# Fishing Safety Working together







#### Fishing community working together to manage risks

At the Transportation Safety Board of Canada (TSB), we're notified about hundreds of marine accidents every year. However, it's the ones involving fishing vessels that kill the most people, an average of nearly one every month. That's why, back in 2009, the TSB began a Safety Issues Investigation into fishing safety in Canada. Our goal was to find out why the same kinds of accidents keep happening, and what can be done to make commercial fishing safer in Canada.

Our investigators met with as many people as possible: vessel owners, fishing and safety associations, government, trainers, unions, and—above all—the fishermen. Between August 2009 and September 2011, we visited 12 different cities, from Campbell River, British Columbia, to Gander, Newfoundland. Not only did we speak to representatives from all aspects of the fishing industry, we made sure to listen. We interviewed lots of people, held town hall meetings and open forums; and we collected and analyzed large amounts of information.

We found that 10 key issues affect fishing safety in Canada:

- Stability
- Fisheries Resource Management
- Lifesaving Appliances
- The Regulatory Approach
- Training
- Safety Information
- Fishing Industry Statistics
- Fatigue
- The Cost of Safety
- Safe Work Practices

We also found a complex relationship between these issues, with each problem affecting the others in different ways. For example, an unsecured hatch cover isn't just a careless work practice, it can also affect vessel stability. Without information about these risks, fishermen can end up in dangerous situations, which can lead to rushed decision making, which can lead to ... well, you get the idea.

Over the next few pages you'll find out more about these 10 issues. You'll also be invited to think about things you could do to improve safety for you and your fellow fishermen. If the fishing community works together, it can transform current fishing practices into safer work practices—and that will save lives.





#### **RESOURCES**

#### **Transportation Safety Board of Canada**

200 Promenade du Portage Place du Centre, 4th Floor Gatineau, QC K1A 1K8 1 800 387-3557

marinenotifications@bst-tsb.gc.ca or communications@bst-tsb.gc.ca www.tsb.gc.ca

TSB SECURITAS (Confidential Transportation Safety Reporting Program) 1 800 567-6865 Fax: 819-994-8065 Securitas@bst-tsb.gc.ca

#### Transport Canada Marine Safety

Pacific: 604-666-5300 Prairie and Northern: 1 888 463-0521 Ontario: 519-383-1826

Ontario: 519-383-1826 Quebec: 514-496-2084 Atlantic: 1 800 387-4999

www.tc.gc.ca

#### **Fisheries and Oceans Canada**

Pacific: 604-666-0384 Central and Arctic: 519-383-1813 or 1 866 290-3731 Gulf: 506-851-6227

Quebec: 418-648-2239 Maritimes: 902-426-3550

Newfoundland and Labrador: 709-772-4423

www.dfo-mpo.gc.ca

#### Fish Safe

604-261-9700 fishsafe@fishsafebc.com www.fishsafebc.com

#### WorksafeBC

Prevention Information Line: 1 888 621-7233 or 604-273-2266 ssquery@worksafeBC.com www.worksafeBC.com

#### Commission santé et sécurité au travail (CSST)

1 866 302-2778 michel.castonguay@csst.qc.ca www.csst.qc.ca

#### Bureau d'accréditation des pêcheurs et des aides-pêcheurs du Québec (BAPAP)

418-385-4000 bapap@gobletrottier.net www.bapap.qc.ca

#### Professional Fish Harvesters Certification Board

709-722-8170 pfh@pfhcb.com www.pfhcb.com

#### Marine Institute of Memorial University of Newfoundland

1 800 563-5799 Roy.gibbons@mi.mun.ca www.mi.mun.ca

#### Eastern Fishermen's Federation

506-662-8416 eff@nb.aibn.com www.easternfishermensfederation.ca

#### **Nova Scotia Fisheries Sector Council**

902-742-6167 lisaanderson@nsfsc.ca jmosley@nsfsc.ca www.nsfsc.ca

#### **Fisheries Safety Association of Nova Scotia**

902-742-7521 info@fisheriessafety.ca www.fisheriessafety.ca

#### Canadian Council of Professional Fish Harvesters

613-235-3474 fish@ccpfh-ccpp.org fish@fishharvesterspecheurs.ca www.ccpfh-ccpp.org

