## Where does time go?



## Data in Many Forms . . .

Statistics Canada disseminates data in a variety of forms. In addition to publications, both standard and special tabulations are offered on computer print-outs, microfiche and microfilm, and magnetic tapes. Maps and other geographic reference materials are available for some types of data. Direct access to aggregated information is possible through CANSIM, Statistics Canada's machine-readable data base and retrieval system.

## How to Obtain More Information

Inquiries about this publication and related statistics or services should be directed to:

General Social Survey,
Housing, Family and Social Statistics Division,

Statistics Canada, Ottawa, K1A 0T6 (Telephone: 951-4995) or to the Statistics Canada reference centre in:

| St. John's | $(772-4073)$ | Winnipeg | $(983-4020)$ |
| :--- | :--- | :--- | :--- |
| Halifax | $(426-5331)$ | Regina | $(780-5405)$ |
| Montreal | $(283-5725)$ | Edmonton | $(495-3027)$ |
| Ottawa | $(951-8116)$ | Calgary | $(292-6717)$ |
| Toronto | $(973-6586)$ | Vancouver | $(666-3691)$ |

Toll-free access is provided in all provinces and territories, for users who reside outside the local dialing area of any of the regional reference centres.

| Newfoundland and Labrador | $1-800-563-4255$ |
| :--- | ---: |
| Nova Scotia, New Brunswick |  |
| and Prince Edward Island | $1-800-565-7192$ |
| Quebec | $1-800-361-2831$ |
| Ontario | $1-80-263-1136$ |
| Manitoba | $1-800-542-3404$ |
| Saskatchewan | $1-800-667-7164$ |
| Alberta | $1-800-282-3907$ |
| Southern Alberta | $1-80-472-9708$ |
| British Columbia (South and Central) | $1-800-663-1551$ |
| Yukon and Northern B.C. (area served |  |
| by NorthwesTel Inc.) | Zenith 0-8913 |
| Northwest Territories |  |
| (area served by |  |
| NorthwesTel Inc.) | Call collect 403-495-2011 |

## How to Order Publications

This and other Statistics Canada publications may be purchased from local authorized agents and other community bookstores, through the local Statistics Canada offices, or by mail order to Publication Sales, Statistics Canada, Ottawa, K1A OT6.

1(613)951-7277
Facsimile Number 1(613)951-1584
National toll free order line 1-800-267-6677
Toronto
Credit card only (973-8018)

Statistics Canada
Housing, Family and Social Statistics Division

## General Social Survey Analysis Series

## Andrew S. Harvey Saint Mary's University

Katherine Marshall Statistics Canada

Judith A. Frederick<br>Statistics Canada

Published by authority of the Minister responsible for Statistics Canada

- Minister of Industry,

Science and Technology, 1991
All rights reserved. No part of this publication may be
reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise without prior written permission from Chief, Author Services, Publications Division, Statistics Canada, Ottawa, Ontario, Canada K1A OT6.

August 1991
Price: Canada, $\$ 40.00$
United Stales: US\$48.00
Other Countries: US\$56.00
Calalogue 11-612E, No. 4
ISBN 0.660-13738-0
Ottawa
Version française de cette publication disponible sur demande

## Canadian Cataloguing in Publication Data

Harvey, Andrew S., 1939-
Where does time go?
(General social survey analysis series ; no. 4)
Issued also in French under title: L'Emploi du temps.
ISBN 0-660-13728-0
CSIl-612E no. 4

1. Time management surveys -- Canada. 2. Time management -- Canada.
I. Marshall, Katherine. II. Frederick, Judith A. III. Statistics Canada. Housing, Family and Social Statistics Division. IV. Title. V. Series.

HNI 0.Z9.T5 H37 1991 640.'43'0971 C91-098019-5

## PREFACE

The General Social Survey has two principal objectives: first, to gather data on social trends in order to monitor changes in Canadian Society over time, and second, to provide information on specific social issues of current or emerging interest.

The second annual cycle of the General Social Survey, which collected data during November and December of 1986, concentrated on time use, social mobility, and language knowledge and use. A data file from this survey was relcased in December 1989 and a number of articles based on the data have been published in Canadian Social Trends. This report provides a more detailed analysis of the time use data.

Information on how people spend their time is a central component of social statistics. While money provides an integrating unit for our understanding of the economic system, time can be said to perform a similar integrating role for the understanding of our social system. Time use surveys have been conducted in many countries since the first survey in Moscow in 1923, however, the 1986 General Social Survey time use cycle is the first national Canadian survey of its kind.

The time use survey provides a broad range of infonnation about many aspects of Canadian society. At the highest level, the survey provides information on how Canadians allocate their time to activities such as paid work, housework and other non-inarket work and free time activities. The data reveal factors that influence a person's choice of the use of time and how these are distributed among different population sub-groups.

In recognition of the broad scope of the data being produced by the General Social Survey, as well as the wide range of expected users from governments, universities, institutes, business, media and the general public, the project has placed particular emphasis on access to the survey database. The public use microdata file allows researchers to carry out their own analysis of this rich database. Copics of this microdata file can be obtained by contacting the Housing, Family and Social Statistics Division, Statistics Canada.

This report was written by Dr. Andrew Harvey, Saint Mary's University (Sections 2.2.1 to 2.2.3 and 3.1; Chapter 4) and Katherine Marshall (Sections 2.2 .4 to 2.2.6, 2.3 and 3.2) and Judith A. Frederick (Sections 2.1 and 2.4) of Statistics Canada. Ghislaine Villenenve was the manager for the 1986 General Social Survey.

Ivan P. Fellegi
Chicf Statistician of Canada

## ACKNOWLLDGEMENTS

Many people took the time to review earlier drafts of this report. External reviews were conducted by Dr. William Michelson, University of Toronto, Dr. Jiri Zuzanek, University of Waterloo, Catherine Casserly, Canada Employment and Immigration Commission, and Mary Jean Malcolm, Ministry of Women's Affairs, New Zealand.

The following people conducted internal reviews of the report: Iain McKellar, Craig McKie, Doug Norris, David Paton, Gordon Pricst and Ghislaine Villeneuve of Statistics Canada.

The assistance of the following Statistics Canada personnel is also gratefully acknowledged: Jill Bench, Daniel Bourque, Jacqueline Poullet (Survey Operations), Margot Shields, Kevin Murphy (Social Survey Methods), Bob Thomas, John Williamson (Census Operations), Clarence Bos, Rémi Gélinas, Pat Lapointe, Noël Leblanc, Mario Lisciotto, Jeannine Morissette, Joanne Pilon, Colette Richard and Cheryl Sarazin (Housing, Family and Social Statistics).

Special thanks are owed to Nancy Tumer of the Housing Family and Social Statistics Division, Statistics Canada for her work in editing and coordinating the production of the report.

## TABLE OF CONTENTS

## Page

## CHAPTER

## 1. Introduction

1.1 Highlights $\quad 15$
1.2 The General Social Survey and Time Use 17
1.3 Methodology 20
1.4 Guide 10 the Interpretation of Time Use Data 22
1.5 Contents of the Report 23
2. Time Use and Activities
2.1 Overview of Time Use 27
2.2 Productive Activity 32
2.2.1 Total Productive Activity 32
2.2.2 Paid Work 37
2.2.3 Education 44
2.2.4 Domestic Activities 50
2.2.5 Shopping and Services 55
2.2.6 Child Care 58
2.3 Personal Care 62
2.4 Free Time 66
3. Time Use by Location and Social Contacts
3.1 Location of Activities 83
3.2 Social Contacts 93
4. Time Use of Role Groups 107

## Appendices

$\begin{array}{ll}\text { 1. Glossary of Terms } & 125\end{array}$
$\begin{array}{ll}\text { II. Daily Activities Cocle List } & 129\end{array}$
III. Sample Size Table - Sclected characteristics by sample size and population 15 years and over,
Canala, 1986
IV. Sample Design and Estimation Procedures 137
V. Cycle Two Questionnaires 141

V1. International Data Sets 161
Figures
A. Estimated sampling variability by size of estimate, Canada
B. Average time spent* on selected major activities for the population 15 years and over by labour force status, Canada, 1986
C. Average time spent* on selected major activities for the population 15 years and over by living arrangement, Canada, 1986

Table of Contents - Continued
Figures - Continued Pag
Figures - Continued
D. Average time spent* on productive activities for the population 15 years and over by age group, Canada, 1986
E. Average time spent* on various types of productive activity for the population 15 years and over by gender, Canada, 1986
F. Average time spent* on total productive activity for the population 15 years and over by labour force status and gender, Canada, 1986
G. Distribution of time spent on paid work and related activities for the employed population 15 years and over, Canada, 1986
H. Participation rate in education time for the population 15 years and over by living arrangement, Canada, 1986

1. Average time spent* on components of education time for students 15 years and over by gender, Canada, 1986
J. Participation rate in domestic activities for the population 15 years and over by gender, Canada, 1986
K. Average time spent* on total personal care activities for the population 15 years and over by selected characteristics, Canada, 1986
L. Average time spent* on free time activities for the population 15 years and over by labour force status, Canada, 1986
M. Average time spent* on free time activities for the population 15 years and over by day of week, Canada, 1986
N. Average time spent* on free time activities for the population 15 years and over by age group, Canada, 1986
O. Average time spent* on free time activities for the population 15 years and over by living arrangement, Canada, 1986
P. Average time spent* at various locations for the population 15 years and over, Canada, 1986
Q. Average time spent* at various locations for the population 15 years and over by age group, Canada, 1986
R. Average time spent* with social contacts for the population 15 years and over by type of contact and gender, Canada, 1986
S. Average time spent* with friends and alone for the population 15 years and over by labour force status, Canada, 1986
T. Average time spent* with social contacts for the population 15 years and over by age group and gender, Canada, 1986

Table of Contents - Continued
Figures - Concluded
U. Average time spent* on major activities for the population 15 years and over, by role groups, Canada, 1986
V. Average time spent* with social contacts for the population 15 years and older, by role groups, Canada, 1986
W. Average time spent* at various locations for the population 15 years and over by role groups, Canada, 1986

## Text Tables

A. Average time spent* on productive activity for the population 15 years and over and participants and participation rate by gender, Canada, 1986
B. Average time spent* on productive activity for the employed population 15 years and over and participants and participation rate by gender and industry and occupation, Canada, 1986
C. Average time spent* on paid work and related activities for the employed population 15 years and over and participants and participation rate by gender, Canada, 1986

Average time spent* at paid work and related activities for the employed population 15 years and over by industry and occupation, Canada, 1986
E. Average time spent* on education for the population 15 years and over and participants and participation rate by gender, Canada, 1986
F. Average time spent* on education by students 15 years and over and participants and participation rate by gender, Canada, 1986
G. Average time spent* on domestic activities for the population 15 years and over and participants and participation rate by gender, Canada, 1986
H. Average time spent* on shopping and services for the population 15 years and over and participants and participation rate by gender, Canada, 1986
I. Average time spent* by parents on primary child care activities and participation rate by gender, Canada, 1986
J. Average time spent* on personal care activities for participants 15 years and over and participation rate by gender, Canada, 1986
K. Average time spent* on free time activities for the population 15 years and over and participants and participant rate by gender, Canada, 1986
L. Average time spent* at various locations for the population 15 years and over and participants and participation rate by gender, Canada, 1986
M. Average time spent* with social contacts for the population 15 years and over and participants and participation rate by gender, Canada, 1986

# Table of Contents - Continued 

Text Tables - Concluded
N. Role groups by sample size and population 15 years and over, Canada, 1986

## Tables

1. Average time spent* on selected major activities for the population 15 years and over by selected characteristics, Canada, 1986
2. Average time spent* on total productive activity for the population 15 years and over and participants and participation rate by gender and selected characteristics, Canada, 1986
3. Average time spent* on paid work for the population 15 years and over and participants and participation rate by gender and selected characteristics, Canada, 1986
4. Average time spent* on paid work and related activities for the population 15 years and over and participants and participation rate by gender and selected characteristics, Canada, 1986
5. Average time spent* on education for the population 15 years and over and participants and participation rate by gender and selected characteristics, Canada, 1986
6. Average time spent* on total domestic activitics for the population 15 years and over and participants and participation rate by gender and selected characteristics, Canada, 1986
7. Average time spent* on shopping and services for the population 15 years and over and participants and participation rate by gender and selected characteristics, Canada, 1986
8. Average time spent* by parents on primary child care activitics and participation rate and average time spent interacting with children by gender and selected characteristics, Canada, 1986
9. Average time spent on total personal care activities, sleep and meals at home for the population 15 years and over by gender and selected characteristics, Canada, 1986
10. Average time spent* on selected free time activities for the population 15 years and over by selected characteristics and gender, Canada, 1986
11. Average time spent* on selected free time activities for participants 15 ycars and over by selected characteristics and gender, Canada, 1986
12. Participation rate in selected free time activities for the population 15 years and over by selected characteristics and gender, Canada, 198678
13. Average time spent* at various locations for the population 15 years and over by selected characteristics and gender, Canada, 1986
14. Average time spent* at various locations for participants 15 years and over by selected characteristics and gender, Canada, 1986
15. Participation rate at various locations for the population 15 years and over by selected characteristics and gender, Canada, 1986

Table of Contents - Concluded
Tables - Concluded
16. Average time spent* with social contacts for the population 15 years and over by selected characteristics and gender, Canada, 1986
17. Average time spent* with social contacts for participants 15 years and over by selected characteristics and gender, Canada, 1986
18. Participation rate with social contacts for the population 15 years and over by selected characteristics and gender, Canada, 1986
19. Average time spent* on various activities for the population 15 years and over, by role groups and day of week, Canada, 1986
20. Average time spent* with social contacts for the population 15 years and over, by fole groups and day of week, Canada, 1986
21. Average time spent* at various locations for the population 15 years and over, by role groups and day of week, Canada, 1986

* Averaged over a 7 day week


## CHAPTER 1

INTRODUCTION

### 1.1 HIGHLIGHTS

The second General Social Survey, carried out in November and December of 1986, collected information on time use, social mobility and language knowledge and use. The sample covered the non-institutionalized population, 15 years of age and older, throughout the 10 provinces of Canada. The data were gathered by telephone with an overall response rate of approximately $79 \%$.

The 1986 General Social Survey collected information on time use (what each respondent did, for how long, with whom and where, for a 24 hour period running from 4:00 a.m. one day to 4:00 a.m. the next), inter-generational and intra-generational mobility, personal well-being, and language knowledge and use. Some of the language variables refer to past periods in the respondent's lifetime such as the languages spoken at home in childhood and adolescence while many of the variables deal with the use of languages at the time of the survey.

This document covers only the time use portion of the survey. The social mobility and language information are presented in separate reports.

