



Catalogue no. 21-020-X

Food Statistics

2007



Statistics
Canada

Statistique
Canada

Canada

How to obtain more information

For information about this product or the wide range of services and data available from Statistics Canada, visit our website at www.statcan.ca, e-mail us at infostats@statcan.ca, or telephone us, Monday to Friday from 8:30 a.m. to 4:30 p.m., at the following numbers:

Statistics Canada's National Contact Centre

Toll-free telephone (Canada and the United States):

| | |
|---|----------------|
| Inquiries line | 1-800-263-1136 |
| National telecommunications device for the hearing impaired | 1-800-363-7629 |
| Fax line | 1-877-287-4369 |

Local or international calls:

| | |
|----------------|----------------|
| Inquiries line | 1-613-951-8116 |
| Fax line | 1-613-951-0581 |

Depository Services Program

| | |
|----------------|----------------|
| Inquiries line | 1-800-635-7943 |
| Fax line | 1-800-565-7757 |

To access this product

This product, Catalogue no. 21-020-X, is available free in electronic format. To obtain a single issue, visit our website at www.statcan.ca and select "Publications" > "Free Internet publications."

Standards of service to the public

Statistics Canada is committed to serving its clients in a prompt, reliable and courteous manner. To this end, Statistics Canada has developed *standards of service* that its employees observe. To obtain a copy of these service standards, please contact Statistics Canada toll-free at 1-800-263-1136. The service standards are also published on www.statcan.ca under "About us" > "Providing services to Canadians."



Statistics Canada
Agriculture Division

Food Statistics

2007

Published by authority of the Minister responsible for Statistics Canada

© Minister of Industry, 2008

All rights reserved. The content of this electronic publication may be reproduced, in whole or in part, and by any means, without further permission from Statistics Canada, subject to the following conditions: that it be done solely for the purposes of private study, research, criticism, review or newspaper summary, and/or for non-commercial purposes; and that Statistics Canada be fully acknowledged as follows: Source (or "Adapted from", if appropriate): Statistics Canada, year of publication, name of product, catalogue number, volume and issue numbers, reference period and page(s). Otherwise, no part of this publication may be reproduced, stored in a retrieval system or transmitted in any form, by any means—electronic, mechanical or photocopy—or for any purposes without prior written permission of Licensing Services, Client Services Division, Statistics Canada, Ottawa, Ontario, Canada K1A 0T6.

May 2008

Catalogue no. 21-020-X

ISSN 1705-2920

Frequency: Annual

Ottawa

La version française de cette publication est disponible sur demande (n° 21-020-X au catalogue).

Note of appreciation

Canada owes the success of its statistical system to a long standing partnership between Statistics Canada, the citizens of Canada, its businesses, governments and other institutions. Accurate and timely statistical information could not be produced without their continued cooperation and goodwill.

User information

Symbols

The following standard symbols are used in Statistics Canada publications:

- . not available for any reference period
- .. not available for a specific reference period
- ... not applicable
- 0 true zero or a value rounded to zero
- 0^s value rounded to 0 (zero) where there is a meaningful distinction between true zero and the value that was rounded
- p preliminary
- r revised
- x suppressed to meet the confidentiality requirements of the *Statistics Act*
- E use with caution
- F too unreliable to be published

Note: This publication represents a small portion of information available from Canada Food Stats (23F0001X), a free internet downloadable product, also available on CD-ROM. The powerful and friendly system gathers data from across Statistics Canada and even includes data from other organizations. It contains information on food available for consumption and prices, nutrition, supply and demand, as well as data on the food industry, processing, employment, productivity, trade and much more. In addition, Canada Food Stats provides a reservoir of written articles and analysis relevant to food from production to processing to consumption.

Table of contents

| | |
|---|----------|
| Highlights | 5 |
| Analysis | 6 |
| Food Available for Consumption in Canada – 2007 | 6 |
| Fruits – More fruits in the diet | 6 |
| Dairy – More yogurts, creams and cheeses | 6 |
| Red Meats – More meat on the plate | 7 |
| Poultry and Eggs – Canadians still like chicken | 7 |
| Cereals – Less wheat but more rice in the diet | 7 |
| Sugar – Less natural sugar in the diet | 7 |
| Vegetables | 8 |
| Oils and Fats | 8 |
| Alcohol – More wine and spirits in the glass | 8 |
| Fish – Tastes are diversifying | 8 |
| Nutrients – Less energy in the diet | 8 |
| Related products | 9 |
| Statistical tables | |
| 1 Food available by major group, per person | 11 |
| 1-1 Fruits | 11 |
| 1-2 Vegetables | 12 |
| 1-3 Beverages | 13 |
| 1-4 Dairy products and eggs | 14 |
| 1-5 Meats and fish | 15 |
| 1-6 Other products | 16 |
| 2 Food available adjusted for losses by major group, per person | 17 |
| 2-1 Fruits | 17 |
| 2-2 Vegetables | 18 |
| 2-3 Beverages | 19 |
| 2-4 Dairy products and eggs | 20 |
| 2-5 Meats and fish | 21 |
| 2-6 Other products | 22 |

Table of contents – continued

| | | |
|------|---|----|
| 3 | Food available by commodity | 23 |
| 3-1 | Cereal products | 23 |
| 3-2 | Sugars and syrups | 23 |
| 3-3 | Red meats (carcass weight) | 23 |
| 3-4 | Poultry (eviscerated weight) | 24 |
| 3-5 | Fish (edible weight) | 24 |
| 3-6 | Pulses and nuts | 24 |
| 3-7 | Oils and fats | 25 |
| 3-8 | Dairy products and eggs | 25 |
| 3-9 | Beverages and juices | 26 |
| 3-10 | Fruits fresh | 27 |
| 3-11 | Fruits processed | 28 |
| 3-12 | Vegetables fresh | 29 |
| 3-13 | Vegetables processed | 30 |
| 4 | Food available adjusted for losses by commodity | 30 |
| 4-1 | Cereal products | 30 |
| 4-2 | Sugars and syrups | 31 |
| 4-3 | Red meats (boneless weight) | 31 |
| 4-4 | Poultry (boneless weight) | 31 |
| 4-5 | Fish (edible weight) | 31 |
| 4-6 | Pulses and nuts | 32 |
| 4-7 | Oils and fats | 32 |
| 4-8 | Dairy products and eggs | 33 |
| 4-9 | Beverages and juices | 34 |
| 4-10 | Fruits fresh | 35 |
| 4-11 | Fruits processed | 36 |
| 4-12 | Vegetables fresh | 37 |
| 4-13 | Vegetables processed | 38 |
| 5 | Total nutrients available from the Canadian food supply | 39 |
| 6 | Total nutrients available adjusted for losses from the Canadian food supply | 40 |

Data quality, concepts and methodology

| | |
|----------------------|----|
| Concepts and methods | 41 |
|----------------------|----|

Appendix

| | |
|-----------|----|
| I Sources | 43 |
|-----------|----|

Highlights

Canadian food preferences continue to change according to the 2007 snapshot of food available for consumption. The Canadian diet includes more fresh fruits, yogurts, cheeses, creams, red meats, exotic juices, low fat milk, wines and spirits. Canadians also prefer less cereal and sugar, fewer oils, fats and eggs in their diet.

Estimates on food availability have been adjusted to account for losses in cooking, storage and waste that occur from homes, restaurants and institutions while preparing and processing food.

Total fresh fruits available, including citrus, set a new record in 2007, reaching 38.2 kilograms (kg) per person. The popularity of guavas and mangoes has increased 88% from a decade ago. The Canadian diet includes 37.7% more processed fruits than 20 years ago.

Compared to 20 years ago, Canadians now have 10.9% more vegetables, excluding potatoes, in their diet; four times more garlic; more than twice as much asparagus and close to twice as much cucumbers. Exotic vegetables such as manioc, eggplant, kohlrabi and okra are also on the rise.

The use of standard and 2% milk has declined and has been replaced partly by an increase of 1% and skim milk in the diet. However, Canadians are eating more fat from cheese and cream products. On average, they had 10.1 kg of cheeses and 6.2 litres of creams in 2007.

In 2007, Canadians on average had 24.5 kg of red meats, which include beef, pork, mutton and veal; an increase of 0.7 kg from the previous year. There appears to be a shift in the type of fish preferred by Canadians. Shellfish products have decreased by almost 30% in the past seven years, while, in 2007, the Canadian diet included almost 50% more freshwater fish than a decade ago.

Total cereals available from the food supply declined to 56.9 kg per person in 2007, mostly influenced by a decrease in the availability of wheat flour. Rice, on the other hand, increased to 5.2 kg per person.

The popularity of wine in 2007 climbed to a new record at 14.6 litres per person for Canadians aged 15 years and older. This represents an increase of almost 46 % compared to a decade ago. On the other hand, beer levels have remained fairly stable over the same period.

Analysis

Food Available for Consumption in Canada – 2007

This release is based on food available for human consumption from the Canadian food supply, adjusted for losses. The data have been adjusted for retail, household, cooking and plate loss. The results of intercensal revisions for data from different surveys that feed the Food Statistics program have been incorporated in this statistical release.

On a per capita basis, the Canadian diet includes more fresh fruits, yogurts, cheeses, creams, red meats, exotic juices, low fat milk, wine and spirits according to the 2007 snapshot of food available for consumption.

Canadians also prefer less cereal and sugar, fewer oils, fats and eggs in their diet.

These estimates on food availability have been adjusted to account for losses in cooking, storage and waste that occur in homes, restaurants and institutions while preparing and processing food.

Fruits – More fruits in the diet

The total fresh fruits available, including citrus, set a new record in 2007, reaching 38.2 kilograms (kg) per person. The availability of blueberries at 0.6 kg per person and cherries at 0.5 kg in 2007, are at record levels. The popularity of guavas and mangoes is increasing and their availability has reached 0.6 kg per person in 2007. This is 88 % higher compared to a decade ago. Although the availability of pineapples went down by 2.7 % in 2007 compared to 2006, it is still almost four times more a part of our diet in comparison to a decade ago.

There were, however, fewer oranges available for consumption, down to 4.4 kg per person in 2007 from 4.9 kg per person in 2006, a drop of 9.4 %. This was largely due to a sharp drop in imports of oranges in 2007, the consequence of a severe frost early in the year which damaged the US orange production. The decreased availability of oranges was partly compensated by an increased availability of grapefruit and of the mandarins group (including mandarins, clementines and tangerines). Thus, total citrus went from 6.2 kg per person in 2006 to 5.8 kg in 2007, a drop of 6.5 %.

Canadians have also been increasing their intake of processed fruits, either canned, frozen or dried. In 2007, the amount of processed fruits available in the diet was 37.7 % higher than 20 years ago. Frozen blueberries, raspberries and strawberries, known to be rich in anti-oxidants, all have shown increases as well.

Canadians are having more exotic fruit juices such as passion fruit in their diet. There has also been an increase of lemon juice and pineapple juice. Pineapple juice reached a new record in 2007 at 0.9 litres per person. Among all juices, orange juice still remains Canada's juice of choice, at 11.8 litres per person in 2007 followed by apple juice at 6.0 litres per person.

Dairy – More yogurts, creams and cheeses

Canadians enjoy eating more yogurts; the availability increased by 2.4 %, setting a new record at 5.0 litres per person in 2007, while ice cream continued to be less popular, falling 2.6 % to reach 5.7 litres per person in 2007. Iced milk plunged by 5.9 % in 2007.

Standard milk and 2% milk continued to be less favoured by Canadians. This decline was replaced partly by increases in the availability of 1% milk and skim milk in the diet.

Although there is less fat intake from the milk they drink, Canadians are eating more fat from cheese and cream products. They continued to have more cream products in their diet, rising from 6.0 litres per person

in 2006 to 6.2 litres in 2007. Total cheese continued its ascending pattern to a new record, where Canadians had 10.1 kg per person in their diet in 2007.

Red Meats – More meat on the plate

Total red meats available for consumption, including beef, pork, mutton and veal, had been slowly declining since 1999. However, in 2007 there was a deviation from the trend from the previous year as availability increased by 0.7 kg to reach 24.5 kg per person. All types of red meat contributed to the increase.

The amount of pork available rose from 9.7 kg in 2006 to 10.2 kg in 2007. Exports have been declining since 2005, the historical peak year for Canadian pork exports. However, pork imports increased 18.8% from 2006 to 2007, suggesting that demand for pork has been on the rise. Domestically, pork faces competition from both the beef and poultry sectors.

Despite this, the amount of beef on Canadians' plates also rose by 0.4 kg from 2006 to reach almost 13.0 kg per person. In addition, the intake of mutton and lamb has been increasing slowly in the last 10 years, reaching 0.5 kg per person in 2007.

Poultry and Eggs – Canadians still like chicken

Canadian chicken farmers produced more chickens in 2007 than the year before. The extra production went mostly for export as two thirds of it was sent out of the country. Thus, the per capita intake of chicken remained about the same as 2006, resulting in about 10.6 kg per person in 2007.

Turkey and stewing hen intake rose slightly in 2007.

The amount of eggs in the average diet of Canadians decreased by 4.7 % in 2007, reaching 11.5 dozens per person per year.

Cereals – Less wheat but more rice in the diet

Total cereal availability from the food supply, adjusted for the loss factors, declined to 56.9 kg per person in 2007, down 0.9 kg from 2006. This was mostly influenced by a decrease in the availability of wheat flour, down 1.4 % from 2006 to 2007.

Droughts in the US and Australia during 2007 led to low international wheat inventories. Further to this, 2007 was marked by a 20% decrease in the Canadian total wheat production. The lower inventories as well as the development of the bio-fuels industry created an upward pressure on the price of wheat.

According to the Consumer Price Index, the price of wheat products such as pasta and bread has increased 6.4% and 7.1%, respectively from 2006 to 2007. These increases are much higher than the combined increase of food products purchased from stores, which was only 2.7%. Consequently, higher prices and lower availability reduced the demand for wheat flour products in 2007 as Canadians used 45.4 kg of wheat flour per person in 2007 compared to 46.1 kg the year before.

Rice available for consumption, on the other hand, is increasing and set a new record in 2007, reaching 5.2 kg per person. According to the Consumer Price Index, the price of rice increased 2.5% from 2006 to 2007.

Sugar – Less natural sugar in the diet

Overall, people are eating less sugar from honey, maple and refined sugars. This decline might be counterbalanced by the greater use of glucose and of high fructose corn syrup which are used in the manufacturing of many food items. However, with the exception of their content in soft drinks, the statistics presented in this release do not take them into account.

There was a sharp decrease in Canadian honey production in 2007. Preliminary data indicated production at 27.9 thousand tonnes, over 40% less than 2006's record production of 48.4 thousand tonnes. This decrease was due to high losses of bees because of a difficult winter and pests. The domestic stocks leftover from the 2006 production year were, however, able to meet some of the demand for honey.

Vegetables

The amount of fresh vegetables (excluding potatoes) in the Canadian diet has been about the same since the late 1990's. However, compared to 20 years ago, Canadians now have 10.9% more fresh vegetables, excluding potatoes, on their plate; four times more garlic; more than twice as much asparagus; and close to twice as much cucumbers, to mention a few.

Although manioc, eggplant, kohlrabi and okra are minimal in the total vegetable intake of Canadians, there is an historical trend showing an increased use of these exotic vegetables in their diet.

Canadians have been eating 19.5 % less potato products, fresh and processed, than ten years ago, down to a level of 28.2 kg in 2007. Compared to 2006, Canadians had 0.6 kg less of fresh potatoes but they continued to enjoy processed potatoes, which includes chips, frozen and other processed potato products, at roughly the same level.

Canadians have been steady in their eating of processed vegetables for the last 10 years.

Oils and Fats

Canadians continue to use less butter in their diets, reaching 2.0 kg per person in 2007 compared to 2.1 kg in 2006. Margarine, salad and shortening oils have also each declined. Since the record year in 1998 at 21.4 kg per person, the intake of all oils and fats has decreased by 14.9 % to reach 18.2 kg in 2007.

Alcohol – More wine and spirits in the glass

Canadians were drinking more wine and spirits in 2007. Wine availability adjusted for losses in 2007 climbed to a new record at 14.6 litres per person for Canadians aged 15 years and older. This represents an increase of almost 46 % compared to a decade ago. Beer available for consumption, on the other hand, has remained fairly stable over the same period.

These levels may be understated since these statistics do not include homemade and brew-on-the-premises wine and beer or contraband alcohol.

Fish – Tastes are diversifying

Seafood available for consumption has remained fairly stable across the last decade. However, there appears to be a shift in the type of fish preferred by Canadians. Shellfish products available for consumption peaked in 2000 and over the past seven years have decreased by 29.3 %. In comparison, in 2007, Canadians were eating 47.8 % more freshwater fish than 10 years ago.

Nutrients – Less energy in the diet

Overall, the total amount of calories from the diet has declined 124 kcal since 2001 to reach 2390 kcal per person per day in 2007.

Related products

Selected publications from Statistics Canada

| | |
|----------|------------------------------------|
| 23-012-X | Cattle Statistics |
| 23F0001X | Canada Food Stats |
| 32-229-X | Food Consumption in Canada: Part 1 |

Selected CANSIM tables from Statistics Canada

| | |
|----------|---|
| 002-0010 | Supply and disposition of food in Canada, annual |
| 002-0011 | Food available in Canada, annual |
| 002-0019 | Food available by major groups in Canada, annual |
| 003-0035 | Per capita disappearance of meats and output of meats and offal, annual |
| 003-0036 | Animals slaughtered, supply and disappearance in Canada, annual |
| 003-0037 | Meat production, supply and disappearance in Canada, annual |
| 003-0080 | Nutrients in the food supply, by source of nutritional equivalent and commodity, annual |

Selected surveys from Statistics Canada

| | |
|------|---|
| 3423 | Stocks Survey - Frozen and Chilled Meats |
| 3430 | Dairy Factory Production and Stocks |
| 3460 | Livestock Survey |
| 3475 | Food Consumption in Canada (Part I and Part II) |

Statistical tables

Table 1-1
Food available by major group, per person — Fruits ^{1,2}

| | Total fresh fruits | Processed | | | Juice | Total ³ |
|------|--------------------|-----------|--------|--------|-----------|--------------------|
| | | Canned | Frozen | Dried | | |
| | kilograms | | | litres | kilograms | |
| 1960 | 52.05 | 4.76 | 1.00 | 2.41 | 8.11 | 88.26 |
| 1961 | 49.18 | 5.06 | 1.03 | 1.99 | 7.40 | 82.35 |
| 1962 | 50.74 | 4.79 | 1.10 | 2.06 | 8.31 | 85.31 |
| 1963 | 49.54 | 5.21 | 1.26 | 2.13 | 7.93 | 84.09 |
| 1964 | 50.60 | 5.04 | 1.25 | 1.99 | 7.35 | 82.57 |
| 1965 | 50.80 | 5.46 | 1.69 | 2.01 | 6.74 | 82.82 |
| 1966 | 48.77 | 5.27 | 1.47 | 1.72 | 7.81 | 80.43 |
| 1967 | 51.08 | 5.29 | 1.59 | 1.92 | 8.76 | 86.04 |
| 1968 | 50.29 | 4.86 | 1.32 | 1.77 | 7.95 | 82.11 |
| 1969 | 54.77 | 4.92 | 1.37 | 1.92 | 8.58 | 88.82 |
| 1970 | 52.27 | 4.21 | 1.50 | 1.59 | 8.67 | 83.86 |
| 1971 | 52.58 | 5.06 | 1.37 | 1.50 | 9.27 | 85.83 |
| 1972 | 49.46 | 4.54 | 1.39 | 1.58 | 9.48 | 83.08 |
| 1973 | 52.39 | 4.95 | 1.33 | 1.70 | 11.11 | 89.77 |
| 1974 | 55.91 | 4.25 | 1.31 | 1.37 | 10.79 | 90.15 |
| 1975 | 56.24 | 4.20 | 1.39 | 1.59 | 14.07 | 97.52 |
| 1976 | 61.12 | 3.99 | 1.18 | 1.64 | 14.73 | 103.66 |
| 1977 | 58.32 | 4.14 | 1.26 | 1.59 | 16.52 | 103.39 |
| 1978 | 56.56 | 4.34 | 1.11 | 1.71 | 18.61 | 106.21 |
| 1979 | 56.73 | 4.54 | 1.15 | 1.58 | 20.30 | 108.87 |
| 1980 | 56.59 | 3.88 | 1.36 | 1.48 | 21.41 | 109.60 |
| 1981 | 59.47 | 3.88 | 1.23 | 1.50 | 23.26 | 115.66 |
| 1982 | 59.12 | 3.42 | 1.10 | 1.66 | 20.91 | 110.94 |
| 1983 | 58.45 | 3.30 | 1.33 | 1.58 | 21.76 | 110.94 |
| 1984 | 60.26 | 3.71 | 1.24 | 1.67 | 23.72 | 116.84 |
| 1985 | 59.14 | 3.77 | 1.36 | 1.64 | 21.67 | 112.17 |
| 1986 | 59.38 | 3.20 | 1.17 | 1.59 | 23.98 | 114.95 |
| 1987 | 60.58 | 3.45 | 1.85 | 1.73 | 25.14 | 119.83 |
| 1988 | 58.54 | 5.48 | 1.50 | 1.48 | 23.39 | 114.83 |
| 1989 | 58.52 | 4.71 | 1.67 | 1.55 | 22.74 | 113.59 |
| 1990 | 61.35 | 4.53 | 1.56 | 1.47 | 19.78 | 110.72 |
| 1991 | 58.07 | 4.79 | 1.48 | 1.62 | 20.15 | 109.06 |
| 1992 | 62.19 | 4.96 | 1.60 | 1.45 | 22.29 | 115.94 |
| 1993 | 62.56 | 4.35 | 1.71 | 1.55 | 22.62 | 117.33 |
| 1994 | 65.60 | 4.09 | 1.78 | 1.33 | 25.95 | 124.15 |
| 1995 | 64.27 | 4.05 | 1.78 | 1.34 | 26.40 | 123.91 |
| 1996 | 63.05 | 4.47 | 1.73 | 1.41 | 27.11 | 124.87 |
| 1997 | 63.30 | 4.98 | 1.67 | 1.53 | 27.85 | 127.79 |
| 1998 | 63.61 | 4.78 | 1.71 | 1.35 | 25.39 | 122.10 |
| 1999 | 62.41 | 5.12 | 1.97 | 1.40 | 25.58 | 122.77 |
| 2000 | 63.64 | 4.97 | 1.86 | 1.51 | 26.65 | 126.52 |
| 2001 | 63.30 | 5.02 | 1.94 | 1.47 | 25.41 | 124.06 |
| 2002 | 66.04 | 5.13 | 1.97 | 1.49 | 27.43 | 130.31 |
| 2003 | 68.14 | 5.13 | 2.21 | 1.59 | 26.72 | 132.03 |
| 2004 | 68.65 | 5.30 | 2.20 | 1.64 | 26.74 | 133.42 |
| 2005 | 71.13 | 5.11 | 2.42 | 1.48 | 26.30 | 134.26 |
| 2006 | 71.71 | 5.23 | 2.65 | 1.60 | 26.22 | 135.60 |
| 2007 | 72.56 | 5.31 | 2.80 | 1.56 | 26.77 | 137.37 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.
2. In retail weight unless otherwise specified.
3. In fresh equivalent weight.

