FluWatch

Public Health Agency of Canada | Agence de la santé publique du Canada

19 to 25 October, 2014 (week 43)

Overall Summary

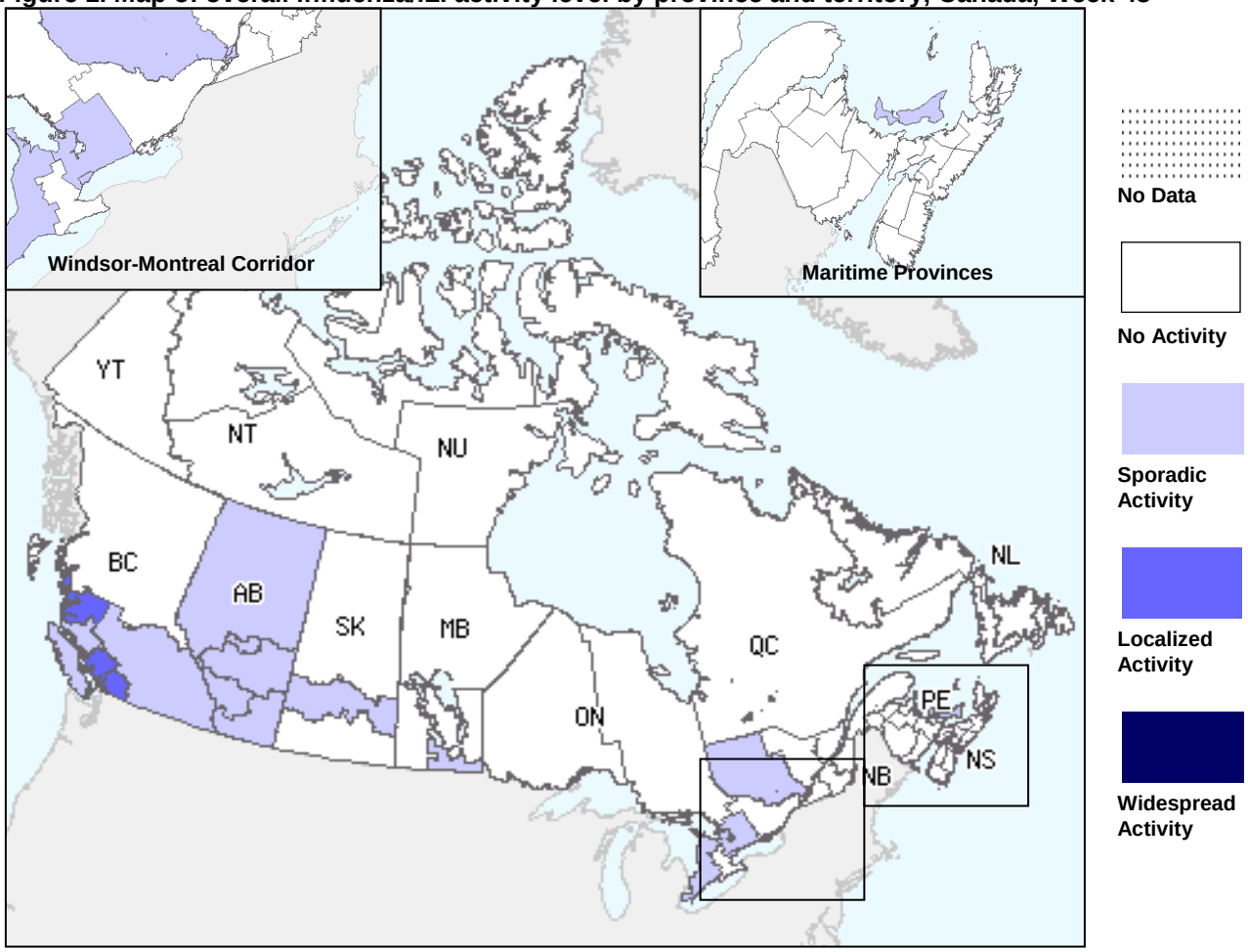
- Influenza activity (including influenza detections, outbreaks and hospitalizations) continued to increase in week 43; mostly in the western and central provinces.
- So far this season, A(H3N2) has been the most common type of influenza affecting Canadians.
- To date, the majority of influenza laboratory detections and hospitalizations have been in seniors ≥65 years of age.

Are you a primary health care practitioner (General Practitioner, Nurse Practitioner or Registered Nurse) interested in becoming a FluWatch sentinel for the 2014-15 influenza season?
Contact us at FluWatch@phac-aspc.gc.ca

Influenza/ILI Activity (geographic spread)

In week 43, the majority of regions in Canada reported no activity; however, two regions in BC reported localized activity and 15 regions (BC(2), AB(5), SK(1), MB(1), ON(3), QC(2) and PE(1)) reported sporadic activity (Figure 1).

Figure 1. Map of overall influenza/ILI activity level by province and territory, Canada, Week 43