## Time use and activities (chapler 2)

- Canadians aged 15 years and over spend 7.5 hours per day (averaged over a 7 day week) on productive activity, which includes paid work, education and unpaid work (i.c. domestic chores, primary child care and shopping) and 11.0 hours sleeping, eating and on other personal care activities. Free time averages 5.5 hours per day.
- Men and women allocate the same amonnt of time to productive activity, however the way they spend that time differs. The productive time for males is heavily concentrated on paid work, with an average of 4.7 hours per day, compared to 2.5 hours for females. The major component of productive activity for females, however, is unpaid work, with an average of 4.1 hours per day, compared to 1.9 hours for males.
- Overall, paid work amounts to less than one-half of total productive activity of all Canadians.
- On an average day 13 percent of Canadians 15 and over engage in educational activities such as attending classes, lectures, study and related activities.
- Time spent by students on theirmain activity education ( 6.2 hours per day) is comparable to the 6.6 hours per day allocated by employed workers to their main
activity, paid work.
- On average, Canadians spend 1.8 hours per day on domestic activities. Women spend 2.5 hours per day, compared to 1.0 hours for men.
- On an average day, $83 \%$ of employed women do some housework. The average time spent by these women doing housework is 2.3 hours. In comparison, $51 \%$ of employed men do some housework on an average day, their average being 1.7 hours.
- Shopping and the use of services such as adult medical and dental care, inereases with age. On a given day, $28 \%$ of people aged 15 to 24 shop or use services. Those that do, average 2 hours. However, $41 \%$ of people 65 and over shop or use services on a given day. Those that do, average 2.7 hours on such activities.
- Nearly $90 \%$ of parents spend time with their children cach day. Those that do, spend an average of 5.2 hours interacting with their children. Over half of all parents with children less than 19 years of age and living at home, spend an average of 2 hours per day on primary child care.
- Retired persons sleep an average of 8.7 hours per day, 0.9 hours per day more than the employed.
- Having children limits the amount of free time available. Women with partner and a child(ren) less than 25 years of age have the least amount of frec time, just 4.4 hours per day compared to an average of 5.8 hours per day for women with a partner and no children. Their male counterparts have 4.7 and 6.3 hours respectively.
- Television viewing accounts for more than $40 \%$ of frec-time activity. On average, men watch 2.6 hours per day compared to 2.1 hours for women.
- Free time rises from an average of 4.7 hours on weekdays to 7.0 hours on Saturday and peaks at 7.5 hours on Sunday. Men have 0.3 hours more free time on weekdays than women, 0.7 more on Saturday and nearly one hour more free time on Sunday.


## Location and social contacts (chapter 3)

- On an average day, Canadians aged 15 years and over spend 15.7 hours at home. Time spent at home increases continually with age, from an average of 14.1 hours for persons 15 to 24 years of age, to 19.3 hours per day for persons 65 years and over.
- Whether Canadians drive or use public transit, they spend about the same amount of time on transportation. The $69 \%$ of the population who travel by car average 1.3 hours per day, about the same time as the $11 \%$ of the population who use public transportation.
- Students spend more than twice as much time with friends as the average Canadian 15 years of age and over, 5.2 hours a day compared to 2.4 hours.
- Living arrangements notably affect social contacts. Men living with a partner and child(ren) have the most time with people, an average of 11.8 hours a day, while women living alone spend the most time alone, an average of 8.4 hours a day.


## Role groups and time use (chapter 4)

- Employed parents spend the most time on productive activities, on average more than 9 hours per day, leaving only about 4 hours for free time. During the week, employed parents do on average, more than 10.5 hours of productive work per day and have approximately 3 hours of free time while on weekends time is more evenly divided between productive work and free time.
- Female students living at home have a particularly heavy weekday workload averaging 10.1 hours of productive time per day compared to their male counterparts who average 8.9 hours per day.
- Retired males and females living alone have the most free time ( 9.3 and 8.4 hours respectively). Retirecs living with a partner have about an hour less free time each day.
- Virtually everyone spends some time alone each day. Excluding time spent on selected personal care activities, retired males living alone spend the most time alone, an average of 10.6 hours per day. Their female counterparts average 9.8 hours per day alone.


### 1.2 THE GENERAL SOCIAL SURVEY AND TIME USE

## OBJECTIVES

The General Social Survey was initiated by Statistics Canada in order to reduce gaps in the statistical information system, particularly in relation to socio-economic trends. Many of these gaps could not be filled through existing data sources or vehicles because of the range or periodicity of the information required, or the lack of capacity of relevant vehicles.

The General Social Survey has two principal objectives: first, to gather data on trends in Canadian society over time, and second, to provide information on specific policy issues of interest. To meet these objectives, the General Social Survey was established as a continuing program with a single survey cycle each year.

## CONTENT

The General Social Survey (GSS) gathers a wide variety of data to meet different kinds of needs for a very broad spectrum of users. To achieve the objectives outlined above, the GSS has three components: Core, Focus and Classification.

Core content is directed primarily at monitoring longterm social trends by measurement of temporal changes in living conditions and well-being. Other main topics within Core content include health, personal risk, work, education, and family and social support. As all Core content topics eannot be treated adequately ineach survey cycle, a single cycle covers a specific topic, which recurs on a periodic basis. The Core content of the 1986 General Social Survey, the second cycle, was on time use and social mobility. The topics covered were daily activities done alone and with others, inter-generational and intragenerational mobility and personal well-being.

Focus content is aimed at meeting the second objective of the General Social Survey, namely, to provide infornation touching directly on a specific policy issue or social problem, such as youth unemployinent. In comparison to Core content, Focus is more specific to immediate policy issues. For the second cycle of the General Social Survey, a consortium of clients sponsored language knowledge and use as the topic for Focus content.

Classification content provides the means of delineating population groups and is used in the analysis of Core and Focus data. Examples of classification variables are age, sex, education and income.

This report covers only the time use component of the survey. Scparate publications cover the social mobility and language data.

## DEFINITION OF A TIME DIARY

As part of the General Social Survey, Statistics Canada collected information through a time diary. Such a time diary "is a $\log$ or diary of the sequence and duration of aetivities engaged in by an individual over a specified period - most typically a 24-hour day" (Converse, 1968). All activities during the specified period are recorded. By its nature, it permits and facilitates the recording of a number of contextual dimensions attendant with each particular act.

In time diary surveys, the basic unit is the episode or event. This is a single activity engaged in by an individual at a specified place and time under cettain conditions. For example, the event might be "cating lunch, athome, alone, from 12:15 p.m. to 12:35 p.m.' A diary might yicld, for example, at least the following untransformed activity dimensions for an cpisode:

```
- primary activity (What did you do?)
- temporal location (Time you began?)
- duration of activity (How long did activity last?)
- location of activity (Where?)
- social contacts, i.e. person(s) present (With whon'?)
```

These data were collected from 9,946 Canadians aged 15 years and over in the time use module of the General Social Survey. It should be noted that in this survey, respondents were restricted to reporting their primary activity only. As a result, activities such as listening to the radio and child care which are often secondary activities, are often under-represented.

## HISTORICAL DEVELOPMENT OF TIME USE STUDILS

Time use surveys grew out of early studies of living conditions of the working class in response to pressures generated by the rise of industrialization. These studies were concerned with the shares of activities such as paid work, housework, personal care, leisure ete. in the daily, weekly or yearly time budget of the population. They were also interested in how the time budgets varied among population gronps such as workers, students arki housewives, and in what use was made of leisure time. Most often respondents were asked, through stylized questions, to estimate the amounts of time they allocated to various activities. The bulk of pre-W orld War Il diaries originated in Great Britain, the Soviet Union and the United States
with a number of others in France and Germany.
The carliest sophisticated study was that of S.G. Strumilin in the Soviet Union in 1924. The study was undertaken for use in governmental and communal planning. His study was redone by a student of his G.A. Prudensky, 35 years later on a similar sampie. In the early 1930s Sorokin and Berger in their Time Budgets of Human Bchaviour provided insights into psychological and sociological motivations through an analysis of time diary data.

Since the early 1960s time diary studies have flourished. National time use studies have been conducted in all Eastern and Western European countries. Many of them including France, Finland, and Norway conduct recurting studies approximately every five years. Of particular note are the time use studies in Japan by the Nippon Hoso Kyokai (national broadcasting company) which have been carticd out every five years since 1960. In addition, many countries contribute data to the Multi-national Time Budget Data Archive being developed by Jonathan Gershuny of Nufficld College Oxford, at the University of Bath.

In the more developed countrics, national time use studics have been carried out since 1985. Sudies are also being planned by central statistical agencies in over 15 countries. Often these studies are the beginning, or continuation of a regular schedule of time use data collection. In more than a half dozen developing countries studies ate also being carried out or planned. As well, Istael, New Zealand, Sweden and West Germany are currently planning time use studies. Australia and Italy have recently completed studies. In addition to official studies, the collection of time use data for research purposes is finding growing favour among academics. Interest in time use has becn strong in Canada for many years and a number of Canadian studies have been undertaken. The 1986 General Social Survey was the first such survey undertaken by Statistics Canada at the national level.

## APPLICATIONS OF TIME USE DATA

Through the 1970 s and into the 1980 s there has been, in all countries, a growing concern for the quality of life and economic and social well-being. Traditionally the Gross National Product (GNP) has provided a key measure of well-being, however, this measure is limited to market activity. Increasingly analysts have recognized that mcasures of social and economic well-being must also take into account non-market activity (e.g. houschold production, volunteer work, ctc.) and other factors such as natural resources, environmental impact, etc. which lie outside the traditional national accounting framework'. Time use data provide a rich source of information of non-market
activities and serve as a basis for extending the concepts and measures of GNP.

A lime use survey provides a comprehensive and continuous accounting of participation in, and time spent on, a wide variety of day-10-day activities. Additional dimensions are available through collection of the locational environment of activities (e.g., home, office, in transit, etc.) and the social environment (i.e., who the respondent was interacting with at the time-spouse, children, family, friends, others). For analysis at a macro level, the 96 detailed activities can be aggregated to: paid work and education; unpaid work, (e.g. housework, children, shopping), free time or leisure aetivities; and personal carc time (e.g., slecping and meals at home). The streng th of a time use survey is that it allows for the collection of information on both market and nonmarket activities and is an objective measure of what people actually do and because it is a diary, the data may be less influcneed by errors of recall or other reporting problems.

Mcasures of participation in and time spent on various activitics have been proposed as basic social indicators, i.e. the amount of leisure time, time spent at paid work, etc. Overall, the data are useful to investigate shifis and trade-offs in time use, particularly when considered over the life cycle. The varying needs and lifestyles of general sub-populations, e.g. workers, can be studied because they share similar behaviour paterns, or very specific subpopulations can be examined for particular policy concerns, e.g. an employed full-time, married mother of a young child under 5 or a retired widower, over 65 , living alone.

A review of the uses of time budgets was conducted by Rudolf Andorka ${ }^{2}$ and are identified as:

1. extension of national accounts framework;
2. the measurement of social well-being, quality of life, lifestyles;
3. studying the division of labour between males and females, especially between paid and unpaid work;
4. measuring the productive activitics of houscholds;

[^0]5. studying the needs of elderly persons and the care of children;
6. mass media program design and timing;
7. production planning and marketing, especially in the leisure goods and services industries;
8. providing insights into consumer behaviour;
9. urban planning (e.g. in relation to working, shopping, entertainment and environments);
10. intertemporal and international comparisons; and
11. work and education.

### 1.3 METHODOLOGY

## SAMPLE DESIGN

The target population of the 1986 General Social Survey consisted of all persons 15 years and over living in the 10 provinces of Canada, with the exception of full-time residents of institutions.

The population was sampled using random digit dialling techniques and interviewed by telephone, thus excluding from the sample those persons living in households without telcphones. These houscholds account for less than $3 \%$ of the target population. The sample was allocated to provinces in proportion to the square root of the size of their populations, and to strata (geographic areas) within provinces in proportion to their population.

There were two samples selected for Cycle 2 of the General Social Survey - the core sample and the focus sample.

The core sample consisted of approximately 12,500 households across 10 provinces. Persons in this sample were asked questions on time use (i.e. daily activities), social mobility, language use and classification information (e.g. demographic information). A response was obtained from 9,946 of these households.

In order to collect time use data, it was necessary to assign one day of the week at random to each selected respondent. This was done by affixing a label to each questionnaire identifying the day of the week for which time use data were to be collected. The day identified on each label was randomly assigned. For operational reasons Thursdays and Sundays were under-sampled. The sample taken on these days was only two-thirds of the sample for the other weekdays. This imbalance was adjusted for at the estimation stage.

An additional sample of approximately 9,500 houscholds was intervicwed by telephone during the same period in order to collect adequate language data. Although similar questionnaires were used, the section on daily activities was excluded to reduce respondent burden. In total 16,390 responses were obtained for the language data.

Appendix IV contains additional information on the sample design and estimation procedures.

## DATA COLLECTION AND FORMS

Three questionnaires were used to conduct the interviews: the selection control form (GSS 2-1), and two versions of
the main questionnaire (GSS 2-2 and GSS 2-2A). The GSS 2-2 and GSS 2-2A are identical except that the GSS 2-2A does not have the section on time use. The latter was used for respondents in the additional sample. Copies of the questionnaires used are shown in Appendix V.

Interviewing for the survey was conducted by telephone in two phases. The first phase consisted of screening telephone numbers and selecting a household respondent. It took place during the period October 25 th to November 21 st, 1986. The second phase consisted of interviewing the selected respondent using the main questionnaire and took place from November 22nd to December 22nd, 1986. All telephone intervicwing took place from centralized telephone facilities in Statistics Canada`s regional offices. No proxy responses to the questionnaires were aceepted.

## DATA PROCESSING ANID ESTIMATION

Data capture persomel in the Statistics Canada regional offices keyed data directly from the survey questionnaires into minicomputers. These data were then transmitted electronically to Ottawa. All survey records were subjected to an extensive computer edit. Partial non-responses and flow pattern errors were identified. Missing or incortect data were recoded as "unknown" or, in a very few cases, imputed from other areas in the same questionnaire.

Each person in a probability sample can be considered to represent a number of others in the surveyed population. In recognition of this, and utilizing sample design information, each survey record was assigned a weight that reflected the number of individuals in the population that the record represented. These weights were adjusted for non-response and for the differences between the target population and the surveyed population using population counts for the target population, as well as to equally represent each day of the week for the main sample. The estimates presented in this report were calculated using the adjusted weights for the main sample. In addition, all estimates in this report were calculated excluding the 202 respondents who refused to provide the breakdown of their activities for most of the day. More information on the sampling and estimation procedures can be found in Appendix IV.

## DATA LIMITATIONS

It is important to recognize that the figures which appear in this report are estimates based on data collected from a small fraction of the population (roughly one person in 2,000 for time use) and are subject to error. The error can be divided into two components: sampling error and nonsampling error.

