

# Acetaminophen



## Know your dose

The **maximum** recommended dose of acetaminophen for adults is

**4,000 mg daily**

the same as...



**8** extra strength tablets of 500 mg

or



**12** regular strength tablets of 325 mg

Taking more than the recommended dose can lead to **severe or even fatal** liver damage.

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## To take acetaminophen safely, make sure you:



**ALWAYS READ** product labels carefully and follow the instructions.



**ASK** your doctor or pharmacist if you are unsure about your dose or have questions.



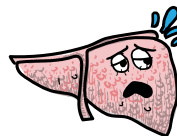
**KNOW** if your medications contain acetaminophen.



**NEVER TAKE** more than the maximum daily dose.



**AVOID TAKING** more than one product containing acetaminophen at the same time.



**IF YOU HAVE** liver disease or drink 3 or more alcoholic drinks every day, the maximum amount you can safely take may be less than what is listed on the product label.



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