

# TIME TO CONNECT PARKS CANADA in Western Canada



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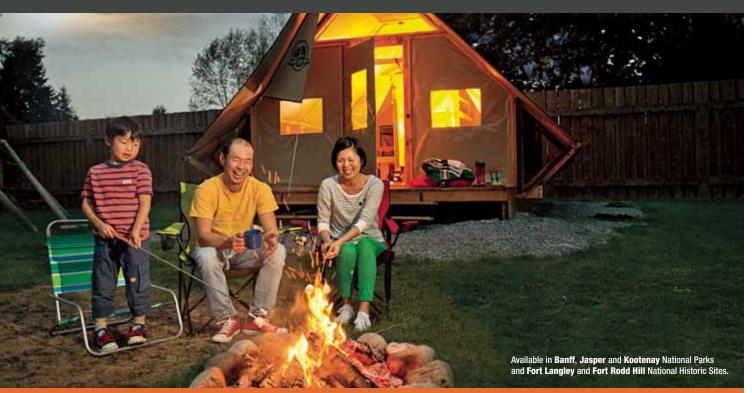


Parks Parc Canada Cana Canada

O Glacier National Park

# Staying the night? We've got you covered

### Parks Canada oTENTik



A cross between a tent and an A-frame cabin, oTENTik provides a front row seat to our country's most spectacular landscapes while providing a roof over your head and a floor beneath your feet.

Each unit can accommodate up to 6 people and includes:

- Three beds
- A table and chairs
- Heating and lighting (varies by location)



Comfort and convenience is only a click away! parkscanada.gc.ca/accomodations

# **CONTENTS**



FUN FOR THE WHOLE FAMILY	2
EPIC ADVENTURES	4
A BREAK FROM THE EVERY DAY	6
A GATHERING PLACE	8
	8 10
A GATHERING PLACE	Ŭ

#### Welcome!

Whether you're looking for **adventure**, **fun for the whole family**, or **a break from the everyday**, Parks Canada has countless unique experiences to suit your needs. Climb a rock face, discover sea creatures on the ocean floor, have a family picnic, or soak your bones in thermal hot springs.

#### It's time to connect!

With nature - with history - with friends and family.

# FOR THE WHOLE FAMILY

ALBERTA

#### WINTER WONDER: JASPER'S TRANSFORMATION

Under a blanket of snow and ice, Jasper's mountains, meadows, and rivers become a wintery spectacle. Enjoy canyon ice walks, pond skating, cross-country skiing, snowboarding, skiing, snowshoeing, fat biking, and wildlife watching.

Jasper National Park p. 13



#### **BRITISH COLUMBIA**

#### THE AMAZING TREES TOUR

Immerse yourself in British Columbia's distinctive rainforest with a choice of forest walks. Stroll a boardwalk above giant skunk cabbages, join hands around the base of a colossal cedar or take a tranquil break beneath moss-draped hemlock, spruce and fir.

Mount Revelstoke National Park p. 12



#### WORLD CLASS CHICKEN RACES

Flock to the famous chicken races held daily on a special track in a lakefront field at Fort St. James. Bet your chicken bucks on a top-flight bird and get pinned with a winner's button.

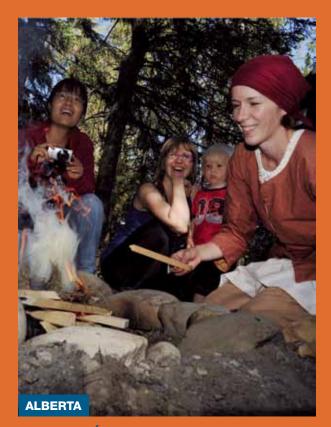
Fort St. James National Historic Site p. 13



#### **FESTIVAL FUN**

At Elk Island National Park, celebrate the iconic beast of the West at the Bison Festival, dive into water sports at Paddlefest, celebrate Canada Day in the park or devote a day to all things celestial at the annual Star Party.

Elk Island National Park p. 14



#### CAMP IN MÉTIS TRAPPERS' TENTS

Submerse yourself in the full wilderness experience by camping in one of the tents along the North Saskatchewan River. Complete the adventure with the Enhanced Camping kit. Light a fire with a flint and steel to cook bannock for supper.