Sampling error is the difference between an estimate derived from the sample and the one that would have been obtained from a census that used the same procedures to collect data from every person in the population. The size of the sampling error can be estimated from the survey results and an indication of the magnitude of this error is given for the estimates in this report. Figure A shows the relationship between the size of an estimate and its sampling error (expressed as the coefficient of variation: the ratio of the standard deviation to the estimate). If the estimated sampling error is greater than $33 \%$ of the estimate, it is considered too unreliable to publish and the symbol "--" is printed in table cells where this occurs. In terms of Figure A, all population estimates below point (A) on the estimate axis (population or incident) fall into this "unreliable" category. Although not considered too unreliable to publish, estimates with an estimated error between $16.5 \%$ and $33 \%$ of the related estimate should be "qualified" and used with caution. All estimates between points $(A)$ and $(B)$ on the estimate axis of Figure $A$ fall into this "qualified" category.

All other types of errors, such as coverage, response, processing, and non-response, are non-sampling errors. Many of these errors are difficult to identify and quantify.

Coverage ertors arise when there are differences between the target population and the surveyed population. Households without telephones represent a part of the
target population that was excluded from the surveyed one. To the extent that this exclusion differs from the rest of the target population, the estimates will be biased. Since these exclusions are small, one would expect the biases introduced to be small. However, since there are cortelations between a number of questions asked on this survey and the groups excluded, the biases may be more significant than the smallsize of the groups would suggest.

Individuals residing in institutions were also excluded from the surveyed population. The effect of this exclusion is greatest for persons 65 years and over, where it approaches $9 \%$ of this age group.

Similarly, the estimates will be biased to the extent that the non-responding households and persons differ from the rest of the sample. The overall response rate for the survey was over $79 \%$. Non-response could occur at several stages in this survey as there were two stages of information collection: at the household level and at the individual level. For most questions, the response rate was high and, in tables, the non-responses are excluded.

While refusal to answer specific questions was very low, accuracy of recall and ability to answer some questions completely can be expected to affect some of the results presented in the subsequent chapters. Awareness of exact question wording (Appendix V) will help the reader interpret the survey results.

## Figure A

Estimated sampling variability by size of estimate, Canada

Core sample. Persons 15 years and over


Population estimate (thousands)

Note: Only coefficionts of variation (c.v.) applicable to estimates for Canada as a whole are shown in Figure A. The difference between the the population size and the estimated population size (expressed as a percentage of the estimate) will be less than the c.v. $65 \%$ of the lime. less than twice the c.v. $95 \%$ of the time and less then three limas the c.v. $99 \%$ of the time.

### 1.4 GUIDE TO THE INTERPRETATION OF TIME USE DATA

A time use survey provides a wealth of data about daily activity patterns. Overall data arc available on some 96 specific activities (See Appendix II), however, data are sparse for those activities not done frequently. Following the approach used in earlier intemational studies, the detailed activities are grouped into 10 major categories as follows:

1. employed work
2. domestic work
3. care of children
4. shopping and services
5. personal care
6. school and cducation
7. organizational, voluntary and religious activity
8. entertainment (attending)
9. sports \& hobbies (participation)
10. media and communication

A further grouping results in the following broad categories:

1. productive time which includes paid work, education and unpaid work including domestic work, child care and shopping,
2. free time which includes organizational, voluntary and religious activities, entertainment (attending), sports and hobbies (participation) and media and communication; and
3. personal care time.

In analyzing the participation in and time spent on various activities, three main measures are used.

The participation rate for an activity indicates the proportion of the population (or sub-group) that reported spending some time on the activity on diary day. Note that the participation rate is a daily rate and unless otherwise specified, the rate is an average daily rate over a seven day week. For activities which are generally not done daily (e.g. attendance at religious services, which is most often once a week, or paid work which is for many persons, five days a week) the participation rates will seem low and reflect the averaging over seven days. For example, the participation rate for attendance at religious services is $6 \%$, while it is $19 \%$ on Sunday and 3 or $4 \%$ for any other day. Similarily for paid work, the average participation rate is $44 \%$; however, it is $19 \%$ and $16 \%$ on Saturday and Sunday respectively and from $49 \%$ to $53 \%$ on weekdays.

Much time use analysis is based on the average time spent on activitics where the average is taken over, the total
population or some population sub-group (e.g. women with young children). This provides an overall picture of how the entire Canadian population, or some sub-group of the population, uses time. However, it does not take into account the fact that activities are done by some members of the group and not others. If one wants to focus only on those participating in an activity, the average time for participants is the appropriate measure to use. For example, the average timespent on paid work by the total population is 3.6 hours per day. However, on an average day only $44 \%$ of the population participates in paid work and the time spent by participants is 8.2 hours.

The advantage of considering the average time for the total population is that it provides an overall summary of how that population spends a 24 hour day. As such it is uscful for comparing different populations. However, clearly such an average masks many individual differences. Participation rates and average time for participants give a clearer picture of those who have done the activity.

Several other factors should be kept in mind when interpreting the results in this report. The first is that the time diary collected information only on one activity, the one the respondent considered the main or primary activity at any one time. To the extent that activities are done simultaneously, secondary activities are underreported. Examples of such activities are child care and radio listening. A second limitation of the data is that activities done for only short durations are no doubt under-reported. While it is not possible to quantify this underreporting, it seems likely that many activities which lasted less than about $10-15$ minutes go unreported and therefore the time spent on such activity is part of some ouher activity that was of longer duration. Finally it should be kept in mind that the survey was done in November and December and there may be some seasonal effect in the activity patterns reported. To assist in the interpretation of the analysis a glossary of terms is provided in Appendix I. In addition, tables showing sample sizes of the major breakdowns used in the analysis, presented by gender, are provided in Appendix III.

### 1.5 CONTENTS OF THE REPORT

Following this introduction, there are three main chapters to the report. Chapter 2 , which is by far the most detailed, provides an overall description of time spent on various activities. For each activity, consideration is given to differences in time use by various characteristics. In general the characteristics considered are gender, age, labour force status, living arrangements, urban and rural residence and day of the week. In this chapter, these characteristics are considered separately with the exception that gender differences across characteristics are generally taken into account.

To the extent the various chatacteristics are correlated, differences observed for one characteristic may actually reflect differences in some other factor. For example differences in free time by age may reflect in part differenoes in labour force status.

The first section of Chapter 2 provides an overview of time use for the broad categorics of productive time, free time and personal care time. Section 2.2 which consists of six sub-sections goes on to provide a description of the various components of productive time. Sub-section 2.2 I considers total productive activity and the following sub-sections treat the components of productive activity, namely, paid work (Sub-section 2.2.2), education (2.2.3) domestic activity (2.2.4), shopping and services (2.2.5) and child care (2.2.6). Section 2.3 describes the time spent on personal care with the final section 2.4 considering free time.

The description of the various activities uses all three of the measures - average time for total population, participation rate, and average time for participants with each being used when deemed appropriate. While much of the discussion is based on the total population, where appropriate specific sub-populations are considered, e.g. the employed population for the sub-section on paid work, students for the sub-section on education, and parents for the child care sub-section.

Chapter 3 provides a discussion of time spent at various locations (Section 3.1) and time spent with various social contacts (Section 3.2). The analysis follows much of the same approach as in Chapter 2.

Chapter 4 concludes the analysis by an attempt to summarize the time activity pattern of various population sub-groups that assume various roles insociely. For example, the role groups include retired females living alone, employed males living with a spouse/partner and at least one child
under five years of age, female students living with their parents. In total, 28 role groups are identified. The analysis is mostly concerned with the time allocation to the main category of productive work, and free time. Consideration is also given to the location of activities and social contact for the various role groups.

At the end of each section, there is a brief discussion of the results presented. Included, where possible, is a comparison of the results to comparable results from surveys done in other countries. Appendix VI provides a list of international data sets to which comparisons are made.

In all of the chapters, data are provided in the form of charts, text tables and more detailed tables given at the end of each sub-section. While many of the tables are quite detailed, few provide data for individual activities and many other breakdowns are possible. Supplementary tables providing more detail are available by contacting the General Social Survey staff, Housing, Family and Social Statistics Division, Statistics Canada, Ottawa K1A 0 T6.

## CHAPTER 2

## OVERVIEW OF TIME USE

This chapter provides an overall description of time spent on various activities. For each activity, consideration is given to differences in time use by characteristics such as gender, age, labour force status, living arrangements, urban and rural residence and day of the week.

### 2.1 OVERVIEW OF TIME USE

## HIGHLIGHTS

- Canadians aged 15 years and over spend 7.5 hours per day (averaged over a 7 day week) on productive activity, which includes paid work, education and unpaid work (i.e. domestic chores, primary child care and shopping) and 11.0 hours sleeping, eating and on other personal care activities. Frec time averages 5.5 hours per day.
- Men and women allocate the same amount of time to productive activity, however, the way they spend that time differs. The productive time for males is heavily concentrated on paid work, with an average of 4.7 hours per day, compared to 2.5 hours for females. The major component of productive activity for females, however, is unpaid work, with an average of 4.1 hours per day, compared to 1.9 hours for males.
- Individuals aged 25 to 44 allocate the most time to productive activity, an average of 8.6 hours per day and have the least amount of free time, 4.7 houts and personal care time, 10.6 hours.


## METHODS

A sample of 10,000 Canadians were asked for a record of their activities over a 24 -hour period. The data were coded to 96 activities and broadly classified into 10 major groups. This chapter provides a very broad overview of activities by three categories: (l) personal care - sleeping, eating, washing, dressing; (2) productive work - paid work and education, and unpaid work including domestic work, child care, and shopping; and (3) free time activity television viewing and reading, entertainment, sports and hobbies, organizational, voluntary and religious activity, etc.

Only primary activities were recorded, i.e. the activity that the respondent reported was their main activity as they could be engaged in two activities at the same time. As a result, the sum of time spent for all activities is 24 hours.

The description of time use in this section covers only broad categories of activities. In addition, the time spent on activities is averaged over the total population 15 years and over, whether or not individuals actually engaged in that activity. Subsequent chapters will consider more specific activities and will also consider time use from the perspective of active participants, i.e. those spending some time on the activity.

## RESULTS

Canadians aged 15 years and over allocate on average 7.5 hours or $31 \%$ of the day to productive activity (Table 1). Nearly 11 hours or slightly over $45 \%$ of each day is consumed by sleep and other personal care activities. More time is given to personal care by Canadians 15 and over on weekends, if they are not employed, if they do not have children and especially if they are over 65 or retired. Roughly 5.5 hours, or $23 \%$ of the day, remains for free time activities.

## Gender

Men and women contribute a similar antount of productive time to Canadian society when productive lime includes not only paid work but also education and unpaid or family work. Men, however, work more at paid work and education, 5.6 hours per day, than unpaid work, 1.9 hours, while women allocate slightly more time to unpaid work, 4.1 hours, than paid work and education, 3.3 hours (Table 1). Women allocate about half an hour more per day to personal care activities, e.g. sleeping, meals at home, washing, dressing, etc. than men ( 11.2 hours versus 10.8 hours). Consequently, men have about half an hour more free time per day than women, 5.7 hours versus 5.3 hours.

## Labour force status

Canadians who work for pay allocate the most time to productive activity, averaging 9.1 hours per day. As a result, employed peoplc have the least amount of free time available, 4.5 hours per day and personal care, 10.4 hours. Students are the next most industrious group, allocating 8.2 hours to productive time and 4.9 to free time. Students spend 10.9 hours on personal care. People keeping house devote 6.5 hours to productive time and have nearly an equal amount of free time, 6.0 hours. Their personal care takes 11.4 hours. Retired individuals spend 3.5 hours on productive activity and allocate 8 hours to leisure activities per day. Personal care consumes more than half of the day, 12.4 hours. The unemployed have almost the same allocations of time as retired people, just one hour more of productive time, 4.5 hours, and three quarters of an hour less personal care time, 11.7 hours (Table 1 and Figure B).

## Living arrangentent

Not surprisingly, parents with younger children allocate the most time to productive activities, devoting time to primary child care in addition to other domestic responsibilities and paid work. Parents also have the least amount of free time and allocate the least anount of tine to personal care. Lone parents have slightly less productive

Figure B
Average time spent(1) on selected major activities for the population 15 years and over by labour force status, Canada, 1986

(1) Averaged over a 7 day week

General Social Survey, 1986
Figure C
Average time spent(1) on selected major activities for the population 15 years and over by living arrangement, Canada, 1986

time, 8.2 hours, than parents with a partner, 8.7 hours and correspondingly more free time, 5.2 hours versus 4.6 hours (Table 1 and Figure C). Single children 15 to 24 years of age and living with their parent(s) have the next highest amount of productive time, approximately 7.5 hours. Lone parents with children 25 years and over allocate the least amount to productive time, 5.0 hours. Those living alone and those with a spouse or partner (without children) allocate almost equal time to free time activities, 6.6 hours and 6.1 hours, respectively. When examined by type of living arrangement, variations in time allocated to personal care, roughly 11 hours, are small. However, while parents with young children average slightly less with 10.7 hours, and individuals living with a spouse or partner average slightly more at 11.5 hours, lone parents living with children over 25 years of age average 12.5 hours per day reflecting the greater amount of time spent on personal care by older Canadians.

Age
How the day is allocated among activities differs greatly by age. Individuals 25 to 44 are at the most productive stage in the life cycle (Table 1 and Figure D). They allocate an average of 8.6 hours or $35 \%$ of the day to productive activities and consequently have the least time for leisure activities, about 4.7 hours, or $20 \%$ of their day. Personal care consumes 10.7 hours or $45 \%$ of the day. One explanation for the high productivity among the 25 to 44 year old age group, is that labour force participation rates are highest for this group. Individuals 15 to 24 and 45 to 54 allocate nearly 8 hours to productive time and have about 5.3 hours of free time. Productive time falls to 6.3 hours for people aged 55 to 64 and again to 3.8 hours per day for individuals over 65 , with concomitant increases in free time. Time for personal care increases to 11.4 hours for ages 55 to 64 and consumes more than half the day, 12.4 hours, for people 65 years and over. Unpaid work (i.e. domestic chores, primary child care and shopping) is

Figure D
Average time spent(1) on productive activities for the population 15 years and over by age group, Canada, 1986

(1) Averaged over a 7 day week
(2) Unpaid work = domestic work + primary child care + shopping and services
surprisingly constant for ages 25 and over, nearly 3.5 hours per day, while paid work and educational activities consume significantly more of the day for ages 25 to 44 than for older groups. In contrast, the youngest age group allocates 6 hours per day to paid work and education and only 1.6 hours to unpaid work.

## Day of week

As might be expected, productive activity is much higher during the week than on weekends. On weekdays, productive activity takes 8.5 hours per day, falls to 5.5 hours on Saturday and 4.1 hours on Sunday (Table 1). Free time follows the opposite pattern, rising from 4.7 hours on weekdays to 7.0 hours on Saturday and a high of 7.5 hours on Sunday. Time devoted to personal care also escalates on the weekend, consuming more than half the day on Sunday.

## Size of community

Canadians in large cities allocate the most time to productive activities, 7.7 hours, and have the least amount of free time, 5.3 hours per day (Table 1). At the time of the survey, in November and December, on average, rural Canadians work less, 7.1 hours and have more free time, 5.8 hours, while individuals in communities between 10,000 and 100,000 virtually parallel the national average with 7.4 hours devoted to productive time and 5.5 hours of free time. Time allotted to personal care does not vary by the size of community, an average of 11.0 hours per day.