Table 1-2
Food available by major group, per person — Vegetables^{1,2}

| | Total fresh vegetables | Processed | | Juice | Total ³ |
|------|------------------------------|-----------|--------|--------|--------------------|
| | | Canned | Frozen | | |
| | kilograms | | | litres | kilograms |
| 1960 | 115.57 | 11.71 | 1.59 | 4.47 | 141.61 |
| 1961 | 108.65 | 11.89 | 1.63 | 4.57 | 134.35 |
| 1962 | 113.77 | 12.83 | 1.36 | 5.16 | 141.99 |
| 1963 | 110.20 | 12.22 | 1.81 | 5.09 | 139.22 |
| 1964 | 110.10 | 12.21 | 1.86 | 4.38 | 136.70 |
| 1965 | 102.57 | 13.06 | 2.16 | 4.26 | 132.35 |
| 1966 | 104.00 | 13.66 | 2.40 | 4.67 | 135.48 |
| 1967 | 117.75 | 13.12 | 2.22 | 3.79 | 148.42 |
| 1968 | 109.55 | 13.94 | 2.43 | 4.13 | 141.86 |
| 1969 | 117.42 | 13.04 | 2.41 | 3.73 | 148.08 |
| 1970 | 112.74 | 12.82 | 2.76 | 3.64 | 142.23 |
| 1971 | 112.61 | 13.39 | 2.59 | 3.77 | 142.94 |
| 1972 | 112.56 | 13.44 | 2.67 | 3.47 | 142.47 |
| 1973 | 111.89 | 14.99 | 2.92 | 3.80 | 147.86 |
| 1974 | 111.02 | 15.05 | 3.27 | 3.97 | 146.30 |
| 1975 | 121.18 | 12.00 | 2.56 | 3.98 | 149.17 |
| 1976 | 118.06 | 11.78 | 2.51 | 3.64 | 146.64 |
| 1977 | 121.84 | 12.50 | 3.21 | 4.72 | 153.70 |
| 1978 | 125.51 | 13.19 | 3.38 | 4.39 | 159.60 |
| 1979 | 134.24 | 13.68 | 3.65 | 4.31 | 170.06 |
| 1980 | 127.70 | 12.92 | 3.98 | 4.17 | 161.70 |
| 1981 | 122.91 | 13.34 | 3.71 | 3.62 | 158.29 |
| 1982 | 123.89 | 12.99 | 4.07 | 3.50 | 159.04 |
| 1983 | 138.38 | 12.94 | 3.18 | 3.37 | 172.46 |
| 1984 | 125.19 | 13.29 | 3.91 | 3.41 | 161.31 |
| 1985 | 129.18 | 12.33 | 3.58 | 3.06 | 163.48 |
| 1986 | 138.34 | 12.36 | 3.77 | 2.77 | 173.72 |
| 1987 | 137.95 | 12.56 | 4.41 | 2.70 | 174.75 |
| 1988 | 127.87 | 11.80 | 4.42 | 2.85 | 164.49 |
| 1989 | 127.97 | 12.71 | 4.95 | 2.63 | 167.19 |
| 1990 | 130.47 | 12.75 | 4.72 | 2.07 | 170.71 |
| 1991 | 129.07 | 12.00 | 4.97 | 2.05 | 166.12 |
| 1992 | 139.52 | 12.91 | 4.35 | 1.82 | 178.37 |
| 1993 | 146.61 | 13.15 | 4.82 | 1.59 | 187.41 |
| 1994 | 145.92 | 13.37 | 4.81 | 1.56 | 185.60 |
| 1995 | 142.61 | 12.79 | 5.46 | 1.53 | 181.93 |
| 1996 | 145.24 | 12.94 | 5.42 | 1.54 | 186.86 |
| 1997 | 146.44 | 13.25 | 5.54 | 1.54 | 188.20 |
| 1998 | 145.97 | 13.48 | 5.51 | 1.52 | 187.45 |
| 1999 | 147.52 | 12.99 | 5.35 | 1.51 | 187.33 |
| 2000 | 145.96 | 13.08 | 5.66 | 1.48 | 187.22 |
| 2001 | 150.25 | 13.52 | 5.88 | 1.48 | 192.54 |
| 2002 | 144.22 | 13.16 | 5.74 | 1.44 | 185.29 |
| 2003 | 140.92 | 12.33 | 5.70 | 1.46 | 180.80 |
| 2004 | 138.41 | 11.93 | 5.77 | 1.35 | 177.54 |
| 2005 | 139.44 | 11.68 | 5.67 | 1.37 | 177.96 |
| 2006 | 139.75 | 12.52 | 5.57 | 1.33 | 179.91 |
| 2007 | 137.62 | 12.80 | 5.71 | 1.33 | 178.21 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.
2. In retail weight unless otherwise specified.
3. In fresh equivalent weight.

Table 1-3
Food available by major group, per person — Beverages^{1,2}

| | Alcoholic | | Soft drinks | Coffee | Tea | Cocoa ³ | Total juices |
|------|------------------|---------------------------------|-------------|-----------|-------|--------------------|--------------|
| | Total population | Population over 15 years of age | | | | | |
| | litres | | | kilograms | | litres | |
| 1960 | 65.62 | 99.26 | .. | .. | 85.09 | 1.30 | 12.59 |
| 1961 | 66.17 | 100.36 | .. | .. | 88.12 | 1.43 | 11.97 |
| 1962 | 67.73 | 102.72 | .. | .. | 80.86 | 1.27 | 13.46 |
| 1963 | 69.86 | 105.88 | .. | .. | 91.13 | 1.51 | 13.02 |
| 1964 | 70.90 | 107.11 | .. | .. | 88.13 | 1.25 | 11.74 |
| 1965 | 72.11 | 108.41 | .. | .. | 85.40 | 1.44 | 11.00 |
| 1966 | 74.49 | 111.25 | .. | 88.51 | 81.01 | 1.22 | 12.48 |
| 1967 | 76.18 | 112.76 | .. | 88.61 | 85.21 | 1.41 | 12.55 |
| 1968 | 75.99 | 111.38 | .. | 97.23 | 88.78 | 1.40 | 12.07 |
| 1969 | 79.61 | 115.52 | .. | 94.16 | 84.83 | 1.38 | 12.31 |
| 1970 | 83.51 | 119.97 | .. | 101.25 | 80.09 | 1.41 | 12.31 |
| 1971 | 87.85 | 124.25 | .. | 90.55 | 84.90 | 1.56 | 13.04 |
| 1972 | 91.82 | 128.46 | 55.12 | 92.18 | 85.33 | 1.68 | 12.95 |
| 1973 | 96.00 | 132.85 | 58.25 | 94.02 | 86.73 | 1.58 | 14.90 |
| 1974 | 97.71 | 133.72 | 57.29 | 95.62 | 99.16 | 1.43 | 14.76 |
| 1975 | 99.22 | 134.41 | 58.41 | 96.43 | 84.96 | 1.30 | 18.06 |
| 1976 | 97.85 | 131.19 | 63.14 | 98.08 | 87.53 | 1.40 | 18.38 |
| 1977 | 99.65 | 132.37 | 65.80 | 90.34 | 90.07 | 1.28 | 21.24 |
| 1978 | 98.67 | 129.84 | 67.58 | 91.10 | 78.72 | 1.39 | 23.00 |
| 1979 | 101.29 | 132.11 | 67.19 | 92.97 | 75.36 | 1.23 | 24.61 |
| 1980 | 98.38 | 127.34 | 66.99 | 96.83 | 76.87 | 1.42 | 25.58 |
| 1981 | 101.04 | 130.02 | 67.65 | 101.81 | 68.34 | 1.52 | 26.89 |
| 1982 | 98.61 | 126.42 | 68.63 | 94.08 | 73.30 | 1.42 | 24.41 |
| 1983 | 98.10 | 125.40 | 71.07 | 91.41 | 68.76 | 1.78 | 25.13 |
| 1984 | 97.16 | 123.84 | 73.63 | 92.76 | 66.54 | 1.51 | 27.13 |
| 1985 | 96.28 | 122.33 | 77.91 | 96.50 | 63.25 | 1.43 | 24.73 |
| 1986 | 95.29 | 120.64 | 80.10 | 91.01 | 59.43 | 1.07 | 26.75 |
| 1987 | 96.54 | 122.03 | 83.61 | 89.91 | 52.58 | 1.03 | 27.84 |
| 1988 | 94.58 | 119.43 | 96.40 | 91.67 | 50.08 | 1.83 | 26.24 |
| 1989 | 92.00 | 116.06 | 94.90 | 89.66 | 47.88 | 1.64 | 25.37 |
| 1990 | 88.93 | 112.14 | 96.36 | 95.85 | 42.39 | 1.14 | 21.85 |
| 1991 | 86.14 | 108.56 | 101.17 | 97.28 | 42.12 | 1.70 | 22.20 |
| 1992 | 82.17 | 103.60 | 98.58 | 87.62 | 47.61 | 1.45 | 24.11 |
| 1993 | 81.57 | 102.80 | 102.92 | 92.04 | 60.87 | 1.80 | 24.20 |
| 1994 | 81.89 | 103.07 | 109.07 | 99.21 | 55.58 | 1.28 | 27.51 |
| 1995 | 81.98 | 102.97 | 109.72 | 95.63 | 50.61 | 1.10 | 27.93 |
| 1996 | 80.55 | 100.96 | 110.88 | 97.42 | 48.90 | 1.40 | 28.65 |
| 1997 | 81.30 | 101.60 | 112.92 | 93.93 | 56.77 | 1.39 | 29.39 |
| 1998 | 82.71 | 103.07 | 117.34 | 95.67 | 62.53 | 1.38 | 26.91 |
| 1999 | 83.75 | 104.00 | 116.99 | 99.25 | 68.30 | 1.39 | 27.09 |
| 2000 | 83.07 | 102.77 | 113.14 | 101.31 | 69.87 | 1.40 | 28.13 |
| 2001 | 84.93 | 104.69 | 113.56 | 101.68 | 72.98 | 1.38 | 26.89 |
| 2002 | 84.84 | 104.19 | 112.36 | 103.96 | 71.33 | 1.40 | 28.87 |
| 2003 | 85.72 | 104.88 | 110.37 | 105.17 | 73.40 | 1.42 | 28.18 |
| 2004 | 85.11 | 103.75 | 106.41 | 105.62 | 74.57 | 1.43 | 28.09 |
| 2005 | 87.07 | 105.71 | 102.86 | 101.94 | 67.01 | 1.43 | 27.67 |
| 2006 | 87.57 | 105.90 | 100.12 | 100.92 | 61.52 | 1.42 | 27.55 |
| 2007 | 88.89 | 107.13 | 95.05 | 103.61 | 69.57 | 1.47 | 28.10 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

2. In retail weight unless otherwise specified.

3. In green bean equivalent.

Table 1-4
Food available by major group, per person — Dairy products and eggs ^{1,2}

| | Fluid milk | Total cheeses | Total creams | Other dairy products | Total dairy products ³ | Eggs ⁴ | |
|------|------------|---------------|--------------|----------------------|-----------------------------------|-------------------|-----------|
| | litres | kilograms | litres | kilograms | | dozens | kilograms |
| 1960 | 78.41 | 3.26 | .. | 18.70 | 18.57 | 22.97 | 15.63 |
| 1961 | 84.36 | 3.38 | .. | 19.18 | 19.80 | 22.60 | 15.38 |
| 1962 | 85.11 | 3.64 | .. | 19.20 | 19.72 | 22.45 | 15.27 |
| 1963 | 85.99 | 3.76 | .. | 20.03 | 20.45 | 21.44 | 14.58 |
| 1964 | 86.89 | 3.91 | .. | 20.06 | 20.52 | 21.36 | 14.53 |
| 1965 | 94.87 | 4.13 | 3.76 | 23.82 | 22.27 | 21.16 | 14.40 |
| 1966 | 94.47 | 4.17 | 3.70 | 24.33 | 22.58 | 20.47 | 13.93 |
| 1967 | 93.48 | 4.45 | 3.68 | 23.64 | 21.86 | 20.85 | 14.18 |
| 1968 | 93.90 | 4.70 | 3.72 | 24.13 | 22.50 | 20.92 | 14.23 |
| 1969 | 93.99 | 5.11 | 3.70 | 25.07 | 23.71 | 21.50 | 14.63 |
| 1970 | 95.73 | 5.40 | 3.64 | 23.14 | 22.22 | 21.65 | 14.73 |
| 1971 | 94.86 | 5.62 | 3.62 | 22.50 | 21.62 | 20.99 | 14.28 |
| 1972 | 96.73 | 5.77 | 3.68 | 22.35 | 21.77 | 20.27 | 13.79 |
| 1973 | 98.82 | 6.23 | 3.64 | 21.97 | 22.11 | 19.36 | 13.17 |
| 1974 | 99.09 | 6.86 | 3.66 | 21.83 | 22.63 | 19.16 | 13.04 |
| 1975 | 95.96 | 6.76 | 3.46 | 21.31 | 21.95 | 19.04 | 12.96 |
| 1976 | 97.79 | 6.86 | 3.56 | 22.09 | 22.93 | 18.77 | 12.77 |
| 1977 | 98.76 | 6.92 | 3.47 | 25.32 | 25.12 | 18.28 | 12.44 |
| 1978 | 100.27 | 7.39 | 3.62 | 24.24 | 23.38 | 17.99 | 12.24 |
| 1979 | 102.86 | 7.57 | 3.81 | 24.84 | 24.57 | 18.74 | 12.75 |
| 1980 | 102.83 | 7.84 | 4.00 | 23.93 | 24.07 | 18.56 | 12.63 |
| 1981 | 102.08 | 8.39 | 4.17 | 24.13 | 24.33 | 18.29 | 12.44 |
| 1982 | 101.70 | 8.45 | 4.04 | 24.53 | 24.76 | 18.24 | 12.41 |
| 1983 | 100.67 | 8.52 | 4.15 | 24.71 | 24.66 | 17.79 | 12.11 |
| 1984 | 100.05 | 8.24 | 4.43 | 23.42 | 24.15 | 17.06 | 11.61 |
| 1985 | 98.88 | 9.17 | 4.71 | 24.45 | 24.02 | 16.66 | 11.33 |
| 1986 | 99.91 | 9.59 | 4.94 | 24.53 | 24.17 | 16.55 | 11.26 |
| 1987 | 100.89 | 10.29 | 5.02 | 25.32 | 25.54 | 16.21 | 11.03 |
| 1988 | 99.45 | 10.78 | 5.01 | 24.80 | 25.13 | 15.70 | 10.68 |
| 1989 | 96.38 | 10.83 | 4.89 | 24.29 | 24.70 | 15.30 | 10.41 |
| 1990 | 95.44 | 10.98 | 5.25 | 22.86 | 23.50 | 15.06 | 10.25 |
| 1991 | 94.53 | 11.19 | 5.10 | 22.56 | 23.29 | 15.04 | 10.24 |
| 1992 | 92.60 | 11.26 | 5.12 | 21.64 | 22.90 | 14.57 | 9.91 |
| 1993 | 89.90 | 11.19 | 5.22 | 22.78 | 23.06 | 14.52 | 9.88 |
| 1994 | 90.80 | 11.55 | 5.33 | 22.90 | 23.36 | 14.53 | 9.89 |
| 1995 | 90.32 | 11.61 | 5.46 | 23.00 | 23.29 | 14.42 | 9.81 |
| 1996 | 90.05 | 11.31 | 5.48 | 22.83 | 23.28 | 14.98 | 10.19 |
| 1997 | 89.14 | 12.15 | 5.62 | 22.36 | 23.13 | 15.12 | 10.29 |
| 1998 | 88.77 | 11.75 | 6.04 | 22.65 | 23.04 | 15.26 | 10.38 |
| 1999 | 87.73 | 11.88 | 6.36 | 23.51 | 23.19 | 15.26 | 10.38 |
| 2000 | 88.21 | 12.08 | 6.83 | 24.16 | 23.55 | 15.70 | 10.68 |
| 2001 | 87.03 | 11.87 | 7.13 | 25.12 | 23.78 | 15.86 | 10.79 |
| 2002 | 85.53 | 11.80 | 7.27 | 25.54 | 23.43 | 15.44 | 10.50 |
| 2003 | 85.18 | 11.74 | 7.94 | 25.43 | 23.18 | 15.48 | 10.53 |
| 2004 | 85.44 | 12.14 | 8.24 | 26.23 | 23.47 | 14.86 | 10.11 |
| 2005 | 83.79 | 12.06 | 8.35 | 26.96 | 23.30 | 15.23 | 10.36 |
| 2006 | 83.36 | 12.24 | 8.58 | 26.94 | 23.25 | 15.25 | 10.38 |
| 2007 | 83.21 | 12.38 | 8.81 | 27.41 | 23.50 | 14.53 | 9.89 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.
2. In retail weight unless otherwise specified.
3. In milk solid equivalent.
4. In fresh equivalent weight.