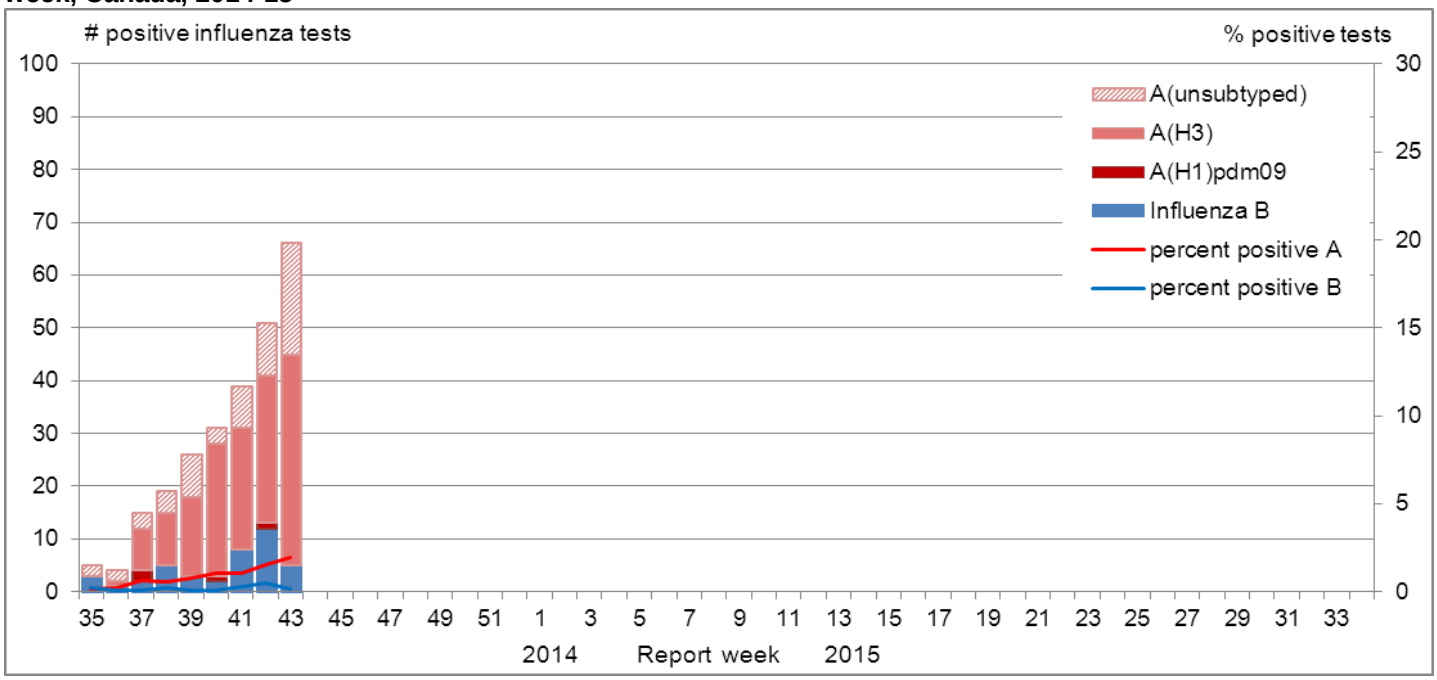


Note: Influenza/ILI activity levels, as represented on this map, are assigned and reported by Provincial and Territorial Ministries of Health, based on laboratory confirmations, sentinel ILI rates and reported outbreaks. Please refer to detailed definitions at the end of the report. Maps from previous weeks, including any retrospective updates, are available on the FluWatch website.

Influenza and Other Respiratory Virus Detections

The number of positive influenza tests continued to increase in week 43 to 66 influenza detections (2.1% of tests) (Figure 2). To date, 84% of influenza detections have been influenza A, and the vast majority of those subtyped have been A(H3) (Table 1). Among cases with reported age, the largest proportion was in those ≥65 years of age (46%). Children <5 years accounted for 16% of all cases (Table 2).

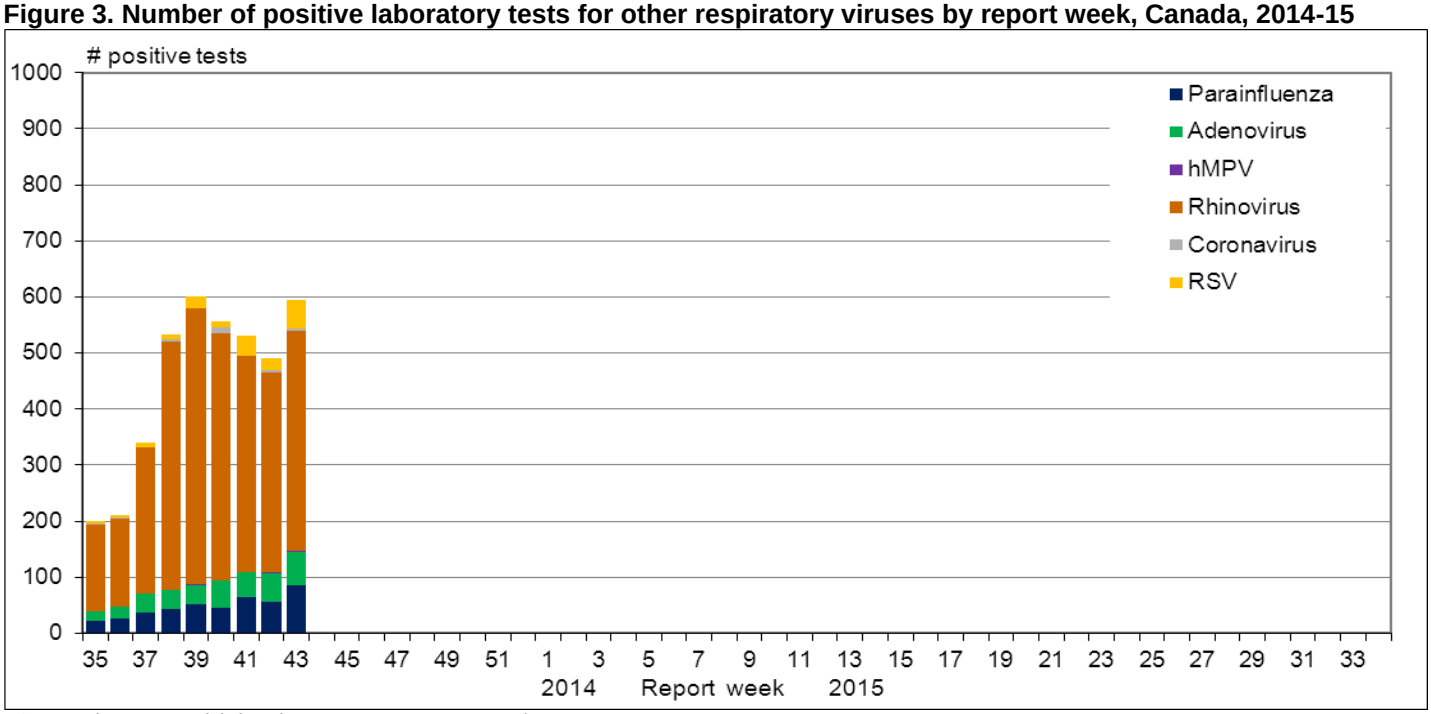
Figure 2. Number of positive influenza tests and percentage of tests positive, by type, subtype and report week, Canada, 2014-15



In week 43, detections of RSV, parainfluenza and adenovirus increased, in keeping with their usual pattern of seasonal circulation. Detections of rhinovirus peaked in week 39 and decreased over the following three weeks but increased in week 43. More detections of rhinovirus were reported this year compared to previous seasons (Figure 3).

