

# **CHEMICAL RESIDUES IN WATERFOWL AND GAMEBIRDS HARVESTED IN CANADA, 1987-95**

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## ABSTRACT

This report reviews data on chemical residues in Canadian waterfowl and gamebirds collected from across the country between 1987 and 1995 in order to: (i) obtain recent data on contaminants in gamebirds so that Health Canada could assess the risk to human health from eating those birds, and (ii) identify any potential avian health concerns related to the contaminant residue levels. Over 800 pools of waterfowl, gamebird and seabird muscle, egg and liver tissues were analysed for chlorobenzenes, chlordanes, hexachlorocyclohexanes, DDTs, mirex, dieldrin, octachlorostyrene, PCBs, arsenic, selenium, mercury, lead and cadmium. Selected subsets of samples were also analysed for polychlorinated dibenzo-*p*-dioxins (PCDDs), dibenzofurans (PCDFs), toxaphene or for <sup>137</sup>Cs activity. These contaminants were either not detected or were found at very low levels in the majority of samples. The highest levels of most of the contaminants measured were found in those birds feeding at the higher trophic levels such as mergansers, loons and gulls.  $\Sigma$ DDT and  $\Sigma$ PCB were the compounds most frequently found above trace levels in pectoral muscle followed by  $\Sigma$ CBz and  $\Sigma$ CHL.  $\Sigma$ HCH and OCS were detected the least often. The highest DDE,  $\Sigma$ PCB and  $\Sigma$ CHL levels found were 2.5 mg·kg<sup>-1</sup>, 2.4 mg·kg<sup>-1</sup> and 0.17 mg·kg<sup>-1</sup> wet weight respectively. Mercury and selenium were found in the majority of samples at generally low levels. In only a few cases did contaminant levels approach or exceed levels associated with potential avian health effects or potential concern for human or animal consumers of the birds.

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## RÉSUMÉ

Ce rapport contient des données sur les résidus chimiques chez la sauvagine et les oiseaux considérés comme gibier au Canada prélevés dans tout le pays entre 1987 et 1995 afin i) d'obtenir des données récentes sur la contamination des oiseaux considérés comme gibier de sorte que Santé Canada puisse évaluer le risque que présente la consommation de ces oiseaux pour la santé humaine, et ii) de déterminer les préoccupations éventuelles pour la santé humaine associées aux concentrations de contaminants. Plus de 800 échantillons de muscles, d'œufs et de tissus du foie d'espèces de sauvagine, d'oiseaux considérés comme gibier et d'oiseaux de mer ont été analysés afin de déceler la présence examinés de chlorobenzènes, de chlordanes, d'hexachlorocyclohexanes, de DDT, de mirex, de dieldrine, d'octachlorostyrène, de BPC, d'arsenic, de sélénium, de mercure, de plomb et de cadmium. Des sous-échantillons ont également été analysés afin de déceler la présence de dibenzo-*p*-dioxines polychlorées (PCDD), de dibenzofurannes polychlorés (PCDF), de toxaphène ou de césium-137 (<sup>137</sup>Cs). Ces contaminants n'ont pas été détectés ou l'ont été à des concentrations très faibles dans la plupart des échantillons. Les concentrations les plus élevées de la plupart des contaminants mesurés ont été trouvées dans les oiseaux appartenant aux niveaux trophiques supérieurs comme les harles, les plongeurs et les goélands. Les ΣDDT et les ΣBPC sont les composés qu'on a trouvés le plus souvent au-dessus de l'état de trace dans les muscles pectoraux, suivis des ΣCBz et des ΣCHL. Les ΣHCH et l'OCS ont été détectés le moins souvent. Les concentrations de DDE, de ΣBPC et de ΣCHL les plus élevées étaient en poids frais de 2,5 mg·kg<sup>-1</sup>, 2,4 mg·kg<sup>-1</sup> et 0,17 mg·kg<sup>-1</sup>, respectivement. Le mercure et le sélénium ont été trouvés dans la plupart des échantillons à des concentrations généralement faibles. Dans seulement quelques cas, les niveaux de contamination approchaient ou dépassaient ceux associés à des effets éventuels sur la santé des oiseaux ou à une éventuelle préoccupation pour la santé des consommateurs humains ou celle des prédateurs d'oiseaux.

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## Summary

To address concerns about the presence of environmental contaminants in gamebirds, particularly waterfowl, harvested for human consumption, a national survey was initiated in 1988: (i) to obtain recent data on contaminants in gamebirds so that Health Canada could assess the risk to human health from eating those birds, and (ii) to identify species and locations where contaminant residue levels may indicate potential avian health risks. This report deals primarily with the chemical residue data and associated potential avian health effects but also summarizes the evaluation done by Health Canada to address the concerns of human consumers.

Species sampled were representative of the birds most frequently shot by hunters. Between 1987 and 1995, 3,957 birds (pooled into 834 composite samples) representing 44 species were collected from 126 sites across Canada. Pooled samples of pectoral muscle were analysed for chlorobenzenes (CBz), hexachlorocyclohexanes (HCH), chlordanes (CHL), DDTs, mirex, dieldrin, octachlorostyrene (OCS), PCBs, arsenic, selenium, mercury, lead and cadmium. Selected subsets of samples were also analysed for polychlorinated dibenzo-*p*-dioxins (PCDDs), dibenzofurans (PCDFs), toxaphene or for Cesium-137 (<sup>137</sup>Cs) activity. The species of waterfowl were categorized based on their feeding habits: grazers (geese and swans), surface-feeding (dabbling) ducks, diving ducks (bay and sea ducks), fish-eating ducks (mergansers) and loons. Also collected were woodcock, snipe, grouse, ptarmigan, alcaids, fulmars and gulls.

The concentrations of most organochlorine and PCB compounds in the pectoral muscle of the birds in this survey were relatively low compared with earlier studies reported in the literature. Although several significant differences in organochlorine levels among geographical areas were identified, these differences were scattered among trophic groups and chemical classes with no strong, consistent pattern emerging and usually occurred where median residue concentrations were very low. In general, the higher concentrations were found in eastern and northern Canada. There was also a general trend for increased organochlorine levels at higher trophic levels, most notably for DDE. Organochlorine levels were lowest in the upland gamebirds (i.e. grouse, ptarmigan), geese and swans, and highest in the fish-eating birds (mergansers and loons).

The alcids (murre, guillemots, puffins and dovekies) had organochlorine levels similar to those found in the dabbling ducks. Gulls had organochlorine levels that were comparable to those found in the mergansers and loons. There was, however, relatively little variation among species in any one trophic group except for the Oldsquaw which consistently had the widest range of organochlorine values found in the sea ducks. This may be linked to the fact that, of the sea duck species surveyed, Oldsquaw are the only species to overwinter in relatively large numbers in the Great Lakes - St. Lawrence River system, an area known to be contaminated with organochlorines.

$\Sigma$ DDT (mainly DDE) and  $\Sigma$ PCB were the compounds most frequently found above trace levels in pectoral muscle followed by  $\Sigma$ CBz (mainly hexachlorobenzene) and  $\Sigma$ CHL.  $\Sigma$ HCH and OCS were detected the least often. The highest DDE level was found in a single Hooded Merganser ( $2.5 \text{ mg}\cdot\text{kg}^{-1}$  wet weight (ww)) from Labrador. The highest  $\Sigma$ PCB concentration ( $2.4 \text{ mg}\cdot\text{kg}^{-1}$  ww) was found in a single Common Merganser from northern Ontario. The highest  $\Sigma$ CHL concentration ( $0.17 \text{ mg}\cdot\text{kg}^{-1}$  ww) was in a pool of Common Loons from northern Ontario. The highest concentration of  $\Sigma$ CBz ( $0.12 \text{ mg}\cdot\text{kg}^{-1}$  ww) was found in a pool of Common Loons from northern Québec. Oxychlordanes were generally the dominant chlordanes breakdown product making up 30-50% of chlordanes, followed by heptachlor epoxide (20-30%) and *trans*-nonachlor (15-20%). Four PCB congeners (153, 138, 180 and 118) constituted approximately half or more of the PCBs in the waterfowl analysed.

Concentrations of all organochlorines and PCB congeners measured in eggs were less than  $1 \text{ mg}\cdot\text{kg}^{-1}$  ww with the exception of  $\Sigma$ PCB in Herring Gull eggs from northern Québec ( $2.6 \text{ mg}\cdot\text{kg}^{-1}$  ww) and Red-breasted Merganser eggs from Great Slave Lake ( $1.6 \text{ mg}\cdot\text{kg}^{-1}$  ww).

Although generally not detected, measurable concentrations of PCDDs and PCDFs were found in loons, mergansers, scoter, scaup, Oldsquaw and Ring-necked Ducks. The highest levels of 2,3,7,8-TCDD and 1,2,3,7,8-PnDD were found in Lesser Scaup from Lac St-Pierre, Québec ( $9.7 \text{ ng}\cdot\text{kg}^{-1}$  and  $12.5 \text{ ng}\cdot\text{kg}^{-1}$  ww, respectively). The highest level of 2,3,7,8-TCDF was found in Surf Scoter from the Fraser River Delta, British Columbia ( $13 \text{ ng}\cdot\text{kg}^{-1}$  ww). These pools are associated with areas of particular concern for

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organochlorine pollution. Total toxaphene levels in most of the 12 pools of waterfowl pectoral muscle measured were estimated as less than  $0.50 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$ . The highest toxaphene level found was  $9.4 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$  in a pool of Oldsquaw from Teslin Lake, Yukon.

Only a very few samples out of a total of 834 pools of birds from across the country exceeded extant organochlorine or PCB threshold levels for risk to birds, or to wildlife or human consumers of the birds. Most of the muscle pools in this survey contained  $\Sigma\text{PCB}$  levels that were less than the  $0.1 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$  level which the International Joint Commission (IJC) believes can pose a health risk to wildlife consumers at higher trophic levels and well below levels associated with adverse effects in laboratory studies, and all but one pool of Common Merganser pectoral muscle ( $2.4 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$ ) were below the lowest guideline for human consumption of fish ( $2.0 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$ ). Most of the DDE/DDT residue levels found in this study were at least an order of magnitude less than Health Canada human consumption guidelines for poultry, although several pools of mergansers and loons exceeded IJC guidelines for hazard to fish-eating wildlife. Levels of dieldrin, mirex, HCB and toxaphene found in this study were also lower than those associated with adverse avian health effects found in other studies. PCB and organochlorine levels measured in eggs were generally quite low and unlikely to have toxic effects on the embryos.

Levels of cadmium, mercury, selenium and arsenic in pectoral muscle were, for the most part, either low ( $< 1 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$ ) or below detection limits. Unusually elevated levels of lead measured in several pools of birds were due to the presence of tiny fragments of lead shot embedded in the tissue. Arsenic was detected at low levels (generally  $\leq 0.20 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$ ) in all of the woodcock, snipe and seabird samples but was detected in only 20-60% of pools of birds in other trophic categories, mainly in birds from eastern Canada. The highest level of arsenic ( $3.3 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$ ) was measured in a single Mallard from Labrador. Arsenic was detected in only 16 of 36 egg pools analysed and the highest level found was  $0.27 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$ . The highest level of cadmium was measured in King Eider from the Northwest Territories ( $0.71 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$ ). Cadmium was found at higher levels in the seabirds than in the waterfowl samples but was not detected in any of the eggs sampled. Mercury was almost always below detection limits in muscle of

ptarmigan, grouse, geese and swans. Most of the samples of other species were well below the  $1.0 \text{ mg}\cdot\text{kg}^{-1}$  ww level of mercury associated with potential adverse health effects in waterfowl. The highest level of total mercury ( $1.9 \text{ mg}\cdot\text{kg}^{-1}$  ww) was found in a single Red-throated Loon from the Northwest Territories. Several pools of liver from western Arctic dabbling ducks and sea ducks had mercury levels that exceeded  $1.0 \text{ mg}\cdot\text{kg}^{-1}$  ww, the highest being  $3.8 \text{ mg}\cdot\text{kg}^{-1}$  ww in a pool of Surf Scoter from the Northwest Territories. Mercury was detected in most of the egg pools analysed but at very low levels ( $\leq 0.50 \text{ mg}\cdot\text{kg}^{-1}$  ww). Selenium was detected in over 75% of all the pools of birds measured (generally  $< 2 \text{ mg}\cdot\text{kg}^{-1}$  ww), the highest being in a single Black Scoter from Québec ( $10 \text{ mg}\cdot\text{kg}^{-1}$  ww). Selenium was detected in all 33 egg pools sampled (maximum  $1.0 \text{ mg}\cdot\text{kg}^{-1}$  ww). The highest selenium level ( $23.0 \text{ mg}\cdot\text{kg}^{-1}$  ww) in liver was found in a pool of Common Eider from the Northwest Territories.

$^{137}\text{Cs}$  activity, measured in 238 pools (37 species), was generally  $< 3 \text{ Bq}\cdot\text{kg}^{-1}$  ww. Geese and swans had the highest activity, but grouse and ptarmigan also had elevated activity. Marine species such as alcids, kittiwakes and sea ducks had very low activity.

Overall the organochlorines and metals measured in this study were either below detection limits or were found at very low levels. In only 14 pools (1.7%) of the 834 pools analysed did organochlorine contaminant levels approach or exceed levels that could pose a threat to the health of the birds or to animal consumers of the birds. The highest concentrations of most contaminants were found in those species feeding at the higher trophic levels such as mergansers, loons and gulls. Based on the data from this study and some earlier Ontario data, Health Canada advised that contaminant levels found in samples of pectoral muscle of ducks, geese and other gamebirds analysed do not pose a health hazard to human consumers.

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## Sommaire

Afin de répondre aux préoccupations concernant la présence de contaminants chez les oiseaux considérés comme gibier, particulièrement la sauvagine, capturés pour la consommation humaine, une étude nationale a été entreprise en 1988 pour : i) obtenir des données récentes sur la contamination des oiseaux considérés comme gibier afin que Santé Canada puisse évaluer le risque entourant la consommation de ces oiseaux pour la santé humaine et ii) déterminer les espèces et les endroits où les concentrations de contaminants peuvent présenter des risques éventuels pour la santé des oiseaux. Ce rapport porte principalement sur les données concernant les résidus chimiques et leurs effets éventuels sur la santé des oiseaux; il résume également l'évaluation faite par Santé Canada pour répondre aux préoccupations des consommateurs.

