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Canadian Foreign Post Indexes

March 2017

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Canadian Foreign Post Indexes
March 2017

These indexes are calculated to establish and adjust the Post Living Allowance (PLA) paid to Canadian government employees serving outside Canada. They are comparative measurements that numerically express the difference between the retail prices of a representative basket of goods and services at a foreign location with prices for a similar basket of goods and services in Ottawa.

Monthly release notes (www.statcan.gc.ca/pub/62-013-x/2017003/notes-avis-eng.htm)

Four separate groupings of indexes are provided, each among them reflecting the specific terms and conditions of service for the members of one of the following categories of personnel:

- persons serving under the terms and conditions of the Foreign Service Directives (FSDs) (www.statcan.gc.ca/pub/62-013-x/2017003/fsd-dse-eng.htm) ;
- persons working under the provisions of the Technical Assistance Handbook (TAH) (www.statcan.gc.ca/pub/62-013-x/2017003/cida-acdi-eng.htm) ;
- Canadian Forces (www.statcan.gc.ca/pub/62-013-x/2017003/cf-fc-eng.htm) members serving outside the country either under the terms and conditions of the Military Foreign Service Instructions (MFSIs) or the Foreign Service Directives (FSDs);
- persons working in the Private Sector (www.statcan.gc.ca/pub/62-013-x/2017003/ngo-ong-eng.htm) .

The Guide to the Post Index (www.statcan.gc.ca/pub/62f0072g/62f0072g2010001-eng.htm) , which was revised in June 2010, remains available.

Monthly release notes

March 2017

This is to advise you of the renewed validity of Post Indexes calculated for the purpose of the Post Living Allowance applicable to Canadian Government expatriate personnel or persons under contract. All users must consult with Statistics Canada to ensure that the appropriate index is used.

The Guide to the Post Index (www.statcan.gc.ca/pub/62f0072g/62f0072g2010001-eng.htm) , which was revised in June 2010, remains available.

The analysis of Post Index surveys has been completed for the following location. The results incorporate the analysis of prices and costs for goods and services purchased in the local economy or from import sources at the time these surveys were carried out, as well as adjustments to the indexes as indicated by our continuing monthly reviews.

Table 1
Completed Post Index Surveys

Country	Military Code	Location	Survey Date
Nigeria	...	Abuja	October 2015
Nigeria	NG05	Abuja	October 2015
Nigeria	...	Bauchi	January 2016
Nigeria	...	Calabar	January 2016
Nigeria	...	Lagos	January 2016
Nigeria	NG06	Lagos	January 2016

A new Post Index was requested for the following location and is now published.

Table 2
New Post Index

Country	Post	Military Code	Requested by	Post Index	Date
Trinidad and Tobago	Port of Spain	...	Global Affairs Canada	142	February 2017

Global Affairs Canada requested the following Indexes be discontinued.

Table 3
Discontinued Indexes

Country	Mission City	Table	DND Code
Argentina	Buenos Aires	Technical Assistance Handbook	...
Barbados	Bridgetown	Technical Assistance Handbook	...
Cambodia	Phnom Penh	Technical Assistance Handbook	...
Tunisia	Tunis	Technical Assistance Handbook	...

Other Post Index adjustments are indicated on the basis of our continuing monthly reviews. These adjustments are predicated on shifts in the current values of the respective currencies used at the posts relative to the Canadian dollar. They also take into account comparative rates of change in consumer prices at these posts and in Ottawa since the last surveys were carried out.

Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in March 2017.

See monthly release notes for information on this month's released Indexes and revisions to previously released Indexes.

Foreign Service Directives Post Indexes

Country	Post	Survey date	Previous index	Current index	Effective date	Exchange rate CAN$	Currency
Afghanistan	Kabul	...	...	100	Sep-2003	0.029245	Afghani
Algeria	Algiers	Dec-2014	114	107	Apr-2016	0.012528	Dinar (Algeria)
Argentina	Buenos Aires	Feb-2015	117	122	Dec-2016	0.089267	Peso (Argentina)
Australia	Canberra	Nov-2013	124	128	Sep-2016	1.011474	Dollar (Australia)
Australia	Canberra	Nov-2013	129	133 (f)	Sep-2016	1.011474	Dollar (Australia)
Australia	Sydney	Nov-2013	127	132	Sep-2016	1.011474	Dollar (Australia)
Australia	Sydney	Nov-2013	132	137 (f)	Sep-2016	1.011474	Dollar (Australia)
Austria	Vienna	Aug-2013	131	127	Jan-2017	1.433519	Euro
Bangladesh	Dhaka	Nov-2013	128	132 (d)	Dec-2016	0.017350	Taka
Barbados	Bridgetown	Feb-2015	132	137	Nov-2016	0.668730	Dollar (Barbados)
Belgium	**Brussels**	**Aug-2015**	**129**	**124 (1)**	**Mar-2017**	**1.424092**	**Euro**
Belgium	**Brussels**	**Aug-2015**	**136**	**131 (d) (1)**	**Mar-2017**	**1.424092**	**Euro**
Benin	Cotonou	L	102	99 (a)	Dec-2016	0.002252	Franc (C.F.A.)
Bolivia	La Paz	Jul-2011	126	130 (a)	Nov-2016	0.196723	Boliviano
Brazil	Brasilia	Mar-2015	125	130	Nov-2016	0.424052	Real
Brazil	Rio de Janeiro	L	127	131	Nov-2016	0.424052	Real
Brazil	Sao Paulo	Mar-2015	127	131	Nov-2016	0.424052	Real
Brunei Darussalam	Bandar Seri Begawan	May-2012	115	110 (a)	Apr-2016	0.967223	Dollar (Brunei)
Burkina Faso	**Ouagadougou**	**Mar-2013**	**119**	**113 (1)**	**Mar-2017**	**0.002171**	**Franc (C.F.A.)**
Burma (Myanmar)	Yangon	Dec-2015	78	75 (a)	Jan-2017	0.001007	Kyat
Cambodia	**Phnom Penh**	**Mar-2013**	**115**	**118 (a) (1)**	**Mar-2017**	**0.000326**	**Riel**
Cameroon	Yaoundé	Jul-2015	122	118	Jan-2017	0.002185	Franc (C.F.A.)
Chile	Santiago	Feb-2015	112	116	Dec-2016	0.002057	Peso (Chile)
China	Beijing	Jan-2015	131	126	Jul-2016	0.199535	Yuan Renminbi
China	Chongqing	Jan-2015	124	120	Jul-2016	0.199535	Yuan Renminbi
China	Guangzhou	Mar-2015	136	131	Apr-2016	0.207458	Yuan Renminbi
China	Hong Kong	Jan-2015	153	158	Dec-2016	0.176716	Dollar (Hong Kong)
China	Shanghai	Jan-2015	138	134	Apr-2016	0.207458	Yuan Renminbi
Colombia	Bogotá	Apr-2013	98	101	Oct-2016	0.000459	Peso (Colombia)
Congo, Democratic Republic of	Kinshasa	Apr-2013	170	165	May-2016	0.001411	Franc (Congo)
Costa Rica	San José	Aug-2015	134	130	Jun-2016	0.002503	Colon (Costa Rica)
Côte d'Ivoire	Abidjan	Oct-2015	126	121	Jan-2017	0.002185	Franc (C.F.A.)
Croatia	Zagreb	Apr-2014	92	88 (a)	Jan-2017	0.190166	Kuna
Cuba	Havana	Apr-2014	127	123	Apr-2016	1.457217	Convertible Peso (Cuba)
Czech Republic	Prague	Nov-2012	108	104	Jan-2017	0.053032	Koruna (Czech Rep.)
Denmark	Copenhagen	Mar-2013	147	141	Jan-2017	0.192785	Krone (Denmark)
Dominican Republic	Santo Domingo	Oct-2013	115	111	May-2016	0.028673	Peso (Dominican Rep.)
Ecuador	Quito	Dec-2013	127	131 (a)	Dec-2016	1.370676	Dollar (USA)
Egypt	Cairo	Aug-2015	101	89	Jan-2017	0.075107	Pound (Egypt)
El Salvador	San Salvador	Apr-2014	116	112 (a)	May-2016	1.307494	Dollar (USA)
Ethiopia	**Addis Ababa**	**Apr-2013**	**129**	**124 (1)**	**Mar-2017**	**0.059863**	**Birr**
Finland	Helsinki	Mar-2012	133	128	Jan-2017	1.433519	Euro
France	Lyon	L	129	124 (f)	Jan-2017	1.433519	Euro

