

The Daily

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Releases

Study: Understanding seniors' risk of falling and their perception of risk, 2008 and 2009

About one in three seniors aged 65 and older (34%) surveyed in 2008 and 2009 were concerned about future falls. Falls can have serious consequences for the health of seniors. In 44% of cases, this concern led seniors to stop some activities that they had previously enjoyed. About 42% of women perceived a risk compared with about a quarter of men (24%). Older seniors, aged 85 and older, also had a higher perception of risk (46%) compared with younger seniors, aged 65 to 69 (26%).

Among seniors who perceived a risk, 29% had fallen in the year prior to the survey, 68% thought their health was poor, fair or good, and 71% had a diagnosis of three or more chronic conditions.

While 22% of seniors met the criteria for being at a high risk of a fall, most were at a low risk (78%). More women were at a high risk of a fall than men. Risk increased with age, with 46% of seniors aged 85 and older at a high risk of a fall, compared with 13% of seniors aged 65 to 69.

Comparing perceptions of risk with objective criteria for being at risk of a fall, 70% of seniors had an accurate perception of their risk of falling while 30% had an inaccurate perception. More seniors with inaccurate perceptions overestimated their risk (21%) than underestimated their risk (9%).

Note to readers

This release presents data from the Canadian Community Health Survey – Healthy Aging. This survey focuses on the health of Canadians aged 45 and over, and collected information about the factors, influences and processes that contribute to healthy aging.

About 30,900 respondents aged 45 years of age and over living in the provinces were interviewed for the survey from December 2008 to November 2009.

Persons living on reserves and other Aboriginal settlements, full-time members of the Canadian Forces, persons living in collective dwellings and the institutionalized population were excluded from the survey's coverage.

Definitions, data sources and methods: survey number [5146](#).

For more statistics and analysis on the health of Canadians and the health care system, visit the [Health in Canada](#) module of our website, under *Features*.

The article "Understanding seniors' risk of falling and their perception of risk" in *Health at a Glance* ([82-624-X](#)) is now available from the *Browse by key resource* module of our website under *Publications*.

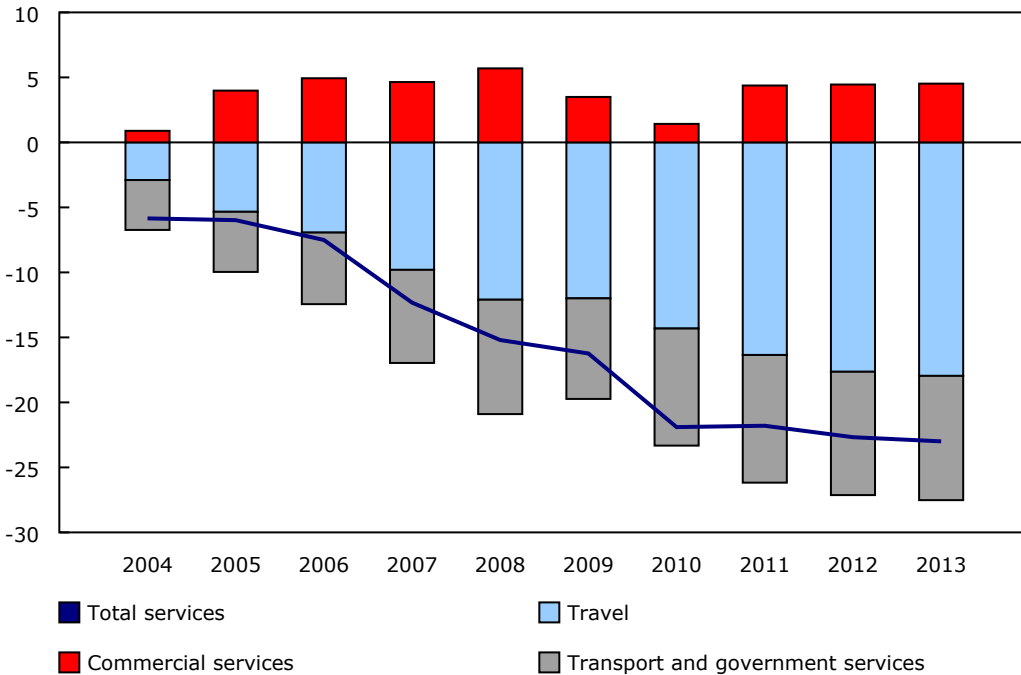
For more information, or to enquire about the concepts, methods or data quality of this release, contact us (toll-free 1-800-263-1136; 514-283-8300; infostats@statcan.gc.ca) or Media Relations (613-951-4636; mediahotline@statcan.gc.ca).