#### **PEI Fishermen's Association**

902-566-4050 managerpeifa@pei.eastlink.ca www.peifa.org

#### **Stability**

"Stability" is a vessel's ability to right itself when heeled over. Unfortunately, too many fishermen determine stability by the "feel" of how their vessel reacts in different operating conditions. But there's a lot more to stability than that.

If you don't know about free-surface effect, downflooding, freeboard, or if you wonder whether your vessel needs a stability assessment, there are some things you should do.

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| Take a stability course                   |
|---|
| Talk to a Transport Canada (TC) inspector |

#### What else can you do?

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# Many factors can affect your vessel's stability:

| Ш | lcing condition |
|---|-----------------|
|   | Traps on deck   |

Modifications (stern extension, etc.)

What other factors apply to vour vessel?

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Did you know, for example, that modifications to your vessel, or that water sloshing in your tanks, can drastically affect stability?

Do you realize that freeboard is your friend?

Understanding and applying basic stability principles can save your life!

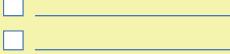
# **Stability considerations I could add to my work practices:**

| Check | hatch-cover | seals |
|-------|-------------|-------|
|       |             |       |

| Keep spare gear stowed as lov |
|-------------------------------|
| as possible                   |

#### What else?

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#### **Fisheries Resource Management**

The Department of Fisheries and Oceans (DFO) is responsible for keeping the industry economically viable and making sure fish stocks are at healthy levels. However, the measures DFO uses to meet these objectives do not always take safety into account. These measures can lead to risky behaviour by fishermen. For example, have you ever overloaded a vessel with traps on opening day to mark your fishing area? Felt pressured to make fewer trips but with larger loads? Experienced fatigue as a result of fishing with fewer or less-experienced crew members? That's why

identifying and reducing safety risks needs to be a key part of fisheries resource management measures.



Sharing information is key. Talk to other fishermen about operating safely within DFO management measures.

# List the dangers of racing to catch fish:

| Fatigue (working too many |
|---------------------------|
| <br>hours in a day)       |

#### What else?

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# List any dangerous situations that can arise when operational needs conflict with DFO requirements:

| Adding a stern extension to |  |  |
|-----------------------------|--|--|
| stay within license length  |  |  |
| restrictions                |  |  |

#### What else?



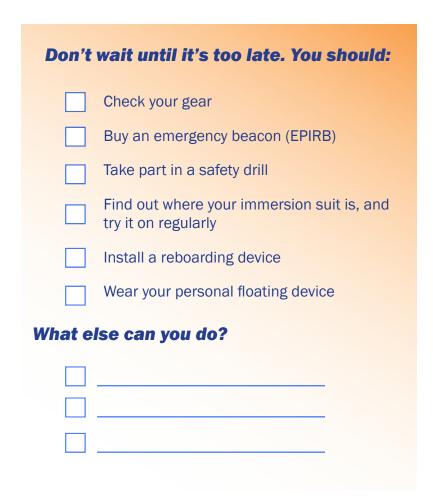
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#### **Lifesaving Appliances**

Liferafts, immersion suits, personal floating devices, emergency beacons ... When trouble strikes, everyone's glad to have something handy. But how can you be sure your equipment will work when you need it? Where is it stowed? If you fall

overboard, how do you get back aboard? A lack of drills and equipment maintenance can be fatal. That's why all lifesaving appliances on board your vessel must be properly designed, carried, fitted, used, and maintained—because an emergency

is a bad time to discover that you don't have the means to get someone out of the water, or that there aren't enough immersion suits on board.







