



If your favourite subjects are Arts and Languages then you probably enjoy and excel in drama, visual arts, music, creative writing, English, and learning foreign languages. You are excellent at expressing your ideas and feelings through written and visual media.

You can add some of these skills to your resume:

- Creative expression through a variety of media
- Critique, interpret, and evaluate work
- Attention to detail, colour and design
- Presentation skills, including portfolio building
- Verbal and non-verbal communication skills
- Structure/combine ideas and present in a logical written or oral format to suit a particular audience
- Listening skills

#### **EXPLORE THE POSSIBILITIES!**

Does creating cartoons, publicizing events, or designing iewelry sound interesting? Then you should consider a career as an animator, public relations officer, or jewelry designer.

Start by exploring the careers listed in this pamphlet. This is just a small sampling of careers that relate to Arts and Languages.

When it comes to your favourite subject, your career choices are endless.

#### NEXT STEPS

- Discuss your ideas with your friends, parents, teachers, or a school counsellor.
- Check out college and university calendars as well as community-based training and apprenticeship information.
- Explore post-secondary websites to look into courses, programs, and admission requirements. Visit CanLearn www.canlearn.ca to find information about Canadian universities and colleges, and scholarships.
- There are a lot of websites where you can further explore interesting career options. Start with www.hrdc.gc.ca/career www.jobsetc.ca and www.hrdc.gc.ca/noc
- Consider enrolling in a related high school co-op program or look into volunteer work.
- Take advantage of campus orientation days and Career Fairs.
- Contact or spend a day job shadowing someone working in one of your target career fields.

### WHAT'S YOUR **FAVOURITE SUBJECT?**

#### **NEW 5 PAMPHLET SERIES**

- Arts and Languages
- Computers, Technology and Trades
- Health and Physical Education
- Humanities and Social Sciences
- Science, Math and Business

**Enquiries Centre** Department of Human Resources and Skills Development Canada 140 Promenade du Portage – Phase IV Gatineau, Oc K1A 0J9 Fax: (819) 953-7260 E-mail: career-carriere@hrdc-drhc.gc.ca Internet: www.hrdc.gc.ca/career





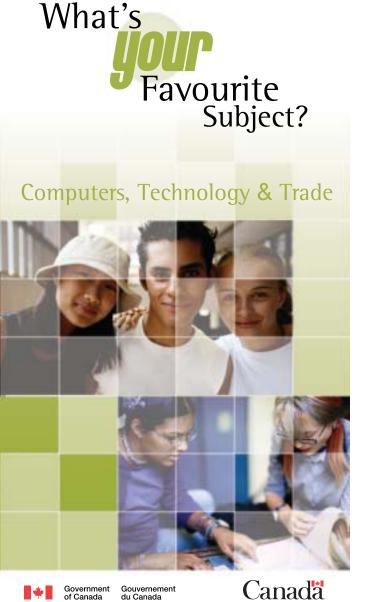












## COMPUTERS, TECHNOLOGY AND TRADES

If your favourite subjects are Computers, Technology and Trades then you probably enjoy and excel in computer science, industrial arts, and drafting. You are good at working with your hands, trouble shooting problems, and coming up with creative solutions using appropriate techniques and tools.

You can add some of these skills to your resume:

- Critical and flexible thinking creating original solutions
- Computing (systems, hardware, and software) skills
- Systematic problem solving and trouble shooting skills
- Debating
- Integrating and adapting to new information and systems - continuous learning
- Analyzing and determining necessary strategies or repairs by employing required tools, techniques, and materials
- Building, manufacturing, assembling

#### **EXPLORE THE POSSIBILITIES!**

Does testing software, manufacturing lasers, or wiring buildings sound interesting? Then you should consider a career as a computer programmer, laser technician or electrician.

Start by exploring the careers listed in this pamphlet. This is just a small sampling of careers that relate to Computer, Technology and Trades.

