



PROTECT. INFORM. INFLUENCE.

DRUG AWARENESS SHEETS

ADDICTION / Drug abuse can lead to physical and/ or psychological dependence and have serious consequences on user health and safety, as well as social and judicial impacts.



IMPORTANT MESSAGES



NEVER MIX DRUGS

Mixing different substances results in unforeseeable effects and an increased risk of intoxication that may pose serious health risks.



BEWARE OF DESIGNER DRUGS

Designer drugs are home-made drugs containing a mixture of chemical substances and are produced in clandestine laboratories by criminal organizations. They constantly change the appearance, name, colour and shape of the substances as well as the logos that appear on the substances and containers. Users have no idea what they are taking and in what amount.



SCOURGE AMONG YOUNG PEOPLE

Designer drugs are sold at low prices in the form of pills in attractive shapes to lure customers, often young people for whom their use has become commonplace.



PRESCRIPTION DRUG ABUSE

While prescription drugs are not illegal, prescription drug abuse is an increasing trend. There is a misconception that prescription drugs are safe but when they are misused, these drugs can lead to addiction and be just as harmful as illicit drugs.

LEGEND

WARNING



The effects experienced by users may vary based on their physical and mental health, size, weight, sex, age, the amount taken, the degree of purity of the substance, how it is taken and the context of use (mixed with other drugs or alcohol, where the drug is taken, psychological and emotional state, etc.).



Physical dependence



Psychological dependence

LEGAL STATUS: All the drugs included in the sheets are illegal. The drugs as well as the precursors used to produce them are included in Schedules I to VIII of the *Controlled Drugs and Substances Act*. Offences range from simple possession to possession for the purpose of trafficking, trafficking, importing, exporting, possession for the purpose of exporting, and producing. All these offences are punishable by criminal sanctions.

01

- Downers
DEPRESSANTS

Central nervous system (CNS) depressants are drugs that slow down brain activity by reducing arousal of the brain's cerebral cortex. They have a calming effect.



DEPRESSANTS

GHB




	DETAILS
DESCRIPTION AND USUAL CONSUMPTION METHODS *	Clear liquid, sometimes odourless, sometimes with light salty and soapy taste INGESTED
COMMON NAMES	<i>GH, Liquid ecstasy, petit jus, Date rape drug</i>
DESIRED EFFECTS *	Euphoria, reduced inhibition, decreased anxiety, relaxation.
SIDE EFFECTS *	Slurred speech, sedation, dizziness, nausea, vomiting, diarrhea, urinary incontinence, muscular spasms, tremors, lack of coordination, general anesthesia, amnesia. OVERDOSE Seizures, hallucinations, decreased heart rate, hypotension, watering eyes, respiratory depression, unconsciousness, coma, death.
VISIBLE SIGNS OR SYMPTOMS	Sleepiness, confusion, amnesia, slowness of movements, decreased muscle strength.
IMPORTANT MESSAGES	<ul style="list-style-type: none"> • Made mainly from a powerful industrial solvent (GBL), GHB is a drug often associated to parties. • GHB is more and more popular, especially among young people. • Contrary to popular belief, GHB is mostly taken voluntarily for personal pleasure. • GHB also comes in a white powder form.



DEPRESSANTS HEROIN



	DETAILS
DESCRIPTION AND USUAL CONSUMPTION METHODS *	Powder varying from white to brown SMOKED / INHALED + INJECTED
COMMON NAMES	<i>Smack, China white, Hard stuff, Point, Jazz</i>
DESIRED EFFECTS *	Euphoria, overall sensation of well-being, sedation.
SIDE EFFECTS *	<p>Apathy (suppression of emotions), mood disruption, agitation or slowness of movements, lack of concentration, slurred speech, blurred vision, drowsiness.</p> <p>OVERDOSE Stupor, coma, respiratory depression, cardiopulmonary arrest, death.</p> 
VISIBLE SIGNS OR SYMPTOMS	Constricted pupils, respiratory rate reduction, injection marks, slowed speech and movements, reduced appetite, itchiness and clammy skin, dry mouth, excessive sweating.
IMPORTANT MESSAGES	<ul style="list-style-type: none"> • In most cases, heroin dependence develops rapidly. In many users, it can even set off a process of social marginalization. • Heroin is a powerful drug and its effects are unpredictable. Users do not know the actual strength or the purity of drug that they are using.

02

- Uppers

STIMULANTS

Stimulants activate the psychic functions by increasing wakefulness and general brain activity. They accelerate the thinking process.