France	Paris	Nov-2013	129	125	Jan-2017	1.433519	Euro
France	Paris	Nov-2013	136	131 (d)	Jan-2017	1.433519	Euro
France	Paris	Nov-2013	136	131 (f)	Jan-2017	1.433519	Euro
Germany	Berlin	Aug-2015	118	114	Jan-2017	1.433519	Euro
Germany	Düsseldorf	L	126	122	Jan-2017	1.433519	Euro
Germany	Munich	L	124	120	Jan-2017	1.433519	Euro
Ghana	**Accra**	**Oct-2015**	**111**	**107 (1)**	**Mar-2017**	**0.301285**	**Cedi**
Greece	**Athens**	**Nov-2014**	**117**	**112 (1)**	**Mar-2017**	**1.424092**	**Euro**
Guatemala	Guatemala City	Mar-2013	129	134	Oct-2016	0.172093	Quetzal
Guyana	Georgetown	Jun-2013	123	128	Nov-2016	0.006687	Dollar (Guyana)
Haiti	Port-au-Prince	Sep-2013	140	134	Apr-2016	0.022083	Gourde
Honduras	**Tegucigalpa**	**Jul-2015**	**98**	**94 (a) (1)**	**Mar-2017**	**0.056910**	**Lempira**
Hungary	Budapest	Nov-2014	116	112	Apr-2016	0.004823	Forint
Iceland	Reykjavik	Jan-2015	124	120 (a)	Feb-2017	0.011766	Krona (Iceland)
India	Bangalore	Jan-2014	118	114	Apr-2016	0.020163	Rupee (India)
India	Chandigarh	L	114	118	Sep-2016	0.019806	Rupee (India)
India	Mumbai	Jan-2014	119	115	Apr-2016	0.020163	Rupee (India)
India	New Delhi	Oct-2013	114	118	Sep-2016	0.019806	Rupee (India)
India	New Delhi	Oct-2013	115	119 (f)	Sep-2016	0.019806	Rupee (India)
Indonesia	Jakarta	Aug-2015	119	117	May-2016	0.000099	Rupiah
Iraq	Baghdad	...	...	100	Aug-2004	0.000824	Dinar (Iraq)
Ireland	Dublin	May-2016	106	110	Jan-2017	1.433519	Euro
Israel	Tel Aviv	Aug-2013	141	135	Apr-2016	0.349102	Shekel (Israel)
Italy	Rome	Sep-2012	126	121	Jan-2017	1.433519	Euro
Italy	Rome	Sep-2012	133	128 (f)	Jan-2017	1.433519	Euro
Jamaica	Kingston	Jun-2015	122	117	May-2016	0.010718	Dollar (Jamaica)
Japan	Nagoya	Sep-2014	176	162	Jan-2017	0.011729	Yen
Japan	Tokyo	Sep-2014	176	162	Jan-2017	0.011729	Yen
Jordan	Amman	Feb-2013	124	128	Nov-2016	1.907958	Dinar (Jordan)
Kazakhstan	**Astana**	**Oct-2014**	**106**	**109 (1)**	**Mar-2017**	**0.004102**	**Tenge**
Kenya	Nairobi	May-2014	125	129	Dec-2016	0.013491	Shilling (Kenya)
Korea, South	Seoul	Sep-2014	142	138	Jan-2017	0.001150	Won
Korea, South	Seoul	L	125	118 (e)	Apr-2016	0.001140	Won
Kuwait	Kuwait	Oct-2015	117	121	Nov-2016	4.470494	Dinar (Kuwait)
Laos	Vientiane	Jan-2016	109	105 (a)	Nov-2016	0.000167	Kip
Latvia	**Riga**	**May-2014**	**98**	**95 (a) (1)**	**Mar-2017**	**1.424092**	**Euro**
Lebanon	Beirut	Feb-2015	133	125	Apr-2016	0.000900	Pound (Lebanon)
Libya	Tripoli	Oct-2008	136	128	Apr-2016	0.970702	Dinar (Libya)
Lithuania	Vilnius	Feb-2015	82	79 (a)	Jul-2016	1.477113	Euro
Malaysia	Kuala Lumpur	May-2015	105	102	Dec-2016	0.316185	Ringgit (Malaysia)
Mali	Bamako	Jan-2015	114	110	Feb-2017	0.002181	Franc (C.F.A.)
Mexico	**Guadalajara**	**L**	**88**	**91 (1)**	**Mar-2017**	**0.065874**	**Peso (Mexico)**
Mexico	**Mexico City**	**Jul-2015**	**88**	**91 (1)**	**Mar-2017**	**0.065874**	**Peso (Mexico)**
Mexico	**Monterrey**	**L**	**88**	**91 (1)**	**Mar-2017**	**0.065874**	**Peso (Mexico)**
Mongolia	**Ulaanbaatar**	**Apr-2014**	**95**	**92 (a) (1)**	**Mar-2017**	**0.000539**	**Tugrik**
Morocco	Rabat	Feb-2012	116	110	Sep-2016	0.140838	Dirham (Morocco)
Mozambique	Maputo	Nov-2013	97	101	Feb-2017	0.019004	Metical
Netherlands, The	The Hague	Aug-2015	108	109	Feb-2017	1.402781	Euro
New Zealand	Auckland	L	126	130	Sep-2016	0.959078	Dollar (New Zealand)
New Zealand	Wellington	Dec-2013	126	130	Sep-2016	0.959078	Dollar (New Zealand)
New Zealand	Wellington	Dec-2013	129	132 (f)	Sep-2016	0.959078	Dollar (New Zealand)
Nicaragua	Managua	Aug-2014	96	93 (a)	May-2016	0.046365	Cordoba, New
Nigeria	**Abuja**	**Oct-2015**	**136**	**111 (1)**	**Mar-2017**	**0.004272**	**Naira**
Nigeria	**Lagos**	**Jan-2016**	**136**	**104 (1)**	**Mar-2017**	**0.004272**	**Naira**
Norway	Oslo	Mar-2014	150	145	Jan-2017	0.158921	Krone (Norway)
Pakistan	Islamabad	Jul-2015	108	104	Apr-2016	0.012884	Rupee (Pakistan)

