## The 2017

# "What happens next?" 

Calendar


To keep track of important dates when your parents split up

## Calendar 2017



Remembering everything can be tough. This calendar can help you keep track of times youll spend with your mom or dad.

## January 2017

Making a list of questions may help you ask your parents about changes in your family.


## February 2017

No matter where you live, your parents are always your parents.


## March 2017



Sometimes you may just want to spend some time alone to think things through.


Writing at least one good thought in a journal each day may help you feel better.


## June 2017

(1) 自 (2)

Your family has changed but you are still part of a family.



## August 2017

You don't have to choose between your parents just because they don't live together.


## September 2017

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Be sure to save some time for fun with your friends.


## October 2017

Writing down the time and date of your activities can help you get there on time.


## November 2017

(2) 自 (1)

Some things will never change. Your parents still love you.


## Try making a list of things you're looking forward to like getting together with friends.



Important contact information

| Name | Telephone number | Email |
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