Les espèces ont été échantillonnées parmi celles que recollent le plus fréquemment les chasseurs. Entre 1987 et 1995, 3 957 oiseaux (regroupés en 834 échantillons composites) représentant 44 espèces ont été prélevés dans 126 sites dans l'ensemble du Canada. Des échantillons de muscles pectoraux ont été analysés afin de déceler la présence de chlorobenzènes (CBz), d'hexachlorocyclohexanes (HCH), de chlordanes (CHL), de DDT, de mirex, de dieldrine, d'octachlorostyrène (OCS), de BPC, d'arsenic, de sélénium, de mercure, de plomb et de cadmium. Certains sous-échantillons ont également été analysés afin de déceler la présence de dibenzo-*p*-dioxines polychlorées (PCDD), de dibenzofurannes polychlorés (PCDF), de toxaphène ou de césium-137 (<sup>137</sup>Cs). Les espèces de sauvagine ont été classées selon leurs régimes alimentaires : brouteurs (oies et cygnes), alimentation de surface (canards barboteurs), canards plongeurs (canards de baie et de mer), canards piscivores (harles) et plongeurs. On a également prélevé des échantillons de bécasses, de bécassines, de gélinoxes, de lagopèdes, d'alcidés, de fulmars et de goélands.

Les concentrations de la plupart des pesticides organochlorés et de BPC dans les muscles pectoraux des oiseaux de cette étude étaient relativement faibles comparativement à celles d'études antérieures. Bien que plusieurs différences importantes entre les concentrations de pesticides organochlorés et de BPC selon les régions géographiques aient été notées, ces différences étaient dispersées parmi les groupes

trophiques et les catégories de produits chimiques, sans qu'un modèle uniforme solide se présente et habituellement là où des concentrations moyennes de résidus étaient très faibles. En général, on a constaté des concentrations supérieures de contaminants dans l'est et dans le nord du Canada. Des concentrations de composés organochlorés plus élevées ont également été constatées, en règle générale, chez les niveaux trophiques supérieurs, notamment pour le DDE. Ces mêmes concentrations étaient les plus faibles chez le gibier à plumes sédentaire (p. ex., gélinottes, lagopèdes), les oies et les cygnes, et les plus élevées chez les oiseaux piscivores (harles et plongeurs). Les alcidés (marmettes, guillemots, macareux et mergules) présentaient des concentrations de produits organochlorés semblables à celles constatées chez les canards barboteurs. Les goélands présentaient des niveaux d'organochlorés analogues à ceux observés chez les harles et les plongeurs. On a toutefois constaté une variation relativement faible entre les espèces d'un même niveau trophique, sauf pour l'Harelda kakawi qui présentait uniformément les plus fortes concentrations de composés organochlorés trouvées chez les canards de mer. Ce phénomène peut être associé au fait que, parmi les espèces de canards de mer étudiées, l'Harelda kakawi est la seule espèce à hiverner en assez grand nombre dans le bassin des Grands Lacs et du fleuve Saint-Laurent, région connue comme étant contaminée par les composés organochlorés.

Les  $\Sigma$ DDT (surtout le DDE) et les  $\Sigma$ BPC étaient les composés qu'on trouvait le plus souvent au-dessus de l'état de trace dans les muscles pectoraux, suivis des  $\Sigma$ CBz (surtout l'hexachlorobenzène) et des  $\Sigma$ CHL. Les  $\Sigma$ HCH et l'OCS ont été détectés le moins fréquemment. La concentration de DDE la plus élevée provient d'un seul Harle couronné ( $2,5 \text{ mg}\cdot\text{kg}^{-1}$  poids frais (pf)) du Labrador. La concentration de  $\Sigma$ BPC la plus élevée ( $2,4 \text{ mg}\cdot\text{kg}^{-1}$  pf) a été constatée chez un Grand Harle du nord de l'Ontario. La concentration de  $\Sigma$ CHL la plus élevée ( $0,17 \text{ mg}\cdot\text{kg}^{-1}$  pf) se trouvait chez un groupe de Plongeurs huards du nord de l'Ontario. La concentration de  $\Sigma$ CBz la plus élevée ( $0,12 \text{ mg}\cdot\text{kg}^{-1}$  pf) a été constatée chez un groupe de Plongeurs huards du nord du Québec. L'oxychlordané était généralement le métabolite dominant du chlordané, constituant de 30 à 50 p. 100 des chlordanes, suivi de l'époxyde d'heptachlore (20 à 30 p. 100) et du *trans*-nonachlore (15 à 20 p. 100). Quatre congénères de BPC (n° 153, 138, 180 et 118) constituaient environ la moitié ou plus des BPC dans les échantillons de sauvagine analysés.

Les concentrations dans les œufs de tous les pesticides organochlorés et des congénères de BPC étaient inférieures à  $1 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$  à l'exception des  $\Sigma\text{BPC}$  dans les œufs de Goélands argentés du nord du Québec ( $2,6 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$ ) et les œufs de Harles huppés du Grand lac des Esclaves ( $1,6 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$ ).

Bien qu'elles ne soient généralement pas détectées, des concentrations mesurables de PCDD et de PCDF ont été trouvées dans les plongeurs, les harles, les macreuses, les Fuligules milouinans, les Hareldes kakawi et les Fuligules à collier. Les concentrations les plus élevées de 2,3,7,8-TCDD et 1,2,3,7,8-PnDD ont été constatées dans le Petit Fuligule du Lac Saint-Pierre (Québec) ( $9,7 \text{ ng}\cdot\text{kg}^{-1}$  et  $12,5 \text{ ng}\cdot\text{kg}^{-1} \text{ pf}$ , respectivement). La concentration la plus élevée de 2,3,7,8-TCDF a été signalée chez la Macreuse à front blanc du delta du fleuve Fraser (Colombie-Britannique) ( $13 \text{ ng}\cdot\text{kg}^{-1} \text{ pf}$ ). Ces résultats sont associés à des régions où la pollution par les composés organochlorés est particulièrement préoccupante. Les concentrations totales de toxaphène de la plupart des 12 groupes de muscles pectoraux de la sauvagine mesurés ont été estimées à moins de  $0,50 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$ . La concentration de toxaphène la plus élevée était de  $9,4 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$  dans un groupe d'Hareldes kakawi du lac Teslin (Yukon).

Sur un total de 834 groupes d'oiseaux provenant de tout le pays, très peu d'échantillons dépassaient les valeurs seuils des pesticides organochlorés ou de BPC posant un risque pour les oiseaux, les espèces sauvages ou pour les êtres humains qui consomment ces oiseaux. La plupart des échantillons groupes de muscles présentaient des concentrations de BPC inférieures à  $0,1 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$  qui, selon la Commission mixte internationale (CMI), peuvent poser un risque pour la santé des espèces sauvages des niveaux trophiques supérieurs. Ces concentrations sont aussi inférieures à celles associées aux effets néfastes démontrés lors d'études en laboratoire. De plus, les concentrations dans les muscles pectoraux de tous les échantillons d'oiseaux sauf ceux du Grand Harle ( $2,4 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$ ), étaient inférieures à celles de la ligne directrice la plus basse pour la consommation de poisson ( $2,0 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$ ) par l'homme. Les résidus de DDE et de DDT observés lors de cette étude étaient au moins d'un ordre de grandeur inférieur à la directive de Santé Canada pour la consommation humaine de volaille, bien que plusieurs groupes de harles et de plongeurs aient dépassé les lignes directrices de la CMI pour les dangers posés par les espèces de sauvagine piscivores. Les concentrations de dieldrine, de

mirex, de HCB et de toxaphène observées lors de cette étude étaient également inférieures à celles associées aux effets néfastes sur la santé des oiseaux rapportés par d'autres études. Les concentrations de BPC et de pesticides organochlorés mesurées dans les œufs étaient généralement très basses et peu susceptibles d'avoir des effets toxiques sur les embryons.

Les concentrations de cadmium, de mercure, de sélénium et d'arsenic dans les muscles pectoraux étaient, pour la plupart, faibles ( $< 1 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$ ) ou en dessous des limites de détection. Les concentrations exceptionnellement élevées de plomb mesurées dans plusieurs échantillons d'oiseaux étaient attribuables à la présence de minuscules fragments de grenaille de plomb incrustés dans la chair. Les concentrations d'arsenic étaient généralement inférieures ou égales à  $0,20 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$  dans tous les échantillons de bécasses, de bécassines et d'oiseaux de mer; il a toutefois été détecté dans 20 à 60 p. 100 des échantillons des autres catégories trophiques, principalement chez les oiseaux de l'est du Canada. La concentration d'arsenic la plus élevée ( $3,3 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$ ) a été mesurée dans un Canard colvert provenant du Labrador. L'arsenic a été détecté dans seulement 16 des 36 groupes d'œufs analysés et la concentration la plus élevée était de  $0,27 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$ . La concentration de cadmium la plus élevée a été constatée chez un Eider à tête grise des Territoires du Nord-Ouest ( $0,71 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$ ). Les concentrations de cadmium étaient plus élevées chez les oiseaux de mer comparativement à la sauvagine; il n'a cependant pas été détecté dans aucun échantillon d'œuf. Le mercure était presque toujours sous les limites de détection dans les muscles des lagopèdes, des gélinoites, des oies et des cygnes. La plupart des échantillons des autres espèces étaient bien en deçà des concentrations de mercure de  $1,0 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$  associées à des effets néfastes possibles sur la santé de la sauvagine. La concentration totale la plus élevée de mercure ( $1,9 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$ ) se trouvait chez un Plongeon catmarin des Territoires du Nord-Ouest. Plusieurs échantillons de foie de canards barboteurs et de canards de mer de l'ouest de l'Arctique présentaient des concentrations de mercure supérieures à  $1,0 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$ , la plus élevée étant à  $3,8 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$  dans un échantillon de Macreuses à front blanc des Territoires du Nord-Ouest. Le mercure a été détecté dans la plupart des échantillons d'œufs analysés mais à des concentrations très basses ( $0,50 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$ ). Le sélénium a été détecté dans plus de 75 p. 100 de tous les échantillons d'oiseaux (généralement  $< 2 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$ ), le plus élevé étant dans une Macreuse noire du Québec ( $10 \text{ mg}\cdot\text{kg}^{-1} \text{ pf}$ ). Le sélénium a été signalé dans les

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33 échantillons d'œufs (maximum  $1,0 \text{ mg}\cdot\text{kg}^{-1}$  pf). La concentration de sélénium la plus élevée ( $23,0 \text{ mg}\cdot\text{kg}^{-1}$  pf) dans le foie se trouvait dans un groupe d'Eiders à duvet des Territoires du Nord-Ouest.

L'activité du  $^{137}\text{Cs}$ , mesurée dans 238 échantillons (37 espèces) était généralement inférieure à  $3 \text{ Bq}\cdot\text{kg}^{-1}$  pf. Les oies et les cygnes présentaient le niveau d'activité le plus élevé; celui des gélinottes et des lagopèdes étaient toutefois aussi élevé. Les espèces marines comme les alcidés, les Mouettes tridactyles et les canards de mer présentaient une activité très faible.

Dans l'ensemble, les composés organochlorés et les métaux mesurés dans cette étude étaient en dessous des limites de détection ou leurs concentrations étaient très faibles. Dans seulement 14 (1,7 p. 100) des 834 échantillons analysés les concentrations de contaminants organochlorés approchaient ou dépassaient celles qui pourraient poser une menace pour la santé de ces oiseaux ou de leurs prédateurs. Les concentrations les plus élevées de la plupart des contaminants se trouvaient chez les espèces appartenant aux niveaux trophiques supérieurs comme les harles, les plongeurs et les goélands. D'après les données de cette étude et certaines données antérieures recueillies en Ontario, Santé Canada a indiqué que les concentrations de contaminants trouvées dans les échantillons de muscles pectoraux des canards, des oies et d'autres espèces d'oiseaux considérés comme gibier ne présentent aucun danger pour la santé des consommateurs humains.

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## 1.0 Introduction

There has been an ongoing concern about the presence of environmental contaminants in gamebirds, particularly waterfowl, harvested for consumption by both recreational and subsistence hunters in Canada (Pearce and Baird, 1970; Wong, 1985; Nin.Da.Waab.Jig Research Centre, 1986; Whitehead *et al.*, 1990; Kuhnlein, 1991; Kinloch *et al.*, 1992; Kearney *et al.*, 1995; Egede, 1995; Usher *et al.*, 1995; Receveur *et al.*, 1996; Dewailly *et al.*, 1996; Jensen *et al.*, 1997; Berti *et al.*, 1998). A review by Braune *et al.* (1991), which included Canadian data on contaminants in gamebirds available up to August 1988, indicated that there was a lack of recent data with which to evaluate the extent and potential impacts of contaminant residues in harvested birds. Most residue surveys of Canadian gamebirds have focused on mercury, DDT (and its metabolites) and PCB contamination. Historically, mercury has caused the most concern, with several studies from the early 1970s indicating high levels in edible tissues (Fimreite *et al.*, 1971; Vermeer *et al.*, 1973; Annett *et al.*, 1973; Fimreite, 1974; Desai-Greenaway and Price, 1976; Pearce *et al.*, 1976). Studies on organochlorine compounds in waterfowl collected from the Detroit River (Smith *et al.*, 1985) and Lake St. Clair (Hebert *et al.*, 1990) have also suggested concern for the human consumer. Despite regulatory measures taken in the 1970s to reduce discharges of mercury and organochlorine compounds such as PCBs and DDT into the environment, organochlorine and metal contamination continues to be a problem in some areas (Jacknow *et al.*, 1986; Braune *et al.*, 1991).

There has long been a potential for radionuclide contamination in the Canadian environment due to past atmospheric nuclear testing, the operation of nuclear facilities and accidents such as Three Mile Island and Chernobyl but relatively little monitoring has been carried out in Canada's natural environment, beyond the measurement of fallout in air and precipitation (Taylor *et al.*, 1988; Joshi, 1991; Thomas *et al.*, 1992, Health and Welfare Canada, 1987). Most of the studies that have been done were on the lichen-

caribou food chain (MacDonald *et al.*, 1996) or in the aquatic environment (Joshi, 1991). Since Cesium-137 ( $^{137}\text{Cs}$ ) tends to be retained in muscle tissue of free-living waterfowl (Potter *et al.*, 1989) but very little data exist for wild birds, a subset of the birds collected for this study were made available for  $^{137}\text{Cs}$  determination.