Panama	Panama City	Feb-2013	132	125	Apr-2016	1.349275	Balboa
Peru	Lima	Feb-2015	124	121	Mar-2016	0.405078	Nuevo Sol
Philippines	Manila	Feb-2013	115	110	May-2016	0.028196	Peso (Philippines)
Poland	Warsaw	Jun-2012	103	100	Jul-2016	0.336085	Zloty
Portugal	**Lisbon**	**Feb-2012**	**121**	**116 (1)**	**Mar-2017**	**1.424092**	**Euro**
Qatar	Doha	Mar-2014	112	117	Oct-2016	0.367331	Riyal (Qatar)
Romania	Bucharest	Nov-2014	98	94	Jan-2017	0.317505	Leu
Russia	Moscow	Jan-2015	141	148	Feb-2017	0.022718	Rouble (Russia)
Saudi Arabia	Riyadh	Jan-2014	134	129	Apr-2016	0.359807	Riyal (Saudi Arabia)
Senegal	**Dakar**	**Jan-2015**	**120**	**116 (1)**	**Mar-2017**	**0.002171**	**Franc (C.F.A.)**
Serbia	Belgrade	Jun-2015	107	104	Feb-2017	0.011557	Dinar (Serbia)
Singapore	Singapore	Jun-2015	147	142	Jun-2016	0.963715	Dollar (Singapore)
Singapore	Singapore	Jun-2015	152	147 (f)	Jun-2016	0.963715	Dollar (Singapore)
Slovakia	Bratislava	Jun-2012	99	96 (a)	Aug-2016	1.471416	Euro
South Africa	Johannesburg	L	93	96	Feb-2017	0.099213	Rand
South Africa	Johannesburg	L	94	97 (f)	Feb-2017	0.099213	Rand
South Africa	Pretoria	Oct-2013	93	96	Feb-2017	0.099213	Rand
South Sudan	**Juba**	**May-2011**	**122**	**108 (1)**	**Mar-2017**	**0.014535**	**Pound (South Sudan)**
Spain	**Barcelona**	**L**	**120**	**116 (1)**	**Mar-2017**	**1.431073**	**Euro**
Spain	**Madrid**	**Feb-2012**	**120**	**116 (1)**	**Mar-2017**	**1.431073**	**Euro**
Sri Lanka	Colombo	May-2016	115	105	Feb-2017	0.008964	Rupee (Sri Lanka)
Sudan	Khartoum	Aug-2014	131	127	Apr-2016	0.204436	Pound (Sudan)
Sweden	Stockholm	Feb-2009	129	124	Jan-2017	0.147508	Krona (Sweden)
Switzerland	Bern	L	161	155	Jan-2017	1.333425	Franc (Switzerland)
Switzerland	Geneva	Mar-2013	161	155	Jan-2017	1.333425	Franc (Switzerland)
Switzerland	Geneva	Mar-2013	167	161 (f)	Jan-2017	1.333425	Franc (Switzerland)
Taiwan	Taipei	Oct-2015	120	124	Dec-2016	0.043171	Dollar (Taiwan)
Tanzania	Dar es Salaam	May-2014	118	112	Apr-2016	0.000618	Shilling (Tanzania)
Thailand	Bangkok	Oct-2015	118	122	Oct-2016	0.038503	Baht
Trinidad & Tobago	Port of Spain	May-2013	133	137	Dec-2016	0.203985	Dollar (Trinidad and Tobago)
Tunisia	Tunis	May-2014	95	90	Jul-2016	0.610141	Dinar (Tunisia)
Turkey	**Ankara**	**Dec-2014**	**98**	**102 (1)**	**Mar-2017**	**0.364951**	**Lira**
Turkey	**Istanbul**	**Jan-2015**	**98**	**102 (1)**	**Mar-2017**	**0.364951**	**Lira**
Ukraine	Kyiv	Aug-2014	107	111	Jan-2017	0.052947	Hryvna (Ukraine)
United Arab Emirates	Abu Dhabi	Apr-2016	120	126	Dec-2016	0.373184	Dirham (U.A.E.)
United Arab Emirates	Dubai	Apr-2016	121	125	Oct-2016	0.364028	Dirham (U.A.E.)
United Kingdom	Cheltenham	Sep-2015	126	120 (f)	Aug-2016	1.748168	Pound (United Kingdom)
United Kingdom	London	Oct-2015	137	123	Aug-2016	1.765307	Pound (United Kingdom)
United Kingdom	London	Oct-2015	138	126 (d)	Aug-2016	1.765307	Pound (United Kingdom)
United States of America	Atlanta	Nov-2012	131	123	Apr-2016	1.349275	Dollar (USA)
United States of America	Boston	Nov-2012	124	128	Nov-2016	1.350834	Dollar (USA)
United States of America	Chicago	Nov-2012	139	130	Apr-2016	1.349275	Dollar (USA)
United States of America	Colorado Springs	Jun-2013	124	120	Aug-2016	1.331131	Dollar (USA)
United States of America	Dallas	Jun-2013	126	118	Apr-2016	1.349275	Dollar (USA)
United States of America	Denver	Sep-2013	121	117	Aug-2016	1.331131	Dollar (USA)
United States of America	Denver	Sep-2013	123	119 (f)	Aug-2016	1.331131	Dollar (USA)
United States of America	Detroit	Jun-2015	126	118	Apr-2016	1.349275	Dollar (USA)
United States of America	Houston	Jun-2013	123	119 (f)	Apr-2016	1.349275	Dollar (USA)
United States of America	Houston	Jun-2013	120	116	Apr-2016	1.349275	Dollar (USA)
United States of America	Los Angeles	Jun-2013	125	130	Dec-2016	1.370676	Dollar (USA)
United States of America	Miami	Nov-2012	134	126	Apr-2016	1.349275	Dollar (USA)
United States of America	Minneapolis	Jul-2013	120	116	Aug-2016	1.331131	Dollar (USA)
United States of America	New York City	Nov-2012	136	141	Nov-2016	1.350834	Dollar (USA)
United States of America	New York City	Nov-2012	142	146 (f)	Nov-2016	1.350834	Dollar (USA)
United States of America	Raleigh	Nov-2009	133	125 (f)	Apr-2016	1.349275	Dollar (USA)
United States of America	Raleigh-Durham	Nov-2009	131	123	Apr-2016	1.349275	Dollar (USA)

United States of America	San Diego	Jan-2015	127	124	May-2016	1.307494	Dollar (USA)
United States of America	San Francisco	Jun-2013	143	134	Apr-2016	1.349275	Dollar (USA)
United States of America	Seattle	Jun-2013	135	127	Apr-2016	1.349275	Dollar (USA)
United States of America	Washington D.C.	Nov-2012	133	125	Apr-2016	1.349275	Dollar (USA)
United States of America	Washington D.C.	Nov-2012	137	128 (f)	Apr-2016	1.349275	Dollar (USA)
Uruguay	Montevideo	Oct-2013	144	149	Oct-2016	0.046915	Peso (Uruguay)
Vatican City	Vatican	Sep-2012	126	121	Jan-2017	1.433519	Euro
Venezuela	Caracas	Jun-2013	76	83	Dec-2016	0.002080	Bolivar Fuerte
Vietnam	Hanoi	Nov-2013	128	122	Apr-2016	0.000060	Dong
Vietnam	Ho Chi Minh City	Dec-2013	127	121	Apr-2016	0.000060	Dong
West Bank and Gaza	Ramallah	L	141	135	Apr-2016	0.349102	Shekel (Israel)
Zambia	Lusaka	Jun-2014	88	92 (a)	Dec-2016	0.137068	Kwacha (Zambia)
Zimbabwe	Harare	Jun-2014	121	117	May-2016	1.307494	Dollar (USA)

(1) Post Index has been updated or is new this month.
(2) Previously released Post Index has been revised.
L Where no Survey Date is shown, the Post Index is linked to another Post Index where a survey has been carried out.
(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.
(b) - Based on United Nations surveys; does not include access to duty-free purchases.
(c) - Index for personnel who do not have U.S. military facility privileges.
(d) - Index for personnel who do not have access to duty-free gasoline.
(e) - Index for civilian personnel who have U.S. military facility privileges.
(f) - Index for personnel who do not have diplomatic privileges.
(g) - Index for personnel who are provided rations and quarters, a meal allowance or a third-party subsistence allowance.
(h) - Index for personnel who do not have retail tax-free privileges.
(i) - Index for personnel who purchase rations from a military establishment.

Persons Working Under TAH Provisions Post Indexes

All indexes are non-diplomatic

(Ottawa = 100)

Post indexes in bold were updated or are new in March 2017.

See monthly release notes for information on this month's released Indexes and revisions to previously released Indexes.

