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Food Statistics

2005, vol. 5, no. 2



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Agriculture Division

Food Statistics

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Symbols

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- . not available for any reference period
- .. not available for a specific reference period
- ... not applicable
- 0 true zero or a value rounded to zero
- 0^s value rounded to 0 (zero) where there is a meaningful distinction between true zero and the value that was rounded
- ^p preliminary figures
- ^r revised figures
- x suppressed to meet the confidentiality requirements of the Statistics Act
- ^E use with caution
- F too unreliable to be published

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Note: This publication represents a small portion of information available from [Canada Food Stats](#) (23F0001XCB), a CD-ROM product. The powerful and friendly system gathers data from across Statistics Canada and even includes data from other organizations. It contains information on food consumption and prices, nutrition, supply and demand, as well as data on the food industry, processing, employment, productivity, imports and much more. In addition, *Canada Food Stats* provides a reservoir of written articles and analysis relevant to food from production to processing to consumption.

Food Consumption in Canada – 2005

This release uses data designed to estimate fork level food consumption. The data are based on the traditional estimates of food available for consumption. However, the new food consumed data have been adjusted for retail, household, cooking and plate loss.

Fruits & vegetables –potato consumption is down

On the whole, Canadians are turning to more fresh fruits and vegetables in their diet, and away from oils and fats, according to the latest snapshot of food consumption for 2005.

On average, they consumed 39.4 kilograms of fresh fruit last year, compared with 37.6 kg the year before and 36.0 kg in 1995. On the other hand, consumption of processed fruits (canned, frozen or dry) fell modestly to 8.0 kg per person.

Apples accounted for about one-fifth of fresh fruit consumption. Each Canadian consumed on average 7.6 kg per person of apples last year, up from 6.8 kg in 2004. Bananas, oranges and grapes are also still the fruits of choice. But others such as mangoes, limes, papayas and pineapples are growing in popularity.

Canadians also consumed more fresh vegetables, but only if you don't count fresh potatoes, which have been falling out of favour.

On average, each Canadian consumed 68.9 kg of fresh vegetables in 2005, down from 69.4 kg in 2004. However, excluding potatoes, fresh vegetable consumption rose from 39.8 kg per person in 2004 to 40.5 kg last year. Many of the popular vegetables such as carrots and onions were more popular in 2005, although tomato consumption declined modestly.

Total potato consumption is included in the total fresh vegetables despite the fact that they may be consumed as french fries or potato chips. Recently, experimental data have been incorporated into the program that display the different ways that the spud is processed before being sold.

In total, consumption of potatoes has been declining in recent years, falling from 33.9 kg per person in 1995 to 28.5 kg last year. Generally, over time, exports (particularly those of frozen french fries) have soared, rising 141% during the past decade. Meanwhile, farm production of potatoes has also expanded but not as rapidly.

In 2005, farm production of potatoes tumbled 18.2%, considerably more than the 8.2% drop in exports. This limited the supply available for consumption, pushing prices higher.

Of the total potatoes consumed, 56% are cooked from fresh potatoes, while 44% were processed into products such as frozen french fries or potato chips. The decline in total potato consumption has occurred primarily because Canadians are cooking fewer fresh potatoes.

Last year, each Canadian on average consumed 15.8 kg of potatoes that had been purchased fresh, down from 16.8 kg the previous year. A decade ago, average fresh potato consumption was 21.8 kg per person. Consumption of potato chips amounted to 2.5 kg per person in 2005, while consumption of frozen french fries hit 6.4 kg, both holding stable.

The consumption of juice has dipped slightly from 2004, remaining just below 25 litres per Canadian. It is no surprise that orange juice remains the juice of choice at 12.1 litres each and is double apple juice, the second preferred juice. Vegetable juices comprise a small portion of juice consumption.

Fruits and vegetables contribute fiber, vitamins -- such as A and C, and minerals to diets. Along with grain products, *Canada's Food Guide to Healthy Eating* recommends that vegetables and fruits should constitute the major components of a healthy eating pattern.

Oils and fats decline modestly

Canadians have reduced their consumption of butter and margarine, along with salad or cooking oils to 21.4 kilograms per person. The 2005 total oil and fat consumed fell a modest 1.7% from 2004 and it is 4.6% lower than the 1998 peak. The total use of oils and fats has been on the increase over time particularly during the nineties. The overall use was boosted by the increased usage of salad oils and shortening oils by households and/or food service outlets in salad dressing, deep-fried products and baked goods such as cookies, pastries, specialty breads and croissants.

Canada's Food Guide to Healthy Eating recommends choosing lower-fat foods more often. Though oils and fats do provide some essential lipids and vitamin E to diets, they are also high in calories.

Fish consumption wavers

The consumption of fish rose 3.0% to 6.8 kilograms per person in 2005. Even though this figure is up from last year and a decade ago, it is below 2003. Fish consumption appears to be fairly stable this decade despite the fact that it fluctuates a little from year to year.

Besides being a good source of protein, seafood, including fish, is low in saturated fat. Fish also offers potential health benefits from omega-3 fatty acids along with several vitamins and minerals. Even with all these good attributes, when given the choice between red meat, poultry or fish, Canadians consume fish the least.

Calories consumed eases

The level of energy consumed per person declined by 1.1% in 2005. Caloric consumption has been stable this decade after expanding fairly rapidly during the nineties.

Prior to 1980 energy disappearance for the United States, United Kingdom and Canada were at a similar level. Around 1980, the American caloric disappearance began to rise, yet Canadian caloric disappearance mirrored that of the United Kingdom remaining stable. However, since 1993 Canadian caloric disappearance has begun to rise and by 2001 it had nearly reached the level of that found in the United States. The energy disappearance of the United Kingdom has only increased moderately during this time.

Many reasons can account for the increase of energy disappearance in Canada from 1993 on. In the early 1990s Canada was just coming out of a recession, people had discretionary money to spend again. With the ease of drive-thru restaurants and the demands of everyday life – long days in the office, transporting children to hockey practice, music lessons, etc. – people increased their frequency of buying meals from restaurants, especially fast food establishments. Another possible reason may be the influence of American culture on Canadian society and the integration of the North American food industry. With the ease of franchising, more and more fast food restaurants of all kinds, including coffeehouses, have become established in Canada.

Concepts, methods and sources

Introduction

This publication represents a small portion of information available from *Canada Food Stats*, a CD-ROM product. The powerful and friendly system gathers data from across Statistics Canada and even includes data from other organizations. It contains information on food consumption and prices, nutrition, supply and demand, as well as data on the food industry, processing, employment, productivity, imports and much more. In addition, *Canada Food Stats* provides a reservoir of written articles and analysis relevant to food from production to processing to consumption.

Data presented in this bulletin are compiled from a wide variety of sources, both survey and administrative, and from various divisions within Statistics Canada along with other government departments. More information can be obtained from the Statistics Canada web site or by contacting the Agriculture Division directly. As this bulletin features food consumption statistics, a summary of the concepts and methods used for these data series has been provided.

Concepts and methods

Statistics Canada's Agriculture Division has produced data depicting the amount of food that is available for consumption or estimated quantities of food consumed in Canada as far back as 1960. Food available for consumption does not account for losses in stores, households, private institutions or restaurants. Estimated quantities of food consumed are based on availability adjusted for retail, household, cooking and plate loss.

The nutrient consumed tables estimate the amount of each type of nutrient actually consumed on a daily basis by Canadians. They have been derived by adjusting the nutrients available from the Canadian food supply to account for retail, household, cooking and plate loss. As the factors used to adjust the food available data are estimates themselves, considerable caution should be used when working with the data—the data should be viewed as experimental.

The nutritional data are derived by applying nutritional equivalent factors to the retail weight of per capita food available data, often used as a proxy for food consumption. The Food Bureau of Agriculture and Agri-Food Canada developed these factors in cooperation with Statistics Canada. The factors were applied to each food or beverage type and then summed to derive subtotals or totals. They remain consistent over time starting in 1976. Consequently, the nutritional data are a subset of the Food Consumption in Canada data series. This data series is more correctly termed per capita food available.

The food available refers to the amount of food available for consumption and is derived residually using supply-disposition tables. All components of supply are added together and all uses (disposition) other than consumption are deducted. The resulting amount is assumed to be available for human consumption.

To calculate total supply, beginning stocks, production and imports are added together. Net supply is then derived by subtracting disposition items including exports,

manufacturing uses, feed, waste and ending stocks. The net supply is divided by the Canadian population at July 1 to obtain per capita values or disappearance per person.

The data for the numerous supply-disposition tables are obtained from a myriad of survey, administrative and other sources. Each food commodity table is unique.

In general, beginning stocks are those quantities of fresh and frozen food products held in storage at January 1 while ending stocks refer to year-end inventories (December 31). Stock and production data are obtained through surveys of producers and food processors. Import and export data are provided by the International Trade Division of Statistics Canada. Manufacturing data include requirements for processing, seed, animal feed and industrial use. Processed foods are then accounted for directly.

Traditionally, the waste factors attempt to account for quantities removed during processing or lost in storage. They do not allow for losses in stores, households, restaurants or institutions during storage and preparation or for unconsumed food. Consequently, the food available data are sometimes referred to as “apparent” to remind users of this data limitation. The nutrients consumed are not apparent but rather represent Statistics Canada’s best estimate of actual consumption as the disappearance data were adjusted to account for food losses not previously accounted for.

The new waste adjustment factors account for losses at the retail and consumer levels, including institutions, restaurants and households. The factors attempt to account for losses or waste from storage, in the preparation of food and from the plate. The factors were provided with appreciation from the United States Department of Agriculture. Minor adjustments were made to the factors to take into account that there are some differences between the Canadian and American climate and culture. Further, the waste factors for oils were adjusted upwards in anticipation of expected adjustments to be made by the USDA.

All of the nutrient factors and waste adjustment factors are based on weight. Consequently, the waste adjustments have a limitation in that they may only partially account for losses of some nutrients as a result of cooking. For instance, more (or less) fat, fat soluble nutrients or water soluble nutrients may be wasted depending on the methods used in preparation and cooking. Although every attempt has been made to adjust the nutrient data to estimate actual consumption the data are estimates, a limitation that readers should keep in mind when working with the files. Further, these data refer to nutrients available from food and beverages and do not account for nutrients that may be provided by dietary supplements or from the water supply.

Sources

Statistics Canada:

Agriculture Division
Distributive Trades Division
Income and Expenditure Accounts Division
Industry, Measures and Analysis Division,
Input-Output Division
International Trade Division
Investment and Capital Stock Division
Labour Statistics Division
Manufacturing, Construction and Energy
Division
Micro-Economic Studies and Analysis Division
Service Industries Division

Other departments:

Agriculture and Agri-Food Canada
Fisheries and Oceans Canada
United States Department of
Agriculture
Ontario Ministry of Agriculture and
Food
B.C. Ministry of Agriculture and
Fisheries
Canadian Soft Drink Association
Brewers Association of Canada
Association of Canadian Distillers
Canadian Wine Institute
Canadian Bottled Water Association
Canadian Sugar Institute

Table 1 Canada's food sector at a glance

	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005
Gross domestic product	(\$ 000 000)											
Basic prices (NAICS)												
All Industries	753,118	772,843	783,810	816,763	848,963	896,577	946,025	960,657	989,337	1,012,785	1,045,795	1,079,150
Agriculture, forestry, fishing and trapping	20,683	20,993	21,228	20,427	21,696	23,322	22,904	20,811	19,848	21,869	23,358	23,855
Manufacturing	125,812	132,123	133,569	142,282	149,390	161,526	179,564	170,761	172,794	172,810	180,801	185,171
Food	13,685	13,866	13,809	13,861	14,581	14,944	15,534	16,751	16,702	16,792	17,435	17,787
Grain and oilseed	-	-	-	1,542	1,607	1,388	1,139	1,139	1,196	1,230	1,264	1,228
Flour and malt	-	-	-	323	305	322	312	358	390	402	396	391
Sugar and confectionery	850	878	942	1,000	1,122	1,211	1,163	1,306	1,274	1,403	1,455	1,600
Fruit and vegetable preserving	1,474	1,606	1,629	1,858	1,760	2,032	2,074	2,407	2,436	2,350	2,510	2,538
Dairy product	2,132	2,141	1,982	1,961	2,140	2,096	2,067	2,204	2,096	2,141	2,170	2,197
Meat product	2,632	2,512	2,527	2,649	2,787	2,837	3,361	3,543	3,357	3,285	3,579	3,722
Poultry processing	-	-	-	789	918	951	1,029	1,023	971	967	967	1,018
Seafood product	837	822	755	721	714	842	893	896	991	991	994	1,013
Bakeries and tortilla	-	-	-	1,954	2,069	2,116	2,099	2,333	2,304	2,353	2,449	2,480
Coffee and tea	-	-	-	217	262	251	227	260	258	253	252	249
Other miscellaneous food	-	-	-	661	706	737	766	793	851	886	846	831
Miscellaneous food	5,154	5,258	5,306	4,992	5,320	5,143	5,040	5,399	5,519	5,618	5,723	5,679
Beverage	3,357	3,369	3,279	3,399	3,471	3,373	3,587	3,618	3,694	3,554	3,688	3,802
Soft drink and ice	603	568	591	726	915	818	858	820	962	1,017	1,021	1,001
Breweries	2,263	2,343	2,156	2,118	1,987	2,037	2,045	2,034	1,922	1,840	1,984	2,089
Wineries	118	129	162	173	145	182	259	268	298	288	315	352
Distilleries	442	422	426	382	424	336	425	496	512	409	368	360
Accommodation and food services	18,324	18,982	19,084	19,652	20,779	21,630	22,319	22,661	23,045	22,608	22,965	23,229
Food services	-	-	-	12,733	13,658	14,486	15,101	15,410	15,671	15,491	15,741	15,804
Manufacturing	(\$ 000)											
Shipments												
Manufacturing	346,940,787	389,779,314	400,085,020	426,520,823	441,142,237	492,403,669	562,104,039	543,782,481	553,134,106	550,938,829	-	-
Food manufacturing	43,075,342	45,170,011	48,245,959	50,513,439	51,465,905	52,938,483	57,305,003	61,640,219	63,716,828	64,983,656	-	-
Grain and oilseed	4,313,346	4,902,515	5,671,439	6,072,587	5,946,529	5,509,553	5,105,149	5,325,207	5,795,010	6,005,643	-	-
Flour milling	847,128	972,968	1,087,338	1,123,936	993,452	1,009,128	1,051,274	1,106,437	1,235,551	1,246,455	-	-
Fat and oil	447,806	x	x	704,969	841,728	820,184	x	741,226	817,491	x	-	-
Sugar and confectionery	2,185,113	2,336,762	2,512,615	2,591,755	2,911,922	3,127,359	2,853,116	3,286,589	3,396,660	3,896,229	-	-
Fruit and vegetable preserving	3,893,964	4,115,850	4,271,186	4,357,765	4,413,257	4,945,282	5,474,348	5,785,337	6,122,251	5,871,648	-	-
Dairy product	7,458,678	7,856,577	8,228,170	8,177,136	8,619,947	8,785,835	9,068,181	9,876,083	9,688,164	10,422,135	-	-
Fluid milk	3,512,123	3,592,343	3,690,102	3,708,046	3,875,689	3,730,005	3,987,651	4,229,318	4,087,368	4,523,796	-	-
Meat product	12,209,396	12,311,506	13,188,225	14,335,031	14,264,973	14,760,715	17,249,533	18,971,895	18,880,334	18,630,551	-	-
Poultry	2,645,792	2,616,047	2,922,626	3,239,545	3,431,638	3,391,668	3,869,263	4,190,651	4,154,639	4,351,070	-	-
Seafood product	2,891,675	2,966,747	2,944,246	2,886,122	3,018,181	3,407,997	3,945,254	4,095,601	4,472,275	4,558,166	-	-
Bread and bakery	2,432,196	2,406,209	2,448,119	2,530,021	2,426,910	2,639,668	2,584,173	3,068,641	3,095,479	3,095,897	-	-
Coffee and tea	872,727	1,055,911	978,913	1,047,055	1,263,140	1,110,472	963,711	953,871	971,083	957,200	-	-
Beverage	6,704,312	6,812,942	6,939,587	7,344,261	7,933,655	8,562,122	8,564,038	8,580,262	8,737,741	8,728,610	-	-
Soft drink and ice	2,289,768	2,355,713	2,507,721	2,752,029	3,123,741	3,062,323	3,020,149	3,127,948	3,210,620	3,203,406	-	-
Breweries	3,257,299	3,283,818	3,212,329	3,379,651	3,431,454	4,054,887	3,940,221	3,859,874	3,811,581	3,850,428	-	-
Wineries	302,581	322,036	373,524	413,514	409,182	500,498	656,866	656,809	695,518	767,039	-	-
Distilleries	854,664	851,375	846,013	799,067	969,278	944,414	946,802	935,631	1,020,022	907,737	-	-