To address the concerns raised about contaminant levels in harvested birds, a national survey was initiated in 1988. The objectives of the survey were: (i) to obtain recent data on contaminants in gamebirds so that Health Canada could assess the potential health risk to human consumers, and (ii) to identify species and locations where contaminant residue levels may indicate potential avian health risks. The survey progressively focused on different regions across Canada during 1988-95. After completing preliminary collections nation-wide during 1988-90, collections focused on Ontario in 1990-91, Québec in 1991-92, Atlantic Canada (Newfoundland & Labrador, Nova Scotia, Prince Edward Island and New Brunswick) in 1992-93, the Prairie provinces (Manitoba, Saskatchewan and Alberta) and the Northwest Territories in 1993-94, and British Columbia and the Yukon Territory in 1994-95.

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## 2.0 Methods

### 2.1 Sample collection

Species and areas to be sampled were selected by reviewing the statistics of estimated retrieved kill of waterfowl for Canadian provinces and territories compiled through the Canadian Wildlife Service's Species Composition and National Harvest Surveys (Boyd, 1985; Dickson and Métras, 1987; Legris and Lévesque, 1991; Lévesque *et al.*, 1993). The data from those surveys were divided into 10-minute blocks of latitude and longitude and analysed to determine the frequently hunted species and the most heavily hunted areas. There were few data for the remote northern areas of Canada and there was little information on the traditional native use of wildlife as a food resource since native hunters are not included in the annual licenced hunter surveys. Although geese dominate the native waterfowl harvest in many areas, ptarmigan, grouse and diving/fish-eating species are also often taken (Prevett *et al.*, 1983; Gamble, 1987; Alton Mackey and Moore Orr, 1988; James Bay and Northern Québec Native Harvesting Research Committee, 1988; Kuhnlein, 1991; Wein *et al.*, 1991; Cameron and Weis, 1993; Tobias and Kay, 1993; Berkes *et al.*, 1994; Wein and Freeman, 1995; Bromley, 1996). Therefore, the species sampled were chosen to be representative of the birds most frequently shot by hunters and included ptarmigan, grouse and diving/fish-eating birds, particularly from northern areas.

Five to ten birds, representative of the hunted population, were requested per species per collection. Most birds were shot using lead shot during the fall hunting season. Those collections taken outside of the fall hunting season were collected as part of the native harvest or under Canadian Wildlife Service Scientific Collection Permits. Birds were individually placed in labelled plastic bags, frozen whole, and shipped to the National Wildlife Research Centre (NWRC), Hull, Québec, for processing. Although the main

waterfowl collection period spanned 1988-95, preliminary collections made in Ontario during 1987 have also been included in the data set.

## **2.2 Sample processing**

All birds were processed at the NWRC laboratories. The pectoral muscle was chosen as representative of the edible portion of the bird. Tests to determine the variability in organochlorine concentration among different sections of pectoral muscle concluded that a median section was representative of the whole (Canadian Wildlife Service, 1990). Therefore, equal amounts of the median sections of right pectoral muscle from each bird in the pool were homogenized together, placed in solvent-cleaned glass jars for organochlorine residue analyses and acid-rinsed polyethylene vials for metal analyses, and stored at -20°C. Pools were created by taking equal aliquots from each bird of a given species collected from a specific location during a period of no more than four weeks were to make a composite sample for analysis. Pools varied in size depending on availability of specimens. A pool could contain a mix of birds of different age and sex, but of the same species, intended to represent the mix of birds harvested.

It has been shown that any differences between the means of individual analyses and the results from pooled samples are generally less than the normal analytical variation (Turle and Collins, 1992). Comparative analyses of individual and pooled samples of Lesser Snow Goose, Mallard, Black Duck, Greater Scaup, Common Eider, King Eider, Glaucous Gull and Herring Gull from this survey support that conclusion.

The remainder of the right pectoral muscle, the left pectoral muscle with subcutaneous fat and skin attached, liver, kidney, adipose fat, one wing and one femur from each bird were archived at -40°C in NWRC's Specimen Bank for possible future analysis.

Samples destined for  $^{137}\text{Cs}$  analysis were not homogenized, rather equal amounts of muscle strips from the median sections of right pectoral muscle from each bird in the pool were packed together in a 100 mm plastic petrie dish and stored at  $-20^{\circ}\text{C}$ .

### 2.3 Chemical residue analyses

Samples were analysed for chlorobenzenes ( $\Sigma\text{CBz}$  = 1,2,4,5- and 1,2,3,4-tetrachlorobenzene, pentachlorobenzene and hexachlorobenzene), hexachlorocyclohexanes ( $\Sigma\text{HCH}$  =  $\alpha$ -,  $\beta$ - and  $\gamma$ -hexachlorocyclohexane), chlordanes ( $\Sigma\text{CHL}$  = oxychlordanes, *trans*-chlordanes, *cis*-chlordanes, *trans*-nonachlor, *cis*-nonachlor and heptachlor epoxide), DDTs ( $\Sigma\text{DDT}$  = *p,p'*-DDE, *p,p'*-DDD and *p,p'*-DDT), mirex ( $\Sigma\text{Mirex}$  = photo-mirex and mirex), dieldrin, octachlorostyrene (OCS), and PCBs as Aroclor 1254:1260 (1:1 mixture) and on a congener-specific basis. The number of PCB congeners analysed increased over time and therefore, total PCBs ( $\Sigma\text{PCB}$ ) were standardized as the sum of 32 PCB congeners reported according to IUPAC numbers (Ballschmiter and Zell, 1980): 28, 31, 44, 52, 60, 66/95, 87, 97, 99, 101, 105, 110, 118, 138, 141, 146, 153, 170/190, 171, 172, 174, 180, 182/187, 183, 194, 195, 201, 203, 206.  $\Sigma\text{PCB}$  for some of the pools is underestimated due to fewer than the 32 congeners being measured at the time of their analysis.

Sample aliquots were extracted, cleaned up and analysed using gas chromatography with electron capture detector for organochlorine compounds according to the procedure detailed in Norstrom and Won (1985). PCB congeners were analysed according to the method described in Norstrom *et al.* (1988). Analyses were carried out by the Great Lakes Institute, University of Windsor, Windsor, Ontario, or by NWRC.

A subset of samples was analysed for polychlorinated dibenzo-*p*-dioxins (PCDDs)

and dibenzofurans (PCDFs) by gas chromatography-mass spectrometry as described in Norstrom and Simon (1991). Later PCDD and PCDF and non-ortho PCB analyses were done according to the method of Moisey and Wakeford (1995). Analyses were carried out by NWRC or by Zenon Environmental Laboratories, Burnaby, British Columbia.

A limited number of samples were also analysed for toxaphene by low resolution mass spectrometry using electron capture negative ionization methodology coupled with a gas chromatograph adapted from Zhu and Norstrom (1993). Identification of toxaphene congeners was based on the isotope ratio of the two monitored ions in each M-Cl cluster. These analyses were carried out by NWRC.

Samples were also analysed for arsenic (As), selenium (Se), total mercury (Hg), lead (Pb) and cadmium (Cd). Samples destined for metal determinations were digested in mineral acids according to standard techniques (Association of Official Analytical Chemists, 1990). Arsenic and selenium determinations were made on acid digests using one of two analytical methods: inductively coupled plasma - mass spectrometry (ICP-MS) or graphite furnace atomic absorption spectrophotometry (GFAAS). Total mercury determinations on acid digests were completed using the technique of cold vapour atomic absorption spectrophotometry (CVAAS). Although mercury values in pectoral muscle are reported as total mercury it should be noted that most muscle tissue mercury occurs as methyl mercury (Scheuhammer *et al.*, 1998). Cadmium determinations were made on the digests using flame atomic absorption spectrophotometry (AAS). Lead determinations were made on acid digests using either GFAAS or AAS. Samples collected prior to 1990 were analysed by NWRC or by Mann Testing Laboratories, Mississauga, Ontario. Samples collected during 1990-93 were analysed by NWRC (Hg, Cd, Pb) and by Fenwick Laboratories (now Philip Analytical Services Corporation), Halifax, Nova Scotia (As, Se), and 1993-95 samples were all analysed at NWRC (Hg, Cd, Pb, As, Se).

Quality assurance for all residue analyses included the analysis of replicate samples,

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reagent blanks, spiked tissue homogenates, and appropriate Standard Reference Materials (Turle and Norstrom, 1987; Wakeford and Turle, 1997).

The  $^{137}\text{Cs}$  activity was determined with a solid state gamma-ray detector and a multi-channel analyser by the Fallout and Reactors Section, Radiation Protection Branch, Health Canada, Ottawa. The detector was a high-purity germanium detector in a co-axial configuration, mounted vertically; the petrie dishes containing the samples were placed directly on the aluminum case of the detector, centred on the cylindrical axis. In this arrangement, the size and shape of the sample are critical to detection efficiency and it is for this reason that the dishes were packed full, to achieve a reproducible volume and shape. Any slight differences in sample density are inconsequential. Each sample was counted for at least 22 hours. The specific activity of each sample was calculated from the determined activity and the exact weight.

## **2.4 Data presentation**

All data are presented on a wet weight (ww) basis. The primary rationale for this approach is that it most accurately reflects the exposure of consumers to contaminants in the foods that they are eating. With respect to the metal residue data, earlier residue analyses were done on a wet weight basis whereas the later analyses were done on a dry weight basis. Therefore, all metals data were standardized to a wet weight basis and percent water given to facilitate conversions.

With respect to organochlorine data, the differing lipid and moisture content between eggs and pectoral muscle must be considered. Peakall and Gilman (1979) have shown that during incubation of eggs, percent water changes only marginally whereas percent lipid decreases by as much as 50%. Therefore, expressing contaminant concentration in the egg on a lipid weight basis may introduce considerable variation, depending on the

incubation state of the egg. Hebert and Keenleyside (1995) tested the relationship between organochlorine residue levels and percent lipid in Herring Gull eggs from the Great Lakes and found no correlation between the two.

Hebert and Keenleyside (1995) also proposed an approach for determining whether organochlorine residue data should be statistically analysed on a wet weight or lipid weight basis. The first step is to test for a relationship between wet weight residue levels and percent lipid. If no correlation is found to exist, then a wet weight basis is used for data reporting.

We tested the relationship between contaminant level and percent lipid separately for each trophic grouping and contaminant using regression analysis (SAS Institute, 1988). As well, the data were plotted on a trophic level and species basis (SAS Institute, 1988). Only 9 of 136 comparisons were significant at  $\alpha = 0.05$  and there were no patterns of significance evident with respect to trophic level, species or residue. We concluded that both the reporting and the statistical analyses of these data should be done on a wet weight rather than a lipid weight basis.

Most of the graphical data in this report are presented as Box and Whisker Plots (McGill *et al.*, 1978) which consist of a box enclosing the 25th and 75th percentiles of the data and bisected by the median of the data (50th percentile). The "whiskers" mark the 10th and 90th percentiles, and any data points outside the "whiskers" are indicated by bullets (Tilling *et al.*, 1984) .

## **2.5 Data analysis**

No correction was made for varying sex or age ratios within the pools. While there is a considerable literature addressing the effects of age and sex on contaminant uptake

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(Heath, 1969; Baskett, 1975; Anderson and Hickey, 1976; White and Kaiser, 1976; Holt *et al.*, 1979; Hebert *et al.*, 1990; Gebauer and Weseloh, 1993), there is no general consensus on which effects exist and under what conditions. Sexual differences in contaminant levels were assumed to be negligible in juvenile birds. Since the majority of the birds were collected during the fall hunting season, which starts 3 to 4 months after egg-laying, it is assumed that any potential difference in contaminant levels in adult males and females due to females eliminating contaminants into eggs will have been equilibrated through rapid uptake of contaminants. Although the literature is inconclusive, a variety of studies provide evidence to support this assumption for organochlorines (Holt *et al.*, 1979; Gebauer and Weseloh, 1993) as well as metals (Peterson and Ellarson, 1976; Holt *et al.*, 1979; Silver and Nudds, 1995) and selenium (Heinz *et al.*, 1990; Ohlendorf *et al.*, 1990). Adults hunted in the spring were collected prior to egg-laying so the females had not yet eliminated contaminants into the eggs. It is also assumed that differences in contaminant levels between juvenile and adult birds collected in the fall will also have been minimized through rapid uptake of contaminants during the months since hatch for organochlorines (Holt *et al.*, 1979; Hebert *et al.*, 1990; Gebauer and Weseloh, 1993) as well as metals (Peterson and Ellarson, 1976; White and Finley, 1978; Holt *et al.*, 1979) and selenium (Heinz *et al.*, 1990; Ohlendorf *et al.*, 1990). Similar assumptions were made for  $^{137}\text{Cs}$  as described in Braune and Marshall (in prep.).

For purposes of comparing waterfowl collected from different sites, Canada was divided into 11 regions (Figure 1) based on a combination of political boundaries, migration pathways and geological boundaries. Collection locations shown in Figure 1 are identified in Table 1. The species of waterfowl have been categorized based on their general food or foraging habits (Robbins *et al.*, 1983; Ehrlich *et al.*, 1988): grazers (geese and swans), dabbling ducks, diving ducks (bay and sea ducks), fish-eating ducks (mergansers) and loons. See Table 2 for a list of species in each group. Insectivores, terrestrial browsers, alcids, fulmars and gulls are also included in the table. A summary of

the breeding season diet for each of these groups (Figure 2) was based on data from Ehrlich *et al.* (1988) which was adjusted for the relative abundances of each species within its trophic group.

Individual organochlorine compounds were grouped into related classes for data presentation: polychlorinated biphenyls ( $\Sigma$ PCB), technical chlordane-related compounds ( $\Sigma$ CHL), chlorobenzenes ( $\Sigma$ CBz), DDT metabolites ( $\Sigma$ DDT), hexachlorocyclohexanes ( $\Sigma$ HCH), mirex and photo-mirex ( $\Sigma$ Mirex), octachlorostyrene (OCS), and dieldrin. PCBs were also presented as Aroclor 1254:1260 (1:1) to facilitate comparisons with earlier literature values.

