# Biological data on cod from 

 the summer fishery on the north shore, Struit of Belle Isleby A.W. May

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BIOLOGICAL DATA ON COD FROM THE SUMMER FISHERY ON THE NORTH SHORE STRAIT OF BELLE ISLE

## by

## A. W. May

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10. Introduction
(a) The stock

A regular census of the inshore Labrador cod fishery, to provide basic data for population studies and to assess the effects of offshore fishing, was begun in 1959. Various fishing centres on the north shore of the Strait of Belle Isle (Fig. 1) were first visited in 1962 and sampling continued through 1966.

Very little mixing occurs between cod populations from the north shore of the Strait of Belle Isle and the more northerly Labrador Coast (Templeman, 1962). The Straits cod form part of the "West Newfoundland" stock which ranges from southwestern Newfoundland, along the Newfoundland west coast, and possibly to the Quebec north shore, depending on season (Templeman, 1962). Summer distribution is mainly in the northern and northeastern Gulf of St. Lawrence (ICNAF Divisions $4 R$ and $4 S$ ), while in winter and early spring the cod are distributed around the southwest corner of Newfoundland (Divisions $4 R$ and 3RN). It is possible that at least two "sub-stocks" are present; both wintering in the same area but separating in summer between western Newfoundland and the north shore of the Gulf.


Fig. 1. Map of the Strait of Belle Isle showing areas where sampling was carried out.

The data presented here are a by-product of more intensive investigations along the coast of Labrador, and cover only a small part of the area of summer distribution for a very brief period of sampling in each year. They are summarized to provide a preliminary description of the biology of the stock and as background for more widespread studies, begun in 1966 (Wiles, MS, 1967a).

## (b) The fishery

The inshore cod fishery in this area (Quebec-Labrador border to $52^{\circ} 15^{\prime} \mathrm{N}$ Lat.) is relatively small, being carried out by less than 500 men fishing from small boats mainly from June to September. Cod are taken by trap, gillnet, jigger and longline, the trap probably being the single most productive gear, though no estimates of annual catch by each gear are available.

Annual catches exhibited large fluctuations since 1957 (Fig. 2) with an overall downward trend. Numbers of cod fishermen increased to 1964 but decreased slightly in 1965 and 1966. Catch per man was variable, but declined from an average 17 tons during 1957-60 to less than 10 tons during 1964-66 (Fig. 2). Trends in catch per man are comparable to those described for Labrador by May (1967b).

Over the past 10 years similar variations have occurred in annual catch and catch per man. These year to year variations are probably due to a combination of varying year-class survival and varying availability to the inshore gears. Downward trends in catch and catch per man may be due to competition from the offshore ottertrawl fishery.

## 2. Collections

Details of collections are listed in Table 1, and location of areas sampled in Fig. l. Virtually all the material was taken from the summer trap fishery during a one or two day visit each year. Several comrunities were sampled in 1962 and 1963, but the data from each were so similar that one community only was visited from 1964 onwards. In two years when small cod were abundant, samples were obtained by hook and line. A single sample was obtained from the centre of the Strait (Centre Bank) in October 1962 by the research vessel Investigator II, using an otter trawl with small-mesh codend.

Random samples of the commercial catches were taken for length measurements (fork length to the nearest cm). From 1962-64 random sub-samples of the measured fish were taken for otolith collections, determination of sex and maturity, and measurements of opercular girth and whole and gutted-gilled weights. Otolith collections were also made from "category" samples of the smallest and largest size categories of the measured fish (generally fish less than 35 cm and greater than 60 cm in length). During 1965 and 1966 "stratified" sub-samples of the measured fish were taken at the rate of $20-25$ per $3-\mathrm{cm}$ length group. These were examined for sex and maturity and otoliths were collected.


Fig. 2. Catch, effort and $C / E$ in the inshore fishery on the north shore of the Strait of Belle Isle.
3. Age validation
(a) Otolith edge

Otoliths were used for age determination and appearance of the otolith edge (i.e. whether opaque or hyaline) was recorded for all fish aged. The data were analysed for each age-group using random samples from 1962-64 and stratified samples adjusted to the random length distributions for 1965 and 1966.

Deposition of opaque material at the otolith edge was well advanced during the June-July period when most of the sampling was done (Table 2). As in Labrador, opaque material appears to be deposited first in the younger fish, but appears earlier in the year in the population as a whole than in the Labrador (ICNAF Subarea 2) cod (May, 1967a). Thus for the period 1962-66, $71 \%$ of the present collections exhibited opaque material at the otolith edge in JuneJuly, as opposed to $18 \%$ during the same months of 1958-64 in Subarea 2. This indicates that annual growth begins earlier each year in Division $4 R$.

