July 3 to 16, 2011 (Weeks 27 and 28)

Overall Influenza Summary
- Canada is experiencing baseline inter-seasonal levels of influenza activity. Very few detections of influenza were reported in weeks 27 and 28; all except one region of the country reported no influenza activity in each of weeks 27 and 28; the ILI consultation rate is within seasonal range in week 28.
- Circulation of other respiratory viruses continues, particularly rhinovirus.

Influenza Activity and Outbreaks
In each of weeks 27 and 28, only one region (in Quebec and Ontario, respectively) reported sporadic influenza activity. Saskatchewan and Prince Edward Island has stopped reporting for the season (see Activity level Map). No new outbreaks of influenza or ILI were reported in weeks 27 or 28.

Note: Influenza activity levels, as represented on this map, are assigned and reported by Provincial and Territorial Ministries of Health, based on laboratory confirmations, sentinel ILI rates (see graphs and tables) and reported outbreaks. Please refer to detailed definitions on the last page. For areas where no data is reported, late reports from these provinces and territories will appear on the FluWatch website.
Number of influenza surveillance regions† reporting widespread or localized influenza activity,
Canada, by report week, 2010-2011 (N=56)

Note that this was the first year that all the provinces and territories were reporting on influenza outbreaks in schools (greater than 10% absenteeism on any day most likely due to ILI) which has increased considerably the total number of outbreaks reported compared to previous years.

Overall Number of Influenza Outbreaks, Canada, by Report Week, 2010-2011

ILI consultation rate
During week 27, the national ILI consultation rate was 15.3 per 1,000 patient visits, which is above the average for this time of year. However, in week 28 the ILI rate declined to 11.0 consultations per 1,000 patient visits, which is within the expected range (see ILI graph). In week 27, the highest consultation rate was observed among children 5-19 years of age (58.2 per 1,000 consultations), and in week 28 the highest consultation rate was observed in children under 5 years of age (31.7 per 1,000 consultations).

Influenza-like illness (ILI) consultation rates, Canada, by report week, 2010-2011 compared to 1996/97 through to 2008/09 seasons

Note: No data available for mean rate in previous years for weeks 19 to 39 (1996-1997 through 2002-2003 seasons). Delays in the reporting of data may cause data to change retrospectively.
Laboratory Surveillance Summary

Only 6 detections of influenza were reported across Canada in weeks 27 and 28, 4 influenza A and 2 influenza B. The proportion of tests that were positive for influenza was 0.4% in week 27 and 0.2% in week 28 which is similar to week 26 (0.3%). The proportion of positive tests peaked in week 52 (see Influenza tests graph). Since the beginning of the season, 85.3% (16,872/19,782) of influenza virus detections have been influenza A viruses, of which 84.7% (5,592/6,599) of subtyped specimens have been A/H3N2. Detections of influenza B increased from week 03 to a peak in week 15. Through detailed case-based laboratory reporting where age data is provided, since August 29, 2010, 50.7% (2,075/4,093) of cases with A/H3N2 were aged 65 years or older. In contrast, the majority of cases with pH1N1 2009 (94.6%, 771/815) and influenza B (90.2%, 1,364/1,512) were under 65 years of age (see Tests detailed table). The proportion of positive tests for RSV peaked in week 07 and has continued to decline since then. The proportion of positive tests for parainfluenza viruses peaked in week 19 but continues to fluctuate in recent weeks (see Respiratory viruses graph). The proportion of tests positive for rhinovirus has gradually increased in recent weeks to 25.8% in week 27 although this proportion decreased to 15.5% in week 28. For more details of weekly respiratory virus detections in Canada, see http://www.phac-aspc.gc.ca/bid-bmi/dsd-dsm/rvdi-divr/index-eng.php.

Weekly & Cumulative numbers of positive influenza specimens by Provincial Laboratories, Canada, 2010-2011

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<tbody>
<tr>
<td></td>
<td>A Total</td>
<td>A(H1)</td>
</tr>
<tr>
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<tr>
<td>AB</td>
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<tr>
<td>Canada</td>
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</tbody>
</table>

*Unsubtyped: The specimen was typed as influenza A, but no test for subtyping was performed. Specimens from NT, YT, and NU are sent to reference laboratories in other provinces. Note: Cumulative data includes updates to previous weeks; due to reporting delays, the sum of weekly report totals do not add up to cumulative totals.