## DISCUSSION

On average, Canadians 15 and over spend more than $75 \%$ of their time on essential or non-discretionary activities. More than $45 \%$ of the day is consumed by sleep and other personal care activities, eating, washing, dressing, etc. Another $31 \%$ is spent on productive activities, - going to work or school, doing the shopping, preparing ineals and
cleaning up. About $23 \%$ of the day remains for discretionary activities, or free time. As noted previously, free time is squeezed to less than $20 \%$ of the day for the employed and for parents living with a spouse or partner and their child(ren). This is largely reflected in free time reported for ages 25 to 44, the stage when carcer building and child rearing is most important. It appears that when a smaller portion of the day is taken up by essential activities, not only free time, but also time devoted to personal care increases. The least amount of personal time is taken by the employed, by parents and during the week. When commitments such as working for pay and the effect of children are removed, more time is taken for personal care. Retired individuals spend more than half of the day on personal care activities, as reflected by the age group 65 and over. The average time for personal care activitics for all Canadians 15 and over rises to more than $50 \%$ on Sunday, equalling personal care time for older and retired people. In fact, on Sunday, with fewer individuals engaged in paid work, time allocation virtually duplicates the daily activities of retired individuals.

Canadians devote a relatively low amount of time to productive activity, 7.5 hours per day, when compared with several other countries for which data are available. While Australians, averaging 7.2 hours per day devote less time, the people of France average 8.0; Japan, 7.8; and Finland 7.7 hours per day. However, the reduced productive activity time does not all become free time for Canadians since they have a comparatively high time allocation to personal care. Of the sites examined, only the population of France allocated more time fo personal care ( 12.0 hours per day) than did Canada with 11.0 hours. The personal care time allocations of the people of Australia, Japan and Finland average $10.7,10.4$ and 9.8 hours per day respectively. Australians, with 6.1 hours per day, appear to enjoy the most free time of the several sites compared. They are followed by the people of Japan with 5.8 , Finland and Canada with 5.5 each and France with 4.0 hours per day.

TABLE 1
Average time spent ${ }^{1}$ on selected major activities for the population 15 years and over by selected characteristics, Canada, 1986

| Selected characteristics | Total ${ }^{2}$ | Major activities |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Personal care | Productive time |  |  | Free time ${ }^{4}$ | Not stated |
|  |  |  | Total ${ }^{2}$ | Paid work education | Unpaid work ${ }^{3}$ |  |  |
|  | (Hours per day) |  |  |  |  |  |  |
| Population 15+ |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 11.0 | 7.5 | 4.4 | 3.1 | 5.5 | 0.1 |
| Male | 24.0 | 10.8 | 7.5 | 5.6 | 1.9 | 5.7 | 0.0 |
| Female | 24.0 | 11.2 | 7.4 | 3.3 | 4.1 | 5.3 | 0.1 |
| Age group |  |  |  |  |  |  |  |
| 15-24 | 24.0 | 10.9 | 7.6 | 6.0 | 1.6 | 5.4 | 0.0 |
| 25-34 | 24.0 | 10.6 | 8.5 | 5.0 | 3.5 | 4.8 | 0.0 |
| 35-44 | 24.0 | 10.7 | 8.7 | 5.2 | 3.5 | 4.6 | 0.1 |
| 45-54 | 24.0 | 10.7 | 8.0 | 4.7 | 3.4 | 5.2 | 0.1 |
| 55-64 | 24.0 | 11.4 | 6.3 | 2.8 | 3.5 | 6.2 | 0.1 |
| 65+ | 24.0 | 12.4 | 3.8 | 0.5 | 3.3 | 7.7 | 0.1 |
| Labour force status |  |  |  |  |  |  |  |
| Employed | 24.0 | 10.4 | 9.1 | 6.7 | 2.3 | 4.5 | 0.0 |
| Looking for work | 24.0 | 11.7 | 4.5 | 1.4 | 3.1 | 7.7 | 0.2 |
| Student | 24.0 | 10.9 | 8.2 | 7.0 | 1.2 | 4.9 | 0.0 |
| Keeping house | 24.0 | 11.4 | 6.5 | 0.5 | 6.0 | 6.0 | 0.1 |
| Retired | 24.0 | 12.4 | 3.5 | 0.2 | 3.2 | 8.0 | 0.1 |
| Other | 24.0 | 12.6 | 4.4 | 1.2 | 3.2 | 6.9 | 0.1 |
| Day of week |  |  |  |  |  |  |  |
| Weekday | 24.0 | 10.7 | 8.5 | 5.5 | 3.0 | 4.7 | 0.0 |
| Saturday | 24.0 | 11.4 | 5.5 | 1.8 | 3.7 | 7.0 | 0.1 |
| Sunday | 24.0 | 12.4 | 4.1 | 1.5 | 2.5 | 7.5 | 0.0 |
| Size of community |  |  |  |  |  |  |  |
| CMA/Pop. 100,000 or more | 24.0 | 11.0 | 7.7 | 4.7 | 3.0 | 5.3 | 0.0 |
| CA/Pop. 10,000-99,999 | 24.0 | 11.0 | 7.4 | 4.4 | 3.0 | 5.5 | 0.1 |
| Rural/Pop. 9,999 or less | 24.0 | 11.1 | 7.1 | 3.7 | 3.4 | 5.8 | 0.1 |
| Living arrangement |  |  |  |  |  |  |  |
| With partner and single child(ren) under 25 | 24.0 | 10.7 | 8.7 | 4.7 | 4.0 | 4.6 | 0.1 |
| With partner, no single child(ren) under 25 | 24.0 | 11.5 | 6.4 | 3.2 | 3.2 | 6.1 | 0.1 |
| Lone parent with single child(ren) under 25 | 24.0 | 10.6 | 8.2 | 4.1 | 4.0 | 5.2 | 0.0 |
| Lone parent with single child(ren) 25 or over | 24.0 | 12.5 | 5.0 | 1.4 | 3.5 | 6.4 | 0.1 |
| Single child 15-24 living with both parents | 24.0 | 11.0 | 7.5 | 6.4 | 1.1 | 5.5 | 0.0 |
| Single child 15-24 living with lone parent | 24.0 | 10.7 | 7.6 | 6.3 | 1.3 | 5.7 | 0.0 |
| Child 25 or over living with parent(s) | 24.0 | 11.0 | 5.7 | 3.8 | 1.9 | 7.2 | 0.0 |
| With non-relative(s) only | 24.0 | 11.1 | 7.0 | 5.3 | 1.7 | 5.9 | 0.0 |
| Alone | 24.0 | 11.2 | 6.1 | 3.5 | 2.6 | 6.6 | 0.1 |
| Other | 24.0 | 10.9 | 6.6 | 4.2 | 2.3 | 6.5 | 0.0 |

General Social Survey, 1986

[^1]
### 2.2 PRODUCTIVE ACTIVITY

### 2.2.1 TOTAL PRODUCTIVE ACTIVITY

## HIGHLIGHTS

- Men and women allocate the same amount of time to productive activity, an average of 7.5 hours per day.
- Overall, paid work amounts to less than one-half of total productive activity of all Canadians.
- Productive activity of males is heavily concentrated on paid work to which they allocate 4.7 hours per day. The remaining productive activity time is divided among domestic work ( 1.0 hour per day), educational activities ( 0.9 hours per day), shopping time ( 0.7 hours per day) and primary child care ( 0.2 hours per day).
- Productive activity of females is more dispersed. The majority of their productive work time is divided between paid work and domestic work, an average of 2.5 hours per day each. The remaining productive activity time is divided among shopping ( 1.0 hour per day), educational activities ( 0.8 hours per day) and primary child care ( 0.6 hours per day).


## METHODS

Traditionally, productive activity is considered to consist only of paid work. This interpretation, however, misrepresents the reality of the productive output of the economy. In reality, productive activity should be interpreted much more broadly. This chapter considers a broader interpretation. Here, in addition to paid work, productive
activity also includes educational activity (codes 50 through 56,58 and 59), and unpaid work (domestic work - codes 10 through 19 , primary child care - codes 20 through 25 , 28 and 29 , and shopping and services - codes 30 through 39).

A case can be made for the inclusion of other activitics, such as volunteer work and helping others (code 66), care of dependents other than children (codes 41 and 42) and domestic home crafts (code 84) in productive activity. However, no unique definition of productive activity exists. The definition of productive activity in this publication reflects an approach that has been used in a number of international studies.

The following analysis assumes that the industry and occupation of the employed are the same in the last seven days as in the last twelve months.

## RESULTS

Canadians aged 15 years and over allocate an average of 7.5 hours to total productive activity including paid work, education, domestic work, child care and shopping and services (Text Table A).

## Gender

There is virtually no difference between men and women in total time allocated to productive activity, each allocating an average of about 7.5 hours per day. The total time spent, however, hides considerable differences in the way that time is allocated by men and women (Text Table A and Figure E). Men allocate the major share of their time to paid work, averaging 4.7 hours per day, with the

## TEXT TABLE A

Average time spent ${ }^{1}$ on productive activity for the population 15 years and over and participants and participation rate by gender, Canada, 1986

| Productive activity | Population 15+ |  |  | Participants |  |  | Participation rate |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Total productive activity | 7.5 | 7.5 | 7.4 | 7.9 | 8.1 | 7.6 | 95 | 92 | 97 |
| Paid work | 3.6 | 4.7 | 2.5 | 8.2 | 8.7 | 7.5 | 44 | 54 | 34 |
| Education | 0.8 | 0.9 | 0.8 | 6.2 | 6.5 | 6.0 | 13 | 13 | 13 |
| Domestic work | 1.8 | 1.0 | 2.5 | 2.6 | 1.9 | 2.9 | 69 | 52 | 85 |
| Primary child care | 0.4 | 0.2 | 0.6 | 1.9 | 1.6 | 2.1 | 22 | 14 | 29 |
| Shopping and services | 0.9 | 0.7 | 1.0 | 2.4 | 2.3 | 2.4 | 37 | 32 | 42 |

[^2]Figure E
Average time spent(1) on various types of productive activity for the population 15 years and over by gender, Canada, 1986

(1) Averaged over a 7 day week

General Social Survey, 1986

Figure F
Average time spent(1) on total productive activity for the population 15 years and over by labour force status and gender, Canada, 1986


[^3]remaining 2.5 hours allocated to unpaid work ( 1.0 hour at domestic work, 0.9 hours on educational activities, 0.7 hours on shopping and services and finally, 0.2 hours on child care). In comparison, the productive time of women is more divided with an average of 2.5 hours per day to each of paid work and domestic work. The remaining 2.4 hours are divided among shopping and services ( 1.0 hour per day), education ( 0.8 hours per day) and primary child cate ( 0.6 hours per day).

The pattern of participation rates, for men and women, is interesting. Overall, women participate ( $97 \%$ ) slightly more in productive activity than domen ( $92 \%$, Text Table A). Only in the case of education do the genders approach equality in participation in individual components of productive activity. Aldough, on any given day, men participate more in paid work activily, 54 percent compared with 34 percent for women, women register equal or higher participation rates in all other productive activities.

## Labour force status

Time allocated to productive work is affected by the main activity in which an individual is engaged i.e. the individual's labour force status. The greatest time allocation to total productive work is made by men and women who are engaged in paid work. Employed women average 9.2 hours per day on productive activity, while employed men allocate 9.0 hours to it (Table 2 and Figure F). Retired persons spend the least time in productive activity. The productive activity of students, particularly female students, differs little from the amount of time allocated by employed persons.

## Day of week

Total productive effort varies considerably by day of the week, in particular between weekdays and weekends. The heaviest productive burden is carried during the week. Less time is allocated to productive activity on Saturday and still less on Sunday (Table 2). There are gender differences. On weekdays men allocate about 0.3 hours more per day to productive activity than women do, 8.7 and 8.4 hours respectively. However, on weekends women carry the heavier load. On Saturdays women allocate 0.8 hours more than men to productive activity and on Sundays they allocate about 0.5 hours more. Participation rates in productive work are higher for females than males on all days of the weck. Women's participation rates drop off only slightly on weekends, from $98 \%$ on weekdays to $96 \%$ on Saturdays and Sundays while male rates show a greater drop, from $95 \%$ on weekdays to $88 \%$ and $80 \%$ on Saturday and Sunday respectively.

Age
Table 2 also reveals that productive activity first increases then decreases with age for both sexes. Productive activity increases from 7.4 hours per day for men aged 15 to 24 to a maximum of 8.9 hours for men 35 to 44 years and then declines to 6.4 hours for the group age 55 to 64 and 3.4 hours for those 65 and over. For women, the peak of 8.8 hours per day occurs for the age group 25 to 34 ycars, drops to 6.2 hours for the age group 55 to 64 years and 4.1 hours per day for women aged 65 and over. For the latter age group as well as the 15 to 24 and 25 to 34 age groups, the time allocated to productive activity by females is higher than the rate for males of the same age.

## Industry and occupation of the employed population

The amount of time allocated to total productive activity varies according to an individual's industry and occupation. Among employed males, with the exception of agriculture and other primary industry, the variation among the other industry groups, in the time allocation to productive activity is small (Text Table B). Among employed females, the manufacturing durable and non-durable industries, transportation and related industries and business and miscellancous industries stand out among others.

Male professionals/semi-professionals, managers and foremen average between 9.5 and 9.8 hours a day in broadly defined productive activity. This amounts to approximately 66.5 hours per week. Female managers, supervisors, upper white collar and upper blue collar workers, also allocate 9.5 hours or more per day to total productive activity. Women allocate more time than their male counterparts to productive activity in the supervisory, upper and lower white collar, and upper and lower blue collar occupations.

Participation in total productive activity runs well over 90 percent across virtually all industry and occupation groups for both men and women. Consequently, the amount of time allocated by participants differs little from the time allocation of the total population in a given group.