STIMULANTS

COCAINE



	DETAILS	
DESCRIPTION AND USUAL CONSUMPTION METHODS *	Shiny crystalline powder INJECTED + SNORTED	Little rocks colour ranging between white to yellowish cream to brown SMOKED / INHALED
COMMON NAMES	<i>Coke, Powder, Coca, Snow</i>	<i>Crack, Rock, Freebase</i>
DESIRED EFFECTS *	Euphoria, increased sociability, energy and vigorous feeling, increased mental awareness and self-esteem, enhanced sensory perceptions (visual, auditory, kinesthetic and sexual).	
SIDE EFFECTS *	Anxiety, depression, reduced appetite, accelerated heart rate, hypertension. OVERDOSE Chest pain, arrhythmia, confusion, convulsions, respiratory depression, coma, death.	
VISIBLE SIGNS OR SYMPTOMS	Dilated pupils, dehydration, chapped (dried) nostrils, nosebleeds, injection marks, sniffing, dry mouth and lips, slurred speech, lack of coordination, sweating, tremors, hyperactivity.	
IMPORTANT MESSAGES	<ul style="list-style-type: none"> • The toxicity of cutting agents and other contaminants, such as levamisole (animal dewormer), found in cocaine can cause serious health side effects. • Cocaine also produces strong psychological dependence that can be difficult to overcome. 	



AMPHETAMINE / METHAMPHETAMINE



1.



2.



3.

DETAILS

	1. AMPHETAMINE / METHAMPHETAMINE	2. AMPHETAMINE / METHAMPHETAMINE	3. METHAMPHETAMINE
DESCRIPTION AND USUAL CONSUMPTION METHODS *	Tablets of different shapes, colours and logos INGESTED	White powder also found in various colours SMOKED/INHALED + INJECTED + SNORTED	Fine glossed transparent crystals SMOKED / INHALED
COMMON NAMES	<i>Speed, Peanut, Pills</i>	<i>Meth</i>	<i>Crystal meth, Glass, Ice, Cristal, Tina</i>
DESIRED EFFECTS *	Euphoria, increased energy and mental awareness, reduced appetite, insomnia, sense of well-being.		
SIDE EFFECTS *	Anxiety, irritability, impaired judgment, increased heart rate and body temperature, tactile hallucinations, reduced appetite, aggressive thoughts, anger, paranoia. OVERDOSE Hypertension, chest pain, kidney failure, convulsions, toxic psychosis, coma, death.		
VISIBLE SIGNS OR SYMPTOMS	Agitation, dilated pupils, sweating or chills, dry mouth, nausea or vomiting, weight loss, tremors, confusion, necrosis of the skin.		
IMPORTANT MESSAGES	<ul style="list-style-type: none"> • Methamphetamine is at least twice as powerful as amphetamine. In addition to being toxic for the nervous system, it can cause permanent brain damage. • Use of methamphetamine and amphetamine can rapidly lead to abuse and dependence problems. • Methamphetamine is one of the substances most commonly found in designer drug pills sold in Quebec. • The risk of dependence is ten times greater when the drug is inhaled or injected (faster effect). 		



MDPV / MEPHEDRONE



	DETAILS	
	1. MDPV / MEPHEDRONE	2. MDPV
DESCRIPTION AND USUAL CONSUMPTION METHODS *	Crystals or crystalline powder generally white in colour SNORTED	Tablets of different shapes, colours and logos INGESTED
COMMON NAMES	<i>Bath salts, Plant food, Synthetic cocaine</i>	<i>Speed, Ecstasy</i>
DESIRED EFFECTS *	Euphoria, increased energy, excitement, increased mental awareness, increased sociability and sexual arousal.	
SIDE EFFECTS *	Increased heart rate, hypertension, arrhythmia, hallucinations, agitation, chest pain, anxiety. OVERDOSE Panic attacks, extreme violence, paranoia, toxic psychosis, convulsions, death.	
VISIBLE SIGNS OR SYMPTOMS	Confusion, excessive sweating, skin discolouration, nausea and vomiting, erratic behaviour, extreme agitation.	
IMPORTANT MESSAGES	<ul style="list-style-type: none"> • MDPV is a powerful drug with devastating effects. • “Bath salts” are designer drugs that produce stimulant and hallucinogenic effects. They can contain one or more chemical substances, the most common being MDPV and mephedrone. • They should not be confused with conventional bath salts sold for hygienic purposes. • Because of its hallucinogenic properties, MDPV also fits the hallucinogens category. 	



03

- All Arounders

HALLUCINOGENS

Hallucinogens substances affect the psychic functions. They alter sensory perception and cause changes in user's mood, thoughts and consciousness.



HALLUCINOGENS CANNABIS



1.




2.




3.

DETAILS

	1. MARIJUANA	2. HASCHISH	3. HASCHISH OIL
DESCRIPTION AND USUAL CONSUMPTION METHODS *	Leaves and dried leaves (buds); colour varying from green to brown SMOKED / INHALED + INGESTED	Thick opaque paste; light brown to black in colour SMOKED / INHALED	Thick, viscous liquid; yellow, orange, brown or black in colour SMOKED / INHALED
COMMON NAMES	<i>Pot, Weed, Marijuana, Mari, Marijane, Grass, Green</i>	<i>Hash, Resin, Brown</i>	<i>Oil, Liquid hash, Marijuana oil, Honey oil</i>
DESIRED EFFECTS *	Euphoria, sense of well-being, laughter, sense of calm and relaxation, sociability, carelessness, enhanced sensory perceptions.		
SIDE EFFECTS *	<p>Altered time perception, physical and mental slowness, loss of concentration, ambition and initiative, decreased blood pressure, increased heart rate.</p> <p>OVERDOSE Motivation loss, drowsiness, confusion, disorientation, delirium, depression, toxic psychosis, activation of latent schizophrenia.</p> 		
VISIBLE SIGNS OR SYMPTOMS	Redness of the eyes, dry mouth, lack of coordination, uncontrolled appetite.		
IMPORTANT MESSAGES	<ul style="list-style-type: none"> • Cannabis must not be considered trivial. • Regular use can lead to psychological dependence. • Physical dependence can also occur with daily use in large quantity. • Cannabis trafficking is a significant source of profits for criminal organizations. They use these profits to fund their other illicit activities which have serious repercussions on our communities. 		