Weekly & Cumulative numbers of positive influenza specimens by age groups reported through case-based laboratory reporting, Canada, 2010-2011*

<table>
<thead>
<tr>
<th>Age groups</th>
<th>Weekly (July 3 to July 16, 2011)</th>
<th>Cumulative (Aug. 29, 2010 to July 16, 2011)</th>
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<tr>
<td></td>
<td>A Total</td>
<td>Pandemic H1N1</td>
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<td>45-64</td>
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<td>65+</td>
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<tr>
<td>Unknown</td>
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</tr>
<tr>
<td>Total</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

*Please note that this table reflects the number of specimens for which demographic information was reported. These represent a subset of all positive influenza cases reported. Five provinces have reported detailed case-by-case data since the beginning of the season (BC, AB, SK, MB and ON). Delays in the reporting of data may cause data to change retrospectively.
Influenza tests reported and percentage of tests positive, Canada, by report week, 2010-2011

Percent positive influenza tests, compared to other respiratory viruses, Canada, by reporting week, 2010-2011

**Antigenic Characterization**
Between September 1 and July 14, 2011, the National Microbiology Laboratory (NML) has antigenically characterized 1021 influenza viruses that were received from provincial laboratories: 284 A/H3N2, 151 pH1N1 2009 and 586 B viruses. Of the 284 influenza A/H3N2 viruses characterized, 281 (99.0%) were antigenically related to A/Perth/16/2009, which is the influenza A/H3N2 component recommended for the 2010-11 influenza vaccine. Three viruses (1.0%) tested showed reduced titer with antiserum produced against A/Perth/16/2009. Of the 151 pH1N1 2009 viruses characterized, 149 (98.7%) were antigenically related to the pandemic vaccine virus A/California/7/2009, which is the recommended H1N1 component for the 2010-11 influenza vaccine. Two viruses (1.3%) tested showed reduced titer with antiserum produced against A/California/7/2009. Of the 586 influenza B viruses characterized, 557 (95.1%) were antigenically related to B/Brisbane/60/08 (Victoria lineage), which is the recommended influenza B component for the 2010-11 influenza vaccine. Four of the 557 viruses tested showed reduced titer with antisera produced against B/Brisbane/60/08. Twenty-nine (4.9%) influenza B viruses were characterized as B/Wisconsin/01/2010-like, which belongs to the Yamagata lineage. B/Wisconsin/01/2010-like viruses are antigenically and genetically different from the previous Yamagata lineage vaccine strain B/Florida/04/2006.

**Antiviral Resistance**
Since the beginning of the 2010-2011 season, NML has tested 667 influenza A isolates (497 A/H3N2 and 170 pH1N1 2009) for amantadine resistance and found that 496 influenza A/H3N2 were resistant and one was sensitive. All 170 influenza A/H1N1 viruses were resistant to amantadine. Of 993 influenza viruses (259 A/H3N2, 154 pH1N1 2009, and 580 influenza B) tested for resistance to oseltamivir, 258 A/H3N2 viruses were sensitive and one was resistant with the E119V mutation. The resistant case was associated with oseltamivir prophylaxis/treatment. Of the 154 pH1N1 2009 isolates tested for oseltamivir resistance, 153 were sensitive and one was resistant with the H275Y mutation. The resistant case was associated with oseltamivir treatment. Of the 580 B virus isolates tested, 579 were sensitive to oseltamivir and one was resistant with the D198N mutation. Of 985 influenza viruses (255 A/H3N2, 151 pH1N1 2009, and 579 influenza B) tested for zanamivir resistance all 255 A/H3N2 and 151 pH1N1 2009 isolates were found to be sensitive. Of the 579 B virus isolates tested, 578 were sensitive to zanamivir and one was resistant with the D198N mutation.
Severe Illness Surveillance
Adult hospitalizations and deaths reported through the Canadian Nosocomial Infection Surveillance Program (CNISP) as well as aggregate reporting of severe cases of influenza from several provinces and territories were reported for the 2010-11 season up to week 22. Paediatric (16 years of age and under) influenza-associated hospitalizations and deaths were reported through the Immunization Monitoring Program Active (IMPACT) network up to 2 July 2011. See http://www.phac-aspc.gc.ca/fluwatch/10-11/index-eng.php for previous weekly reports.