## DISCUSSION

Total productive activity (including paid work, edncation, domestic work, child care and shopping and services time) is a more accurate measure of the time required to maintain the flow of goods and services to the population than is paid work alone. Paid work activity accounts for slightly less than half the 7.5 hours a day allocated to all productive activity. There is considerable stability in total productive activity across a broad range of countries. The

TEXT TABLE B
Average time spent ${ }^{1}$ on productive activity for the employed ${ }^{2}$ population 15 years and over and participants and participation rate by gender and industry ${ }^{3}$ and occupation ${ }^{3}$, Canada, 1986

| Industry and occupation | Productive activity |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population 15+ |  |  | Participants |  |  | Participation rate |  |  |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Employed population $15+$ | 9.1 | 9.0 | 9.2 | 9.4 | 9.4 | 9.4 | 97 | 96 | 98 |
| Industry |  |  |  |  |  |  |  |  |  |
| Agriculture | 8.0 | 8.0 | -- | 8.2 | 8.2 | -- | 98 | 97 | -* |
| Other primary | 8.5 | 8.4 | -* | 8.9 | 8.9 | - | 95 | 94 | - |
| Manulacturing, non-durables | 9.3 | 9.0 | 9.7 | 9.5 | 9.3 | 9.8 | 98 | 97 | 99 |
| Manulacturing, durables | 9.6 | 9.3 | 11.1 | 10.1 | 9.8 | 11.1 | 95 | 94 | 100 |
| Construction | 9.3 | 9.3 | 8.7 | 9.4 | 9.5 | 8.7 | 98 | 98 | 100 |
| Transportation and related | 9.2 | 9.2 | 9.5 | 9.7 | 9.7 | 9.6 | 96 | 95 | 99 |
| Wholesale trade | 8.8 | 8.7 | 92 | 9.5 | 9.4 | 9.7 | 93 | 92 | 96 |
| Retail trade | 9.1 | 9.1 | 90 | 9.4 | 9.7 | 9.1 | 97 | 94 | 99 |
| Finance and related | 8.9 | 8.6 | 92 | 9.1 | 8.8 | 9.3 | 98 | 98 | 98 |
| Community services | 9.2 | 9.2 | 9.2 | 9.4 | 9.5 | 9.4 | 97 | 97 | 98 |
| Personal services | 8.8 | 8.7 | 8.9 | 9.1 | 9.2 | 9.1 | 97 | 94 | 98 |
| Business and misc. services | 9.5 | 9,3 | 9.6 | 9.6 | 9.4 | 9.8 | 99 | 99 | 98 |
| Public administration | 8.8 | 8.9 | 8.4 | 9.0 | 9.3 | 8.5 | 97 | 97 | 99 |
| Working, but not stated | 8.5 | 8.5 | 8.4 | 8.6 | 8.7 | 8.4 | 98 | 98 | 100 |
| Occupation |  |  |  |  |  |  |  |  |  |
| Prolessionals/semi-protessionals | 9.4 | 9.8 | 8.9 | 9.5 | 10.0 | 9.0 | 98 | 98 | 99 |
| Managers | 9.5 | 9.5 | 9.5 | 9.8 | 9.9 | 9.6 | 97 | 96 | 99 |
| Supervisors | 9.4 | 8.6 | 10.8 | 9.9 | 9.4 | 10.8 | 95 | 92 | 100 |
| Upper white collar | 9.3 | 8.8 | 9.6 | 9.6 | 9.1 | 9.8 | 97 | 96 | 98 |
| Lower white collar | 8.7 | 8.2 | 8.9 | 8.8 | 8.4 | 9.1 | 98 | 98 | 98 |
| Foremen/women | 9.8 | 9.7 | -- | 10.0 | 10.0 | -- | 97 | 97 | -- |
| Upper blue collar | 9.2 | 9.1 | 10.5 | 9.7 | 9.6 | 10.8 | 95 | 95 | 97 |
| Lower blue collar | 8.9 | 8.7 | 9.3 | 9.3 | 9.3 | 9.4 | 96 | 94 | 99 |
| Farmers | 8.4 | 8.3 | -- | 8.6 | 8.6 | -- | 97 | 97 | - |
| Farm labourers | 7.4 | 7.1 | -- | 7.6 | 7.4 | -- | 97 | 96 | - |
| Working, but not stated | 9.0 | 8.9 | 9.1 | 9.0 | 8.9 | 9.1 | 100 | 100 | 100 |

1 Averaged over a 7 day week.
2 Employed defined as those responding "Working at a job or business" to the question "Which of the following best describes your main activity during the last 7 days? Were you mainiy..." Full time and pant time workers are included here.
3 These figures may reflect seasonal variations because data for the entire survey was collected during the months of November and December.
figure for Canada falls at the low end of similar estimates from other eountries. The populations of Finland (1979 and $1987 / 88$ ) and Norway ( $1980 / 81$ ) each recorded 7.7 hours of total productive activity. France's population, in 1985/86 recorded 7.6 hours and the Hungarian population (1976/77) recorded 7.9 hours. Australians, averaging 7.2 hours, had the lowest level of countries examined. Gender
generally has no affect on the total allocation of productive time but does significantly affect its composition. Individual characteristics such as labour force status, occupation and industry do affeet the total productive time allocation. In view of these findings, it is to be expected that sociodemographic changes will lead to changing patterns of time use.

TABLE 2
Average time spent ${ }^{1}$ on total productive activity ${ }^{2}$ for the population 15 years and over and participants and participation rate by gender and selected characteristics, Canada, 1986

| Selected characteristics | Productive activity ${ }^{2}$ |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population 15+ |  |  | Participants |  |  | Participation rate |  |  |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Population 15+ | 7.5 | 7.5 | 7.4 | 7.9 | 8.1 | 7.6 | 95 | 92 | 97 |
| Age group |  |  |  |  |  |  |  |  |  |
| 15-24 | 7.6 | 7.4 | 7.9 | 8.0 | 8.0 | 8.0 | 95 | 93 | 98 |
| 25-34 | 8.5 | 8.3 | 8.8 | 8.8 | 8.7 | 8.9 | 97 | 96 | 98 |
| 35-44 | 8.7 | 8.9 | 8.5 | 9.0 | 9.4 | 8.7 | 97 | 94 | 99 |
| 45-54 | 8.0 | 8.4 | 7.7 | 8.3 | 8.9 | 7.8 | 96 | 94 | 98 |
| 55-64 | 6.3 | 6.4 | 6.2 | 6.8 | 7.3 | 6.4 | 93 | 87 | 98 |
| 65+ | 3.8 | 3.4 | 4.1 | 4.4 | 4.2 | 4.5 | 88 | 82 | 92 |
| Labour force status |  |  |  |  |  |  |  |  |  |
| Employed | 9.1 | 9.0 | 9.2 | 9.4 | 9.4 | 9.4 | 97 | 96 | 98 |
| Looking for work | 4.5 | 4.1 | 5.5 | 5.0 | 4.7 | 5.9 | 89 | 87 | 94 |
| Student | 8.2 | 7.9 | 8.6 | 8.5 | 8.4 | 8.7 | 96 | 94 | 99 |
| Keeping house | 6.5 | 6.1 | 6.5 | 6.6 | 6.5 | 6.6 | 99 | 95 | 99 |
| Retired | 3.5 | 3.2 | 3.8 | 4.1 | 3.9 | 4.2 | 85 | 81 | 90 |
| Other | 4.4 | 3.4 | 5.6 | 5.4 | 4.4 | 6.5 | 82 | 78 | 87 |
| Day of week |  |  |  |  |  |  |  |  |  |
| Weekday | 8.5 | 8.7 | 8.4 | 8.8 | 9.1 | 8.6 | 97 | 95 | 98 |
| Saturday | 5.5 | 5.1 | 5.9 | 6.0 | 5.8 | 6.2 | 92 | 88 | 96 |
| Sunday | 4.1 | 3.8 | 4.3 | 4.6 | 4.7 | 4.5 | 89 | 80 | 96 |
| Size of community |  |  |  |  |  |  |  |  |  |
| CMA/Pop. 100,000 or more | 7.7 | 7.7 | 7.6 | 8.0 | 8.3 | 7.8 | 95 | 93 | 98 |
| CAPop. 10,000-99,999 | 7.4 | 7.5 | 7.3 | 7.8 | 8.1 | 7.6 | 95 | 93 | 96 |
| Rural/Pop. 9,999 or less | 7.1 | 7.0 | 7.2 | 7.6 | 7.7 | 7.5 | 94 | 91 | 97 |
| Living arrangement |  |  |  |  |  |  |  |  |  |
| With partner and single child (ren) under 25 | 8.7 | 8.9 | 8.6 | 9.0 | 9.3 | 8.7 | 97 | 95 | 99 |
| With partner, no single child (ren) under 25 | 6.4 | 6.1 | 6.7 | 6.9 | 6.9 | 6.9 | 93 | 89 | 97 |
| Lone parent with single child (ren) under 25 | 8.2 | 8.4 | 8.1 | 8.4 | 9.0 | 8.3 | 97 | 94 | 98 |
| Lone parent with single |  |  |  |  |  |  |  |  |  |
| Single child 15-24 living |  |  |  |  |  |  |  |  |  |
| Single child 15-24 living with lone parent | 7.6 | 7.0 | 8.2 | 7.9 | 7.5 | 8.3 | 95 | 93 | 98 |
| Child 25 or over living |  |  |  |  |  |  |  |  |  |
| With non-relative(s) only | 7.0 | 7.3 | 6.5 | 7.2 | 7.6 | 6.7 | 97 | 96 | 98 |
| Alone | 6.1 | 6.7 | 5.7 | 6.5 | 7.4 | 6.0 | 93 | 91 | 95 |
| Other | 6.6 | 8.0 | 5.6 | 7.0 | 8.4 | 6.0 | 94 | 95 | 94 |

General Social Survey. 1986

[^4]
### 2.2.2 PAID WORK

## HIGHLIGHTS

- Canadian society (as reflected in time allocations for persons 15 years and over) allocate on average a total of 3.6 hours per day to paid work and related activities.
- On an average day, $44 \%$ of Canadians aged 15 and over participate in paid work and related activities.
- Averaged over 7 days, Canadians spend 2.9 hours on primary job time. Meals and breaks at work average 0.2 hours per day, other work-related time averages 0.2 hours and work travel to and from work averages 0.3 hours per day.
- Paid work time varies significandy with living arrangement, size of eommunity, industry and oceupation.


## METHODS

Paid work and related aetivities are those aetivities traditionally eonsidered to be coonomie activity, a somewhat narrower definition than that considered in the discussion of productive aelivity (Section 2.1). Paid work related activities were coded into the following categories: paid work (code 01), overtime/looking for work (02), travel during work (03), waiting, delays at work (04), meals and snacks at work ( 05 ), idle time before and after work ( 06 ), eoffce and other breaks ( 07 ), uncodeable work activitics (08) and travel to and from work (09).

Due to smail counts, codes 02-04, 06 and 08 were combined to form the category "other work related" and codes 05 and 07 were combined to form 'meals and breaks at work'.

Variation in time allocated to paid work and related activities ean arise from any of three factors. Firsily, individuals in different circumstances exhibit different rates of employment, that is, different labour force participation rates. Secondly, given that individuals are employed, the probabilities that they are working on any given day may differ, primarily related to the number of days a week that they work. Finally, assuming individuals are employed and are working they may work different hours. The following analysis presents the total population examined in terms of several socio-demographie faetors, followed by an analysis of the employed population i.e. those having worked for pay during the week prior to the survey.

The industry and occupation of the employed are assumed to be the same in the last seven days as in the last twelve months.

## RESULTS

Canadian society (as reflected in the time allocations for persons 15 years and over) allocates an average of 2.9 hours per day ( 20.3 hours per week) to paid work (Table 3). Additionally, they allocate 0.2 hours to other work related aetivity, 0.2 hours to meals and breaks at work and 0.3 hours to commuting (table not shown) for a total of 3.6 hours per day ( 25.2 hours per week) on paid work and related activities (Table 4).

On an average day, $44 \%$ of Canadians aged 15 and over participate in paid work (related activities included, Table 4). Males have a much higher participation rate than females, $54 \%$ versus $34 \%$. In addition, on days that Canadians engaged in any aspect of paid work, men allocated 1.2 hours longer than women ( 8.7 versus 7.5 hours per day).

## Age groups

Over the total population, the average time spent on paid work (related activities excluded) increases from an average of 2.3 hours per day ( 16.1 hours per week) for the 15 to 24 age group to a high of 4.0 hours ( 28.0 hours per week) for the 35 to 44 age group (Table 3). The time then deereases to 3.7 hours for those 45 to 54 , then to 2.2 hours for those 55 to 64 and finally a low of 0.4 hours for those 65 and over.

On an average day, over $50 \%$ of those between the ages of 25 and 54 participate in paid work. Those that do, allocate an average of 7.3 hours perday to it. Further examination of these participants reveals that it is only in the 65 and over age group that women allocate more time to paid work than men ( 6.1 hours versus 5.7 hours). Male participants between the ages 15 and 44 , spend an average of 0.7 hours more per day at paid work than women. However, this difference jumps to 1.7 hours more per day for the 45 to 54 age group.

Similar patterns are revealed upon examination of time allocation to paid work and related aetivities (Table 4). Over the whole population as well as among participants, it is the males between ages 35 and 54 that allocate the most time to paid work and related activities. Among females, it is those between ages 25 and 44 that allocate the most time to these activities.

## Living arrangement

Over the whole population, individuals living with their spouse or partner and single children under 25 years allocate the greatest amount of time directly to paid work activity, 3.7 hours per day (Table 3). Lone parents also living with children under 25 years are second, allocating 3.1 hours per day. However, if one examines time allocated directly to paid work on days that it is undertaken (i.c. for participants) a different pattern emerges. In such cases the longest hours are allocated by those who appear to have less attachment at home, individuals with living arrangements classified as other, alone or single children over 25 living with their parent(s).

Total time allocated to paid work and related activities is rather invariant across participants regardless of their living arrangements. With the exception of single children, total time allocated to paid work and related activities ranges only from 8.1 to 8.4 hours per day (Table 4). Except for females living with non-relatives, men allocate more time per day to paid work and related activities than do women. The greatest difference in time occurs with those living with a partner and single children, where men allocate 2.1 hours per day more to paid work and related activities than their female counterparts ( 9.1 versus 7.0 hours per day).

## Day of week

Most paid work is undertaken on weekdays. Over the whole population, direct paid work activity averages 3.7 hours on weekdays, 1.2 hours on Saturdays and 0.9 hours on Sundays (Table 3). Considering only individuals actually working on diary day (i.e. participants), the same pattern of direct paid work emerges. The longest hours at paid work are on weekdays, 7.3 hours per day, the next longest on Saturdays, 6.0 and shortest on Sundays, 5.5 hours. On weekdays and Sundays men allocate more time to paid work than women; however, on Saturdays, time allocations are about the same at roughly 6.0 hours.

Time allocated by the total population to other work related activity differs slightly with 0.2 hours allocated on weekdays, 0.1 hour allocated on Saturdays and 0.2 hours allocated on Sundays (table not shown). For individuals actually engaged in other work-related activity, the number of hours allocated on Sunday considerably exceed those allocated on weekdays and Saturdays. They are 3.3 hours, 1.3 and 1.5 respectively. High work and related time on Sundays, without consequent high travel time, suggests work done at home.

## Size of community

Time allocated to paid work is lower in the smallest community size, 2.5 hours per day in rural communities and communities of fewer than 9,999 inhabitants (Table 3). Both larger community groups average 3.0 hours per day. A roughly similar pattern emerges when only individuals actually working are examined. Other workrelated activily appears to be greatest in the smaller community size group. Considering only those engaged in such activity, they average 2.0 hours per day in the smallest community group and only 1.3 hours in the larger communities. There are virtually no differences by community size in time allocated to meals and breaks at work. Commuting time, however, tends to be slightly higher in the census metropolitan areas (Table not shown).