Rocky Mountain House National Historic Site p. 14

# E P C Adventures!

#### ALBERTA

#### EXPLORING TRAILS ON FOOT AND BY BIKE

Among the best ways to experience the park's Rocky Mountain scenery is on the trail. Whether on foot or by bike, visitors have access to hundreds of kilometres of trails.

Banff National Park p. 13



ALC: NOT A PARTY OF

#### THE GLACIER HIGH COUNTRY EXPERIENCE

Conquering a technical mountain ascent, traversing icefields with 1,500-metre descents, freewheeling past glaciers, waterfalls and rock canyons: this is all part of the high country adventure experience at Glacier National Park.



**BRITISH COLUMBIA** 

#### PADDLE THE SALISH SEA

Paddle a kayak amid the Gulf Islands' sheltered labyrinth of islands and islets, exploring rocky shorelines and hidden coves, spotting birdlife and marine creatures before camping on a beach you have all to yourself.

Gulf Islands National Park Reserve p. 12



#### GUIDED HIKES TO THE BURGESS SHALE FOSSILS

Exercise body and mind alike with a guided all-day hike to one of the world's most significant fossil discoveries. Knowledgeable guides will fill you in on 505 million years of earth's history as you traverse spectacular mountain geography.

Yoho National Park p. 12

### WILD PACIFIC



Vancouver to Pacific Rim National Park

#### **ITINERARY & SIGHTSEEING**

#### Day 1

**Depart from West Vancouver and take BC Ferries to Nanaimo.** *"Cruising" time 1hr40.* 

Head to Tofino, Ucluelet and Pacific Rim National Park Reserve. Set up your camp at Green Point Campground.

At Pacific Rim National Park Reserve walk among large ferns rising from a bed of moss in an old-growth rainforest where the trees tower higher than you can see. Explore the endless sandy beaches. Watch the breakers roll in. Breathe in the salt air and experience paradise.

#### Day 2

Up for the **Long Beach Challenge**? Begin at the Long Beach parking area between trail 1 and 2 or the K<sup>w</sup>isitis Visitor Centre. Use the course map and watch for way-finding signs along the route. Walk, jog or run the 9.5 km section of beach along the park's most stunning shoreline features. Use a Challenge Time Card to track your start and finish times and post them on our website. Don't forget to share your images with us on Facebook and Twitter **#LongBeachChallenge**.



#### Day 3

Paddle through the Broken Group Islands, an archipelago of over 100 islands and islets in Barkley Sound. Glide past basking sea lions, check out the kelp forest and enjoy a picnic lunch on a quiet sand beach. Want a real adventure? Plan to camp overnight on the Islands!

#### Day 4

For that once-in-a-lifetime surfing experience, put on a wetsuit and spend the afternoon in the waves. Visit local outfitters in Tofino or Ucluelet for lessons, or if you are an experienced surfer, to rent gear. Will you catch the perfect wave before you head back home?



**BRITISH COLUMBIA** 

#### **HIT THE BULL'S-EYE**

Learn target shooting lingo. Go from "noob" to smooth operator with the Airsoft Challenge at Fort Rodd Hill. Trained professionals will hone your skills as you set your sights on a safe souvenir target.

Fort Rodd Hill & Fisgard Lighthouse National Historic Sites p. 13

# A BREAK FROM THE EVERY DAY

#### **BRITISH COLUMBIA**

#### **CELEBRATE THE SUMMIT**

Bike, hike or drive to the peak of Mount Revelstoke and celebrate the summit experience. Arrive to panoramic vistas, stroll the historic trails, take in the local art or find inner calm with a yoga workshop.

Mount Revelstoke National Park p. 12



#### **BRITISH COLUMBIA**

#### **RECONNECT WITH NATURE**

Relax with the family and reconnect with nature at any of Kootenay National Park's three campgrounds. All are within walking distance of gentle trails and natural attractions such as the historic Radium Hot Springs.

Kootenay National Park p. 13



#### WHOOPING CRANES AT WOOD BUFFALO NATIONAL PARK

In 2015, Wood Buffalo launches an opportunity to visit the endangered whooping crane nesting grounds. This special package tour will also include guided hikes to unique areas of the park and authentic aboriginal cultural experiences.