For more details, see the weekly Respiratory Virus Detections in Canada Report.

Figure 3. Number of positive laboratory tests for other respiratory viruses by report week, Canada, 2014-15



RSV: Respiratory syncytial virus; hMPV: Human metapneumovirus

Table 1. Weekly and cumulative numbers of positive influenza specimens by type, subtype and province, Canada, 2014-15

Reporting provinces[1]	Weekly (October 19 to 25, 2014)					Cumulative (August 24 to October 25, 2014)				
	Influenza A				B	Influenza A				B
	A Total	A(H1)pdm09	A(H3)	A(UnS)	B Total	A Total	A(H1)pdm09	A(H3)	A(UnS)	B Total
BC	29	0	26	3	0	73	2	67	4	8
AB	10	0	8	2	1	69	0	63	6	10
SK	0	0	0	0	1	2	0	0	2	1
MB	0	0	0	0	0	1	0	1	0	1
ON	13	0	5	8	3	37	2	18	17	13
QC	8	0	0	8	0	30	0	0	30	8
NB	0	0	0	0	0	0	0	0	0	0
NS	0	0	0	0	0	0	0	0	0	0
PE	1	0	1	0	0	2	0	1	1	0
NL	0	0	0	0	0	1	0	0	1	0
Canada	**61**	**0**	**40**	**21**	**5**	**215**	**4**	**150**	**61**	**41**
Percentage[2]	92.4%	0.0%	65.6%	34.4%	7.6%	84.0%	1.9%	69.8%	28.4%	16.0%

Table 2. Weekly and cumulative numbers of positive influenza specimens by type, subtype and age-group reported through case-based laboratory reporting[3], Canada, 2014-15

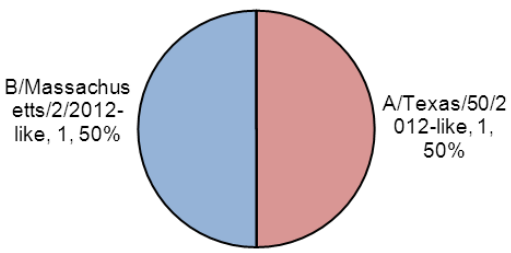
Age groups (years)	Weekly (October 19 to 25, 2014)					Cumulative (August 24 to October 25 2014)						
	Influenza A				B	Influenza A				B	Influenza A and B	
	A Total	A(H1) pdm09	A(H3)	A (UnS)	Total	A Total	A(H1) pdm09	A(H3)	A (UnS)	Total	#	%
<5	4	0	2	2	1	31	3	11	17	11	42	16.0%
5-19	5	0	3	2	0	26	0	16	10	3	29	11.0%
20-44	3	0	1	2	0	22	0	5	17	2	24	9.1%
45-64	3	0	0	3	2	29	0	6	23	17	46	17.5%
65+	6	0	1	5	0	108	1	44	63	14	122	46.4%
Unknown	0	0	0	0	0	0	0	0	0	0	0	0.0%
Total	21	0	7	14	3	216	4	82	130	47	263	100.0%
Percentage[2]	87.5%	0.0%	33.3%	66.7%	12.5%	82.1%	1.9%	38.0%	60.2%	17.9%		

[1] Specimens from NT, YT, and NU are sent to reference laboratories in other provinces. Cumulative data includes updates to previous weeks.
[2] Percentage of tests positive for sub-types of influenza A are a percentage of all influenza A detections.
[3] Table 2 includes specimens for which demographic information was reported. These represent a subset of all positive influenza cases reported.
UnS: unsubtyped: The specimen was typed as influenza A, but no result for subtyping was available.

Influenza Strain Characterizations

During the 2014-2015 influenza season, the National Microbiology Laboratory (NML) has antigenically characterized 2 influenza viruses [one A(H3N2) and one influenza B]. Both viruses were similar to the strains recommended by the WHO for the 2014-15 seasonal influenza vaccine (Figure 4).

Figure 4. Influenza strain characterizations, Canada, 2014-15, N = 2



The NML receives a proportion of the number of influenza positive specimens from provincial laboratories for strain characterization and antiviral resistance testing. Characterization data reflect the results of haemagglutination inhibition (HAI) testing compared to the reference influenza strains recommended by WHO.

The recommended components for the 2014-2015 northern hemisphere trivalent influenza vaccine include: an A/California/7/2009(H1N1)pdm09-like virus, an A/Texas/50/2012 (H3N2)-like virus, and a B/Massachusetts/2/2012-like virus (Yamagata lineage). For quadrivalent vaccines, the addition of a B/Brisbane/60/2008-like virus is recommended.

Antiviral Resistance

During the 2014-2015 influenza season, NML has tested 3 influenza viruses for resistance to oseltamivir and zanamivir and all were sensitive to both agents. The two influenza A(H3N2) viruses tested for amantadine resistance were both resistant (Table 3).

Table 3. Antiviral resistance by influenza virus type and subtype, Canada, 2014-15