The limit of quantitation (LQ) for organochlorine and PCB data was set at 0.001 mg·kg<sup>-1</sup> although for many of the parameters, trace amounts between 0.0001 mg·kg<sup>-1</sup> (DL, the detection limit) and 0.001 mg·kg<sup>-1</sup> (the limit of quantitation) were present. For purposes of data analysis, it was preferable to use the measured trace values, where available, rather than use a constant replacement value such as 1/2 LQ for values below the limit of quantitation (Porter *et al.*, 1988). Statistical analyses were not carried out for metals because of the extreme variability of detection limits among samples and because of the high ratio of non-detects to detects in the database. Statistical analyses were not carried out for dioxins and furans because of the small number of analyses.

Because pooling masks a large part of the variance in the data and the number of individuals in each pool was variable, normal statistical methods were not appropriate. Randomization tests (Collins, 1995) were used to test for differences in contaminant levels among geographical areas of Canada by trophic group, and to test for differences in residue concentrations among the trophic groups on a nation-wide basis (Sokal and Rohlf, 1981; SAS Institute, 1988). For each trophic group, three tests were done to compare geographical areas: (i) east (regions 1-7, 10) vs. west (regions 8, 9, 11); (ii) north (regions

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10 & 11) vs. south (regions 1-9); and (iii) northeast (region 10) vs. northwest (region 11) vs. southeast (regions 1-7) vs. southwest (regions 8 & 9). Randomization tests were not carried out on any data block where more than 40% of the values were non-detects. All tests were performed on residue data on a wet weight basis.

### 3.0 Results

A total of 3,957 individual birds (excluding coots and seabird species, i.e. alcids, fulmars, gulls) representing 44 species was collected from 126 sites across Canada between 1987 and 1995 (Tables 1 and 2, Figure 1). Birds were pooled into 834 composite samples for analyses of chemical residues. All data are presented on a wet weight (ww) basis unless otherwise indicated.

#### 3.1 Organochlorines and PCBs

##### 3.1.1 Pectoral muscle

The groups of organochlorine compounds most frequently found above trace level in pectoral muscle of all birds were  $\Sigma$ DDT (mainly DDE) and  $\Sigma$ PCB followed by  $\Sigma$ CBz (mainly HCB) and  $\Sigma$ CHL (Tables 3 and 4 and Figure 3). Those birds (i.e. grouse, ptarmigan and geese) whose diet consists mainly of terrestrial vegetation had the lowest percentage of detectable organochlorine residues. The greatest percentage of detectable organochlorine residues was found in the fish-eating groups (mergansers and loons).  $\Sigma$ HCH and OCS were detected the least often (29% and 23% respectively) of all the organochlorines measured.

The highest DDE concentrations in waterfowl pectoral muscle were found in a single Hooded Merganser ( $2.5 \text{ mg}\cdot\text{kg}^{-1}$ ) from Goose Bay (Labrador), in a pool of Common Loons ( $1.3 \text{ mg}\cdot\text{kg}^{-1}$ ) from Weagamow Lake (northwestern Ontario) and in a single Red-throated Loon ( $1.1 \text{ mg}\cdot\text{kg}^{-1}$ ) from Long Lake (NWT) (Tables 3 and 4).

The highest  $\Sigma$ PCB concentration in pectoral muscle ( $2.4 \text{ mg}\cdot\text{kg}^{-1}$ ) was found in a

single Common Merganser from the Sault Ste. Marie area of northern Ontario (Tables 3 and 4). Elevated levels ( $>1.0 \text{ mg}\cdot\text{kg}^{-1}$ ) were also found in Common and Red-breasted Mergansers from the James Bay area of central Québec (1.0, 1.5 &  $2.3 \text{ mg}\cdot\text{kg}^{-1}$ ), and from the Great Whale ( $1.6 \text{ mg}\cdot\text{kg}^{-1}$ ) and Ungava ( $1.7 \text{ mg}\cdot\text{kg}^{-1}$ ) areas of northern Québec. High levels were found in Common Loons from Big Trout ( $1.0 \text{ mg}\cdot\text{kg}^{-1}$ ) and Weagamow ( $1.2 \text{ mg}\cdot\text{kg}^{-1}$ ) Lakes in northwestern Ontario and from Inukjuaq ( $1.2 \text{ mg}\cdot\text{kg}^{-1}$ ) on the eastern shore of Hudson Bay. The only high levels found outside of the fish-eating birds was in a pool of Oldsquaw ( $1.1 \text{ mg}\cdot\text{kg}^{-1}$ ) from Arviaq on the western shores of Hudson Bay.

The highest  $\Sigma\text{CHL}$  concentration ( $0.17 \text{ mg}\cdot\text{kg}^{-1}$ ) in pectoral muscle was in one of the pools of Common Loon from Weagamow Lake in northwestern Ontario. The highest concentration of  $\Sigma\text{HCB}$  ( $0.12 \text{ mg}\cdot\text{kg}^{-1}$ ) was found in a pool of Common Loon from the Salluit/Ivujivik area of northern Québec (Tables 3 and 4).

In the terrestrial browsers, dabbling ducks, bay ducks, sea ducks and mergansers, oxychlordanes was the dominant chlordanes breakdown product making up 30 - 50% of chlordanes (Figure 4), followed by heptachlor epoxide (20-30%) and *trans*-nonachlor (15-20%). In the grazers and insectivores, heptachlor epoxide was the dominant chlordanes making up 45-60% of the total. The loons were the most idiosyncratic with *trans*-nonachlor making up 50% of the chlordanes residues.

Four PCB congeners (153, 138, 180 and 118) constituted approximately half or more of the PCBs in the various waterfowl groups. Five PCB congeners (182, 153, 138, 180 and 118) constituted over half the PCBs in the insectivores, and three PCB congeners (49, 153 and 118) constituted over half the PCBs in terrestrial browsers. PCB congener data are presented in Table 5.

The distribution of PCB homolog groups was very similar across all trophic groups of birds (Figure 5) with the hexachlorobiphenyls being the dominant group closely followed by the penta- and heptachlorobiphenyls. The only variations were in the grazers and terrestrial browsers where the tri- and tetrachlorobiphenyls were a little more common. In contrast the higher chlorinated groups were more common in the insectivores.

### **3.1.1.1 Geographical variation in organochlorine and PCB concentrations**

Several significant differences among geographical areas in organochlorine levels in trophic groups were identified by the randomization tests (Tables 6 and 7). These differences were scattered among trophic groups and chemical classes with no strong, consistent pattern emerging. In most cases where significant differences were indicated, median residue concentrations were very low. Where significant differences were determined between east vs west, higher concentrations were found in the east in all cases except for  $\Sigma\text{CBz}$  in grazers and  $\Sigma\text{HCH}$  in loons. For the north vs south comparisons, the higher concentrations were found in the north except for  $\Sigma\text{CHL}$  in loons.

The geographical distribution of the data was graphed only for sea ducks which provided a data block with adequate samples in each geographical area as well as adequate numbers of detectable values for illustrative purposes. Graphical presentation of selected organochlorine classes shows that, although the median concentration values are quite low, the range of outliers is generally greater in the east (Figure 6). A comparison of north vs south (Figure 7) is less clear although there is a slightly wider range of outliers in the "north" plots. It is evident that the greatest ranges of residue concentrations are in the northeast (NE) and the southeast (SE) (Figure 8).

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### 3.1.1.2 Trophic variation in organochlorine and PCB concentrations

Randomization tests showed some significant differences in organochlorine levels among trophic groups, most notably for DDE (Tables 6 and 7). The general trend was for increased organochlorine levels at higher trophic levels such as the sea ducks, fish-eating ducks (mergansers) and loons. The one interesting exception is for DDE in dabbling ducks from the west, and more specifically, the northwest. The result is probably driven by a single elevated DDE value in a pool of Northern Shoveler from the Yukon (Table 4). The distribution of organochlorine residue data for the different trophic groups is presented in Figure 9.

### 3.1.1.3 Species variation in organochlorine and PCB concentrations

A comparison of median values for organochlorine concentrations in pectoral muscle indicates relatively little variation among species in any one trophic group, for the most part, although some species show a wider range of levels than other species (Figures 10 to 15).

Common and other loon species (Pacific, Red-throated and Yellow-billed Loons) consistently showed higher median organochlorine levels than the mergansers (Figures 10f to 15f). Loons generally eat more and larger fish than do mergansers (Figure 2) and this may explain the slightly higher median values. Greater and Lesser Scaup generally had higher median levels and a wider range in values than the other bay ducks (Figures 10e-15e). This may be attributed to the differences in animal content in the diets of the various species of bay ducks, with Greater and Lesser Scaup having the highest amount of animal content in their diet, and Ring-necked Ducks, Canvasbacks and Redheads including increasingly higher proportions of plant matter in their diets (Bellrose, 1980).

There was little variation in median levels of organochlorines among species of dabbling ducks (Figures 10c-15c) and sea ducks (Figures 10d-15d). Some species of dabbling ducks showed a wider range in values than others and this seemed to vary with chemical compound. Therefore, the range of values probably reflects geographical differences rather than dietary differences. Of the sea ducks, the Oldsquaw consistently had the widest range of organochlorine values (Figures 10d to 15d). This may be linked to the fact that they are the only sea duck species surveyed to overwinter in relatively large numbers in the Great Lakes - St. Lawrence River system (Bellrose, 1980), an area known to be contaminated with organochlorines (Allen *et al.*, 1991; Kearney *et al.*, 1995). As well, since Oldsquaw probably dive deeper for food than any other duck (Bellrose, 1980), they may be utilizing a food base inaccessible to other species.

Organochlorine levels were generally very low in the upland gamebirds (Figures 10a to 15a), and geese and swans (Figures 10b to 15b). The range of values for some species probably reflect geographical differences rather than dietary differences. Of the upland gamebird species, American Woodcock had higher median levels of  $\Sigma$ PCB (Figure 10a), and to a much lesser extent,  $\Sigma$ CHL and dieldrin (Figures 12a & 13a), than the other species surveyed, whereas Common Snipe had higher median levels of DDE (Figure 11a). American Woodcock feed almost exclusively on worms (Ehrlich *et al.*, 1988) and may be picking up PCBs and other contaminants through the worms from the soil or directly from the soil during feeding. Common Snipe feed mainly on insects and aquatic invertebrates in wetland areas, whereas the ptarmigan and grouse species all feed on insects and various forms of terrestrial vegetation (Ehrlich *et al.*, 1988). Therefore, variation in organochlorine values among the upland gamebird species surveyed are likely due to dietary differences.

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#### 3.1.1.4 Seabirds and other species

Over the course of this study 21 pools of seabirds and other species were also collected, mainly at the request of local communities. The organochlorine and PCB congener data from these samples are presented in Tables 8 and 9. The muscle of the single American Coot collected from British Columbia had no detectable levels of any of the measured organochlorines. The highest levels of contaminants were found in Glaucous Gulls and Herring Gulls from the eastern Arctic. Levels of all measured organochlorines in gulls were comparable to those found in the mergansers and loons except for  $\Sigma\text{CHL}$  which was found at a level of  $0.60 \text{ mg}\cdot\text{kg}^{-1}$  in a pool of Glaucous Gulls from Digges Island (Table 8). The alcids (murre, puffins and dovekies) had organochlorine levels similar to those found in the dabbling ducks (Tables 4, 8 and 9).

#### 3.1.2 Eggs

Concentrations of all organochlorines (Table 10) and PCB congeners (Table 11) measured in eggs were less than  $1 \text{ mg}\cdot\text{kg}^{-1}$  with the exception of  $\Sigma\text{PCB}$  in Herring Gull eggs from northern Québec and Red-breasted Merganser eggs from Great Slave Lake (Table 10).

The geographical distribution of eggs of Common Eider (12 pools from the eastern Arctic and 5 pools from the western Arctic) and King Eider (5 pools from the eastern Arctic) allowed us to compare organochlorine residues. However the patterns and levels of HCB,  $\Sigma\text{HCH}$ ,  $\Sigma\text{CHL}$ , DDE, dieldrin and  $\Sigma\text{PCB}$  were virtually identical for both species and both regions. All residues were below  $0.1 \text{ mg}\cdot\text{kg}^{-1}$ .

## 3.2 PCDDs and PCDFs

### 3.2.1 Pectoral muscle

A subset of the waterfowl collected was analysed for PCDDs and PCDFs. Measurable concentrations of PCDDs were found in loons, mergansers, scoter, scaup, Oldsquaw and Ring-necked Ducks (Table 12). The highest levels of 2,3,7,8-TCDD and 1,2,3,7,8-PnDD were found in Lesser Scaup from Lac St-Pierre, Québec ( $9.7 \text{ ng}\cdot\text{kg}^{-1}$  and  $12.5 \text{ ng}\cdot\text{kg}^{-1}$ , respectively), and in Common Loons from Big Trout/Weagamow Lakes, northern Ontario ( $6.0 \text{ ng}\cdot\text{kg}^{-1}$  and  $8.0 \text{ ng}\cdot\text{kg}^{-1}$ , respectively). Measurable concentrations of PCDFs were found in loons, mergansers, scoter, scaup, eider and Mallards (Table 12). The highest levels of 2,3,7,8-TCDF were found in Surf Scoter from Westham Island, British Columbia ( $13 \text{ ng}\cdot\text{kg}^{-1}$ ) followed by Lesser Scaup from Lac St-Pierre, Québec ( $8.6 \text{ ng}\cdot\text{kg}^{-1}$ ), Common Mergansers from the Miramichi River area, New Brunswick ( $6.0 \text{ ng}\cdot\text{kg}^{-1}$ ), and Mallards from Westham Island, British Columbia ( $6.0 \text{ ng}\cdot\text{kg}^{-1}$ ). Except for the Mallards from Westham Island, no PCDDs or PCDFs were detected in any of the dabbling ducks or geese. The British Columbia data from this study as well as additional dioxin/furan data from British Columbia are discussed in greater detail in Elliott and Martin (1998).

### 3.2.2 Eggs

Only three collections of eggs, all from Great Slave Lake, Northwest Territories, were analysed for PCDDs and PCDFs (Table 12). No PCDFs were detected in any of the eggs, whereas PCDDs were detected in eggs of Red-breasted Mergansers and Herring Gulls.

