



DRUG AWARENESS CHART

PROTECT. INFORM. INFLUENCE.

ADDICTION / Drug abuse can lead to **physical and/ or psychological** dependence and have serious consequences on user health and safety, as well as social and judicial impacts.



DEPRESSANTS

Central nervous system (CNS) depressants are drugs that slow down brain activity by reducing arousal of the brain's cerebral cortex. They have a calming effect.

STIMULANTS

Stimulants activate the psychic functions by increasing wakefulness and general brain activity. They accelerate the thinking process.

HALLUCINOGENS

Hallucinogens substances affect the psychic functions. They alter sensory perception and cause changes in user's mood, thoughts and consciousness.

SUBSTANCE	GHB	HEROIN	COCAINE		AMPHETAMINE/ METHAMPHETAMINE			MDPV/ MEPHEDRONE		CANNABIS			MDMA (Ecstasy)	KETAMINE	SYNTHETIC CANNABINOIDS	
APPEARANCE																
DESCRIPTION AND USUAL CONSUMPTION METHODS *	CLEAR LIQUID, SOMETIMES ODOURLESS, SOMETIMES WITH LIGHT SALTY AND SOAPY TASTE	POWDER VARYING FROM WHITE TO BROWN	SHINY CRYSTALLINE POWDER	LITTLE ROCKS COLOUR RANGING BETWEEN WHITE TO YELLOWISH CREAM TO BROWN	> Amphetamine/ Methamphetamine TABLETS OF DIFFERENT SHAPES, COLOURS AND LOGOS	> Amphetamine/ Methamphetamine WHITE POWDER ALSO FOUND IN VARIOUS COLOURS	> Methamphetamine FINE GLOSSED TRANSPARENT CRYSTALS	> MDPV/Méphédrone CRYSTALS OR CRYSTALLINE POWDER, GENERALLY WHITE IN COLOUR	> MDPV TABLETS OF DIFFERENT SHAPES, COLOURS AND LOGOS	LEAVES AND DRIED LEAVES (BUDS); COLOUR VARYING FROM GREEN TO BROWN	THICK OPAQUE PASTE; LIGHT BROWN TO BLACK IN COLOUR	THICK, VISCOUS LIQUID; YELLOW, ORANGE, BROWN OR BLACK IN COLOUR	TABLETS OF DIFFERENT COLOURS, SHAPES AND LOGOS, OR CAPSULES OR CRYSTALLINE POWDER	WHITE POWDER	MIXTURE OF HERBS, SPICES OR ORGANIC MATERIALS	
	Ingested	Smoked/Inhaled + Injected	Injected + Snorted	Smoked/Inhaled	Ingested	Smoked/Inhaled + Injected + Snorted	Smoked/Inhaled	Snorted	Ingested	Smoked/Inhaled + Ingested	Smoked/Inhaled	Smoked/Inhaled	Ingested	Snorted	Smoked/Inhaled	
COMMON NAMES	GH, Liquid ecstasy, petit jus, Date rape drug	Smack, China white, Hard stuff, Point, Jazz	Coke, Powder, Coca, Snow	Crack, Rock, Freebase	Speed, Peanut, Pills	Meth	Crystal meth, Glass, Ice, Cristal, Tina	Bath salts, Plant food, Synthetic cocaine	Speed, Ecstasy	Pot, Weed, Marijuana, Mari, Marijane, Grass, Green	Hash, Resin, Brown	Oil, Liquid hash, Marijuana oil, Honey oil	Ecstasy, E, Molly, Party pill, Speed	Special K, K, Vitamin K	Spice, Yucatan fire, K2, JWH-018, JWH-073, HU-210, HU-211, CP 47	
DESIRED EFFECTS *	Euphoria, reduced inhibition, decreased anxiety, relaxation.	Euphoria, overall sensation of well-being, sedation.	Euphoria, increased sociability, energy and vigorous feeling, increased mental awareness and self-esteem, enhanced sensory perceptions (visual, auditory, kinesthetic and sexual).		Euphoria, increased energy and mental awareness, reduced appetite, insomnia, sense of well-being.			Euphoria, increased energy, excitement, increased mental awareness, increased sociability and sexual arousal.		Euphoria, sense of well-being, laughter, sense of calm and relaxation, sociability, carelessness, enhanced sensory perceptions.			Euphoria, intensification of emotions, feeling of sensuality and increased need to be intimate, altered sensual perceptions and pleasure.		Euphoria, floating sensation, stimulation, insensitivity to pain, out of body experience (hallucinations), fantasy interactions (spiritual journeys).	Euphoria, sense of well-being, laughter, sense of calm and relaxation, sociability, carelessness, enhanced sensory perceptions.