Persons Working Under TAH Provisions Post Indexes

Country	Post	Survey date	Previous index	Current index	Effective date	Exchange rate CAN$	Currency
Afghanistan	Kabul	...	...	100	Oct-2005	0.026444	Afghani
Afghanistan	Kandahar	...	...	100	Dec-2006	0.022927	Afghani
Bangladesh	Dhaka	Nov-2013	132	136	Dec-2016	0.017350	Taka
Benin	Cotonou	Dec-2012	102	99 (a)	Dec-2016	0.002252	Franc (C.F.A.)
Bolivia	La Paz	Jul-2011	126	130 (a)	Nov-2016	0.196723	Boliviano
Bolivia	Santa Cruz	L	126	130 (a)	Nov-2016	0.196723	Boliviano
Burkina Faso	**Ouagadougou**	**Mar-2013**	**123**	**117 (1)**	**Mar-2017**	**0.002171**	**Franc (C.F.A.)**
China	Beijing	Jan-2015	136	131	Jul-2016	0.199535	Yuan Renminbi
Colombia	Bogota	Apr-2013	99	103	Oct-2016	0.000459	Peso (Colombia)
Congo, Democratic Republic of	Kinshasa	Apr-2013	170	165	May-2016	0.001411	Franc (Congo)
Cuba	Havana	Apr-2014	129	124	Apr-2016	1.457217	Convertible Peso (Cuba)
Egypt	Cairo	Aug-2015	101	89	Jan-2017	0.075107	Pound (Egypt)
El Salvador	San Salvador	Apr-2014	116	112 (a)	May-2016	1.307494	Dollar (USA)
Ethiopia	**Addis Ababa**	**Apr-2013**	**134**	**129 (1)**	**Mar-2017**	**0.059863**	**Birr**
Ghana	**Accra**	**Oct-2015**	**111**	**107 (1)**	**Mar-2017**	**0.301285**	**Cedi**
Ghana	**Tamale**	**Oct-2015**	**111**	**107 (1)**	**Mar-2017**	**0.301285**	**Cedi**
Guatemala	Guatemala City	Mar-2013	136	141	Oct-2016	0.172093	Quetzal
Haiti	Port-au-Prince	L	140	134	Apr-2016	0.022083	Gourde
Haiti	St. Marc	L	140	134	Apr-2016	0.022083	Gourde
Honduras	**Tegucigalpa**	**L**	**98**	**94 (a) (1)**	**Mar-2017**	**0.056910**	**Lempira**
Indonesia	Jakarta	Aug-2015	119	117	May-2016	0.000099	Rupiah
Israel	Tel Aviv	Aug-2013	149	142	Apr-2016	0.349102	Shekel (Israel)
Jordan	Amman	Feb-2013	132	137	Nov-2016	1.907958	Dinar (Jordan)
Kenya	Nairobi	May-2014	126	130	Dec-2016	0.013491	Shilling (Kenya)
Mali	Bamako	Jan-2015	116	112	Feb-2017	0.002181	Franc (C.F.A.)
Morocco	Rabat	Feb-2012	120	114	Sep-2016	0.140838	Dirham (Morocco)
Mozambique	Maputo	L	97	101	Feb-2017	0.019004	Metical
Mozambique	Vilankulos	L	97	101	Feb-2017	0.019004	Metical
Nicaragua	Managua	Aug-2014	96	93 (a)	May-2016	0.046365	Cordoba, New
Nigeria	**Abuja**	**Oct-2015**	**136**	**111 (1)**	**Mar-2017**	**0.004272**	**Naira**
Nigeria	**Bauchi**	**L**	**136**	**104 (1)**	**Mar-2017**	**0.004272**	**Naira**
Nigeria	**Calabar**	**L**	**136**	**104 (1)**	**Mar-2017**	**0.004272**	**Naira**
Nigeria	**Lagos**	**Jan-2016**	**136**	**104 (1)**	**Mar-2017**	**0.004272**	**Naira**
Pakistan	Lahore	L	108	105	Apr-2016	0.012884	Rupee (Pakistan)
Pakistan	Pakistan Other	Jul-2015	108	105	Apr-2016	0.012884	Rupee (Pakistan)
Peru	Lima	Feb-2015	124	121	Mar-2016	0.405078	Nuevo Sol
Philippines	Manila	Feb-2013	118	113	May-2016	0.028196	Peso (Philippines)
Senegal	**Dakar**	**Jan-2015**	**121**	**117 (1)**	**Mar-2017**	**0.002171**	**Franc (C.F.A.)**
Senegal	**Kolda**	**L**	**121**	**117 (1)**	**Mar-2017**	**0.002171**	**Franc (C.F.A.)**
Senegal	**Thies**	**L**	**121**	**117 (1)**	**Mar-2017**	**0.002171**	**Franc (C.F.A.)**
South Africa	Pretoria	Oct-2013	94	97	Feb-2017	0.099213	Rand
South Sudan	**Juba**	**L**	**122**	**108 (1)**	**Mar-2017**	**0.014535**	**Pound (South Sudan)**

Sri Lanka	Colombo	May-2016	119	108	Feb-2017	0.008964	Rupee (Sri Lanka)
Sudan	Khartoum	Aug-2014	132	128	Apr-2016	0.204436	Pound (Sudan)
Tanzania	Dar es Salaam	May-2014	118	112	Apr-2016	0.000618	Shilling (Tanzania)
Tanzania	Tanzania Other	L	118	112	Apr-2016	0.000618	Shilling (Tanzania)
Trinidad & Tobago	Port of Spain	May-2013	137	142	Dec-2016	0.203985	Dollar (Trinidad and Tobago)
Ukraine	Kyiv	Aug-2014	111	115	Jan-2017	0.052947	Hryvna (Ukraine)
Vietnam	Hanoi	Nov-2013	129	123	Apr-2016	0.000060	Dong
West Bank and Gaza	Gaza City	L	149	142	Apr-2016	0.349102	Shekel (Israel)
West Bank and Gaza	Ramallah	L	149	142	Apr-2016	0.349102	Shekel (Israel)
Zambia	Lusaka	L	88	92 (a)	Dec-2016	0.137068	Kwacha (Zambia)
Zimbabwe	Harare	Jun-2014	132	128	May-2016	1.307494	Dollar (USA)

(1) Post Index has been updated or is new this month.
(2) Previously released Post Index has been revised.
L Where no Survey Date is shown, the Post Index is linked to another Post Index where a survey has been carried out.
(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.

Canadian Forces Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in March 2017.

See monthly release notes for information on this month's released Indexes and revisions to previously released Indexes.

Canadian Forces Post Indexes

Code	Country	Post	Survey date	Post Index	Effective date	Exchange rate CAN$	Currency
AA99	World	Assignments (No Post Index)	...	100	Nov-2006	...	...
AF02	Afghanistan	Kabul	...	95 (g)	Jul-2003	...	...
AF03	Afghanistan	Kabul	L	100	Jul-2003	...	...
AL01	Algeria	Algiers	Dec-2014	107	Apr-2016	0.012528	Dinar (Algeria)
AL02	Algeria	Algiers	Dec-2014	98 (g)	Mar-2015	0.013590	Dinar (Algeria)
AR10	United Arab Emirates	Abu Dhabi	Apr-2016	126	Dec-2016	0.373184	Dirham (U.A.E.)
AT01	Australia	Canberra	L	133 (f)	Sep-2016	1.011474	Dollar (Australia)
AT02	Australia	Canberra	L	128	Sep-2016	1.011474	Dollar (Australia)
AT05	Australia	Perth	L	133 (f)	Sep-2016	1.011474	Dollar (Australia)
AT06	Australia	Adelaide	L	133 (f)	Sep-2016	1.011474	Dollar (Australia)
AT07	Australia	Brisbane	Nov-2013	137 (f)	Sep-2016	1.011474	Dollar (Australia)
AT08	Australia	Sydney	L	137	Sep-2016	1.011474	Dollar (Australia)
AT11	Australia	Cabarlah	L	133	Sep-2016	1.011474	Dollar (Australia)
AT12	Australia	Canungra	L	133	Sep-2016	1.011474	Dollar (Australia)
AT99	Australia	Australia Other	Nov-2013	133 (f)	Sep-2016	1.011474	Dollar (Australia)
AU02	Austria	Vienna	Aug-2013	127	Jan-2017	1.433519	Euro
BA02	Bangladesh	Dhaka	L	132	Dec-2016	0.017350	Taka
BE01	**Belgium**	**Brussels**	**Aug-2015**	**122 (1)**	**Mar-2017**	**1.396329**	**Euro (DND semi-monthly)**
BE03	**Belgium**	**Casteau**	**Aug-2015**	**113 (1)**	**Mar-2017**	**1.396329**	**Euro (DND semi-monthly)**
BE15	**Belgium**	**Brussels**	**Aug-2015**	**129 (d) (1)**	**Mar-2017**	**1.396329**	**Euro (DND semi-monthly)**
BE16	**Belgium**	**Brussels**	**Aug-2015**	**122 (1)**	**Mar-2017**	**1.396329**	**Euro (DND semi-monthly)**
BE17	**Belgium**	**Brussels**	**Aug-2015**	**122 (1)**	**Mar-2017**	**1.396329**	**Euro (DND semi-monthly)**
BR03	Brazil	Brasilia	Mar-2015	130	Nov-2016	0.424052	Real
BR05	Brazil	Rio de Janeiro	L	131	Nov-2016	0.424052	Real
CE01	Chile	Santiago	Feb-2015	116	Dec-2016	0.002057	Peso (Chile)
CE03	Chile	Valparaiso	L	116 (g)	Dec-2016	0.002057	Peso (Chile)
CG01	Congo, Democratic Republic of	Kinshasa	Apr-2013	165	May-2016	0.001411	Franc (Congo)
CH02	China	Beijing	Jan-2015	126	Jul-2016	0.199535	Yuan Renminbi
CL01	Colombia	Bogota	Apr-2013	101	Oct-2016	0.000459	Peso (Colombia)