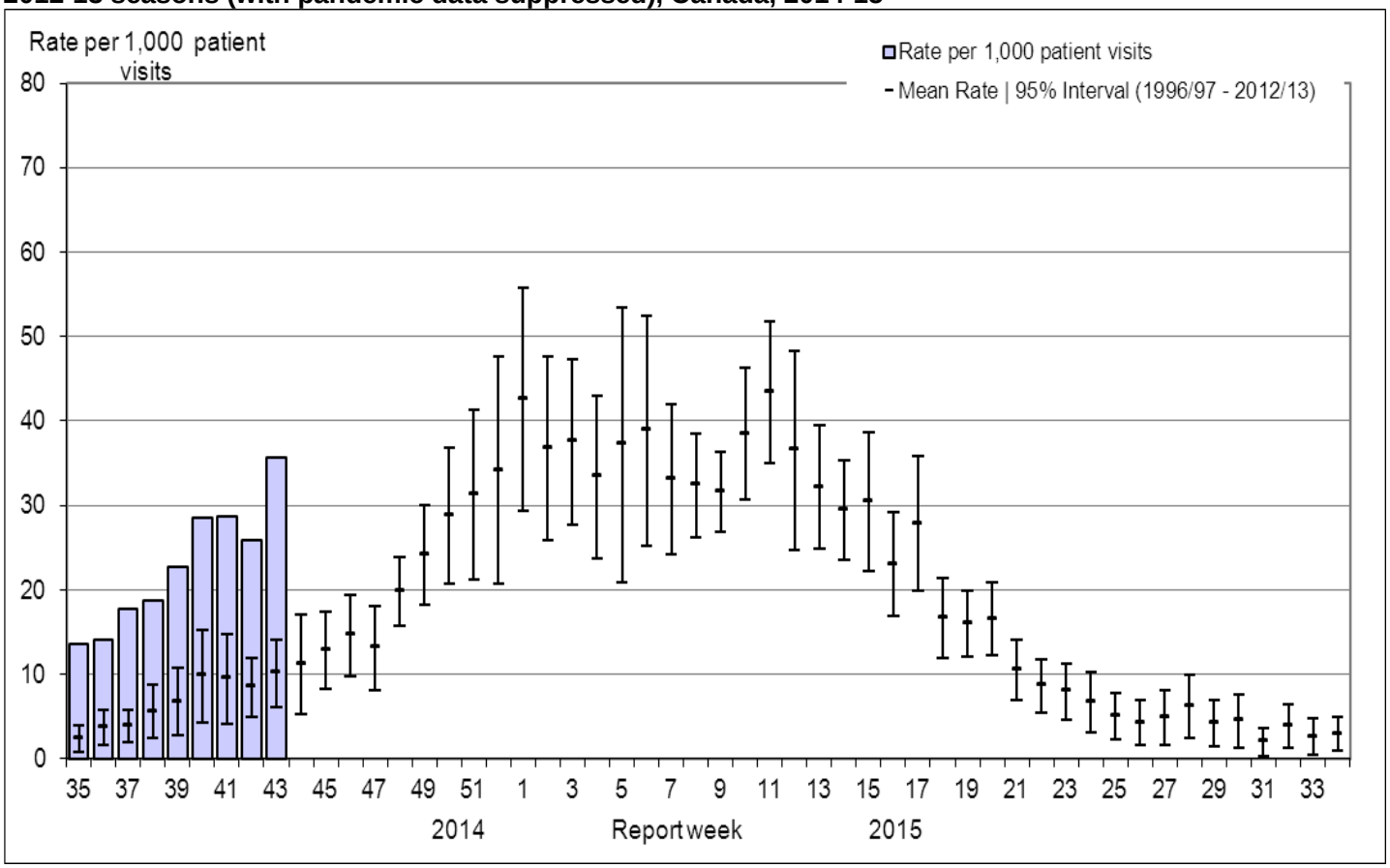
Virus type and subtype	Oseltamivir		Zanamivir		Amantadine	
	# tested	# resistant (%)	# tested	# resistant (%)	# tested	# resistant (%)
A (H3N2)	2	0	2	0	2	2 (100%)
A (H1N1)	0	0	0	0	0	0
B	1	0	1	0	NA[1]	NA[1]
TOTAL	3	0	3	0	2	2

[1] NA – not applicable

Influenza-like Illness Consultation Rate

The national influenza-like-illness (ILI) consultation rate increased in week 43 to 35.7 consultations per 1,000 (Figure 5). The rates were highest among those <20 years of age in week 43. The rates since mid-June have been above the expected range for this time of year.

Figure 5. Influenza-like-illness (ILI) consultation rates by report week, compared to the 1996-97 through to 2012-13 seasons (with pandemic data suppressed), Canada, 2014-15

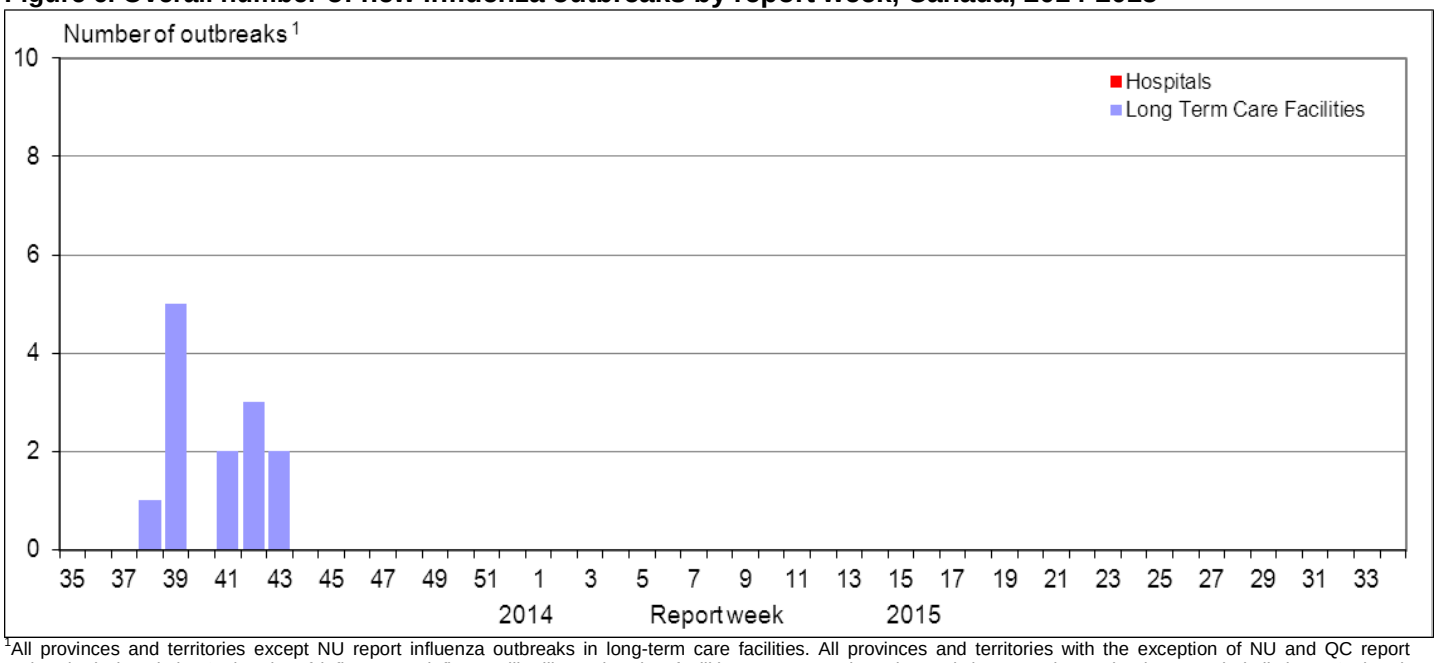


No data available for mean rate for weeks 19 to 39 for the 1996-1997 through 2002-2003 seasons. Delays in the reporting of data may cause data to change retrospectively. The calculation of the average ILI consultation rate over 17 seasons was aligned with influenza activity in each season. In BC, AB, and SK, data is compiled by a provincial sentinel surveillance program for reporting to FluWatch. The number of sentinel physicians in each province or territory is as follows: BC(21), AB(80), SK(11), MB(18), ON(169), QC(14), NB(29), NS(26), PE(4), NL(16), NU(1), NT(14), YT(13). Not all sentinel physicians report every week.