International influenza update
A global analysis of 70,000 laboratory confirmed pH1N1 2009 hospitalized patients, 9700 admitted to ICU and 2500 deaths was recently published in PLoS Medicine. Although the highest risk of hospitalization was found among children, increasing age was associated with increasing risk of severe illness and death. Risk factors for severe infection with pH1N1 2009 were found to be similar to those for seasonal influenza, but the study also found some evidence to support obesity as a risk factor for ICU admission and fatal outcome. http://www.plosmedicine.org/article/info%3Adoi%2F10.1371%2Fjournal.pmed.1001053

Northern Hemisphere
The 2010-11 influenza season has ended in the temperate regions of the northern hemisphere, and all countries report baseline inter-seasonal levels. http://www.who.int/csr/disease/influenza/latest_update_GIP_surveillance/en/index.html


Tropical Zone
In week 26, several countries in the Caribbean and Central America reported 20-40% of samples positive for respiratory viruses, but little or no influenza circulation. The Dominican Republic reported a decline in the percentage of specimens positive for influenza, with continued circulation of pH1N1 2009. In the Andean region of South America, Colombia continues to report co-circulation of pH1N1 2009 and A/H3N2. Brazil reported an increased number of influenza detections. http://new.paho.org/hq/index.php?option=com_content&task=view&id=3352&Itemid=2469&to=2246.

As of July 15, influenza B continues to be the predominant influenza strain in both western and eastern Africa. Active transmission is ongoing in Ghana, while transmission in Kenya, Uganda and Rwanda has declined. Influenza activity in tropical Asian countries remains low with some localized areas of transmission: low numbers of pH1N1 2009 are reported in India; 83% of detections from ILI cases in Singapore were A/H3N2, with 11% pH1N1 2009 and 6% influenza B. http://www.who.int/csr/disease/influenza/latest_update_GIP_surveillance/en/index.html

Southern Hemisphere
South America: Argentina reports 2% of specimens positive for influenza with a continuing predominance of RSV detections. http://new.paho.org/hq/index.php?option=com_content&task=view&id=3352&Itemid=2469&to=2246

South Africa: In week 27, South Africa continues to report a predominance of pH1N1 2009 (83% of influenza detections) with smaller number of detections of A/H3N2 (7.5%) and influenza B (3.8%). Among hospitalized patients from 4 sentinel sites in 3 provinces, pH1N1 2009 was detected in 74% of specimens, and influenza B in 17%. The age distribution of severe cases in 2011 has been similar to that observed in 2010: 37% of cases between 2-4 years of age, 30% of cases 25-44 years, and only 19% of cases over 45 years of age. http://www.nicd.ac.za/?page=seasonal_influenza&id=72.

Australia: From June 25 to July 8, 2011, levels of ILI in the community continued to increase as reported by sentinel physician surveillance and ILI presentations to emergency departments. Notifications of influenza continued to increase nationally, particularly in South Australia, Queensland and New South Wales. Among the 1,555 notifications during this period, 34% were influenza A unsubtyped, 33% influenza B, 32% pH1N1 2009, 0.3% A/H3N2, 3 specimens were untyped and one was reported as both influenza A and B. South Australia continued to report the majority (80%) of notifications as influenza B; Queensland and New South Wales reported mostly pH1N1 2009 with some co-circulation of influenza B. Antigenic characterization of 673 isolates to date show all to be similar to the vaccine strain viruses. Among the 925 isolates tested for phenotypic resistance to oseltamivir by enzyme inhibition assay (EIA), one has demonstrated resistance. Among the 7 pH1N1 2009 isolates tested for genotypic resistance to oseltamivir by pyrosequencing, one has demonstrated resistance. http://www.health.gov.au/internet/main/publishing.nsf/Content/cda-surveil-ozflu-flucurr.htm

