



Health
Canada

Santé
Canada

Your health and
safety... our priority.

Votre santé et votre
sécurité... notre priorité.

CALM

Chemical Awareness Learning Modules

Do I know what goes into the products I use each day? Is there a health risk or hazard? How can I reduce the risks to myself and those in my care? We don't always know how to answer these questions. The CALM workshop can help you answer them!

In our daily lives, we are exposed to chemical substances that are found everywhere (for example, cleaning products, drugs, substances in dust, in water, etc.). Because of this, it can be difficult to identify exposures to chemical substances in the environment, but their long-term effects can lead to very real health problems. Adopting a preventive approach can limit such exposures and improve individuals' health.

The CALM workshop is intended for people who work directly with vulnerable populations (children, pregnant women, First Nations and Inuit, seniors and people with specific medical conditions).

The workshop aims to equip participants to be able to identify sources of exposure to chemical substances in daily activities and help them minimize health risks.

THE TOPICS DISCUSSED WILL INCLUDE THE FOLLOWING:

- CHEMICALS IN OUR ENVIRONMENT AND THEIR EFFECTS ON HUMAN HEALTH
- WHAT IS THE DIFFERENCE BETWEEN HAZARD AND EXPOSURE, AND HOW CAN WE IDENTIFY THE RISKS?
- HOW TO MANAGE RISKS PROPERLY
- STRATEGIES FOR COMMUNICATING RISKS TO PEOPLE
- HOW CAN "CANADA'S CHEMICALS MANAGEMENT PLAN" HELP THE PUBLIC MANAGE RISKS FROM CHEMICALS?

**THIS WORKSHOP IS OFFERED AT NO CHARGE BY HEALTH CANADA.
PARTICIPATION BY SMALL GROUPS IS ENCOURAGED.**



For more information, please contact the
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