CU01	Cuba	Havana	Apr-2014	123	Apr-2016	1.457217	Convertible Peso (Cuba)
EG02	Egypt	Cairo	Aug-2015	89	Jan-2017	0.075107	Pound (Egypt)
ES04	**Estonia**	**Tallin**	**Jul-2015**	**106 (a) (1)**	**Mar-2017**	**1.424092**	**Euro**
ET02	**Ethiopia**	**Addis Ababa**	**L**	**124 (1)**	**Mar-2017**	**0.059863**	**Birr**
FR02	France	Paris	Nov-2013	129 (d)	Jan-2017	1.405054	Euro (DND semi-monthly)
FR03	France	Paris	Nov-2013	123	Jan-2017	1.405054	Euro (DND semi-monthly)
FR23	France	Lyon	L	123 (d)	Jan-2017	1.405054	Euro (DND semi-monthly)
FR26	France	Strasbourg	Oct-2010	118	Jan-2017	1.405054	Euro (DND semi-monthly)
FR27	France	Phalsbourg, France	Nov-2013	123	Jan-2017	1.405054	Euro (DND semi-monthly)
FR28	France	Besançon, France	L	117	Jan-2017	1.405054	Euro (DND semi-monthly)
FR99	France	France Other	L	118	Jan-2017	1.405054	Euro (DND semi-monthly)
GC01	**Greece**	**Athens**	**Nov-2014**	**112 (1)**	**Mar-2017**	**1.424092**	**Euro**
GE06	Germany	Hamburg	Aug-2015	112 (c)	Jan-2017	1.405054	Euro (DND semi-monthly)
GE13	**Germany**	**Ramstein**	**Aug-2015**	**101 (1)**	**Mar-2017**	**1.396329**	**Euro (DND semi-monthly)**
GE16	**Germany**	**Stuttgart**	**L**	**101 (1)**	**Mar-2017**	**1.396329**	**Euro (DND semi-monthly)**
GE23	**Germany**	**Oberammergau**	**Aug-2015**	**101 (1)**	**Mar-2017**	**1.396329**	**Euro (DND semi-monthly)**
GE24	Germany	Munich	L	118 (c)	Jan-2017	1.405054	Euro (DND semi-monthly)
GE30	Germany	Geilenkirchen	Aug-2015	101	Jan-2017	1.405054	Euro (DND semi-monthly)
GE67	Germany	Berlin	L	114 (c)	Jan-2017	1.405054	Euro
GE69	Germany	Kalkar	Jul-2012	105	Jan-2017	1.405054	Euro (DND semi-monthly)
GE75	**Germany**	**Wiesbaden**	**L**	**101 (1)**	**Mar-2017**	**1.396329**	**Euro (DND semi-monthly)**
GE80	Germany	Wesel	Aug-2015	105	Jan-2017	1.405054	Euro (DND semi-monthly)
GH01	**Ghana**	**Accra**	**Oct-2015**	**107 (1)**	**Mar-2017**	**0.301285**	**Cedi**
GR01	Greenland	Thule	...	80	Dec-1994	1.340000	Dollar (USA, DND semi-monthly)
GU01	Guatemala	Guatemala City	Mar-2013	141 (c)	Oct-2016	0.172093	Quetzal
HA02	Haiti	Port-au-Prince	Sep-2013	134	Apr-2016	0.022083	Gourde
HA03	Haiti	Haiti	Sep-2013	98 (g)	Jan-2014	0.025177	Gourde
IN02	India	New Delhi	Oct-2013	118	Sep-2016	0.019806	Rupee (India)
IN04	Indonesia	Jakarta	Aug-2015	117 (f)	May-2016	0.000099	Rupiah
IN05	India	Wellington	L	119	Sep-2016	0.019806	Rupee (India)
IR07	Iraq	Baghdad	...	100	May-2016	...	...
IS02	Israel	Tel Aviv	Aug-2013	135	Apr-2016	0.349102	Shekel (Israel)
IT02	**Italy**	**Latina**	**Sep-2009**	**118 (f) (1)**	**Mar-2017**	**1.390932**	**Euro (DND monthly)**
IT03	**Italy**	**Rome**	**Sep-2009**	**117 (1)**	**Mar-2017**	**1.390932**	**Euro (DND monthly)**

IT04	Italy	Rome	Sep-2012	121	Jan-2017	1.433519	Euro
IT05	**Italy**	**Rome**	**Sep-2009**	**100 (g) (1)**	**Mar-2017**	**1.390932**	**Euro (DND monthly)**
IT09	Italy	Naples	Sep-2012	114	May-2016	1.468286	Euro (DND monthly)
IT13	**Italy**	**Poggio**	**L**	**117 (1)**	**Mar-2017**	**1.390932**	**Euro (DND monthly)**
IT14	**Italy**	**Sigonella**	**Sep-2012**	**112 (1)**	**Mar-2017**	**1.396329**	**Euro (DND semi-monthly)**
IT99	Italy	Italy Other	L	114	May-2016	1.468286	Euro (DND monthly)
JA02	Japan	Tokyo	Sep-2014	162 (c)	Jan-2017	0.011729	Yen
JA05	Japan	Tokyo	Sep-2014	162 (c)	Jan-2017	0.011729	Yen
JM02	Jamaica	Kingston	L	117	May-2016	0.010718	Dollar (Jamaica)
JO01	Jordan	Amman	Feb-2013	128	Nov-2016	1.907958	Dinar (Jordan)
JO02	Jordan	Amman, Jordan	Feb-2013	101 (g)	Mar-2015	1.798368	Dinar (Jordan)
KE01	Kenya	Nairobi	May-2014	129	Dec-2016	0.013491	Shilling (Kenya)
KU01	Kuwait	Kuwait City	Oct-2015	121	Nov-2016	4.470494	Dinar (Kuwait)
LE02	Lebanon	Beirut	Feb-2015	125	Apr-2016	0.000900	Pound (Lebanon)
LT01	Lithuania	Vilnius	L	79 (a)	Jul-2016	1.477113	Euro
MA03	Mali	Bamako	Jan-2015	112	Feb-2017	0.002181	Franc (C.F.A.)
MA06	Malaysia	Kuala Lumpur, Malaysia	May-2015	102	Dec-2016	0.316185	Ringgit (Malaysia)
ME01	**Mexico**	**Mexico City**	**Jul-2015**	**91 (1)**	**Mar-2017**	**0.065874**	**Peso (Mexico)**
MO02	Morocco	Rabat	L	110	Sep-2016	0.140838	Dirham (Morocco)
NE01	Netherlands, The	Brunssum	Aug-2015	108	Jan-2017	1.405054	Euro (DND semi-monthly)
NE02	Netherlands, The	The Hague	Aug-2015	109	Feb-2017	1.402781	Euro
NE07	Netherlands, The	Eindhoven	Aug-2015	108	Jan-2017	1.405054	Euro (DND semi-monthly)
NG05	**Nigeria**	**Abuja**	**Oct-2015**	**111 (1)**	**Mar-2017**	**0.004272**	**Naira**
NG06	**Nigeria**	**Lagos**	**Jan-2016**	**104 (1)**	**Mar-2017**	**0.004272**	**Naira**
NR05	Norway	Stavanger	Jul-2012	134	Sep-2016	0.155450	Krone (Norway, DND monthly)
NZ02	New Zealand	Trentham	Dec-2013	132	Sep-2016	0.959078	Dollar (New Zealand)
OP02	Turkey	OP PROVISION, Ankara	Dec-2014	97 (g)	Jun-2016	0.449276	Lira
OP03	Jordan	OP PROVISION, Amman	Feb-2013	101 (g)	Mar-2015	1.798368	Dinar (Jordan)
OP05	Lebanon	OP PROVISION, Beirut	Feb-2015	98 (g)	Dec-2016	0.000914	Pound (Lebanon)
OP06	Israel	OP JADE, Tiberias/Golan Heights	Aug-2013	111 (g)	Aug-2015	0.346397	Shekel (Israel)
OP08	Lebanon	OP PROVISION, Beirut w/m	L	98 (g)	Dec-2016	0.000914	Pound (Lebanon)
OP13	Congo, Democratic Republic of	OP CROCODILE, Kinshasa	Apr-2013	116 (g)	Jan-2016	0.001519	Franc (Congo)
OP16	Egypt	OP CALUMET, El Gorah	Aug-2015	93 (g)	Jan-2017	0.075107	Pound (Egypt)
OP20	Lebanon	OP JADE, Tyre	Feb-2015	102 (g)	May-2016	0.000872	Pound (Lebanon)
OP23	Afghanistan	OP ADDENDA, Kabul	...	95 (g)	Aug-2003	...	...
OP31	Congo, Democratic Republic of	OP CROCODILE, Goma	Apr-2013	106 (g)	Mar-2015	0.001399	Franc (Congo)
OP33	Kuwait	OP IMPACT, Kuwait	L	98 (g)	May-2016	4.332320	Dinar (Kuwait)