Influenza Outbreak Surveillance

In week 43, two new outbreaks of influenza A were reported in long-term care facilities (Figure 6).

Figure 6. Overall number of new influenza outbreaks by report week, Canada, 2014-2015

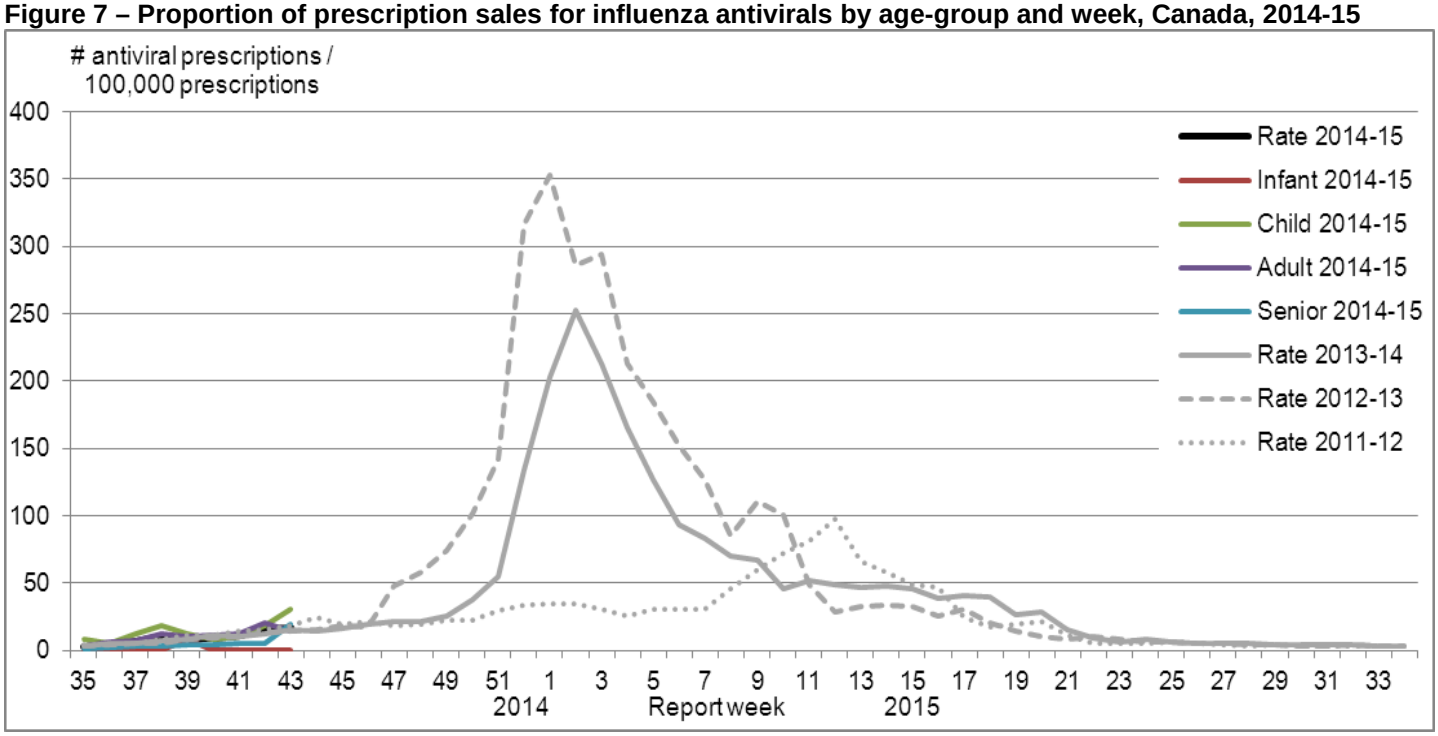


[1]All provinces and territories except NU report influenza outbreaks in long-term care facilities. All provinces and territories with the exception of NU and QC report outbreaks in hospitals. Outbreaks of influenza or influenza-like-illness in other facilities are reported to FluWatch but reporting varies between jurisdictions. Outbreak definitions are included at the end of the report.

Pharmacy Surveillance

During week 43, the proportion of prescriptions for antivirals increased to 16.9 antiviral prescriptions per 100,000 total prescriptions, which is in keeping with previous seasons (Figure 7).

Figure 7 – Proportion of prescription sales for influenza antivirals by age-group and week, Canada, 2014-15



Note: Pharmacy sales data are provided to the Public Health Agency of Canada by Rx Canada Inc. and sourced from major retail drug chains representing over 2,500 stores nationwide (excluding Nunavut) in 85% of Health Regions. Data provided include the number of new antiviral prescriptions (for Tamiflu and Relenza) and the total number of new prescriptions dispensed by Province/Territory and age group. Age-groups: Infant: 0-2y, Child: 2-18y; Adult: 19-64y, Senior: ≥65y

Sentinel Hospital Influenza Surveillance

Paediatric Influenza Hospitalizations and Deaths (IMPACT)

In week 43, three new laboratory-confirmed influenza-associated paediatric (≤16 years of age) hospitalizations were reported by the Immunization Monitoring Program Active (IMPACT) network (Figure 8a). To date this season, 11 hospitalizations have been reported by the IMPACT network, 10 of which were cases of influenza A, and 7 of these 10 were A(H3N2). The majority of the cases (63%) were in children <5 years of age (Table 4). To date, two cases were admitted to the ICU (Figure 9a).

