksika	
	Tsuu T'ina	

ii caty c	ireaty o		
	Beaver		
	Bigstone		
	Chipewyan Prairie		
	Dene Tha'		
	Driftpile		
	Duncan		
	Fort McKay		
	Fort McMurray		
	Horse Lake		
	Kapawe'no		
	Little Red River		
	Loon River		
□*	Lubicon		
	Nunee		
	Peerless & Trout		
	Sturgeon Lake		
	Sucker Creek		
	Swan River		
	Tall Cree		
	Whitefish Lake		
	Woodland Cree		

Treatment Centres

	Beaver Lake Wah Pow, Beaver Lake
	Footprints Healing Centre, Alexander
	Kainai Adolescent, Blood
•	Kapown, Kapawe'no
•	Mark Amy, Fort McMurray
	Siksika Medicine Lodge, Siksika
•	St. Paul, Blood
•	Young Spirit Winds, Hobbema

- Addiction Residential Treatment Adult
- Addiction Residential Treatment Youth
- Addictions Treatment Outpatient Youth
- National Native Alcohol and Drug Abuse Program
- * Tobacco Cessation

Brighter Futures

Treaty 6	
•=•	Alexander
•••	Alexis
•••	Beaver Lake
•••	Cold Lake
•••	Enoch
•••	Ermineskin
•••	Frog Lake
	Goodfish Lake
	Heart Lake
	Kehewin
	Louis Bull
	Maskwacis HS
•••	Montana
	O'Chiese
	Paul
•••	Pigeon Lake
•••	Saddle Lake
•••	Samson

Treaty 7	
•=•	Big Horn
• • •	Blood ribe
	Eden Valley
	Morley
	Piikani
	Siksika
• • •	Tsuu T'ina

Treaty 8	
•=•	Beaver
•••	Bigstone
	Chipewyan Prairie
•••	Dene Tha'
	Driftpile
	Duncan
•••	Fort McKay
	Fort McMurray
	Horse Lake
	Kapawe'no
	Little Red River
• • •	Loon River
•	Lubicon
	Nunee
	Peerless & Trout
•••	Sturgeon Lake
• • •	Sucker Creek
•••	Swan River
•••	Tall Cree
•••	Whitefish Lake
	Woodland Cree

Legend

- Brighter Futures
- Building Healthy Communities

Sunchild

Youth Solvent Abuse Program



Mental Health and Wellness

Treaty 6

	•
♦ 0.6	Alexander
♦ □	Alexis
♦0.4	Beaver Lake
♦0.8	Cold Lake
♦0.6	Enoch
♦ □	Ermineskin
♦0.4	Frog Lake
♦0.2	Goodfish Lake
♦0.2	Heart Lake
♦0.3	Kehewin
♦ □	Louis Bull
♦ □	Maskwacis HS
♦ □	Montana
♦0.4	O'Chiese
•	Paul
♦ □	Pigeon Lake
♦1.2	Saddle Lake
♦ □	Samson

Sunchild

Treaty 7

•	Big Horn	
♦ □	Blood Tribe	
•	Eden Valley	
•	Morley	
♦0.8	Piikani	
♦1.2	Siksika	
♦0.4	Tsuu T'ina	

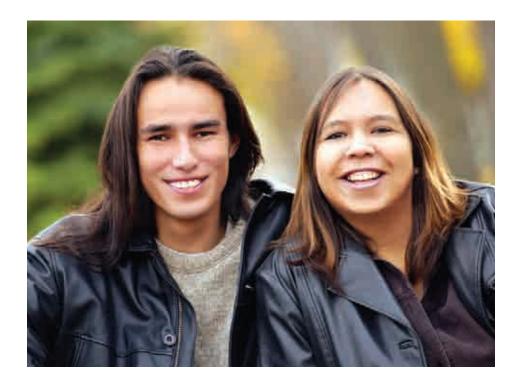
Treaty 8

•	Beaver
◆ □	Bigstone
♦0.2	Chipewyan Prairie
♦0.2	Dene Tha'
♦0.2	Driftpile
◆ 0.1 ◆ 0.2	Duncan
♦0.1	Fort McKay
•	Fort McMurray
♦0.2	Horse Lake
0.2	Kapawe'no
♦0.3	Little Red River
◆ □	Loon River
♦	Lubicon
◆ □	Nunee
♦ □	Peerless & Trout
♦0.8	Sturgeon Lake
♦ 0.2	Sucker Creek
♦0.2	Swan River
♦0.4	Tall Cree
♦ □	Whitefish Lake
♦ □	Woodland Cree

Legend

♦0.5

- ♦ Indian Residential School Support provided by First Nation/Tribal Council and/or other organization
- ▲ Mental Health NIHB FTE Equivalent
- ☐ Mental Health NIHB provided by First Nation/Tribal Council