By September-October all the fish either had opaque edges in the otoliths or had completed deposition of opaque material and begun to deposit the hyaline material of the next winter zone. Using the convention of January $l$ as the fish's "birthday" the narrow hyaline zone at the edge is ignored for determining age. Should this zone not be recognized as the beginning of the next "winter" errors in age determination will occur. Cod from Labrador also begin to form a hyaline zone in autumn (May, 1967a).

The data were not sufficiently distributed throughout the year to demonstrate conclusively the validity of the otolith method, but by analogy with the pattern in Subarea 2 (May, 1967a) and addition of the evidence imnediately following, the otolith method is considered reliable. However, secondary or check zones do occur; familiarity with the otolith pattern in the area provides the best means of recognizing these.

## (b) Length distributions of small fish

In September 1962 and July 1964 small cod were sufficiently numerous near the shore at Red Bay (Fig. 1) to obtain samples with hook and line. Length distributions of these, with assigned ages from otoliths are shown in Fig. 3. In July of 1964 the smallest fish ( $9-15 \mathrm{~cm}$ ) exhibited a single hyaline zone near the otolith edge, followed in most by a varying amount of opaque material. In September of $196241 \%$ of the sample ( $12-19 \mathrm{~cm}$ ) exhibited a hyaline zone followed by a wide opaque zone, while the remainder had an additional very narrow hyaline zone at the otolith edge. The latter was considered to represent the beginning of the next "winter" (see above); thus both groups were regarded as age 1. In July of

1961 fish of length $17-23 \mathrm{~cm}$ were assigned an age of 2 from the otoliths; those greater than 23 cm in length an age of 3 . From the progrossion of modes in the length distributions (Fig. 3), and the correspondence of age interpretations to these modes it is evident that otolith age interpretations are valid.


Fig. 3. Length distributions of small cod showing ages assigned from otoliths.
4. Age and length distributions

Length distributions of all fish measured (Table l) were combined for each year (except the summer and autumn collections of 1962). Age distributions were adjusted to the number measured by use of age-length keys from combined random and category samples in 1962-64 and stratified samples in 1965-66.

Age and length distributions from the summer inshore commercial fishery and from a research vessel sample on Centre Bank in autumn of 1962 are compared in Fig. 4. The distributions are very similar considering the small numbers involved and differences in gear selectivity. The research vessel sample is likely from the same population as that fished inshore in summer, the fish having moved deeper and ferther from shore as the season progressed.


Fig. 4. Age and length distributions, 1962. Numbers refer to measured fish.

Age and length distributions from the inshore trap fishery (Fig. 5) are again similar from year to year, being made up largely of very young and small fish. In each year, except 1962, almost one-half the fish in the age distributions were age 4 . In 1962 age 5 fish were dominant. This was an anomalous situation due to the relatively great survival of the 1957 year-class. In all years most of the fish were less than 50 cm in length. Virtually no fish older than age 10 or larger than 70 cm were taken. It is obvious that in this fishery, where catches are heavily dependent on the newly recruited age-groups, the relative success of the fishery will depend very greatly on fluctuations in year-class survival. Thus increased landings in 1962 and 1963 (Fig. 2) were at least partly due to better than average survival of the 1957 year-class.

## 5. Mortality

Estimates of total mortality were obtained from annual age distributions (Fig. 5). It is obvious from these that old fish were relatively less numerous in 1965-66 than in 1962-63. Catch curves for these two pairs of years (from combined percentage age distributions) are shown in Fig. 6, along with the catch curve for the whole period of sampling. Values of total mortality ( $Z$ ) were . 46 for 1962-63, .68 for 1965-66 and . 54 for the whole period. The increase in total mortality (which is also evident as a concavity between ages 5 and 11 on the combined curve) is likely due to increased fishing on the stock as a whole (Wiles, MS, 1967a). However it must be pointed out that the values given here probably do not represent the true population values. Availability of cod to traps probably decreases with age since the older fish are distributed in depths beyond the range of the gear. Thus the catch curves contain a measure of availability as well as abundance. They remain of value in describing the direction and magnitude of changes in total mortality, though the absolute values of $Z$ from the catch curves may not represent the population as a whole.
6. Growth
(a) Age-length

Average length at each age was determined on an annual basis from the adjusted age-length distributions. A plot of the combined data (weighted averages) for the $1962-66$ period is shown in Fig. 7. The von Bertalanffy growth curve shown in the figure gave a reasonable fit to the data, though the common "levelling-off" at the older ages followed by increased growth for the very oldest ages (May et al, 1965) was very much in evidence (Fig. 7). Average lengths for ages 1 and 3 were artificially high because of hook selection in the former group and trap mesh selection in the latter.