SIDE EFFECTS *	Slurred speech, sedation, dizziness, nausea, vomiting, diarrhea, urinary incontinence, muscular spasms, tremors, lack of coordination, general anesthesia, amnesia. Overdose: Seizures, hallucinations, decreased heart rate, hypotension, watering eyes, respiratory depression, unconsciousness, coma, death.	Apathy (suppression of emotions), mood disruption, agitation or slowness of movements, lack of concentration, slurred speech, blurred vision, drowsiness. Overdose: Stupor, coma, respiratory depression, cardiopulmonary arrest, death.	Anxiety, depression, reduced appetite, accelerated heart rate, hypertension. Overdose: Chest pain, arrhythmia, confusion, convulsions, respiratory depression, coma, death.		Anxiety, irritability, impaired judgment, increased heart rate and body temperature, tactile hallucinations, reduced appetite, aggressive thoughts, anger, paranoia. Overdose: Hypertension, chest pain, kidney failure, convulsions, toxic psychosis, coma, death.			Increased heart rate, hypertension, arrhythmia, hallucinations, agitation, chest pain, anxiety. Overdose: Panic attacks, extreme violence, paranoia, toxic psychosis, convulsions, death.		Altered time perception, physical and mental slowness, loss of concentration, ambition and initiative, decreased blood pressure, increased heart rate. Overdose or chronic use: Motivation loss, drowsiness, confusion, disorientation, delirium, depression, toxic psychosis, activation of latent schizophrenia.			Anxiety, insomnia, motivation loss, visual hallucinations, fatigue, depressive state, increased blood pressure and heart rate, urinary retention. Overdose: Agitation, panic, paranoia, convulsions, major depression, toxic psychosis, kidney failure.		Thought disorder, dissociative experience, altered mood, perceptions, thoughts and state of consciousness, altered vision, bad trip. Overdose: Paralysis, convulsions, prolonged sedation, death by respiratory depression.	Drowsiness, altered time perception, short term memory loss, confusion, depression. Overdose: Sedation, slurred speech, ataxia (lack of fine motor coordination), respiratory depression, coma, death.
VISIBLE SIGNS OR SYMPTOMS	Sleepiness, confusion, amnesia, slowness of movements, decreased muscle strength.	Constricted pupils, respiratory rate reduction, injection marks, slowed speech and movements, reduced appetite, itchiness and clammy skin, dry mouth, excessive sweating.	Dilated pupils, dehydration, chapped (dried) nostrils, nosebleeds, injection marks, sniffing, dry mouth and lips, slurred speech, lack of coordination, sweating, tremors, hyperactivity.		Agitation, dilated pupils, sweating or chills, dry mouth, nausea or vomiting, weight loss, tremors, confusion, necrosis of the skin.			Confusion, excessive sweating, skin discolouration, nausea and vomiting, erratic behaviour, extreme agitation.		Redness of the eyes, dry mouth, lack of coordination, uncontrolled appetite.			Dilated pupils, increased sociability, excessive sweating, teeth grinding, tension of the jaw, reduced appetite.		Unconsciousness, memory loss, lack of coordination, slurred speech, fever, nose bleeding, nausea, anxiety, confusion, slowed breathing.	Redness of the eyes, dry mouth, lack of coordination, tremors.
IMPORTANT MESSAGES	<ul style="list-style-type: none">Made mainly from a powerful industrial solvent (GBL), GHB is a drug often associated to parties.GHB is more and more popular, especially among young people.Contrary to popular belief, GHB is mostly taken voluntarily for personal pleasure.GHB also comes in a white powder form.	<ul style="list-style-type: none">In most cases, heroin dependence develops rapidly. In many users, it can even set off a process of social marginalization.Heroin is a powerful drug and its effects are unpredictable. Users do not know the actual strength or the purity of drug that they are using.	