Table 1-5
Food available by major group, per person — Meats and fish ¹

| | Red meats, carcass weight | Red meats, retail weight | Red meats, boneless weight | Poultry, eviscerated weight | Poultry, boneless weight | Total ² fish |
|-----------|---------------------------------|--------------------------------|----------------------------------|-----------------------------------|--------------------------------|----------------------------|
| kilograms | | | | | | |
| 1960 | 64.14 | 50.76 | 43.15 | .. | .. | .. |
| 1961 | 63.57 | 50.27 | 42.86 | .. | .. | .. |
| 1962 | 63.83 | 50.44 | 43.09 | .. | .. | .. |
| 1963 | 65.26 | 51.23 | 44.12 | 14.73 | 10.47 | .. |
| 1964 | 68.12 | 53.38 | 46.47 | 15.67 | 11.13 | .. |
| 1965 | 68.20 | 53.36 | 46.69 | 16.35 | 11.63 | .. |
| 1966 | 67.89 | 53.14 | 46.59 | 17.60 | 12.54 | .. |
| 1967 | 71.51 | 56.05 | 49.07 | 18.26 | 12.99 | .. |
| 1968 | 72.00 | 56.42 | 49.50 | 17.82 | 12.66 | .. |
| 1969 | 70.48 | 55.19 | 48.63 | 19.35 | 13.70 | .. |
| 1970 | 73.02 | 56.86 | 50.37 | 20.26 | 14.33 | .. |
| 1971 | 76.90 | 59.86 | 53.28 | 19.15 | 13.55 | .. |
| 1972 | 78.23 | 60.90 | 54.36 | 19.56 | 13.83 | .. |
| 1973 | 74.84 | 58.19 | 52.16 | 20.20 | 14.24 | .. |
| 1974 | 77.06 | 59.81 | 53.83 | 19.70 | 13.92 | .. |
| 1975 | 78.28 | 60.73 | 54.85 | 18.43 | 12.99 | .. |
| 1976 | 80.56 | 62.16 | 56.58 | 19.45 | 13.66 | .. |
| 1977 | 78.79 | 60.78 | 55.44 | 20.31 | 14.25 | .. |
| 1978 | 76.27 | 58.92 | 53.88 | 20.97 | 14.67 | .. |
| 1979 | 73.14 | 55.65 | 51.66 | 22.34 | 15.62 | .. |
| 1980 | 74.98 | 57.17 | 53.25 | 22.30 | 15.53 | .. |
| 1981 | 74.58 | 56.72 | 52.95 | 22.11 | 15.28 | .. |
| 1982 | 71.58 | 54.40 | 50.83 | 22.22 | 15.13 | .. |
| 1983 | 72.41 | 54.79 | 51.53 | 22.50 | 15.13 | .. |
| 1984 | 69.94 | 52.98 | 49.85 | 23.11 | 15.51 | .. |
| 1985 | 71.00 | 53.81 | 50.73 | 24.62 | 16.47 | .. |
| 1986 | 70.30 | 52.91 | 49.96 | 25.08 | 16.67 | .. |
| 1987 | 67.48 | 50.75 | 47.25 | 26.51 | 17.51 | .. |
| 1988 | 67.43 | 50.58 | 47.01 | 27.42 | 17.74 | 8.66 |
| 1989 | 67.89 | 51.13 | 47.62 | 27.09 | 17.22 | 9.59 |
| 1990 | 64.30 | 48.50 | 45.13 | 28.15 | 17.82 | 8.95 |
| 1991 | 63.17 | 47.63 | 44.18 | 28.31 | 17.90 | 8.64 |
| 1992 | 64.56 | 48.66 | 45.20 | 28.82 | 18.35 | 8.74 |
| 1993 | 62.01 | 46.66 | 43.33 | 29.15 | 18.69 | 9.50 |
| 1994 | 63.77 | 48.08 | 44.63 | 30.87 | 19.68 | 8.34 |
| 1995 | 63.11 | 47.54 | 44.23 | 30.58 | 19.38 | 7.91 |
| 1996 | 60.83 | 45.80 | 42.71 | 30.77 | 19.38 | 8.42 |
| 1997 | 60.15 | 45.24 | 42.17 | 31.76 | 19.92 | 8.79 |
| 1998 | 64.14 | 48.31 | 45.09 | 32.64 | 20.46 | 8.84 |
| 1999 | 66.53 | 50.19 | 46.89 | 33.77 | 21.11 | 10.04 |
| 2000 | 64.01 | 48.18 | 44.90 | 35.27 | 22.03 | 9.51 |
| 2001 | 62.82 | 47.28 | 44.06 | 36.45 | 22.74 | 9.65 |
| 2002 | 61.60 | 46.37 | 43.23 | 36.71 | 22.90 | 9.55 |
| 2003 | 61.12 | 46.04 | 42.86 | 36.54 | 22.81 | 9.80 |
| 2004 | 61.23 | 46.20 | 43.06 | 37.07 | 23.14 | 9.11 |
| 2005 | 56.23 | 42.29 | 39.34 | 37.26 | 23.27 | 9.31 |
| 2006 | 56.54 | 42.59 | 39.62 | 37.61 | 23.48 | 9.38 |
| 2007 | 58.32 | 43.82 | 40.74 | 37.71 | 23.54 | 9.47 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

2. In edible weight equivalent.

Table 1-6
Food available by major group, per person — Other products ^{1,2}

| | Total oils and fats | Total cereal products | Total pulses and nuts | Total sugars and syrups |
|-----------|---------------------------|-----------------------------|-----------------------------|-------------------------------|
| kilograms | | | | |
| 1960 | 17.22 | 67.68 | 6.94 | 43.77 |
| 1961 | 17.35 | 63.66 | 6.93 | 44.15 |
| 1962 | 18.36 | 64.71 | 6.57 | 45.48 |
| 1963 | 18.89 | 69.86 | 6.95 | 43.45 |
| 1964 | 18.94 | 59.96 | 8.04 | 44.27 |
| 1965 | 18.35 | 72.94 | 7.32 | 45.30 |
| 1966 | 19.08 | 62.65 | 6.70 | 47.28 |
| 1967 | 20.39 | 63.68 | 7.04 | 45.61 |
| 1968 | 20.81 | 63.59 | 6.87 | 46.28 |
| 1969 | 20.95 | 65.47 | 6.34 | 46.17 |
| 1970 | 20.74 | 65.23 | 6.53 | 46.06 |
| 1971 | 20.25 | 60.89 | 8.31 | 45.43 |
| 1972 | 21.20 | 63.72 | 7.77 | 44.97 |
| 1973 | 21.20 | 64.68 | 8.15 | 47.43 |
| 1974 | 21.58 | 63.36 | 8.80 | 41.55 |
| 1975 | 21.61 | 63.99 | 9.73 | 40.22 |
| 1976 | 22.05 | 65.87 | 6.77 | 42.30 |
| 1977 | 22.03 | 64.28 | 5.35 | 42.37 |
| 1978 | 21.79 | 63.23 | 7.73 | 41.18 |
| 1979 | 21.94 | 62.11 | 5.92 | 41.30 |
| 1980 | 21.91 | 65.33 | 5.81 | 35.00 |
| 1981 | 22.41 | 62.59 | 8.19 | 38.52 |
| 1982 | 22.26 | 65.05 | 7.85 | 38.45 |
| 1983 | 23.11 | 63.42 | 7.31 | 39.34 |
| 1984 | 22.37 | 64.22 | 7.36 | 41.45 |
| 1985 | 23.11 | 67.48 | 7.15 | 42.20 |
| 1986 | 22.75 | 67.03 | 8.70 | 42.28 |
| 1987 | 23.70 | 68.48 | 8.07 | 43.41 |
| 1988 | 23.61 | 71.24 | 7.47 | 39.46 |
| 1989 | 23.50 | 69.30 | 7.52 | 36.09 |
| 1990 | 23.60 | 70.45 | 7.68 | 36.84 |
| 1991 | 23.80 | 67.97 | 7.50 | 35.62 |
| 1992 | 23.70 | 69.02 | 7.89 | 37.50 |
| 1993 | 24.70 | 71.69 | 8.15 | 38.22 |
| 1994 | 25.71 | 73.24 | 8.57 | 39.09 |
| 1995 | 27.00 | 74.62 | 8.39 | 36.98 |
| 1996 | 28.45 | 77.13 | 8.31 | 37.32 |
| 1997 | 29.89 | 80.84 | 8.24 | 37.11 |
| 1998 | 31.15 | 81.91 | 8.54 | 34.59 |
| 1999 | 30.87 | 83.24 | 8.70 | 34.82 |
| 2000 | 30.66 | 83.53 | 9.03 | 35.93 |
| 2001 | 30.90 | 84.02 | 9.20 | 35.38 |
| 2002 | 30.04 | 83.37 | 9.53 | 35.27 |
| 2003 | 29.50 | 82.07 | 9.19 | 35.21 |
| 2004 | 28.62 | 83.62 | 9.54 | 35.07 |
| 2005 | 28.24 | 83.56 | 9.38 | 33.78 |
| 2006 | 27.23 | 82.60 | 9.43 | 32.43 |
| 2007 | 26.72 | 81.42 | 9.71 | 32.05 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.
2. In retail weight unless otherwise specified.

Table 2-1
Food available adjusted for losses by major group, per person — Fruits ¹

| | Total fresh fruits | Processed | | | Juice | Total ² |
|------|--------------------------|-----------|--------|-------|-------|--------------------|
| | | Canned | Frozen | Dried | | |
| | | | | | | |
| 1960 | 28.07 | 4.03 | 0.85 | 2.04 | 6.86 | 58.23 |
| 1961 | 26.42 | 4.28 | 0.87 | 1.68 | 6.26 | 54.05 |
| 1962 | 27.93 | 4.05 | 0.93 | 1.75 | 7.03 | 56.69 |
| 1963 | 27.63 | 4.41 | 1.07 | 1.80 | 6.71 | 56.42 |
| 1964 | 28.00 | 4.27 | 1.06 | 1.69 | 6.22 | 54.64 |
| 1965 | 27.93 | 4.62 | 1.43 | 1.70 | 5.70 | 54.65 |
| 1966 | 26.53 | 4.46 | 1.25 | 1.46 | 6.61 | 52.89 |
| 1967 | 27.84 | 4.47 | 1.35 | 1.63 | 7.41 | 56.93 |
| 1968 | 27.34 | 4.11 | 1.12 | 1.49 | 6.72 | 53.82 |
| 1969 | 29.93 | 4.16 | 1.16 | 1.63 | 7.26 | 58.26 |
| 1970 | 27.92 | 3.56 | 1.27 | 1.34 | 7.33 | 54.17 |
| 1971 | 28.36 | 4.28 | 1.16 | 1.27 | 7.84 | 55.97 |
| 1972 | 26.34 | 3.84 | 1.18 | 1.34 | 8.02 | 54.25 |
| 1973 | 28.20 | 4.19 | 1.13 | 1.44 | 9.40 | 59.22 |
| 1974 | 30.42 | 3.59 | 1.11 | 1.16 | 9.13 | 58.79 |
| 1975 | 30.56 | 3.55 | 1.17 | 1.34 | 11.91 | 64.70 |
| 1976 | 33.15 | 3.38 | 1.00 | 1.39 | 12.47 | 68.32 |
| 1977 | 31.62 | 3.50 | 1.07 | 1.35 | 13.97 | 68.84 |
| 1978 | 30.52 | 3.67 | 0.94 | 1.44 | 15.74 | 71.51 |
| 1979 | 31.07 | 3.84 | 0.97 | 1.34 | 17.17 | 74.07 |
| 1980 | 30.50 | 3.29 | 1.15 | 1.25 | 18.11 | 74.18 |
| 1981 | 32.33 | 3.28 | 1.04 | 1.27 | 19.68 | 78.59 |
| 1982 | 32.17 | 2.89 | 0.93 | 1.41 | 17.69 | 74.88 |
| 1983 | 31.64 | 2.80 | 1.13 | 1.34 | 18.41 | 74.86 |
| 1984 | 32.82 | 3.14 | 1.05 | 1.41 | 20.07 | 79.41 |
| 1985 | 32.25 | 3.19 | 1.15 | 1.39 | 18.33 | 75.94 |
| 1986 | 31.92 | 2.71 | 0.99 | 1.35 | 20.29 | 77.64 |
| 1987 | 32.64 | 2.92 | 1.56 | 1.46 | 21.26 | 81.43 |
| 1988 | 31.93 | 4.64 | 1.27 | 1.25 | 19.78 | 78.30 |
| 1989 | 32.03 | 3.98 | 1.41 | 1.31 | 19.24 | 77.41 |
| 1990 | 33.81 | 3.83 | 1.32 | 1.25 | 16.74 | 74.52 |
| 1991 | 31.74 | 4.05 | 1.25 | 1.37 | 17.05 | 73.81 |
| 1992 | 33.37 | 4.19 | 1.36 | 1.22 | 18.86 | 77.66 |
| 1993 | 33.45 | 3.68 | 1.45 | 1.31 | 19.13 | 78.59 |
| 1994 | 35.38 | 3.46 | 1.51 | 1.12 | 21.95 | 83.54 |
| 1995 | 34.46 | 3.42 | 1.51 | 1.13 | 22.34 | 83.52 |
| 1996 | 33.49 | 3.78 | 1.46 | 1.19 | 22.94 | 84.37 |
| 1997 | 33.36 | 4.22 | 1.41 | 1.29 | 23.56 | 86.46 |
| 1998 | 33.83 | 4.05 | 1.44 | 1.14 | 21.48 | 81.99 |
| 1999 | 32.93 | 4.33 | 1.67 | 1.18 | 21.64 | 82.63 |
| 2000 | 33.69 | 4.21 | 1.58 | 1.28 | 22.54 | 85.47 |
| 2001 | 33.60 | 4.25 | 1.64 | 1.25 | 21.50 | 83.65 |
| 2002 | 34.75 | 4.34 | 1.67 | 1.26 | 23.21 | 87.66 |
| 2003 | 35.87 | 4.34 | 1.87 | 1.34 | 22.61 | 88.50 |
| 2004 | 35.91 | 4.48 | 1.86 | 1.39 | 22.62 | 89.28 |
| 2005 | 37.62 | 4.32 | 2.05 | 1.25 | 22.25 | 89.62 |
| 2006 | 37.70 | 4.42 | 2.25 | 1.35 | 22.18 | 90.35 |
| 2007 | 38.18 | 4.50 | 2.37 | 1.32 | 22.65 | 91.59 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

2. In fresh equivalent weight.

Table 2-2
Food available adjusted for losses by major group, per person — Vegetables ¹

| | Total fresh vegetables | Processed | | Juice | Total ² |
|------|------------------------------|-----------|--------|--------|--------------------|
| | | Canned | Frozen | | |
| | kilograms | | | litres | kilograms |
| 1960 | 58.44 | 9.91 | 1.22 | 3.78 | 80.29 |
| 1961 | 55.21 | 10.06 | 1.25 | 3.87 | 76.78 |
| 1962 | 57.59 | 10.85 | 1.05 | 4.36 | 81.32 |
| 1963 | 55.42 | 10.34 | 1.39 | 4.30 | 79.79 |
| 1964 | 55.69 | 10.33 | 1.44 | 3.71 | 78.00 |
| 1965 | 52.11 | 11.05 | 1.66 | 3.60 | 77.07 |
| 1966 | 52.85 | 11.56 | 1.84 | 3.95 | 79.21 |
| 1967 | 59.37 | 11.10 | 1.70 | 3.21 | 85.09 |
| 1968 | 55.15 | 11.79 | 1.89 | 3.49 | 82.25 |
| 1969 | 59.13 | 11.03 | 1.86 | 3.16 | 84.84 |
| 1970 | 56.84 | 10.85 | 2.14 | 3.08 | 81.52 |
| 1971 | 56.91 | 11.32 | 2.01 | 3.19 | 82.32 |
| 1972 | 56.84 | 11.37 | 2.08 | 2.93 | 81.90 |
| 1973 | 56.70 | 12.68 | 2.27 | 3.21 | 86.86 |
| 1974 | 56.41 | 12.73 | 2.53 | 3.36 | 85.93 |
| 1975 | 61.55 | 10.16 | 2.00 | 3.37 | 85.02 |
| 1976 | 60.23 | 9.97 | 1.97 | 3.08 | 84.21 |
| 1977 | 61.89 | 10.57 | 2.52 | 3.99 | 88.56 |
| 1978 | 63.84 | 11.16 | 2.66 | 3.72 | 92.38 |
| 1979 | 68.02 | 11.57 | 2.88 | 3.64 | 98.02 |
| 1980 | 64.93 | 10.93 | 3.14 | 3.53 | 93.37 |
| 1981 | 62.69 | 11.28 | 2.93 | 3.06 | 92.32 |
| 1982 | 63.02 | 10.99 | 3.21 | 2.96 | 92.42 |
| 1983 | 70.12 | 10.95 | 2.52 | 2.85 | 98.68 |
| 1984 | 63.52 | 11.25 | 3.08 | 2.88 | 93.75 |
| 1985 | 65.31 | 10.43 | 2.83 | 2.59 | 94.04 |
| 1986 | 69.99 | 10.46 | 3.00 | 2.34 | 99.62 |
| 1987 | 69.97 | 10.63 | 3.47 | 2.29 | 100.72 |
| 1988 | 63.99 | 9.98 | 3.45 | 2.41 | 94.55 |
| 1989 | 63.96 | 10.75 | 3.88 | 2.22 | 96.69 |
| 1990 | 65.14 | 10.78 | 3.69 | 1.75 | 98.73 |
| 1991 | 64.32 | 10.15 | 3.90 | 1.73 | 95.20 |
| 1992 | 70.02 | 10.92 | 3.42 | 1.54 | 102.48 |
| 1993 | 73.37 | 11.13 | 3.78 | 1.34 | 107.44 |
| 1994 | 73.10 | 11.31 | 3.79 | 1.32 | 106.25 |
| 1995 | 71.12 | 10.82 | 4.30 | 1.30 | 103.89 |
| 1996 | 71.78 | 10.95 | 4.27 | 1.30 | 106.49 |
| 1997 | 72.83 | 11.21 | 4.35 | 1.30 | 107.63 |
| 1998 | 71.89 | 11.41 | 4.32 | 1.29 | 106.47 |
| 1999 | 72.52 | 10.99 | 4.20 | 1.28 | 105.70 |
| 2000 | 72.53 | 11.06 | 4.43 | 1.25 | 106.89 |
| 2001 | 74.08 | 11.44 | 4.60 | 1.25 | 109.28 |
| 2002 | 70.81 | 11.13 | 4.49 | 1.22 | 105.00 |
| 2003 | 68.88 | 10.43 | 4.46 | 1.24 | 102.06 |
| 2004 | 67.44 | 10.10 | 4.51 | 1.14 | 99.98 |
| 2005 | 68.12 | 9.88 | 4.43 | 1.16 | 100.15 |
| 2006 | 68.48 | 10.59 | 4.36 | 1.13 | 101.91 |
| 2007 | 67.72 | 10.83 | 4.46 | 1.13 | 101.50 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

2. In fresh equivalent weight.

Table 2-3
Food available adjusted for losses by major group, per person — Beverages¹

| | Alcoholic | | Soft drinks | Coffee | Tea | Cocoa ² | Total juices |
|------|------------------|---------------------------------|-------------|-----------|-------|--------------------|--------------|
| | Total population | Population over 15 years of age | | | | | |
| | litres | | | kilograms | | litres | |
| 1960 | 60.64 | 91.47 | .. | .. | 71.99 | 1.10 | 10.65 |
| 1961 | 60.97 | 92.48 | .. | .. | 74.55 | 1.21 | 10.13 |
| 1962 | 62.41 | 94.66 | .. | .. | 68.41 | 1.07 | 11.39 |
| 1963 | 64.38 | 97.56 | .. | .. | 77.10 | 1.28 | 11.01 |
| 1964 | 65.33 | 98.70 | .. | .. | 74.56 | 1.06 | 9.93 |
| 1965 | 66.45 | 99.90 | .. | .. | 72.25 | 1.22 | 9.30 |
| 1966 | 68.64 | 102.51 | .. | 74.88 | 68.54 | 1.03 | 10.56 |
| 1967 | 70.20 | 103.91 | .. | 74.96 | 72.08 | 1.19 | 10.62 |
| 1968 | 70.02 | 102.63 | .. | 82.26 | 75.10 | 1.18 | 10.22 |
| 1969 | 73.36 | 106.46 | .. | 79.66 | 71.77 | 1.17 | 10.42 |
| 1970 | 76.96 | 110.55 | .. | 85.66 | 67.76 | 1.20 | 10.41 |
| 1971 | 80.96 | 114.49 | .. | 76.61 | 71.82 | 1.32 | 11.03 |
| 1972 | 84.61 | 118.38 | 46.63 | 77.98 | 72.19 | 1.42 | 10.95 |
| 1973 | 88.46 | 122.42 | 49.28 | 79.54 | 73.37 | 1.34 | 12.61 |
| 1974 | 90.04 | 123.22 | 48.46 | 80.89 | 83.89 | 1.21 | 12.49 |
| 1975 | 91.43 | 123.86 | 49.42 | 81.58 | 71.88 | 1.10 | 15.28 |
| 1976 | 90.17 | 120.89 | 53.42 | 82.98 | 74.05 | 1.18 | 15.55 |
| 1977 | 91.83 | 121.98 | 55.67 | 76.43 | 76.20 | 1.09 | 17.97 |
| 1978 | 90.92 | 119.65 | 57.17 | 77.07 | 66.60 | 1.17 | 19.46 |
| 1979 | 93.34 | 121.74 | 56.84 | 78.66 | 63.76 | 1.04 | 20.82 |
| 1980 | 90.66 | 117.34 | 56.68 | 81.92 | 65.04 | 1.20 | 21.64 |
| 1981 | 93.11 | 119.81 | 57.23 | 86.13 | 57.81 | 1.29 | 22.75 |
| 1982 | 90.87 | 116.50 | 58.06 | 79.59 | 62.01 | 1.20 | 20.65 |
| 1983 | 90.40 | 115.55 | 60.12 | 77.33 | 58.17 | 1.50 | 21.26 |
| 1984 | 89.53 | 114.12 | 62.29 | 78.47 | 56.29 | 1.28 | 22.95 |
| 1985 | 88.72 | 112.73 | 65.91 | 81.64 | 53.51 | 1.21 | 20.92 |
| 1986 | 87.81 | 111.17 | 67.77 | 76.99 | 50.28 | 0.91 | 22.63 |
| 1987 | 88.96 | 112.45 | 70.73 | 76.06 | 44.48 | 0.87 | 23.55 |
| 1988 | 87.16 | 110.05 | 81.55 | 77.55 | 42.37 | 1.55 | 22.20 |
| 1989 | 84.78 | 106.95 | 80.28 | 75.85 | 40.51 | 1.39 | 21.46 |
| 1990 | 81.95 | 103.33 | 81.52 | 81.09 | 35.86 | 0.96 | 18.49 |
| 1991 | 79.38 | 100.04 | 85.59 | 82.30 | 35.64 | 1.44 | 18.78 |
| 1992 | 75.72 | 95.47 | 83.40 | 74.13 | 40.28 | 1.23 | 20.40 |
| 1993 | 75.17 | 94.73 | 87.07 | 77.87 | 51.49 | 1.53 | 20.48 |
| 1994 | 75.46 | 94.98 | 92.27 | 83.94 | 47.02 | 1.08 | 23.27 |
| 1995 | 75.54 | 94.89 | 92.82 | 80.90 | 42.82 | 0.93 | 23.63 |
| 1996 | 74.23 | 93.03 | 93.81 | 82.42 | 41.37 | 1.18 | 24.24 |
| 1997 | 74.91 | 93.63 | 95.53 | 79.46 | 48.02 | 1.18 | 24.86 |
| 1998 | 76.22 | 94.98 | 99.27 | 80.94 | 52.90 | 1.17 | 22.76 |
| 1999 | 77.18 | 95.84 | 98.97 | 83.97 | 57.79 | 1.18 | 22.91 |
| 2000 | 76.55 | 94.70 | 95.71 | 85.71 | 59.11 | 1.18 | 23.80 |
| 2001 | 78.27 | 96.47 | 96.08 | 86.02 | 61.74 | 1.17 | 22.75 |
| 2002 | 78.18 | 96.01 | 95.06 | 87.95 | 60.35 | 1.18 | 24.43 |
| 2003 | 78.99 | 96.64 | 93.37 | 88.97 | 62.09 | 1.20 | 23.84 |
| 2004 | 78.43 | 95.61 | 90.02 | 89.35 | 63.09 | 1.21 | 23.76 |
| 2005 | 80.24 | 97.41 | 87.02 | 86.24 | 56.69 | 1.21 | 23.41 |
| 2006 | 80.69 | 97.59 | 84.70 | 85.38 | 52.04 | 1.20 | 23.31 |
| 2007 | 81.92 | 98.72 | 80.41 | 87.65 | 58.85 | 1.24 | 23.77 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