### 3.3 Toxaphene

Toxaphene was measured in 12 pools of pectoral muscle taken from waterfowl: Oldsquaw (USOX 69809), Barrow's Goldeneye (USOX 65315 & 66025), Bufflehead (USOX 69600), Northern Shoveler (USOX 69372), Mallards (USOX 64505, 65998, 66041 & 69886), Northern Pintail (USOX 69708), Lesser Scaup (USOX 66038), and White-winged Scoter (USOX 68856). One pool of Mallards was from Alberta (USOX 64505) and the rest of the birds were from the Yukon. The total toxaphene level found in pectoral muscle of the pool of Oldsquaw (from Teslin Lake) was  $9.4 \text{ mg}\cdot\text{kg}^{-1}$ . Both pools of Barrow's Goldeneye had  $1.7 \text{ mg}\cdot\text{kg}^{-1}$  of total toxaphene. The pool of Northern Shoveler contained  $1.5 \text{ mg}\cdot\text{kg}^{-1}$  and the pool of Bufflehead contained  $0.80 \text{ mg}\cdot\text{kg}^{-1}$  of total toxaphene. The total toxaphene levels in the rest of the pools were estimated as less than  $0.5 \text{ mg}\cdot\text{kg}^{-1}$ .

### 3.4 Metals

#### 3.4.1 Pectoral muscle

Levels of cadmium, mercury, selenium and arsenic in pectoral muscle were, for the most part, either low ( $< 1 \text{ mg}\cdot\text{kg}^{-1}$ ) or below detection limits (Tables 13 and 14). Unusually elevated levels of lead were measured in several pools of birds. Follow-up analyses of selected pools on an individual bird basis comparing right and left pectoral muscles confirmed that tiny fragments of metallic lead, visually undetectable, were embedded in localized areas of the tissue of certain birds (Scheuhammer *et al.*, 1998) indicating that fragments of lead shot, rather than biologically incorporated lead, were causing the elevated lead levels.

Arsenic was detected in all pools of woodcock and snipe analysed, but levels were

low ( $\leq 0.20 \text{ mg}\cdot\text{kg}^{-1}$ ). Arsenic was detected in only 20-60% of pools of birds in other trophic categories, and was found mainly in birds from eastern Canada. The highest level of arsenic ( $3.3 \text{ mg}\cdot\text{kg}^{-1}$ ) was measured in a single adult Mallard from Labrador (Table 14).

Cadmium was detected in less than 45% of all the pools of birds analysed, mainly in sea ducks and loons, as well as woodcock, snipe and terrestrial browsers (Table 13 and Figure 16). The highest level of cadmium was measured in King Eider from Hall Beach, Northwest Territories ( $0.71 \text{ mg}\cdot\text{kg}^{-1}$ ).

Mercury was detected in over 50% of dabbling, bay and sea ducks analysed, and in all of the fish-eating ducks and loons analysed (Table 13). Mercury was not detected in any of the terrestrial browsers, in only 40% of the woodcock and snipe, and in less than 2% of the geese. The highest level of total mercury ( $1.9 \text{ mg}\cdot\text{kg}^{-1}$ ) was measured in a single adult Red-throated Loon from the Northwest Territories (Table 14). The distribution of mercury across trophic levels is shown in Figure 17 and the distribution across species is shown in Figure 18. Many of the data presented in these figures are non-detects that have been set to one-half the detection limit for graphing.

Selenium was detected in over 75% of all the pools of birds measured including woodcock, snipe and terrestrial browsers (Table 13). The highest level of selenium measured ( $10.1 \text{ mg}\cdot\text{kg}^{-1}$ ) was in a single adult Black Scoter from Québec (Table 14). Most of the sample pools measured, however, contained  $< 2 \text{ mg}\cdot\text{kg}^{-1}$  of selenium. The distribution of selenium across trophic levels is shown in Figure 17 and the distribution across species is shown in Figure 19. As with the mercury data, non-detects have been set to one-half the detection limit for graphing.

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### 3.4.1.1 Seabirds and other species

The only metal found above the detection limit in muscle of the American Coot was selenium ( $0.38 \text{ mg}\cdot\text{kg}^{-1}$ ) (Table 15).

Arsenic was found in all of the seabird muscle samples at levels that were high relative to the waterfowl species sampled. The maximum found was  $1.5 \text{ mg}\cdot\text{kg}^{-1}$  in a pool of Herring Gull from Inukjuaq, Québec (Table 15).

Cadmium was found at generally higher levels in the seabirds than in the waterfowl samples, although the highest level found ( $0.55 \text{ mg}\cdot\text{kg}^{-1}$  in a Thick-billed Murre pool from Digges Island) was less than the highest level found in waterfowl. Mercury was present at quantifiable levels in all but one of the seabird pools with a maximum level of  $0.51 \text{ mg}\cdot\text{kg}^{-1}$  in Glaucous Gulls from Kuujjuarapik, Québec (Table 15).

Selenium was found in all of the seabird pectoral muscle samples at levels similar to those in the mergansers and loons but well below the levels found in sea ducks (Figure 19 and Table 15).

### 3.4.2 Eggs

Arsenic was detected in only 16 of 36 egg pools analysed and the highest level found was only  $0.27 \text{ mg}\cdot\text{kg}^{-1}$  (Table 16). Cadmium was not detected in any of the eggs sampled and lead was detected in only one pool of Mew Gull eggs ( $0.01 \text{ mg}\cdot\text{kg}^{-1}$ ) from Teslin Lake, Yukon (Table 16). Mercury was detected in all but two of the 36 egg pools. The highest level of mercury ( $0.50 \text{ mg}\cdot\text{kg}^{-1}$ ) found was in a pool of Black Guillemot eggs from the Ungava region of northern Québec (Table 16). Selenium was detected in all of

33 egg pools analysed and the highest level was  $1.0 \text{ mg}\cdot\text{kg}^{-1}$  (Table 16) in a pool of Common Eider eggs from Labrador.

### 3.4.3 Liver

Several large pools of dabbling ducks and sea ducks from the Arctic were repooled to separate out males, females and juveniles. The resulting liver pools were analysed for mercury and selenium. The results are presented in Table 17 and Figure 20. The highest levels of selenium ( $23.0 \text{ mg}\cdot\text{kg}^{-1}$ ) were found in a pool of Common Eider from Arviaq, Northwest Territories, and in a pool of Oldsquaw from Fort Good Hope, Northwest Territories. The highest level of mercury ( $3.8 \text{ mg}\cdot\text{kg}^{-1}$ ) was found in a pool of Surf Scoter from Fort Good Hope, Northwest Territories. Overall, eiders and scoters had the highest levels of selenium. Mercury levels did not show much variation across species except in the Green-winged Teal, Northern Pintail and White-winged Scoter which had quite low levels (Figure 20).

## 3.5 Cesium-137

$^{137}\text{Cs}$  was measured in 238 pools of pectoral muscle from 1,894 birds representing 37 species. The majority of the pools of birds contained  $<3 \text{ Bq}\cdot\text{kg}^{-1}$  of  $^{137}\text{Cs}$  (Table 14). Geese and swans generally contained the highest levels of  $^{137}\text{Cs}$  measured in this study, but grouse and ptarmigan also had higher levels of  $^{137}\text{Cs}$ . Marine species such as the alcids and kittiwakes had extremely low  $^{137}\text{Cs}$  levels (Table 14) as did some of the more marine duck species such as Oldsquaw, the eiders and Black Scoter.

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## 4.0 Discussion

### 4.1 Organochlorines and PCBs

The use of persistent chlorinated pesticides, such as DDT, dieldrin and HCB, was common in the 1970s, but is now prohibited in North America, and the use of PCBs is severely restricted (Barrie *et al.*, 1992; Rodrigue *et al.*, 1992; Rodrigue *et al.*, 1994). Many of these chlorinated pesticides are, however, still used in Central and South America where many migratory birds spend the winter (Barrie *et al.*, 1992). In addition, there is considerable evidence that long range transport of some of these pollutants from European and Asian sources provides major inputs of contaminants into the Arctic areas of Canada (Barrie *et al.*, 1997, de March *et al.*, 1998, Dietz *et al.*, 1998). There is also concern that waterfowl are exposed to organochlorine contaminants on the migratory staging areas and breeding grounds in Canada and the United States due to the widespread distribution and extreme persistence of some of the organochlorine residues, particularly DDT and its metabolites and PCBs (Smith *et al.*, 1985; Blus *et al.*, 1987; Foley and Batcheller, 1988; Gebauer *et al.*, 1992; Elliott *et al.*, 1994; Hebert *et al.*, 1994; Weseloh *et al.*, 1994; Mullie *et al.*, 1996; Bredlin *et al.*, 1997).

#### 4.1.1 Pectoral muscle

##### 4.1.1.1 Organochlorine levels relative to other studies

There is some indication that birds run a higher risk of exposure to elevated levels of organochlorine compounds in the eastern flyways than in the western ones (see section 3.1.1 and Figures 6 to 8). There are numerous eastern North American staging and overwintering areas such as the Great Lakes-St. Lawrence River, maritime Canada, the U.S. eastern seaboard and the Gulf of Mexico that are known to be contaminated with

chemical residues (Kim *et al.*, 1984; Kim *et al.*, 1985; P. Lane and Associates, 1986, 1991; Cain, 1988; Allen *et al.*, 1991). Several studies have shown that organic contaminants can accumulate in waterfowl introduced into contaminated sites in relatively short periods of time (Dobos *et al.*, 1991; Rodrigue *et al.*, 1992, 1994; Gebauer and Weseloh, 1993; Custer *et al.*, 1996;).

As part of the National Pesticide Monitoring Program, the U.S. Fish and Wildlife Service systematically measured organochlorine residues in wings of Mallards and Black Ducks shot by hunters throughout the continental United States. These surveys were conducted every two to three years from the mid-1960s to the mid-1980s (see Heath, 1969; Heath and Hill, 1974; White and Heath, 1976; White, 1979; Cain, 1981; Prouty and Bunck, 1986). The highest mean residue levels in the 1981-82 survey occurred in Black Ducks and Mallards from the Atlantic Flyway. This pattern was also evident in the 1984-85 wing survey data as was the continuing decline in concentrations of all residues (Schmidt and Bunck, 1995). The declines in residue levels have also been documented by Heinz *et al.* (1994) and Weseloh *et al.* (1995).

A similar pattern of organochlorine decline was found in this study relative to earlier work (Braune *et al.*, 1991). The concentrations of most organochlorine and PCB compounds measured in the pectoral muscle of the birds in this survey were relatively low (Tables 3, 8, 9 and 12). By contrast Smith *et al.* (1985) found that carcasses of wintering Lesser Scaup, Greater Scaup and Common Goldeneye collected from the Detroit River in 1981 had organochlorine levels about an order of magnitude greater than levels we found in fall birds of those same species from southern Ontario including the Detroit River/Lake St. Clair region.

Although  $\Sigma$ PCB and  $\Sigma$ DDT were most frequently detected, residues of other organochlorine compounds were also found, particularly in those species feeding at

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higher trophic levels. Levels of  $\Sigma$ PCB found in spring collections of whole body Oldsquaw from Rankin Inlet in 1991-94 (Johnstone *et al.*, 1996) (Table 18) were, for the most part, two to three orders of magnitude greater than residue levels measured in pectoral muscle of Oldsquaw from the Maritimes or the western Arctic in our study (Table 4). It should also be noted, however, that since residue concentrations may vary among tissues, comparisons between whole body and pectoral muscle levels should be treated with caution. Oldsquaw containing higher levels of residues in the current study were collected from sites which are all centrally situated around the Hudson Bay - Great Lakes area and those birds may belong to the population which is known to overwinter in the Great Lakes - St. Lawrence system.

A statewide collection of waterfowl was made in Michigan, mainly during the 1988, 1989 and 1990 hunting seasons (Michigan Department of Natural Resources, 1993). All samples were analysed for  $\Sigma$ PCB. The majority of the samples showed no detectable levels of these contaminants in the pectoral muscle. The highest  $\Sigma$ PCB levels found in samples of pectoral muscle (without skin) were as follows: Mallard -  $0.27 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$ , Lesser Scaup -  $0.03 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$ , Greater Scaup -  $0.07 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$ .  $\Sigma$ PCB levels in pectoral muscle of some scaup from Québec, Ontario, Manitoba, southern British Columbia, Yukon and the western Arctic (Table 4) came close to or exceeded levels found in the Michigan scaup (Table 18). All of the  $\Sigma$ PCB levels in Mallards from the present Canadian survey (Table 4) were much lower than the highest levels found in the Michigan Mallards (Table 18).

Levels of  $\Sigma$ PCB in goose and dabbling duck species from this study were all lower than those found in geese and dabblers from Lower New York by Kim *et al.* (1984) and Kim *et al.* (1985) (Table 18).

Levels of DDE found in spring collections of whole body Northern Pintail and

Oldsquaw from Rankin Inlet in 1991-94 (Johnstone *et al.*, 1996) (Table 18) were at least twice as great and, for the most part, two to three orders of magnitude greater than residue levels measured in pectoral muscle of Northern Pintail and Oldsquaw from our study (Table 4). As mentioned earlier, however whole body versus pectoral muscle comparisons should be treated cautiously.

Levels of DDE in geese were generally lower than those found in geese from the Chicago area in 1987 (Amundson, 1988) except for some birds collected in Labrador, eastern James Bay, the eastern Arctic, northern and southwestern Ontario and Saskatchewan (Quill Lakes area).

The highest levels of DDE in pectoral muscle (without skin) in Mallards from the 1988 - 1990 Michigan study (Michigan Department of Natural Resources, 1993) were 0.07 and 0.02 mg·kg<sup>-1</sup>, respectively. Some Mallards from eastern James Bay, northern and southwestern Ontario, Saskatchewan, Yukon and southern British Columbia contained DDE levels similar to or greater than levels found in the Michigan Mallards. The highest DDE level found in Mallards from the Canadian survey was 0.65 mg·kg<sup>-1</sup> in birds collected in the Dawson area of the Yukon (Tables 3 and 4).

Levels of dieldrin found in spring collections of whole body Northern Pintail and Oldsquaw from Rankin Inlet in 1991-94 (Johnstone *et al.*, 1996) (Table 18) were generally much higher than residue levels measured in pectoral muscle of Northern Pintail and Oldsquaw from our study (Table 4). Oldsquaw collected from Lac Waswanipi (Matagami area), Niagara River area and several sites in the eastern Arctic (Baker Lake, Arviaq, Sanikiluaq) (Table 4) contained dieldrin concentrations that fell within the range of concentrations measured in the birds from Rankin Inlet (0.02-4.0 mg·kg<sup>-1</sup> ww). As with PCBs, the Oldsquaw containing higher levels of dieldrin residues may belong to the population which is known to overwinter in the Great Lakes - St. Lawrence system

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(Tables 4 and 18).