Table 1 Canada's food sector at a glance

	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005
	(\$ 000)											
Manufacturing value added												
Manufacturing	138,441,331	157,145,559	155,923,980	169,327,079	178,824,059	202,341,612	226,730,533	214,573,774	218,550,667	208,880,183	-	-
Food manufacturing	14,810,014	14,835,716	15,199,096	16,343,838	17,288,466	18,364,225	18,926,442	20,208,580	20,413,517	20,541,963	-	-
Grain and oilseed	1,479,833	1,622,055	1,657,143	1,957,809	1,912,383	1,758,331	1,615,175	1,817,165	1,810,476	1,832,756	-	-
Flour milling	178,401	239,060	220,102	304,162	332,795	319,821	328,551	342,187	294,245	258,674	-	-
Fat and oil	120,104	x	x	189,923	228,378	292,161	x	332,760	388,288	x	-	-
Sugar and confectionery	1,062,063	1,079,791	1,193,849	1,178,785	1,411,744	1,560,098	1,447,420	1,584,154	1,624,356	1,844,815	-	-
Fruit and vegetable preserving	1,883,181	1,941,100	1,844,337	2,061,447	1,994,395	2,298,515	2,476,098	2,701,429	2,672,417	2,530,899	-	-
Dairy product	2,192,119	1,996,346	2,189,657	2,237,022	2,392,621	2,994,993	2,387,423	2,723,691	2,497,224	2,515,567	-	-
Fluid milk	985,470	1,030,842	1,120,521	1,217,388	1,303,554	1,154,298	1,266,661	1,174,734	1,151,787	1,212,810	-	-
Meat product	2,814,937	2,853,718	3,095,530	3,307,703	3,699,599	3,525,834	4,027,911	4,336,876	4,222,961	4,466,696	-	-
Poultry	839,169	733,079	899,157	930,898	1,074,226	1,127,161	1,181,441	1,187,733	1,085,976	1,166,306	-	-
Seafood product	916,567	911,308	809,168	794,106	888,309	1,041,337	1,127,091	1,157,962	1,270,691	1,181,036	-	-
Bread and bakery	1,468,090	1,425,925	1,383,667	1,446,957	1,366,302	1,454,443	1,405,131	1,592,069	1,736,626	1,636,181	-	-
Coffee and tea	368,560	365,373	337,024	322,747	334,943	339,722	308,047	311,904	341,832	336,032	-	-
Beverage	4,077,703	3,868,706	4,058,164	4,348,234	4,700,154	5,095,239	5,090,698	5,066,738	5,116,529	5,318,223	-	-
Soft drink and ice	827,081	711,741	860,488	989,390	1,191,299	1,037,058	1,156,184	1,101,478	1,257,530	1,209,825	-	-
Breweries	2,509,335	2,443,393	2,422,292	2,608,059	2,639,394	3,214,359	2,959,097	2,973,883	2,807,224	3,014,662	-	-
Wineries	170,056	159,725	202,968	218,561	198,405	255,149	347,580	379,859	412,064	516,797	-	-
Distilleries	571,231	553,847	572,416	532,224	671,056	588,673	627,837	611,518	639,711	576,939	-	-
	(no. of establishments)											
Number of establishments												
Manufacturing	30,665	31,445	34,747	33,079	32,153	29,822	53,399	54,031	54,357	53,879	-	-
Food manufacturing	2,944	2,953	3,133	3,041	3,664	3,467	5,533	5,545	5,453	5,347	-	-
Grain and oilseed	x	100	105	109	107	108	168	177	169	167	-	-
Flour milling	x	x	x	42	41	45	69	75	77	77	-	-
Fat and oil	12	13	11	12	14	13	13	17	17	17	-	-
Sugar and confectionery	96	x	118	116	101	118	183	189	194	210	-	-
Fruit and vegetable preserving	195	204	225	218	216	211	377	372	377	376	-	-
Dairy product	282	275	280	x	261	243	440	434	436	422	-	-
Fluid milk	125	116	113	111	105	96	191	179	178	184	-	-
Meat product	558	564	588	580	522	498	777	769	790	769	-	-
Poultry	101	103	x	100	97	89	156	157	157	143	-	-
Seafood product	404	395	x	x	429	391	708	700	687	672	-	-
Bread and bakery	462	455	496	462	1,243	1,158	1,559	1,547	1,459	1,407	-	-
Coffee and tea	x	x	x	x	39	41	71	73	75	73	-	-
Beverage	211	246	242	230	216	208	472	490	520	522	-	-
Soft drink and ice	115	124	126	x	116	110	165	174	184	190	-	-
Breweries	47	68	61	58	50	50	135	130	127	120	-	-
Wineries	30	35	36	x	32	31	152	168	188	190	-	-
Distilleries	19	19	19	x	18	17	20	18	21	22	-	-

Table 1 Canada's food sector at a glance

	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005
Employment	<i>(persons)</i>											
Number of employees												
Industrial aggregate including unclassified	10,980,582	11,214,675	11,298,867	11,632,365	11,893,950	12,066,339	12,474,625	12,766,109	13,065,322	13,337,695	13,515,514	13,744,581
Manufacturing	1,716,245	1,748,443	1,788,952	1,855,391	1,916,170	1,955,914	2,047,798	2,037,873	2,050,738	2,044,681	1,991,459	1,952,543
Beverage	28,090	27,890	24,661	26,778	28,943	28,775	30,298	31,247	32,621	31,611	31,055	28,509
Food manufacturing	210,941	209,853	217,599	219,833	226,471	228,779	238,354	245,343	253,791	254,763	250,762	243,950
Fruit and vegetable preserving	22,048	23,575	24,483	26,673	23,503	23,687	25,206	26,145	27,571	28,445	27,432	26,798
Meat product	51,099	49,715	49,910	51,744	54,343	55,053	56,545	57,662	58,581	61,398	60,523	61,381
Seafood product	27,860	25,024	29,415	29,234	31,559	29,790	30,535	31,583	31,131	27,837	24,665	20,666
Bakeries and tortilla	39,413	39,003	39,379	40,100	41,466	42,462	42,874	43,605	45,101	44,714	44,293	42,825
Other food	21,612	19,577	22,437	22,637	23,188	23,503	25,326	26,119	27,206	27,852	29,689	29,915
Wholesale trade	545,492	577,819	597,946	631,937	647,021	672,521	710,531	723,310	737,008	751,856	741,018	738,681
Food wholesaler-distributors	69,800	72,453	75,440	76,751	79,410	77,430	80,762	82,784	88,141	94,408	94,272	93,546
Retail trade	1,336,860	1,370,011	1,363,389	1,398,697	1,401,620	1,413,849	1,443,340	1,488,916	1,550,141	1,597,035	1,644,075	1,695,839
Food and beverage stores	337,591	352,807	349,419	356,810	361,556	368,053	373,723	383,209	398,636	419,169	443,137	460,444
Accommodation and food services	776,953	803,415	820,377	853,643	869,374	867,841	906,279	941,651	957,232	937,797	941,325	954,237
Food services and drinking places	615,481	645,271	653,815	686,500	702,839	700,472	729,564	751,433	765,327	748,950	754,017	762,030
Average weekly earnings	<i>(\$)</i>											
Industrial aggregate	593.15	598.90	611.26	623.63	632.93	640.71	655.91	667.27	680.93	690.57	706.03	728.17
Manufacturing	705.67	712.75	733.82	752.42	770.92	782.43	796.89	808.10	830.30	842.67	859.57	884.76
Beverage	750.00	730.78	749.78	757.53	828.45	862.67	913.97	935.43	955.64	944.93	920.87	902.38
Food manufacturing	573.43	581.91	597.76	602.69	612.29	615.94	631.66	649.83	673.35	692.24	704.99	740.75
Fruit and vegetable preserving	607.07	604.66	628.62	625.84	661.94	697.58	721.92	726.11	744.88	762.51	792.66	825.92
Meat product	564.41	585.97	597.60	606.18	631.43	632.22	638.84	639.81	655.42	680.06	693.94	728.25
Seafood product	447.62	473.82	497.61	529.98	520.32	494.07	511.73	532.81	564.18	597.73	572.17	590.24
Bakeries and tortilla	505.19	501.56	512.86	505.55	517.16	521.50	527.56	553.79	586.00	595.57	621.96	664.97
Other food	556.56	543.12	571.79	592.31	604.24	626.01	651.13	690.96	716.42	713.35	717.14	745.06
Wholesale trade	689.50	707.51	716.65	736.89	759.05	758.60	762.84	774.87	778.70	790.79	803.13	829.78
Food wholesaler-distributors	555.84	557.05	561.93	577.71	595.24	606.79	582.85	573.70	583.43	585.46	588.11	611.20
Retail trade	387.31	391.05	395.53	405.29	416.97	423.00	425.62	431.06	434.18	444.13	453.94	470.52
Food and beverage stores	389.91	385.91	385.83	390.39	398.81	400.83	389.03	389.07	390.91	395.24	405.88	414.01
Accommodation and food services	252.32	257.59	262.96	259.65	255.08	259.54	273.30	286.00	292.02	279.47	294.14	311.60
Food services and drinking places	231.61	236.96	241.51	238.58	235.25	237.05	248.97	260.57	268.92	257.65	273.16	290.43

Table 1 Canada's food sector at a glance

	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005
	<i>(index 1992=100)</i>											
Labour productivity: GDP per hour worked												
Business sector	105.2	107.7	107.5	110.3	112.1	115.2	117.8	118.8	-	-	-	-
Manufacturing - Food industries	104.2	106.9	103.0	102.7	-	-	-	-
Meat and meat products industry	85.5	84.3	78.6	73.5	-	-	-	-
Poultry industry	128.6	118.5	116.8	111.3	-	-	-	-
Fish industry	140.0	134.6	117.7	108.9	-	-	-	-
Fruit and vegetable industry	116.3	126.1	129.6	141.9	-	-	-	-
Dairy industry	102.9	103.1	101.9	105.6	-	-	-	-
Miscellaneous food products industries	91.1	98.9	98.3	94.8	-	-	-	-
Biscuit industry	106.8	97.0	97.8	93.2	-	-	-	-
Bread and other bakery products industry	111.9	111.6	103.4	103.6	-	-	-	-
Beverage industry	105.5	110.0	111.9	116.6	-	-	-	-
Soft drink industry	91.0	84.1	89.3	105.2	-	-	-	-
Distillery industry	112.1	126.6	144.5	125.9	-	-	-	-
Brewery industry	110.6	120.5	125.6	127.4	-	-	-	-
Wine industry	120.6	119.1	144.0	148.3	-	-	-	-
	<i>(\$ 000 000)</i>											
Investment and capital stock												
Capital and repair expenditures												
Manufacturing	22,945	25,532	26,015	29,658	31,533	32,957	33,308	30,347	28,680	30,386	29,539	-
Food manufacturing	1,776	1,831	2,030	1,976	2,334	2,586	1,928	2,032	2,516	2,317	2,377	-
Grain and oilseed milling	199	247	269	283	239	260	149	151	160	167	-	-
Sugar and confectionery product manufacturing	144	114	157	150	217	222	264	220	318	227	-	-
Fruit and vegetable preserving	174	235	307	250	338	319	381	375	427	362	-	-
Dairy product manufacturing	240	257	204	231	237	395	197	240	402	335	-	-
Meat product manufacturing	360	309	476	292	625	684	393	350	338	453	-	-
Seafood product preparation and packaging	131	113	116	133	122	113	88	111	160	149	-	-
Bakeries and tortilla manufacturing	269	255	226	291	219	272	185	232	322	256	-	-
Other food manufacturing	171	182	177	173	99	156	159	221	261	226	-	-
Beverage and tobacco product manufacturing	525	531	478	559	863	741	619	739	712	614	500	-
Soft drink and ice manufacturing	169	115	118	172	300	233	183	140	221	136	-	-
	<i>(index 1992=100)</i>											
Prices												
Consumer price index												
All items	102.0	104.2	105.9	107.6	108.6	110.5	113.5	116.4	119.0	122.3	124.6	127.3
Food	102.1	104.5	105.9	107.6	109.3	110.7	112.2	117.2	120.3	122.4	124.9	128.0
Meat (excluding poultry)	106.7	107.1	105.9	108.3	105.8	106.0	112.6	127.1	129.9	131.0	136.4	138.9
Poultry	98.1	97.4	105.2	108.3	107.9	111.1	112.2	117.5	118.5	124.2	133.0	134.0
Fish	104.0	106.6	104.5	103.9	107.2	115.1	116.3	120.1	119.9	119.3	119.2	120.4
Dairy products	99.1	101.7	103.4	106.2	108.7	110.0	111.8	115.4	118.8	122.3	125.3	132.0
Eggs	101.3	109.3	116.3	121.6	123.2	122.3	124.0	129.3	133.9	140.4	144.3	146.1
Bakery products	101.5	104.2	108.3	110.0	109.2	110.3	111.5	115.5	119.2	126.1	130.3	134.8
Fresh fruit	98.6	96.2	97.4	95.0	99.4	102.5	97.1	108.4	113.1	109.1	110.7	108.8
Fresh vegetables	103.0	102.3	90.8	93.6	104.8	102.3	104.3	112.1	122.3	112.7	108.7	109.9
Sugars and confectionary	108.7	117.8	120.9	124.2	131.0	134.8	136.3	139.4	142.0	150.5	152.7	153.0
Fats and oils	103.1	110.6	113.2	114.3	117.2	122.1	121.5	123.4	126.1	130.8	134.7	136.8

Table 1 Canada's food sector at a glance

		1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005
Trade	Imports by major group	(\$ 000)											
	Total, import commodity classes	202,736	225,553	232,557	272,946	298,386	320,379	356,992	343,111	348,957	336,104	356,056	380,691
	Food, feed, beverages and tobacco	11,597	12,222	12,955	14,364	15,858	16,249	16,978	18,687	20,195	19,946	19,823	20,681
	Meat and meat preparations	1,137	1,134	1,034	1,200	1,251	1,280	1,404	1,636	1,681	1,597	1,311	1,456
	Fish and marine animals	1,126	1,287	1,470	1,434	1,636	1,870	1,929	1,945	1,935	1,812	1,804	1,822
	Fresh fruits and berries	1,303	1,387	1,418	1,503	1,581	1,646	1,679	1,815	2,020	2,014	2,071	2,208
	Dried fruits, fruits and fruit preparations	693	746	861	901	935	1,020	1,004	992	1,076	1,062	1,102	1,138
	Fresh vegetables	950	1,054	972	1,113	1,234	1,214	1,387	1,502	1,700	1,639	1,633	1,719
	Other vegetables and vegetable preparations	700	718	761	838	964	1,050	1,049	1,133	1,275	1,211	1,240	1,337
	Cocoa, coffee, tea and other food preparations	2,089	2,057	2,132	2,590	2,949	2,865	2,817	2,949	3,340	3,427	3,591	3,696
	Dairy produce, eggs and honey	266	276	352	355	410	438	488	581	583	567	639	617
	Corn (maize) shelled	159	217	251	250	284	228	300	555	733	600	366	342
	Other cereals and cereal preparations	750	805	891	998	1,137	1,164	1,244	1,380	1,485	1,417	1,454	1,489
	Sugar and sugar preparations	867	879	971	1,036	1,101	992	1,034	1,218	1,179	1,222	1,141	1,241
	Beverages	873	959	1,015	1,215	1,456	1,669	1,735	1,910	2,035	2,295	2,357	2,603
	Exports by major group												
	Total, export commodity classes	225,679	262,267	275,819	298,072	318,444	355,420	413,215	404,085	396,381	381,000	411,840	435,834
	Food, feed, beverages and tobacco	14,091	15,790	18,023	19,905	19,230	20,381	22,261	24,788	24,635	23,909	25,874	24,760
	Fish, fresh, frozen, preserved and canned	2,998	3,174	3,130	3,158	3,337	3,880	4,149	4,291	4,782	4,550	4,472	4,292
	Barley	489	422	786	652	295	259	363	393	195	174	331	351
	Wheat	3,537	4,064	4,655	5,367	4,137	3,481	3,688	3,886	3,075	2,826	3,492	2,703
	Wheat flour	47	53	35	34	31	50	55	59	85	74	78	72
	Other cereals unmilled	262	356	458	421	278	338	295	307	291	302	321	315
	Other cereal preparations	697	814	1,037	1,138	1,316	1,472	1,624	1,865	2,092	2,189	2,269	2,300
	Meat and meat preparations	1,532	1,756	2,073	2,557	2,590	3,149	3,883	4,714	4,681	4,053	4,847	4,969
	Alcoholic beverages	1,025	977	1,077	1,165	1,217	1,299	1,244	1,291	1,130	1,246	1,176	980
	Other food, feed, beverages and tobacco	3,504	4,175	4,774	5,413	6,310	6,533	6,961	7,983	8,304	8,495	8,890	8,779
Food services	Restaurant, caterer, and tavern receipts	(\$ 000)											
	Total	21,514,973	22,290,573	23,436,215	24,974,460	29,172,868	30,457,309	32,567,993	33,743,340	34,527,939	35,043,205	36,682,865	37,954,976
	Full service restaurants	-	-	-	-	13,600,220	14,294,634	15,316,427	15,762,734	16,278,334	16,468,631	17,330,835	18,007,991
	Limited service restaurants	-	-	-	-	10,494,873	11,087,616	11,963,763	12,798,694	13,162,895	13,493,266	14,036,901	14,367,819
	Food service contractors	-	-	-	-	2,164,071	2,017,511	2,096,342	1,877,644	1,761,908	1,726,295	1,824,292	2,068,325
	Social and mobile caterers	-	-	-	-	658,808	672,932	703,968	701,434	714,557	728,158	782,381	820,826
	Drinking places	1,343,442	1,309,285	1,368,896	1,576,361	2,254,896	2,384,616	2,487,493	2,602,834	2,610,244	2,626,856	2,708,458	2,690,016
	Restaurant, caterer, and tavern locations	(average no. of locations)											
	Total	55,683	54,426	56,293	55,888	54,976	54,868	-	-
	Full service restaurants	22,676	21,820	22,882	23,526	23,082	23,290	-	-
	Limited service restaurants	22,926	22,396	22,279	21,355	20,596	20,860	-	-
	Food service contractors	3,364	3,502	3,636	3,778	4,202	3,902	-	-
	Social and mobile caterers	2,265	1,973	2,266	2,136	2,255	1,980	-	-
	Drinking places	4,453	4,737	5,230	5,094	4,841	4,836	-	-