Note: The number of hospitalizations reported through IMPACT represents a subset of all influenza-associated paediatric hospitalizations in Canada. Delays in the reporting of data may cause data to change retrospectively.

Adult Influenza Hospitalizations and Deaths (PCIRN)

Surveillance of laboratory-confirmed influenza-associated adult (≥16 years of age) hospitalizations by the PHAC/CIHR Influenza Research Network (PCIRN) Serious Outcomes Surveillance (SOS) network has not yet begun for the 2014-15 season (Figure 8b).

Note: The number of hospitalizations reported through PCIRN represents a subset of all influenza-associated adult hospitalizations in Canada. Delays in the reporting of data may cause data to change retrospectively.

Table 4 – Cumulative numbers of paediatric hospitalizations with influenza reported by the IMPACT network, Canada, 2014-15

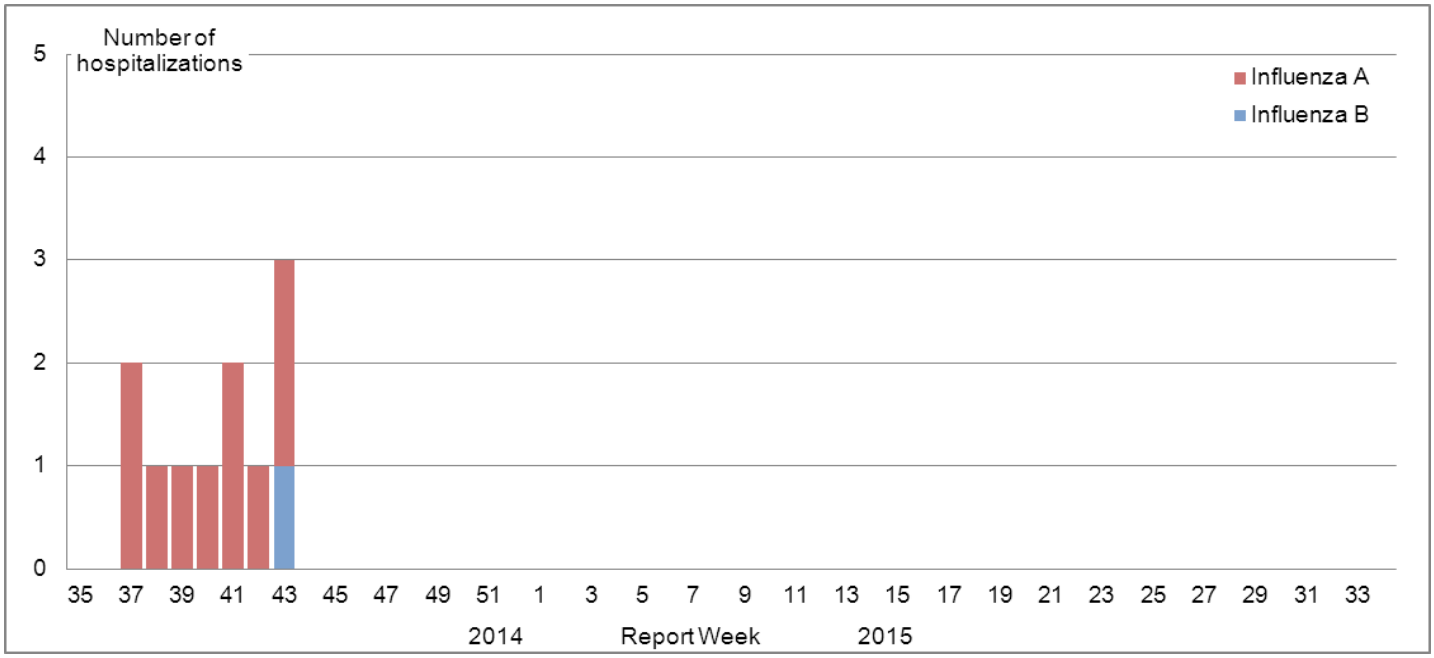
Age groups	Cumulative (24 Aug. 2014 to 25 Oct. 2014)					
	Influenza A				B	Influenza A and B
	A Total	A(H1) pdm09	A(H3)	A (UnS)	Total	# (%)
0-5m	0	0	0	0	0	0 (0%)
6-23m	2	1	1	0	0	2 (18%)
2-4y	4	0	2	2	1	5 (45%)
5-9y	2	0	2	0	0	2 (18%)
10-16y	2	0	2	0	0	2 (18%)
Total	10	1	7	2	1	11
% [1]	90.9%	10.0%	70.0%	20.0%	9.1%	100.0%

Table 5 – Cumulative numbers of adult hospitalizations with influenza reported by the PCIRN-SOS network, Canada, 2014-15