Canada Geese collected from sites in eastern James Bay, the eastern Arctic, northern and southwestern Ontario and the Fraser River delta in this survey contained dieldrin levels in the pectoral muscle (Table 4 - converted to lipid weight basis) that were, in some cases, up to an order of magnitude higher than in skin fat of Canada Geese collected from the Chicago area in 1987 (Amundson, 1988).

The Mallards collected in the 1988 - 1990 statewide collection of waterfowl in Michigan (Michigan Department of Natural Resources, 1993) were analysed for a range of chlorinated hydrocarbons. The majority of the samples showed no detectable levels of these contaminants in the pectoral muscle. The highest levels of dieldrin in pectoral muscle (without skin) in Mallards was  $0.07 \text{ mg}\cdot\text{kg}^{-1}$ . All of the dieldrin levels in Mallards from the Canadian survey were much lower than the highest levels found in the Michigan Mallards.

Median values of the chlorobenzenes and hexachlorocyclohexanes were very low for most of the groups in this study (Table 3) and the highest values found ( $0.12 \text{ mg}\cdot\text{kg}^{-1}$  in a pool of Common Loon from Digges Island, NWT) were much lower than those found in the Detroit River in 1981 by Smith *et al.* (1985).

Hebert *et al.* (1994) have shown that levels of PCDDs in Great Lakes Herring Gulls declined between 1981 to 1984 and (along with PCDFs) have remained relatively constant since then indicating that equilibrium has been reached in the bioaccessible compartments of the Great Lakes. Elliott and Martin (1998) found a decline in PCDD and PCDF levels in Grebes and sea ducks on the British Columbia coast from 1989 to 1993 due the introduction of changes in pulp mill bleaching processes and restrictions on the use of chlorophenols. Dioxins and furans were generally not detected or only detected at

trace levels in our study but only a small subset of pools was analysed for these compounds.

The mirex levels found in this study (Table 4) are generally very low and comparable to levels found in other studies (Table 18). However, the highest levels found in our study (in pools of Oldsquaw, Red-breasted Merganser and Common Loon which could have spent time on the Great Lakes) are higher than those found in other studies (Table 18).

#### **4.1.1.2 Effects of organochlorine residues**

Muscle tissue is not often used to define toxic effects thresholds and most studies do not report the tissue levels associated with dietary concentrations or observed effects, but we have summarized the available literature on residue levels in muscle and other tissues associated with observed toxic effects (Table 19). It should be noted that residue levels in body tissues may not always have reached a steady-state in experimental dosing studies. Therefore, muscle residue levels may not necessarily provide an accurate measure with which to associate the described symptoms in nature.

In a dosing study on pheasants, Dahlgren *et al.* (1972) found a mean concentration of 140 mg·kg<sup>-1</sup> ww of PCBs (as Aroclor 1254) in the muscle of pheasants that died. In a dosing study on chickens, Platenow *et al.* (1973) found a mean concentration of 120 mg·kg<sup>-1</sup> ww of PCBs (as Aroclor 1254) in the muscle of cockerels that died (Table 19). In a chronic dietary exposure study on Ringed Turtledoves, Peakall and Peakall (1973) attributed increased embryonic mortality to decreased parental attentiveness in birds with muscle PCB (Aroclor 1254) levels of 8 mg·kg<sup>-1</sup> ww (Table 19). Induction of hepatic cytochrome P450-associated monooxygenases occurred in sentinel Mallards containing ΣPCB concentrations of 1.7-3.5 mg·kg<sup>-1</sup> ww in pectoral muscle (Custer *et al.*, 1996) although these birds also had low levels of chlordanes. Most of the muscle pools in the

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present survey contained  $\Sigma$ PCB levels that were less than  $1 \text{ mg}\cdot\text{kg}^{-1}$  ww (Table 4). The exceptions to this occurred for several merganser, loon and Oldsquaw pools from eastern Canada which contained  $\Sigma$ PCB concentrations of  $1.0\text{-}2.4 \text{ mg}\cdot\text{kg}^{-1}$  ww in pectoral muscle. These levels are still much lower than most of those associated with adverse effects in other studies. As Schwartz and Stalling (1991) have pointed out, however, caution must be exercised when associating  $\Sigma$ PCB concentrations as measured in wild birds with toxicity effects observed in laboratory Aroclor feeding studies, because Aroclor mixtures change substantially in the environment and through the food chain.

In a study of dietary exposure of dieldrin on survival and growth in Mallard ducklings, Nebeker *et al.* (1992) found significant growth impairment and some mortality starting at muscle tissue levels of  $5 \text{ mg}\cdot\text{kg}^{-1}$  (Table 19). The maximum value of dieldrin found in the current study was  $0.17 \text{ mg}\cdot\text{kg}^{-1}$  in a pool of Common Mergansers (Tables 3 and 4).

Hyde *et al.* (1973) found no apparent effects on adults or hatching success associated with adult pectoral muscle tissue levels of mirex as high as  $37 \text{ mg}\cdot\text{kg}^{-1}$  although there was reduced duckling survival at this level (Table 19). These levels far exceed anything found in the current study.

Adult Japanese quail dosed with HCB exhibited hyperactivity and increased porphyrin excretion when muscle HCB levels were  $6 \text{ mg}\cdot\text{kg}^{-1}$  in females and  $7 \text{ mg}\cdot\text{kg}^{-1}$  in males (Fletcher, 1972, cited in Wiemeyer, 1996). The health and general condition of chickens exposed to dietary HCB were not affected when muscle HCB levels were  $12 \text{ mg}\cdot\text{kg}^{-1}$  (Avrahami and Steele, 1972, cited in Wiemeyer, 1996). All the muscle pools analysed in this study contained HCB residues that were well below  $1 \text{ mg}\cdot\text{kg}^{-1}$  (Table 3 and 4).

The frequency of occurrence of toxaphene in the tissues and eggs of birds is low (Wiemeyer, 1996). Mehrle *et al.* (1979) found that duckling growth was depressed and spinal development impaired in Black Ducks when carcasses contained about  $40 \text{ mg}\cdot\text{kg}^{-1}$  of toxaphene (Table 19). Haseltine *et al.* (1980) found no survival or reproductive effects associated with  $0.5 \text{ mg}\cdot\text{kg}^{-1}$  carcass residue levels in a study of Black Ducks. We did not measure levels of toxaphene in waterfowl carcasses, but the highest total toxaphene level found in pectoral muscle was  $9.4 \text{ mg}\cdot\text{kg}^{-1}$  ww in Oldsquaw from the Yukon and 7 of the 12 analyses were  $<0.5 \text{ mg}\cdot\text{kg}^{-1}$ .

#### 4.1.2 Eggs

Organochlorine and PCB levels measured in eggs collected in this survey were generally quite low and unlikely to cause toxic effects. With the exception of  $\Sigma\text{PCB}$ , all of the egg pools analysed in this survey contained organochlorine residue levels well below  $1 \text{ mg}\cdot\text{kg}^{-1}$  (Table 10). Table 18 summarizes residue levels in tissues reported in the literature. Table 19 summarizes effects associated with tissue residue levels.

Hatching success was not affected in dietary PCB exposure studies on Mallards where PCB levels in the eggs were measured at  $23 \text{ mg}\cdot\text{kg}^{-1}$  ww (as Aroclor 1254) (Custer and Heinz, 1980) (Table 19) and at  $105 \text{ mg}\cdot\text{kg}^{-1}$  ww (as Aroclor 1242) (Haseltine and Prouty, 1980) (Table 19). Hoffman *et al.* (1996) have concluded from the literature that decreased hatching success is associated with total PCB concentrations of  $1\text{-}5 \text{ mg}\cdot\text{kg}^{-1}$  ww in eggs of chickens and  $8\text{-}25 \text{ mg}\cdot\text{kg}^{-1}$  ww in eggs of terns, cormorants, doves and eagles. Eisler (1986) concluded that total PCB levels in excess of  $16 \text{ mg}\cdot\text{kg}^{-1}$  ww were frequently associated with PCB poisoning in birds. The only egg pools that exceeded  $1 \text{ mg}\cdot\text{kg}^{-1}$   $\Sigma\text{PCB}$  were Herring Gulls from northern Québec ( $2.7 \text{ mg}\cdot\text{kg}^{-1}$  ww) and Red-breasted

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Mergansers from Great Slave Lake ( $1.6 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$ ). As Schwartz and Stalling (1991) have pointed out, however, caution must be exercised when associating  $\Sigma\text{PCB}$  concentrations as measured in wild birds with toxicity effects observed in laboratory Aroclor feeding studies, because Aroclor mixtures change substantially in the environment and through the food chain. The  $\Sigma\text{PCB}$  levels measured in eggs in this survey are unlikely to be indicative of toxic effects.

The inverse relationship between DDE residues in eggs and eggshell thickness and associated lowered reproductive success has been well documented (see review by Blus, 1996). Eggs of Black Ducks with DDE residues of  $46 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$  showed 18% shell thinning (Longcore *et al.*, 1971). Jehl (1973), Blus *et al.* (1974), King *et al.*, (1977) (cited in Wiemeyer, 1996), and Blus *et al.* (1979) have all documented a relationship between DDE levels of  $1\text{-}3 \text{ mg}\cdot\text{kg}^{-1}$  or more and eggshell thinning and depressed productivity in the Brown Pelican (*Pelecanus occidentalis*), which appears to be the most sensitive species. Fox *et al.* (1980) found a small but significant inverse correlation between DDE levels in Common Loon eggs (mean of  $5.8 \text{ mg}\cdot\text{kg}^{-1}$ ) and eggshell thickness together with structural abnormalities in the shells (Table 19). All of the egg pools analysed in the current survey contained DDE concentrations less than  $1 \text{ mg}\cdot\text{kg}^{-1}$  (Table 10).

Hyde *et al.* (1973) showed that Mallard duckling survival was reduced when eggs contained  $277 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$  of mirex although there was no apparent effect on egg hatchability at this level (Table 19). These levels far exceed anything found in the current study.

No adverse effects on hatchability of eggs were observed when the HCB level was about  $105 \text{ mg}\cdot\text{kg}^{-1}$  in chicken eggs (Avrahami and Steele, 1972, cited in Wiemeyer, 1996) (Table 19) or about  $35 \text{ mg}\cdot\text{kg}^{-1} \text{ ww}$  in Japanese quail eggs (Fletcher, 1972, cited in

Wiemeyer, 1996). The reproduction of Canada Geese appeared normal when maximum HCB residues in eggs were  $2.97 \text{ mg}\cdot\text{kg}^{-1}$  (Blus *et al.*, 1984). All egg HCB levels in the current study were less than  $0.10 \text{ mg}\cdot\text{kg}^{-1}$  (Table 10).

In a study on the effects of heptachlor epoxide on nesting success of Canada Geese, Blus *et al.* (1984) showed that nesting success declined when eggs contained greater than  $10 \text{ mg}\cdot\text{kg}^{-1}$  heptachlor epoxide. Hatchability of eggs from Ring-necked Pheasants (*Phasianus colchicus*) exposed to dietary  $\gamma$ -HCH was unaffected when eggs contained  $\gamma$ -HCH residues of about  $10 \text{ mg}\cdot\text{kg}^{-1}$  (Ash and Taylor, 1964, cited in Wiemeyer, 1996). When lindane ( $\gamma$ -HCH) was substituted for heptachlor as a seed treatment in the Columbia Basin, Oregon, no HCH isomers were found in eggs or tissues of Canada Geese nesting nearby (Blus *et al.*, 1984). All of the eggs in the current study had residue levels of heptachlor epoxide and HCHs well below  $0.10 \text{ mg}\cdot\text{kg}^{-1}$  (Table 10).

In a study of dioxins in Wood Duck eggs, White and Seginak (1994) found that for Wood Ducks, which they suggest are more sensitive to dioxins and furans than other avian species,  $14\text{-}35 \text{ }\mu\text{g}\cdot\text{kg}^{-1}$  ww of 2,3,7,8-TCDD in eggs was indicative of decreased productivity. TCDD was detected at trace levels in two of the three egg pools analysed in the current survey in Herring Gulls and Red-breasted Mergansers.

## **4.2 Metals**

### **4.2.1 Pectoral muscle**

Pectoral muscle is not generally considered to be a major target tissue for bioaccumulation of heavy metals. Rather, metal residues tend to accumulate in liver and kidney. Therefore care must be taken when trying to interpret the significance of muscle tissue levels of metals (Scheuhammer *et al.*, 1998).

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#### 4.2.1.1 Metal levels relative to other studies

Elevated natural levels (particularly in water) of arsenic occur in many parts of North and South America where migrating birds could be exposed: Chile (Antofagasta), Argentina (Cordoba), Mexico (Lagunera), United States (California, Oregon, Ohio, Alaska) and Canada (Nova Scotia, New Brunswick, Alberta) (Azcue, 1995).

Arsenic levels were generally low in this study (Table 14) and those that were elevated (above  $1.0 \text{ mg}\cdot\text{kg}^{-1}$ ) were associated with areas where high natural levels could be expected due to regional geology (NRCC, 1978; Azcue, 1995). The levels were comparable to those found in other studies (Table 20).

Fish with Hg concentrations that exceeded an estimated threshold of  $0.4 \text{ mg}\cdot\text{kg}^{-1}$  for reproductive impairment in loons and which are small enough for loons to eat occur in up to 30% of Ontario lakes (Scheuhammer and Blancher, 1994). Barr (1986) found that mercury levels in muscle of Common Loons averaged  $1.2 \text{ mg}\cdot\text{kg}^{-1}$  under normal conditions and up to  $4.6 \text{ mg}\cdot\text{kg}^{-1}$  in lakes near a mercury pollution source (Table 20). Loons and mergansers had the highest mercury levels of all species in this study (Table 13). They were, however comparable to levels found in these species in other studies (Table 20).

A statewide collection of waterfowl was made in Michigan during 1988, 1989 and 1990 (Michigan Department of Natural Resources, 1993). Mallards were analysed for mercury residues. The highest level found in pectoral muscle (without skin) was  $0.048 \text{ mg}\cdot\text{kg}^{-1}$  ww. Many of the Mallards from across Canada had similar or higher mercury levels (Table 14). The highest mercury level ( $0.34 \text{ mg}\cdot\text{kg}^{-1}$ ) found in pectoral muscle of Mallards in the present Canadian survey was from a collection of birds from British Columbia.