Fig. 5. Age and length distributions from the inshore trap fishery. Numbers refer to measured fish.


Fig. 6. Catch curves from the inshore trap fishery.


Fig. 7. Fitted growth curve for inshore data, June-July 1962-66.
(b) Growth variations and possible causes

Attained sizes at each age were quite variable from year to year. Plots of average sizes of the most abundant age-groups (Fig. 8) reveal a general decline in average sizes from 1962 to 1964, followed by an increase to 1966. Wiles (NS, 1967b) has suggested that increased growth of the oldest age groups in the Newfoundland part of Division $4 R$ is due to the reduction of old fish by otter trawlers since the mid-1950's. However, there is little possibility that variation in abundance is the causative factor for the changes described here.

Lacking synoptic hydrographic data in the area, air temperatures at selected meteorological stations were examined for trends from year to year. The population sampled is known to range at least from the north shore of the Strait of Belle Isle to southwesterm Newfoundland. Meteorological stations at the northern, middle and southern parts of the range are located at Belle Isle, Daniels Harbour (Newfoundland west coast) and Port aux Basques (southwest coast) respectively.

Mean daily temperatures on a monthly basis were available from publications of the Meteorological Branch, Canada Department of Transport. These were the mid-points of average daily minimum and maximum temperatures for the month. Mean daily temperatures for each year were estimated by averaging the monthly values. Trends in the annual means corresponded roughly with the trends in average lengths.

Since cod in this area are known to be distributed at the southern extremity of their range in winter, and over the middle and northern parts of the range in summer, the air temperature data were reworked to give averages for those months in which cod might be expected to be under the influence of local conditions in each area. Mean daily temperatures for winter (December-April) at Port aux Basques, and summer (May-November) at Daniels Harbour and Belle Isle, exhibited trends very similar to those in average size over the 196266 period (Fig. 8).

Templeman (MS, 1967) has shown that mean annual sea temperatures exhibit variations parallel to those in the air, though of lesser amplitude. Thus air temperatures provide reliable indices of the direction, if not the magnitude, of temperature variations in the sea. The present comparison leaves much to be desired; in particular it should be noted that the mean summer temperatures in each year cover the period May to November, while the fish were collected in late June to late July. Also the data series is too short to rule out a coincidental pattern. Nevertheless the comparison does provide the working hypothesis that growth variations in this area, and for the range of ages considered, are largely environmentally induced.


Fig. 8. Average lengths of cod of ages 3 to 8 from the period 1962-66, with mean daily air temperatures at selected stations over the same period.
(c) Length-weight and girth-length

Weights of whole cod, and with viscera and gills removed, were obtained for all fish sampled during 1962-64. All weights were made in the field and recorded to the nearest ounce ( $1 \mathrm{oz}=28 \mathrm{~g}$ ).

Weight-length curves of the form $W=k l^{n}$ were fitted to the data (about 1000 observations) and are shown in Fig. 9. Plotted averages of both whole and gutted-gilled weights adhered closely to a logarithmic straight line though there was some tendency for the largest sizes to depart from the regression. Points above 60 cm were better fitted by regressions employing greater exponents. Thus values of $n$ for fish greater than 60 cm in length were 3.43 for the whole weight curve ( 3.01 for all sizes) and 3.37 for the gutted-gilled weight curve ( 2.91 for all sizes). A similar phenomenon was described by May (MS, 1966).

Measurements of girth at the posterior edge of the operculum were obtained from 874 fish during the 1962-64 period. These measurements were originally made in mm using a flexible tape, and later combined into l-cm groups. Preliminary analysis revealed no sex differences. Combined averages for the period are plotted in Fig. 10. A weighted straight line fitted to the data gave the regression

$$
G=0.56 L-0.87
$$

where $G=$ opercular girth in cm and $\mathrm{L}=$ fork length to the nearest cm.
7. Maturity and spawning

Observations on stage of maturity were made in the field by gross examination of gonads of all fish sampled. For present purposes various stages were combined as immature, pre-spawning, spawning and spent-recovering. Spawning was completed by virtually all fish during the period of sampling. In June-July $97 \%$ of the mature fish were spent-recovering, $2 \%$ spawning, and $1 \%$ pre-spawning. All mature fish had completed spawning by October 1.

The proportion of mature fish at each $3-\mathrm{cm}$ length group and each age were determined for the June-July collections (Fig. 11). Males were first mature at 34 cm and age 4 ; females at 43 cm and age 5. All males were mature at 64 cm and age 8; all females at 64 cm and age 10. Sizes and ages at $25 \%, 50 \%$ and $75 \%$ maturity were estimated from straight lines fitted by eye to plots of the data on probability paper, and are tabulated below.