Table 1 Canada's food sector at a glance

	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005
Sales												
Retail trade (NAICS)												
	(\$ 000)											
Total, all trade groups	213,991,694	221,077,876	228,439,598	246,817,948	256,494,386	271,531,967	287,838,430	300,447,909	319,525,415	331,143,417	346,721,498	367,828,477
Supermarkets	42,658,087	43,040,266	42,853,503	45,293,038	46,774,019	47,786,414	49,657,179	51,514,084	54,343,640	56,874,068	59,760,902	62,745,835
Convenience and specialty food stores	6,428,132	6,721,918	6,735,294	6,906,947	7,066,074	7,264,228	7,277,170	7,642,331	7,694,394	8,371,417	8,806,909	9,123,827
Beer, wine and liquor stores	8,507,038	8,962,813	8,737,682	9,223,450	9,774,278	10,558,187	11,107,132	11,892,527	12,696,653	13,293,744	13,789,751	14,443,286
Wholesale trade (NAICS)												
	(\$ 000)											
Total, all trade groups	238,373,815	255,244,018	277,794,115	315,978,874	325,131,416	351,555,895	373,717,302	381,483,075	409,927,695	418,810,210	446,210,029	470,346,992
Food products	48,612,142	49,089,413	52,161,916	56,016,290	58,495,476	63,435,416	66,980,208	72,339,087	76,873,265	78,038,383	78,240,646	79,308,467
Alcohol and tobacco	3,381,671	4,908,293	5,251,153	5,641,142	6,062,073	6,755,644	7,130,987	7,120,305	6,974,299	7,538,362	7,743,290	7,557,962
Consumption												
	(\$ 000 000)											
Personal disposable income	501,678	519,588	527,783	546,166	568,766	596,227	639,567	669,196	693,667	719,553	747,496	777,684
Personal expenditure on consumer goods and services (NAICS)												
Consumer goods and services	466,296	475,880	488,155	510,695	524,807	544,753	566,664	579,513	600,521	618,424	638,825	663,583
Food, beverages, and tobacco	65,836	67,318	67,563	68,961	70,558	71,791	73,712	74,689	75,542	76,507	77,605	79,132
Food and non-alcoholic beverages	47,850	48,643	49,428	50,320	51,488	52,696	54,470	55,297	56,185	57,270	58,595	60,164
Alcoholic beverages bought in stores	9,950	10,108	9,451	9,902	10,273	10,715	11,060	11,514	12,079	12,506	12,684	13,117
Food available in retail weight (unless otherwise specified)												
	(kg per person, unless otherwise specified)											
Alcoholic beverages (litres) (population 15+ years)	103.07	102.97	100.96	101.60	103.07	104.00	104.12	105.97	106.12	107.15	103.92	105.06
Non-alcoholic beverages (litres) (includes tea, coffee, bottled water, soft drinks, and juice)	291.37	301.88	305.51	314.65	325.90	336.97	339.38	344.99
Eggs (dozens)	14.53	14.42	14.98	15.12	15.26	15.26	15.70	15.86	15.44	15.64	15.32	15.55
Pulses and nuts	8.65	8.48	8.39	8.33	8.63	8.78	9.15	9.27	9.53	9.19	9.54	9.37
Sugar and syrups	40.21	37.03	37.40	37.19	34.66	34.87	35.99	35.49	35.36	35.31	35.20	33.80
Cereal products	77.04	79.13	82.47	86.65	87.90	89.40	89.72	90.25	89.47	88.07	90.67	89.85
Meat (carcass weight)	63.77	63.11	60.83	60.15	64.14	66.53	64.01	62.83	61.60	60.56	61.09	57.71
Poultry (eviscerated weight)	30.87	30.58	30.77	31.76	32.64	33.77	35.27	36.45	36.71	35.81	36.36	36.67
Fish (edible weight)	8.34	7.91	8.42	8.79	8.84	10.04	9.51	9.65	9.55	9.80	9.12	9.38
Fruit (fresh equivalent)	124.17	123.93	124.89	127.81	122.12	122.80	126.54	124.09	130.33	132.07	133.51	134.48
Vegetables (fresh equivalent)	185.94	182.31	187.22	188.55	187.76	187.71	187.62	193.00	185.66	182.30	177.62	175.93
Oils and fats	25.71	27.00	28.45	29.89	31.15	30.87	30.66	30.90	30.00	29.49	30.26	29.74
Fluid milk (litres)	90.80	90.32	90.05	89.14	88.77	87.73	88.21	87.03	85.53	85.20	85.44	83.84
Cheese	11.55	11.61	11.31	12.15	11.75	11.88	12.08	11.87	11.80	11.76	12.13	12.04
Other dairy products	22.90	23.00	22.83	22.36	22.65	23.51	24.16	25.12	25.51	25.26	26.30	27.38

Table 2 Food available by major group, per person⁵

Year	Fruits ¹						Vegetables ¹				
	Fresh	Processed			Juice	Total ²	Fresh	Processed		Juice	Total ²
		Canned	Frozen	Dried				Frozen	Canned		
(kg)	(kg)	(kg)	(kg)	(litres)	(kg)	(kg)	(kg)	(kg)	(litres)	(kg)	
1967	51.09	7.91	1.59	1.34	8.76	85.10	117.76	2.22	13.12	3.79	148.43
1968	50.30	8.17	1.32	1.52	7.95	83.74	109.56	2.43	13.94	4.13	141.87
1969	54.78	7.91	1.37	1.41	8.58	88.61	117.44	2.41	13.04	3.73	148.10
1970	52.28	7.05	1.50	1.28	8.67	84.72	112.76	2.76	12.82	3.64	142.25
1971	52.59	7.41	1.37	1.20	9.27	86.29	112.63	2.59	13.39	3.77	142.96
1972	49.47	7.02	1.39	1.38	9.48	84.25	112.59	2.67	13.44	3.47	142.50
1973	52.40	7.54	1.33	1.38	11.11	90.34	111.92	2.92	14.99	3.80	147.89
1974	55.92	6.92	1.31	1.01	10.79	90.57	111.05	3.27	15.05	3.97	146.33
1975	56.25	6.31	1.39	1.16	14.07	97.02	121.21	2.56	12.00	3.98	149.20
1976	61.14	5.99	1.18	1.36	14.73	103.92	118.09	2.51	11.78	3.64	146.68
1977	58.33	5.88	1.26	1.29	16.52	103.28	121.88	3.21	12.50	4.72	153.73
1978	56.57	6.15	1.11	1.71	18.61	107.90	125.58	3.38	13.19	4.39	159.67
1979	56.75	6.12	1.15	1.58	20.30	110.35	134.33	3.65	13.68	4.31	170.14
1980	56.60	5.59	1.36	1.48	21.41	111.20	127.80	3.98	12.92	4.17	161.80
1981	59.48	5.08	1.23	1.24	23.26	115.27	123.02	3.71	13.34	3.62	158.40
1982	59.13	4.78	1.10	1.35	20.91	110.40	124.01	4.07	12.99	3.50	159.15
1983	58.46	4.45	1.33	1.33	21.76	110.59	138.50	3.18	12.94	3.37	172.58
1984	60.28	5.41	1.24	1.42	23.72	116.97	125.32	3.91	13.29	3.41	161.44
1985	59.16	5.17	1.36	1.38	21.67	111.96	129.32	3.58	12.33	3.06	163.62
1986	59.40	4.63	1.17	1.38	23.98	115.07	138.49	3.77	12.36	2.77	173.87
1987	60.59	4.85	1.85	1.43	25.14	119.43	138.10	4.41	12.56	2.70	174.90
1988	58.55	5.48	1.50	1.48	23.39	114.84	128.02	4.42	11.80	2.85	164.64
1989	58.53	4.71	1.67	1.55	22.74	113.61	128.14	4.95	12.71	2.63	167.36
1990	61.35	4.53	1.56	1.47	19.78	110.73	130.64	4.72	12.75	2.07	170.88
1991	58.08	4.79	1.48	1.62	20.15	109.08	129.24	4.97	12.00	2.05	166.29
1992	62.21	4.96	1.60	1.45	22.29	115.96	139.70	4.35	12.91	1.82	178.54
1993	62.57	4.35	1.71	1.55	22.62	117.34	146.84	4.82	13.15	1.59	187.65
1994	65.62	4.09	1.78	1.33	25.95	124.17	146.26	4.81	13.37	1.56	185.94
1995	64.29	4.05	1.78	1.34	26.40	123.93	142.99	5.46	12.79	1.53	182.31
1996	63.06	4.47	1.73	1.41	27.11	124.89	145.59	5.42	12.94	1.54	187.22
1997	63.32	4.98	1.67	1.53	27.85	127.81	146.79	5.54	13.25	1.54	188.55
1998	63.63	4.78	1.71	1.35	25.39	122.12	146.28	5.51	13.48	1.52	187.76
1999	62.44	5.12	1.97	1.40	25.58	122.80	147.90	5.35	12.99	1.51	187.71
2000	63.66	4.97	1.86	1.51	26.65	126.54	146.36	5.66	13.08	1.48	187.62
2001	63.32	5.02	1.94	1.47	25.42	124.09	150.71	5.88	13.52	1.48	193.00
2002	66.07	5.13	1.97	1.49	27.43	130.33	144.58	5.74	13.16	1.44	185.66
2003	68.18	5.13	2.21	1.59	26.72	132.07	142.41	5.70	12.33	1.46	182.30
2004	68.72	5.30	2.20	1.64	26.75	133.51	138.46	5.77	11.94	1.35	177.62
2005	71.28	5.12	2.45	1.48	26.37	134.48	137.25	5.68	11.71	1.37	175.93

1. In retail weight.

2. In fresh equivalent weight.

3. In milk solid equivalent; butter included under Oils and Fats.

4. In edible weight equivalent.

5. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 2 Food available by major group, per person⁵

Year	Beverages (litres) ¹						Other (kg) ¹			
	Alcoholic		Soft Drinks	Coffee	Tea	Bottled water	Oils and fats	Cereal products	Pulses and nuts	Sugars and syrups
	Population Total	Population 15+ years								
1967	76.18	112.76	...	88.61	85.21	...	20.39	67.22	7.04	45.61
1968	75.99	111.38	...	97.23	88.78	...	20.81	67.13	6.87	46.28
1969	79.61	115.52	...	94.16	84.83	...	20.95	69.14	6.34	46.17
1970	83.51	119.97	...	101.25	80.09	...	20.74	68.86	6.53	46.06
1971	87.85	124.25	...	90.55	84.90	...	20.25	64.23	8.31	45.43
1972	91.82	128.46	55.12	92.18	85.33	...	21.20	67.21	7.77	44.97
1973	96.00	132.85	58.25	94.02	86.73	...	21.20	68.23	8.15	47.43
1974	97.71	133.72	57.29	95.62	99.16	...	21.58	66.85	8.80	41.55
1975	99.22	134.41	58.41	96.43	84.96	...	21.61	67.51	9.73	40.22
1976	97.85	131.19	63.14	98.08	87.53	...	22.05	69.54	6.77	42.30
1977	99.65	132.37	65.80	90.34	90.07	...	22.03	67.82	5.35	42.37
1978	98.67	129.84	67.58	91.10	78.72	...	21.79	66.70	7.73	41.18
1979	101.29	132.11	67.19	92.97	75.36	...	21.94	65.49	5.92	41.30
1980	98.38	127.34	66.99	96.83	76.87	...	21.91	68.90	5.81	35.00
1981	101.04	130.02	67.65	101.81	68.34	...	22.41	65.95	8.19	38.52
1982	98.61	126.42	68.63	94.08	73.30	...	22.26	68.52	7.85	37.86
1983	98.10	125.40	71.07	91.41	68.76	...	23.11	66.78	7.31	40.01
1984	97.16	123.84	73.63	92.76	66.54	...	22.37	67.64	7.36	41.37
1985	96.28	122.33	77.91	96.50	63.25	...	23.11	71.12	7.15	43.19
1986	95.29	120.64	80.10	91.01	59.43	...	22.75	70.58	8.70	42.81
1987	96.54	122.03	83.61	89.91	52.58	...	23.70	72.15	8.07	44.34
1988	94.58	119.43	96.40	91.67	50.08	...	23.61	75.01	7.47	39.46
1989	92.00	116.06	94.90	89.66	47.88	...	23.50	72.94	7.52	36.11
1990	88.93	112.14	96.36	95.85	42.39	...	23.60	74.13	7.68	36.65
1991	86.14	108.56	101.17	97.28	42.12	...	23.80	71.53	7.50	35.73
1992	82.17	103.60	98.58	87.62	47.61	...	23.70	72.57	7.89	37.43
1993	81.57	102.80	102.92	92.04	60.87	...	24.70	75.37	8.21	38.44
1994	81.89	103.07	109.07	99.21	55.58	...	25.71	77.04	8.65	40.21
1995	81.98	102.97	109.72	95.63	50.61	17.99	27.00	79.13	8.48	37.03
1996	80.55	100.96	110.88	97.42	48.90	19.66	28.45	82.47	8.39	37.40
1997	81.30	101.60	112.92	93.93	56.77	21.50	29.89	86.65	8.33	37.19
1998	82.71	103.07	117.34	95.67	62.53	23.31	31.15	87.90	8.63	34.66
1999	83.75	104.00	116.99	99.25	68.30	25.20	30.87	89.40	8.78	34.87
2000	84.16	104.12	113.14	101.31	69.86	26.72	30.66	89.72	9.15	35.99
2001	85.97	105.97	113.56	101.68	72.98	29.66	30.90	90.25	9.27	35.49
2002	86.41	106.12	112.36	103.96	71.34	..	30.00	89.47	9.53	35.36
2003	87.58	107.15	110.39	105.17	73.41	..	29.49	88.07	9.19	35.31
2004	85.26	103.92	108.71	105.68	74.62	..	30.26	90.67	9.54	35.20
2005	86.55	105.06	107.22	104.00	69.98	..	29.74	89.85	9.37	33.80

1. In retail weight.

2. In fresh equivalent weight.

3. In milk solid equivalent; butter included under Oils and Fats.

4. In edible weight equivalent.

5. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 2 Food available by major group, per person⁵