2. In green bean equivalent.

Table 2-4
Food available adjusted for losses by major group, per person — Dairy products and eggs ¹

| | Fluid milk | Total cheeses | Total creams | Other dairy products | Total dairy products ² | Eggs | |
|------|------------|---------------|--------------|----------------------|-----------------------------------|--------|-----------|
| | litres | kilograms | litres | kilograms | | dozens | kilograms |
| 1960 | 55.20 | 2.66 | .. | 13.16 | 13.30 | 18.16 | 12.35 |
| 1961 | 59.39 | 2.76 | .. | 13.50 | 14.17 | 17.87 | 12.16 |
| 1962 | 59.92 | 2.98 | .. | 13.51 | 14.13 | 17.74 | 12.07 |
| 1963 | 60.54 | 3.07 | .. | 14.10 | 14.65 | 16.94 | 11.53 |
| 1964 | 61.17 | 3.20 | .. | 14.12 | 14.71 | 16.88 | 11.49 |
| 1965 | 66.79 | 3.37 | 2.65 | 16.78 | 15.91 | 16.73 | 11.38 |
| 1966 | 66.51 | 3.41 | 2.61 | 17.14 | 16.13 | 16.18 | 11.01 |
| 1967 | 65.81 | 3.64 | 2.59 | 16.65 | 15.65 | 16.48 | 11.21 |
| 1968 | 66.11 | 3.84 | 2.62 | 16.99 | 16.12 | 16.54 | 11.25 |
| 1969 | 66.17 | 4.18 | 2.60 | 17.65 | 17.01 | 16.99 | 11.56 |
| 1970 | 67.40 | 4.41 | 2.56 | 16.30 | 15.98 | 17.12 | 11.65 |
| 1971 | 66.78 | 4.60 | 2.55 | 15.85 | 15.57 | 16.59 | 11.29 |
| 1972 | 68.10 | 4.72 | 2.59 | 15.74 | 15.68 | 16.02 | 10.90 |
| 1973 | 69.57 | 5.09 | 2.57 | 15.48 | 15.95 | 15.30 | 10.41 |
| 1974 | 69.76 | 5.61 | 2.58 | 15.38 | 16.35 | 15.15 | 10.31 |
| 1975 | 67.56 | 5.53 | 2.43 | 15.01 | 15.87 | 15.05 | 10.24 |
| 1976 | 68.84 | 5.61 | 2.51 | 15.55 | 16.56 | 14.84 | 10.09 |
| 1977 | 69.53 | 5.66 | 2.44 | 17.83 | 18.11 | 14.45 | 9.83 |
| 1978 | 70.59 | 6.04 | 2.55 | 17.07 | 16.91 | 14.22 | 9.68 |
| 1979 | 72.41 | 6.19 | 2.68 | 17.03 | 17.63 | 14.81 | 10.08 |
| 1980 | 72.40 | 6.41 | 2.82 | 16.78 | 17.41 | 14.67 | 9.98 |
| 1981 | 71.87 | 6.86 | 2.94 | 16.94 | 17.64 | 14.46 | 9.84 |
| 1982 | 71.59 | 6.91 | 2.84 | 17.22 | 17.94 | 14.42 | 9.81 |
| 1983 | 70.87 | 6.97 | 2.92 | 17.34 | 17.87 | 14.07 | 9.57 |
| 1984 | 70.44 | 6.74 | 3.12 | 16.45 | 17.49 | 13.49 | 9.18 |
| 1985 | 69.61 | 7.50 | 3.31 | 17.19 | 17.46 | 13.17 | 8.96 |
| 1986 | 70.34 | 7.84 | 3.48 | 17.17 | 17.56 | 13.08 | 8.90 |
| 1987 | 71.03 | 8.42 | 3.53 | 17.70 | 18.56 | 12.81 | 8.72 |
| 1988 | 70.01 | 8.82 | 3.53 | 17.27 | 18.29 | 12.41 | 8.45 |
| 1989 | 67.85 | 8.86 | 3.44 | 16.91 | 17.98 | 12.09 | 8.23 |
| 1990 | 67.19 | 8.98 | 3.69 | 15.96 | 17.16 | 11.91 | 8.10 |
| 1991 | 66.55 | 9.15 | 3.59 | 15.74 | 17.02 | 11.89 | 8.09 |
| 1992 | 65.19 | 9.21 | 3.61 | 15.10 | 16.75 | 11.52 | 7.84 |
| 1993 | 63.29 | 9.15 | 3.67 | 16.06 | 16.89 | 11.47 | 7.81 |
| 1994 | 63.92 | 9.45 | 3.75 | 16.15 | 17.12 | 11.49 | 7.82 |
| 1995 | 63.59 | 9.49 | 3.84 | 16.22 | 17.06 | 11.40 | 7.76 |
| 1996 | 63.40 | 9.25 | 3.86 | 16.10 | 17.02 | 11.84 | 8.06 |
| 1997 | 62.75 | 9.94 | 3.96 | 15.77 | 16.96 | 11.96 | 8.14 |
| 1998 | 62.49 | 9.61 | 4.25 | 15.99 | 16.85 | 12.06 | 8.21 |
| 1999 | 61.76 | 9.72 | 4.48 | 16.60 | 16.94 | 12.06 | 8.21 |
| 2000 | 62.10 | 9.88 | 4.81 | 17.07 | 17.18 | 12.41 | 8.45 |
| 2001 | 61.27 | 9.71 | 5.02 | 17.75 | 17.31 | 12.54 | 8.53 |
| 2002 | 60.22 | 9.65 | 5.12 | 18.05 | 17.04 | 12.20 | 8.30 |
| 2003 | 59.97 | 9.60 | 5.59 | 17.99 | 16.82 | 12.24 | 8.33 |
| 2004 | 60.15 | 9.93 | 5.80 | 18.56 | 17.02 | 11.75 | 7.99 |
| 2005 | 58.99 | 9.87 | 5.88 | 19.08 | 16.88 | 12.04 | 8.19 |
| 2006 | 58.68 | 10.01 | 6.04 | 19.08 | 16.83 | 12.06 | 8.20 |
| 2007 | 58.58 | 10.12 | 6.20 | 19.42 | 17.00 | 11.49 | 7.82 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

2. In milk solid equivalent.

Table 2-5
Food available adjusted for losses by major group, per person — Meats and fish ¹

| | Red meats, boneless weight | Poultry, boneless weight | Fish ² |
|------|-------------------------------|-----------------------------|-------------------|
| | kilograms | | |
| 1960 | 26.00 | .. | .. |
| 1961 | 25.86 | .. | .. |
| 1962 | 26.01 | .. | .. |
| 1963 | 26.65 | 6.06 | .. |
| 1964 | 28.11 | 6.44 | .. |
| 1965 | 28.33 | 6.74 | .. |
| 1966 | 28.27 | 7.27 | .. |
| 1967 | 29.67 | 7.53 | .. |
| 1968 | 29.96 | 7.32 | .. |
| 1969 | 29.45 | 7.91 | .. |
| 1970 | 30.40 | 8.26 | .. |
| 1971 | 32.12 | 7.83 | .. |
| 1972 | 32.84 | 7.99 | .. |
| 1973 | 31.54 | 8.21 | .. |
| 1974 | 32.54 | 8.04 | .. |
| 1975 | 33.35 | 7.50 | .. |
| 1976 | 34.46 | 7.85 | .. |
| 1977 | 33.70 | 8.19 | .. |
| 1978 | 32.67 | 8.43 | .. |
| 1979 | 31.14 | 8.95 | .. |
| 1980 | 32.02 | 8.91 | .. |
| 1981 | 31.90 | 8.77 | .. |
| 1982 | 30.69 | 8.67 | .. |
| 1983 | 31.07 | 8.67 | .. |
| 1984 | 30.04 | 8.88 | .. |
| 1985 | 30.56 | 9.42 | .. |
| 1986 | 30.12 | 9.54 | .. |
| 1987 | 28.44 | 10.02 | .. |
| 1988 | 28.30 | 10.15 | 6.06 |
| 1989 | 28.60 | 9.87 | 6.71 |
| 1990 | 27.13 | 10.21 | 6.24 |
| 1991 | 26.56 | 10.25 | 5.97 |
| 1992 | 27.10 | 10.51 | 5.87 |
| 1993 | 25.97 | 10.69 | 6.55 |
| 1994 | 26.73 | 11.24 | 5.62 |
| 1995 | 26.51 | 11.07 | 5.42 |
| 1996 | 25.65 | 11.05 | 5.69 |
| 1997 | 25.34 | 11.36 | 5.98 |
| 1998 | 27.02 | 11.67 | 6.04 |
| 1999 | 28.07 | 12.03 | 6.81 |
| 2000 | 26.92 | 12.55 | 6.42 |
| 2001 | 26.38 | 12.94 | 6.60 |
| 2002 | 25.90 | 13.03 | 6.61 |
| 2003 | 25.77 | 12.99 | 6.73 |
| 2004 | 25.82 | 13.17 | 6.41 |
| 2005 | 23.67 | 13.25 | 6.45 |
| 2006 | 23.80 | 13.36 | 6.49 |
| 2007 | 24.50 | 13.40 | 6.55 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

2. In edible weight equivalent.

Table 2-6
Food available adjusted for losses by major group, per person — Other products ¹

| | Total oils and fats | Total cereal products | Total pulses and nuts | Total sugars and syrups |
|------|---------------------------|-----------------------------|-----------------------------|-------------------------------|
| | kilograms | | | |
| 1960 | 12.88 | 47.33 | 5.87 | 31.16 |
| 1961 | 12.98 | 44.49 | 5.86 | 31.43 |
| 1962 | 13.72 | 45.24 | 5.56 | 32.38 |
| 1963 | 14.11 | 48.86 | 5.88 | 30.94 |
| 1964 | 14.13 | 41.88 | 6.80 | 31.52 |
| 1965 | 13.67 | 51.03 | 6.19 | 32.25 |
| 1966 | 14.11 | 43.82 | 5.67 | 33.66 |
| 1967 | 14.97 | 44.53 | 5.96 | 32.47 |
| 1968 | 15.26 | 44.52 | 5.82 | 32.95 |
| 1969 | 15.31 | 45.87 | 5.37 | 32.87 |
| 1970 | 15.16 | 45.67 | 5.53 | 32.79 |
| 1971 | 14.79 | 42.63 | 7.03 | 32.35 |
| 1972 | 15.40 | 44.62 | 6.57 | 32.02 |
| 1973 | 15.34 | 45.36 | 6.89 | 33.77 |
| 1974 | 15.61 | 44.41 | 7.44 | 29.58 |
| 1975 | 15.60 | 44.85 | 8.23 | 28.64 |
| 1976 | 15.88 | 46.15 | 5.73 | 30.12 |
| 1977 | 15.85 | 45.05 | 4.53 | 30.17 |
| 1978 | 15.69 | 44.31 | 6.54 | 29.32 |
| 1979 | 15.77 | 43.50 | 5.01 | 29.41 |
| 1980 | 15.72 | 45.78 | 4.91 | 24.92 |
| 1981 | 16.14 | 43.84 | 6.93 | 27.43 |
| 1982 | 16.06 | 45.56 | 6.64 | 27.38 |
| 1983 | 16.59 | 44.42 | 6.18 | 28.01 |
| 1984 | 16.06 | 44.98 | 6.22 | 29.51 |
| 1985 | 16.55 | 47.28 | 6.05 | 30.05 |
| 1986 | 16.23 | 46.96 | 7.36 | 30.10 |
| 1987 | 16.79 | 47.98 | 6.83 | 30.91 |
| 1988 | 16.73 | 49.84 | 6.32 | 28.10 |
| 1989 | 16.61 | 48.52 | 6.36 | 25.70 |
| 1990 | 16.64 | 49.36 | 6.50 | 26.23 |
| 1991 | 16.77 | 47.63 | 6.35 | 25.36 |
| 1992 | 16.67 | 48.32 | 6.68 | 26.70 |
| 1993 | 17.27 | 50.27 | 6.89 | 27.21 |
| 1994 | 17.86 | 51.34 | 7.25 | 27.84 |
| 1995 | 18.78 | 52.21 | 7.10 | 26.33 |
| 1996 | 19.70 | 53.90 | 7.03 | 26.57 |
| 1997 | 20.57 | 56.60 | 6.97 | 26.42 |
| 1998 | 21.42 | 57.33 | 7.23 | 24.63 |
| 1999 | 21.19 | 58.26 | 7.36 | 24.79 |
| 2000 | 21.01 | 58.48 | 7.64 | 25.58 |
| 2001 | 21.16 | 58.82 | 7.79 | 25.19 |
| 2002 | 20.58 | 58.34 | 8.06 | 25.11 |
| 2003 | 20.19 | 57.33 | 7.78 | 25.07 |
| 2004 | 19.59 | 58.46 | 8.07 | 24.97 |
| 2005 | 19.29 | 58.43 | 7.93 | 24.05 |
| 2006 | 18.59 | 57.79 | 7.98 | 23.09 |
| 2007 | 18.23 | 56.92 | 8.21 | 22.82 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 3-1
Food available by commodity — Cereal products 1,2

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|------------------------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Breakfast food | 3.58 | 4.34 | 3.96 | 5.06 | 5.15 | 5.38 | 5.45 | 5.65 | 5.63 | 5.75 |
| Corn flour and meal | 2.14 | 2.00 | 2.37 | 3.90 | 2.82 | 1.13 | 1.46 | 1.06 | 1.37 | 0.74 |
| Oatmeal and rolled oats | 1.42 | 1.51 | 1.55 | 2.68 | 2.32 | 3.15 | 2.85 | 2.78 | 2.47 | 2.70 |
| Pot and pearl barley | 0.13 | 0.09 | 0.05 | 0.11 | 0.05 | 0.04 | 0.08 | 0.08 | 0.09 | 0.09 |
| Rice | 3.33 | 4.31 | 5.45 | 5.74 | 6.11 | 5.95 | 7.18 | 7.05 | 7.36 | 7.40 |
| Rye flour | 0.43 | 0.32 | 0.32 | 0.29 | 0.32 | 0.31 | 0.32 | 0.27 | 0.26 | 0.27 |
| Wheat flour | 51.54 | 54.46 | 54.26 | 59.34 | 67.24 | 66.11 | 66.28 | 66.67 | 65.42 | 64.48 |
| Total cereal products | 62.59 | 67.03 | 67.97 | 77.13 | 84.02 | 82.07 | 83.62 | 83.56 | 82.60 | 81.42 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.
2. In retail weight unless otherwise specified.

Table 3-2
Food available by commodity — Sugars and syrups 1,2

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|--------------------------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Honey | 1.09 | 0.86 | 0.78 | 1.03 | 0.90 | 0.90 | 0.91 | 0.99 | 0.93 | 0.95 |
| Maple sugar | 0.33 | 0.10 | 0.14 | 0.19 | 0.16 | 0.18 | 0.19 | 0.16 | 0.18 | 0.16 |
| Sugar | 37.10 | 41.32 | 34.70 | 36.10 | 34.32 | 34.13 | 33.97 | 32.63 | 31.31 | 30.94 |
| Total sugars and syrups | 38.52 | 42.28 | 35.62 | 37.32 | 35.38 | 35.21 | 35.07 | 33.78 | 32.43 | 32.05 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.
2. In retail weight unless otherwise specified.

Table 3-3
Food available by commodity — Red meats (carcass weight) 1

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|----------------------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Beef | 39.86 | 38.20 | 33.28 | 31.45 | 30.75 | 32.37 | 30.88 | 30.07 | 29.77 | 30.61 |
| Mutton and lamb | 0.69 | 0.90 | 0.87 | 0.75 | 1.03 | 1.08 | 1.10 | 1.11 | 1.21 | 1.24 |
| Offal | 1.35 | 1.67 | 1.68 | 1.33 | 0.85 | 1.39 | 1.50 | 1.01 | 1.19 | 0.72 |
| Pork | 31.16 | 27.90 | 25.86 | 25.99 | 28.94 | 25.07 | 26.60 | 22.98 | 23.33 | 24.68 |
| Veal | 1.52 | 1.63 | 1.48 | 1.30 | 1.25 | 1.21 | 1.15 | 1.05 | 1.04 | 1.07 |
| Total red meats | 74.58 | 70.30 | 63.17 | 60.83 | 62.82 | 61.12 | 61.23 | 56.23 | 56.54 | 58.32 |
| Total beef and veal | 41.38 | 39.83 | 34.76 | 32.76 | 32.00 | 33.58 | 32.03 | 31.12 | 30.81 | 31.68 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 3-4
Food available by commodity — Poultry (eviscerated weight) ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|--------------------------------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Chicken | 16.73 | 19.91 | 22.23 | 24.90 | 30.49 | 30.74 | 31.08 | 31.35 | 31.67 | 31.65 |
| Stewing hen | 1.31 | 1.05 | 1.54 | 1.75 | 1.74 | 1.44 | 1.61 | 1.42 | 1.51 | 1.57 |
| Turkey | 4.07 | 4.12 | 4.54 | 4.12 | 4.22 | 4.36 | 4.38 | 4.49 | 4.44 | 4.49 |
| Total poultry | 22.11 | 25.08 | 28.31 | 30.77 | 36.45 | 36.54 | 37.07 | 37.26 | 37.61 | 37.71 |
| Total chicken and stewing hen | 18.04 | 20.96 | 23.77 | 26.65 | 32.23 | 32.18 | 32.69 | 32.77 | 33.18 | 33.22 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 3-5
Food available by commodity — Fish (edible weight) ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|---------------------------|----------------------|-----------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| | kilograms per person | | | | | | | | | |
| Fresh and frozen sea fish | .. | .. | 4.28 | 4.49 | 4.39 | 4.43 | 3.94 | 4.04 | 4.16 | 4.35 |
| Freshwater fish | .. | .. | 0.21 | 0.30 | 0.47 | 0.53 | 0.51 | 0.47 | 0.50 | 0.55 |
| Processed sea fish | .. | .. | 2.63 | 1.97 | 2.67 | 2.81 | 2.74 | 2.90 | 2.89 | 2.90 |
| Shellfish | .. | .. | 1.51 | 1.66 | 2.12 | 2.03 | 1.93 | 1.90 | 1.84 | 1.67 |
| Total fish | .. | .. | 8.64 | 8.42 | 9.65 | 9.80 | 9.11 | 9.31 | 9.38 | 9.47 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 3-6
Food available by commodity — Pulses and nuts ^{1,2}

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|------------------------------|----------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| | kilograms per person | | | | | | | | | |
| Baked and canned beans | 2.32 | 2.31 | 1.55 | 1.43 | 1.42 | 1.35 | 1.35 | 1.29 | 1.28 | 1.25 |
| Dry beans | 0.61 | 0.74 | 0.76 | 1.34 | 2.11 | 2.31 | 2.39 | 2.45 | 2.40 | 2.45 |
| Peanuts | 2.84 | 2.94 | 2.74 | 3.22 | 2.68 | 2.68 | 2.89 | 2.87 | 2.90 | 2.92 |
| Dry peas | 1.11 | 1.19 | 1.16 | 1.38 | 1.41 | 1.42 | 1.43 | 1.43 | 1.43 | 1.44 |
| Tree nuts | 1.30 | 1.52 | 1.29 | 0.94 | 1.59 | 1.42 | 1.49 | 1.33 | 1.42 | 1.65 |
| Total pulses and nuts | 8.19 | 8.70 | 7.50 | 8.31 | 9.20 | 9.19 | 9.54 | 9.38 | 9.43 | 9.71 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

2. In retail weight unless otherwise specified.

Table 3-7
Food available by commodity — Oils and fats 1,2

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|--------------------------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Butter | 4.34 | 3.81 | 2.99 | 2.86 | 2.81 | 2.89 | 3.03 | 2.79 | 2.70 | 2.58 |
| Margarine | 6.10 | 5.96 | 5.55 | 5.33 | 4.89 | 4.50 | 4.30 | 4.12 | 3.95 | 3.89 |
| Salad oils | 3.76 | 5.34 | 5.82 | 9.61 | 12.97 | 12.43 | 12.54 | 12.47 | 12.36 | 12.16 |
| Shortening and shortening oils | 8.21 | 7.64 | 9.44 | 10.65 | 10.23 | 9.68 | 8.75 | 8.86 | 8.22 | 8.09 |
| Total oils and fats | 22.41 | 22.75 | 23.80 | 28.45 | 30.90 | 29.50 | 28.62 | 28.24 | 27.23 | 26.72 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.
2. In retail weight unless otherwise specified.