To address safety issues, many government organizations rely mainly on creating, implementing, and enforcing regulations. Despite their best efforts, however, there is sometimes confusion between federal and provincial government regulations. It's not always easy for fishermen to sort out and understand which rules apply to them and what the costs are.

How
do you know
if you're following all
federal and provincial
workers' compensation
rules?

What if you're hurt on the job?



information?

Remember that regulations alone are not enough. You should:

| Find ways to get information on new regulations |
|---|
| Find ways to participate in                     |

consultations

Find out who your regional

leader is

| Find out who your regional TC |
|-------------------------------|
| inspectors are                |

| What | else | can | you | do? |
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Fishing Safety

#### **Training**

Effective and practical training is one of the best ways to acquire the knowledge and skills needed to improve fishing safety. And when you regularly practice what you learn, that knowledge and skill becomes a habit—one that can keep you alive! Unfortunately, too many fishermen say no to training, because of costs, because they don't think they need it, because they think they are too old, or because of how the training is delivered.

All across the country, many organizations, associations, as well as the federal and provincial governments are offering help: Marine Emergency Duties training, stability simulators, professional competency certification, vocational training, and even hands-on, on-board training with lifesaving equipment and emergency drills.

# Help is available, so go get it. You should: Encourage all the fishermen you know to have Marine Emergency Duties training Participate in hands-on training for emergency drills What else can you do? U



#### **Safety Information**

If you haven't had an accident before, you won't have one anytime soon. Right?

That may be the way most people think, but statistics—and hundreds of TSB investigations—show it's just not true. So, what's the best way to communicate safety information, best work practices, or information about fatigue? Maybe it's from newsletters, or booklets and

brochures, or DVDs. Maybe it's from articles in magazines or presentations to fishermen at dockside, or in discussions with people you trust. The truth is, there is no single best way to communicate safety information, but there is one absolute rule: it's critical that the information gets to the people who need it the most.

| Hei<br>ber | ining has many benefits. The are three. List other nefits that would also be pful to you: |
|------------|---|
|            | It will help me identify dangers  |
|            | It prepares me to conduct an emergency drill  |
|            | It can improve my daily work practices  |
|            |   |
|            |   |

Here are two places where you

can get safety information. List

The Navigator magazine

Transport Canada Ship Safety

some others:

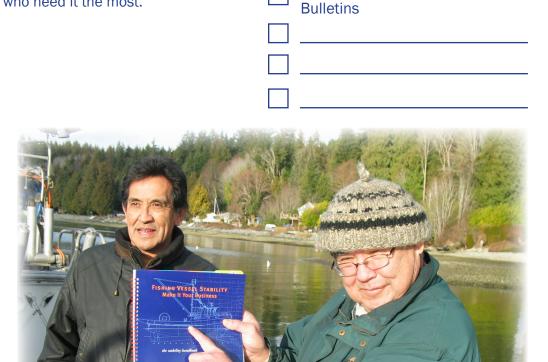
# Here are a few things you should be doing:

| Check the inside cover of this   |
|----------------------------------|
| publication for a list of safety |
| information resources            |

| Apply saf     | ety inf | formation | n to | daily |
|---------------|---------|-----------|------|-------|
| <br>operation | าร      |           |      |       |

| When you learn something that |
|-------------------------------|
| makes your operation safer,   |
| share it                      |

# What else can you do to make sure information reaches the people who need it?



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#### **Fishing Industry Statistics**

Many different groups collect and analyze accident information. Unfortunately, this information is not coordinated, nor is it always given to fishermen in a helpful or understandable manner. Statistics on the cost of safety and fatigue, for example, are valuable because they help organizations find hazards and track safety performance.

Reliable statistics also help target safety messages to the fishermen at risk and measure whether things are improving.

At the TSB, one of the things we do is analyze information about fishing vessel accidents. Contact us to learn about your reporting requirements.