Year	Fluid milk ¹	Total cheese ¹	Other dairy products ¹	Total dairy products ³	Animal products					Eggs	Fish ⁴
					Red meat			Poultry			
					Carcass	Retail	Boneless	Eviscerated	Boneless weight		
(litres)	(kg)	(kg)	(kg)	(kg)	(kg)	(kg)	(kg)	(kg)	(kg)	(doz)	(kg)
1967	93.48	4.45	23.64	21.86	71.51	56.05	49.07	18.26	12.99	20.85	...
1968	93.90	4.70	24.13	22.50	72.00	56.42	49.50	17.82	12.66	20.92	...
1969	93.99	5.11	25.07	23.71	70.48	55.19	48.63	19.35	13.70	21.50	...
1970	95.73	5.40	23.14	22.22	73.02	56.86	50.37	20.26	14.33	21.65	...
1971	94.86	5.62	22.50	21.62	76.90	59.86	53.28	19.15	13.55	20.99	...
1972	96.73	5.77	22.35	21.77	78.23	60.90	54.36	19.56	13.83	20.27	...
1973	98.82	6.23	21.97	22.11	74.84	58.19	52.16	20.20	14.24	19.36	...
1974	99.09	6.86	21.83	22.63	77.06	59.81	53.83	19.70	13.92	19.16	...
1975	95.96	6.76	21.31	21.95	78.28	60.73	54.85	18.43	12.99	19.04	...
1976	97.79	6.86	22.09	22.93	80.56	62.16	56.58	19.45	13.66	18.77	...
1977	98.76	6.92	25.32	25.12	78.79	60.78	55.44	20.31	14.25	18.28	...
1978	100.27	7.39	24.24	23.38	76.27	58.92	53.88	20.97	14.67	17.99	...
1979	102.86	7.57	24.84	24.57	73.14	55.65	51.66	22.34	15.62	18.74	...
1980	102.83	7.84	23.93	24.07	74.98	57.17	53.25	22.30	15.53	18.56	...
1981	102.08	8.39	24.13	24.33	74.58	56.72	52.95	22.11	15.28	18.29	...
1982	101.70	8.45	24.53	24.76	71.58	54.40	50.83	22.22	15.13	18.24	...
1983	100.67	8.52	24.71	24.66	72.41	54.79	51.53	22.50	15.13	17.79	...
1984	100.05	8.24	23.42	24.15	69.94	52.98	49.85	23.11	15.51	17.06	...
1985	98.88	9.17	24.45	24.02	71.00	53.81	50.73	24.62	16.47	16.66	...
1986	99.91	9.59	24.53	24.17	70.30	52.91	49.96	25.08	16.67	16.55	...
1987	100.89	10.29	25.32	25.54	67.48	50.75	47.25	26.51	17.51	16.21	...
1988	99.45	10.78	24.80	25.13	67.43	50.58	47.01	27.42	17.74	15.70	8.66
1989	96.38	10.83	24.29	24.70	67.89	51.13	47.62	27.09	17.22	15.30	9.59
1990	95.44	10.98	22.86	23.50	64.30	48.50	45.13	28.15	17.82	15.06	8.95
1991	94.53	11.19	22.56	23.29	63.17	47.63	44.18	28.31	17.90	15.04	8.64
1992	92.60	11.26	21.64	22.90	64.56	48.66	45.20	28.82	18.35	14.57	8.74
1993	89.90	11.19	22.78	23.06	62.01	46.66	43.33	29.15	18.69	14.52	9.50
1994	90.80	11.55	22.90	23.36	63.77	48.08	44.63	30.87	19.68	14.53	8.34
1995	90.32	11.61	23.00	23.29	63.11	47.54	44.23	30.58	19.38	14.42	7.91
1996	90.05	11.31	22.83	23.28	60.83	45.80	42.71	30.77	19.38	14.98	8.42
1997	89.14	12.15	22.36	23.13	60.15	45.24	42.17	31.76	19.92	15.12	8.79
1998	88.77	11.75	22.65	23.04	64.14	48.31	45.09	32.64	20.45	15.26	8.84
1999	87.73	11.88	23.51	23.19	66.53	50.19	46.89	33.77	21.11	15.26	10.04
2000	88.21	12.08	24.16	23.55	64.01	48.18	44.90	35.27	22.03	15.70	9.51
2001	87.03	11.87	25.12	23.78	62.83	47.28	44.06	36.45	22.74	15.86	9.65
2002	85.53	11.80	25.51	23.41	61.60	46.37	43.23	36.71	22.90	15.44	9.55
2003	85.20	11.76	25.26	23.04	60.56	45.63	42.49	35.81	22.32	15.64	9.80
2004	85.44	12.13	26.30	23.52	61.09	46.09	42.97	36.36	22.67	15.32	9.12
2005	83.84	12.04	27.38	23.76	57.71	43.29	40.22	36.67	22.89	15.55	9.38

1. In retail weight.

2. In fresh equivalent weight.

3. In milk solid equivalent; butter included under Oils and Fats.

4. In edible weight equivalent.

5. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 3 Food consumed by major group, per person³

Year	Fruits						Vegetables				
	Fresh	Processed			Juice	Total ¹	Fresh	Processed		Juice	Total ¹
		Canned	Frozen	Dried				Frozen	Canned		
(kg)	(kg)	(kg)	(kg)	(litres)	(kg)	(kg)	(kg)	(kg)	(litres)	(kg)	
1967	28.98	7.03	1.41	1.19	7.78	58.68	62.35	1.79	11.65	3.37	89.35
1968	28.69	7.25	1.17	1.35	7.06	57.93	57.91	1.99	12.38	3.67	86.38
1969	31.20	7.03	1.22	1.25	7.62	60.75	62.10	1.96	11.58	3.31	89.09
1970	29.32	6.26	1.33	1.14	7.70	57.63	59.70	2.25	11.39	3.23	85.60
1971	29.75	6.59	1.22	1.06	8.24	59.15	59.77	2.11	11.89	3.35	86.45
1972	27.68	6.24	1.24	1.23	8.42	58.03	59.71	2.18	11.94	3.08	86.01
1973	29.55	6.70	1.18	1.23	9.87	62.62	59.56	2.38	13.32	3.37	91.22
1974	31.85	6.15	1.17	0.90	9.59	62.00	59.25	2.65	13.37	3.52	90.25
1975	31.96	5.60	1.23	1.03	12.50	67.36	64.65	2.10	10.66	3.54	89.29
1976	34.60	5.32	1.05	1.21	13.09	71.75	63.27	2.07	10.47	3.24	88.44
1977	32.95	5.22	1.12	1.15	14.67	71.92	65.01	2.64	11.10	4.19	93.01
1978	31.70	5.46	0.99	1.52	16.53	76.22	67.07	2.79	11.72	3.90	97.04
1979	32.34	5.43	1.02	1.40	18.03	78.79	71.48	3.02	12.15	3.83	102.97
1980	31.84	4.96	1.21	1.31	19.02	79.11	68.24	3.30	11.47	3.70	98.09
1981	33.72	4.51	1.09	1.10	20.67	81.94	65.90	3.07	11.85	3.22	96.99
1982	33.51	4.24	0.98	1.20	18.57	77.86	66.24	3.37	11.54	3.11	97.10
1983	33.00	3.96	1.18	1.18	19.33	78.06	73.70	2.64	11.49	2.99	103.68
1984	34.24	4.80	1.10	1.26	21.07	83.25	66.78	3.23	11.81	3.03	98.52
1985	33.62	4.59	1.21	1.22	19.25	79.30	68.66	2.97	10.95	2.72	98.82
1986	33.32	4.12	1.04	1.23	21.30	81.43	73.59	3.15	10.98	2.46	104.69
1987	34.02	4.30	1.64	1.27	22.33	84.87	73.57	3.64	11.16	2.40	105.84
1988	33.27	4.87	1.33	1.31	20.77	81.96	65.76	3.62	10.48	2.53	97.83
1989	33.40	4.18	1.48	1.38	20.20	81.05	65.73	4.07	11.29	2.33	100.08
1990	35.27	4.02	1.39	1.31	17.57	78.02	67.01	3.87	11.32	1.84	102.27
1991	33.12	4.25	1.32	1.44	17.90	77.29	66.15	4.09	10.66	1.82	98.56
1992	34.86	4.40	1.42	1.28	19.80	81.37	71.98	3.58	11.47	1.62	106.05
1993	34.95	3.87	1.52	1.38	20.09	82.34	75.45	3.97	11.68	1.41	111.22
1994	36.97	3.64	1.58	1.18	23.05	87.54	75.21	3.98	11.87	1.39	110.00
1995	36.04	3.59	1.58	1.19	23.45	87.55	73.21	4.51	11.36	1.36	107.62
1996	35.01	3.97	1.54	1.25	24.08	88.43	73.90	4.47	11.49	1.37	110.33
1997	34.88	4.43	1.48	1.36	24.74	90.62	74.93	4.56	11.77	1.37	111.47
1998	35.34	4.25	1.52	1.20	22.55	85.91	74.04	4.53	11.98	1.35	110.33
1999	34.41	4.55	1.75	1.24	22.72	86.60	74.69	4.40	11.54	1.34	109.53
2000	35.23	4.42	1.65	1.35	23.67	89.59	74.72	4.64	11.62	1.31	110.78
2001	35.14	4.46	1.72	1.31	22.58	87.71	76.37	4.83	12.01	1.31	113.33
2002	36.34	4.55	1.75	1.33	24.37	91.89	72.96	4.71	11.69	1.28	108.84
2003	37.50	4.55	1.96	1.41	23.74	92.76	71.81	4.67	10.95	1.30	106.65
2004	37.55	4.71	1.96	1.46	23.76	93.60	69.40	4.74	10.61	1.20	103.58
2005	39.35	4.55	2.17	1.31	23.43	94.01	68.95	4.66	10.40	1.22	102.72

1. In fresh equivalent weight.

2. In milk solid equivalent; butter included under Oils and Fats.

3. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 3 Food consumed by major group, per person³

Year	Beverages (litres)					Other (kg)				
	Alcoholic		Soft drinks	Coffee	Tea	Bottled water	Oils and fats	Cereal products	Pulses and nuts	Sugars and syrups
	Population Total	Population 15+ years								
1967	73.71	109.10	...	78.71	75.69	...	14.97	49.37	6.26	34.10
1968	73.53	107.77	...	86.37	78.86	...	15.27	49.36	6.11	34.60
1969	77.02	111.78	...	83.64	75.36	...	15.35	50.87	5.64	34.51
1970	80.80	116.08	...	89.94	71.15	...	15.20	50.62	5.80	34.43
1971	85.01	120.22	...	80.44	75.41	...	14.83	47.22	7.38	33.96
1972	88.84	124.30	48.96	81.88	75.80	...	15.50	49.43	6.90	33.62
1973	92.89	128.54	51.74	83.52	77.04	...	15.47	50.25	7.24	35.46
1974	94.54	129.38	50.89	84.94	88.08	...	15.75	49.20	7.81	31.06
1975	96.00	130.05	51.89	85.66	75.47	...	15.76	49.69	8.64	30.07
1976	94.67	126.94	56.09	87.12	77.75	...	16.08	51.17	6.02	31.62
1977	96.42	128.08	58.45	80.25	80.01	...	16.06	49.91	4.76	31.68
1978	95.47	125.63	60.03	80.92	69.93	...	15.89	49.09	6.87	30.79
1979	98.01	127.82	59.68	82.59	66.94	...	15.98	48.17	5.26	30.88
1980	95.19	123.21	59.51	86.01	68.29	...	15.94	50.70	5.16	26.16
1981	97.76	125.80	60.09	90.44	60.70	...	16.33	48.51	7.27	28.80
1982	95.41	122.32	60.96	83.57	65.11	...	16.23	50.39	6.98	28.30
1983	94.92	121.33	63.13	81.20	61.08	...	16.83	49.12	6.49	29.91
1984	94.01	119.82	65.41	82.40	59.11	...	16.29	49.76	6.54	30.93
1985	93.16	118.36	69.21	85.72	56.18	...	16.82	52.32	6.35	32.29
1986	92.20	116.73	71.16	80.84	52.79	...	16.54	51.93	7.73	32.01
1987	93.41	118.08	74.27	79.87	46.71	...	17.19	53.08	7.17	33.15
1988	91.51	115.56	85.63	81.43	44.49	...	17.12	55.11	6.64	29.50
1989	89.02	112.30	84.30	79.64	42.53	...	17.03	53.63	6.68	27.00
1990	86.05	108.50	85.60	85.14	37.65	...	17.08	54.55	6.83	27.40
1991	83.35	105.04	89.87	86.42	37.42	...	17.22	52.63	6.67	26.71
1992	79.50	100.24	87.57	77.84	42.30	...	17.12	53.36	7.01	27.98
1993	78.93	99.47	91.42	81.76	54.07	...	17.81	55.50	7.29	28.74
1994	79.23	99.72	96.89	88.13	49.37	...	18.49	56.71	7.68	30.06
1995	79.32	99.63	97.46	84.95	44.96	15.98	19.44	58.15	7.53	27.69
1996	77.94	97.68	98.50	86.54	43.44	17.46	20.48	60.54	7.46	27.96
1997	78.66	98.31	100.31	83.44	50.43	19.10	21.48	63.72	7.40	27.80
1998	80.03	99.73	104.24	84.98	55.54	20.71	22.38	64.61	7.66	25.91
1999	81.04	100.63	103.92	88.16	60.68	22.39	22.17	65.72	7.80	26.07
2000	81.43	100.75	100.50	89.99	62.06	23.74	22.01	65.97	8.13	26.91
2001	83.18	102.53	100.88	90.32	64.83	26.34	22.18	66.36	8.24	26.53
2002	83.61	102.68	99.81	92.35	63.37	..	21.54	65.77	8.47	26.43
2003	84.74	103.68	98.06	93.42	65.21	..	21.18	64.62	8.17	26.40
2004	82.49	100.55	96.56	93.88	66.29	..	21.73	66.58	8.48	26.31
2005	83.74	101.65	95.24	92.38	62.17	..	21.35	65.99	8.32	25.27

1. In fresh equivalent weight.

2. In milk solid equivalent; butter included under Oils and Fats.

3. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 3 Food consumed by major group, per person³

Year	Animal products							
	Fluid milk	Total cheese	Other dairy products	Total dairy products ²	Red meat	Poultry	Eggs	Fish
	(litres)	(kg)	(kg)	(kg)	(kg)	(kg)	(doz)	(kg)
1967	69.10	3.29	17.48	16.12	31.15	7.90	17.30	...
1968	69.41	3.47	17.84	16.60	31.46	7.69	17.36	...
1969	69.47	3.77	18.53	17.50	30.93	8.31	17.84	...
1970	70.77	3.99	17.11	16.40	31.92	8.68	17.97	...
1971	70.12	4.15	16.64	15.96	33.72	8.22	17.42	...
1972	71.50	4.26	16.53	16.06	34.48	8.39	16.82	...
1973	73.05	4.60	16.25	16.31	33.11	8.62	16.07	...
1974	73.25	5.07	16.15	16.69	34.17	8.44	15.91	...
1975	70.94	5.00	15.76	16.19	35.02	7.87	15.81	...
1976	72.29	5.07	16.33	16.92	36.19	8.25	15.58	...
1977	73.00	5.12	18.73	18.54	35.39	8.60	15.17	...
1978	74.12	5.46	17.93	17.25	34.30	8.85	14.94	...
1979	76.03	5.59	18.37	18.13	32.70	9.40	15.55	...
1980	76.02	5.80	17.70	17.76	33.63	9.36	15.40	...
1981	75.46	6.20	17.84	17.95	33.49	9.21	15.18	...
1982	75.17	6.25	18.14	18.27	32.22	9.11	15.14	...
1983	74.42	6.30	18.27	18.20	32.62	9.11	14.77	...
1984	73.96	6.09	17.32	17.82	31.54	9.33	14.16	...
1985	73.10	6.77	18.08	17.72	32.09	9.89	13.83	...
1986	73.85	7.09	18.15	17.83	31.62	10.02	13.74	...
1987	74.58	7.61	18.73	18.83	29.86	10.52	13.45	...
1988	73.51	7.97	18.35	18.53	29.71	10.66	13.03	6.36
1989	71.24	8.00	17.97	18.20	30.03	10.36	12.70	7.05
1990	70.55	8.12	16.92	17.32	28.49	10.72	12.50	6.55
1991	69.88	8.27	16.69	17.16	27.88	10.77	12.49	6.27
1992	68.45	8.33	16.02	16.87	28.45	11.03	12.09	6.16
1993	66.46	8.27	16.86	16.98	27.27	11.22	12.05	6.88
1994	67.12	8.54	16.95	17.20	28.07	11.80	12.06	5.90
1995	66.76	8.58	17.03	17.13	27.84	11.62	11.97	5.69
1996	66.57	8.36	16.91	17.12	26.93	11.61	12.43	5.97
1997	65.89	8.98	16.56	17.00	26.61	11.93	12.55	6.28
1998	65.62	8.69	16.79	16.91	28.37	12.25	12.67	6.34
1999	64.85	8.78	17.43	16.99	29.47	12.63	12.67	7.15
2000	65.20	8.93	17.92	17.24	28.26	13.17	13.03	6.74
2001	64.33	8.78	18.64	17.38	27.70	13.58	13.17	6.93
2002	63.23	8.72	18.94	17.09	27.20	13.68	12.81	6.94
2003	62.98	8.69	18.77	16.77	26.82	13.33	12.98	7.07
2004	63.16	8.97	19.55	17.11	27.05	13.54	12.72	6.61
2005	61.97	8.90	20.35	17.26	25.47	13.68	12.91	6.81