Table 3-8
Food available by commodity — Dairy products and eggs 1,2

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|--|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Cheddar cheese | 2.45 | 2.61 | 3.12 | 3.07 | 3.13 | 3.13 | 3.08 | 3.26 | 3.39 | 3.44 |
| Cheese cottage | 1.26 | 1.25 | 1.03 | 0.76 | 0.78 | 0.78 | 0.82 | 0.85 | 0.85 | 0.91 |
| Cheese processed | 2.91 | 2.61 | 2.77 | 2.58 | 2.47 | 2.22 | 2.35 | 2.25 | 2.29 | 2.23 |
| Cheese variety | 3.03 | 4.37 | 5.31 | 5.66 | 6.28 | 6.40 | 6.71 | 6.56 | 6.55 | 6.70 |
| Cream cereal 10%, litres | 2.75 | 2.91 | 2.81 | 2.89 | 2.95 | 3.04 | 3.21 | 3.10 | 3.04 | 3.03 |
| Cream sour, litres | 0.49 | 0.75 | 0.99 | 0.94 | 1.36 | 1.35 | 1.35 | 1.33 | 1.39 | 1.46 |
| Cream table 18%, litres | 0.27 | 0.39 | 0.49 | 0.79 | 1.80 | 2.37 | 2.56 | 2.76 | 2.98 | 3.11 |
| Cream whipping 32% or 35%, litres | 0.66 | 0.89 | 0.82 | 0.87 | 1.03 | 1.18 | 1.13 | 1.16 | 1.17 | 1.21 |
| Ice cream, litres | 12.57 | 12.19 | 10.65 | 10.87 | 9.22 | 8.76 | 8.40 | 8.83 | 8.27 | 8.05 |
| Ice milk, litres | 1.02 | 1.26 | 1.24 | 1.96 | 2.23 | 2.06 | 1.95 | 1.83 | 1.69 | 1.59 |
| Milk buttermilk, litres | 0.57 | 0.52 | 0.46 | 0.40 | 0.39 | 0.43 | 0.44 | 0.42 | 0.42 | 0.45 |
| Milk chocolate drink, litres | 3.89 | 3.51 | 3.42 | 3.95 | 4.87 | 5.07 | 5.39 | 5.47 | 5.50 | 5.68 |
| Milk concentrated skim, litres | 1.42 | 0.63 | 1.09 | 0.61 | 0.26 | 0.29 | 0.37 | 0.33 | 0.35 | 0.35 |
| Milk concentrated whole, litres | 2.15 | 2.02 | 1.41 | 1.07 | 0.79 | 0.34 | 0.55 | 0.72 | 0.70 | 0.74 |
| Milk other whole products | 0.14 | 0.29 | 0.37 | 0.49 | 1.00 | 1.11 | 1.32 | 1.25 | 1.03 | 1.13 |
| Milk partly skimmed 1%, litres | .. | .. | 8.52 | 15.46 | 17.21 | 17.44 | 17.88 | 17.84 | 18.07 | 18.30 |
| Milk partly skimmed 2%, litres | 55.18 | 61.48 | 55.81 | 47.09 | 41.80 | 40.28 | 40.04 | 38.74 | 38.35 | 38.02 |
| Milk skim, litres | 3.37 | 4.74 | 6.37 | 7.76 | 8.73 | 8.53 | 8.63 | 8.73 | 8.69 | 8.79 |
| Milk standard 3.25%, litres | 39.06 | 29.66 | 19.94 | 15.40 | 14.03 | 13.43 | 13.06 | 12.59 | 12.33 | 11.97 |
| Milk sweetened concentrated skim, litres | 0.05 | 0.08 | 0.03 | 0.18 | 0.07 | 0.07 | 0.07 | 0.08 | 0.10 | 0.05 |
| Milkshake, litres | 0.98 | 1.03 | 0.69 | 0.60 | 0.49 | 0.25 | 0.19 | 0.18 | 0.22 | 0.27 |
| Powder buttermilk | 0.15 | 0.11 | 0.16 | 0.19 | 0.19 | 0.15 | 0.12 | 0.16 | 0.10 | 0.10 |
| Powder skim milk | 1.83 | 1.71 | 0.78 | 1.13 | 1.10 | 1.30 | 1.09 | 1.02 | 1.10 | 1.22 |
| Powder whey | 1.21 | 0.73 | 0.87 | 1.10 | 0.99 | 0.37 | 0.31 | 0.29 | 0.34 | 0.26 |
| Sherbet, litres | 0.12 | 0.10 | 0.12 | 0.17 | 0.35 | 0.19 | 0.29 | 0.19 | 0.17 | 0.16 |
| Yogurt, litres | 1.64 | 2.69 | 2.99 | 3.17 | 4.88 | 5.85 | 6.30 | 6.75 | 6.98 | 7.15 |
| Fluid milk, litres | 102.08 | 99.91 | 94.53 | 90.05 | 87.03 | 85.18 | 85.44 | 83.79 | 83.36 | 83.21 |
| Total cheeses | 8.39 | 9.59 | 11.19 | 11.31 | 11.87 | 11.74 | 12.14 | 12.06 | 12.24 | 12.38 |
| Total creams, litres | 4.17 | 4.94 | 5.10 | 5.48 | 7.13 | 7.94 | 8.24 | 8.35 | 8.58 | 8.81 |
| Other dairy products | 24.13 | 24.53 | 22.56 | 22.83 | 25.12 | 25.43 | 26.23 | 26.96 | 26.94 | 27.41 |
| Total dairy products 3 | 24.33 | 24.17 | 23.29 | 23.28 | 23.78 | 23.18 | 23.47 | 23.30 | 23.25 | 23.50 |
| Eggs 4 | 12.44 | 11.26 | 10.24 | 10.19 | 10.79 | 10.53 | 10.11 | 10.36 | 10.38 | 9.89 |
| Eggs (dozens per year) 4 | 18.29 | 16.55 | 15.04 | 14.98 | 15.86 | 15.48 | 14.86 | 15.23 | 15.25 | 14.53 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.
2. In retail weight unless otherwise specified.
3. In milk solid equivalent.
4. In fresh equivalent weight.

Table 3-9
Food available by commodity — Beverages and juices 1,2

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|--|-------------------|---------------|---------------|---------------|---------------|--------------|--------------|--------------|--------------|--------------|
| | litres per person | | | | | | | | | |
| Ale, beer, stout and porter | 84.07 | 79.45 | 73.01 | 67.63 | 68.85 | 68.64 | 67.78 | 69.08 | 68.86 | 69.38 |
| Bottled water | .. | .. | .. | 19.66 | 29.66 | .. | .. | .. | .. | .. |
| Coffee | 101.81 | 91.01 | 97.28 | 97.42 | 101.68 | 105.17 | 105.62 | 101.94 | 100.92 | 103.61 |
| Distilled spirits | 7.96 | 6.15 | 4.88 | 4.39 | 5.88 | 6.23 | 6.16 | 6.27 | 6.30 | 6.38 |
| Soft drinks | 67.65 | 80.10 | 101.17 | 110.88 | 113.56 | 110.37 | 106.41 | 102.86 | 100.12 | 95.05 |
| Tea | 68.34 | 59.43 | 42.12 | 48.90 | 72.98 | 73.40 | 74.57 | 67.01 | 61.52 | 69.57 |
| Wines | 9.01 | 9.69 | 8.25 | 8.53 | 10.21 | 10.84 | 11.17 | 11.72 | 12.41 | 13.13 |
| Apple juice | 7.26 | 9.14 | 8.31 | 6.97 | 6.85 | 6.98 | 7.00 | 7.17 | 7.12 | 7.03 |
| Grape juice | 0.87 | 1.73 | 1.83 | 4.45 | 2.87 | 3.91 | 3.33 | 3.00 | 3.34 | 3.56 |
| Grapefruit juice | 1.53 | 0.84 | 0.90 | 1.01 | 0.76 | 1.09 | 1.21 | 0.92 | 0.71 | 0.42 |
| Lemon juice | 0.27 | 0.26 | 0.34 | 0.40 | 0.38 | 0.56 | 0.56 | 0.56 | 0.61 | 0.68 |
| Orange juice | 12.75 | 11.72 | 7.99 | 13.60 | 13.59 | 13.50 | 13.86 | 13.74 | 13.54 | 13.99 |
| Pineapple juice | 0.58 | 0.29 | 0.77 | 0.67 | 0.96 | 0.70 | 0.77 | 0.91 | 0.90 | 1.09 |
| Tomato juice | 3.62 | 2.77 | 2.05 | 1.54 | 1.48 | 1.46 | 1.35 | 1.37 | 1.33 | 1.33 |
| Total juices | 26.89 | 26.75 | 22.20 | 28.65 | 26.89 | 28.18 | 28.09 | 27.67 | 27.55 | 28.10 |
| Fruit juice | 23.26 | 23.98 | 20.15 | 27.11 | 25.41 | 26.72 | 26.74 | 26.30 | 26.22 | 26.77 |
| Vegetable juice | 3.62 | 2.77 | 2.05 | 1.54 | 1.48 | 1.46 | 1.35 | 1.37 | 1.33 | 1.33 |
| Total beverages and juices | 365.72 | 352.59 | 348.92 | 386.06 | 429.71 | .. | .. | .. | .. | .. |
| Alcoholic beverages, population over 15 years of age | 130.02 | 120.64 | 108.56 | 100.96 | 104.69 | 104.88 | 103.75 | 105.71 | 105.90 | 107.13 |
| Non-alcoholic beverages (includes juices) | 264.68 | 257.30 | 262.78 | 305.51 | 344.78 | .. | .. | .. | .. | .. |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.
2. In retail weight unless otherwise specified.

Table 3-10
Food available by commodity — Fruits fresh ^{1,2}

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|---------------------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Apples | 12.75 | 10.70 | 11.84 | 11.95 | 11.41 | 10.66 | 10.03 | 11.13 | 10.04 | 10.16 |
| Apricots | 0.07 | 0.11 | 0.10 | 0.12 | 0.17 | 0.16 | 0.16 | 0.16 | 0.10 | 0.16 |
| Avocados | 0.27 | 0.22 | 0.20 | 0.34 | 0.38 | 0.47 | 0.56 | 0.53 | 0.63 | 0.66 |
| Bananas | 10.49 | 11.52 | 12.68 | 13.78 | 13.07 | 13.35 | 13.82 | 13.92 | 14.03 | 14.29 |
| Berries other | 0.01 | 0.06 | 0.08 | 0.10 | 0.22 | 0.33 | 0.29 | 0.26 | 0.39 | 0.53 |
| Blueberries | 0.30 | 0.22 | 0.38 | 0.24 | 0.39 | 0.53 | 0.57 | 0.80 | 0.72 | 0.95 |
| Cherries | 0.40 | 0.31 | 0.32 | 0.28 | 0.47 | 0.59 | 0.49 | 0.51 | 0.69 | 0.82 |
| Other citrus | .. | .. | 0.04 | 0.03 | 0.04 | 0.04 | 0.06 | 0.10 | 0.09 | 0.05 |
| Coconut | 0.22 | 0.24 | 0.30 | 0.24 | 0.28 | 0.29 | 0.27 | 0.29 | 0.30 | 0.29 |
| Cranberries | 0.42 | 0.45 | 0.64 | 0.50 | 0.39 | 0.59 | 0.74 | 0.87 | 0.95 | 0.70 |
| Dates | 1.24 | 0.94 | 1.04 | 0.75 | 0.52 | 0.75 | 0.90 | 1.07 | 1.25 | 1.29 |
| Figs | 0.30 | 0.30 | 0.31 | 0.27 | 0.31 | 0.31 | 0.34 | 0.39 | 0.40 | 0.31 |
| Grapefruits | 3.16 | 2.91 | 2.76 | 2.36 | 1.66 | 1.55 | 1.54 | 1.35 | 1.42 | 1.61 |
| Grapes | 4.85 | 5.56 | 5.49 | 4.21 | 4.24 | 4.89 | 4.81 | 5.22 | 4.88 | 5.12 |
| Guavas, mangoes | .. | .. | 0.46 | 0.69 | 0.96 | 1.09 | 1.20 | 1.06 | 1.19 | 1.31 |
| Kiwis | .. | .. | 0.38 | 0.59 | 0.46 | 0.37 | 0.47 | 0.52 | 0.55 | 0.59 |
| Lemons | 0.83 | 0.97 | 0.88 | 0.95 | 1.16 | 1.23 | 1.18 | 1.22 | 1.23 | 1.19 |
| Limes | 0.10 | 0.14 | 0.18 | 0.22 | 0.35 | 0.37 | 0.41 | 0.42 | 0.45 | 0.51 |
| Mandarins | .. | .. | 2.10 | 2.53 | 2.51 | 2.72 | 2.75 | 3.09 | 3.19 | 3.45 |
| Muskmelons, cantaloups | 1.20 | 1.81 | 1.41 | 2.29 | 2.58 | 2.91 | 2.84 | 3.10 | 3.04 | 3.14 |
| Other melons | 0.18 | 0.18 | 0.15 | 0.36 | 0.30 | 0.28 | 0.38 | 0.47 | 0.59 | 0.50 |
| Melons total | 4.17 | 5.42 | 3.73 | 7.32 | 7.93 | 9.80 | 10.50 | 10.06 | 10.52 | 10.58 |
| Nectarines | 0.85 | 0.97 | 1.01 | 1.01 | 1.12 | 1.22 | 1.14 | 1.02 | 0.87 | 0.95 |
| Oranges | 11.80 | 10.66 | 7.40 | 9.23 | 8.70 | 9.71 | 9.34 | 9.91 | 9.50 | 8.61 |
| Papayas | .. | .. | 0.09 | 0.13 | 0.17 | 0.18 | 0.30 | 0.34 | 0.35 | 0.41 |
| Peaches | 1.85 | 1.67 | 1.72 | 1.53 | 1.36 | 1.43 | 1.35 | 1.23 | 1.39 | 1.55 |
| Pears | 1.92 | 1.92 | 2.07 | 2.17 | 2.46 | 2.53 | 2.23 | 2.22 | 2.41 | 2.46 |
| Pineapples | 0.45 | 0.48 | 0.58 | 0.57 | 1.51 | 1.87 | 2.10 | 2.47 | 3.02 | 2.94 |
| Plums | 1.20 | 1.07 | 1.06 | 0.97 | 0.97 | 0.95 | 0.82 | 0.90 | 0.80 | 0.84 |
| Quinces | .. | .. | 0.00 | 0.01 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Strawberries | 1.45 | 1.66 | 1.96 | 2.03 | 2.01 | 2.34 | 2.45 | 2.72 | 3.05 | 3.05 |
| Unspecified fresh fruits | 0.36 | 0.89 | 0.38 | 0.46 | 0.60 | 0.54 | 0.56 | 0.44 | 0.48 | 0.59 |
| Watermelons | 2.39 | 2.82 | 1.53 | 3.79 | 3.59 | 5.54 | 6.14 | 5.27 | 5.65 | 5.72 |
| Wintermelons | 0.40 | 0.61 | 0.64 | 0.89 | 1.46 | 1.07 | 1.14 | 1.22 | 1.24 | 1.22 |
| Total fresh fruits | 59.47 | 59.38 | 58.07 | 63.05 | 63.30 | 68.14 | 68.65 | 71.13 | 71.71 | 72.56 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.
2. In retail weight unless otherwise specified.

Table 3-11
Food available by commodity — Fruits processed 1,2

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|---------------------------|----------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| | kilograms per person | | | | | | | | | |
| Apple pie filling | 0.13 | 0.05 | 0.33 | 0.14 | 0.12 | 0.09 | 0.09 | 0.10 | 0.10 | 0.10 |
| Apple sauce | 0.51 | 0.45 | 0.55 | 0.62 | 0.52 | 0.50 | 0.50 | 0.50 | 0.50 | 0.49 |
| Apples canned | 0.10 | 0.01 | 0.05 | 0.05 | 0.26 | 0.30 | 0.34 | 0.35 | 0.40 | 0.38 |
| Apples dried | 0.02 | 0.02 | 0.04 | 0.04 | 0.05 | 0.06 | 0.06 | 0.05 | 0.06 | 0.07 |
| Apples frozen | 0.04 | 0.11 | 0.05 | 0.07 | 0.07 | 0.05 | 0.05 | 0.05 | 0.04 | 0.05 |
| Apricots canned | 0.13 | 0.07 | 0.04 | 0.04 | 0.03 | 0.04 | 0.05 | 0.05 | 0.05 | 0.04 |
| Blueberries canned | 0.02 | 0.01 | 0.03 | 0.01 | 0.01 | 0.01 | 0.02 | 0.01 | 0.01 | 0.02 |
| Blueberries frozen | 0.11 | 0.22 | 0.21 | 0.33 | 0.45 | 0.46 | 0.47 | 0.50 | 0.56 | 0.59 |
| Cherries frozen | 0.19 | 0.18 | 0.32 | 0.14 | 0.21 | 0.20 | 0.21 | 0.23 | 0.20 | 0.20 |
| Peaches canned | 1.13 | 1.05 | 0.86 | 1.00 | 1.08 | 1.04 | 1.01 | 1.00 | 0.97 | 0.97 |
| Pears canned | 0.53 | 0.47 | 0.36 | 0.35 | 0.37 | 0.34 | 0.34 | 0.34 | 0.32 | 0.32 |
| Pineapples canned | 1.30 | 1.07 | 1.34 | 1.04 | 0.97 | 0.92 | 0.90 | 0.88 | 0.85 | 0.85 |
| Raspberries frozen | 0.30 | 0.20 | 0.33 | 0.38 | 0.30 | 0.33 | 0.38 | 0.37 | 0.40 | 0.49 |
| Strawberries canned | 0.03 | 0.00 | 0.03 | 0.05 | 0.05 | 0.08 | 0.07 | 0.07 | 0.08 | 0.11 |
| Strawberries frozen | 0.48 | 0.35 | 0.39 | 0.49 | 0.55 | 0.69 | 0.59 | 0.59 | 0.62 | 0.65 |
| Unspecified canned fruits | .. | .. | 1.21 | 1.18 | 1.61 | 1.80 | 1.98 | 1.81 | 1.94 | 2.05 |
| Unspecified dried fruits | 1.49 | 1.57 | 1.57 | 1.36 | 1.42 | 1.53 | 1.58 | 1.43 | 1.53 | 1.49 |
| Unspecified frozen fruits | 0.11 | 0.11 | 0.19 | 0.31 | 0.37 | 0.48 | 0.50 | 0.68 | 0.83 | 0.82 |
| Canned | 3.88 | 3.20 | 4.79 | 4.47 | 5.02 | 5.13 | 5.30 | 5.11 | 5.23 | 5.31 |
| Frozen | 1.23 | 1.17 | 1.48 | 1.73 | 1.94 | 2.21 | 2.20 | 2.42 | 2.65 | 2.80 |
| Dried | 1.50 | 1.59 | 1.62 | 1.41 | 1.47 | 1.59 | 1.64 | 1.48 | 1.60 | 1.56 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.
2. In retail weight unless otherwise specified.

