

Canadians are cutting down on sugar

A new study in *Health Reports* is the first to look at the long-term trend in total sugars consumption using the most recent data from the 2015 Canadian Community Health Survey—Nutrition. Overall, total sugars consumption—which includes free and naturally-occurring sugars—decreased for all age groups from 2004 to 2015.

Source: [Health Reports: Change in total sugars consumption among Canadian children and adults](#)



Natural resources gross domestic product grows faster than the economy as a whole

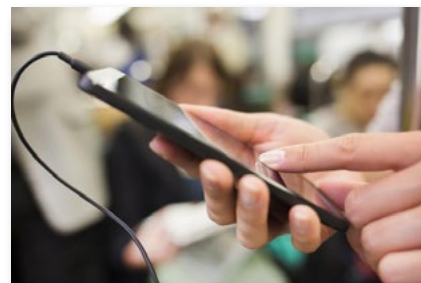
The natural resources sector's real gross domestic product (GDP), or the volume of economic activity attributable to natural resources, rose 1.0% in the third quarter, following a 1.4% increase in the second quarter. By comparison, real GDP for the total economy grew 0.5% in the third quarter.



Source: [Natural resource indicators, third quarter 2018](#)

Travel and telephones lead a rise in the Consumer Price Index

The Consumer Price Index (CPI) rose 2.0% on a year-over-year basis in December, following a 1.7% increase in November. Lower energy prices were offset by higher prices for various services, including air transportation, telephone services and travel tours. Excluding gasoline, the CPI rose 2.5% in December.



Source: [Consumer Price Index, December 2018](#)

Dangerous goods incidents most likely to occur on roads

There were 388 incidents involving dangerous goods—276 releases and 112 anticipated releases—that required a report to Transport Canada in 2017. Over half (58.2%) of the incidents occurred on roads, while incidents in facilities such as terminals and warehouses accounted for over one-third (38.1%).

Source: [Dangerous goods incidents in Canada, 2017](#)