Mental Health and Wellness – Suicide Prevention

Treaty 6		
	Alexander	
•	Alexis	
•	Beaver Lake	
	Cold Lake	
	Enoch	
	Ermineskin	
	Frog Lake	
	Goodfish Lake	
	Heart Lake	
	Kehewin	
•	Louis Bull	
	Maskwacis HS	
	Montana	
	O'Chiese	
•	Paul	
	Pigeon Lake	
• •	Saddle Lake	
•	Samson	
	Sunchild	

reaty /		
•	Big Horn	
	Blood Tribe	
	Eden Valley	
•	Morley	
	Piikani	
	Siksika	
	Tsuu T'ina	

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•	Beaver
•	Bigstone
	Chipewyan Prairie
	Dene Tha'
•	Driftpile
	Duncan
	Fort McKay
	Fort McMurray
•	Horse Lake
•	Kapawe'no
	Little Red River
	Loon River
	Lubicon
	Nunee
	Peerless & Trout
• • • •	Sturgeon Lake
	Sucker Creek
•	Swan River
	Tall Cree
•	Whitefish Lake
	Woodland Cree

Treaty 8

- National Aboriginal Youth Suicide Prevention Strategy provided by First Nation/Tribal Council
- Post Partum Depression Support provided by First Nation
- Psychiatric Nurse provided by First Nation
- Honouring Life: Aboriginal Youth and Community Empowerment Strategy, Alberta Health Services



CONTACT INFORMATION

• First Nations and Inuit Health Branch: 1.855.809.6966

KEY INFORMATION



FNIHB Clusters and Programs

Healthy Child Development

Aboriginal Head Start on-reserve (AHSOR)
Children's Oral Health Initiative (COHI)
Canada Prenatal and Nutrition Program (CPNP)
Fetal Alcohol Spectrum Disorder (FASD)
Maternal Child Health (MCH)

Healthy Living

Aboriginal Diabetes Initiative (ADI) Injury Prevention

Primary Care

Clinical and Client Care Home and Community Care

Mental Wellness

Brighter Futures/Building Healthy Communities (BF/BHC)
Indian Residential Schools Resolution Health Support (IRS)
National Aboriginal Youth Suicide Prevention Strategy (NAYSPS)
National Native Alcohol and Drug Abuse Program (NNADAP)
Youth Solvent Abuse Program (YSAP)

Public Health Protection

Blood Borne Pathogens and STIs (BBP/STIs)
Communicable Disease Control (CDC)
Drinking Water Safety Program
Environmental Public Health Program
Health Research – First Nations Environmental Contaminants
Tuberculosis (TB)

Non-Insured Health Benefits (NIHB)

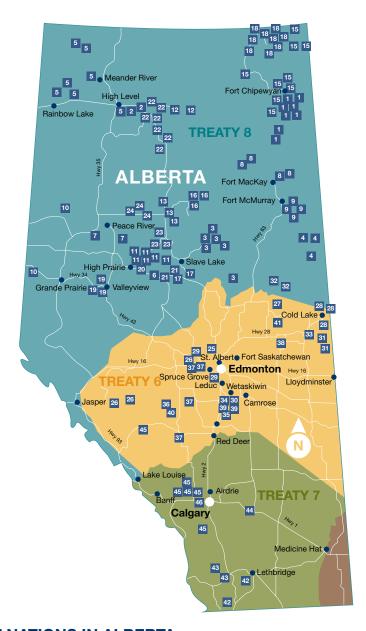
Crisis Intervention Mental Health
Drugs, Medical Supplies and Equipment
Dental Health
Vision Care
Medical Transportation

First Nations Population

Year: 2010 Gender: Both Age: All ages	TOTAL POPULATION	ON RESERVE POPULATION
ALBERTA REGION TOTAL	108,318	65,689
Alberta District	90,650	54,884
TREATY 6		
Alexander First Nation	1,874	1,004
Alexis Nakota Sioux First Nation	1,708	999
Beaver Lake Cree Nation	959	365
Cold Lake First Nations	2,465	1,282
Enoch Cree Nation	2,403	1,576
Ermineskin Cree Nation	4,011	3,046
Frog Lake First Nation	2,750	1,784
Heart Lake First Nation	307	197
Kehewin Cree Nation	1,887	1,093
	·	·
Louis Bull Tribe	1,989	1,626
Montana First Nation	939	730
O'Chiese First Nation	1,104	760
Paul First Nation	1,887	1,309
Saddle Lake First Nation*	9,300	6,084
Samson Cree Nation	7,343	5,829
Sunchild First Nation	1,246	846
TREATY 7		
Blood Tribe	11,074	7,897
Piikani Nation	3,554	2,392
Siksika Nation	6,641	3,854
Stoney Tribe (Bearspaw)	1,703	1,576
Stoney Tribe (Chiniki)	1,662	1,538
Stoney Tribe (Wesley)	1,555	1,412
Tsuu T'ina Nation	1,816	1,489
TREATY 8		
Athabasca Chipewyan First Nation	924	17
Beaver First Nation	877	426
Bigstone Cree Nation	6,785	2,749
Chipewyan Prairie First Nation	728	354
Dene Tha' First Nation	2,715	1,945
Driftpile First Nation	2,410	895
Duncan's First Nation	234	135
Fort McKay First Nation	691	361
Fort McMurray First Nation	628	265
Horse Lake First Nation	953	447
Kapawe'no First Nation	329	111
Little Red River Cree Nation		3,645
Loon River First Nation	4,585	· · · · · · · · · · · · · · · · · · ·
Lubicon Lake Indian Nation	503	401
	453	48
Mikisew Cree First Nation Peerless & Trout First Nation	2,608	197
	723	51
Sawridge Band Smith's Landing First Nation	389	45
<u> </u>	322	1 400
Sturgeon Lake Cree Nation Sucker Creek First Nation	2,795	1,402
	2,465	711
Swan River First Nation	1,136	378
Tallcree First Nation	1,108	521
Whitefish Lake First Nation (Atikameg)	2,236	1,179
Woodland Cree First Nation	990	713