MDMA (ecstasy)



	DETAILS
DESCRIPTION AND USUAL CONSUMPTION METHODS *	Tablets of different colours, shapes and logos, or capsules or crystalline powder INGESTED
COMMON NAMES	<i>Ecstasy, E, Molly, Party pill, Speed</i>
DESIRED EFFECTS *	Euphoria, intensification of emotions, feeling of sensuality and increased need to be intimate, altered sensual perceptions and pleasure.
SIDE EFFECTS *	Anxiety, insomnia, motivation loss, visual hallucinations, fatigue, depressive state, increased blood pressure and heart rate, urinary retention. OVERDOSE Agitation, panic, paranoia, convulsions, major depression, toxic psychosis, kidney failure. 
VISIBLE SIGNS OR SYMPTOMS	Dilated pupils, increased sociability, excessive sweating, teeth grinding, tension of the jaw, reduced appetite.
IMPORTANT MESSAGES	<ul style="list-style-type: none"> • MDMA is one of the most popular designer drugs but its effects are underestimated. • The actual composition of a tablet sold as ecstasy is often uncertain. It may contain other substances, including methamphetamine.

HALLUCINOGENS

KETAMINE



	DETAILS
DESCRIPTION AND USUAL CONSUMPTION METHODS *	White powder SNORTED
COMMON NAMES	<i>Special K, K, Vitamin K</i>
DESIRED EFFECTS *	Euphoria, floating sensation, stimulation, insensitivity to pain, out of body experience (hallucinations), fantasy interactions (spiritual journeys).
SIDE EFFECTS *	Thought disorder, dissociative experience, altered mood, perceptions, thoughts and state of consciousness, altered vision, bad trip. OVERDOSE Paralysis, convulsions, prolonged sedation, death by respiratory depression.
VISIBLE SIGNS OR SYMPTOMS	Unconsciousness, memory loss, lack of coordination, slurred speech, fever, nose bleeding, nausea, anxiety, confusion, slowed breathing.
IMPORTANT MESSAGES	<ul style="list-style-type: none"> • Ketamine is often used in voluntary overdose to produce a near death experience. • The experience is considered “successful” if the user can be resuscitated. • Ketamine also comes in liquid form.



SYNTHETIC CANNABINOIDS



	DETAILS
DESCRIPTION AND USUAL CONSUMPTION METHODS *	Mixture of herbs, spices or organic materials SMOKED / INHALED
COMMON NAMES	<i>Spice, Yucatan fire, K2, JWH-018, JWH-073, HU-210, HU-211, CP 47</i>
DESIRED EFFECTS *	Euphoria, sense of well-being, laughter, sense of calm and relaxation, sociability, carelessness, enhanced sensory perceptions.
SIDE EFFECTS *	Drowsiness, altered time perception, short term memory loss, confusion, depression. OVERDOSE Sedation, slurred speech, ataxia (lack of fine motor coordination), respiratory depression, coma, death. Risk of physical or psychological dependence unknown.
VISIBLE SIGNS OR SYMPTOMS	Redness of the eyes, dry mouth, lack of coordination, tremors.
IMPORTANT MESSAGES	<ul style="list-style-type: none"> • Synthetic cannabinoids are 100% chemical substances vaporised on a mixture of herbs, spices or organic materials. • The effects of synthetic cannabinoids are similar to those of cannabis.

MAGIC MUSHROOMS (psilocybin)



	DETAILS
DESCRIPTION AND USUAL CONSUMPTION METHODS *	Fresh, dried, powder or capsules INGESTED
COMMON NAMES	<i>Magic mushrooms, Mush, Mushrooms, Shrooms, Shrum</i>
DESIRED EFFECTS *	Relaxation, daydreaming, sensitivity, illusions, hallucinations.
SIDE EFFECTS *	Dizziness, altered color perceptions, altered time and space perceptions, impaired judgment, increased blood pressure and heart rate.
VISIBLE SIGNS OR SYMPTOMS	Hot flashes, numbness, lack of coordination, nausea and vomiting.
IMPORTANT MESSAGES	<ul style="list-style-type: none"> • Magic mushrooms are not known to cause physical or psychological dependence. • They do lead to a very strong tolerance, which means the body gets used to them and requires higher and higher doses to get the same effects. • The more one takes, the higher the risk of intoxication. • Users may sometimes experience hallucinations for up to four days after taking magic mushrooms.

RCMP DRUG AND
ORGANIZED CRIME
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NEED HELP ?

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