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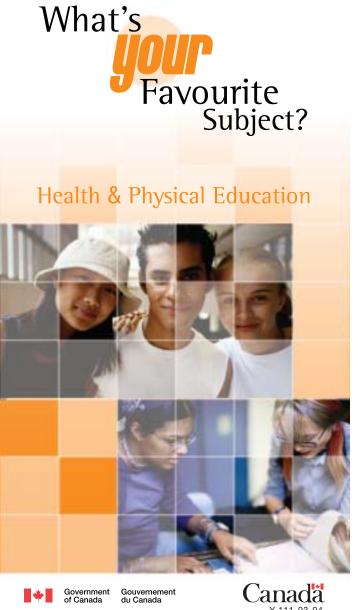
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CAREER	DESCRIPTION	RELATED SECONDARY SUBJECTS	USEFUL EXPERIENCE/SKILLS	RELATED OCCUPATIONS
Automotive Service Technician NOC #7321	Combine a mechanical aptitude and trouble shooting ability in servicing and repairing cars and light trucks.	Business, Computers, Technical Education	Computerized equipment, Dealing with the public, Diagrams and schematics, Electronics, Good hand-eye coordination, Mechanics	Alignment and Brakes Technician, Commercial Transport Vehicle Mechanic, Engine Mechanic-motor Vehicle
Chef NOC #6241	Design menus, supervise and stock the kitchen, budget and creatively prepare and oversee everything from appetizers to entrées to desserts.	Art, English, Food and Nutrition, Other Languages	Customer service, Hospitality/Foods, Innovation, Interpersonal skills, Team leader	Banquet Chef, Executive Sous-chef, Speciality foods chef
Computer Programmer NOC #2174	Create, modify and tests software programs using a variety of computer or database languages for use by the public, government, industry and business.	Computer Science, English, Math	Computer use, Project management, Team project work	Computer Game Developer, Interactive Media Developer, Systems Programmer
Electrician NOC #7241	Install, test and wire, fixtures, equipment and control devices in office, industrial and residential structures.	Computer Science, English, Physics, Technical Education	Computer use, Diagrams, Drawing, Electronics, Maintenance, Troubleshooting	Electrical Fixtures Installer, Household Appliance Installer, Residential Construction Wirer
Fibre-optic Network Designer NOC #2147	Research, evaluate and integrate network system and data communication hardware and software.	Computer Science, English, Math, Physics, Technical Education	Computer use, Drawing, Making presentations, Project management	Designer, Hardware Circuit Board Systems Design, Wireless Communications Network Engineer
Fire Protection Mechanic NOC #7252	Promote fire prevention in homes and commercial establishments through the installation and maintenance of smoke detectors, fire alarm and sprinkler systems.	Chemistry, Math, Physics, Technical Education	Blueprints, Diagrams, Maintenance, Water and gas service	Fire Protection Piping Installer, Ship Steamfitter, Steam Heating Installer
Heavy Duty Equipment Technician NOC #7312	Keeping heavy equipment operational, diagnosing problems, and repairing-engines, transmissions, hydraulic and electrical systems.	Computers, Math, Technical Education	Computerized equipment, Diagrams, Machinery, Mechanics, Schematics	Construction Equipment Mechanic, Farm Equipment Technician, Locomotive Mechanic
Laser Technician NOC #2241	Test, repair, maintain, and manufacture laser devices from industrial to medical applications.	Computers, Math, Physics, Technical education	Computer skills, Drafting, Electronics, Lasers Presenting	Electrical Technician, Fibre-optic Technologist, Lighting Technologist
Metallurgical Technician NOC #2212	Ensure quality control in the mining, extraction and processing of raw metals to finished products.	Chemistry, Computer Science, Geology, Math, Physics	Computer skills, Industry exposure, Mechanics, Presenting, Research skills	Mineralogy Technician, Mining Technologist, Welding Technologist
Multimedia Designer NOC #5241	Creatively pulling together text, graphics, sound, and animation to create dynamic websites, CD-ROMS, digital presentations and games.	Art, Computer Science, English, Graphic Design	Computer, film and video experience, Design, Innovation, Marketing	3D Animator, Graphic Designer, Web page Designer
Nuclear Medicine Technologist NOC #3215	Assist doctors through the use of radioactive compounds to create computer diagnostic images of organs.	Biology, Chemistry, Computer Science, English, Math, Physics	Computer skills, Health, Interpersonal skills, Research skills, Safety	Diagnostic Imaging Technologist, Radiation Therapist, X-ray Technician
Plumber NOC #7251	Repair, install and assemble pipes, fixtures, and plumbing equipment.	Math, Physics, Technical Education	Communication skills, Diagrams and blueprints, Mechanical abilities, Water and gas service	Plumber-gas Fitter, Plumbing Mechanic, Radiator Plumber
Robotics Technologist NOC #2232	Design and build automated robotic machinery for use in such areas as industry, medicine and space by blending computer, mechanical and electronic technologies.	Computer Science, Drafting, Math, Physics, Technical Education	Computer skills, Design, Electronics, Innovation, Mechanical ability	House Automation Technician, Mechanic Engineering Technologist, Machine Designer
Software Installation Technician NOC #2282	Give support to computer users experiencing difficulties with computer hardware, computer applications and communications software.	Computer Science, English, Math	Communication skills, Computer skills, Electronics, Interpersonal skills, Mechanics	Hardware Installation Technician, PC Support Analyst, Technical Support Supervisor
Tool Maker NOC #7232	Create tools used in the manufacturing processes by working with engineered drawings and specialized machinery.	Computers, Drafting, Math, Physics, Technical Education	3-D visualization, Blueprint, Decision-making, Mechanics, Metal technology, Precision work	Die Maker, Jig Maker, Metal Mould Maker
Water Treatment Plant Operator NOC #5254	Monitor and operate computerized control systems to regulate treatment and distribution of water supplies.	Biology, Chemistry, Computer Science, Math, Physics	Communication skills, Computer skills, Mechanical ability, Teamwork	Liquid Waste Process Operator, Water Treatment Systems Operator, Water Utility Operator
Webmaster NOC #2175	Using an internet language to program, construct, write and maintain web pages for corporate customers.	Computer Science, English, Math	Computer Skills, Design, Innovation, Presenting, Project management, Web page design	Internet Site Designer, Intranet Site Developer, Web Developer