1. In fresh equivalent weight.

2. In milk solid equivalent; butter included under Oils and Fats.

3. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 4 Food available, by commodity¹

	1976	1981	1986	1991	1996	2001	2002	2003	2004	2005
<i>(kg per person, retail weight, unless otherwise specified)</i>										
Cereal products										
Breakfast food	2.77	3.58	4.34	3.96	5.06	5.15	5.25	5.38	5.45	5.65
Corn flour and meal	1.96	2.19	2.04	2.42	3.98	2.88	1.73	1.16	1.49	1.09
Oatmeal and rolled oats	1.53	1.45	1.54	1.59	2.74	2.37	2.45	3.22	2.92	2.84
Pot and pearl barley	0.05	0.14	0.09	0.05	0.11	0.06	0.05	0.04	0.08	0.08
Rice	2.59	3.36	4.35	5.51	7.21	8.00	7.52	7.67	9.91	9.71
Rye flour	0.40	0.44	0.33	0.33	0.30	0.33	0.31	0.32	0.33	0.28
Wheat flour	60.24	54.78	57.89	57.68	63.07	71.48	72.16	70.28	70.49	70.20
Total	69.54	65.95	70.58	71.53	82.47	90.25	89.47	88.07	90.67	89.85
Sugars and syrups										
Honey	0.83	1.09	0.86	0.78	1.03	0.90	0.74	0.90	0.91	0.92
Maple sugar	0.17	0.33	0.10	0.13	0.17	0.20	0.17	0.19	0.20	0.18
Refined sugar	41.29	37.10	41.85	34.82	36.20	34.39	34.44	34.23	34.09	32.70
Total	42.30	38.52	42.81	35.73	37.40	35.49	35.36	35.31	35.20	33.80
Red meats (carcass weight)										
Beef	50.42	39.86	38.20	33.28	31.45	30.75	30.46	31.77	30.68	31.90
Mutton and lamb	1.00	0.69	0.90	0.87	0.75	1.03	1.03	1.08	1.11	1.11
Offal	1.62	1.35	1.67	1.68	1.33	0.85	1.04	1.38	1.50	0.69
Pork	25.19	31.16	27.90	25.86	25.99	28.94	27.83	25.12	26.65	22.93
Veal	2.33	1.52	1.63	1.48	1.30	1.25	1.24	1.21	1.15	1.08
Total	80.56	74.58	70.30	63.17	60.83	62.83	61.60	60.56	61.09	57.71
Total beef and veal	52.75	41.38	39.83	34.76	32.76	32.00	31.70	32.98	31.83	32.98
Poultry (eviscerated weight)										
Chicken	14.36	16.73	19.91	22.23	24.90	30.49	30.69	30.07	30.38	30.67
Stewing hen	1.15	1.31	1.05	1.54	1.75	1.74	1.75	1.68	1.83	1.67
Turkey	3.94	4.07	4.12	4.54	4.12	4.22	4.27	4.06	4.15	4.32
Total	19.45	22.11	25.08	28.31	30.77	36.45	36.71	35.81	36.36	36.67
Total chicken and stewing hen	15.52	18.04	20.96	23.77	26.65	32.23	32.44	31.75	32.21	32.34
Fish (edible weight)										
Fresh and frozen seafood	0.00	0.00	0.00	4.28	4.49	4.39	4.01	4.43	3.94	4.06
Freshwater	0.00	0.00	0.00	0.21	0.30	0.47	0.43	0.53	0.51	0.48
Processed seafood	0.00	0.00	0.00	2.63	1.97	2.67	2.96	2.81	2.74	2.87
Shellfish	0.00	0.00	0.00	1.51	1.66	2.12	2.17	2.03	1.93	1.97
Total	0.00	0.00	0.00	8.64	8.42	9.65	9.55	9.80	9.12	9.38
Dairy										
Cheese, cheddar	1.59	2.45	2.61	3.12	3.07	3.13	3.10	3.13	3.08	3.23
Cheese, cottage	1.05	1.26	1.25	1.03	0.76	0.78	0.79	0.78	0.82	0.86
Cheese, processed	2.64	2.91	2.61	2.77	2.58	2.47	2.25	2.22	2.35	2.25
Cheese, variety	2.64	3.03	4.37	5.31	5.66	6.28	6.45	6.41	6.70	6.56
Cream, cereal 10% , litres	2.44	2.75	2.91	2.81	2.89	2.95	2.91	3.04	3.21	3.10
Cream, sour, litres	0.35	0.49	0.75	0.99	0.94	1.36	1.29	1.35	1.35	1.32
Cream, table 18%, litres	0.27	0.27	0.39	0.49	0.79	1.80	1.96	2.37	2.56	2.77
Cream, whipping 32% or 35%, litres	0.50	0.66	0.89	0.82	0.87	1.03	1.10	1.18	1.13	1.16
Ice cream, litres	11.92	12.57	12.19	10.65	10.87	9.22	9.49	8.76	8.40	8.66
Ice milk, litres	1.14	1.02	1.26	1.24	1.96	2.23	2.17	2.06	1.95	1.83
Milk, buttermilk, litres	0.61	0.57	0.52	0.46	0.40	0.39	0.42	0.43	0.44	0.42
Milk, chocolate drink, litres	3.16	3.89	3.51	3.42	3.95	4.87	4.94	5.07	5.39	5.42
Milk, concentrated skim, litres	0.29	1.42	0.63	1.09	0.61	0.26	0.28	0.29	0.38	0.23
Milk, concentrated whole, litres	3.65	2.15	2.02	1.41	1.07	0.79	0.90	0.34	0.55	0.82

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 4 Food available, by commodity¹

	1976	1981	1986	1991	1996	2001	2002	2003	2004	2005
	<i>(kg per person, retail weight, unless otherwise specified)</i>									
Dairy (cont'd)										
Milk, other whole milk products	...	0.14	0.29	0.37	0.49	1.00	1.11	1.11	1.32	1.26
Milk, partly skimmed 1%, litres	8.52	15.46	17.21	17.24	17.44	17.85	17.77
Milk, partly skimmed 2%, litres	45.89	55.18	61.48	55.81	47.09	41.80	40.56	40.29	40.07	38.79
Milk, skim, litres	3.57	3.37	4.74	6.37	7.76	8.73	8.83	8.53	8.61	8.84
Milk, standard (3.25%), litres	44.56	39.06	29.66	19.94	15.40	14.03	13.54	13.44	13.07	12.60
Milk, sweetened concentrated skim, litres	x	0.05	0.08	0.03	0.18	0.07	0.07	0.07	0.07	0.08
Milkshake, litres	0.49	0.98	1.03	0.69	0.60	0.49	0.29	0.25	0.19	0.18
Powder buttermilk	0.12	0.15	0.11	0.16	0.19	0.19	0.13	0.15	0.12	0.16
Powder skim milk	2.78	1.83	1.71	0.78	1.13	1.10	1.16	1.13	1.12	1.48
Powder whey	0.84	1.21	0.73	0.87	1.10	0.99	0.64	0.37	0.34	0.32
Sherbet, litres	0.15	0.12	0.10	0.12	0.17	0.35	0.21	0.19	0.29	0.19
Yogurt, litres	0.88	1.64	2.69	2.99	3.17	4.88	5.39	5.85	6.31	6.76
Total dairy (milk solid)	22.93	24.33	24.17	23.29	23.28	23.78	23.41	23.04	23.52	23.76
Fluid milk, litres	97.79	102.08	99.91	94.53	90.05	87.03	85.53	85.20	85.44	83.84
Total cheese	6.86	8.39	9.59	11.19	11.31	11.87	11.80	11.76	12.13	12.04
Total other dairy	22.09	24.13	24.53	22.56	22.83	25.12	25.51	25.26	26.30	27.38
Eggs (dozens)	18.77	18.29	16.55	15.04	14.98	15.86	15.44	15.64	15.32	15.55
Pulses and nuts										
Beans baked and canned	2.13	2.32	2.31	1.55	1.43	1.42	1.35	1.35	1.35	1.28
Beans dry	0.56	0.61	0.74	0.76	1.42	2.17	2.24	2.31	2.39	2.45
Peanuts	2.62	2.84	2.94	2.74	3.22	2.68	2.89	2.68	2.89	2.87
Peas dry	0.49	1.11	1.19	1.16	1.38	1.41	1.42	1.42	1.43	1.43
Tree nuts	0.97	1.30	1.52	1.29	0.94	1.59	1.64	1.42	1.49	1.33
Total	6.77	8.19	8.70	7.50	8.39	9.27	9.53	9.19	9.54	9.37
Oils and fats										
Butter	4.99	4.34	3.81	2.99	2.86	2.81	2.79	2.94	3.01	2.77
Margarine	5.41	6.10	5.96	5.55	5.33	4.89	4.73	4.62	4.74	4.69
Salad oils	4.02	3.76	5.34	5.82	9.61	12.97	12.58	12.27	12.59	12.46
Shortening and shortening oils	7.63	8.21	7.64	9.44	10.65	10.23	9.90	9.66	9.92	9.82
Total	22.05	22.41	22.75	23.80	28.45	30.90	30.00	29.49	30.26	29.74
Fruits fresh										
Apples	13.16	12.75	10.70	11.84	11.95	11.41	10.53	10.66	10.04	11.14
Apricots	0.10	0.07	0.11	0.10	0.12	0.17	0.16	0.16	0.16	0.16
Avocados	0.13	0.27	0.22	0.20	0.34	0.38	0.44	0.47	0.56	0.53
Bananas	10.17	10.49	11.52	12.68	13.78	13.07	13.29	13.35	13.83	13.93
Berries other	0.08	0.01	0.06	0.08	0.10	0.22	0.35	0.33	0.29	0.27
Blueberries	0.09	0.30	0.22	0.38	0.24	0.39	0.38	0.53	0.57	0.80
Cherries	0.64	0.40	0.31	0.32	0.28	0.47	0.36	0.59	0.49	0.51
Citrus other	0.00	0.00	0.00	0.04	0.03	0.04	0.03	0.04	0.06	0.10
Coconut	0.23	0.22	0.24	0.30	0.24	0.28	0.28	0.29	0.28	0.29
Cranberries	0.35	0.42	0.45	0.64	0.50	0.39	0.44	0.59	0.74	0.86
Dates	1.33	1.24	0.94	1.04	0.75	0.52	0.71	0.75	0.90	1.07
Figs	0.30	0.30	0.30	0.31	0.27	0.31	0.29	0.31	0.34	0.39
Unspecified fruits fresh	0.20	0.36	0.89	0.38	0.46	0.60	0.59	0.54	0.56	0.44
Grapefruit	3.96	3.16	2.91	2.76	2.36	1.66	1.78	1.55	1.54	1.36
Grapes	5.64	4.85	5.56	5.49	4.21	4.24	4.80	4.90	4.81	5.22

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 4 Food available, by commodity¹

	1976	1981	1986	1991	1996	2001	2002	2003	2004	2005
	<i>(kg per person, retail weight, unless otherwise specified)</i>									
Fruits fresh (cont'd)										
Guavas, mangoes	0.46	0.69	0.96	0.93	1.09	1.21	1.06
Kiwis	0.38	0.59	0.46	0.44	0.37	0.47	0.52
Lemons	0.77	0.83	0.97	0.88	0.95	1.16	1.20	1.23	1.18	1.22
Limes	0.06	0.10	0.14	0.18	0.23	0.35	0.37	0.37	0.42	0.43
Mandarins	0.00	0.00	0.00	2.16	2.61	2.59	2.85	2.81	2.84	3.19
Muskmelons, cantaloups	1.19	1.20	1.81	1.41	2.29	2.58	2.85	2.91	2.85	3.11
Other melons	0.38	0.18	0.18	0.15	0.36	0.30	0.40	0.28	0.38	0.47
Melons total	3.78	4.17	5.42	3.73	7.32	7.93	9.31	9.81	10.50	10.08
Watermelons	2.12	2.39	2.82	1.53	3.79	3.59	4.83	5.54	6.14	5.28
Wintermelons	0.09	0.40	0.61	0.64	0.89	1.46	1.22	1.07	1.14	1.22
Nectarines	0.68	0.85	0.97	1.01	1.01	1.12	1.19	1.22	1.14	1.03
Oranges	12.91	11.80	10.66	7.40	9.23	8.70	9.24	9.71	9.35	9.96
Papayas	0.09	0.13	0.17	0.17	0.18	0.30	0.34
Peaches	2.36	1.85	1.67	1.72	1.53	1.36	1.40	1.43	1.36	1.24
Pears	1.81	1.93	1.94	2.08	2.18	2.48	2.50	2.54	2.25	2.23
Pineapples	0.31	0.45	0.48	0.58	0.57	1.51	1.71	1.87	2.10	2.47
Plums	0.97	1.20	1.07	1.06	0.97	0.97	0.98	0.95	0.82	0.90
Prunes, plums and sloes	0.85	0.78	0.83	0.87	0.82	0.70	0.79
Quinces	0.00	0.01	0.00	0.00	0.00	0.00	0.00
Strawberries	1.10	1.45	1.66	1.96	2.03	2.01	2.21	2.34	2.45	2.72
Total	61.14	59.48	59.40	58.08	63.06	63.32	66.07	68.18	68.72	71.28
Fruits processed										
Apple pie filling	0.27	0.13	0.05	0.33	0.14	0.12	0.10	0.09	0.09	0.09
Apple sauce	0.50	0.51	0.45	0.55	0.62	0.52	0.51	0.50	0.50	0.50
Apples canned	0.02	0.10	0.01	0.05	0.05	0.26	0.28	0.30	0.34	0.35
Apples dried	0.02	0.02	0.02	0.04	0.04	0.05	0.06	0.06	0.06	0.05
Apples frozen	0.16	0.04	0.11	0.05	0.07	0.07	0.05	0.05	0.05	0.05
Apricots canned	0.11	0.13	0.07	0.04	0.04	0.03	0.04	0.04	0.05	0.05
Blueberries canned	0.01	0.02	0.01	0.03	0.01	0.01	0.01	0.01	0.02	0.01
Blueberries frozen	0.03	0.11	0.22	0.21	0.33	0.45	0.46	0.46	0.47	0.50
Cherries frozen	0.18	0.19	0.18	0.32	0.14	0.21	0.18	0.20	0.21	0.23
Unspecified fruits canned	2.00	1.20	1.44	1.21	1.18	1.61	1.80	1.80	1.98	1.83
Unspecified fruits dried	1.34	1.23	1.36	1.57	1.36	1.42	1.43	1.53	1.58	1.43
Unspecified fruits frozen	0.05	0.11	0.11	0.19	0.31	0.37	0.36	0.48	0.50	0.69
Peaches canned	1.28	1.13	1.05	0.86	1.00	1.08	1.04	1.04	1.01	1.00
Pears canned	0.71	0.53	0.47	0.36	0.35	0.37	0.35	0.34	0.34	0.34
Pineapples canned	1.06	1.30	1.07	1.34	1.04	0.97	0.93	0.92	0.90	0.88
Raspberries frozen	0.19	0.30	0.20	0.33	0.38	0.30	0.28	0.33	0.38	0.38
Strawberries canned	0.03	0.03	0.00	0.03	0.05	0.05	0.07	0.08	0.07	0.07
Strawberries frozen	0.58	0.48	0.35	0.39	0.49	0.55	0.64	0.69	0.59	0.59
Total (fresh equivalent)	16.16	14.75	14.83	17.08	15.54	16.80	16.99	17.81	18.30	17.48
Total canned	5.99	5.08	4.63	4.79	4.47	5.02	5.13	5.13	5.30	5.12
Total frozen	1.18	1.23	1.17	1.48	1.73	1.94	1.97	2.21	2.20	2.45
Total dry	1.36	1.24	1.38	1.62	1.41	1.47	1.49	1.59	1.64	1.48
Vegetables fresh										
Artichokes	0.08	0.09	0.09	0.08	0.07	0.08	0.07	0.06	0.05	0.06
Asparagus	0.15	0.19	0.24	0.37	0.22	0.37	0.40	0.47	0.46	0.53
Beans green and wax	0.55	0.70	0.72	0.83	0.74	0.82	0.93	0.96	1.13	0.91
Beets	0.41	0.59	0.34	0.29	0.29	0.37	0.33	0.32	0.32	0.30