## Paid work time of the employed population

Individuals indicating their main activity during the previous week was working for pay (i.e. the employed), average 5.4 hours per day over a 7 -day week ( 37.8 hours per week) working for pay (code 1) (Text Table C and Figure G). Additionally, they allocate another 0.3 hours to workrelated activity, 0.4 hours to meals and breaks at work and 0.6 hours to commuting. The combined work and workrelated time totals 6.6 hours per day, for a total of 46.2 hours per week. There are gender differences in time allocated by employed persons. Males allocate 5.7 hours directly to work for pay compared with 4.8 hours so allocated by women. Additionally, men allocated 0.4 hours to other work-related activity compared with 0.2 hours allocated to such activity by women. Men registered 0.6 hours per day on travel to and from work compared with 0.5 hours for women. There was no gender difference in the amount of time allocated to meals and breaks at work, 0.4 hours each.

When considering time allocated by those actually working on diary day, i.c. participants of the employed population, it was found that men and women average 7.7 and 7.0 hours, respectively, at paid work activity (Text Table C). Participation in, and time allocated to, meals and breaks at work are virtually identical for men and women. When at work, both men and women spend an average of about 0.9 hours for meals or breaks.

## Industry of the employed population

The time allocated to paid work by the employed varies considerably by industry. In part, differences may be due to the fact that some industries employ a higher proportion of part-time workers than others. Averaged over seven days, workers in durable/manufacturing register the greatest

TEXT TABLE C
Average time spent ${ }^{1}$ on paid work and related activities for the employed ${ }^{2}$ population 15 years and over and participants and participation rate by gender, Canada, 1986

| Paid work | Population 15+ |  |  | Participants |  |  | Partioipation rate |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) $^{3}$ |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Total work | 6.6 | 7.1 | 5.8 | 8.8 | 9.2 | 8.3 | 74 | 77 | 70 |
| Work for pay | 5.4 | 5.7 | 4.8 | 7.4 | 7.7 | 7.0 | 72 | 74 | 69 |
| Other work related(4) | 0.3 | 0.4 | 0.2 | 1.4 | 1.6 | 0.9 | 21 | 23 | 18 |
| Meals/breaks at work | 0.4 | 0.4 | 0.4 | 0.9 | 0.9 | 0.9 | 44 | 44 | 44 |
| Travel to and from work | 0.6 | 0.6 | 0.5 | 0.8 | 0.9 | 0.8 | 67 | 69 | 64 |

General Social Survey, 1986
1 Averaged over a 7 day week.
2 Employed defined as those responding "Working at a job or business" to the question "Which of the following best describes your main activity during the last 7 days? Were you mainly..." Full time and part time workers are included here.
3 Subtotals may not add to total due to rounding.
4 Includes overtime/looking for work; travel during work; waiting and delays at work; idle time before or after work; and uncodeable work activities.

Figure G
Distribution of time spent on paid work and related activities for the employed population(1) 15 years and over, Canada, 1986

(1) Employed population defined as those responding "Working at a job or business" to the question "Which of the following best describes your main activity during the last 7 days? Were you mainly ... Full time and part time workers are included here.
number of hours per day, 6.1 hours ( 42.7 hours per week) directly to paid work and a total of 7.6 hours per day ( 53.2 hours per week) when all work related activities are taken into account (Text Table D). At the other extreme, agricultural workers allocate 4.7 hours per day ( 32.9 hours per weck) directly to paid work activity and a total of 5.2 hours per day ( 36.4 hours per week) when all work-related activities are included. This may in part be due to the fact that the survey was conducted during November and December, a period when less time may be spent on farm work. For all employed workers with the exception of agriculture and manufacturing durables, time allocated to
meals and breaks at work varies little. Considering only individuals engaged in meals and breaks at work, the time allocated across all industrics is 0.8 or 0.9 hours per day, an amazingly stable value (Table not shown).

## Occupation of the employed population

Paid work time is strongly affected by occupation. Foremen/ women work the longest hours, averaging 6.3 hours per day ( 44.1 hours per weck) for paid work activity and a total of 7.6 hours per day ( 53.2 hours per week) including all work-related activities (Text Table D). They are

TEXT TABLED
Average time spent ${ }^{1}$ at paid work and related activities for the employed ${ }^{2}$ population 15 years and over, by industry ${ }^{3}$ and occupation ${ }^{3}$, Canada, 1986
$\left.\begin{array}{lllll}\hline & & & \text { Paid work and related activities }\end{array}\right]$

General Social Survey, 1986
1 Averaged over a 7 day week.
2 Employed defined as those responding "Working at a job or business" to the question "Which of the following best describes
your main activity during the last 7 days? Were you mainly..." Full-time and part-time workers are included here.
3 These figures may reflect seasonal variations because data for the entire survey was collected during the months
of November and December.
4 Includes overtime/looking for work; travel during work; waiting and delays at work; idie time before or after work; and uncodeable work activities.
followed closely by managers who average 7.5 hours per day ( 52.5 hours per week) in all work-related activity.

Farmers show a different time use pattern from other occupation groups in that nearly all of their work time is reported as paid work and relatively little time is reported for other work-related activities i.e. meals and breaks at work, travel to and from work and other work-related. Farm labourers and lower white collar workers register the least daily paid work time with, including all work-related activity, averages of 4.6 and 5.7 hours per day ( 32.2 and 39.9 hours per week respectively). This may in part be due to the fact that the survey was conducted during November and December, a period when less time may be spent on farm work. Examination of time allocated by those actually working for pay on diary day suggests some what less variation, approximately two hours per day, between the lowest and highest averages (Table not shown).

## DISCUSSION

The time use study provides an enriched view of time allocation to paid work. Actual time on the job is only part of the total time consumed by paid work and its related activitics. The data presented only scratches the surface of possible insights into the phenomena of paid work. The data clearly show that paid work does not begin and end when a clock is punched. Actual time on the job is about four fifths of total paid work and related time. Nor does work stay at the work place. Differences in participation, on diary day, in actual paid work time and travel to and from work suggest that work is carried home or carricd on
at home. It is also clear that some groups have very heavy workloads. In particular, foremen/women, and managers clock on average over 52 hours a week in paid work and related activities (Text table D). Participation rates suggest that a major factor causing the longer hours is the greater probability that such workers will be working on any given day. Another group heavily involved in paid work is composed of persons living with spouse and children. Averaging 4.5 hours per day over all seven days of the week, persons in this group log over five and half hours more paid work and related time per week than persons living in any other family or household unit.

The time spent on paid work by Canadians ean be compared to international data by excluding time for meals and breaks at work and commuting time. Canadians, averaging 3.1 hours per day, closely parallel the Austratians who average 3.0 hours per day, and are between comparable populations in France ( 4.5 hours per day) and Japan (2.7 hours per day). Data from Finland are based on the population aged 10 to 65 years of age and report an average of 3.5 hours per day spent on paid work.

In Canada, paid work time (excluding meals and breaks at work and commuting time) accounts for a somewhat lower proportion, 49 percent, of total productive activity than it does in some other countries for which there is comparable data. Paid work as a percent of total productive activity in Japan, the United States and Australia are 58, 54 and 51 percent respectively.

TABLE 3
Average time spent ${ }^{1}$ on paid work ${ }^{2}$ for the population 15 years and over and participants and participation rate by gender and selected characteristics, Canada, 1986

| Selecled characteristics | Paid work ${ }^{2}$ |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population 15+ |  |  | Participants |  |  | Participation rate |  |  |
|  | Total | Male | Fernale | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Population 15+ | 2.9 | 3.8 | 2.1 | 7.1 | 7.4 | 6.6 | 41 | 51 | 31 |
| Age group |  |  |  |  |  |  |  |  |  |
| 15-24 | 2.3 | 2.6 | 2.0 | 6.5 | 6.8 | 6.2 | 36 | 38 | 33 |
| 25-34 | 3.8 | 4.7 | 2.9 | 7.3 | 7.6 | 6.9 | 52 | 62 | 42 |
| 35-44 | 4.0 | 5.2 | 2.8 | 7.3 | 7.6 | 6.8 | 55 | 68 | 42 |
| 45-54 | 3.7 | 5.0 | 2.4 | 7.3 | 7.9 | 6.2 | 51 | 63 | 39 |
| 55-64 | 2.2 | 3.3 | 1.2 | 7.1 | 7.4 | 6.5 | 31 | 45 | 18 |
| $65+$ | 0.4 | 0.7 | 0.2 | 5.8 | 5.7 | 6.1 | 7 | 12 | 3 |
| Labour force status |  |  |  |  |  |  |  |  |  |
| Employed | 5.4 | 5.7 | 4.8 | 7.4 | 7.7 | 7.0 | 72 | 74 | 69 |
| Looking for work | 0.5 | 0.6 | 0.4 | 4.8 | 4.7 | - | 11 | 12 | - |
| Student | 0.7 | 0.8 | 0.6 | 4.6 | 4.9 | 4.1 | 15 | 15 | 15 |
| Keeping house | 0.3 | 0.3 | 0.3 | 4.2 | - | 4.2 | 7 | - | 7 |
| Retired | 0.2 | 0.2 | 0.0 | 4.6 | 4.8 | - | 3 | 5 | - |
| Other | 0.9 | 0.9 | 0.9 | 5.6 | 5.1 | 6.3 | 16 | 18 | 14 |
| Day of week |  |  |  |  |  |  |  |  |  |
| Weekday | 3.7 | 4.7 | 2.6 | 7.3 | 7.7 | 6.7 | 50 | 61 | 39 |
| Saturday | 1.2 | 1.4 | 0.9 | 6.0 | 6.0 | 6.1 | 19 | 24 | 15 |
| Sunday | 0.9 | 1.2 | 0.6 | 5.5 | 5.8 | 5.1 | 16 | 22 | 11 |
| Size of community |  |  |  |  |  |  |  |  |  |
| CMA/Pop. 100,000 or more | 3.0 | 3.9 | 2.2 | 7.1 | 7.4 | 6.6 | 43 | 53 | 33 |
| CA/Pop. 10,000-99,999 | 3.0 | 3.8 | 2.1 | 7.3 | 7.6 | 6.8 | 41 | 50 | 31 |
| Rural/Pop. 9,999 or less | 2.5 | 3.4 | 1.7 | 6.9 | 7.3 | 6.3 | 36 | 47 | 27 |
| Living arrangement |  |  |  |  |  |  |  |  |  |
| With partner and single child(ren) under 25 | 3.7 | 5.1 | 2.2 | 7.2 | 7.7 | 6.3 | 51 | 67 | 35 |
| With partner, no single |  |  |  |  |  |  |  |  | 27 |
| Lone parent with single |  |  |  |  |  |  |  |  |  |
| Lone parent with single |  |  |  |  |  |  | - | - | - |
| Single child 15-24 living |  |  |  |  |  |  |  |  |  |
| Single child 15-24 living |  |  |  |  |  |  |  |  |  |
| Child 25 or over living |  |  |  |  |  |  |  |  |  |
| With non-relative(s) only | 2.9 | 3.1 | 2.7 | 7.1 | 7.3 | 6.9 | 41 | 42 | 38 |
| Alone | 2.5 | 3.5 | 1.8 | 7.3 | 7.5 | 7.0 | 34 | 47 | 26 |
| Other | 2.9 | 4.2 | 1.9 | 7.5 | 7.7 | 7.3 | 38 | 55 | 25 |

[^5]TABLE 4
Average time spent ${ }^{1}$ on paid work and related activities for the population 15 years and over and participants and participation rate by gender and selected characteristics, Canada, 1986

| Selected characteristics | Paid work and related activities |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population 154 |  |  | Partioipants |  |  | Participation rate |  |  |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Population 15+ | 3.6 | 4.7 | 2.5 | 8.2 | 8.7 | 7.5 | 44 | 54 | 34 |
| Age group |  |  |  |  |  |  |  |  |  |
| 15-24 | 2.9 | 3.3 | 2.6 | 7.6 | 7.9 | 7.2 | 39 | 42 | 36 |
| 25-34 | 4.7 | 5.8 | 3.5 | 8.4 | 8.7 | 7.8 | 56 | 67 | 45 |
| 35-44 | 5.0 | 6.6 | 3.4 | 8.6 | 9.2 | 7.7 | 58 | 72 | 45 |
| 45-54 | 4.5 | 6.0 | 2.9 | 8.4 | 9.2 | 7.1 | 53 | 65 | 41 |
| 55-64 | 2.7 | 4.1 | 1.4 | 8.1 | 8.5 | 7.3 | 33 | 48 | 20 |
| 65+ | 0.5 | 0.8 | 0.2 | 6.1 | 6.0 | 6.3 | 8 | 14 | 4 |
| Labour force status |  |  |  |  |  |  |  |  |  |
| Employed | 6.6 | 7.1 | 5.8 | 8.8 | 9.2 | 8.3 | 74 | 77 | 70 |
| Looking for work | 1.2 | 1.3 | 1.0 | 4.2 | 4.5 | 3.6 | 28 | 28 | 29 |
| Student | 0.8 | 1.0 | 0.7 | 5.0 | 5.4 | 4.5 | 17 | 18 | 16 |
| Keeping house | 0.4 | 0.5 | 0.4 | 3.8 | -- | 3.8 | 10 | -- | 10 |
| Retired | 0.2 | 0.3 | 0.0 | 4.1 | 4.3 | - | 5 | 8 | - |
| Other | 1.1 | 1.1 | 1.1 | 6.0 | 5.5 | 6.9 | 19 | 21 | 16 |
| Day of week |  |  |  |  |  |  |  |  |  |
| Weekday | 4.5 | 5.8 | 3.2 | 8.5 | 9.0 | 7.7 | 53 | 65 | 42 |
| Saturday | 1.4 | 1.8 | 1.0 | 6.6 | 6.5 | 6.8 | 22 | 28 | 15 |
| Sunday | 1.2 | 1.7 | 0.7 | 6.3 | 7.0 | 5.3 | 18 | 25 | 13 |
| Size of community |  |  |  |  |  |  |  |  |  |
| CMA/Pop. 100,000 or more | 3.8 | 4.9 | 2.7 | 8.4 | 8.9 | 7.7 | 45 | 55 | 35 |
| CA/Pop, 10,000--99,999 | 3.6 | 4.6 | 2.5 | 8.2 | 8.6 | 7.5 | 44 | 54 | 34 |
| Rural/Pop. 9,999 or less | 3.1 | 4.3 | 2.1 | 7.7 | 8.2 | 6.8 | 41 | 52 | 30 |
| Living arrangement |  |  |  |  |  |  |  |  |  |
| With partner and single child(ren) under 25 | 4.5 | 6.4 | 2.6 | 8.4 | 9.1 | 7.0 | 54 | 70 | 38 |
| With partner, no single child(ren) under 25 | 3.0 | 3.7 | 2.3 | 8.2 | 8.5 | 7.8 | 36 | 44 | 29 |
| Lone parent with single |  |  |  |  |  |  |  |  | 42 |
| Lone parent with single |  |  |  |  |  |  |  |  |  |
| Single child 15-24 living with both parents | 2.8 | 3.0 | 2.6 | 7.6 | 7.8 | 7.4 | 37 | 39 | 35 |
| Single child 15-24 living |  |  |  |  |  |  |  |  | 35 |
| Child 25 or over living |  |  |  |  |  |  |  |  |  |
| With non-relative(s) only | 3.6 | 3.9 | 3.2 | 8.2 | 8.1 | 8.3 | 44 | 48 | 39 |
| Alone | 3.1 | 4.4 | 2.2 | 8.4 | 8.7 | 8.1 | 37 | 50 | 28 |
| Other | 3.4 | 5.0 | 2.3 | 8.4 | 8.6 | 8.0 | 41 | 58 | 29 |

General Social Survey, 1986
1 Averaged over a 7 day weok.