## HEALTH AND PHYSICAL EDUCATION

If your favourite subjects are Health and Physical Education then you probably enjoy and excel in coaching, nutrition, fitness, and sports. You are an active person who is good at working with other people to achieve goals.

You can add some of these skills to your resume:

- Creating a balanced lifestyle and accepting change
- Goal setting and decision-making
- Identifying strengths and limitations
- Interpersonal and leadership skills
- Resilience and stress management
- Teamwork skills including motivating self and others
- Ability to assess situations and react quickly
- Health preventative, assessment, and treatment skills

### **EXPLORE THE POSSIBILITIES!**

Does responding to emergencies, conditioning athletes, or delivering babies sound interesting? Then you should consider a career as a paramedic, personal trainer, or midwife.

Start by exploring the careers listed in this pamphlet. This is just a small sampling of careers that relate to Health and Physical Education.

When it comes to your favourite subject, your career choices are endless.

### NEXT STEPS

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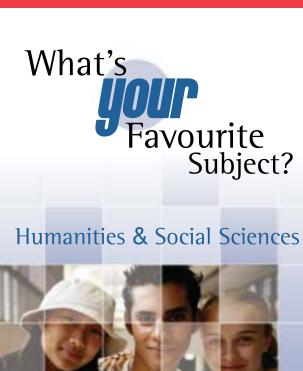
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CAREER	DESCRIPTION	RELATED SECONDARY SUBJECTS	USEFUL EXPERIENCE/SKILLS	RELATED OCCUPATIONS
Athletic Therapist NOC #3144	Support athletes and teams with injury prevention and conditioning programs along with the assessment and rehabilitation of sports-related injuries.	Biology, Health, Physical Education	Anatomy, Interpersonal skills, Multidisciplinary teamwork, Program development, Sports medicine	Athletic Trainer, Remedial Therapist, Therapeutic Recreationist
Audiologist NOC #3141	Detect hearing problems or loss in patients and prescribe a treatment plan including therapy and the use of a hearing aid.	Biology, English, Health, Math, Physical Education, Psychology	Anatomy, Communication skills, Interpersonal skills, Program development	Logopedist, Speech and Hearing Therapist, Speech Language Pathologist
Child Psychologist NOC #4151	Evaluate and treat children with psychological, learning, and behaviour disorders in schools, clinics and private practice.	Biology, Chemistry, English, Health, Math, Physical Education, Psychology, Social Studies	Communication skills, Facilitating, Leadership, Interpersonal skills, Problem solving	Behaviourist, Human Development Psychologist, School Psychologist
Cytotechnologist NOC #3211	Search for signs of cell abnormality, indicating disease or cancers as part of a medical team.	Biology, Chemistry, Computers, English, Health, Math, Physical Education	Anatomy, Communication skills, Interpersonal skills, Multidisciplinary teamwork, Research	Clinical Immunology Technologist, Medical Laboratory Technologist, Microbiology Technologist
Dental Hygienist NOC #3222	Complement the work of a dentist by cleaning teeth and gums, applying fluoride and sealants, taking x-rays, and instructing patient treatment, research and education.	Biology, Chemistry, English, Health, Math, Physical Education	Anatomy, Interpersonal skills, Multidisciplinary teamwork	Dental Nurse, Orthodontic Hygienist, Registered Dental Therapist
<b>Dietician</b> NOC #3132	Offer informed advice to individuals and organizations linking quality of life to nutritional choices choices and habits through patient treatment, research and education.	Biology, Chemistry, English, Health, Physical Education, Psychology, Sociology	Anatomy, Communication skills, Interpersonal skills, Nutritional knowledge	Dietetic Researcher Nutritionist, Therapeutic Nutritionist
Geriatrician NOC #3111	Doctors who specialize in diagnosing and treating the elderly, often in a community health approach involving other professionals and the family.	Biology, Chemistry, English, Family Studies, Health, Math, Physical Education, Psychology, Sociology	Anatomy, Communication skills, Interpersonal skills, Medical knowledge, Multidisciplinary teamwork	Community Health Physician, Critical Care Medicine Specialist, Nerve Specialist