#### 4.2.1.2 Effects of metal residues

Heinz *et al.* (1987) showed that pectoral muscle levels of 1.3-1.4 mg·kg<sup>-1</sup> selenium (associated with diets of 100 ppm) were associated with embryonic deformities, reduced hatching and adult mortality (Table 21). While levels in this study often exceeded those levels it should be remembered that metals levels in body tissues may not always have reached a steady-state in experimental dosing studies, therefore, muscle levels may not necessarily provide an accurate measure with which to associate the described symptoms in nature.

Only in the mergansers and loons did maximum mercury levels (1.5-1.9 mg·kg<sup>-1</sup>) match or exceed levels associated with behavioural changes in nesting Mallards by Heinz (1979) but did not equal the levels (>3 mg·kg<sup>-1</sup>) that Barr (1986) found to be associated with reduced reproductive success in loons (Table 21).

#### 4.2.2 Eggs

Neither lead nor cadmium were detected in any of the eggs analysed in this study. Since neither lead nor cadmium are readily transferred to eggs (Burger and Gochfield, 1991), this was the expected result.

All mercury and selenium levels found in this study were well below egg levels associated with adverse effects in experimental studies (Table 21).

#### 4.2.3 Liver

Mercury and selenium levels in livers of dabbling ducks and sea ducks from this study (Table 17) were in line with levels found in wild birds by other workers (Table 20).

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For both mercury and selenium, the highest values found were in the range of tissue levels associated with toxic effects in some experimental dosing studies (Table 21) but, as mentioned earlier, it is often difficult to transfer information gained from laboratory studies to field situations or to infer toxicological effects from tissue levels (Scheuhammer *et al.*, 1998).

### 4.3 Cesium-137

Analysis of the  $^{137}\text{Cs}$  data for species with adequate pool numbers across a wide geographical distribution showed a definite grouping of the data by longitude, with higher  $^{137}\text{Cs}$  levels in the birds from the east (Braune and Marshall, in prep). This was particularly striking for both Canada and Lesser Snow Geese. The east-west split in the data appears to coincide approximately with the western boundary of the Canadian Shield. A detailed discussion of these data appears in Braune and Marshall (in prep.).

### 4.4 Critical levels for avian and wildlife health effects

Many different attempts have been made to determine critical levels of contaminants in various matrices. These can take the form of guidelines, objectives or regulations used to trigger some form of action. They may also be scientific assessments of levels beyond which harm is likely to occur to the contaminated matrix or to those who consume it. We have summarized some of these levels for organochlorines and metals relevant to Canadian waterfowl and gamebirds in Tables 22 and 23. In the following discussion we refer to individual or pooled samples from this study which exceed some of these threshold levels (Table 24). It is important to remember that these constitute only a very few samples out of a total of 834 pools of birds from across the country. The vast majority of these samples had very low or undetectable levels of the contaminants studied.

#### 4.4.1 Organochlorines

The lowest critical levels for PCBs are the IJC guideline of  $0.100 \text{ mg}\cdot\text{kg}^{-1}$  and the USEPA guideline of  $0.160 \text{ mg}\cdot\text{kg}^{-1}$  for fish (Table 22). Beyond these levels the agencies involved believe there may be risk to wildlife which consume the fish. These guidelines are for fish which are eaten in large quantities by many other species. Birds, particularly the fish-eating birds, are a much smaller part of other animals' diets so the fish guidelines can be taken as cautionary for birds. Most of the birds from this study were well below these levels and all but one pool of Common Mergansers ( $2.4 \text{ mg}\cdot\text{kg}^{-1}$ ) were below the human consumption guideline for PCBs in commercial fish ( $2.0 \text{ mg}\cdot\text{kg}^{-1}$ ).

Nebeker *et al.* (1992) determined a 24-day no-observed-adverse-effect level (NOAEL) and a lowest-observed-adverse-effect level (LOAEL) of  $<1 \text{ mg}\cdot\text{kg}^{-1}$  ww for dieldrin in muscle (Table 22). The maximum value of dieldrin found in this study was  $0.17 \text{ mg}\cdot\text{kg}^{-1}$  in a pool of Common Mergansers (Tables 3 and 4).

All DDE/DDT residue levels found in this study were less than half and most were at least an order of magnitude less than published human consumption guidelines for birds (Table 22). There were, however, several pools, particularly among the mergansers and loons which exceeded the IJC guideline of  $1 \text{ mg}\cdot\text{kg}^{-1}$  for hazard to fish-eating wildlife (IJC, 1987).

Fox *et al.* (1980) calculated that egg levels of  $47 \text{ mg}\cdot\text{kg}^{-1}$  DDE would be required to produce a 20% thinning in Common Loon eggshells, characteristic of declining populations (Table 22). None of the eggs, of any species, in this study exceeded  $1.0 \text{ mg}\cdot\text{kg}^{-1}$ .

There were only two pools, one of Lesser Scaup from the St. Lawrence and one of Surf Scoter from the Fraser River delta that exceeded the Michigan Dept. of Natural Resources dioxin trigger level ( $10 \text{ ng}\cdot\text{kg}^{-1}$ ) for setting advisories on consumption of fish (Michigan Department of Natural Resources, 1993) (Table 22). Both of these pools are associated with areas of particular concern for organochlorine pollution.

The Michigan Dept. of Natural Resources trigger level for fish consumption advisories for mirex (Michigan Department of Natural Resources, 1993) (Table 22) was only exceeded by four pools from this study: Oldsquaw from Arviaq, Northwest Territories ( $0.22 \text{ mg}\cdot\text{kg}^{-1}$ ), Red-breasted Mergansers from Kangiqsualuujuaq, Québec ( $0.27 \text{ mg}\cdot\text{kg}^{-1}$ ), and Common Loons from Weagamow Lake ( $0.13 \text{ mg}\cdot\text{kg}^{-1}$ ) and Big Trout Lake ( $0.11 \text{ mg}\cdot\text{kg}^{-1}$ ) in northwestern Ontario.

#### **4.4.2 Metals and cesium-137**

Only 31 samples from this study exceeded the normal background levels of arsenic in animal tissues in Canada of  $<0.3 \text{ mg}\cdot\text{kg}^{-1}$  fresh weight (NRCC, 1978)(Table 23). We could not find any published critical threshold levels for arsenic in muscles of wild birds against which to compare our data.

The highest cadmium level found in either pectoral muscle or egg in this study ( $0.7 \text{ mg}\cdot\text{kg}^{-1}$ ) was well below the  $2 \text{ mg}\cdot\text{kg}^{-1}$  which Eisler (1985) considered to be evidence of cadmium contamination in wild birds.

Although Eisler (1987) considers tissue mercury levels greater than  $1.0 \text{ mg}\cdot\text{kg}^{-1}$  to be presumptive evidence of a mercury problem (Table 23), Thompson (1996) suggests that

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levels in excess of 20-30 mg·kg<sup>-1</sup> ww may be indicative of mercury poisoning (Table 23). Although 23 (19%) of dabbling duck and sea duck liver pools from the western Arctic and the Yukon had mercury levels (Table 17) that exceeded 1.0 mg·kg<sup>-1</sup> the highest level found was 3.8 mg·kg<sup>-1</sup> in a liver pool of Surf Scoter from Fort Good Hope, NT, which is an order of magnitude lower than the critical level range suggested by Thompson (1996).

Based on studies mainly with Mallards, Heinz (1996) suggests that liver selenium levels of 3 mg·kg<sup>-1</sup> are associated with adverse reproductive effects in laying females (Table 23). However, he also cautions that measurements of selenium in liver outside the breeding season may not be useful in predicting reproductive effects. Most of the birds in this survey were collected outside of the breeding season. Heinz (1996) also states that liver levels greater than 10 mg·kg<sup>-1</sup> in young or adult birds may be indicative of important sublethal effects and concentrations in excess of 20 mg·kg<sup>-1</sup> may affect survival (Table 23). Twenty-two liver pools (18%) from this study had selenium levels that were higher than 10 mg·kg<sup>-1</sup> and 5 pools were greater than 20 mg·kg<sup>-1</sup> (Table 14, 17, 23, 24). All of these pools were sea ducks. Sea ducks and other marine birds often have elevated levels of selenium possibly because of the nature of selenium cycling in the marine environment and they appear to have evolved mechanisms to deal with these elevated levels (Eisler, 1987).

The highest level of <sup>137</sup>Cs activity found in this study was 46 Bq·kg<sup>-1</sup>; the radiation exposure from this burden of radiocesium is about one-third that which the animals receive from the naturally occurring potassium in their bodies. Most of the levels of <sup>137</sup>Cs we found were <3 Bq·kg<sup>-1</sup>, on the same order as those in domestic livestock (Health and Welfare Canada, 1987).

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#### 4.5 Human consumption guidelines

Canada does not issue consumption guidelines for wild ducks for any contaminants on a regular basis. The discovery that waterfowl collected throughout New York State were contaminated with high levels of PCBs and pesticide residues (Baker *et al.*, 1976; Kim *et al.*, 1984; Kim *et al.*, 1985) prompted the development of waterfowl consumption advisories which have been issued annually to New York hunters since 1981. In 1987, the state of Wisconsin began to issue consumption advisories warning people to avoid eating certain waterfowl species from sections of several Lake Michigan tributaries. Michigan, too, has established "trigger levels" for establishing wildlife consumption advisories (Michigan Department of Natural Resources, 1993).

In Canada, consumption advisories and hunting season closures for waterfowl and game birds have been issued on a site- and species-specific basis. In 1969, the fall hunting season on pheasants and partridges was closed in Alberta due to mercury contamination. In 1970, the hunting season for woodcock was closed in New Brunswick because of high levels of DDT found in pectoral muscle of birds (Pearce and Baird, 1970). In 1971, an advisory was issued to hunters in northwestern Ontario that they should avoid eating Common Goldeneye, Blue-winged Teal and Mallards from the Wabigoon River system west of Dryden due to high mercury levels found in the birds. In 1990, an advisory was issued recommending that the livers of Common Mergansers, Surf Scoters and Western Grebes from the Port Alberni area of British Columbia not be eaten due to high levels of dioxins in the livers of those species (Whitehead *et al.*, 1990; Elliott and Martin, 1998).

As a result of the residue data collected for waterfowl and other game birds since 1987, which are presented in this report, several consumption advisories were issued. Based on residue data from this study as well as some earlier Ontario data from 1985-86 (Braune *et al.*, 1991), Health Canada advised that contaminant levels found in samples of

pectoral muscle of ducks, geese and other gamebirds analysed do not pose a health hazard to human consumers. Some concerns were raised with respect to elevated levels of total chlordane, PCBs and mirex found in a single composite of two individual pectoral muscles of Glaucous Gulls from Kuujjuarapik, Québec, and levels of lead in pectoral muscle of one Mallard from Labrador, and one pool of American Wigeon and one pool of Northern Shoveler from Alberta. Health Canada suggested, however, that it is unlikely that the Glaucous Gulls are consumed to a degree that would pose a hazard to the consumer and, as already mentioned earlier, the elevated lead levels are likely due to undetected fragments of lead shot left embedded in the flesh after hunting and cleaning.

Health Canada also suggested that "*... there are a number of precautionary measures that could be taken to minimize exposure to chemical contaminants resulting from consumption of waterfowl. For example, cleaning and inspection of waterfowl as soon as possible after they are shot and careful removal of any visible lead shot would help to minimize exposure to lead. In addition, the use of cooking techniques which would eliminate as much fat as possible, particularly in the case of fish-eating waterfowl, would help to minimize exposure to organochlorine contaminants.*"

Waterfowl consumption advisories are generally based on levels of contaminants in raw, uncooked tissue. Cooking studies on poultry (Liska *et al.*, 1967; Ritchey *et al.*, 1967, 1969), ducks (Smoczynski and Amarowicz, 1986) and geese (Amundson, 1988), however, all conclude that cooking reduces organochlorine residue concentrations, mainly through leaching of the fat into the drippings. It has also been shown that removal of skin and fat from Mallards reduced PCB levels by 60-90% (Amundson, 1987). These studies have led to the general advice given to hunters by the New York State Department of Health and the Wisconsin Division of Health, that all skin and visible fat should be removed prior to cooking, and drippings or stuffing discarded because they may contain organochlorine residues.

All of the 237 pools tested for  $^{137}\text{Cs}$  activity in the current study contained less than  $46 \text{ Bq}\cdot\text{kg}^{-1}$ , most less than  $3 \text{ Bq}\cdot\text{kg}^{-1}$ , and so fall well below the allowable limit of  $1000 \text{ Bq}\cdot\text{kg}^{-1}$  in commercially traded food set by the Codex Alimentarius Commission of the Food and Agriculture and World Health Organizations (FAO/WHO, 1995).

## **5.0 Conclusion**

In this study, over 800 pools of waterfowl, gamebird and seabird muscle, egg and liver tissues were analysed for a range of organochlorine and metal contaminants. These contaminants were either not detected or found at very low levels in the majority of these samples. The highest levels of the various contaminants were found in those birds feeding at the higher trophic levels such as mergansers, loons and gulls. Of 834 pools of waterfowl muscle analysed for organochlorines only 14 pools (1.7 %) had contaminant levels that could pose a potential threat to the health of either the birds or to human or animal consumers of the birds (Table 24). Based on its evaluation of residue levels in pectoral muscle, Health Canada has recommended that these waterfowl are safe to eat and precautionary food preparation methods will limit contaminant exposure even further.