OP34	Qatar	OP IMPACT, Al Udeid	L	97 (g)	Aug-2014	0.300687	Riyal (Qatar)
OP35	Iraq	OP IMPACT, Baghdad	...	100	May-2016	...	...
OP36	Iraq	OP IMPACT, Erbil	L	100	Aug-2016	...	...
OP38	Poland	OP REASSURANCE, Drawsko Pomorskie	Jun-2012	96 (g)	Feb-2017	0.327872	Zloty
OP40	Italy	OP REASSURANCE, Naples	Sep-2012	103 (g)	Dec-2016	1.445505	Euro (DND monthly)
OP42	Haiti	OP HAMLET	L	98 (g)	Jan-2014	0.025177	Gourde
OP53	Israel	OP PROTEUS, Jerusalem	Aug-2013	111 (g)	Aug-2015	0.346397	Shekel (Israel)
OP54	Bahrain	OP FOUNDATION, Bahrain	Jun-2015	100 (g)	Jun-2016	3.501575	Dinar (Bahrain)
OP67	Sudan	OP SAFARI, Sudan	Aug-2014	100 (g)	Dec-2015	0.205242	Pound (Sudan)
OP70	Cyprus	OP LION, Cyprus	Sep-2014	96 (g)	Dec-2015	1.452031	Euro
OP76	Kosovo	OP KOBOLD	Feb-2003	98 (g)	Dec-2008	1.575000	Euro (DND semi-monthly)
OP80	Qatar	OP FOUNDATION, Doha	Mar-2014	97 (g)	Aug-2014	0.300687	Riyal (Qatar)
OP91	World	HMCS OPS	...	95	Mar-2011	...	...
OP95	Jordan	OP FOUNDATION	L	101 (g)	Mar-2015	1.798368	Dinar (Jordan)
OP96	Djibouti	OP FOUNDATION (unaccompanied)	Feb-2014	101 (g)	Dec-2015	0.007653	Franc (Djibouti)
OP99	World	Operations Other	...	100	Feb-2014	...	...
OPA1	Ukraine	OP UNIFER, Kemenets Pololskiy	Aug-2014	94 (g)	Mar-2016	0.054833	Hryvna (Ukraine)
OPA2	Ukraine	OP UNIFER, Yavoriv	L	94 (g)	Mar-2016	0.054833	Hryvna (Ukraine)
OS07	Germany	OP SP HUB Köln (unaccompanied with meals)	Aug-2015	103 (g)	Oct-2016	1.499837	Euro
OS08	Germany	SUP HUB Köln	Aug-2015	112 (c)	Jan-2017	1.405054	Euro (DND semi-monthly)
OS09	Kuwait	OP SUB HUB, Kuwait City	Oct-2015	98 (g)	May-2016	4.332320	Dinar (Kuwait)
PA02	Pakistan	Islamabad	Jul-2015	104	Apr-2016	0.012884	Rupee (Pakistan)
PA03	Pakistan	Quetta	Jul-2015	105	Apr-2016	0.012884	Rupee (Pakistan)
PE01	Peru	Lima	Feb-2015	121	Mar-2016	0.405078	Nuevo Sol
PH01	Philippines	Manila	Feb-2013	110	May-2016	0.028196	Peso (Philippines)
PL02	Poland	Warsaw	Jun-2012	100	Jul-2016	0.336085	Zloty
PL03	Poland	Bydgoszcz	L	95	Jul-2016	0.336085	Zloty
PL04	Poland	Szczecin, Poland	Jun-2012	97	Oct-2016	0.338601	Zloty (Poland, DND x 2)
RO02	Romania	Bucharest, Romania	Nov-2014	94	Jan-2017	0.317505	Leu
RU02	Russia	Moscow	Jan-2015	148	Feb-2017	0.022718	Rouble (Russia)
SA01	Saudi Arabia	Riyadh	Jan-2014	129	Apr-2016	0.359807	Riyal (Saudi Arabia)
SA21	South Africa	Pretoria	Oct-2013	96	Feb-2017	0.099213	Rand
SE01	**Senegal**	**Dakar**	**Jan-2015**	**116 (c) (1)**	**Mar-2017**	**0.002171**	**Franc (C.F.A.)**
SE99	World	Personnel on S. E.	...	95 (g)	Oct-2000	...	...
SI03	Singapore	Singapore	Jun-2015	142	Jun-2016	0.963715	Dollar (Singapore)
SK01	Korea, South	Seoul	Sep-2014	119	Apr-2016	0.001140	Won
SK04	Korea, South	Taejon	Sep-2014	147 (c)	Jan-2017	0.001150	Won
SL01	Sri Lanka	Colombo	May-2016	105	Feb-2017	0.008964	Rupee (Sri Lanka)
SP03	**Spain**	**Madrid**	**Feb-2012**	**116 (1)**	**Mar-2017**	**1.431073**	**Euro**
SS01	Sudan	Khartoum, accompanied - MSGU	Aug-2014	127	Apr-2016	0.204436	Pound (Sudan)
TH01	Thailand	Bangkok	Oct-2015	122	Oct-2016	0.038503	Baht
TN01	Tunisia	Tunis	May-2014	90	Jul-2016	0.610141	Dinar (Tunisia)

TU02	**Turkey**	**Ankara**	**Dec-2014**	**99 (1)**	**Mar-2017**	**0.364951**	**Lira**
TU04	**Turkey**	**Izmir**	**Jan-2015**	**101 (1)**	**Mar-2017**	**0.357801**	**Lira (US $ Rate, DND monthly)**
TU05	**Turkey**	**Istanbul**	**Jan-2015**	**101 (f) (1)**	**Mar-2017**	**0.357801**	**Lira (US $ Rate, DND monthly)**
UA03	United States of America	Beale, California	Jun-2013	137	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UA05	United States of America	Edwards, California	Jan-2015	117	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UA07	United States of America	Monterey, California	Jan-2008	128	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UA08	United States of America	San Diego, California	Jan-2015	117	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UA10	United States of America	Whidbey Island, Washington	Jun-2013	115	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UA11	United States of America	Seattle / Tacoma (McChord), Washington	Jun-2013	123	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UA13	United States of America	Los Angeles, California	Jun-2013	131 (c)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UA16	United States of America	Vandenberg, California	Jul-2013	123	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UA18	United States of America	Whidbey Island, Washington	Jun-2013	98 (g)	Jun-2016	1.274430	Dollar (USA, DND semi-monthly)
UA20	United States of America	Mojave, California (Test Pilot School)	Jan-2015	117	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UA22	United States of America	McChord, (Seattle Residency)	Jun-2013	128	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UA23	United States of America	Las Vegas, Nevada	L	131 (c)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UA25	United States of America	Creech, Nevada	L	123	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UA26	United States of America	Twentynine Palms	L	117	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UA27	United States of America	Lemoore, California	L	117	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UA99	United Arab Emirates	Abu Dhabi	Apr-2016	100 (g)	Sep-2016	0.360867	Dirham (U.A.E.)
UB01	United States of America	Colorado Springs, Colorado	Jun-2013	118	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UB04	United States of America	Buckley (Denver), Colorado	May-2014	119	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UB06	United States of America	Albuquerque, New Mexico	L	118	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UB08	United States of America	Fort Huachuca, Arizona	L	118	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UC01	United States of America	Fort Bliss, Texas	L	116	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UC02	United States of America	Cavalier, North Dakota	Jun-2013	118 (c)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UC04	United States of America	San Antonio, Texas	Jan-2015	113	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UC06	United States of America	Houston, Texas, Johnson Space Center	Jun-2013	119 (c)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UC07	United States of America	Fort Hood, Fort Worth, Sheppard, Wichita Falls	L	116	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)