Massage Therapist NOC #3235	Develop treatment plans including soft tissue manipulation and pressure to control pain, reduce stress, and improve muscle strength and range of motion.	Biology, Chemistry, English, Health, Physical Education, Psychology	Anatomy, Communication skills, Interpersonal skills	Manual Arts Therapist, Physical Rehabilitation Technician, Physiotherapist Assistant
Midwife NOC #3232	Provide full-course care to women and their babies during pregnancy, labour, birth and the post-natal period.	Biology, Family Studies, Health, Physical Education, Psychology, Sociology	Babysitting, Communication skills, Interpersonal skills, Multidisciplinary teamwork	Acupuncturist, Reflexologist, Herbalist
Nurse Practitioner NOC #3152	Nurses with additional specialized training allowing them to perform advanced medical procedures, such as, treating minor illnesses, preventative counselling, dealing with basic lacerations and fractures.	Biology, Chemistry, English, Math, Psychology, Sociology	Critical thinking skills, Interest in helping people, Interpersonal skills, Multidisciplinary teamwork	Community Health Nurse, Emergency Nurse, Mental Health Nurse
Paramedic NOC #3234	Provide first response life support care to the sick and injured at accident scenes and emergencies and provide transportation to hospitals.	Biology, Chemistry, English, Health, Physical Education	First Aid, Interpersonal skills, Multidisciplinary teamwork	Ambulance Attendant, Emergency Medical Care Attendant, Newborn Medical Care Technician.
Personal Trainer NOC #4167	Encourage clients to set and keep personal fitness goals through the design, implementation, and monitoring of a balanced exercise and nutrition plan.	Biology, Health, Physical Education, Psychology	Knowledge of trends, Leadership, Physical activity, Project management, Research skills	Aquatic Program Co-ordinator, Exercise Therapist, Fitness Analyst
Physical Therapist Assistant NOC #3235	Support the work of physical and occupational therapists, prepare and monitor patient treatment, maintain equipment, assist patients with rehabilitations exercises and activities.	Biology, Chemistry, English, Health, Math, Physical Education	Anatomy, Interpersonal skills, Physical activity	Kinesotherapist, Message Therapist, Physiotherapy Technician
Respiratory Therapist NOC #3214	Diagnose, treat and care for patients with respiratory and cardiopulmonary disorders by helping patients manage and control breathing difficulties.	Biology, Chemistry, English, Health, Math, Physical Education	Interpersonal skills, Multidisciplinary teamwork, Program development	Anesthesia Technologist, Cardiovascular Perfusion Technologist, Inhalation Technologist
Speech-Language Pathologist NOC #3141	Design a remediation program for individuals with speech, language, or voice disorder into sign language for hearing impaired persons.	English, Health, Physical Education, Psychology	Interpersonal skills, Multidisciplinary teamwork, Program development, Research skills	Logopedist, Research Audiologist, Speech Therapist
Sports Medicine Physician NOC #3111	Primarily works in athletic conditioning, injury prevention, treatment and rehabilitation of sports-related injuries.	Biology, Chemistry, English, Health, Math, Physical Education, Psychology	Interpersonal skills, Multidisciplinary teamwork, Physical activity, Program development	Critical Care Medicine Specialist, Dermatologist, Preventative, Massage Therapist, Medicine Specialist, Specialist in Physical, Medicine and Rehabilitation, Rehabilitation Specialist
Veterinary Assistant NOC #3213	Treat sick and injured animals, diagnose diseases, prepare medications, assist with surgery and council clients on proper care.	Biology, Chemistry, English, Health, Physical Education	Interest in animals, Multidisciplinary teamwork, Program development, Veterinarian sciences	Animal Health Technician, Animal Operating Room Attendant, Veterinary Technologist