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 4 Food available, by commodity¹

	1976	1981	1986	1991	1996	2001	2002	2003	2004	2005
	<i>(kg per person, retail weight, unless otherwise specified)</i>									
Vegetables fresh (cont'd)										
Broccoli	0.68	1.08	2.25	2.64	3.27	3.15	3.12	2.83	3.13	3.08
Brussels sprouts	0.11	0.14	0.20	0.15	0.17	0.17	0.17	0.14	0.16	0.13
Cabbage chinese	0.43	0.66	0.63	0.75	0.69	0.67	0.72
Cabbage	5.99	6.13	5.33	4.85	5.34	4.81	4.86	4.12	5.17	4.81
Carrots	7.26	7.62	8.09	8.21	8.72	8.67	7.68	8.34	6.39	7.38
Cauliflower	1.24	2.16	2.93	2.34	2.16	2.31	2.13	2.13	2.08	2.25
Celery	3.77	4.39	4.23	4.42	3.82	3.46	3.72	3.65	3.80	3.51
Corn	2.29	3.42	3.07	3.69	3.90	3.05	3.20	3.14	3.48	3.52
Cucumbers	2.03	2.23	2.95	2.88	3.23	4.16	3.35	3.08	3.41	4.00
Eggplant	...	0.17	0.22	0.26	0.32	0.40	0.41	0.42	0.42	0.42
Garlic	...	0.12	0.11	0.18	0.34	0.36	0.36	0.36	0.37	0.35
Kohlrabi	...	0.00	0.01	0.08	0.11	0.16	0.22	0.22	0.19	0.19
Leeks	...	0.06	0.05	0.09	0.21	0.25	0.27	0.26	0.24	0.24
Lettuce	8.81	9.36	9.91	10.40	9.37	11.15	11.69	11.45	10.98	10.74
Manioc	...	0.01	0.00	0.02	0.05	0.06	0.05	0.06	0.07	0.06
Mushrooms	0.57	1.02	1.37	1.61	1.52	1.78	1.20	1.50	1.42	1.37
Okra	...	0.02	0.03	0.04	0.05	0.09	0.09	0.09	0.10	0.10
Olives	0.02	0.02	0.02	0.02	0.02	0.02	0.02	0.02	0.02	0.02
Onions, shallots	6.12	6.84	7.41	6.47	8.33	8.50	7.96	7.54	7.30	8.35
Parsley	...	0.10	0.16	0.15	0.19	0.27	0.26	0.24	0.24	0.22
Parsnips	0.15	0.16	0.13	0.10	0.14	0.12	0.10	0.11	0.10	0.09
Peas	0.07	0.15	0.08	0.13	0.20	0.25	0.24	0.23	0.25	0.27
Peppers	1.26	1.65	2.34	2.53	3.21	3.26	3.38	3.36	3.55	3.94
Potatoes sweet	0.39	0.46	0.40	0.28	0.42	0.61	0.62	0.67	0.75	0.75
Potatoes white	65.60	62.17	74.38	65.54	75.09	76.52	72.47	71.33	68.46	65.63
Pumpkins, squash	...	0.39	0.56	0.57	2.18	2.90	2.39	2.72	2.89	2.98
Radishes	0.63	0.53	0.52	0.53	0.55	0.50	0.53	0.63	0.55	0.49
Rappini	0.05	0.04	0.07	0.11	0.15	0.16	0.16	0.16	0.17	0.16
Rutabagas, turnips	2.72	2.72	2.18	2.02	1.97	1.41	1.50	1.21	1.15	1.46
Spinach	0.35	0.44	0.48	0.49	0.49	0.83	0.90	0.89	0.80	0.62
Tomatoes	5.87	6.76	7.32	6.22	..	8.43	8.28	7.42	7.61	7.24
Edible root vegetables other	...	0.01	0.01	0.29	0.28	0.20	0.25	0.27	0.26	0.25
Leguminous vegetables other	0.03	0.03	0.02	0.02	0.01	0.01	0.00
Unspecified vegetables fresh	0.93	1.09	0.29	0.35	1.09	1.03	1.26	2.00	0.99	0.82
Total	118.09	123.02	138.49	129.24	145.59	150.71	144.58	142.41	138.46	137.25
Vegetables processed										
Asparagus canned	0.23	0.16	0.15	0.13	0.16	0.18	0.17	0.17	0.16	0.16
Beans green and wax canned	1.30	1.42	0.99	0.85	1.04	1.16	1.15	1.12	1.12	1.11
Beans green and wax frozen	0.32	0.50	0.44	0.46	0.30	0.31	0.31	0.31	0.31	0.31
Beets canned	0.33	0.26	0.21	0.34	0.18	0.17	0.16	0.16	0.15	0.15
Broccoli frozen	0.14	0.27	0.15	0.30	0.52	0.71	0.67	0.67	0.74	0.70
Brussels sprouts frozen	0.14	0.21	0.18	0.08	0.06	0.08	0.07	0.06	0.07	0.07
Carrots canned	0.19	0.21	0.21	0.11	0.15	0.15	0.12	0.14	0.12	0.12
Carrots frozen	0.43	0.61	1.00	1.04	1.23	1.15	1.15	1.15	1.15	1.15
Cauliflower frozen	0.05	0.17	0.09	0.14	0.16	0.19	0.14	0.14	0.15	0.11
Corn canned	1.80	2.13	1.89	1.70	1.58	1.48	1.41	1.35	1.35	1.32
Corn frozen	0.21	0.62	0.85	0.84	1.03	0.99	0.96	0.95	0.94	0.94
Lima beans frozen	0.05	0.05	0.04	0.03	0.01	0.05	0.03	0.04	0.04	0.02

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 4 Food available, by commodity¹

	1976	1981	1986	1991	1996	2001	2002	2003	2004	2005
	<i>(kg per person, retail weight, unless otherwise specified)</i>									
Vegetables processed (cont'd)										
Mushrooms canned	0.84	1.26	1.46	1.16	0.88	0.72	0.67	0.67	0.66	0.63
Peas canned	1.44	1.47	1.23	0.79	0.76	0.70	0.70	0.63	0.62	0.62
Peas frozen	1.07	1.21	0.95	1.28	..	1.21	1.19	1.18	1.18	1.17
Spinach frozen	0.08	0.08	0.08	0.08	0.12	0.13	0.14	0.14	0.17	0.18
Tomatoes canned	2.98	3.39	3.03	3.16	3.65	3.73	3.72	3.73	3.73	3.72
Tomatoes, pulp, paste and puree	1.18	1.69	2.04	2.27	2.91	2.79	2.68	2.67	2.62	2.61
Unspecified vegetables canned	1.48	1.35	1.16	1.49	1.63	2.46	2.38	1.70	1.40	1.27
Unspecified vegetables frozen	0.01	0.70	0.82	1.07	1.08	1.07	1.04	1.03
Total (fresh equivalent)	24.94	31.76	32.61	35.00	40.08	40.81	39.63	38.42	37.80	37.31
Total canned	11.78	13.34	12.36	12.00	12.94	13.52	13.16	12.33	11.94	11.71
Total frozen	2.51	3.71	3.77	4.97	5.42	5.88	5.74	5.70	5.77	5.68
Juices (litres)										
Apple juice	3.91	7.26	9.14	8.31	..	6.86	7.02	6.97	7.00	7.16
Grape juice	0.31	0.87	1.73	1.83	4.45	2.87	4.21	3.91	3.34	3.20
Grapefruit juice	1.09	1.53	0.84	0.90	1.01	0.76	1.30	1.09	1.21	0.94
Lemon juice	0.29	0.27	0.26	0.34	0.40	0.38	0.55	0.56	0.56	0.56
Orange juice	8.80	12.75	11.72	7.99	13.60	13.59	13.61	13.50	13.86	13.60
Pineapple juice	0.34	0.58	0.29	0.77	0.67	0.96	0.74	0.70	0.77	0.91
Tomato juice	3.64	3.62	2.77	2.05	1.54	1.48	1.44	1.46	1.35	1.37
Total	18.38	26.89	26.75	22.20	28.65	26.90	28.87	28.18	28.10	27.74
Total fruit juice	14.73	23.26	23.98	20.15	27.11	25.42	27.43	26.72	26.75	26.37
Total vegetable juice	3.64	3.62	2.77	2.05	1.54	1.48	1.44	1.46	1.35	1.37
Beverages (litres)										
Ale, beer, stout and porter (population 15+ years)	111.86	108.18	100.59	92.02	84.76	86.14	85.51	86.26	82.48	83.04
Distilled spirits (population 15+ years)	10.69	10.24	7.79	6.15	5.50	7.24	7.54	7.63	7.69	7.70
Wines (population 15+ years)	8.63	11.59	12.26	10.40	10.69	12.58	13.06	13.26	13.75	14.32
Coffee	98.08	101.81	91.01	97.28	97.42	101.68	103.96	105.17	105.68	104.00
Soft drinks	63.14	67.65	80.10	101.17	110.88	113.56	112.36	110.39	108.71	107.22
Tea	87.53	68.34	59.43	42.12	48.90	72.98	71.34	73.41	74.62	69.98
Bottled water	19.66	29.66
Total	364.97	365.72	352.59	348.92	386.06	430.75
Alcoholic beverages (population 15+ years)	131.19	130.02	120.64	108.56	100.96	105.97	106.12	107.15	103.92	105.06
Non-alcoholic beverages (includes juice)	267.12	264.68	257.30	262.78	305.51	344.78

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 5 Food consumed, by commodity¹

	1976	1981	1986	1991	1996	2001	2002	2003	2004	2005
<i>(kg per person, unless otherwise specified)</i>										
Cereal products										
Breakfast food	2.05	2.65	3.20	2.93	3.74	3.80	3.88	3.98	4.03	4.17
Corn flour and meal	1.45	1.62	1.51	1.79	2.94	2.13	1.28	0.85	1.10	0.81
Oatmeal and rolled oats	0.90	0.86	0.91	0.94	1.62	1.40	1.45	1.90	1.72	1.68
Pot and pearl barley	0.03	0.08	0.05	0.03	0.07	0.03	0.03	0.03	0.05	0.05
Rice	1.92	2.49	3.22	4.07	5.33	5.91	5.56	5.67	7.32	7.17
Rye flour	0.30	0.33	0.24	0.24	0.22	0.24	0.23	0.24	0.24	0.21
Wheat flour	44.53	40.50	42.79	42.63	46.62	52.83	53.34	51.95	52.11	51.90
Total	51.17	48.51	51.93	52.63	60.54	66.36	65.77	64.62	66.58	65.99
Sugars and syrups										
Honey	0.62	0.81	0.64	0.58	0.77	0.67	0.56	0.67	0.68	0.69
Maple sugar	0.13	0.25	0.08	0.10	0.13	0.15	0.13	0.14	0.15	0.13
Refined sugar	30.87	27.74	31.29	26.03	27.06	25.71	25.75	25.59	25.48	24.44
Total	31.62	28.80	32.01	26.71	27.96	26.53	26.43	26.40	26.31	25.27
Red meats										
Beef	23.37	18.47	17.50	14.65	13.97	13.66	13.53	14.11	13.63	14.17
Mutton and lamb	0.41	0.28	0.37	0.36	0.31	0.43	0.42	0.44	0.46	0.46
Offal	0.97	0.80	0.99	1.00	0.79	0.51	0.62	0.82	0.89	0.41
Pork	10.43	13.27	12.05	11.23	11.29	12.57	12.08	10.91	11.57	9.96
Veal	1.01	0.66	0.71	0.64	0.57	0.54	0.54	0.53	0.50	0.47
Total	36.19	33.49	31.62	27.88	26.93	27.70	27.20	26.82	27.05	25.47
Total beef and veal	24.38	19.13	18.21	15.29	14.54	14.20	14.07	14.64	14.13	14.64
Poultry										
Chicken	5.72	6.56	7.47	7.84	8.83	10.75	10.83	10.61	10.72	10.82
Stewing hen	0.46	0.51	0.39	0.54	0.62	0.61	0.62	0.59	0.65	0.59
Turkey	2.07	2.14	2.16	2.38	2.16	2.21	2.24	2.13	2.18	2.27
Total	8.25	9.21	10.02	10.77	11.61	13.58	13.68	13.33	13.54	13.68
Total chicken and stewing hen	6.18	7.07	7.86	8.38	9.45	11.37	11.44	11.20	11.36	11.41
Fish										
Fresh and frozen seafood	2.80	2.94	2.87	2.62	2.90	2.58	2.66
Freshwater	0.14	0.20	0.31	0.28	0.35	0.33	0.31
Processed seafood	2.34	1.75	2.37	2.63	2.50	2.43	2.55
Shellfish	0.99	1.08	1.39	1.42	1.33	1.26	1.29
Total	6.27	5.97	6.93	6.94	7.07	6.61	6.81
Dairy										
Cheese, cheddar	1.17	1.81	1.93	2.31	2.27	2.31	2.29	2.32	2.28	2.39
Cheese, cottage	0.78	0.93	0.93	0.76	0.56	0.57	0.58	0.58	0.61	0.63
Cheese, processed	1.95	2.15	1.93	2.05	1.91	1.82	1.66	1.64	1.74	1.66
Cheese, variety	1.95	2.24	3.23	3.92	4.18	4.64	4.77	4.74	4.95	4.85
Cream, cereal 10% , litres	1.80	2.03	2.15	2.08	2.14	2.18	2.15	2.25	2.37	2.29
Cream, sour, litres	0.26	0.36	0.55	0.73	0.69	1.00	0.96	1.00	1.00	0.98
Cream, table 18%, litres	0.20	0.20	0.29	0.36	0.58	1.33	1.45	1.75	1.90	2.04
Cream, whipping 32% or 35%, litres	0.37	0.49	0.66	0.60	0.64	0.76	0.81	0.88	0.83	0.86
Ice cream, litres	8.81	9.29	9.01	7.87	8.04	6.81	7.02	6.48	6.21	6.40
Ice milk, litres	0.84	0.76	0.93	0.92	1.45	1.65	1.60	1.52	1.44	1.36
Milk, buttermilk, litres	0.45	0.42	0.38	0.34	0.30	0.29	0.31	0.32	0.33	0.31
Milk, chocolate drink, litres	2.34	2.88	2.60	2.53	2.92	3.60	3.65	3.75	3.98	4.01
Milk, concentrated skim, litres	0.21	1.05	0.47	0.81	0.45	0.19	0.20	0.22	0.28	0.17
Milk, concentrated whole, litres	2.69	1.59	1.50	1.04	0.79	0.58	0.67	0.25	0.41	0.61

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 5 Food consumed, by commodity¹