Table 3-12
Food available by commodity — Vegetables fresh ^{1,2}

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|--|----------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| | kilograms per person | | | | | | | | | |
| Artichokes | 0.09 | 0.09 | 0.08 | 0.07 | 0.08 | 0.06 | 0.05 | 0.06 | 0.05 | 0.06 |
| Asparagus | 0.19 | 0.24 | 0.37 | 0.22 | 0.37 | 0.47 | 0.46 | 0.53 | 0.60 | 0.59 |
| Beans green and wax | 0.70 | 0.72 | 0.83 | 0.74 | 0.82 | 0.96 | 1.13 | 0.91 | 1.08 | 0.99 |
| Beets | 0.59 | 0.34 | 0.29 | 0.29 | 0.37 | 0.32 | 0.32 | 0.30 | 0.46 | 0.36 |
| Broccoli | 1.08 | 2.25 | 2.64 | 3.27 | 3.15 | 2.83 | 3.13 | 3.07 | 2.86 | 3.09 |
| Brussels sprouts | 0.14 | 0.20 | 0.15 | 0.17 | 0.17 | 0.14 | 0.16 | 0.13 | 0.14 | 0.15 |
| Chinese cabbage | .. | .. | 0.43 | 0.66 | 0.63 | 0.69 | 0.67 | 0.72 | 0.74 | 0.76 |
| Cabbage | 6.13 | 5.33 | 4.85 | 5.34 | 4.81 | 4.12 | 5.17 | 4.80 | 4.86 | 4.76 |
| Carrots | 7.62 | 8.09 | 8.21 | 8.72 | 8.67 | 8.34 | 6.37 | 7.34 | 7.00 | 7.35 |
| Cauliflower | 2.16 | 2.93 | 2.34 | 2.16 | 2.31 | 2.13 | 2.08 | 2.24 | 2.25 | 2.08 |
| Celery | 4.39 | 4.23 | 4.42 | 3.82 | 3.46 | 3.65 | 3.80 | 3.50 | 3.37 | 3.55 |
| Corn | 3.42 | 3.07 | 3.69 | 3.90 | 3.05 | 3.14 | 3.48 | 3.51 | 3.39 | 2.92 |
| Cucumbers | 2.23 | 2.95 | 2.88 | 3.23 | 4.16 | 3.08 | 3.41 | 3.96 | 5.23 | 5.03 |
| Other edible roots | 0.01 | 0.01 | 0.29 | 0.28 | 0.20 | 0.27 | 0.26 | 0.25 | 0.29 | 0.40 |
| Eggplants | 0.17 | 0.22 | 0.26 | 0.32 | 0.40 | 0.42 | 0.42 | 0.42 | 0.45 | 0.45 |
| Garlic | 0.12 | 0.11 | 0.18 | 0.34 | 0.36 | 0.36 | 0.37 | 0.35 | 0.34 | 0.45 |
| Kohlrabi | 0.00 | 0.01 | 0.08 | 0.11 | 0.16 | 0.22 | 0.19 | 0.19 | 0.21 | 0.24 |
| Leeks | 0.06 | 0.05 | 0.09 | 0.21 | 0.25 | 0.26 | 0.24 | 0.24 | 0.24 | 0.24 |
| Other leguminous vegetables | .. | .. | 0.03 | 0.03 | 0.02 | 0.01 | 0.01 | 0.00 | 0.01 | 0.00 |
| Lettuce | 9.36 | 9.91 | 10.40 | 9.37 | 11.15 | 11.45 | 10.97 | 11.06 | 10.57 | 10.09 |
| Manioc | 0.01 | 0.00 | 0.02 | 0.05 | 0.06 | 0.06 | 0.07 | 0.06 | 0.07 | 0.09 |
| Mushrooms | 0.96 | 1.29 | 1.51 | 1.43 | 1.67 | 1.41 | 1.33 | 1.29 | 1.38 | 1.37 |
| Okra | 0.02 | 0.03 | 0.04 | 0.05 | 0.08 | 0.08 | 0.10 | 0.09 | 0.10 | 0.10 |
| Olives | 0.02 | 0.02 | 0.02 | 0.02 | 0.02 | 0.02 | 0.02 | 0.02 | 0.02 | 0.01 |
| Onions and shallots | 6.84 | 7.41 | 6.47 | 8.33 | 8.50 | 7.54 | 7.30 | 8.34 | 8.65 | 8.68 |
| Parsley | 0.10 | 0.16 | 0.15 | 0.19 | 0.27 | 0.24 | 0.24 | 0.22 | 0.26 | 0.26 |
| Parsnips | 0.16 | 0.13 | 0.10 | 0.14 | 0.12 | 0.11 | 0.10 | 0.09 | 0.11 | 0.08 |
| Peas | 0.15 | 0.08 | 0.13 | 0.20 | 0.25 | 0.23 | 0.25 | 0.27 | 0.33 | 0.29 |
| Peppers | 1.65 | 2.34 | 2.53 | 3.21 | 3.26 | 3.36 | 3.55 | 3.93 | 4.17 | 3.71 |
| Potatoes sweet fresh | 0.46 | 0.40 | 0.28 | 0.42 | 0.61 | 0.67 | 0.75 | 0.75 | 0.78 | 0.72 |
| Potatoes white fresh and processed, fresh equivalent | 62.17 | 74.38 | 65.54 | 75.09 | 76.52 | 71.31 | 69.21 | 67.88 | 66.77 | 65.07 |
| Pumpkins and squash | 0.34 | 0.49 | 0.50 | 1.92 | 2.55 | 2.39 | 2.54 | 2.62 | 2.84 | 2.74 |
| Radishes | 0.53 | 0.52 | 0.53 | 0.55 | 0.50 | 0.63 | 0.55 | 0.49 | 0.57 | 0.56 |
| Rappini | 0.04 | 0.07 | 0.11 | 0.15 | 0.16 | 0.16 | 0.17 | 0.16 | 0.16 | 0.19 |
| Rutabagas and turnips | 2.72 | 2.18 | 2.02 | 1.97 | 1.41 | 1.21 | 1.15 | 1.46 | 1.00 | 1.24 |
| Spinach | 0.44 | 0.48 | 0.49 | 0.49 | 0.83 | 0.89 | 0.80 | 0.62 | 0.53 | 0.56 |
| Tomatoes | 6.76 | 7.32 | 6.22 | 7.37 | 8.43 | 7.42 | 7.35 | 7.22 | 7.64 | 8.17 |
| Unspecified fresh vegetables | 1.09 | 0.29 | 0.35 | 1.09 | 1.03 | 0.97 | 0.94 | 1.03 | 0.97 | 0.95 |
| Total fresh vegetables | 122.91 | 138.34 | 129.07 | 145.24 | 150.25 | 140.92 | 138.41 | 139.44 | 139.75 | 137.62 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

2. In retail weight unless otherwise specified.

Table 3-13
Food available by commodity — Vegetables processed 1,2

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|---------------------------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Asparagus canned | 0.16 | 0.15 | 0.13 | 0.16 | 0.18 | 0.17 | 0.16 | 0.16 | 0.16 | 0.15 |
| Beans green and wax canned | 1.42 | 0.99 | 0.85 | 1.04 | 1.16 | 1.12 | 1.12 | 1.11 | 1.08 | 1.07 |
| Beans green and wax frozen | 0.50 | 0.44 | 0.46 | 0.30 | 0.31 | 0.31 | 0.31 | 0.31 | 0.31 | 0.32 |
| Beets canned | 0.26 | 0.21 | 0.34 | 0.18 | 0.17 | 0.16 | 0.15 | 0.15 | 0.15 | 0.14 |
| Broccoli frozen | 0.27 | 0.15 | 0.30 | 0.52 | 0.71 | 0.67 | 0.74 | 0.70 | 0.65 | 0.68 |
| Brussels sprouts frozen | 0.21 | 0.18 | 0.08 | 0.06 | 0.08 | 0.06 | 0.07 | 0.07 | 0.08 | 0.10 |
| Carrots canned | 0.21 | 0.21 | 0.11 | 0.15 | 0.15 | 0.14 | 0.12 | 0.12 | 0.12 | 0.12 |
| Carrots frozen | 0.61 | 1.00 | 1.04 | 1.23 | 1.15 | 1.15 | 1.15 | 1.15 | 1.15 | 1.15 |
| Cauliflower frozen | 0.17 | 0.09 | 0.14 | 0.16 | 0.19 | 0.14 | 0.15 | 0.11 | 0.12 | 0.10 |
| Corn canned | 2.13 | 1.89 | 1.70 | 1.58 | 1.48 | 1.35 | 1.35 | 1.32 | 1.30 | 1.27 |
| Corn frozen | 0.62 | 0.85 | 0.84 | 1.03 | 0.99 | 0.95 | 0.94 | 0.94 | 0.93 | 0.92 |
| Lima beans frozen | 0.05 | 0.04 | 0.03 | 0.01 | 0.05 | 0.04 | 0.04 | 0.02 | 0.01 | 0.02 |
| Mushrooms canned | 1.26 | 1.46 | 1.16 | 0.88 | 0.72 | 0.67 | 0.66 | 0.63 | 0.65 | 0.58 |
| Peas canned | 1.47 | 1.23 | 0.79 | 0.76 | 0.70 | 0.63 | 0.62 | 0.62 | 0.61 | 0.59 |
| Peas frozen | 1.21 | 0.95 | 1.28 | 1.18 | 1.21 | 1.18 | 1.18 | 1.17 | 1.15 | 1.15 |
| Spinach frozen | 0.08 | 0.08 | 0.08 | 0.12 | 0.13 | 0.14 | 0.17 | 0.18 | 0.19 | 0.23 |
| Tomatoes canned | 3.39 | 3.03 | 3.16 | 3.65 | 3.73 | 3.73 | 3.73 | 3.71 | 3.78 | 3.75 |
| Tomatoes, pulp, paste and puree | 1.69 | 2.04 | 2.27 | 2.91 | 2.79 | 2.67 | 2.62 | 2.59 | 2.75 | 2.73 |
| Unspecified canned vegetables | 1.35 | 1.16 | 1.49 | 1.63 | 2.46 | 1.70 | 1.39 | 1.26 | 1.92 | 2.38 |
| Unspecified frozen vegetables | .. | .. | 0.70 | 0.82 | 1.07 | 1.07 | 1.04 | 1.03 | 0.97 | 1.02 |
| Canned | 13.34 | 12.36 | 12.00 | 12.94 | 13.52 | 12.33 | 11.93 | 11.68 | 12.52 | 12.80 |
| Frozen | 3.71 | 3.77 | 4.97 | 5.42 | 5.88 | 5.70 | 5.77 | 5.67 | 5.57 | 5.71 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.
2. In retail weight unless otherwise specified.

Table 4-1
Food available adjusted for losses by commodity — Cereal products 1

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|------------------------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Breakfast food | 2.52 | 3.05 | 2.79 | 3.56 | 3.62 | 3.79 | 3.84 | 3.98 | 3.97 | 4.05 |
| Corn flour and meal | 1.51 | 1.41 | 1.67 | 2.74 | 1.99 | 0.80 | 1.03 | 0.75 | 0.96 | 0.52 |
| Oatmeal and rolled oats | 0.80 | 0.85 | 0.88 | 1.51 | 1.31 | 1.78 | 1.61 | 1.56 | 1.39 | 1.52 |
| Pot and pearl barley | 0.08 | 0.05 | 0.03 | 0.06 | 0.03 | 0.02 | 0.05 | 0.05 | 0.05 | 0.05 |
| Rice | 2.34 | 3.03 | 3.84 | 4.04 | 4.30 | 4.19 | 5.05 | 4.96 | 5.18 | 5.21 |
| Rye flour | 0.31 | 0.23 | 0.23 | 0.21 | 0.23 | 0.22 | 0.22 | 0.19 | 0.18 | 0.19 |
| Wheat flour | 36.28 | 38.34 | 38.20 | 41.77 | 47.34 | 46.54 | 46.66 | 46.94 | 46.05 | 45.39 |
| Total cereal products | 43.84 | 46.96 | 47.63 | 53.90 | 58.82 | 57.33 | 58.46 | 58.43 | 57.79 | 56.92 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 4-2
Food available adjusted for losses by commodity — Sugars and syrups ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|--------------------------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Honey | 0.77 | 0.61 | 0.55 | 0.73 | 0.64 | 0.64 | 0.65 | 0.70 | 0.66 | 0.68 |
| Maple sugar | 0.24 | 0.07 | 0.10 | 0.13 | 0.12 | 0.13 | 0.14 | 0.11 | 0.13 | 0.11 |
| Sugar | 26.42 | 29.42 | 24.71 | 25.71 | 24.43 | 24.30 | 24.19 | 23.23 | 22.29 | 22.03 |
| Total sugars and syrups | 27.43 | 30.10 | 25.36 | 26.57 | 25.19 | 25.07 | 24.97 | 24.05 | 23.09 | 22.82 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 4-3
Food available adjusted for losses by commodity — Red meats (boneless weight) ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|----------------------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Beef | 17.59 | 16.67 | 13.95 | 13.31 | 13.01 | 13.69 | 13.06 | 12.72 | 12.60 | 12.95 |
| Mutton and lamb | 0.27 | 0.35 | 0.34 | 0.30 | 0.41 | 0.42 | 0.43 | 0.44 | 0.46 | 0.48 |
| Offal | 0.76 | 0.95 | 0.95 | 0.75 | 0.48 | 0.79 | 0.85 | 0.57 | 0.68 | 0.41 |
| Pork | 12.64 | 11.47 | 10.70 | 10.75 | 11.97 | 10.37 | 11.00 | 9.50 | 9.65 | 10.21 |
| Veal | 0.63 | 0.68 | 0.61 | 0.54 | 0.52 | 0.50 | 0.48 | 0.43 | 0.43 | 0.44 |
| Total red meats | 31.90 | 30.12 | 26.56 | 25.65 | 26.38 | 25.77 | 25.82 | 23.67 | 23.80 | 24.50 |
| Total beef and veal | 18.22 | 17.34 | 14.57 | 13.85 | 13.53 | 14.20 | 13.54 | 13.16 | 13.03 | 13.39 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 4-4
Food available adjusted for losses by commodity — Poultry (boneless weight) ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|--------------------------------------|----------------------|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Chicken | 6.24 | 7.11 | 7.47 | 8.41 | 10.24 | 10.33 | 10.44 | 10.53 | 10.64 | 10.63 |
| Stewing hen | 0.49 | 0.38 | 0.52 | 0.59 | 0.59 | 0.48 | 0.54 | 0.48 | 0.51 | 0.53 |
| Turkey | 2.03 | 2.06 | 2.27 | 2.06 | 2.11 | 2.18 | 2.19 | 2.24 | 2.22 | 2.24 |
| Total poultry | 8.77 | 9.54 | 10.25 | 11.05 | 12.94 | 12.99 | 13.17 | 13.25 | 13.36 | 13.40 |
| Total chicken and stewing hen | 6.73 | 7.49 | 7.98 | 9.00 | 10.83 | 10.81 | 10.98 | 11.01 | 11.15 | 11.16 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 4-5
Food available adjusted for losses by commodity — Fish (edible weight) ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|---------------------------|----------------------|-----------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| | kilograms per person | | | | | | | | | |
| Fresh and frozen sea fish | .. | .. | 2.67 | 2.80 | 2.74 | 2.76 | 2.58 | 2.52 | 2.59 | 2.71 |
| Freshwater fish | .. | .. | 0.13 | 0.19 | 0.29 | 0.33 | 0.31 | 0.29 | 0.31 | 0.34 |
| Processed sea fish | .. | .. | 2.23 | 1.67 | 2.25 | 2.38 | 2.32 | 2.45 | 2.44 | 2.45 |
| Shellfish | .. | .. | 0.94 | 1.03 | 1.32 | 1.27 | 1.20 | 1.19 | 1.14 | 1.04 |
| Total fish | .. | .. | 5.97 | 5.69 | 6.60 | 6.73 | 6.41 | 6.45 | 6.49 | 6.55 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 4-6
Food available adjusted for losses by commodity — Pulses and nuts ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|------------------------------|----------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| | kilograms per person | | | | | | | | | |
| Baked and canned beans | 1.96 | 1.95 | 1.31 | 1.21 | 1.20 | 1.14 | 1.14 | 1.09 | 1.08 | 1.06 |
| Dry beans | 0.52 | 0.63 | 0.64 | 1.13 | 1.78 | 1.95 | 2.02 | 2.07 | 2.03 | 2.08 |
| Peanuts | 2.40 | 2.49 | 2.32 | 2.73 | 2.26 | 2.27 | 2.44 | 2.43 | 2.45 | 2.47 |
| Dry peas | 0.94 | 1.00 | 0.98 | 1.16 | 1.20 | 1.20 | 1.21 | 1.21 | 1.21 | 1.22 |
| Tree nuts | 1.10 | 1.28 | 1.09 | 0.80 | 1.35 | 1.21 | 1.26 | 1.13 | 1.20 | 1.39 |
| Total pulses and nuts | 6.93 | 7.36 | 6.35 | 7.03 | 7.79 | 7.78 | 8.07 | 7.93 | 7.98 | 8.21 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 4-7
Food available adjusted for losses by commodity — Oils and fats ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|--------------------------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Butter | 3.43 | 3.01 | 2.37 | 2.26 | 2.22 | 2.28 | 2.39 | 2.20 | 2.13 | 2.04 |
| Margarine | 4.82 | 4.71 | 4.39 | 4.21 | 3.87 | 3.56 | 3.40 | 3.26 | 3.12 | 3.08 |
| Salad oils | 2.37 | 3.38 | 3.68 | 6.07 | 8.20 | 7.86 | 7.93 | 7.88 | 7.81 | 7.69 |
| Shortening and shortening oils | 5.52 | 5.13 | 6.34 | 7.15 | 6.87 | 6.50 | 5.88 | 5.95 | 5.52 | 5.43 |
| Total oils and fats | 16.14 | 16.23 | 16.77 | 19.70 | 21.16 | 20.19 | 19.59 | 19.29 | 18.59 | 18.23 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 4-8
Food available adjusted for losses by commodity — Dairy products and eggs ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|--|-----------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person ² | | | | | | | | | |
| Cheddar cheese | 2.01 | 2.14 | 2.55 | 2.51 | 2.56 | 2.56 | 2.52 | 2.66 | 2.77 | 2.82 |
| Cheese cottage | 0.89 | 0.88 | 0.73 | 0.54 | 0.55 | 0.55 | 0.58 | 0.60 | 0.60 | 0.64 |
| Cheese processed | 2.38 | 2.13 | 2.26 | 2.11 | 2.02 | 1.82 | 1.92 | 1.84 | 1.87 | 1.83 |
| Cheese variety | 2.48 | 3.57 | 4.34 | 4.63 | 5.13 | 5.23 | 5.48 | 5.36 | 5.36 | 5.48 |
| Cream cereal 10%, litres | 1.93 | 2.05 | 1.98 | 2.03 | 2.07 | 2.14 | 2.26 | 2.18 | 2.14 | 2.13 |
| Cream sour, litres | 0.34 | 0.53 | 0.70 | 0.66 | 0.96 | 0.95 | 0.95 | 0.93 | 0.98 | 1.03 |
| Cream table 18%, litres | 0.19 | 0.27 | 0.35 | 0.56 | 1.27 | 1.67 | 1.80 | 1.95 | 2.10 | 2.19 |
| Cream whipping 32% or 35%, litres | 0.47 | 0.63 | 0.58 | 0.61 | 0.72 | 0.83 | 0.79 | 0.81 | 0.82 | 0.85 |
| Ice cream, litres | 8.85 | 8.58 | 7.50 | 7.65 | 6.49 | 6.17 | 5.91 | 6.22 | 5.82 | 5.67 |
| Ice milk, litres | 0.72 | 0.89 | 0.87 | 1.38 | 1.57 | 1.45 | 1.38 | 1.29 | 1.19 | 1.12 |
| Milk buttermilk, litres | 0.40 | 0.37 | 0.33 | 0.28 | 0.27 | 0.30 | 0.31 | 0.30 | 0.30 | 0.32 |
| Milk chocolate drink, litres | 2.74 | 2.47 | 2.41 | 2.78 | 3.43 | 3.57 | 3.79 | 3.85 | 3.87 | 4.00 |
| Milk concentrated skim, litres | 1.00 | 0.45 | 0.77 | 0.43 | 0.18 | 0.21 | 0.26 | 0.23 | 0.25 | 0.25 |
| Milk concentrated whole, litres | 1.51 | 1.42 | 0.99 | 0.75 | 0.55 | 0.24 | 0.39 | 0.50 | 0.49 | 0.52 |
| Milk other whole products | 0.10 | 0.20 | 0.26 | 0.34 | 0.71 | 0.78 | 0.93 | 0.88 | 0.73 | 0.79 |
| Milk partly skimmed 1%, litres | .. | .. | 6.00 | 10.88 | 12.12 | 12.28 | 12.59 | 12.56 | 12.72 | 12.88 |
| Milk partly skimmed 2%, litres | 38.85 | 43.28 | 39.29 | 33.15 | 29.43 | 28.36 | 28.19 | 27.27 | 27.00 | 26.77 |
| Milk skim, litres | 2.37 | 3.34 | 4.49 | 5.46 | 6.14 | 6.01 | 6.07 | 6.15 | 6.12 | 6.19 |
| Milk standard 3.25%, litres | 27.50 | 20.88 | 14.04 | 10.84 | 9.88 | 9.46 | 9.20 | 8.86 | 8.68 | 8.42 |
| Milk sweetened concentrated skim, litres | 0.03 | 0.06 | 0.02 | 0.12 | 0.05 | 0.05 | 0.05 | 0.05 | 0.07 | 0.04 |
| Milkshake, litres | 0.69 | 0.73 | 0.49 | 0.42 | 0.34 | 0.17 | 0.13 | 0.13 | 0.16 | 0.19 |
| Powder buttermilk | 0.11 | 0.08 | 0.11 | 0.13 | 0.14 | 0.10 | 0.08 | 0.11 | 0.07 | 0.07 |
| Powder skim milk | 1.29 | 1.20 | 0.55 | 0.80 | 0.78 | 0.92 | 0.77 | 0.72 | 0.77 | 0.86 |
| Powder whey | 0.85 | 0.51 | 0.62 | 0.78 | 0.70 | 0.26 | 0.22 | 0.21 | 0.24 | 0.18 |
| Sherbet, litres | 0.08 | 0.07 | 0.09 | 0.12 | 0.25 | 0.13 | 0.20 | 0.13 | 0.12 | 0.11 |
| Yogurt, litres | 1.16 | 1.90 | 2.11 | 2.23 | 3.44 | 4.12 | 4.44 | 4.75 | 4.91 | 5.03 |
| Fluid milk, litres | 71.87 | 70.34 | 66.55 | 63.40 | 61.27 | 59.97 | 60.15 | 58.99 | 58.68 | 58.58 |
| Total cheeses | 6.86 | 7.84 | 9.15 | 9.25 | 9.71 | 9.60 | 9.93 | 9.87 | 10.01 | 10.12 |
| Total creams, litres | 2.94 | 3.48 | 3.59 | 3.86 | 5.02 | 5.59 | 5.80 | 5.88 | 6.04 | 6.20 |
| Other dairy products | 16.94 | 17.17 | 15.74 | 16.10 | 17.75 | 17.99 | 18.56 | 19.08 | 19.08 | 19.42 |
| Total dairy products ³ | 17.64 | 17.56 | 17.02 | 17.02 | 17.31 | 16.82 | 17.02 | 16.88 | 16.83 | 17.00 |
| Eggs ⁴ | 9.84 | 8.90 | 8.09 | 8.06 | 8.53 | 8.33 | 7.99 | 8.19 | 8.20 | 7.82 |
| Eggs (dozens per year) ⁴ | 14.46 | 13.08 | 11.89 | 11.84 | 12.54 | 12.24 | 11.75 | 12.04 | 12.06 | 11.49 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