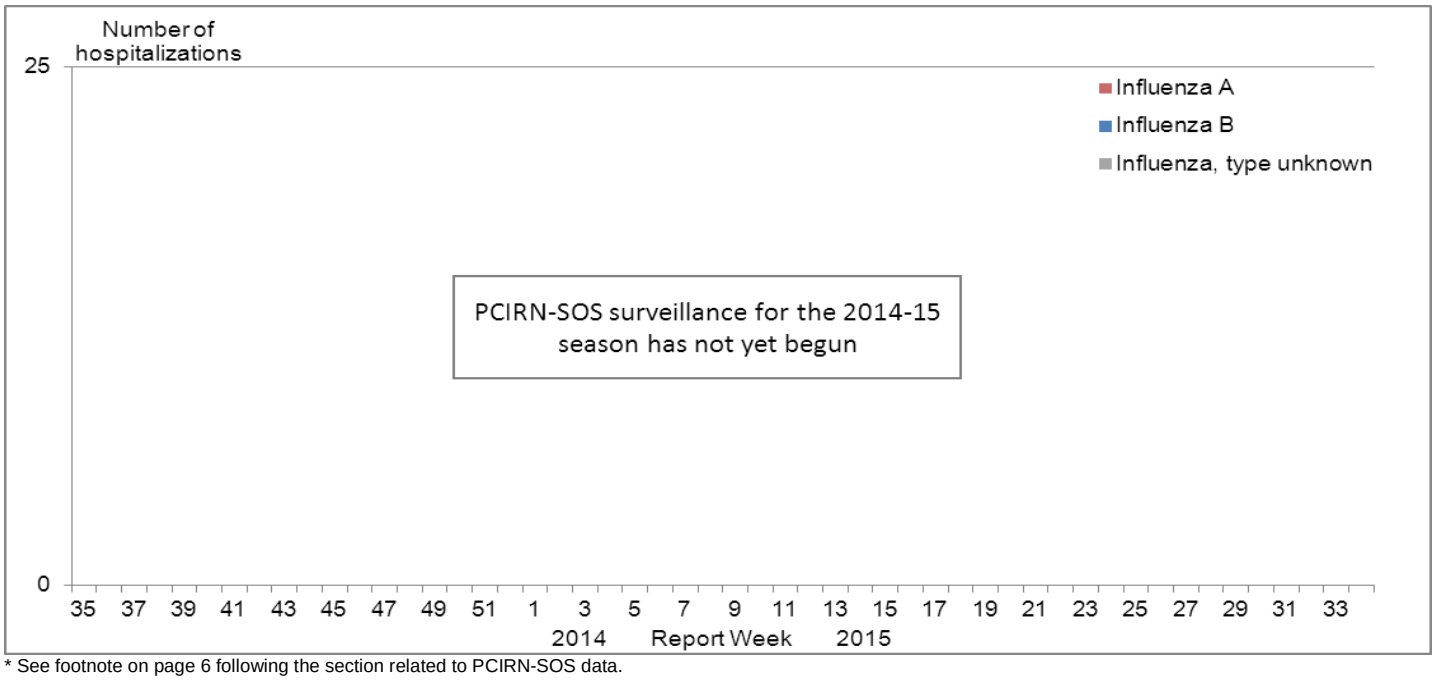
Age groups (years)	Cumulative (data for 2014-15 not yet available)					
	Influenza A				B	Influenza A and B
	A Total	A(H1) pdm09	A(H3)	A (UnS)	Total	# (%)
16-20						
20-44	PCIRN-SOS surveillance for the 2014-15 season has not yet begun					
45-64						
65+						
Total						
%						

[1] Percentage of tests positive for sub-types of influenza A are a percentage of all influenza A detections. UnS: unsubtyped: The specimen was typed as influenza A, but no result for subtyping was available.

Figure 8 – Number of cases of influenza reported by sentinel hospital networks, by week, Canada, 2014-15
A) Paediatric hospitalizations (≤16 years of age, IMPACT)



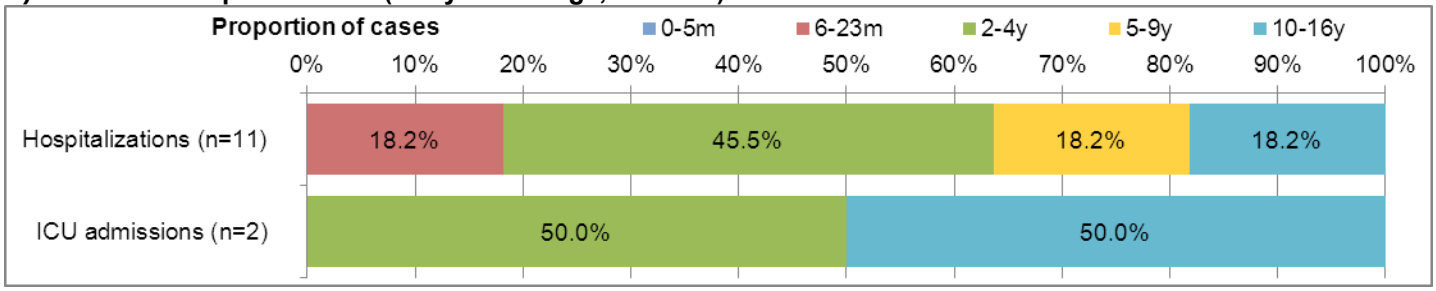
B) Adult hospitalizations (≥16 year of age, PCIRN-SOS)



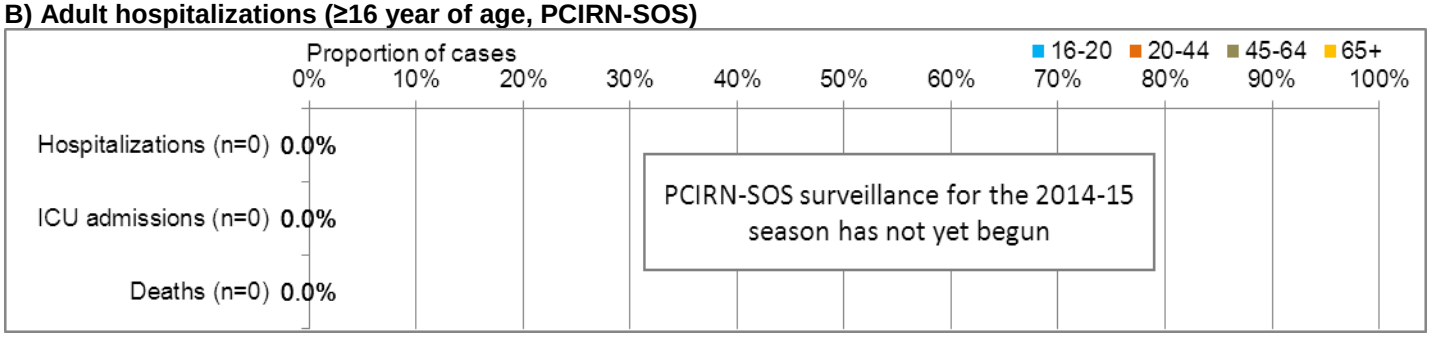
* See footnote on page 6 following the section related to PCIRN-SOS data.

Figure 9 – Percentage of hospitalizations, ICU admissions and deaths with influenza reported by age-group, Canada, 2014-15

A) Paediatric hospitalizations (≤16 years of age, IMPACT)



B) Adult hospitalizations (≥16 year of age, PCIRN-SOS)



Provincial/Territorial Influenza Hospitalizations and Deaths

Since the start of the 2014-15 season, 43 laboratory-confirmed influenza-associated hospitalizations have been reported from participating provinces and territories*; 41 were cases of influenza A, of which the majority were A(H3N2); 53% were patients ≥65 years of age (Table 6). No ICU admissions were reported. Three deaths with influenza A(H3N2) have been reported in adults ≥45 years of age. There is a reporting delay from some regions that have not yet begun submission of weekly reports.