<ul style="list-style-type: none">The toxicity of cutting agents and other contaminants, such as levamisole (animal dewormer), found in cocaine can cause serious health side effects.Cocaine also produces strong psychological dependence that can be difficult to overcome.		<ul style="list-style-type: none">Methamphetamine is at least twice as powerful as amphetamine. In addition to being toxic for the nervous system, it can cause permanent brain damage.Use of methamphetamine and amphetamine can rapidly lead to abuse and dependence problems.Methamphetamine is one of the substances most commonly found in designer drug pills sold in Quebec.The risk of dependence is ten times greater when the drug is inhaled or injected (faster effect).			<ul style="list-style-type: none">MDPV is a powerful drug with devastating effects."Bath salts" are designer drugs that produce stimulant and hallucinogenic effects. They can contain one or more chemical substances, the most common being MDPV and mephedrone.They should not be confused with conventional bath salts sold for hygienic purposes.Because of its hallucinogenic properties, MDPV also fits the hallucinogens category.		<ul style="list-style-type: none">Cannabis must not be considered trivial.Regular use can lead to psychological dependence.Physical dependence can also occur with daily use in large quantity.Cannabis trafficking is a significant source of profits for criminal organizations. They use these profits to fund their other illicit activities which have serious repercussions on our communities.			<ul style="list-style-type: none">MDMA is one of the most popular designer drugs but its effects are underestimated.The actual composition of a tablet sold as ecstasy is often uncertain. It may contain other substances, including methamphetamine.		<ul style="list-style-type: none">Ketamine is often used in voluntary overdose to produce a near death experience.The experience is considered "successful" if the user can be resuscitated.Ketamine also comes in liquid form.	<ul style="list-style-type: none">Synthetic cannabinoids are 100% chemical substances vaporised on a mixture of herbs, spices or organic materials.The effects of synthetic cannabinoids are similar to those of cannabis.

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WARNING

The effects experienced by users may vary based on their physical and mental health, size, weight, sex, age, the amount taken, the degree of purity of the substance, how it is taken and the context of use (mixed with other drugs or alcohol, where the drug is taken, psychological and emotional state, etc.).



NEVER MIX DRUGS

Mixing different substances results in unforeseeable effects and an increased risk of intoxication that may pose serious health risks.



SCOURGE AMONG YOUNG PEOPLE

Designer drugs are sold at low prices in the form of pills in attractive shapes to lure customers, often young people for whom their use has become commonplace.



BEWARE OF DESIGNER DRUGS

Designer drugs are home-made drugs containing a mixture of chemical substances and are produced in clandestine laboratories by criminal organizations. They constantly change the appearance, name, colour and shape of the substances as well as the logos that appear on the substances and containers. Users have no idea what they are taking and in what amount.



PRESCRIPTION DRUG ABUSE

While prescription drugs are not illegal, prescription drug abuse is an increasing trend. There is a misconception that prescription drugs are safe but when they are misused, these drugs can lead to addiction and be just as harmful as illicit drugs.



RCMP DRUG AND ORGANIZED CRIME AWARENESS SERVICE

www.rcmp-grc.gc.ca/qc/services/sensibilisation-eng.htm