2. Unless otherwise specified.

3. In milk solid equivalent.

4. In fresh equivalent weight.

Table 4-9
Food available adjusted for losses by commodity — Beverages and juices ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|---|-------------------|---------------|---------------|---------------|---------------|--------------|--------------|--------------|--------------|--------------|
| | litres per person | | | | | | | | | |
| Ale, beer, stout and porter | 99.69 | 92.69 | 84.79 | 78.11 | 78.20 | 77.40 | 76.14 | 77.28 | 76.73 | 77.05 |
| Bottled water | .. | .. | .. | 16.63 | 25.09 | .. | .. | .. | .. | .. |
| Coffee | 86.13 | 76.99 | 82.30 | 82.42 | 86.02 | 88.97 | 89.35 | 86.24 | 85.38 | 87.65 |
| Distilled spirits | 9.44 | 7.18 | 5.67 | 5.07 | 6.68 | 7.03 | 6.91 | 7.02 | 7.02 | 7.08 |
| Soft drinks | 57.23 | 67.77 | 85.59 | 93.81 | 96.08 | 93.37 | 90.02 | 87.02 | 84.70 | 80.41 |
| Tea | 57.81 | 50.28 | 35.64 | 41.37 | 61.74 | 62.09 | 63.09 | 56.69 | 52.04 | 58.85 |
| Wines | 10.68 | 11.30 | 9.58 | 9.85 | 11.60 | 12.22 | 12.55 | 13.11 | 13.83 | 14.58 |
| Apple juice | 6.14 | 7.73 | 7.03 | 5.90 | 5.80 | 5.90 | 5.92 | 6.07 | 6.02 | 5.95 |
| Grape juice | 0.73 | 1.47 | 1.55 | 3.77 | 2.43 | 3.31 | 2.82 | 2.53 | 2.83 | 3.01 |
| Grapefruit juice | 1.30 | 0.71 | 0.76 | 0.86 | 0.64 | 0.92 | 1.02 | 0.78 | 0.60 | 0.36 |
| Lemon juice | 0.23 | 0.22 | 0.29 | 0.34 | 0.32 | 0.47 | 0.47 | 0.47 | 0.52 | 0.58 |
| Orange juice | 10.79 | 9.92 | 6.76 | 11.51 | 11.49 | 11.42 | 11.73 | 11.63 | 11.45 | 11.84 |
| Pineapple juice | 0.49 | 0.25 | 0.65 | 0.57 | 0.81 | 0.59 | 0.65 | 0.77 | 0.76 | 0.92 |
| Tomato juice | 3.06 | 2.34 | 1.73 | 1.30 | 1.25 | 1.24 | 1.14 | 1.16 | 1.13 | 1.13 |
| Total juices | 22.75 | 22.63 | 18.78 | 24.24 | 22.75 | 23.84 | 23.76 | 23.41 | 23.31 | 23.77 |
| Fruit juice | 19.68 | 20.29 | 17.05 | 22.94 | 21.50 | 22.61 | 22.62 | 22.25 | 22.18 | 22.65 |
| Vegetable juice | 3.06 | 2.34 | 1.73 | 1.30 | 1.25 | 1.24 | 1.14 | 1.16 | 1.13 | 1.13 |
| Total beverages and juices | 318.31 | 306.39 | 303.13 | 333.87 | 371.12 | .. | .. | .. | .. | .. |
| Alcoholic beverages, population over 15 years of age | 119.81 | 111.17 | 100.04 | 93.03 | 96.47 | 96.64 | 95.61 | 97.41 | 97.59 | 98.72 |
| Non-alcoholic beverages (includes juices) | 225.21 | 218.58 | 223.75 | 259.64 | 292.85 | .. | .. | .. | .. | .. |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 4-10
Food available adjusted for losses by commodity — Fruits fresh ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|---------------------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Apples | 8.26 | 6.93 | 7.67 | 7.74 | 7.39 | 6.90 | 6.50 | 7.21 | 6.50 | 6.58 |
| Apricots | 0.05 | 0.07 | 0.07 | 0.08 | 0.11 | 0.11 | 0.11 | 0.10 | 0.07 | 0.11 |
| Avocados | 0.15 | 0.12 | 0.11 | 0.18 | 0.20 | 0.25 | 0.30 | 0.28 | 0.34 | 0.35 |
| Bananas | 4.80 | 5.27 | 5.80 | 6.31 | 5.98 | 6.11 | 6.33 | 6.37 | 6.42 | 6.54 |
| Berries other | 0.01 | 0.04 | 0.05 | 0.06 | 0.15 | 0.22 | 0.20 | 0.18 | 0.26 | 0.36 |
| Blueberries | 0.20 | 0.15 | 0.25 | 0.16 | 0.26 | 0.35 | 0.38 | 0.53 | 0.48 | 0.64 |
| Cherries | 0.25 | 0.19 | 0.20 | 0.18 | 0.30 | 0.37 | 0.31 | 0.32 | 0.44 | 0.52 |
| Other citrus | .. | .. | 0.02 | 0.01 | 0.02 | 0.02 | 0.03 | 0.06 | 0.05 | 0.03 |
| Coconut | 0.19 | 0.20 | 0.26 | 0.20 | 0.23 | 0.25 | 0.23 | 0.25 | 0.25 | 0.25 |
| Cranberries | 0.28 | 0.30 | 0.43 | 0.33 | 0.26 | 0.39 | 0.49 | 0.58 | 0.63 | 0.47 |
| Dates | 0.94 | 0.72 | 0.79 | 0.57 | 0.40 | 0.57 | 0.69 | 0.81 | 0.95 | 0.98 |
| Figs | 0.26 | 0.25 | 0.26 | 0.23 | 0.26 | 0.26 | 0.29 | 0.33 | 0.34 | 0.26 |
| Grapefruits | 1.11 | 1.02 | 0.97 | 0.83 | 0.59 | 0.55 | 0.54 | 0.48 | 0.50 | 0.57 |
| Grapes | 3.28 | 3.76 | 3.71 | 2.84 | 2.87 | 3.31 | 3.25 | 3.53 | 3.30 | 3.46 |
| Guavas, mangoes | .. | .. | 0.22 | 0.33 | 0.46 | 0.53 | 0.59 | 0.52 | 0.58 | 0.64 |
| Kiwis | .. | .. | 0.23 | 0.35 | 0.28 | 0.22 | 0.29 | 0.32 | 0.33 | 0.36 |
| Lemons | 0.31 | 0.36 | 0.33 | 0.35 | 0.43 | 0.46 | 0.44 | 0.45 | 0.46 | 0.44 |
| Limes | 0.06 | 0.08 | 0.11 | 0.13 | 0.21 | 0.22 | 0.24 | 0.25 | 0.27 | 0.30 |
| Mandarins | .. | .. | 1.06 | 1.28 | 1.27 | 1.38 | 1.39 | 1.57 | 1.62 | 1.75 |
| Muskmelons, cantaloups | 0.43 | 0.65 | 0.51 | 0.82 | 0.93 | 1.05 | 1.02 | 1.11 | 1.09 | 1.13 |
| Other melons | 0.06 | 0.06 | 0.05 | 0.12 | 0.10 | 0.09 | 0.12 | 0.15 | 0.19 | 0.16 |
| Melons total | 1.57 | 2.06 | 1.44 | 2.78 | 3.09 | 3.71 | 3.97 | 3.82 | 3.99 | 4.01 |
| Nectarines | 0.37 | 0.42 | 0.44 | 0.44 | 0.49 | 0.53 | 0.50 | 0.45 | 0.38 | 0.41 |
| Oranges | 6.06 | 5.48 | 3.80 | 4.75 | 4.47 | 4.99 | 4.80 | 5.09 | 4.88 | 4.42 |
| Papayas | .. | .. | 0.04 | 0.06 | 0.08 | 0.08 | 0.14 | 0.16 | 0.16 | 0.19 |
| Peaches | 0.81 | 0.73 | 0.75 | 0.67 | 0.59 | 0.62 | 0.59 | 0.54 | 0.61 | 0.67 |
| Pears | 1.24 | 1.25 | 1.34 | 1.40 | 1.59 | 1.64 | 1.45 | 1.44 | 1.56 | 1.59 |
| Pineapples | 0.16 | 0.18 | 0.21 | 0.21 | 0.55 | 0.68 | 0.77 | 0.90 | 1.11 | 1.08 |
| Plums | 0.79 | 0.71 | 0.70 | 0.64 | 0.64 | 0.63 | 0.55 | 0.60 | 0.53 | 0.56 |
| Quinces | .. | .. | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Strawberries | 0.96 | 1.10 | 1.30 | 1.34 | 1.33 | 1.55 | 1.62 | 1.80 | 2.02 | 2.02 |
| Unspecified fresh fruits | 0.22 | 0.54 | 0.23 | 0.28 | 0.36 | 0.33 | 0.34 | 0.27 | 0.29 | 0.36 |
| Watermelons | 0.88 | 1.03 | 0.56 | 1.39 | 1.31 | 2.03 | 2.25 | 1.93 | 2.07 | 2.10 |
| Wintermelons | 0.21 | 0.32 | 0.33 | 0.45 | 0.75 | 0.55 | 0.58 | 0.63 | 0.64 | 0.63 |
| Total fresh fruits | 32.33 | 31.92 | 31.74 | 33.49 | 33.60 | 35.87 | 35.91 | 37.62 | 37.70 | 38.18 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 4-11
Food available adjusted for losses by commodity — Fruits processed ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|---------------------------|----------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| | kilograms per person | | | | | | | | | |
| Apple pie filling | 0.11 | 0.04 | 0.28 | 0.12 | 0.10 | 0.08 | 0.08 | 0.08 | 0.08 | 0.08 |
| Apple sauce | 0.43 | 0.38 | 0.46 | 0.52 | 0.44 | 0.42 | 0.43 | 0.42 | 0.42 | 0.41 |
| Apples canned | 0.08 | 0.01 | 0.04 | 0.04 | 0.22 | 0.26 | 0.29 | 0.29 | 0.34 | 0.32 |
| Apples dried | 0.01 | 0.02 | 0.04 | 0.04 | 0.05 | 0.05 | 0.05 | 0.04 | 0.05 | 0.06 |
| Apples frozen | 0.03 | 0.09 | 0.04 | 0.06 | 0.06 | 0.04 | 0.04 | 0.04 | 0.04 | 0.04 |
| Apricots canned | 0.11 | 0.06 | 0.03 | 0.04 | 0.03 | 0.04 | 0.04 | 0.05 | 0.04 | 0.03 |
| Blueberries canned | 0.01 | 0.01 | 0.02 | 0.00 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 |
| Blueberries frozen | 0.09 | 0.19 | 0.18 | 0.28 | 0.38 | 0.39 | 0.40 | 0.42 | 0.47 | 0.50 |
| Cherries frozen | 0.16 | 0.15 | 0.27 | 0.12 | 0.18 | 0.17 | 0.18 | 0.20 | 0.17 | 0.17 |
| Peaches canned | 0.96 | 0.89 | 0.73 | 0.84 | 0.91 | 0.88 | 0.85 | 0.84 | 0.82 | 0.82 |
| Pears canned | 0.45 | 0.40 | 0.31 | 0.30 | 0.31 | 0.29 | 0.29 | 0.28 | 0.27 | 0.27 |
| Pineapples canned | 1.10 | 0.91 | 1.13 | 0.88 | 0.82 | 0.78 | 0.77 | 0.75 | 0.72 | 0.72 |
| Raspberries frozen | 0.26 | 0.16 | 0.28 | 0.32 | 0.25 | 0.28 | 0.32 | 0.31 | 0.34 | 0.41 |
| Strawberries canned | 0.03 | 0.00 | 0.02 | 0.04 | 0.05 | 0.07 | 0.06 | 0.06 | 0.07 | 0.09 |
| Strawberries frozen | 0.41 | 0.30 | 0.33 | 0.41 | 0.46 | 0.59 | 0.50 | 0.50 | 0.52 | 0.55 |
| Unspecified canned fruits | .. | .. | 1.02 | 1.00 | 1.36 | 1.52 | 1.67 | 1.54 | 1.64 | 1.73 |
| Unspecified dried fruits | 1.26 | 1.33 | 1.33 | 1.15 | 1.20 | 1.29 | 1.34 | 1.21 | 1.30 | 1.26 |
| Unspecified frozen fruits | 0.09 | 0.09 | 0.16 | 0.27 | 0.31 | 0.40 | 0.42 | 0.58 | 0.70 | 0.69 |
| Canned | 3.28 | 2.71 | 4.05 | 3.78 | 4.25 | 4.34 | 4.48 | 4.32 | 4.42 | 4.50 |
| Frozen | 1.04 | 0.99 | 1.25 | 1.46 | 1.64 | 1.87 | 1.86 | 2.05 | 2.25 | 2.37 |
| Dried | 1.27 | 1.35 | 1.37 | 1.19 | 1.25 | 1.34 | 1.39 | 1.25 | 1.35 | 1.32 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 4-12
Food available adjusted for losses by commodity — Vegetables fresh ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|------------------------------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Artichokes | 0.02 | 0.03 | 0.02 | 0.02 | 0.02 | 0.02 | 0.01 | 0.02 | 0.01 | 0.02 |
| Asparagus | 0.07 | 0.09 | 0.14 | 0.08 | 0.14 | 0.17 | 0.17 | 0.20 | 0.22 | 0.22 |
| Beans green and wax | 0.42 | 0.44 | 0.50 | 0.45 | 0.49 | 0.58 | 0.68 | 0.55 | 0.65 | 0.60 |
| Beets | 0.37 | 0.21 | 0.18 | 0.18 | 0.23 | 0.20 | 0.20 | 0.19 | 0.29 | 0.23 |
| Broccoli | 0.47 | 0.97 | 1.13 | 1.40 | 1.35 | 1.22 | 1.34 | 1.32 | 1.23 | 1.33 |
| Brussels sprouts | 0.09 | 0.12 | 0.10 | 0.11 | 0.11 | 0.09 | 0.10 | 0.08 | 0.09 | 0.10 |
| Chinese cabbage | .. | .. | 0.24 | 0.37 | 0.35 | 0.39 | 0.38 | 0.40 | 0.42 | 0.43 |
| Cabbage | 3.45 | 3.00 | 2.73 | 3.01 | 2.71 | 2.32 | 2.91 | 2.70 | 2.74 | 2.68 |
| Carrots | 4.77 | 5.07 | 5.14 | 5.46 | 5.43 | 5.22 | 3.99 | 4.60 | 4.39 | 4.61 |
| Cauliflower | 0.59 | 0.80 | 0.64 | 0.59 | 0.64 | 0.59 | 0.57 | 0.62 | 0.62 | 0.57 |
| Celery | 2.75 | 2.65 | 2.77 | 2.39 | 2.17 | 2.29 | 2.38 | 2.19 | 2.11 | 2.23 |
| Corn | 0.74 | 0.66 | 0.79 | 0.84 | 0.66 | 0.68 | 0.75 | 0.76 | 0.73 | 0.63 |
| Cucumbers | 1.15 | 1.52 | 1.48 | 1.66 | 2.14 | 1.58 | 1.75 | 2.04 | 2.69 | 2.58 |
| Other edible roots | 0.00 | 0.00 | 0.16 | 0.15 | 0.11 | 0.15 | 0.14 | 0.13 | 0.16 | 0.22 |
| Eggplants | 0.09 | 0.12 | 0.14 | 0.17 | 0.21 | 0.22 | 0.22 | 0.22 | 0.23 | 0.23 |
| Garlic | 0.07 | 0.07 | 0.11 | 0.21 | 0.22 | 0.22 | 0.23 | 0.21 | 0.21 | 0.28 |
| Kohlrabi | .. | 0.01 | 0.04 | 0.06 | 0.09 | 0.12 | 0.10 | 0.11 | 0.11 | 0.13 |
| Leeks | 0.03 | 0.03 | 0.05 | 0.11 | 0.13 | 0.13 | 0.12 | 0.12 | 0.13 | 0.13 |
| Other leguminous vegetables | .. | .. | 0.02 | 0.02 | 0.01 | 0.01 | 0.01 | 0.00 | 0.00 | 0.00 |
| Lettuce | 5.37 | 5.69 | 5.96 | 5.38 | 6.40 | 6.57 | 6.29 | 6.35 | 6.07 | 5.79 |
| Manioc | .. | .. | 0.01 | 0.03 | 0.03 | 0.03 | 0.04 | 0.03 | 0.04 | 0.05 |
| Mushrooms | 0.65 | 0.88 | 1.03 | 0.98 | 1.14 | 0.96 | 0.91 | 0.88 | 0.94 | 0.94 |
| Okra | 0.01 | 0.02 | 0.03 | 0.03 | 0.05 | 0.05 | 0.06 | 0.06 | 0.06 | 0.06 |
| Olives | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 | 0.01 |
| Onions and shallots | 3.52 | 3.81 | 3.33 | 4.29 | 4.37 | 3.88 | 3.76 | 4.29 | 4.45 | 4.47 |
| Parsley | 0.05 | 0.08 | 0.08 | 0.10 | 0.14 | 0.12 | 0.12 | 0.11 | 0.13 | 0.13 |
| Parsnips | 0.10 | 0.08 | 0.06 | 0.09 | 0.08 | 0.07 | 0.06 | 0.06 | 0.07 | 0.05 |
| Peas | 0.09 | 0.05 | 0.08 | 0.12 | 0.15 | 0.14 | 0.15 | 0.16 | 0.20 | 0.17 |
| Peppers | 0.95 | 1.35 | 1.46 | 1.85 | 1.88 | 1.94 | 2.05 | 2.27 | 2.41 | 2.14 |
| Potatoes sweet fresh | 0.21 | 0.18 | 0.13 | 0.19 | 0.28 | 0.30 | 0.34 | 0.34 | 0.35 | 0.33 |
| Potatoes white fresh and processed | 29.49 | 35.28 | 29.92 | 33.77 | 33.80 | 30.93 | 29.94 | 29.44 | 28.96 | 28.22 |
| Pumpkins and squash | 0.17 | 0.25 | 0.25 | 0.96 | 1.28 | 1.20 | 1.27 | 1.31 | 1.42 | 1.37 |
| Radishes | 0.34 | 0.33 | 0.33 | 0.35 | 0.31 | 0.40 | 0.35 | 0.31 | 0.36 | 0.35 |
| Rappini | 0.02 | 0.04 | 0.06 | 0.07 | 0.08 | 0.08 | 0.08 | 0.08 | 0.08 | 0.10 |
| Rutabagas and turnips | 1.29 | 1.03 | 0.96 | 0.94 | 0.67 | 0.58 | 0.54 | 0.69 | 0.47 | 0.59 |
| Spinach | 0.22 | 0.24 | 0.25 | 0.25 | 0.42 | 0.45 | 0.41 | 0.31 | 0.27 | 0.29 |
| Tomatoes | 4.33 | 4.69 | 3.98 | 4.72 | 5.40 | 4.75 | 4.71 | 4.63 | 4.89 | 5.24 |
| Unspecified fresh vegetables | 0.77 | 0.20 | 0.25 | 0.77 | 0.72 | 0.63 | 0.66 | 0.72 | 0.68 | 0.66 |
| Total fresh vegetables | 62.69 | 69.99 | 64.32 | 71.78 | 74.08 | 68.88 | 67.44 | 68.12 | 68.48 | 67.72 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 4-13
Food available adjusted for losses by commodity — Vegetables processed ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|---------------------------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------|--------------|--------------|
| | kilograms per person | | | | | | | | | |
| Asparagus canned | 0.14 | 0.13 | 0.11 | 0.14 | 0.15 | 0.14 | 0.14 | 0.14 | 0.14 | 0.13 |
| Beans green and wax canned | 1.20 | 0.83 | 0.72 | 0.88 | 0.98 | 0.95 | 0.95 | 0.94 | 0.92 | 0.90 |
| Beans green and wax frozen | 0.37 | 0.33 | 0.35 | 0.23 | 0.23 | 0.23 | 0.23 | 0.24 | 0.24 | 0.24 |
| Beets canned | 0.22 | 0.18 | 0.29 | 0.15 | 0.14 | 0.13 | 0.13 | 0.13 | 0.12 | 0.12 |
| Broccoli frozen | 0.21 | 0.12 | 0.24 | 0.41 | 0.56 | 0.53 | 0.58 | 0.55 | 0.52 | 0.54 |
| Brussels sprouts frozen | 0.16 | 0.14 | 0.07 | 0.05 | 0.06 | 0.04 | 0.05 | 0.06 | 0.06 | 0.08 |
| Carrots canned | 0.17 | 0.17 | 0.09 | 0.13 | 0.13 | 0.11 | 0.10 | 0.10 | 0.10 | 0.11 |
| Carrots frozen | 0.51 | 0.83 | 0.86 | 1.02 | 0.95 | 0.95 | 0.95 | 0.95 | 0.95 | 0.95 |
| Cauliflower frozen | 0.14 | 0.07 | 0.12 | 0.13 | 0.15 | 0.11 | 0.12 | 0.09 | 0.10 | 0.08 |
| Corn canned | 1.80 | 1.60 | 1.44 | 1.33 | 1.25 | 1.14 | 1.14 | 1.12 | 1.10 | 1.07 |
| Corn frozen | 0.50 | 0.68 | 0.68 | 0.83 | 0.80 | 0.77 | 0.76 | 0.76 | 0.75 | 0.74 |
| Lima beans frozen | 0.03 | 0.02 | 0.02 | 0.01 | 0.03 | 0.02 | 0.02 | 0.01 | 0.01 | 0.01 |
| Mushrooms canned | 1.07 | 1.23 | 0.98 | 0.74 | 0.61 | 0.56 | 0.56 | 0.54 | 0.55 | 0.49 |
| Peas canned | 1.24 | 1.04 | 0.67 | 0.65 | 0.59 | 0.54 | 0.53 | 0.53 | 0.52 | 0.50 |
| Peas frozen | 0.94 | 0.74 | 1.00 | 0.92 | 0.94 | 0.92 | 0.92 | 0.91 | 0.90 | 0.90 |
| Spinach frozen | 0.06 | 0.06 | 0.06 | 0.08 | 0.10 | 0.10 | 0.12 | 0.13 | 0.14 | 0.17 |
| Tomatoes canned | 2.86 | 2.56 | 2.68 | 3.09 | 3.16 | 3.16 | 3.16 | 3.14 | 3.20 | 3.18 |
| Tomatoes, pulp, paste and puree | 1.43 | 1.73 | 1.92 | 2.46 | 2.36 | 2.26 | 2.22 | 2.19 | 2.33 | 2.31 |
| Unspecified canned vegetables | 1.15 | 0.98 | 1.26 | 1.38 | 2.08 | 1.44 | 1.18 | 1.07 | 1.62 | 2.01 |
| Unspecified frozen vegetables | .. | .. | 0.50 | 0.59 | 0.77 | 0.77 | 0.75 | 0.74 | 0.70 | 0.74 |
| Canned | 11.28 | 10.46 | 10.15 | 10.95 | 11.44 | 10.43 | 10.10 | 9.88 | 10.59 | 10.83 |
| Frozen | 2.93 | 3.00 | 3.90 | 4.27 | 4.60 | 4.46 | 4.51 | 4.43 | 4.36 | 4.46 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Table 5
Total nutrients available from the Canadian food supply ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|---------------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| Energy (kilocalories) | 3,089.76 | 3,190.05 | 3,121.99 | 3,384.84 | 3,568.26 | 3,495.11 | 3,485.50 | 3,440.16 | 3,397.07 | 3,384.14 |
| Carbohydrates (grams) | 374.84 | 399.81 | 384.83 | 419.60 | 431.44 | 423.87 | 425.03 | 420.86 | 414.61 | 410.15 |
| Proteins (grams) | 100.01 | 100.61 | 97.64 | 101.29 | 107.94 | 106.27 | 106.63 | 104.46 | 104.49 | 105.38 |
| Fat (grams) | 123.06 | 124.32 | 125.17 | 138.46 | 149.06 | 144.72 | 142.99 | 140.52 | 138.29 | 138.21 |
| Fatty acids, mono-unsaturated (grams) | 57.19 | 57.45 | 59.62 | 66.97 | 71.44 | 68.84 | 67.18 | 66.18 | 64.63 | 64.50 |
| Fatty acids, poly-unsaturated (grams) | 18.07 | 19.55 | 20.23 | 24.90 | 28.50 | 27.39 | 27.21 | 26.89 | 26.50 | 26.31 |
| Fatty acids, saturated (grams) | 39.12 | 38.56 | 36.92 | 37.59 | 39.40 | 38.91 | 39.03 | 38.08 | 37.83 | 38.01 |
| Cholesterol (milligrams) | 399.52 | 383.71 | 358.91 | 353.57 | 374.84 | 371.74 | 369.38 | 362.22 | 363.55 | 360.48 |
| Vitamin A (retinol equivalent) | 1,464.37 | 1,535.97 | 1,515.37 | 1,571.07 | 1,572.99 | 1,568.32 | 1,436.90 | 1,455.46 | 1,451.82 | 1,450.73 |
| Vitamine B | | | | | | | | | | |
| Thiamin (milligrams) | 3.40 | 3.19 | 2.89 | 3.46 | 3.40 | 3.25 | 3.47 | 3.41 | 3.44 | 3.45 |
| Riboflavin (milligrams) | 2.62 | 2.62 | 2.52 | 2.62 | 2.77 | 2.71 | 2.71 | 2.68 | 2.67 | 2.67 |
| Niacin (niacin equivalent) | 48.76 | 49.71 | 48.30 | 50.69 | 54.56 | 53.61 | 53.78 | 52.85 | 52.78 | 53.06 |
| Folate (micrograms) | 269.01 | 275.06 | 262.34 | 292.49 | 312.05 | 308.86 | 311.51 | 310.60 | 310.04 | 308.52 |
| Vitamin B-6 (milligrams) | 2.34 | 2.40 | 2.28 | 2.43 | 2.53 | 2.46 | 2.46 | 2.41 | 2.42 | 2.44 |
| Vitamin B-12 (micrograms) | 7.41 | 7.36 | 6.87 | 6.53 | 6.54 | 6.84 | 6.73 | 6.39 | 6.48 | 6.34 |
| Vitamin C (milligrams) | 114.40 | 121.94 | 112.73 | 130.23 | 132.03 | 131.13 | 132.10 | 133.31 | 133.91 | 133.36 |
| Vitamin D (micrograms) | 6.05 | 5.85 | 5.24 | 5.09 | 4.82 | 4.66 | 4.56 | 4.42 | 4.36 | 4.38 |
| Vitamin E (milligrams) | 10.15 | 10.85 | 10.61 | 12.58 | 14.04 | 13.31 | 13.12 | 12.89 | 12.63 | 12.45 |
| Vitamin K (micrograms) | 114.44 | 142.66 | 150.26 | 213.95 | 274.72 | 265.00 | 265.67 | 263.74 | 260.54 | 256.97 |
| Calcium (milligrams) | 929.11 | 926.38 | 905.67 | 922.59 | 947.50 | 931.68 | 935.93 | 930.83 | 933.26 | 941.21 |
| Phosphorus (milligrams) | 1,635.05 | 1,640.52 | 1,594.13 | 1,664.77 | 1,746.44 | 1,713.78 | 1,715.77 | 1,688.84 | 1,687.39 | 1,700.08 |
| Magnesium (milligrams) | 322.39 | 324.85 | 313.55 | 335.81 | 355.04 | 346.58 | 348.42 | 344.16 | 344.42 | 346.96 |
| Sodium (milligrams) | 1,349.24 | 1,310.19 | 1,253.61 | 1,233.42 | 1,275.70 | 1,234.89 | 1,229.23 | 1,215.06 | 1,214.86 | 1,215.51 |
| Potassium (milligrams) | 3,906.17 | 3,969.43 | 3,730.90 | 4,023.41 | 4,213.82 | 4,112.43 | 4,093.44 | 4,031.86 | 4,020.17 | 4,058.03 |
| Iron (milligrams) | 16.70 | 17.47 | 16.98 | 18.46 | 20.01 | 19.90 | 19.92 | 19.83 | 19.71 | 19.68 |
| Zinc (milligrams) | 12.83 | 12.84 | 12.24 | 12.54 | 13.20 | 13.03 | 13.03 | 12.73 | 12.74 | 12.85 |
| Copper (milligrams) | 1.53 | 1.63 | 1.57 | 1.70 | 1.80 | 1.76 | 1.77 | 1.74 | 1.74 | 1.73 |
| Manganese (milligrams) | 5.00 | 4.94 | 4.50 | 5.01 | 5.96 | 5.91 | 5.99 | 5.80 | 5.66 | 5.86 |
| Fibre, total dietary (grams) | 15.37 | 16.03 | 15.72 | 17.62 | 18.09 | 17.87 | 17.87 | 17.98 | 17.93 | 17.86 |