	1976	1981	1986	1991	1996	2001	2002	2003	2004	2005
	<i>(kg per person, unless otherwise specified)</i>									
Dairy (cont'd)										
Milk, other whole milk products	0.00	0.10	0.21	0.28	0.36	0.74	0.82	0.82	0.98	0.93
Milk, partly skimmed 1%, litres	6.30	11.43	12.72	12.74	12.89	13.20	13.13
Milk, partly skimmed 2%, litres	33.92	40.79	45.45	41.25	34.81	30.90	29.99	29.78	29.62	28.67
Milk, skim, litres	2.64	2.49	3.50	4.71	5.73	6.45	6.53	6.31	6.36	6.53
Milk, standard (3.25%), litres	32.94	28.87	21.93	14.74	11.38	10.37	10.01	9.93	9.66	9.32
Milk, sweetened concentrated skim, litres	...	0.03	0.06	0.02	0.13	0.05	0.05	0.05	0.05	0.06
Milkshake, litres	0.36	0.72	0.76	0.51	0.44	0.36	0.22	0.18	0.14	0.13
Powder buttermilk	0.09	0.11	0.08	0.11	0.14	0.14	0.10	0.11	0.09	0.12
Powder skim milk	2.05	1.35	1.26	0.57	0.84	0.82	0.86	0.84	0.83	1.09
Powder whey	0.62	0.89	0.54	0.65	0.81	0.73	0.48	0.27	0.25	0.24
Sherbet, litres	0.11	0.09	0.07	0.09	0.13	0.26	0.16	0.14	0.21	0.14
Yogurt, litres	0.65	1.21	1.99	2.21	2.34	3.61	3.98	4.33	4.66	5.00
Total dairy (milk solid)	16.92	17.95	17.83	17.16	17.12	17.38	17.09	16.77	17.11	17.26
Fluid milk, litres	72.29	75.46	73.85	69.88	66.57	64.33	63.23	62.98	63.16	61.97
Total cheese	5.07	6.20	7.09	8.27	8.36	8.78	8.72	8.69	8.97	8.90
Total other dairy	16.33	17.84	18.15	16.69	16.91	18.64	18.94	18.77	19.55	20.35
Eggs (dozens)	15.58	15.18	13.74	12.49	12.43	13.17	12.81	12.98	12.72	12.91
Pulses and nuts										
Beans baked and canned	1.89	2.06	2.05	1.38	1.27	1.26	1.20	1.20	1.20	1.14
Beans dry	0.50	0.55	0.66	0.68	1.26	1.93	1.99	2.05	2.12	2.18
Peanuts	2.33	2.52	2.62	2.44	2.86	2.38	2.56	2.38	2.56	2.55
Peas dry	0.43	0.99	1.06	1.03	1.22	1.25	1.26	1.26	1.27	1.27
Tree nuts	0.86	1.16	1.35	1.14	0.84	1.42	1.46	1.27	1.32	1.19
Total	6.02	7.27	7.73	6.67	7.46	8.24	8.47	8.17	8.48	8.32
Oils and fats										
Butter	3.77	3.28	2.88	2.26	2.16	2.13	2.11	2.22	2.27	2.09
Margarine	4.09	4.61	4.51	4.19	4.03	3.70	3.58	3.49	3.58	3.55
Salad oils	2.84	2.65	3.77	4.10	6.78	9.14	8.87	8.65	8.88	8.79
Shortening and shortening oils	5.38	5.79	5.38	6.66	7.51	7.21	6.98	6.81	6.99	6.92
Total	16.08	16.33	16.54	17.22	20.48	22.18	21.54	21.18	21.73	21.35
Fruits fresh										
Apples	8.95	8.67	7.28	8.05	8.12	7.76	7.16	7.25	6.83	7.58
Apricots	0.07	0.05	0.08	0.07	0.08	0.11	0.11	0.11	0.11	0.11
Avocados	0.08	0.15	0.12	0.11	0.19	0.22	0.25	0.26	0.32	0.30
Bananas	4.89	5.04	5.53	6.09	6.62	6.28	6.38	6.41	6.65	6.69
Berries other	0.06	0.01	0.04	0.05	0.07	0.15	0.24	0.23	0.21	0.19
Blueberries	0.06	0.21	0.16	0.27	0.17	0.27	0.26	0.37	0.40	0.56
Cherries	0.43	0.26	0.20	0.21	0.19	0.31	0.24	0.39	0.32	0.34
Citrus other	0.02	0.02	0.02	0.02	0.02	0.03	0.06
Coconut	0.20	0.20	0.21	0.27	0.21	0.24	0.25	0.26	0.24	0.26
Cranberries	0.25	0.30	0.32	0.45	0.35	0.28	0.31	0.41	0.52	0.61
Dates	0.89	0.82	0.63	0.69	0.50	0.35	0.47	0.50	0.60	0.71
Figs	0.21	0.21	0.21	0.22	0.19	0.21	0.20	0.22	0.24	0.27
Unspecified fruits fresh	0.13	0.23	0.57	0.24	0.29	0.38	0.38	0.34	0.36	0.28
Grapefruit	1.46	1.17	1.08	1.02	0.87	0.61	0.66	0.57	0.57	0.50
Grapes	4.00	3.44	3.95	3.89	2.99	3.01	3.41	3.47	3.41	3.71

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 5 Food consumed, by commodity¹

	1976	1981	1986	1991	1996	2001	2002	2003	2004	2005
	<i>(kg per person, unless otherwise specified)</i>									
Fruits fresh (cont'd)										
Guavas, mangoes	0.23	0.35	0.49	0.47	0.56	0.61	0.54
Kiwis	0.24	0.37	0.29	0.28	0.23	0.30	0.33
Lemons	0.30	0.33	0.38	0.34	0.37	0.45	0.47	0.48	0.46	0.48
Limes	0.04	0.06	0.09	0.11	0.14	0.22	0.23	0.23	0.26	0.27
Mandarins	1.15	1.39	1.38	1.52	1.49	1.51	1.70
Muskmelons, cantaloups	0.43	0.43	0.65	0.50	0.82	0.92	1.02	1.04	1.02	1.11
Other melons	0.16	0.08	0.08	0.06	0.15	0.13	0.17	0.12	0.16	0.20
Melons total	1.45	1.64	2.14	1.50	2.91	3.22	3.71	3.87	4.16	4.00
Watermelons	0.82	0.92	1.09	0.59	1.46	1.38	1.86	2.13	2.36	2.03
Wintermelons	0.05	0.22	0.33	0.35	0.48	0.79	0.66	0.58	0.61	0.66
Nectarines	0.31	0.39	0.44	0.46	0.46	0.51	0.54	0.56	0.52	0.47
Oranges	6.96	6.37	5.75	3.99	4.98	4.70	4.99	5.24	5.04	5.38
Papayas	0.04	0.07	0.08	0.08	0.09	0.15	0.17
Peaches	1.08	0.85	0.76	0.79	0.70	0.62	0.64	0.65	0.62	0.57
Pears	1.23	1.31	1.32	1.42	1.48	1.68	1.70	1.73	1.53	1.52
Pineapples	0.12	0.17	0.19	0.22	0.22	0.58	0.66	0.72	0.81	0.95
Plums	0.68	0.83	0.74	0.74	0.68	0.67	0.68	0.66	0.57	0.63
Quinces	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Strawberries	0.76	1.01	1.15	1.36	1.41	1.40	1.54	1.63	1.71	1.89
Total	34.60	33.72	33.32	33.12	35.01	35.14	36.34	37.50	37.55	39.35
Fruits processed										
Apple pie filling	0.24	0.11	0.05	0.29	0.12	0.11	0.09	0.08	0.08	0.08
Apple sauce	0.44	0.46	0.40	0.48	0.55	0.46	0.45	0.44	0.45	0.44
Apples canned	0.02	0.09	0.01	0.04	0.04	0.23	0.25	0.27	0.30	0.31
Apples dried	0.02	0.01	0.02	0.04	0.04	0.05	0.05	0.05	0.05	0.05
Apples frozen	0.14	0.04	0.10	0.04	0.06	0.06	0.05	0.04	0.04	0.05
Apricots canned	0.10	0.12	0.07	0.04	0.04	0.03	0.04	0.04	0.04	0.05
Blueberries canned	0.00	0.01	0.01	0.02	0.00	0.01	0.01	0.01	0.02	0.01
Blueberries frozen	0.02	0.10	0.20	0.19	0.29	0.40	0.41	0.41	0.42	0.44
Cherries frozen	0.16	0.16	0.16	0.28	0.13	0.18	0.16	0.18	0.19	0.21
Unspecified fruits canned	1.78	1.06	1.28	1.07	1.05	1.43	1.60	1.60	1.76	1.62
Unspecified fruits dried	1.19	1.09	1.21	1.40	1.21	1.26	1.27	1.36	1.40	1.27
Unspecified fruits frozen	0.04	0.10	0.10	0.17	0.28	0.33	0.32	0.42	0.44	0.62
Peaches canned	1.14	1.01	0.94	0.77	0.89	0.96	0.93	0.92	0.89	0.89
Pears canned	0.63	0.47	0.42	0.32	0.31	0.33	0.31	0.30	0.30	0.30
Pineapples canned	0.95	1.15	0.95	1.19	0.92	0.86	0.82	0.81	0.80	0.79
Raspberries frozen	0.16	0.27	0.17	0.29	0.34	0.26	0.25	0.29	0.33	0.34
Strawberries canned	0.03	0.03	0.00	0.02	0.04	0.05	0.06	0.07	0.07	0.06
Strawberries frozen	0.51	0.43	0.31	0.35	0.44	0.48	0.57	0.61	0.53	0.52
Total (fresh equivalent)	14.35	13.11	13.17	15.17	13.81	14.93	15.09	15.82	16.26	15.53
Total canned	5.32	4.51	4.12	4.25	3.97	4.46	4.55	4.55	4.71	4.55
Total frozen	1.05	1.09	1.04	1.32	1.54	1.72	1.75	1.96	1.96	2.17
Total dry	1.21	1.10	1.23	1.44	1.25	1.31	1.33	1.41	1.46	1.31
Vegetables fresh										
Artichokes	0.02	0.03	0.03	0.02	0.02	0.02	0.02	0.02	0.02	0.02
Asparagus	0.06	0.08	0.09	0.14	0.08	0.14	0.16	0.18	0.18	0.21
Beans green and wax	0.35	0.44	0.46	0.52	0.47	0.52	0.59	0.61	0.72	0.58
Beets	0.27	0.39	0.22	0.19	0.19	0.24	0.22	0.21	0.21	0.20

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 5 Food consumed, by commodity¹

	1976	1981	1986	1991	1996	2001	2002	2003	2004	2005
	<i>(kg per person, unless otherwise specified)</i>									
Vegetables fresh (cont'd)										
Broccoli	0.31	0.49	1.02	1.19	1.47	1.42	1.41	1.28	1.41	1.39
Brussels sprouts	0.07	0.10	0.13	0.10	0.11	0.12	0.11	0.09	0.11	0.09
Cabbage chinese	0.25	0.39	0.37	0.44	0.41	0.40	0.43
Cabbage	3.54	3.62	3.15	2.87	3.16	2.84	2.87	2.44	3.06	2.84
Carrots	4.78	5.01	5.33	5.40	5.74	5.70	5.05	5.49	4.20	4.85
Cauliflower	0.36	0.62	0.84	0.67	0.62	0.67	0.61	0.62	0.60	0.65
Celery	2.48	2.89	2.78	2.91	2.51	2.28	2.45	2.40	2.50	2.31
Corn	0.52	0.77	0.70	0.83	0.88	0.69	0.69	0.65	0.69	0.67
Cucumbers	1.09	1.20	1.59	1.55	1.74	2.25	1.81	1.66	1.84	2.16
Eggplant	...	0.09	0.12	0.14	0.18	0.22	0.22	0.23	0.23	0.23
Garlic	...	0.08	0.07	0.11	0.22	0.23	0.23	0.23	0.24	0.23
Kohlrabi	0.01	0.05	0.06	0.09	0.12	0.13	0.11	0.11
Leeks	...	0.03	0.03	0.05	0.11	0.13	0.15	0.14	0.13	0.13
Lettuce	5.31	5.64	5.97	6.26	5.65	6.72	7.04	6.90	6.62	6.47
Manioc	...	0.00	0.00	0.01	0.03	0.03	0.03	0.03	0.04	0.04
Mushrooms	0.41	0.73	0.98	1.16	1.09	1.28	0.86	1.08	1.02	0.99
Okra	...	0.01	0.02	0.03	0.03	0.05	0.05	0.05	0.06	0.06
Olives	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.01
Onions, shallots	3.31	3.70	4.00	3.50	4.50	4.59	4.30	4.08	3.95	4.51
Parsley	...	0.06	0.08	0.08	0.10	0.14	0.14	0.13	0.13	0.12
Parsnips	0.10	0.10	0.08	0.06	0.10	0.08	0.07	0.08	0.07	0.06
Peas	0.04	0.09	0.05	0.08	0.12	0.16	0.15	0.15	0.16	0.17
Peppers	0.76	1.00	1.42	1.53	1.94	1.97	2.05	2.04	2.15	2.39
Potatoes sweet	0.19	0.22	0.19	0.14	0.20	0.29	0.29	0.32	0.36	0.36
Potatoes white	32.67	30.96	37.05	29.92	33.77	33.80	31.65	30.93	29.62	28.46
Pumpkins, squash	...	0.21	0.30	0.30	1.16	1.54	1.27	1.45	1.54	1.59
Radishes	0.42	0.35	0.34	0.35	0.37	0.33	0.35	0.42	0.37	0.33
Rappini	0.03	0.02	0.04	0.06	0.08	0.09	0.08	0.08	0.09	0.09
Rutabagas, turnips	1.36	1.36	1.08	1.01	0.98	0.70	0.74	0.60	0.57	0.73
Spinach	0.18	0.23	0.25	0.26	0.26	0.44	0.48	0.47	0.43	0.33
Tomatoes	3.95	4.55	4.92	4.18	4.96	5.67	5.57	4.99	5.12	4.87
Edible root vegetables other	...	0.00	0.00	0.16	0.16	0.12	0.14	0.15	0.15	0.14
Leguminous vegetables other	0.02	0.02	0.02	0.01	0.01	0.01	0.00
Unspecified vegetables fresh	0.69	0.80	0.21	0.26	0.80	0.76	0.93	1.48	0.73	0.61
Total	63.27	65.90	73.59	66.15	73.90	76.37	72.96	71.81	69.40	68.95
Vegetables processed										
Asparagus canned	0.21	0.14	0.13	0.12	0.14	0.16	0.15	0.15	0.14	0.14
Beans green and wax canned	1.15	1.26	0.88	0.76	0.92	1.03	1.02	0.99	1.00	0.99
Beans green and wax frozen	0.26	0.39	0.35	0.37	0.24	0.24	0.25	0.25	0.25	0.25
Beets canned	0.30	0.23	0.19	0.30	0.16	0.15	0.14	0.14	0.14	0.13
Broccoli frozen	0.11	0.22	0.13	0.25	0.43	0.59	0.55	0.56	0.61	0.58
Brussels sprouts frozen	0.12	0.17	0.15	0.07	0.05	0.07	0.06	0.05	0.06	0.06
Carrots canned	0.17	0.18	0.18	0.10	0.13	0.13	0.10	0.12	0.11	0.10
Carrots frozen	0.37	0.53	0.87	0.90	1.07	1.00	1.00	1.00	1.00	1.00
Cauliflower frozen	0.04	0.14	0.07	0.12	0.13	0.15	0.11	0.11	0.12	0.09
Corn canned	1.60	1.89	1.68	1.51	1.40	1.32	1.26	1.20	1.20	1.17
Corn frozen	0.18	0.53	0.72	0.71	0.87	0.84	0.82	0.81	0.80	0.80
Lima beans frozen	0.03	0.03	0.03	0.02	0.01	0.04	0.02	0.03	0.03	0.01

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 5 Food consumed, by commodity¹

	1976	1981	1986	1991	1996	2001	2002	2003	2004	2005
	<i>(kg per person, unless otherwise specified)</i>									
Vegetables processed (cont'd)										
Mushrooms canned	0.75	1.12	1.29	1.03	0.78	0.64	0.59	0.59	0.58	0.56
Peas canned	1.28	1.30	1.09	0.70	0.68	0.62	0.62	0.56	0.55	0.55
Peas frozen	0.88	0.99	0.78	1.05	0.97	0.99	0.98	0.97	0.96	0.96
Spinach frozen	0.06	0.06	0.06	0.06	0.09	0.10	0.10	0.10	0.13	0.13
Tomatoes canned	2.65	3.01	2.69	2.81	3.24	3.31	3.30	3.31	3.31	3.30
Tomatoes, pulp, paste and puree	1.05	1.50	1.81	2.02	2.58	2.47	2.38	2.38	2.33	2.32
Unspecified vegetables canned	1.32	1.20	1.03	1.32	1.45	2.18	2.11	1.51	1.24	1.12
Unspecified vegetables frozen	0.01	0.00	0.00	0.53	0.62	0.81	0.82	0.81	0.79	0.78
Total (fresh equivalent)	21.94	27.88	28.64	30.59	35.07	35.64	34.60	33.54	32.98	32.55
Total canned	10.47	11.85	10.98	10.66	11.49	12.01	11.69	10.95	10.61	10.40
Total frozen	2.07	3.07	3.15	4.09	4.47	4.83	4.71	4.67	4.74	4.66
Juices (litres)										
Apple juice	3.48	6.45	8.12	7.38	6.19	6.09	6.24	6.19	6.22	6.36
Grape juice	0.27	0.77	1.54	1.63	3.95	2.55	3.74	3.47	2.96	2.84
Grapefruit juice	0.97	1.36	0.74	0.80	0.90	0.67	1.16	0.97	1.08	0.84
Lemon juice	0.25	0.24	0.23	0.30	0.35	0.34	0.49	0.49	0.50	0.50
Orange juice	7.81	11.33	10.41	7.10	12.09	12.07	12.09	11.99	12.31	12.08
Pineapple juice	0.30	0.51	0.26	0.69	0.60	0.85	0.66	0.62	0.69	0.81
Tomato juice	3.24	3.22	2.46	1.82	1.37	1.31	1.28	1.30	1.20	1.22
Total	16.33	23.88	23.76	19.72	25.45	23.89	25.65	25.03	24.96	24.64
Total fruit juice	13.09	20.67	21.30	17.90	24.08	22.58	24.37	23.74	23.76	23.43
Total vegetable juice	3.24	3.22	2.46	1.82	1.37	1.31	1.28	1.30	1.20	1.22
Beverages (litres)										
Ale, beer, stout and porter (population 15+ years)	108.23	104.68	97.33	89.03	82.01	83.35	82.74	83.46	79.81	80.34
Distilled spirits (population 15+ years)	10.35	9.91	7.54	5.95	5.33	7.01	7.30	7.38	7.44	7.45
Wines (population 15+ years)	8.35	11.22	11.87	10.06	10.35	12.18	12.64	12.83	13.31	13.86
Coffee	87.12	90.44	80.84	86.42	86.54	90.32	92.35	93.42	93.88	92.38
Soft drinks	56.09	60.09	71.16	89.87	98.50	100.88	99.81	98.06	96.56	95.24
Tea	77.75	60.70	52.79	37.42	43.44	64.83	63.37	65.21	66.29	62.17
Bottled water	17.46	26.34
Total	333.20	334.23	321.71	318.28	350.56	390.67
Alcoholic beverages (population 15+ years)	126.94	125.80	116.73	105.04	97.68	102.53	102.68	103.68	100.55	101.65
Non-alcoholic beverages (includes juices)	238.52	236.47	229.51	234.94	272.63	307.49