* Note: Influenza-associated hospitalizations are not reported to PHAC by the following Provinces and Territory: BC, NU, QC, and NB. Only hospitalizations that require intensive medical care are reported by Saskatchewan. ICU admissions are not distinguished among hospital admissions reported from Ontario. Data may also include cases reported by the IMPACT and PCIRN networks.

Table 6 – Cumulative number of hospitalizations with influenza reported by the participating provinces and territories, Canada, 2014-15

Age groups (years)	Cumulative (24 Aug. 2014 to 25 Oct. 2014)					
	Influenza A				B	Influenza A and B
	A Total	A(H1) pdm09	A(H3)	A (UnS)	Total	# (%)
0-4	5	0	4	1	0	5 (12%)
5-19	6	0	6	0	0	6 (14%)
20-44	2	1	1	0	1	3 (7%)
45-64	5	0	5	0	1	6 (14%)
65+	23	1	15	7	0	23 (53%)
Unknown	0	0	0	0	0	0 (0%)
Total	41	2	31	8	2	43
Percentage[1]	95.3%	4.9%	75.6%	19.5%	4.7%	100.0%

[1] Percentage of tests positive for sub-types of influenza A are a percentage of all influenza A detections.
UnS: unsubtyped: The specimen was typed as influenza A, but no result for subtyping was available.

See additional data on Reported Influenza Hospitalizations and Deaths in Canada: 2009-10 to 2014-15 on the Public Health Agency of Canada website.

Emerging Respiratory Pathogens

Human Avian Influenza
Influenza A(H7N9): Globally to October 30, 2014, the WHO has been informed of a total of 455 laboratory-confirmed human cases with avian influenza A(H7N9) virus, including 176 deaths.

Documents related to the public health risk of influenza A(H7N9), as well as guidance for health professionals and advice for the public is updated regularly on the following websites:
PHAC – Avian influenza A(H7N9)
WHO – Avian Influenza A(H7N9)

Middle East Respiratory Syndrome Coronavirus (MERS-CoV)
Globally, from September 2012 to October 30, 2014, the WHO has been informed of a total of 885 laboratory-confirmed cases of infection with MERS-CoV, including 319 deaths. All cases have either occurred in the Middle East or have had direct links to a primary case infected in the Middle East. The public health risk posed by MERS-CoV in Canada remains low (see the PHAC Assessment of Public Health Risk).

Documents related to the public health risk of MERS-CoV, as well as guidance for health professionals and advice for the public is updated regularly on the following websites:
PHAC – Middle East respiratory syndrome coronavirus (MERS-CoV)
WHO – Coronavirus infections

Enterovirus D68 (EV-D68)
The Chief Public Health Officer of Canada released a message on EV-D68 on October 17, 2014 and can be viewed through the following link: http://www.phac-aspc.gc.ca/cpho-acsp/statements-declarations/20141017-eng.php.
Information related to enterovirus D68, as well as guidance for health professionals and advice for the public is updated regularly on the following website:
PHAC – Non-polio enterovirus

International Influenza Reports

World Health Organization influenza update

World Health Organization FluNet

WHO Influenza at the human-animal interface

Centers for Disease Control and Prevention seasonal influenza report

European Centre for Disease Prevention and Control - epidemiological data

South Africa Influenza surveillance report

New Zealand Public Health Surveillance

Australia Influenza Report

Pan-American Health Organization Influenza Situation Report

FluWatch Definitions for the 2014-2015 Season

Abbreviations: Newfoundland/Labrador (NL), Prince Edward Island (PE), New Brunswick (NB), Nova Scotia (NS), Quebec (QC), Ontario (ON), Manitoba (MB), Saskatchewan (SK), Alberta (AB), British Columbia (BC), Yukon (YT), Northwest Territories (NT), Nunavut (NU).

Influenza-like-illness (ILI): Acute onset of respiratory illness with fever and cough and with one or more of the following - sore throat, arthralgia, myalgia, or prostration which is likely due to influenza. In children under 5, gastrointestinal symptoms may also be present. In patients under 5 or 65 and older, fever may not be prominent.

ILI/Influenza outbreaks

Schools: Greater than 10% absenteeism (or absenteeism that is higher (e.g. >5-10%) than expected level as determined by school or public health authority) which is likely due to ILI. Note: it is recommended that ILI school outbreaks be laboratory confirmed at the beginning of influenza season as it may be the first indication of community transmission in an area.

Hospitals and residential institutions: two or more cases of ILI within a seven-day period, including at least one laboratory confirmed case. Institutional outbreaks should be reported within 24 hours of identification. Residential institutions include but not limited to long-term care facilities (LTCF) and prisons.

Workplace: Greater than 10% absenteeism on any day which is most likely due to ILI.

Other settings: two or more cases of ILI within a seven-day period, including at least one laboratory confirmed case; i.e. closed communities.

Note that reporting of outbreaks of influenza/ILI from different types of facilities differs between jurisdictions.

Influenza/ILI Activity Levels

1 = No activity: no laboratory-confirmed influenza detections in the reporting week, however, sporadically occurring ILI may be reported

2 = Sporadic: sporadically occurring ILI and lab confirmed influenza detection(s) with **no outbreaks** detected within the influenza surveillance region†

3 = Localized: (1) evidence of increased ILI* ;
(2) lab confirmed influenza detection(s);
(3) **outbreaks** in schools, hospitals, residential institutions and/or other types of facilities occurring in **less than 50% of the influenza surveillance region**†

4 = Widespread: (1) evidence of increased ILI*;
(2) lab confirmed influenza detection(s);
(3) **outbreaks** in schools, hospitals, residential institutions and/or other types of facilities occurring **in greater than or equal to 50% of the influenza surveillance region**†

Note: ILI data may be reported through sentinel physicians, emergency room visits or health line telephone calls.

** More than just sporadic as determined by the provincial/territorial epidemiologist.*

† Influenza surveillance regions within the province or territory as defined by the provincial/territorial epidemiologist.

We would like to thank all the Fluwatch surveillance partners who are participating in this year's influenza surveillance program.

This report is available on the Public Health Agency website at the following address: http://www.phac-aspc.gc.ca/fluwatch/index.html.

Ce rapport est disponible dans les deux langues officielles.