1. Does not adjust for losses, such as waste and/or spoilage, in stores, households, private institutions or restaurants or losses during preparation.

Table 6
Total nutrients available adjusted for losses from the Canadian food supply ¹

| | 1981 | 1986 | 1991 | 1996 | 2001 | 2003 | 2004 | 2005 | 2006 | 2007 |
|---------------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| Energy (kilocalories) | 2,214.38 | 2,280.29 | 2,218.88 | 2,391.59 | 2,513.41 | 2,462.56 | 2,458.16 | 2,429.13 | 2,399.24 | 2,389.56 |
| Carbohydrates (grams) | 271.05 | 288.73 | 278.36 | 302.60 | 310.99 | 305.46 | 306.31 | 303.29 | 298.96 | 295.74 |
| Proteins (grams) | 67.87 | 68.36 | 66.19 | 68.59 | 72.97 | 71.76 | 72.18 | 70.95 | 70.95 | 71.51 |
| Fat (grams) | 85.33 | 86.02 | 86.28 | 94.66 | 101.10 | 98.14 | 97.10 | 95.47 | 93.93 | 93.84 |
| Fatty acids, mono-unsaturated (grams) | 39.29 | 39.40 | 40.73 | 45.41 | 48.09 | 46.32 | 45.24 | 44.58 | 43.52 | 43.42 |
| Fatty acids, poly-unsaturated (grams) | 12.58 | 13.50 | 13.86 | 16.82 | 19.02 | 18.25 | 18.15 | 17.93 | 17.66 | 17.54 |
| Fatty acids, saturated (grams) | 27.53 | 27.14 | 25.99 | 26.35 | 27.47 | 27.14 | 27.28 | 26.65 | 26.46 | 26.56 |
| Cholesterol (milligrams) | 280.69 | 268.62 | 250.56 | 246.28 | 260.61 | 258.01 | 256.50 | 252.77 | 253.42 | 250.68 |
| Vitamin A (retinol equivalent) | 1,061.77 | 1,110.37 | 1,094.79 | 1,138.01 | 1,142.72 | 1,131.71 | 1,037.49 | 1,053.73 | 1,050.44 | 1,054.62 |
| B Vitamins | | | | | | | | | | |
| Thiamin (milligrams) | 2.22 | 2.11 | 1.93 | 2.28 | 2.27 | 2.18 | 2.31 | 2.28 | 2.29 | 2.30 |
| Riboflavin (milligrams) | 1.84 | 1.84 | 1.77 | 1.84 | 1.95 | 1.91 | 1.91 | 1.89 | 1.88 | 1.88 |
| Niacin (niacin equivalent) | 33.28 | 33.90 | 32.87 | 34.42 | 36.94 | 36.27 | 36.47 | 35.94 | 35.87 | 36.06 |
| Folate (micrograms) | 199.15 | 202.53 | 192.02 | 215.16 | 229.52 | 227.32 | 229.64 | 229.22 | 228.83 | 228.21 |
| Vitamin B-6 (milligrams) | 1.58 | 1.61 | 1.53 | 1.62 | 1.68 | 1.63 | 1.64 | 1.61 | 1.62 | 1.63 |
| Vitamin B-12 (micrograms) | 4.91 | 4.86 | 4.54 | 4.31 | 4.36 | 4.53 | 4.46 | 4.26 | 4.31 | 4.24 |
| Vitamin C (milligrams) | 82.29 | 87.17 | 79.84 | 92.38 | 93.06 | 92.45 | 93.28 | 94.16 | 94.63 | 94.42 |
| Vitamin D (micrograms) | 4.46 | 4.31 | 3.87 | 3.76 | 3.55 | 3.42 | 3.35 | 3.25 | 3.20 | 3.21 |
| Vitamin E (milligrams) | 7.65 | 8.06 | 7.82 | 9.03 | 9.88 | 9.35 | 9.19 | 9.01 | 8.81 | 8.69 |
| Vitamin K (micrograms) | 76.84 | 94.64 | 99.27 | 139.83 | 178.63 | 172.33 | 172.67 | 171.45 | 169.35 | 167.12 |
| Calcium (milligrams) | 679.74 | 679.02 | 667.38 | 676.44 | 693.33 | 681.49 | 685.18 | 681.52 | 683.85 | 689.66 |
| Phosphorus (milligrams) | 1,149.53 | 1,154.34 | 1,123.59 | 1,170.24 | 1,227.34 | 1,203.19 | 1,206.90 | 1,190.56 | 1,189.84 | 1,198.17 |
| Magnesium (milligrams) | 234.11 | 235.16 | 226.36 | 241.89 | 255.76 | 249.96 | 251.80 | 248.88 | 249.08 | 251.30 |
| Sodium (milligrams) | 1,028.08 | 996.86 | 953.25 | 932.18 | 964.21 | 933.32 | 929.72 | 919.91 | 920.03 | 920.30 |
| Potassium (milligrams) | 2,750.38 | 2,780.86 | 2,597.96 | 2,793.03 | 2,924.49 | 2,854.35 | 2,846.97 | 2,807.53 | 2,799.99 | 2,831.74 |
| Iron (milligrams) | 11.64 | 12.14 | 11.78 | 12.73 | 13.71 | 13.59 | 13.61 | 13.56 | 13.49 | 13.47 |
| Zinc (milligrams) | 8.67 | 8.69 | 8.30 | 8.51 | 8.95 | 8.82 | 8.84 | 8.67 | 8.68 | 8.75 |
| Copper (milligrams) | 1.09 | 1.15 | 1.11 | 1.19 | 1.26 | 1.23 | 1.24 | 1.22 | 1.22 | 1.22 |
| Manganese (milligrams) | 3.85 | 3.76 | 3.39 | 3.78 | 4.53 | 4.50 | 4.56 | 4.40 | 4.28 | 4.46 |
| Fibre, total dietary (grams) | 10.97 | 11.39 | 11.13 | 12.37 | 12.67 | 12.49 | 12.52 | 12.59 | 12.59 | 12.54 |

1. Experimental, use with caution. The data have been adjusted for retail, household, cooking and plate loss.

Concepts and methods

This publication represents a small portion of information available from **Canada Food Stats, a CD-ROM product**. The powerful and friendly system gathers data from across Statistics Canada and even includes data from other organizations. It contains information on food available for consumption, prices, nutrition, supply and demand, as well as data on the food industry, processing, employment, productivity, trade and much more. In addition, **Canada Food Stats** provides a reservoir of written articles and analysis relevant to food from production to processing to consumption.

Data presented in this bulletin are compiled from a wide variety of sources, both survey and administrative, and from various divisions within Statistics Canada along with other government departments. More information can be obtained from the Statistics Canada web site or by contacting the Agriculture Division directly. As this bulletin features food statistics, a summary of the concepts and methods used for these data series has been provided. A detailed version of the concepts and methods is available on the Canada Food Stats CD-ROM.

Statistics Canada's Agriculture Division has produced data depicting the amount of food that is available for consumption from the Canadian food supply as far back as 1960. Food available for consumption does not account for losses in stores, households, private institutions or restaurants. Estimated quantities of food available adjusted for losses are adjusted for retail, institutional and household, including cooking, storage and plate loss.

The nutrients available data are derived by applying nutritional equivalent factors to the retail weight of per capita food available data. The Food Bureau of Agriculture and Agri-Food Canada developed these factors in cooperation with Statistics Canada. The factors were applied to each food or beverage type and then summed to derive subtotals or totals. These factors remain consistent over time starting in 1976. Consequently, the nutritional data are a subset of the Food Available in Canada data series. This data series is more correctly termed per capita food available.

The nutrients available adjusted for losses is a proxy of fork level consumption based on food supply data. They have been derived by adjusting the nutrients available from the Canadian food supply to account for retail, institutional, household, cooking and plate loss. As the factors used to adjust the food available data are estimates themselves, considerable caution should be used when working with the data — the data should be viewed as experimental.

The food available refers to the amount of food available for consumption and is derived residually using supply-disposition tables. All components of supply are added together and all uses (disposition) other than human consumption are deducted. The resulting amount is assumed to be available for human consumption.

To calculate total supply, beginning stocks, production and imports are added together. Net supply is then derived by subtracting disposition items including exports, manufacturing uses, feeds, waste and ending stocks. The net supply is divided by the Canadian population at July 1 to obtain per capita values or disappearance per person.

The data for the numerous supply-disposition tables are obtained from a myriad of survey, administrative and other sources. Each food commodity table is unique.

In general, beginning stocks are those quantities of fresh and frozen food products held in storage at January 1 while ending stocks refer to year-end inventories (December 31). Stock and production data are obtained through surveys of producers and food processors. Import and export data are provided by the International Trade Division of Statistics Canada. Manufacturing data include requirements for processing, seed, animal feed and industrial use. Processed foods are then accounted for directly.

Traditionally, the waste factors attempt to account for quantities removed during processing or lost in storage. They do not allow for losses in stores, households, restaurants or institutions during storage and preparation or for unconsumed food. Consequently, the food available data are sometimes referred to as "apparent" to remind users

of this data limitation. The nutrients available adjusted for losses are not apparent but rather represent a proxy of consumption as the food available data were adjusted to account for food losses not previously accounted for.

The new waste adjustment factors account for losses at the retail and consumer levels, including institutions, restaurants and households. The factors attempt to account for losses or waste from storage, in the preparation of food and from the plate. The factors were provided, with appreciation, from the United States Department of Agriculture.

All of the nutrient factors and waste adjustment factors are based on weight. Consequently, the waste adjustments have a limitation in that they may only partially account for losses of some nutrients as a result of cooking. For instance, more (or less) fat, fat soluble nutrients or water soluble nutrients may be wasted depending on the methods used in preparation and cooking. Although every attempt has been made to adjust the nutrient data to approximate consumption, the data are estimates, a limitation that readers should keep in mind when working with the files. Further, these data refer to nutrients available from food and beverages and do not account for nutrients that may be provided by dietary supplements or from the water supply.

Appendix I

Sources

Statistics Canada:

- Agriculture Division
- Distributive Trades Division
- Income and Expenditure Accounts Division
- Industry, Measures and Analysis Division
- Input-Output Division
- International Trade Division
- Investment and Capital Stock Division
- Labour Statistics Division
- Manufacturing, Construction and Energy Division
- Micro-Economic Studies and Analysis Division
- Service Industries Division

Other departments:

- Agriculture and Agri-Food Canada
- Fisheries and Oceans Canada
- United States Department of Agriculture
- Ontario Ministry of Agriculture and Food
- B.C. Ministry of Agriculture and Fisheries
- Canadian Soft Drink Association
- Brewers Association of Canada
- Association of Canadian Distillers
- Canadian Wine Institute
- Canadian Bottled Water Association
- Canadian Sugar Institute