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 6 Nutrients available from the Canadian food supply^{1,2}

	1976	1981	1986	1991	1996	2001	2002	2003	2004	2005
	<i>per person / per day</i>									
Energy (kcal)	3171.73	3136.89	3244.42	3158.52	3439.94	3633.54	3594.42	3551.13	3596.23	3551.97
Carbohydrates (g)	392.98	382.10	409.14	392.59	431.35	445.23	441.65	436.98	441.03	435.65
Proteins (g)	102.03	101.23	101.87	98.65	102.73	109.60	108.72	107.24	108.19	106.97
Fat - total (g)	121.96	123.20	124.47	125.28	138.61	149.23	146.66	144.43	147.31	145.14
Mono-unsaturated fatty acids	55.58	56.77	57.04	59.64	67.00	71.47	70.00	68.63	70.14	69.11
Poly-unsaturated fatty acids	17.23	17.89	19.38	20.27	24.96	28.57	28.00	27.32	27.97	27.61
Saturated fatty acids	39.55	39.13	38.58	36.93	37.62	39.43	39.01	38.89	39.52	38.86
Cholesterol (mg)	409.05	399.52	383.71	358.91	353.57	374.85	370.73	371.18	371.32	365.40
Vitamin A (re)	1410.67	1464.84	1536.82	1515.77	1572.49	1574.84	1511.23	1572.27	1454.27	1462.73
B Vitamins										
Thiamin (mg)	2.95	3.48	3.26	2.97	3.55	3.50	3.45	3.34	3.57	3.50
Riboflavin (mg)	2.67	2.66	2.66	2.56	2.68	2.83	2.80	2.76	2.78	2.75
Niacin (ne)	50.09	49.50	50.50	49.09	51.68	55.71	55.39	54.50	54.83	54.08
Folate (mcg)	255.92	271.55	277.78	265.00	296.74	316.76	317.31	313.18	315.74	313.26
Vitamin B-6 (mg)	2.33	2.35	2.40	2.29	2.44	2.55	2.50	2.47	2.48	2.44
Vitamin B-12 (mcg)	8.19	7.41	7.36	6.87	6.53	6.54	6.57	6.78	6.72	6.42
Vitamin C (mg)	102.77	114.37	121.99	112.75	130.30	132.14	133.03	131.45	132.09	132.54
Vitamin D (mcg)	5.96	6.05	5.85	5.24	5.09	4.82	4.75	4.65	4.73	4.78
Vitamin E (mg)	9.48	10.15	10.85	10.61	12.58	14.04	13.63	13.36	13.65	13.54
Vitamin K (mcg)	115.10	114.49	142.72	150.33	214.02	274.80	268.69	262.58	267.12	263.29
Calcium (mg)	888.61	930.43	927.95	907.36	926.09	951.75	943.64	930.64	942.68	950.96
Phosphorus (mg)	1624.09	1647.29	1653.68	1607.20	1685.00	1769.86	1748.05	1728.71	1741.61	1729.80
Magnesium (mg)	318.01	325.12	327.82	316.50	340.58	360.64	357.04	351.32	353.95	351.05
Sodium (mg)	1278.47	1349.62	1310.66	1253.84	1233.93	1276.46	1261.00	1236.74	1243.47	1240.90
Potassium (mg)	3883.45	3918.84	3984.48	3745.79	4049.20	4243.59	4169.41	4131.39	4116.97	4074.07
Iron (mg)	17.61	17.14	17.94	17.45	19.03	20.64	20.68	20.49	20.55	20.40
Zinc (mg)	13.71	13.51	13.67	13.00	13.25	13.94	13.82	13.67	13.77	13.67
Copper (mg)	1.53	1.54	1.65	1.59	1.73	1.83	1.82	1.80	1.80	1.76
Manganese (mg)	5.53	5.09	5.04	4.59	5.16	6.14	6.09	6.08	6.19	6.04
Fibre, total dietary (g)	15.33	15.64	16.33	16.02	18.00	18.53	18.34	18.34	18.32	18.31

1. For data by type of food and major food group, please use Canada Food Stats (23F0001-XCB).

2. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants, or losses during preparation.

Table 7 Nutrients consumed from the Canadian food supply^{1,2}

	1976	1981	1986	1991	1996	2001	2002	2003	2004	2005
	<i>per person / per day</i>									
Energy (kcal)	2316.19	2294.67	2368.14	2299.70	2494.98	2634.82	2609.49	2577.82	2610.61	2581.33
Carbohydrates (g)	289.42	281.89	301.28	289.25	316.75	327.26	324.85	321.08	324.24	320.28
Proteins (g)	71.09	70.51	70.87	68.48	71.22	75.94	75.44	74.43	75.10	74.47
Fat - total (g)	86.50	87.41	88.32	88.70	97.98	105.17	103.44	101.87	103.93	102.49
Mono-unsaturated fatty acids	39.61	40.50	40.71	42.16	47.31	50.33	49.33	48.36	49.44	48.75
Poly-unsaturated fatty acids	12.57	13.04	14.08	14.50	17.78	20.26	19.88	19.39	19.86	19.61
Saturated fatty acids	28.07	27.77	27.37	26.16	26.60	27.80	27.53	27.47	27.92	27.48
Cholesterol (mg)	297.87	290.19	277.40	258.31	253.85	268.77	265.76	266.57	266.14	263.08
Vitamin A (re)	989.98	1029.84	1076.66	1060.60	1098.97	1100.91	1056.40	1092.57	1013.04	1021.48
B Vitamins										
Thiamin (mg)	2.03	2.34	2.23	2.04	2.41	2.41	2.38	2.31	2.45	2.41
Riboflavin (mg)	1.94	1.93	1.93	1.85	1.93	2.04	2.02	1.99	2.00	1.99
Niacin (ne)	35.13	34.68	35.26	34.16	35.85	38.61	38.47	37.85	38.10	37.68
Folate (mcg)	186.28	198.88	201.50	190.66	215.12	230.03	230.64	227.70	229.86	228.42
Vitamin B-6 (mg)	1.54	1.55	1.57	1.48	1.57	1.64	1.61	1.59	1.59	1.58
Vitamin B-12 (mcg)	5.65	5.13	5.08	4.73	4.50	4.54	4.56	4.68	4.64	4.48
Vitamin C (mg)	64.75	74.62	78.24	71.28	82.49	83.39	84.22	83.13	83.67	83.86
Vitamin D (mcg)	4.44	4.51	4.36	3.91	3.80	3.60	3.54	3.47	3.53	3.56
Vitamin E (mg)	7.01	7.53	8.01	7.81	9.18	10.19	9.89	9.69	9.91	9.82
Vitamin K (mcg)	81.00	80.32	99.12	103.99	148.73	191.30	186.80	182.73	185.87	183.47
Calcium (mg)	656.40	687.55	683.96	669.18	678.41	695.46	689.80	679.88	688.49	694.65
Phosphorus (mg)	1163.66	1181.92	1183.90	1149.22	1201.19	1262.97	1249.10	1234.59	1244.54	1238.86
Magnesium (mg)	231.43	237.40	237.49	228.20	244.54	259.67	257.68	253.51	255.67	253.90
Sodium (mg)	977.54	1031.42	998.24	951.11	929.77	963.68	953.78	935.03	939.06	938.26
Potassium (mg)	2659.63	2695.47	2702.44	2514.66	2701.44	2842.77	2798.86	2773.81	2770.94	2748.96
Iron (mg)	12.54	12.24	12.75	12.37	13.39	14.47	14.50	14.34	14.39	14.30
Zinc (mg)	9.54	9.47	9.61	9.12	9.26	9.75	9.68	9.58	9.65	9.60
Copper (mg)	1.05	1.07	1.14	1.09	1.18	1.25	1.24	1.22	1.23	1.21
Manganese (mg)	4.38	4.01	3.91	3.51	3.95	4.75	4.72	4.72	4.80	4.68
Fibre, total dietary (g)	10.53	10.80	11.20	10.94	12.21	12.57	12.45	12.42	12.44	12.42

1. For data by type of food and major food group, please use Canada Food Stats (23F0001-XCB).

2. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 8 Comparison between Canada and United States - Per person disappearance of selected commodities

Year	Fruits ¹		Vegetables		Dairy products ¹					
	Canada	U.S.	Canada	U.S.	Canada	U.S.	Canada	U.S.		
	(kg)		(kg)		(litre)		(kg)			
	Fresh fruit ²		Fresh vegetables ^{1,5}		Standard milk		Cheddar cheese		Ice cream (kg)	
2001	61.36	54.55	143.39	122.49	14.03	28.07	3.13	4.47	9.22	7.40
2002	63.81	55.03	137.44	119.90	13.54	27.70	3.10	4.37	9.49	7.59
2003	65.91	55.66	134.49	123.73	13.44	27.24	3.13	4.18	8.76	7.43
2004	66.28	55.13	131.47	123.72	13.07	26.30	3.08	4.66	8.40	6.99
2005	68.72	..	130.07	..	12.60	..	3.23	..	8.66	..
	Frozen fruit ³		Frozen vegetables ^{6,15}		2% Milk		Variety cheese		Creams ¹⁰ (litre)	
2001	..	1.60	8.27	7.81	41.80	26.57	6.28	6.64	7.13	N/A
2002	..	1.27	8.04	7.80	40.56	26.38	6.45	6.89	7.27	N/A
2003	..	1.70	8.00	7.82	40.29	26.18	6.41	6.81	7.94	N/A
2004	..	1.54	8.06	7.85	40.07	26.00	6.70	7.28	8.25	N/A
2005	7.95	..	38.79	..	6.56	..	8.35	N/A
	Canned fruit ⁴		Canned vegetables ^{7,15}		Light milk ⁸		Processed cheese		Ice milk (kg)	
2001	3.23	6.27	29.39	39.60	25.94	22.40	2.47	2.50	2.23	3.32
2002	3.15	6.11	28.71	41.24	26.07	21.77	2.25	2.56	2.17	2.93
2003	3.14	6.10	29.06	41.84	25.98	21.07	2.22	2.82	2.06	3.41
2004	3.14	6.08	28.30	41.83	26.46	20.88	2.35	2.23	1.95	3.53
2005	3.12	..	27.59	..	26.60	..	2.25	..	1.83	..
	Fruit juices (litre)		Vegetable juice ¹ (litre)		Other milk ⁹		Total cheese		Yogurt (litre)	
2001	25.42	33.38	1.48	..	5.26	6.33	11.87	13.61	4.88	3.07
2002	27.43	29.12	1.44	..	5.36	7.03	11.80	13.82	5.39	3.24
2003	26.72	31.17	1.46	..	5.49	7.14	11.76	13.81	5.85	3.59
2004	26.75	32.52	1.35	..	5.83	7.20	12.13	14.18	6.31	4.03
2005	26.37	..	1.37	..	5.84	..	12.04	..	6.76	..
					Fluid milk				Cottage cheese (kg)	
2001					87.03	83.36			0.78	1.19
2002					85.53	82.88			0.79	1.19
2003					85.20	81.62			0.78	1.21
2004					85.44	80.36			0.82	1.20
2005					83.84	..			0.86	..

Source: U.S. Department of Agriculture, Economic Research Service

Table 8 Comparison between Canada and United States - Per person disappearance of selected commodities (cont.)

Year	Cereals ¹		Meat		Beverages		Fats ¹		Other	
	Canada	U.S.	Canada	U.S.	Canada	U.S.	Canada	U.S.	Canada	U.S.
	(kg)		(kg)		(litre)		(kg)		(kg)	
	Wheat flour		Beef ¹		Soft drinks ¹		Margarine		Fish ¹²	
2001	71.48	63.98	22.41	29.95	113.56	200.22	4.89	3.16	9.65	6.67
2002	72.16	62.03	22.23	30.61	112.36	199.85	4.73	2.95	9.55	7.08
2003	70.28	61.99	23.19	29.38	110.39	198.63	4.62	2.38	9.80	7.40
2004	70.49	60.94	22.40	29.86	108.71	198.09	4.74	2.39	9.12	7.49
2005	70.20	..	23.29	..	107.22	..	4.69	..	9.38	..
	Rice		Pork ¹		Coffee		Butter		Nuts ¹³	
2001	8.00	8.75	22.05	22.67	101.68	91.59	2.81	2.01	4.55	4.28
2002	7.52	8.86	21.15	23.27	103.96	89.47	2.79	2.02	4.81	4.41
2003	7.67	9.20	19.09	23.38	105.17	91.75	2.94	2.04	4.40	4.74
2004	9.91	9.27	20.26	23.10	105.68	93.23	3.01	2.09	4.65	4.93
2005	9.71	..	17.43	..	104.00	..	2.77	..	4.50	..
	Breakfast food		Chicken and stewing hen ¹¹		Tea		Salad oil		Pulses ¹⁴	
2001	5.15	..	32.23	40.68	72.98	30.89	12.97	16.57	3.59	..
2002	5.25	..	32.44	42.78	71.34	29.42	12.58	18.30	3.66	..
2003	5.38	..	31.75	43.33	73.41	28.23	12.27	18.51	3.73	..
2004	5.45	..	32.21	44.62	74.62	27.57	12.59	18.52	3.81	..
2005	5.65	..	32.34	..	69.98	..	12.46	..	3.88	..
			Turkey ¹¹				Shortening and shortening oil		Eggs ¹⁵ (number)	
2001			4.22	7.93			10.23	14.81	190.37	252.45
2002			4.27	8.02			9.90	15.12	185.24	254.63
2003			4.06	7.89			9.66	14.88	187.68	254.38
2004			4.15	7.71			9.92	14.77	183.90	256.13
2005			4.32	..			9.82	..	186.59	..
							Oils and fats			
2001							30.90	36.56		
2002							30.00	38.39		
2003							29.49	37.82		
2004							30.26	37.76		
2005							29.74	..		

Source: U.S. Department of Agriculture, Economic Research Service

Footnotes for table 8. Comparison table between Canada and United States

1. In retail weight.
2. Includes apples, apricots, avocados, bananas, blueberries, cherries, cranberries, grapes, kiwi, mangoes, peaches and nectarines, pears, pineapples, papayas, plums and prunes, strawberries, melons, oranges, lemons, limes, and grapefruit.
3. Includes raspberries, strawberries, blueberries, apples and cherries.
4. Includes apples and applesauce, apricots, peaches, pears and pineapples.
5. Includes artichokes, asparagus, beans, broccoli, Brussels sprouts, cabbage, carrots, cauliflower, celery, corn, cucumbers, eggplant, garlic, lettuce, mushrooms, onions, peppers, potatoes, radishes, spinach, sweet potatoes and tomatoes.
6. Includes asparagus, beans, broccoli, carrots, cauliflower, peas and corn.
7. Includes asparagus, beans, cabbage, carrots, corn, cucumbers, peas, mushrooms and tomatoes.
8. Includes 1% and skim milk (Canada); includes 1% and 0.5% milk (U.S.).
9. Includes lower-fat buttermilk and flavoured milk.
10. Includes cereal, table, sour and whipping cream.
11. In eviscerated weight.
12. In edible weight.
13. Includes tree nuts, peanuts and coconuts.
14. Includes dry peas and dry beans.
15. In fresh equivalent.