New Zealand: In week 27 (4-10 July 2011), the average consultation rate for ILI increased to 49.4 cases per 100,000, which is just below the baseline of 50 cases per 100,000. Nine of the 20 health regions had rates above baseline. Among the 196 detections of influenza to date (week 1 to 27), influenza B predominates (57%), followed by A/H3N2 (19%) and pH1N1 2009 (14%). http://www.surv.esr.cri.nz/PDF_surveillance/Virology/FluWeekRpt/2011/FluWeekRpt201125.pdf
FluWatch reports include data and information from the following sources: laboratory reports of positive influenza tests in Canada (National Microbiology Laboratory), sentinel physician reporting of influenza-like illness (ILI), provincial/territorial assessment of influenza activity based on various indicators, including laboratory surveillance, ILI reporting, and outbreaks, influenza-associated paediatric and adult hospitalizations, antiviral sales in Canada, and WHO and other international reports of influenza activity.

Abbreviations: Newfoundland/Labrador (NL), Prince Edward Island (PE), New Brunswick (NB), Nova Scotia (NS), Quebec (QC), Ontario (ON), Manitoba (MB), Saskatchewan (SK), Alberta (AB), British Columbia (BC), Yukon (YT), Northwest Territories (NT), Nunavut (NU).

ILI definition for the 2010-2011 season
ILI in the general population: Acute onset of respiratory illness with fever and cough and with one or more of the following - sore throat, arthralgia, myalgia, or prostration which is likely due to influenza. In children under 5, gastrointestinal symptoms may also be present. In patients under 5 or 65 and older, fever may not be prominent.

Definitions of ILI/Influenza outbreaks for the 2010-2011 season
Schools: Greater than 10% absenteeism (or absenteeism that is higher (e.g. >5-10%) than expected level as determined by school or public health authority) which is likely due to ILI. Note: it is recommended that ILI school outbreaks be laboratory confirmed at the beginning of influenza season as it may be the first indication of community transmission in an area.
Hospitals and residential institutions: two or more cases of ILI within a seven-day period, including at least one laboratory confirmed case. Institutional outbreaks should be reported within 24 hours of identification. Residential institutions include but not limited to long-term care facilities (LTCF) and prisons.
Other settings: two or more cases of ILI within a seven-day period, including at least one laboratory confirmed case; i.e. workplace, closed communities.

Influenza Activity Levels Definition for the 2010-2011 season
Influenza Regional Activity levels are defined as:
1 = No activity: no laboratory-confirmed influenza detections in the reporting week, however, sporadically occurring ILI may be reported
2 = Sporadic: sporadically occurring ILI and lab confirmed influenza detection(s) with no outbreaks detected within the influenza surveillance region†
3 = Localized: (1) evidence of increased ILI* and (2) lab confirmed influenza detection(s) together with (3) outbreaks in schools, hospitals, residential institutions and/or other types of facilities occurring in less than 50% of the influenza surveillance region†
4 = Widespread: (1) evidence of increased ILI* and (2) lab confirmed influenza detection(s) together with (3) outbreaks in schools, hospitals, residential institutions and/or other types of facilities occurring in greater than or equal to 50% of the influenza surveillance region†

Note: ILI data may be reported through sentinel physicians, emergency room visits or health line telephone calls.
* More than just sporadic as determined by the provincial/territorial epidemiologist.
† Influenza surveillance regions within the province or territory as defined by the provincial/territorial epidemiologist.

We would like to thank all the Fluwatch surveillance partners who are participating in this year’s influenza surveillance program.

This report is available on the Public Health Agency website at the following address: http://www.phac-aspc.gc.ca/fluwatch/index.html. Ce rapport est disponible dans les deux langues officielles. Pour en recevoir un exemplaire dans l'autre langue chaque semaine, veuillez communiquer avec Estelle Arseneault, Division de l’immunisation et des infections respiratoires au (613) 998-8862.