Wood Buffalo National Park p. 14



#### **CRUISE AMID ANCIENT** HAIDA VILLAGE SITES

Sailing or powerboating in waters rich with wildlife offers the most freedom for exploring Gwaii Haanas' maze of islands with their returning hot springs and ancient village sites brought to life by resident Haida Gwaii Watchman.

Gwaii Haanas National Park Reserve p. 12

# ULTIMATE



#### **ITINERARY & SIGHTSEEING**

#### Day 1

Hwy 1 W to Banff National Park (128 km)

Stop at Banff town site. Explore Cave and Basin and Banff Park Museum National Historic Sites.

Camp at Banff. Stay in an oTENTik!

#### Day 2

Drive the Lake Minnewanka Loop. Hike Johnston Lake loop; 1.1 km to the Lower Falls or 2.7 km to the Upper Falls. Take time to picnic, mountain bike or hike.

Relax in soothing hot mineral waters at Banff Upper Hot Springs.

#### Day 3

Take Bow Valley Parkway to Lake Louise (60 km)

Don't miss Moraine Lake a photographer's dream. Best time to visit? Before 11 am or after 5 pm.

#### Day 4

Take Icefields Parkway (Hwy 93N) to Jasper *(232 km)*. Explore the hiking trails and campgrounds en route!

Stop at Bow Lake. Enjoy the view of the glaciers.

Go to Peyto Lake. Your reward? Brilliant views of a turquoise, glacial fed lake.

Visit the Columbia lcefield area with easy to moderate day hikes.



Camp near glaciers, icefields, waterfalls or lakes along the way.

#### Day 5

Explore easy walking and biking trails around Jasper.

Stop at Lake Edith and Lake Annette. Swim and suntan on a sandy beach.

#### Day 6

Hike in the shadow of Mt. Edith Cavell, a 3300 metre peak.

Relax in the hottest mineral water in the Rockies at Miette Hot Springs.

#### Day 7

Go to Maligne Lake. Fish. Boat. Hike. Visit Maligne Canyon, Jasper's famous limestone gorge.



#### LEARN TRADITIONAL SKILLS IN THE BLACKSMITH SHOP

Step out of your urban wear and into the clothes of a  $19^{th}$  century blacksmith, ready to learn the passion and skills that shaped molten iron into the tools of the fur trade.

Fort Langley National Historic Site p. 13

# A GATHERING PLACE

#### ALBERTA

### THE "BEAUTY AND THE BEASTS" SCAVENGER HUNT

This unique sightseeing checklist helps visitors explore the park's natural landmarks and experience its incredible wildlife.

Waterton Lakes National Park p. 14

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#### BRITISH COLUMBIA FISHY BUSINESS

### Amid the smell of salmon and machine oil, workers toiled through history at the Gulf of Georgia Cannery.

Hear their stories, work the sliming table and experience the West Coast industrial legacy of "Fishy Business."

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Gulf of Georgia Cannery National Historic Site p. 13



#### **BISON BACKSTAGE TOUR**

Get a better understanding of bison and the expert staff who ensure their survival with your VIP backstage pass to the Elk Island National Park bison handling facility. Hands-on activities ensure a memorable experience.

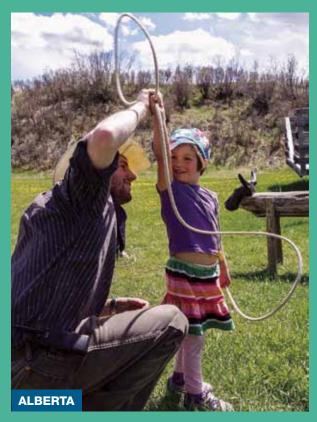
Elk Island National Park p. 14



#### LANTERN TOURS IN THE DARK

The crowds are gone, the sun is hiding behind the mountain and the lanterns are lit. It's time to trust your other senses and walk through the darkened tunnel on the Lantern Tour of the Cave and Basin in Banff National Park.