## HUMANITIES AND SOCIAL SCIENCES

If your favourite subjects are Humanities and Social Sciences then you probably enjoy and excel in history, economics, law, geography and family studies. You like to learn about the world and are interested in how and why things happen. Cooperating with and helping others is part of your character.

You can add some of these skills to your resume:

- Conducting research and presenting findings
- Cultural awareness, appreciation of diversity, and ability to 'think globally'
- Interpret and draw conclusions from information found in text, graphs, charts, and tables
- Debating
- Cooperating with and teaching others
- Recognizing cause and effect relationships
- Apply knowledge of current events
- Understanding human behaviour

#### EXPLORE THE POSSIBILITIES!

Does teaching children, investigating crimes, or counselling families sound interesting? Then you should consider a career as an elementary school teacher, police officer, or social worker.

Start by exploring the careers listed in this pamphlet. This is just a small sampling of careers that relate to Humanities and Social Sciences.

When it comes to your favourite subject, your career choices are endless.

#### NEXT STEPS

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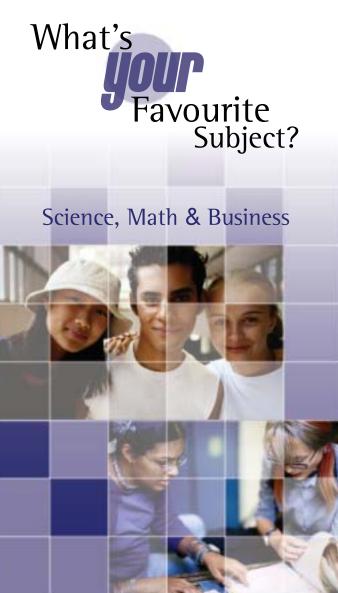












## Science, Math and Business

If your favourite subjects are Science, Math, and Business then you probably enjoy and excel in chemistry, calculus, accounting, and marketing. You are a calculated risk taker and creatively solve problems in logical ways.

You can add some of these skills to your resume:

- Observing, gathering, analyzing and computing data/information
- Translating data/information into innovative solutions and opportunities
- Precision, accuracy paying attention to detail
- Problem solving applying appropriate strategies and drawing accurate conclusions
- Logical and abstract thinking skills
- Networking, teamwork and communication skills

### **EXPLORE THE POSSIBILITIES!**

Does constructing bridges, crunching numbers, or trading stocks sound interesting? Then you should consider a career as a civil engineer, statistician, or stock broker.

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When it comes to your favourite subject, your career choices are endless.

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