UC08	United States of America	University of Texas (San Antonio), Randolph, Medina, Universal City	Jan-2015	113	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UC09	United States of America	Fort Sill, Tinker, Oklahoma	Jun-2013	116	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UD01	United States of America	Fort Leavenworth, Kansas	Feb-2015	108	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UD03	United States of America	St. Louis, Missouri, Fort Leonard Wood, Missouri, Scott, Elleville, Illinois	Jan-2015	115	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UD04	United States of America	Omaha, Nebraska	L	108	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UE01	United States of America	Dayton, Ohio, Wright-Patterson, Ohio	Nov-2012	120	Feb-2017	1.328092	Dollar (USA, DND semi-monthly)
UE03	United States of America	Warren, Michigan	Jun-2015	116	Oct-2016	1.313457	Dollar (USA, DND semi-monthly)
UF01	United States of America	Maryland: Aberdeen, Annapolis, Carderock, Fort Meade, Indian Head, Patuxent River, University of Maryland Virginia: Alexandria, Andrews, Arlington, Crystal City, Falls Church, Quantico, D.C.: Bolling, Washington	Nov-2012	124	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UF02	United States of America	Washington, D. C.	Nov-2012	125 (c)	Apr-2016	1.349275	Dollar (USA)
UF03	United States of America	Cherry Point, Pope	Feb-2015	116	Oct-2016	1.313457	Dollar (USA, DND semi-monthly)
UF08	United States of America	Chesapeake, Dam Neck, Fort Lee, Fort Monroe, Hampton, Langley, Norfolk, Yorkton	Nov-2012	118	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UF09	United States of America	Fayetteville, Fort Bragg, North Carolina	Feb-2015	116	Oct-2016	1.313457	Dollar (USA, DND semi-monthly)
UF15	United States of America	Maryland: Aberdeen, Annapolis, Carderock, Fort Meade, Indian Head, Patuxent River, University of Maryland Virginia: Alexandria, Andrews, Arlington, Crystal City, Falls Church, Quantico, D.C.: Bolling, Washington	Nov-2012	124 (f)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UF17	United States of America	Chapel Hill	Feb-2015	122 (c)	Oct-2016	1.313457	Dollar (USA, DND semi-monthly)
UG01	United States of America	Eglin, Tyndall	Dec-2012	119	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG02	United States of America	Beaufort Falls	Dec-2012	119 (c)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG05	United States of America	Fort Benning, Georgia	L	119	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG06	United States of America	Fort Gordon, Fort McPherson, Fort Stewart	L	119	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG07	United States of America	Mississippi	L	119	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG08	United States of America	Gainesville, Florida (University of Florida)	L	119 (c)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG09	United States of America	Fort Rucker, Alabama	L	119	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG10	United States of America	Jacksonville, Florida	L	119	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG11	United States of America	Maxwell, Montgomery, Alabama	L	119	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG12	United States of America	Daytona Beach	L	119 (c)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG13	United States of America	University of Tennessee	L	119	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG14	United States of America	MacDill, Tampa	L	119	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG17	United States of America	West Palm Beach, Florida	Nov-2012	127	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG19	United States of America	Tyndall, Florida	Dec-2012	99 (g)	May-2016	1.291430	Dollar (USA, DND semi-monthly)

UG21	United States of America	Robins, Georgia	L	119	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG22	United States of America	Miami	Nov-2012	127 (c)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG25	United States of America	Little Rock, Arkansas	L	119	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG26	United States of America	Hunstville, Alabama	L	119	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG28	United States of America	Marietta, Georgia	Dec-2012	119 (c)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UG30	United States of America	KEY WEST FLORIDA	Aug-2014	127	Apr-2016	1.349275	Dollar (USA)
UH02	United States of America	New York City	Nov-2012	137	May-2016	1.310835	Dollar (U.S.A., DND monthly)
UH03	United States of America	Cape Cod, Hanscom	Nov-2012	123	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UH04	United States of America	Boston, University of Boston	Nov-2012	129 (c)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UH06	United States of America	Carlisle, Pennsylvania	L	113	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UH07	United States of America	Rochester, New York	Jan-2015	113	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UH08	United States of America	Philadelphia, Warminster	L	120 (f)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UH11	United States of America	Rome, New York	Jan-2015	113	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UH14	United States of America	Newport Rhode Island	L	123	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UH15	United States of America	Newport	Nov-2012	103 (g)	Apr-2015	1.265550	Dollar (USA, DND semi-monthly)
UH16	United States of America	Stratford, Connecticut	Nov-2009	131 (c)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UJ02	United States of America	Picatinny Arsenal, New Jersey	L	124 (f)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UJ04	United States of America	Rutgers University, New Jersey	L	124 (f)	Dec-2016	1.343552	Dollar (USA, DND semi-monthly)
UK12	United Kingdom	Inside the M25 (No VAT Rebates)	Sep-2015	115 (h)	Aug-2016	1.717049	Pound (U.K., DND)
UK13	United Kingdom	Outside the M25 (VAT Rebates)	Sep-2015	107	Aug-2016	1.717049	Pound (U.K., DND)
UK15	United Kingdom	Standing Naval Force Atlantic (STANAVFORLANT)	...	95	Dec-1999	...	...
UK18	United Kingdom	Inside the M25 (VAT Rebates)	Sep-2015	112	Aug-2016	1.717049	Pound (U.K., DND)
UN99	World	United Nations Missions	...	50 (g)	Mar-2000	...	...
UO01	United States of America	Elmendorf, Alaska	Jun-2013	123	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UO03	United States of America	Honolulu, Hawaii	Jun-2013	121	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UO05	United States of America	Clear, Alaska	Jun-2013	102 (g)	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UO08	United States of America	Eielson	L	123	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UR01	Ukraine	Kyiv	Aug-2014	111	Jan-2017	0.052947	Hryvna (Ukraine)
VE01	Venezuela	Caracas	Jun-2013	83	Dec-2016	0.002080	Bolivar Fuerte
WB01	West Bank and Gaza	Ramallah	L	142	Apr-2016	0.349102	Shekel (Israel)

YU02	Serbia	Belgrade	Jun-2015	104	Feb-2017	0.011557	Dinar (Serbia)
ZZ01	**Belgium**	**Casteau**	**Aug-2015**	**114 (1)**	**Mar-2017**	**1.424092**	**Euro**
ZZ03	Netherlands, The	Brunssum	Aug-2015	108	Jan-2017	1.405411	Euro
ZZ04	United States of America	Stratford, Connecticut	Nov-2009	130 (f)	Nov-2016	1.350834	Dollar (USA)
ZZ09	Haiti	Port-au-Prince	Sep-2013	104 (g)	Feb-2015	0.026826	Gourde
ZZ10	Haiti	Regions of Haiti	L	104 (g)	Feb-2015	0.026826	Gourde
ZZ17	West Bank and Gaza	Palestinian Territories	L	111 (g)	Aug-2015	0.346397	Shekel (Israel)
ZZ18	Afghanistan	Kabul	Aug-2013	100	Apr-2011	...	...
ZZ30	Ukraine	Kyiv	L	94 (g)	Mar-2016	0.054833	Hryvna (Ukraine)
ZZ31	Cambodia	Phnom Penh	Mar-2013	97 (g)	Jul-2016	0.000321	Riel

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(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.
(b) - Based on United Nations surveys; does not include access to duty-free purchases.
(c) - Index for personnel who do not have U.S. military facility privileges.
(d) - Index for personnel who do not have access to duty-free gasoline.
(e) - Index for civilian personnel who have U.S. military facility privileges.
(f) - Index for personnel who do not have diplomatic privileges.
(g) - Index for personnel who are provided rations and quarters, a meal allowance or a third-party subsistence allowance.
(h) - Index for personnel who do not have retail tax-free privileges.
(i) - Index for personnel who purchase rations from a military establishment.

Private Sector Post Indexes

All indexes are non-diplomatic

(Ottawa = 100)

Post indexes in bold were updated or are new in March 2017.

See monthly release notes for information on this month's released Indexes and revisions to previously released Indexes.