Cave and Basin National Historic Site p. 14



#### LEARN TO BE A REAL LIVE COWBOY

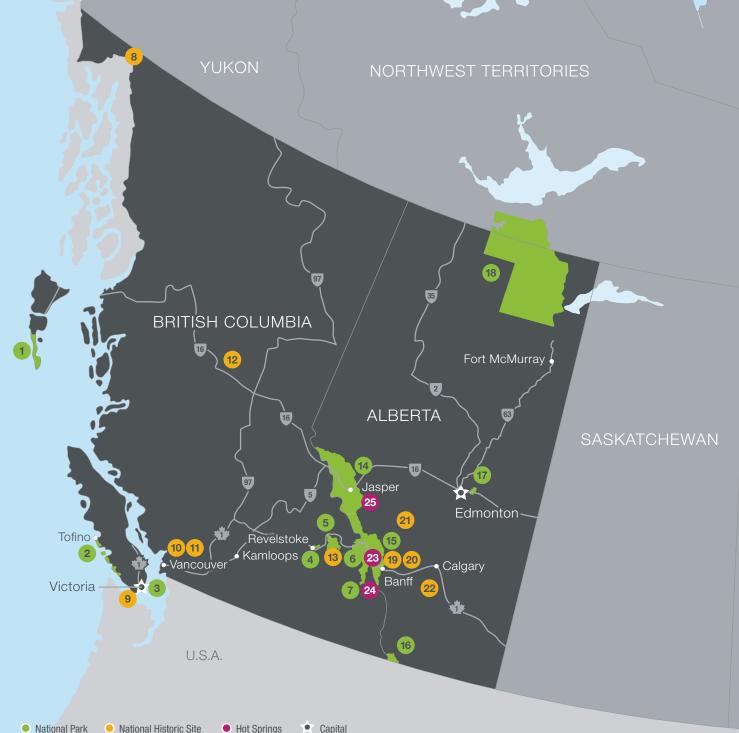
With 30,000 cattle and no fences, cowboys at the Bar U Ranch were kept busy. Learn what it took to maintain the largest ranch of the day by participating in many of the same activities.

Bar U Ranch National Historic Site p. 14

# Western Canada

National Parks and National Historic Sites of Canada





#### **British Columbia**

1 Gwaii Haanas (Reserve) p. 1	1
2 Pacific Rim (Reserve) p. 12	
3 Gulf Islands (Reserve) p. 12	
4 Mount Revelstoke p. 12	
5 Glacier p. 12	
6 Yoho p. 12	
7 Kootenay p. 13	
8 Chilkoot Trail p. 13	
9 Fort Rodd Hill	
& Fisgard Lighthouse p. 13	
10 Gulf of Georgia Cannery p.	
11 Fort Langley p. 13	
12 Fort St. James p. 13	
13 Rogers Pass p. 13	

З

#### Alberta

- 14 Jasper p. 13
- 15 Banff p. 13
- 16 Waterton Lakes p. 14
- 17 Elk Island p. 14
- 18 Wood Buffalo p. 14
- 19 Banff Park Museum p. 14
- 20 Cave and Basin p. 14
- 21 Rocky Mountain House p. 14
- 22 Bar U Ranch p. 14

#### **Canadian Rockies Hot Springs**

- 23 Banff Upper p. 15
- 24 Radium p. 15
- 25 Miette p. 15

# Directory

The following section provides more information on unique places and experiences in Western Canada.

#### Services and activities legend

The legend below identifies some of the services and activities that may be available at the parks and sites. Watch for these symbols when planning your visit.

P1 Parking	Stackpacking/hiking
Bus parking	Horseback riding
Access for the physically disabled	Golfing
Restaurant	No. Tennis
៉ាំខ Gift shop	Birdwatching
Interpretation	Marine mammals
문 Picnic area/shelter	Beaches
Playground	Canoeing/Kayaking
Camping	Motorboating
Recreational vehicles	Fishing
n Parks Canada oTENTik	Scuba diving
E Yurts	Rafting
X Teepees	Hot springs
Cabins	Mountain/Ice climbing
🂑 Cycling	🏶 Winter activities
🙆 Mountain biking	



#### 75+ red chairs

waiting to be discovered in Western Canada #SHARETHECHAIR #TIMETOCONNECT



#### **British Columbia**

1 Gwaii Haanas (Reserve)



Amid lush rainforest islands and seas rich with wildlife, Gwaii Haanas harbours rare sites of carved poles and longhouses, making this park culturally important to the Haida people who cooperatively manage the region with Parks Canada.