### 2.2.3 EDUCATION

## HIGHLIGHTS

- On an average day 13 percent of Canadians engage in educational activities such as attending classes, lectures, study and related activities.
- Canadians spend, averaged over all ages and all days of the week, 0.8 hours per day on education.
- Students allocate an average of 6.2 hours per day to educational activities with 2.7 hours going to full-time classes and 2.1 hours to homework and other study. The balance of the time is divided among other classes and lectures, education-related activities and education travel.
- Time spent by students on theirmain activity education ( 6.2 hours per day) is comparable to the 6.6 hours per day allocated by cmployed workers to their main activity, paid work.


## METHODS

Time allocated to education goes beyond time spent in full-time classes and on homework. The education and related activities examined here are drawn from the following activity codes: full-time classes (code 50 ), other classes -part-time (51), special lectures - occasional (52), homework - course, career and self-development (53), meals, snacks and coffee at school (54), breaks or waiting for class to begin (55), leisure and special intcresi classes (56), other uncodcable cducation (58) and finally, travel related to cducational activities (59).

For purposes of presentation, codes 51, 52 and 56 were combined to form the category "other classes and lectures" and 54, 55 and 58 were combined to form "education related time".

Education consumes major blocks of time at very specific periods in one's life and for very specific demographic groups. Thus there are many socio-demographic groups for which there are insufficient numbers to draw meaningful estimates of educational time allocation. Consequently, scveral of the tables in this chapter have been truncated to report only the time allocation to education by those groups for which there exist reliable estimatcs. In addition, this chapter treats education from the consumption side, thercfore does not include time spent by tcachers and other workers in the provision of education.

Participation rates presented below reflect two realities.

The first is the focused demographic nature of formal education. The second is the fact that, for other than fulltime students, participation is not a daily occurrence but rather is much less frequent. Thus, overall educational participation and time allocation are low relative to activities which tend to be much more ubiquitous.

## RESULTS

On an average day, Canadians 15 years and older allocate 0.8 hours to education (Text Table E). The major, and equal allocations ( 0.3 hours), are made to full-time classes on one hand and to homework and other study on the other. Other classes and lectures, education and related activities and cducation travel each consumc approximatcly onetenth of an hour.

The strong parallel between men and women in their time allocation to education is particularly noteworthy. Men and women participate equally in education with 13 percent of the population engaged in one or more of the scveral aspects of education on an average day. Males and females have identical time allocations to the several components of educational time with the exception of other class and lecture time which is virtually non-cxistent for men. However, on the days they participate, males allocate an extra half hour per day to education than women allocating, 6.5 and 6.0 hours respectively.

## Age

The concentration of educational activity of the surveyed population aged 15 and over in the age group 15 to 24 years isclearly evident. Persons in that age group allocatc, on average over all days of the weck, 3.1 hours per day ( 21.7 hours per week) to cducation (Table 5). In contrast, this age group allocates 2.9 hours per day to paid work and related activities. In the 25 to 34 age group, the allocation to educational activities drops dramatically to 0.4 hours per day. In general, for other age groups, the time allocation to many of the components of educational activity averages fewer than 3 minutes per day (Table not shown).

Over $42 \%$ of those aged 15 to 24 are involved in educational activities on an average day. All other age groups have participation rates of less than $10 \%$. Time spent on educational activities by participants ranges from a low of 2.9 hours per day for those aged 35 to 44 (20.3 hours per week) to a high of 7.4 hours per day ( 51.8 hours per weck) for the 15 to 24 age group.

## Labour force status

Of the various categories used to identify labour force

TEXT TABLE E
Average time spent ${ }^{1}$ on education for the population 15 years and over and participants and participation rate by gender, Canada, 1986

| Education | Population $15+$ |  |  | Participants |  |  | Participation rate |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | $\left(\right.$ Hours per day) ${ }^{2}$ |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Total education | 0.8 | 0.9 | 0.8 | 6.2 | 6.5 | 6.0 | 13 | 13 | 13 |
| Full-time dasses | 0.3 | 0.3 | 0.3 | 5.0 | 4.9 | 5.1 | 7 | 7 | 6 |
| Other classes/lectures(3) | 0.1 | 0.0 | 0.1 | 2.4 | 3.0 | 2.1 | 2 | 2 | 3 |
| Homework/other study | 0.3 | 0.3 | 0.3 | 3.2 | 3.5 | 3.0 | 9 | 9 | 9 |
| Education related(4) | 0.1 | 0.1 | 0.1 | 1.2 | 1.2 | 1.2 | 6 | 6 | 6 |
| Education travel | 0.1 | 0.1 | 0.1 | 0.8 | 0.8 | 0.9 | 9 | 8 | 9 |

General Social Survey, 1986
1 Averaged over a 7 day week.
2 Subtotals may not add to total due to rounding.
3 Includes other classes - part-time; special lectures - occasional; and leisure and special interest classes (codes 51, 52 \& 56)
4 Includes meals and snacks at school, breaks or waiting for classes to begin and other uncodeable study (codes 54,55 \& 58).
status, only students allocate a significant amount of time to educational pursuits, an average of 6.2 hours per day ( 43.4 hours per week, Table 5). In comparison, employed persons and those looking for work allocate only twotenths of an hour per day, or 1.4 hours per week to education. While 79 percent of the students engage in one or more of the components of education on a given day, only five percent of employed persons do so. Students and employed persons who participate in some component of educational activity average 7.8 and 2.9 hours per day respectively. The employed who actually participate in full-time classes average 4.2 hours of class attendance, only eight-tenths of an hour less than students (table not shown). Interestingly, educational participation of persons looking for work and of persons keeping house, six and five percent respectively, is essentially the same as the participation of those working for pay. Data do not permit analysis of the educational pursuits of the retited.

## Living arrangement

Adults living with a partner and children allocate the least amount of time per day, two-tenths of an hour, to educational activity (Table 5). Adults living with a partner and no children and lone parents living with children allocate approximately three-tenths of an hour to education. The low allocations by these groups is attributable to both low participation rates (Figure H) and to relatively low time allocations if they do participate. An exception to the low participation rate is the 11 percent registered by lone parents with single children less than 25 . Children 15 to 24 years living with both parents and those living with a lone
parent have virtually identical participation rates ( $47 \%$ ) and time allocations to education. People living with nonrelatives spend an average of 1.7 hours per day on education and have a participation rate of $24 \%$.

## Day of week

On weekdays the population allocates an average of one hour per day to education (Table 5). That allocation falls to 0.3 hours on Saturdays and 0.4 hours on Sundays. From a participation perspective, 15 percent of the population engage in educational activity on weekdays, eight pereent on Saturdays and eleven percent on Sundays. Homework and other study dominates the weekend time with those who participate allocating 4.3 hours on Saturday and 3.1 hours on Sunday (table not shown).

## Size of community

The time allocation to, and participation in education is higher in the major urban settings of census agglomerations (CAs) and census metropolitan areas (CMAs) than it is in smaller urban and rural places. The participation rate, 14 percent, and the time allocation by the population averaged over the week, 0.9 hours, are identical in CAs and CMAs (Table 5). In contrast, participation is only 10 percent and the time allocation only 0.6 hours per day in the grouping of urban centres less than 10,000 and rural areas. However, if the population participates, there is little difference in the time allocation to education ranging from 6.3 hours to 6.1 hours.

Figure H
Participation rate in education time for the population 15 years and over by living arrangement(1), Canada, 1986

(1) The estimates for the categories "lone parent with single child(ren) 25 or over" and "child 25 or over living with parents" are suppressed because sampling variability is greater than $33 \%$.

General Social Survey, 1986

## Time allocation to education by students

Education is the major occupation of students. The work of students is divided between attendance at full-time classes, and homework and other study. Averaged over all days of the week, students spend 2.7 hours per day (18.9 hours per week) attending classes and 2.1 hours a day ( 14.7 hours per week) engaged in homework and other study (Text Table F and Figure I). Thus, students allocate approximately 4.8 hours per day ( 33.6 hours per week) to what can be considered their main job. Education-related
and travel time add another hour per day, while other classes and lectures add an average of 0.2 hours per day. In total, students allocate an average of 6.2 hours per day or 43.4 hours per week to all education and educationrelated activities.

Female students allocate slightly more time, 6.3 hours, to total education and related activities than do males, 6.1 hours (Text Table F). However, while the distribution between full-time classes and homework or other study differs, male and female students each allocate a total of

Figure 1
Average time spent(1) on components of education time for students 15 years and over by gender, Canada, 1986

(1) Averaged over a 7 day week

General Social Survey, 1986

TEXT TABLE F
Average time spent ${ }^{1}$ on education by students 15 years and over and participants and participation rate by gender, Canada, 1986

| Education | Population $15+$ |  |  | Participants |  |  | Participation rate |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) ${ }^{2}$ |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Total education | 6.2 | 6.1 | 6.3 | 7.8 | 7.6 | 8.1 | 79 | 80 | 78 |
| Full-time classes | 2.7 | 2.6 | 2.9 | 5.0 | 5.0 | 5.1 | 54 | 52 | 57 |
| Other classes/lectures(3) | 0.2 | 0.2 | 0.2 | 2.4 | 3.1 | 1.9 | 9 | 8 | 11 |
| Homework/other study | 2.1 | 2.3 | 2.0 | 3.6 | 3.8 | 3.4 | 60 | 61 | 59 |
| Education related(4) | 0.5 | 0.5 | 0.6 | 1.2 | 1.2 | 1.2 | 46 | 42 | 50 |
| Education travel | 0.5 | 0.5 | 0.6 | 0.9 | 0.8 | 1.0 | 59 | 56 | 61 |

[^6]4.9 hours per day to these activities. The additional time registered by women is connected with education-related and travel time.

Time spent by students participating in full-time classes is virtually identical for men and women, 5.0 and 5.1 hours per day respectively (Text Table F). However, men participating in other classes and lectures spend considerably longer, 3.1 hours, than do women, 1.9 hours per day. In addition, men are less likely to participate in other classes and lectures than are women, 8 and 11 percent, respectively.

## DISCUSSION

On an average day, 13 percent of the population aged 15 years and over are involved for an average of 0.8 hours, in some type of activity related to the consumption of education. However, the time use data show that educational participation is dominated by individuals who are 15 to 24 years old, living with their parent(s) and to a lesser but still significant extent, living with non-relatives. It is interesting
to note the equal involvement of individuals with both parents and those with a lone parent. However, a very significant portion of the total population average of 0.8 hours a day is contributed by a very small segment of the population, individuals who are primarily full-time students. In fact, for most Canadians, education absorbs a minuscule portion of their time on a day-to-day basis. Many of the population groups examined allocated less than 0.1 hours per day to education.

Time allocated to education in Canada appears to compare favourably with time so allocated in other countries. While Canadians allocate about 0.8 hours per day to education and related activity, comparable values in other countrics are France, 0.6 hours; Australia, 0.7 hours; and Japan, 0.8 hours. Given the small amount of time being compared and some small definitional differences among countries, further study is needed to form any solid conclusions about cross-national similarities or differences in time allocated to education.

TABLE 5
Average time spent ${ }^{1}$ on education for the population 15 years and over and participants and participation rate by gender and selected characteristics, Canada, 1986

| Selected characteristics | Education |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population 15+ |  |  | Participants |  |  | Participation rate |  |  |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Population 15+ | 0.8 | 0.9 | 0.8 | 6.2 | 6.5 | 6.0 | 13 | 13 | 13 |
| Age group |  |  |  |  |  |  |  |  |  |
| 15-24 | 3.1 | 3.1 | 3.1 | 7.4 | 7.3 | 7.6 | 42 | 43 | 41 |
| 25-34 | 0.4 | 0.4 | 0.4 | 4.8 | 5.9 | 3.9 | 8 | 7 | 9 |
| 35-44 | 0.2 | 0.1 | 0.2 | 2.9 | 2.9 | 2.9 | 6 | 5 | 8 |
| 45-54 | 0.2 | 0.2 | 0.2 | 3.5 | 4.1 | 3.0 | 6 | 5 | 6 |
| 55-64 | 0.1 | 0.0 | 0.1 | -- | -- | -- | -- | -- | -- |
| $65+$ | 0.0 | 0.0 | 0.0 | -- | -- | - | - | - | -- |
| Labour force status |  |  |  |  |  |  |  |  |  |
| Employed | 0.2 | 0.1 | 0.2 | 2.9 | 3.3 | 2.5 | 5 | 4 | 7 |
| Looking for work | 0.2 | 0.2 | 0.2 | 3.4 | - | - | 6 | - | -- |
| Student | 6.2 | 6.1 | 6.3 | 7.8 | 7.6 | 8.1 | 79 | 80 | 78 |
| Keeping house | 0.1 | 0.1 | 0.1 | 2.0 | -- | 1.9 | 5 | -- | 5 |
| Retired | 0.0 | 0.0 | 0.0 | -- | -- | - | -- | -- | -- |
| Other | 0.1 | 0.1 | 0.1 | -- | -- | -- | -- | -- | -- |
| Day of week |  |  |  |  |  |  |  |  |  |
| Weekday | 1.0 | 1.0 | 1.0 | 6.9 | 7.2 | 6.6 | 15 | 14 | 15 |
| Saturday | 0.3 | 0.5 | 0.2 | 4.2 | 5.1 | 2.7 | 8 | 10 | 6 |
| Sunday | 0.4 | 0.4 | 0.3 | 3.3 | 3.8 | 2.8 | 11 | 12 | 10 |
| Size of community |  |  |  |  |  |  |  |  |  |
| CMA/Pop. 100,000 or more | 0.9 | 1.0 | 0.8 | 6.3 | 6.6 | 5.9 | 14 | 15 | 14 |
| CAPop. 10,000-99,999 | 0.9 | 0.9 | 0.8 | 6.2 | 6.9 | 5.5 | 14 | 13 | 14 |
| Rural/Pop. 9,999 or less | 0.6 | 0.5 | 0.7 | 6.1 | 5.8 | 6.3 | 10 | 9 | 11 |
| Living arrangement |  |  |  |  |  |  |  |  |  |
| With partner and single child(ren) under 25 | 0.2 | 0.2 | 0.2 | 3.2 | 4.2 | 2.6 | 6 | 4 | 7 |
| With partner, no single |  |  |  |  |  |  |  |  |  |
| Lone parent with single child(ren) under 25 | 0.4 | 0.5 | 0.4 | 3.9 | - | 4.1 | 11 | - | 10 |
| Lone parent with single child(ren) 25 or over | 0.3 | -- | 0.1 | - | -- | - | -- | -- | -- |
| Single child 15-24 living |  |  |  |  |  |  |  |  |  |
| Single child 15-24 living with lone parent | 3.5 | 2.8 | 4.2 | 7.3 | 6.3 | 8.2 | 48 | 44 | 52 |
| Child 25 or over living |  |  |  |  |  |  |  |  |  |
| With non-relative(s) only | 1.7 | 2.1 | 1.3 | 7.2 | 8.5 | 5.5 | 24 | 25 | 23 |
| Alone | 0.4 | 0.5 | 0.3 | 5.4 | 6.3 | 4.6 | 7 | 7 | 6 |
| Other | 0.8 | 1.1 | 0.5 | 6.5 | -- | -- | 12 | -- | -- |

[^7]
### 2.2.4 DOMESTIC ACTIVITIES

## HIGHLIGHTS

- On average, Canadians spend 1.8 hours per day on domestic aetivities. Women spend 2.5 hours per day, compared to 1.0 hour for men.
- On an average day, seven out of ten Canadians do some housework. The average time spent by these persons doing housework is 2.6 hours.
- On an average day, $83 \%$ of employed women do some housework. The average time spent by these women doing housework is 2.3 hours. In comparison, $51 \%$ of employed men do some housework on an average day, their average being 1.7 hours.
- Older Canadians reported spending more time at housework than younger Canadians. On an average day, $78 \%$ of those aged 65 and over do housework. The average time being spent by these people is just under 3 hours per day. In comparison, $52 \%$ of the 15 to 24 age group do some housework on an average day. The average time spent by this group doing housework is 1.6 hours.


