

The Daily

Statistics Canada

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Study: Factors associated with patterns of psychological distress over 10 years

1994/1995 to 2004/2005

The study "Using the National Population Health Survey to identify factors associated with patterns of psychological distress over 10 years," published recently in the journal *Healthcare Policy*, uses longitudinal data to examine factors associated with patterns of psychological distress in a group of individuals over a 10-year period.

While the vast majority of individuals did not experience an episode of high distress from 1994/1995 to 2004/2005, a sizeable number experienced single or multiple episodes at levels likely to be clinically relevant. More than 1.6 million Canadians experienced multiple episodes of distress during this decade, and almost 3 million more experienced at least one episode.

Certain characteristics were associated with a higher likelihood of experiencing either a single or multiple episodes. The people most likely to experience distress were women, younger people, those who were single or previously married, and those who had low income or who were not employed.

The study also points to a low prevalence of professional contact regarding mental and emotional health, even among those recently experiencing distress. About 65% of people in the multiple-episode group who had recently experienced high distress had not consulted a health professional about their mental or emotional health during the past year, nor had 75% of those in the single-episode group.

Note: Data from the National Population Health Survey (NPHS) between 1994/1995 and 2004/2005 were used to group individuals based on their pattern of episodes of high distress.

Definitions, data sources and methods: survey number 3225.

An abstract of the study is available online (www.healthcarepolicy.net).

For more information, to enquire about the concepts, methods or data quality of this article, or to obtain a copy, contact Heather Orpana (613-951-1650; heather.orpana@statcan.ca), Health Information and Research Division.

For more information about the NPHS, contact Client Services (613-951-1746; hd-ds@statcan.ca) or Ron Gravel (613-951-2295; ron.gravel@statcan.ca), Health Statistics Division.

NPHS micro data are available at Statistics Canada's research data centres. For more information, visit the *Research Data Centre* page of our website. ■

Industrial chemicals and synthetic resins

June 2008

Data on industrial chemicals and synthetic resins for June are now available.

Available on CANSIM: table 303-0014.

Definitions, data sources and methods: survey number 2183.

The June 2008 issue of *Industrial Chemicals and Synthetic Resins*, Vol. 51, no. 6 (46-002-XWE, free), is now available from the *Publications* module of our website.

For more information, or to enquire about the concepts, methods or data quality of this release, contact the dissemination officer (toll-free 1-866-873-8789; 613-951-9497; manufact@statcan.ca), Manufacturing and Energy Division. ■

New products

Industrial Chemicals and Synthetic Resins,
June 2008, Vol. 51, no. 6
Catalogue number 46-002-XWE
(free).

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