Skidegate, BC 1-877-559-8818 parkscanada.gc.ca/gwaiihaanas





Catch a wave, or spread a blanket and watch the sun dip below the horizon. From rainforests on land to marine kelp forests at sea, Pacific Rim National Park Reserve embodies the rich natural and cultural heritage of Canada's west coast.

Ucluelet, BC – 300 km from Victoria, BC; 300 km from Vancouver, BC 1-250-726-3500 parkscanada.gc.ca/pacificrim



Scattered throughout the Salish Sea, the Gulf Islands teem with wildlife, a haven for rare species and threatened ecco-systems and a playground with a Mediterranean-like climate for hikers, campers, cyclists, boaters and kayakers.

Sidney, BC – 27 km from Victoria, BC; 87 km from Vancouver, BC 1-866-944-1744 parkscanada.gc.ca/gulfislands



Stroll through brilliant wildflower meadows, or lie back in awe while stargazing atop a mountain peak. From lush green valley to mountain summit, all is within a leisurely day's drive at Mount Revelstoke National Park.

Revelstoke, BC 1-250-837-7500 parkscanada.gc.ca/revelstoke



Ski through deep powder, lace up your hiking boots or bike through cedar forests in Glacier National Park. But there's more than just natural charms: history comes alive at Rogers Pass, the key to completion of Canada's transcontinental railway.

Revelstoke, BC 1-250-837-7500 parkscanada.gc.ca/glacier

6 Yoho



In the shadow of the Great Divide, Yoho's towering rockwalls, spectacular waterfalls and soaring peaks reveal the secrets of ancient life, the power of ice and water and the stories of plants and animals that continue to evolve today.

Field, BC – 209 km from Calgary, AB 1-250-343-6783 parkscanada.gc.ca/yoho

Fort Rodd Hill & Fisgard Lighthouse National Historic Sites



With diverse terrain embracing everything from arid grasslands to glaciers, Kootenay National Park offers the full Rocky Mountain experience along the historic Banff-Windermere Highway. Take a scenic drive or stay and explore the park's treasures.

Radium Hot Springs, BC – 261 km from Calgary, AB 1-250-347-9505

parkscanada.gc.ca/kootenay





Hike a legendary trail through the northern Coast Mountains, from Alaska's Taiya Inlet to the headwaters of the Yukon River in northern British Columbia, following in the footsteps of dreamers in the Klondike Gold Rush.

Whitehorse, Yukon 1-800-661-0486 / 867-667-3910 parkscanada.gc.ca/chilkoot



Fort Langley National Historic Site

#### 9 Fort Rodd Hill & Fisgard Lighthouse

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Fort Rodd Hill commemorates the history, stories and lessons of Canada's emergence as a military presence on the world stage. Follow the trail to Fisgard Lighthouse in Esquimalt Harbour, a boon to navigators since 1860.

Victoria, BC – 14 km from Victoria, BC; 112 km from Vancouver, BC 1-250-478-5849 parkscanada.gc.ca/fortroddhill

10 Gulf of Georgia Cannery



Tour a historic Fraser River salmon cannery, through a herring reduction plant and interactive fishing displays. Learn about local marine life on the Fish Wall and be inspired by the industrious fishery of BC's past.

Richmond, BC – 14 km from Vancouver, BC; 104 km from Victoria, BC 1-604-664-9009

parkscanada.gc.ca/georgiacannery

11 Fort Langley



Experience life as a 19<sup>th</sup> century voyageur at Fort Langley, where the colony of British Columbia was born. Mingle with fur traders, pan for gold, learn the blacksmith's art and camp in an HBC-themed oTENTIK.

Fort Langley, BC – 48 km from Vancouver, BC; 135 km from Victoria, BC 1-604-513-4777 parkscanada.gc.ca/langley Waterton Lakes National Park



Handle beaver and muskrat pelts in a fur warehouse at Fort St. James restored to the year 1896. Meet costumed interpreters and sleep over in Canada's only bed and breakfast at a national historic site.