# Did you know that it's accidents?

# Here are some ways you can help improve the collection of statistics:

- Report your accidents
- Report risks on a confidential basis through the SECURITAS program





#### **Fatigue**

Fatigue doesn't have to mean "so tired you fall asleep on the job." It's more complicated than that, and often harder to spot. Fatigue is any "reduction in physical and/or mental capability as a result of physical, mental or emotional exertion." That means fatigue can affect almost anything: your strength, speed, reaction times, coordination, balance—and especially your decision making. The risks

of fatigue are regularly underestimated because: work-rest schedules are not regulated; few people report falling asleep at the wheel (even though it happens frequently!); and there is limited training and safety information about reducing the risks of fatigue.

# To begin to address fatigue, you should: Learn to recognize it

- Develop a plan to deal with it (this includes scheduled rest periods)
- Have two crew in the wheelhouse at night
  - Ask other fishermen how they deal with it

# What else can you do to deal with fatigue?

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#### **The Cost of Safety**

There's no way around it: your time is money. And safety can cost time and money. To cut costs, some fishermen choose practices such as delaying equipment maintenance or fishing with fewer or less-experienced crew, even though this causes additional workload and can lead to fatigue. So in the long run, skimping on safety just doesn't pay off. Or, to put it bluntly, when profit comes at the expense of safety, people die. And the only way to improve things is to accept the cost of safety as a key part of fishing.

| <b>Investing</b> | in safety | has many |
|------------------|-----------|----------|
| benefits.        | including | :        |

- Your family is happy to see you come home safely
- Reduced cost of crew turnover
  - Reduced cost of insurance in some regions

## List some other benefits of investing in safety:

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#### **Safe Work Practices**

How you work is affected by many factors: your training, your experience, regulations, economics, and your attitude. Safety needs to be a fundamental part of all that. Some fishermen say accidents will happen no matter what. Other fishermen say they have fished for many years without any accident, using nothing more than common sense. However, our investigations show that unsafe work practices continue to put fishermen and their vessels at risk. By establishing best practices based on safe ways of working, you can develop good habits that become routine—and that's a good way to save lives.



## You should develop your best practices by:

- Asking your crew what works to stay safe
- Asking your crew what's dangerous
- Getting safety information from the resources on the inside cover

# List your own safe working practices:

Always batten the hatches

#### **Anything else?**







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#### **Moving Forward, Together**

This publication outlines the 10 key issues that affect fishing vessel safety in Canada—but when it comes to solutions, no single group or government can fully address all the challenges. This is because fishermen operate in a complex environment, where all of these issues affect each other.

In some areas of the country, federal and provincial governments are already working together with others in the fishing community. These initiatives have evolved independently, and they differ in structure, scope, and representation. In many cases, they're a great start, but what's needed

is an even more focused and concerted action everywhere (not just in some areas) to fully address the problems that persist in our fishing industry.

To accomplish this, the TSB believes that:

Federal and provincial governments must work with leaders in the fishing community to establish regional governance structures aimed at ensuring that fishermen can and will work safely.

By working together, we can develop and instill a safety culture within the fishing community, one where safe work practices are commonplace and challenges can be addressed in a coordinated manner—by everyone.

## Make sure you do the following things:

Visit your safety association

| Talk to other fishermen about safety                         |
|--|
| Discuss safety with your Transpo<br>Canada inspector or your |

province's compensation board

#### But that's not all. How else can you help to contribute to fishing safety?

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|---|---------|------|------|-------|--------|
|   | Talk to | vour | crew | about | safety |

| Participate | in | your | fishery |
|-------------|----|------|---------|
| meetings.   |    |      |         |

#### What else?

some of the resources you'll need have already been identified inside the front cover of this document.

Use them, because together we can build relationships, share our knowledge, pool our resources, work together—and save lives!



Fishing Safety