Fig. 9. Weight-length relationships for combined data, July 1962-64.


Fig. 10. Girth-length relationships for combined data,
July 1962-64.


Fig. 11. Size and age at maturity, sexes separate (A) and combined (B).

|  | Size at maturity (cm) |  |  |
| :---: | :---: | :---: | :---: |
|  | 25\% mature | $50 \%$ mature | 75\% mature |
| Male | 42.9 | 45.7 | 48.4 |
| Female | 47.5 | 49.7 | 51.9 |
| Combined | 44.7 | 47.7 | 50.7 |


|  | Age at maturity |  |  |
| :---: | :---: | :---: | :---: |
|  | 25\% mature | 50 mature | 75\% mature |
| Male | 4.7 | 5.3 | 5.9 |
| Female | 5.4 | 6.1 | 6.9 |
| Combined | 4.8 | 5.7 | 6.7 |

## 8. Summary

Data on cod from the north shore of the Strait of Belle Isle, collected from the trap fishery during 1962-66, are summarized. The cod belong to the West Newfoundland stock and are distributed in the northern and eastern GuIf of St. Lawrence in summer; around southwestern Newfoundland in winter. The trap fishery along the north shore of the Strait is a relatively minor one, and annual catches and catch per man, though variable, have declined over the past 10 years.

Size and age distributions show the fishery to be heavily dependent on newly recruited year-classes, with few fish older than age 10 present in the samples. Total mortality increased over the 1962-66 period. Growth was variable from year to year, apparently in response to varying hydrographic conditions. Length-weight and girth-length relationships are described. Spawning was virtually complete by June. Males matured at a smaller size and younger age than females.

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Table 1. Collections for length and age.

| Year | Locality | Date | Depth | Gear | Otolith collections |  |  |  | Length meas. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | Random | Category | Strati <br> fied | Total |  |
|  |  |  | m |  |  |  |  |  |  |
| 1962 | L'Anse au Loup | July 14 | 13 | Trap | 101 | 34 | - | 135 | 500 |
|  | Red Bay | July 16 | 13-15 | Trap | 100 | 25 | - | 125 | 500 |
|  | Henley Harbour | July 17 | 11-17 | Trap | 99 | 33 | - | 132 | 500 |
|  | * Red Bay | Sept. 29 | 2 | Hook. | 61 |  | - | 61 | 61 |
|  | Centre Bank | Oct. 1 | 51 | O.T. | 122 | 32 | - | 154 | 172 |
| 1963 | Red Bay | July 16 |  |  | 120 |  |  | 166 | 479 |
|  | L'Anse Amour | July 19 | 7 | Trap | 164 | - | - | 164 | 164 |
|  | Henley Harbour | $\text { July } 22$ | 15 | Trap | 125 | 30 | - | 155 | 500 |
| 1964 | Red Bay | July 21-22 | 18 | Trap | 130 | - | - | 130 | 130 |
|  | * Red Bay | July 22 | 7 | Hook | 25 | - | - | 25 | 25 |
| 1965 | Red Bay | June 24-26 | 11-18 | Trap | - | - | 198 | 198 | 495 |
| 1966 | Red Bay | June 28-29 | 17-18 | Trap | - | - | 211 | 211 | 603 |
|  |  |  | Totals |  | 1047 | 200 | 409 | 1656 | 4129 |

[^0]Table 2. Proportions of fish exhibiting opaque material at the otolith edge in June-July 1962-66, and either an opaque (0) or narrow hyaline (NH) zone on Sept. 29-0ct. 1, 1962. Values based on less than 5 fish are not included.

| Age | June-July | Sept.-Oct. |  |
| :---: | :---: | :---: | :---: |
|  | $\% 0$ | \% 0 | $\% \mathrm{NH}$ |
| 1 | 100. | 54 | 46 |
| 2 | 73 | - | - |
| 3 | 92 | - | - |
| 4 | 80 | 24 | 76 |
| 5 | 68 | 20 | 80 |
| 6 | 63 | 23 | 77 |
| 7 | 49 | 50 | 50 |
| 8 | 38 | 70 | 30 |
| 9 | 17 | 75 | 25 |
| 10 | 24 |  |  |
| 11 | 7 |  |  |
| 12 | 25 |  |  |
| 13 | 13 |  |  |
| All ages | 71 | 41 | 59 |

$$
1
$$


[^0]:    * Special collections of small cod
    O.T. = Otter trawl