Fort St. James, BC 1-250-996-7191 parkscanada.gc.ca/stjames



Discover the role Rogers Pass played in the transcontinental Canadian Pacific Railway. Follow an abandoned rail line to the ruins of a Victorian-era resort, where legendary Swiss mountain guides forged popular trails and climbing routes.

Revelstoke, BC 1-250-837-7500 parkscanada.gc.ca/rogers

#### Alberta

#### 14 Jasper



Jasper astonishes visitors with its vast wilderness, dotted with glaciers, lakes, waterfalls, rivers, mountains and deep-cut canyons. Hike, paddle, swim, ski, fish, and take in soothing hot springs, scenic drives and extraordinary wildlife.

Jasper, AB – 336 km from Edmonton, AB; 415 km from Calgary, AB 1-780-852-6176 parkscanada.gc.ca/jasper



With its soaring peaks, azure lakes and abundant wildlife, this Rocky Mountain park attracts millions of visitors a year. Founded in 1885, Banff is Canada's first national park and part of the first national park system in the world.

Banff, AB – 130 km from Calgary, AB 1-403-762-1550 parkscanada.gc.ca/banff

Gwaii Hannas National Park Reserve



Enter into the heart of the Canadian Rockies, where history and wild nature blend. Featuring the world famous scenes of Moraine Lake, The Valley of Ten Peaks, Lake Louise and Victoria Glacier this destination is a must-see.

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Lake Louise, AB – 190 km from Calgary, AB 1-403-522-3833 parkscanada.gc.ca/banff

Call 1-888-773-8888 or visit parkscanada.gc.ca





The prairies meet the Rocky Mountains in Waterton Lakes National Park, a 505-square-kilometre park in the southwest corner of Alberta. Exceptional scenery and easy access add up to a unique Canadian adventure.

Waterton Park, AB - 264 km from Calgary, AB 1-403-859-5133 parkscanada.gc.ca/waterton



Experience first-hand the story of the bison and how it was saved from near extinction at Elk Island National Park, where an active conservation program replenishes herds around the world.

Fort Saskatchewan, AB - 45 km from Edmonton, AB; 340 km from Calgary, AB 1-780-922-5790

parkscanada.gc.ca/elkisland

#### 18 Wood Buffalo



Canada's largest National Park contains half of the world's endangered wood bison population, unique whooping crane nesting grounds and the Peace-Athabasca Delta. Access to undisturbed boreal wilderness is a unique global experience.

Fort Smith, NT 1-867-872-7960 parkscanada.gc.ca/woodbuffalo





access to 5,000 vintage specimens, from stuffed mountain goats and elk to a cabinet of natural curiosities, all housed in a landmark 1903 rustic log building.

Banff, AB – 129 km from Calgary, AB 1-403-762-1558 parkscanada.gc.ca/banffparkmuseum



When three railway workers stumbled upon bubbling hot springs in 1883, they had no idea it would lead to the creation of Banff National Park. Discover the birthplace of Canada's first national park at Cave and Basin National Historic Site.

Banff, AB – 129 km from Calgary, AB 1-403-762-1566 parkscanada.gc.ca/cave

Chilkoot Trail National Historic Site



Two centuries ago trappers, traders and the First Nation Peoples shared the rugged western frontier of Canada. At Rocky Mountain House National Historic Site - be a part of the story. Explore, hike, camp and discover their challenges and triumphs.

Rocky Mountain House, AB - 227 km from Calgary, AB; 231 km from Edmonton, AB 1-403-845-2412

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parkscanada.gc.ca/rockymountainhouse



Saunter on the historic Bar U Ranch and learn what it took to maintain one of the most successful ranches in Canadian history. Try the cowboy chores; hear the tales of hardship and love of the land.

Longview, AB - 80 km from Calgary, AB; 300 km from Edmonton, AB 1-888-773-8888 parkscanada.gc.ca/baruranch

14



Elk Island National Park

#### **Canadian Rockies Hot Springs**

Canada's most famous hot springs are in the Canadian Rockies national parks. There's nothing like soaking in hot, naturally heated mineral water surrounded by dramatic mountain scenery. You will find the experience unforgettable! In Banff, the iconic Upper Hot Springs continues to delight visitors as it has for over a century. Or, get off the beaten path and head to Radium Hot Springs in Kootenay National Park. This hot spring is nestled within the stunning rock walls of Sinclair Canyon. Jasper's Miette Hot Springs will toast your toes perfectly after a scenic hike or drive in the park. **Banff** National Park



Banff Upper Hot Springs offers a splendid historic bathhouse, located in Banff National Park.