^{*} Includes membership of Whitefish Lake #128 (Goodfish Lake).

Source: Aboriginal Affairs and Northern Development Canada, Indian Registry System as of December 31, 2010



FIRST NATIONS IN ALBERTA

- 1. Athabasca Chipewyan First Nation
- Beaver First Nation 2.
- Bigstone Cree Nation
- Chipewyan Prairie First Nation
- Dene Tha' First Nation
- Driftpile First Nation
- Duncan's First Nation
- Fort McKay First Nation
- Fort McMurray First Nation
- 10. Horse Lake First Nation
- 11. Kapawe'no First Nation 12. Little Red River Cree Nation
- 13. Loon River First Nation
- 14. Lubicon Lake Indian Nation
- (no reserve)
- 15. Mikisew Cree First Nation
- 16. Peerless & Trout First Nation
- 17. Sawridge Band

- 18. Smith's Landing First Nation
- 19. Sturgeon Lake Cree Nation
- 20. Sucker Creek First Nation
- 21. Swan River First Nation
- 22. Tallcree First Nation
- 23. Whitefish Lake First Nation (Atikameg)
- 24. Woodland Cree First Nation 25. Alexander First Nation
- 26. Alexis Nakota Sioux First Nation
- 27. Beaver Lake Cree Nation
- 28. Cold Lake First Nations
- 29. Enoch Cree Nation
- 30. Ermineskin Cree Nation
- 31. Frog Lake First Nation 32. Heart Lake First Nation
- 33. Kehewin Cree Nation
- 34. Louis Bull Tribe

- 35. Montana First Nation
- 36. O'Chiese First Nation
- 37. Paul First Nation
- 38. Saddle Lake First Nation
- 39. Samson Cree Nation
- 40. Sunchild First Nation
- 41. Whitefish Lake First Nation #128 (Goodfish Lake)
- 42. Blood Tribe 43. Piikani Nation
- 44. Siksika Nation
- 45. Stoney Tribe
 - Bearspaw (Eden Valley)
 - · Chiniki (Morley)
 - Wesley (Big Horn)
- 46. Tsuu T'ina Nation

List of Tribal Councils and Communities

Treaty 6

Tribal Chiefs Ventures

Beaver Lake Cree Nation Cold Lake First Nations Frog Lake First Nation Heart Lake First Nation Goodfish Lake First Nation Kehewin Cree Nation

Yellowhead Tribal Council

Alexander First Nation Alexis Nakota Sioux First Nation Enoch Cree Nation O'Chiese First Nation Sunchild First Nation

Maskwacis Health Services**

Ermineskin Cree Nation Louis Bull Tribe Montana First Nation Pigeon Lake Samson Cree Nation

Independent Bands

Paul First Nation Saddle Lake First Nation

Treaty 7

Blood Tribe
Piikani Nation
Siksika Nation
Stoney Tribe (Bearspaw) – Eden Valley
Stoney Tribe (Chiniki) – Morley
Stoney Tribe (Wesley) – Big Horn
Tsuu T'ina Nation

Treaty 8

Athabasca Tribal Council

Athabasca Chipewyan First Nation*
Chipewyan Prairie First Nation (Janvier)
Fort McKay First Nation
Fort McMurray First Nation
Mikisew Cree First Nation*

Kee Tas Kee Now Tribal Council

Loon River First Nation
Peerless Trout First Nation
Whitefish Lake First Nation (Atikameg)
Woodland Cree First Nation

Lesser Slave Lake Indian Regional Council

Driftpile First Nation Kapawe'no First Nation Sawridge Band Sucker Creek First Nation Swan River First Nation

North Peace Tribal Council

Beaver First Nation
Dene Tha' First Nation
Little Red River Cree Nation
Lubicon Indian Nation
Tallcree First Nation

Western Cree Tribal Council

Duncan's First Nation Horse Lake First Nation Sturgeon Lake Cree Nation

Independent Band

Bigstone Smith's Landing First Nation

^{**} Maskwacis Health Services provides some of the health programs and services for the Maskwacis bands.



^{*} Nunee Health Services provides services in Fort Chipewyan to members of Athabasca Chipewyan First Nation and Mikisew Cree First Nation.

CONTACT INFORMATION

- First Nations and Inuit Health Branch: 1.855.809.6966
- Non-Insured Health Benefits: 1.800.232.7301 or 780.495.2694
- Website: www.hc-sc.gc.ca