Private Sector Post Indexes

Country	Post	Survey date	Previous index	Current index	Effective date	Exchange rate CAN$	Currency
Afghanistan	Kabul	...	...	100	Oct-2005	0.026444	Afghani
Afghanistan	Kandahar	...	...	100	Dec-2006	0.022927	Afghani
Australia	Adelaide	L	129	133	Sep-2016	1.011474	Dollar (Australia)
Australia	Brisbane	Nov-2013	132	137	Sep-2016	1.011474	Dollar (Australia)
Australia	Canberra	Nov-2013	129	133	Sep-2016	1.011474	Dollar (Australia)
Australia	Other Australia	Nov-2013	129	133	Sep-2016	1.011474	Dollar (Australia)
Australia	Perth	L	129	133	Sep-2016	1.011474	Dollar (Australia)
Australia	Sydney	Nov-2013	132	137	Sep-2016	1.011474	Dollar (Australia)
Bangladesh	Dhaka	Nov-2013	132	136	Dec-2016	0.017350	Taka
Benin	Cotonou	Dec-2012	102	99 (a)	Dec-2016	0.002252	Franc (C.F.A.)
Bolivia	La Paz	Jul-2011	126	130 (a)	Nov-2016	0.196723	Boliviano
Bolivia	Santa Cruz	L	126	130 (a)	Nov-2016	0.196723	Boliviano
Brunei Darussalam	Bandar Seri Begawan	May-2012	115	110	Apr-2016	0.967223	Dollar (Brunei)
Burkina Faso	**Ouagadougou**	**Mar-2013**	**123**	**117 (1)**	**Mar-2017**	**0.002171**	**Franc (C.F.A.)**
Burma (Myanmar)	Yangon	Dec-2015	78	75	Jan-2017	0.001007	Kyat
Cambodia	**Phnom Penh**	**Mar-2013**	**115**	**118 (1)**	**Mar-2017**	**0.000326**	**Riel**
China	Beijing	Jan-2015	136	131	Jul-2016	0.199535	Yuan Renminbi
China	Hong Kong	Jan-2015	159	164	Dec-2016	0.176716	Dollar (Hong Kong)
Colombia	Bogota	Apr-2013	99	103	Oct-2016	0.000459	Peso (Colombia)
Congo, Democratic Republic of	Kinshasa	Apr-2013	170	165	May-2016	0.001411	Franc (Congo)
Croatia	Zagreb	Apr-2014	92	88	Jan-2017	0.190166	Kuna
Cuba	Havana	Apr-2014	129	124	Apr-2016	1.457217	Convertible Peso (Cuba)
Ecuador	Quito	Dec-2013	127	131	Dec-2016	1.370676	Dollar (USA)
Egypt	Cairo	Aug-2015	101	89	Jan-2017	0.075107	Pound (Egypt)
El Salvador	San Salvador	Apr-2014	116	112 (a)	May-2016	1.307494	Dollar (USA)
Estonia	**Tallin**	**Jul-2015**	**111**	**106 (1)**	**Mar-2017**	**1.424092**	**Euro**
Ethiopia	**Addis Ababa**	**Apr-2013**	**134**	**129 (1)**	**Mar-2017**	**0.059863**	**Birr**
France	Lyon	L	129	124	Jan-2017	1.433519	Euro
France	Paris	Nov-2013	136	131	Jan-2017	1.433519	Euro
Ghana	**Accra**	**Oct-2015**	**111**	**107 (1)**	**Mar-2017**	**0.301285**	**Cedi**
Ghana	**Tamale**	**Oct-2015**	**111**	**107 (1)**	**Mar-2017**	**0.301285**	**Cedi**
Guatemala	Guatemala City	Mar-2013	136	141	Oct-2016	0.172093	Quetzal
Haiti	Port-au-Prince	L	140	134	Apr-2016	0.022083	Gourde
Haiti	St. Marc	L	140	134	Apr-2016	0.022083	Gourde
Honduras	**Tegucigalpa**	**L**	**98**	**94 (a) (1)**	**Mar-2017**	**0.056910**	**Lempira**
Iceland	Reykjavik	Jan-2015	124	120	Feb-2017	0.011766	Krona (Iceland)
India	New Delhi	Oct-2013	115	119	Sep-2016	0.019806	Rupee (India)
Indonesia	Jakarta	Aug-2015	119	117	May-2016	0.000099	Rupiah
Israel	Tel Aviv	Aug-2013	149	142	Apr-2016	0.349102	Shekel (Israel)
Italy	Rome	Sep-2012	133	128	Jan-2017	1.433519	Euro
Jordan	Amman	Feb-2013	132	137	Nov-2016	1.907958	Dinar (Jordan)
Kenya	Nairobi	May-2014	126	130	Dec-2016	0.013491	Shilling (Kenya)

Laos	Vientiane	Jan-2016	109	105	Nov-2016	0.000167	Kip
Latvia	**Riga**	**May-2014**	**98**	**95 (1)**	**Mar-2017**	**1.424092**	**Euro**
Lithuania	Vilnius	L	82	79 (a)	Jul-2016	1.477113	Euro
Mali	Bamako	Jan-2015	116	112	Feb-2017	0.002181	Franc (C.F.A.)
Mongolia	**Ulaanbaatar**	**Apr-2014**	**95**	**92 (1)**	**Mar-2017**	**0.000539**	**Tugrik**
Morocco	Rabat	Feb-2012	120	114	Sep-2016	0.140838	Dirham (Morocco)
Mozambique	Maputo	L	97	101	Feb-2017	0.019004	Metical
Mozambique	Vilankulos	L	97	101	Feb-2017	0.019004	Metical
New Zealand	Wellington	Dec-2013	129	132	Sep-2016	0.959078	Dollar (New Zealand)
Nicaragua	Managua	Aug-2014	96	93 (a)	May-2016	0.046365	Cordoba, New
Nigeria	**Abuja**	**Oct-2015**	**136**	**111 (1)**	**Mar-2017**	**0.004272**	**Naira**
Nigeria	**Bauchi**	**L**	**136**	**104 (1)**	**Mar-2017**	**0.004272**	**Naira**
Nigeria	**Calabar**	**L**	**136**	**104 (1)**	**Mar-2017**	**0.004272**	**Naira**
Nigeria	**Lagos**	**Jan-2016**	**136**	**104 (1)**	**Mar-2017**	**0.004272**	**Naira**
Pakistan	Lahore	L	108	105	Apr-2016	0.012884	Rupee (Pakistan)
Pakistan	Pakistan Other	Jul-2015	108	105	Apr-2016	0.012884	Rupee (Pakistan)
Peru	Lima	Feb-2015	124	121	Mar-2016	0.405078	Nuevo Sol
Philippines	Manila	Feb-2013	118	113	May-2016	0.028196	Peso (Philippines)
Senegal	**Dakar**	**Jan-2015**	**121**	**117 (1)**	**Mar-2017**	**0.002171**	**Franc (C.F.A.)**
Senegal	**Kolda**	**L**	**121**	**117 (1)**	**Mar-2017**	**0.002171**	**Franc (C.F.A.)**
Senegal	**Thies**	**L**	**121**	**117 (1)**	**Mar-2017**	**0.002171**	**Franc (C.F.A.)**
Singapore	Singapore	Jun-2015	152	147	Jun-2016	0.963715	Dollar (Singapore)
Slovakia	Bratislava	Jun-2012	99	96	Aug-2016	1.471416	Euro
South Africa	Johannesburg	L	94	97	Feb-2017	0.099213	Rand
South Africa	Pretoria	Oct-2013	94	97	Feb-2017	0.099213	Rand
South Sudan	**Juba**	**L**	**122**	**108 (1)**	**Mar-2017**	**0.014535**	**Pound (South Sudan)**
Sri Lanka	Colombo	May-2016	119	108	Feb-2017	0.008964	Rupee (Sri Lanka)
Sudan	Khartoum	Aug-2014	132	128	Apr-2016	0.204436	Pound (Sudan)
Switzerland	Geneva	Mar-2013	167	161	Jan-2017	1.333425	Franc (Switzerland)
Tanzania	Dar es Salaam	May-2014	118	112	Apr-2016	0.000618	Shilling (Tanzania)
Tanzania	Tanzania Other	L	118	112	Apr-2016	0.000618	Shilling (Tanzania)
Trinidad & Tobago	Port of Spain	May-2013	137	142	Dec-2016	0.203985	Dollar (Trinidad and Tobago)
Ukraine	Kyiv	Aug-2014	111	115	Jan-2017	0.052947	Hryvna (Ukraine)
United Kingdom	Cheltenham	Sep-2015	126	120	Aug-2016	1.748168	Pound (United Kingdom)
United States of America	Denver	Sep-2013	123	119	Aug-2016	1.331131	Dollar (USA)
United States of America	Houston	Jun-2013	123	119	Apr-2016	1.349275	Dollar (USA)
United States of America	New York City	Nov-2012	142	146	Nov-2016	1.350834	Dollar (USA)
United States of America	Raleigh	Nov-2009	133	125	Apr-2016	1.349275	Dollar (USA)
United States of America	Stratford, Conn.	Nov-2009	126	130	Nov-2016	1.350834	Dollar (USA)
United States of America	Washington D.C.	Nov-2012	137	128	Apr-2016	1.349275	Dollar (USA)
Vietnam	Hanoi	Nov-2013	129	123	Apr-2016	0.000060	Dong
West Bank and Gaza	Gaza City	L	149	142	Apr-2016	0.349102	Shekel (Israel)
West Bank and Gaza	Ramallah	L	149	142	Apr-2016	0.349102	Shekel (Israel)
Zambia	Lusaka	L	88	92 (a)	Dec-2016	0.137068	Kwacha (Zambia)
Zimbabwe	Harare	Jun-2014	132	128	May-2016	1.307494	Dollar (USA)

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