Canada's international trade in services, 2013

The deficit on international transactions in services edged up \$0.3 billion to \$23.0 billion in 2013. This change reflected a higher deficit of the international travel and transportation accounts, moderated by an increased surplus on commercial services.

Chart 1
Services balances

millions of dollars



International transactions in services by category

The deficit on international travel was up by \$0.3 billion to a record \$18.0 billion in 2013, as payments advanced more than receipts during the year. Canadians increased their spending during their travels in the United States by \$0.8 billion in 2013.

The transportation services deficit edged up \$0.1 billion to \$9.8 billion in 2013. Payments for water transport were up \$0.2 billion. This was marginally offset by higher receipts in land and other transport.

The surplus on commercial services advanced \$0.1 billion to \$4.5 billion in 2013. Exports increased by \$1.7 billion, led by gains in the financial services and management services categories. Imports were up by \$1.6 billion, mostly on higher payments for management services and for architectural, engineering and other technical services.

International transactions in services by geographical allocation

On a geographical basis, the overall deficit on international transactions in services with the United States expanded \$1.2 billion to \$14.9 billion in 2013. This was mainly reflected in higher payments.

The deficit with European countries edged up \$0.2 billion to \$5.1 billion. This reflected a lower negative balance with the United Kingdom, which was more than offset by a larger deficit with the other countries, in particular France, Germany, Ireland and the Netherlands.

The deficit with Asian countries fell \$0.5 billion to \$2.2 billion, led by China and Japan. This, along with a larger surplus with the African continent, moderated the increase in the overall trade in services during the year.

Note to readers

This is the annual release of Canada's detailed international transactions in services. This release contains country and service categories details for international transactions in services. Trade in services covers transactions in travel, transportation, a range of business and professional services referred to as commercial services, as well as government services.

The 2012 reference year results presented in this release are drawn from annual benchmark surveys while results for the reference year 2013 are preliminary and derived from a combination of the latest 2012 benchmark surveys and 2013 quarterly surveys.

Table 1
Services balances

	2007	2008	2009	2010	2011	2012	2013
	millions of dollars						
Total by category of services	-12,324	-15,204	-16,237	-21,900	-21,797	-22,677	-22,997
Travel	-9,804	-12,101	-11,998	-14,317	-16,351	-17,643	-17,960
Commercial services	4,642	5,694	3,496	1,424	4,376	4,452	4,521
Transport services	-7,828	-9,436	-8,452	-9,452	-10,086	-9,703	-9,841
Government services	667	639	716	446	265	216	283
Total by region	-12,324	-15,204	-16,237	-21,900	-21,797	-22,677	-22,997
United States	-7,916	-9,886	-11,187	-14,675	-14,879	-13,723	-14,926
Europe	-3,836	-3,521	-3,320	-3,809	-3,340	-4,925	-5,097
Central and East Asia	-2,287	-2,608	-2,929	-3,305	-3,092	-2,697	-2,210
All other regions	1,715	811	1,199	-111	-486	-1,332	-764

Available in CANSIM: tables [376-0031](#) to [376-0033](#), [376-0036](#) and [376-0109](#).

Definitions, data sources and methods: survey number [1536](#).

For more information, contact us (toll-free 1-800-263-1136; 514-283-8300; infostats@statcan.gc.ca).

To enquire about the concepts, methods or data quality of this release, contact Denis Caron (613-951-1861; denis.caron@statcan.gc.ca), International Accounts and Statistics Division.

Supply and disposition of refined petroleum products, June 2014

Data on the supply and disposition of refined petroleum products are now available for June.

Available in CANSIM: tables [134-0001](#) to [134-0004](#).

Definitions, data sources and methods: survey number [2150](#).

For more information, or to enquire about the concepts, methods or data quality of this release, contact us (toll-free 1-800-263-1136; 514-283-8300; infostats@statcan.gc.ca) or Media Relations (613-951-4636; mediahotline@statcan.gc.ca).

New products and studies

New products

Health at a Glance

Catalogue number [82-624-X](#) (HTML | PDF)

New studies

[Understanding seniors' risk of falling and their perception of risk](#)

Health at a Glance



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