Banff, AB - 129 km from Calgary, AB 1-800-767-1611 parkscanada.gc.ca/hotsprings



Radium Hot Springs, in BC's Kootenay National Park, is famous for its canyon setting.

Radium Hot Springs, BC - 261 km from Calgary, AB 1-800-767-1611

parkscanada.gc.ca/hotsprings .....



Jasper National Park contains Miette Hot Springs with the hottest mineral water in the Rockies. Jasper, AB - 365 km from Edmonton, AB 1-800-767-1611

parkscanada.gc.ca/hotsprings .....

# Wild Side



#### **Mountain goat**

Mountain goats have white coats, beards, and short black dagger-like horns. They are actually not goats but belong to a family of mountain antelopes of Asia. They can often be seen at the Mount Kerkeslin "Goat Lick" viewpoint and at Disaster Point on the icefields on Highway 16 east of Jasper



#### That's a Big Horn!

Bighorn sheep have a sandy coloured coat and a white rump. The ram's massive curved horns are unmistakable. Bighorns are primarily grazers and migrate seasonally between low grassy slopes and alpine meadows.



#### The howl of the coyote

Coyotes look like a medium-sized grayish dog with a slender muzzle, large pointed ears, and a bushy tail but that's where the likeness ends. Coyotes are very vocal. At night, listen and you may hear their nocturnal howls.



#### **Busy Black Bear**

Black Bears can be light reddish brown or multi-coloured in streaks and patches. They have long faces and large ears where grizzlies have a hump on the shoulder, a flatter forehead and smaller ears.



#### **Great Grizzly**

A Grizzly Bear has a large muscular hump on its shoulders and can weigh up to 320 kg. Cubs are born in late January to early February and weigh about half a kg (under 1 lb.) By the time the female emerges from the den with her cubs, they weigh around 8 kg (18 lbs.)

Give these animals the space they need. Your responsible behaviour contributes to the survival of wildlife – and your own safety!

## Parks Canada Discovery Pass

Enjoy **unlimited opportunities** to experience nearly 100 places that charge entry fees for a *full year!* 

- Provides faster entry and greater convenience;
- Makes a great gift idea;
- Can pay for itself in as little as seven days compared to purchasing day passes;
- Valid for 12 full months from the date of purchase;

<sup>\$</sup> 67.70
<sup>\$</sup> 57.90
\$33.30
<sup>\$</sup> 136.40

Up to seven people arriving together in a single vehicle at a National Park, National Marine Conservation Area or National Historic Site. Prices include applicable taxes and are subject to change.

#### Purchase online at parkscanada.gc.ca/pass or by phone at 1-888-773-8888.



## Parks Canada Official merchandise

Get these unique products while visiting our sites or online at **www.parkscanadashop.ca**. Proceeds support national parks, historic sites and marine conservation areas.

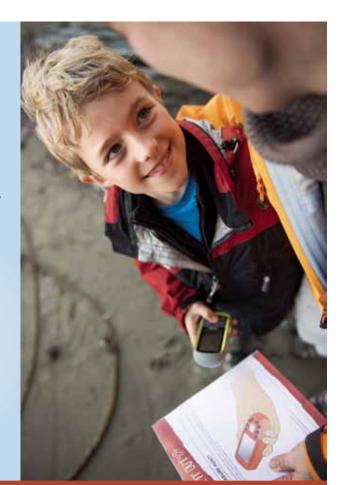




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#### AVAILABLE AT MORE THAN 90 PARKS AND SITES A(ROSS THE (OUNTRY.

GET THE BOOK. DO THE (HALLENGES. GET THE REWARD.





### Connect with Parks Canada to plan your own unforgettable experiences in Western Canada.

#### **RESERVATIONS** reservation.parkscanada.gc.ca 1-877-RESERVE (737-3783)

INFORMATION parkscanada.gc.ca 1-888-773-8888

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