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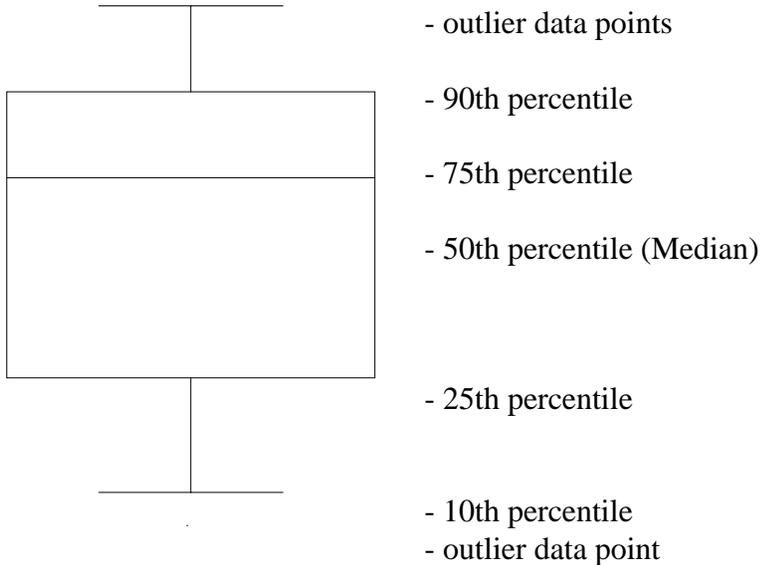
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## Notes on Data Presentation and Figure Legends

### Box and Whisker Plot Structure



### Values Below Detection Limit

% Quantifiable refers to % of values  $\geq 0.001 \text{ mg}\cdot\text{kg}^{-1}$ .

% Detect refers to % of values  $\geq 0.0001 \text{ mg}\cdot\text{kg}^{-1}$  and includes trace values.

For purposes of data illustration the actual values were used for trace organochlorine values ( $< 0.001$  and  $> 0.0001 \text{ mg}\cdot\text{kg}^{-1}$ ). Non-detects ( $< 0.0001 \text{ mg}\cdot\text{kg}^{-1}$ ) were set to 0.0.

Metals values were plotted only where there was greater than 65% detection. Values below the detection limits were set to one half the detection limit.

### Sample Sizes

The numbers under the box plots (Fig 6-20) refer to sample sizes (i.e - the number of pools) for the given group.

### Breeding Season Diets (Fig 2)

This figure is based on information in Ehrlich *et al.*, 1988

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## Acronyms and Abbreviations Used on Axes

### Trophic Groups (Fig 3, 9, 17)

IN - Insectivores                      BR - Terrestrial Browsers              GR - Geese & Swans  
DD - Dabbling Ducks      BD - Bay Ducks                      SD - Sea Ducks  
ME - Mergansers                      LN - Loons                              TOT - all groups

(See Table 2 - Species List for a list of the species in each group)

Upland gamebirds refers to the Insectivore and Terrestrial browser Groups combined, all other groups in the figures are as those in Table 2. Individual Species acronyms are defined in Table 2. OTHER refers to all other species in the relevant group therefore for:

Upland gamebirds - OTHER refers to RUGR, STGR and PTAR  
Geese & Swans - OTHER refers to ATBR, BLBR, GWFG and WHSW  
Bay Ducks - OTHER refers to CANV & REDH  
Mergansers & Loons - OTHER refers to PALO, RTLO & YBLO

### Chlordane Residues (Fig 4)

c-chl - *cis*-chlordane                      o-chl - oxychlordane  
t-chl - *trans*-chlordane-cis-non - *cis*-nonochlor  
t-non - *trans*-nonochlor                      he - heptachlor epoxide

### PCB Congener Groups (Fig 5)

tri-cb - Trichlorobiphenyls (PCB 28, 31)  
tetra-cb - Tetrachlorobiphenyls (PCB 42, 44, 47, 49, 52, 60, 64, 66/95, 70, 74)  
(Although PCB 95 is a pentachlorobiphenyl it co-elutes with and cannot be distinguished from PCB 66)  
penta-cb - Pentachlorobiphenyls (PCB 87, 97, 99, 101, 105, 110, 118)  
hexa-cb - Hexachlorobiphenyls (PCB 128, 129, 137, 138, 141, 146, 149, 151, 153, 58)  
hepta -cb - Heptachlorobiphenyls (PCB 170/190, 171, 172, 174, 180, 182/187, 183, 185)  
octa-cb - Octachlorobiphenyls (PCB 194, 195, 200, 201, 203)  
nona-cb - Nonachlorobiphenyls (PCB 206)

### Geographical Comparisons (Fig 6 - 8)

Eastern Canada (Fig 6) - Newfoundland and Labrador, Nova Scotia, New Brunswick, Prince Edward Island, Québec, Ontario and that part of the Northwest Territories east of

95°W. (Regions 1-7 & 10 from Table 1)

Western Canada (Fig 6) - Manitoba, Saskatchewan, Alberta, British Columbia, Yukon and that part of the Northwest Territories west of 95°W. (Regions 8, 9 & 11 from Table 1)

Northern Canada (Fig 7) - The Northwest Territories, that part of Québec and Labrador north of 55°N, and the Yukon except for the Liard River watershed and the Pacific watershed (but including the Porcupine River watershed). (Regions 10 & 11 from Table 1)

Southern Canada (Fig 7) - Newfoundland, Nova Scotia, New Brunswick, Prince Edward Island, Ontario, Manitoba, Saskatchewan, Alberta, British Columbia, that part of the Yukon in the Liard River and Pacific watersheds (except for the Porcupine River watershed) and that part of Québec and Labrador south of 55°N. (Regions 1- 9 from Table 1).

Northeastern Canada (Fig 8) - The Northwest Territories east of 95°W and that part of Québec and Labrador north of 55°N. (Region 10 from Table 1) .

Northwestern Canada (Fig 8) - The Northwest Territories west of 95°W and the Yukon except for the Liard River watershed and the Pacific watershed (but including the Porcupine River watershed). (Region 11 from Table 1).

Southeastern Canada (Fig 8) - Newfoundland, Nova Scotia, New Brunswick, Prince Edward Island, Ontario and that part of Québec and Labrador south of 55°N. (Regions 1- 7 from Table 1).

Southwestern Canada (Fig 8) - Manitoba, Saskatchewan, Alberta, British Columbia, that part of the Yukon in the Liard River and Pacific watersheds (except for the Porcupine River watershed). (Regions 8 & 9 from Table 1).

Arctic (Fig 16) - For this graph Arctic refers to the Northwest Territories, all of the Yukon and that part of Québec and Labrador north of 55°N. (Regions 10, 11 and those parts of the Yukon in regions 8 & 9 from Table 1).

### **Species Acronyms (Fig 10 - 16, 18 - 20)**

See Table 2 - Species List for a list of all the species and their acronyms.

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**Appendix B - Tables**

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### Notes on Tables, Symbol Explanations and Table Footnotes

#### Formulas and Units for Statistical Summary Tables (Tables 3, 13)

# POOLS: # of pools in all regions

# BIRDS: Sum of all individuals in all pools

# DETECTS: Count of all values  $\geq 0.0001 \text{ mg}\cdot\text{kg}^{-1}$  ( $>$  Sample Detection Limit for Metals)

% DETECTS:  $(\# \text{ DETECTS} / (\# \text{ DETECTS} + \# \text{ NON-DETECTS})) \cdot 100$

# NON-DETECTS (nd): # of values  $< 0.0001 \text{ mg}\cdot\text{kg}^{-1}$  ( $<$  Sample Detection Limit for Metals)

# TRACE VALUES (Organochlorines) (tr): # of detected values that were not confidently quantifiable ( $0.0001 \leq \text{tr} < 0.001 \text{ mg}\cdot\text{kg}^{-1}$ )

# MISSING VALUES (Metals): # POOLS - # DETECTS - # NON-DETECTS

MIN ( $\text{mg}\cdot\text{kg}^{-1}$  [ppm] wet weight): Minimum value ("tr" if less than  $0.001 \text{ mg}\cdot\text{kg}^{-1}$ , "nd" if less than  $0.0001 \text{ mg}\cdot\text{kg}^{-1}$  for organochlorines or if  $<$  Sample Detection Limit for Metals)

MAX ( $\text{mg}\cdot\text{kg}^{-1}$  [ppm] wet weight): Maximum value ("tr" if less than  $0.001 \text{ mg}\cdot\text{kg}^{-1}$ , "nd" if less than  $0.0001 \text{ mg}\cdot\text{kg}^{-1}$  for organochlorines or if  $<$  Sample Detection Limit for Metals)

MEDIAN ( $\text{mg}\cdot\text{kg}^{-1}$  [ppm] wet weight): Median of pooled values ("na" if less than  $0.001 \text{ mg}\cdot\text{kg}^{-1}$  for organochlorines or if  $<$  Sample Detection Limit for Metals). Non-detects set to 1/2 detection limit for this calculation.

#### Data Table Heading and Symbol Explanations (Table 4, 5, 8 - 12, 14 - 23)

Age: I - Immature; A - Adult; U - Unknown

Sex: F - Female; M - Male; U - Unknown

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Year: The year code consists of the year and a season code:  
a -Jan-Mar; b - Apr-Jun; c - Jul-Aug; d - Sep-Dec

Mapref: See Table 1 and Figure 1 for map location references

Prov: Province of collection

S\_CHL: Sum of oxy-, *trans*- & *cis*-chlordane, *trans*- & *cis*-nonachlor and heptachlor epoxide

S\_PCB: Sum of PCB congeners 28, 31, 44, 52, 60, 66/95, 87, 97, 99, 101, 105, 110, 118, 138, 141, 146, 153, 170/190, 171, 172, 174, 180, 182/187, 183, 194, 195, 201, 203, 206 (This is standardized to these 32 congeners, [even if more or fewer congeners have been analysed for] to allow comparability through time as the number of congeners analysed changes.

OCS: Octochlorostyrene

S\_Mirex: Sum of Photo-mirex and Mirex

S\_DDT: Sum of *pp'*-DDE, *pp'*-DDD and *pp'*-DDT

1,2,4,5-T4CB: 1,2,3,5-tetrachlorobenzene

1,2,3,4-T4CB: 1,2,3,4-tetrachlorobenzene

QCB: Pentachlorobenzene

HCB: Hexachlorobenzene

S\_CBz: Sum of 1,2,4,5- & 1,2,3,4-Tetrachlorobenzene, Pentachlorobenzene and Hexachlorobenzene

a-HCH:  $\alpha$ -hexachlorocyclohexane

b-HCH:  $\beta$ -hexachlorocyclohexane

g-HCH:  $\gamma$ -hexachlorocyclohexane

S\_HCH: Sum of  $\alpha$ -,  $\beta$ -, and  $\gamma$ - hexachlorocyclohexanes

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2378 TCDD: 2,3,7,8-tetrachlorodibenzo-p-dioxin

12378 PnCDD: 1,2,3,7,8-pentachlorodibenzo-p-dioxin

123478 HxCDD: 1,2,3,4,7,8-hexachlorodibenzo-p-dioxin

123678 HxCDD: 1,2,3,6,7,8-hexachlorodibenzo-p-dioxin

123789 HxCDD: 1,2,3,7,8,9-hexachlorodibenzo-p-dioxin

1234678 HpCDD: 1,2,3,4,6,7,8-heptachlorodibenzo-p-dioxin

OCDD: octachlorodibenzo-p-dioxin

2378 TCDF: 2,3,7,8-tetrachlorodibenzofuran

12378 PnCDF: 1,2,3,7,8-pentachlorodibenzofuran

23478 PnCDF: 2,3,4,7,8-pentachlorodibenzofuran

123478 HxCDF: 1,2,3,4,7,8-hexachlorodibenzofuran

123678 HxCDF: 1,2,3,6,7,8-hexachlorodibenzofuran

123789 HxCDF: 1,2,3,7,8,9-hexachlorodibenzofuran

234678 HxCDF: 2,3,4,6,7,8-hexachlorodibenzofuran

1234678 HpCDF: 1,2,3,4,6,7,8-heptachlorodibenzofuran

1234789 HpCDF: 1,2,3,4,7,8,9-heptachlorodibenzofuran

OCDF: octachlorodibenzofuran

MQC: Minimal Quantifiable Concentration for Dioxins (Signal/Noise ratio < 3)

As: Arsenic; Se: Selenium; Pb: Lead; Hg: Total Mercury; Cd: Cadmium

<sup>137</sup>Cs: Cesium-137 activity (decay-corrected to collection date) measured in Bequerel/kg.  
The limit of detection, equivalent to a signal three times the standard deviation in the spectrometric background, is given in place of imprecise determinations of low

activities.

Uncertainty (Bq/kg): Uncertainty in the specific activity of  $^{137}\text{C}$ , based on the standard counting error, or one standard deviation.

bm: Pectoral (breast) muscle

wb: Whole body

Trigger: Level at which consumption advisories are issued

Guideline: Maximum allowable level but without regulatory force

MAC: Maximum Acceptable Concentration (Regulatory Agency)

NOAEL: No observable effect Level

LOAEL: Lowest observable effect Level

Critical level: Scientific assessment of risk

Blank values indicate not analysed for that parameter

nd (non-detect):        < 0.0001 mg·kg<sup>-1</sup> for organochlorines and PCBs  
                             < Sample Detection Limit for metals  
                             signal/noise < 2 for dioxins, furans and non-ortho PCBs

tr (trace):            the compound was detected but was not quantifiable  
                             0.0001 ≤ "tr" < 0.001 mg·kg<sup>-1</sup> for organochlorines and PCBs  
                             3 > Signal/Noise ratio > 2 for dioxins, furans and non-ortho PCBs

#### **Data Table Footnotes (Tables 4, 5, 8 - 12, 14 - 17)**

These are the explanations for the flags after the species names

a - average of two replicates: where there was an "nd" value and a positive value, the positive value was used instead of an average

b - S\_PCB is underestimated for this sample because fewer than the 32 designated congeners were analysed for

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c - Average of 2 replicates (dioxins/furans); where there was a <MQC value and a positive value, the positive value was used instead of an average. Where the MQC's were different the higher MQC was used.

d - Average of two replicates (metals); where there was an "nd" value and a positive value, the positive value was used instead of an average.

e - Pb value is an average of 3 replicates

f - Average of 3 replicates (metals); where there was an "nd" value and a positive value, the positive value was used instead of an average.

g - 43180 & 43257 (Mallard) were pooled into 90-2931 (Health Canada, Radiation Protection Branch, sample ID number), 43279 & 43280 (Common Eider) were pooled into 90-2933 and 49332 & 49333 (Lesser Snow Goose) were pooled into 92-0927 for <sup>137</sup>Cesium analysis. No CWS USOX numbers exist for these pools.

h - metals pool values are average of individual analyses for these samples:  
the data on individual birds have been previously published in:

Braune, B. M., Wong, M. P., Belles-Isles, J.-C. and Marshall, K. 1991. Chemical

Residues in Canada

i - metals data for pectoral muscle also exists for this liver pool, under the USOX # in the BM USOX column