## METHODS

Domestic aetivities were eoded into ten categorics: meal preparation (10), meal clean-up such as washing dishes or clearing the table (11), indoor cleaning such as dusting or vacuuming (12), outdoor elcaning such as elcaring sidewalks or taking out garbage (13), laundry which ineludes ironing and folding (14), mending (15), home repairs or maintenance (16), gardening or pet care (17), other unoodeable housework such as paying bills (18) and travel related to domestic activities (19).

The analysis of domestic activities is presented for the total population followed by an analysis of those participating in a given aetivity.

## RESULTS

Despite a myriad of labour saving household appliances, Canadians still spend a substantial amount of their day on housework. Over the total population, people spend an average of 1.8 hours per day doing housework. Women spend an average of 2.5 hours on domestie activities eompared to one hour for men (Text Table G). Figure J presents, in descending order, the daily participation rates for individual household chores. Meal preparation, meal clean-up and indoor cleaning have the highest participation rates $(51 \%, 35 \%$ and $28 \%$ respectively), while outdoor eleaning, travel related todomestic activities and mending have the lowest participation rates ( $4 \%$ or less).

## TEXT TABLE G

Average time spent ${ }^{1}$ on domestic activities for the population 15 years and over and participants and participation rate by gender, Canada, 1986

| Domestic activities | Population $15+$ |  |  | Participants |  |  | Participation rate |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) ${ }^{2}$ |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Total domestic activities | 1.8 | 1.0 | 2.5 | 2.6 | 1.9 | 2.9 | 69 | 52 | 85 |
| Meal preparation | 0.5 | 0.2 | 0.9 | 1.1 | 0.7 | 1.2 | 51 | 29 | 72 |
| Meal cleanup | 0.2 | 0.1 | 0.4 | 0.6 | 0.5 | 0.6 | 35 | 15 | 54 |
| Indoor cleaning | 0.4 | 0.2 | 0.7 | 1.6 | 1.5 | 1.6 | 28 | 10 | 46 |
| Outdoor cleaning | 0.1 | 0.1 | 0.0 | 1.7 | 1.9 | 1.2 | 4 | 7 | 2 |
| Laundry | 0.2 | 0.0 | 0.3 | 1.4 | 1.3 | 1.4 | 11 | 2 | 20 |
| Mending | 0.0 | 0.0 | 0.0 | 1.7 | 0.0 | 1.7 | 1 | 0 | 2 |
| Home repairs | 0.2 | 0.3 | 0.1 | 2.7 | 2.8 | 2.4 | 6 | 9 | 2 |
| Gardening(3)/Pet care | 0.0 | 0.0 | 0.0 | 0.8 | 0.9 | 0.7 | 5 | 5 | 5 |
| Other housework | 0.1 | 0.1 | 0.1 | 1.1 | 1.4 | 1.0 | 9 | 7 | 10 |
| Domestic travel | 0.0 | 0.0 | 0.0 | 0.6 | 0.6 | 0.6 | 2 | 2 | 1 |

[^8]Figure J
Participation rate in domestic activities for the population 15 years and over by gender, Canada, 1986

(1) The estimate for the category "Mending - males" was suppressed because sampling variability was greater than $33 \%$.

Text Table $G$ shows that the participation rates and average time spent on housework by participants, vary considerably by type of housework and gender. Although seven out of ten people do some form of housework each day, it is done more often by women ( $85 \%$ of women compared to $52 \%$ of men). Furthermore, of the women and men who do housework each day, women spend more time at it, 2.9 hours compared to 1.9 hours for men. Outdoor cleaning and home repairs are the only two activities where men have higher participation rates than women. Men's participation rates for these two activities are $7 \%$ and $9 \%$ respectively, compared to $2 \%$ for women in both categories. Women clearly dominate the household tasks that are more likely to be done on a daily basis,
namely meals, indoor cleaning and laundry. The participation rates for women in these household tasks are $72 \%, 46 \%$ and $20 \%$ respectively, compared to $29 \%, 10 \%$ and $2 \%$ for men.

## Labour force status

Over the total population, people keeping house spend an average of 3.7 hours per day on domestic work, double the average for the total population (Table 6). Employed people spend 1.3 hours per day while students spend the least amount of time at 0.6 hours.

For each of the five categories of labour force status, women have higher participation rates than men in doing housework, and they spend more time at it. As one might expect, those who reported their labour force status as "keeping house" have the highest participation rates, but even bere more women than men engage in daily housework activities. Of the women and men (participants) who keep house, they spend 3.9 hours and 3.6 hours respectively doing daily housework. On an average day, $83 \%$ of employed women do some housework, the average time being spent by these women is 2.3 hours. In comparison, $51 \%$ of employed men do some housework on an average day. The average time spent by these men is 1.7 hours. Students, however, do the least amount of daily housework. Only $46 \%$ of students do housework, the average time spent by these people being 1.3 hours on a given day.

## Age

Figures for the different age groups (Table 6) reveal that the older the age group, the more time is spent on housework. The amount of time spent doing housework does drop slightly however, for individuals 65 years and over. Men aged 65 or over have the highest participation rate among males ( $61 \%$ ), and women aged 45 to 64 have the highest participation rate among females ( $93 \%$ ). With each age group, women have higher participation rates and greater average times for doing housework than men.

## Children living at home

More women and men do housework when there are children under 19 living at home compared to when there are no children at home. Participation rates increase from $80 \%$ to $94 \%$ for women, and from $51 \%$ to $53 \%$ for men, when there are children under 19 at home (Table 6).

The amount of time doing housework also increases when there are children at home. When considering participants, the time women spend increases by 0.7 of an hour each day, whereas the time men spend increases by only 0.2 of an hour.

## Marital status

Fewer single people do housework each day (54\%) than do married or common-law, widowed, separated and divorced people, who all have participation rates of over $70 \%$. Among participants, single people also spend less time doing housework ( 1.5 hours) compared to those who are married or common-law ( 2.9 hours), widowed ( 2.7 hours) and separated or divorced people ( 2.2 hours). Those living with a spouse or partner show the largest difference by gender with $92 \%$ and $54 \%$ participation
rates for women and men respectively, and when averaged over the entire population, women spend two hours more per day on housework than men. It is also interesting to note that more women living with a spouse or partner do more housework than divorced or widowed women, bul the reverse is true for men. More divorced or widowed men do housework than do men who are married or living common-law.

## Day of weck

The day of the week also has a slight affect on housework. People spend the most time doing domestic activities on Saturday, an average of 2.0 hours, compared to approximately 1.7 hours on other days. Women, however, dominate the time spent on domestic activitics on all days of the week. On weekdays, women spend an average of 2.5 hours per day compared to 0.9 hours by males, a difference of 1.6 hours per day. The gap narrows somewhat on Saturday and Sunday, a difference of approximately 1.3 hours per day.

Participation rates increase from weekdays to weekends. However, women's rates are at least $30 \%$ higher than men's regardless of the day of week $(84 \%, 87 \%$ and $88 \%$ for women on weekdays, Saturdays and Sundays compared to $50 \%, 54 \%$ and $58 \%$ for men). Time spent by participants is similar on Sunday and weekdays, at approximately 2.4 hours per day compared to an average of 2.8 hours on Saturdays (Table 6).

## DISCUSSION

Twentieth century housework has been scrutinized by economists, sociologists, marketing firms, and feminists, Questions have been raised such as: How does housework fit into our gross national product? Should housework be paid work? Are attitudes towards housework changing, or is it still considered "women's" work? Although the GSS did not set out to answer these larger societal questions, it does provide information about the detail of housework today.

The data reveal that women do most of the cooking of meals, meal clean-up, indoor cleaning, laundry, mending and other housework, while men do more outdoor cleaning and home repairs. Both sexes equally share gardening or pet care and travel related to domestic activities. The data from the GSS clearly indicate that women continue to not only do most types of housework, but they also do it for significantly more time than men. Spread over the total population, women do 2.5 hours of housework per day compared to mens" one hour per day.

Canadians spend less time on domestic work, 1.8 hours averaged over the total population and all days of the week, than do the people of France (1985-1986), Hungary (1976-1977), Australia (1988) and Finland (1979) who averaged $3.0,2.5,2.3$ and 1.9 hours per day respectively. However, Canadians spend more time than the Japanese who average 1.6 hours per day. In terms of sharing the domestic workload, Australian and Canadian men carry the largest share while Japanese men are virtual non participants in domestic work. For each hour spent by
women, Australian and Canadian men spend 28 and 24 minutes respectively. The comparable minutes per hour of female domestic time for men in Finland, Hungary and Japan are 19, 16 and 4 respectively. The large relative contribution by Canadian men is due primarily to a lower time input into domestic work by Canadian women rather than to a large relative input by men. Males from Canada, Finland and Hungary all allocated about an hour per day to housework.

TABLE 6
Average time spent ${ }^{1}$ on total domestic activities for the population 15 years and over and participants and participation rate by gender and selected characteristics, Canada, 1986

| Selected characteristics | Domestic activities |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population 15+ |  |  | Participants |  |  | Participation rate |  |  |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Population 15+ | 1.8 | 1.0 | 2.5 | 2.6 | 1.9 | 2.9 | 69 | 52 | 85 |
| Age group |  |  |  |  |  |  |  |  |  |
| 15-24 | 0.8 | 0.5 | 1.2 | 1.6 | 1.2 | 1.8 | 52 | 40 | 65 |
| 25-44 | 1.8 | 1.0 | 2.7 | 2.6 | 1.8 | 3.0 | 71 | 53 | 89 |
| 45-64 | 2.2 | 1.3 | 3.2 | 3.0 | 2.3 | 3.4 | 75 | 55 | 93 |
| 65+ | 2.1 | 1.3 | 2.7 | 2.7 | 2.2 | 3.0 | 78 | 61 | 90 |
| Labour force status |  |  |  |  |  |  |  |  |  |
| Employed | 1.3 | 0.9 | 1.9 | 2.0 | 1.7 | 2.3 | 63 | 51 | 83 |
| Looking for work | 1.8 | 1.6 | 2.3 | 2.5 | 2.4 | 2.7 | 71 | 65 | 84 |
| Student | 0.6 | 0.4 | 0.8 | 1.3 | 1.1 | 1.5 | 46 | 36 | 57 |
| Keeping house | 3.7 | 3.3 | 3.7 | 3.9 | 3.6 | 3.9 | 97 | 91 | 97 |
| Retired | 1.9 | 1.5 | 2.5 | 2.6 | 2.3 | 2.9 | 73 | 62 | 87 |
| Other | 1.7 | 1.0 | 2.6 | 2.8 | 2.1 | 3.3 | 62 | 47 | 80 |
| Day of week |  |  |  |  |  |  |  |  |  |
| Weekday | 1.7 | 0.9 | 2.5 | 2.5 | 1.8 | 3.0 | 67 | 50 | 84 |
| Saturday | 2.0 | 1.3 | 2.7 | 2.8 | 2.5 | 3.1 | 71 | 54 | 87 |
| Sunday | 1.8 | 1.1 | 2.4 | 2.4 | 1.8 | 2.7 | 74 | 58 | 88 |
| Size of communlty |  |  |  |  |  |  |  |  |  |
| CMA/Pop. 100,000 or more | 1.6 | 0.9 | 2.3 | 2.4 | 1.8 | 2.8 | 67 | 50 | 84 |
| CA/Pop. 10,000-99,999 | 1.7 | 1.0 | 2.4 | 2.5 | 1.8 | 2.9 | 70 | 55 | 84 |
| Rural/Pop. 9,999 or less | 2.1 | 1.2 | 2.9 | 2.9 | 2.2 | 3.3 | 71 | 54 | 88 |
| Children ${ }^{2}$ living at home |  |  |  |  |  |  |  |  |  |
| No children under 19 | 1.5 | 0.9 | 2.1 | 2.3 | 1.8 | 2.7 | 66 | 51 | 80 |
| Al least one child under 19 | 2.2 | 1.1 | 3.2 | 2.9 | 2.0 | 3.4 | 75 | 53 | 94 |
| All children under 5 | 1.9 | 1.0 | 2.6 | 2.5 | 1.7 | 2.9 | 76 | 57 | 91 |
| At least one child under 5 , but not all | 2.4 | 1.0 | 3.8 | 3.3 | 1.8 | 4.0 | 74 | 53 | 94 |
| All children from 5 to 12 years inclusive | 2.2 | 1.1 | 3.1 | 2.9 | 2.0 | 3.3 | 77 | 56 | 94 |
| All children over 12 | 2.1 | 1.1 | 3.2 | 2.9 | 2.2 | 3.3 | 72 | 49 | 96 |
| Other | 2.4 | 1.3 | 3.4 | 3.2 | 2.5 | 3.6 | 73 | 50 | 95 |
| Marital status |  |  |  |  |  |  |  |  |  |
| Married or common-law | 2.1 | 1.1 | 3.1 | 2.9 | 2.1 | 3.4 | 73 | 54 | 92 |
| Single, never married | 0.8 | 0.6 | 1.1 | 1.5 | 1.3 | 1.7 | 54 | 44 | 66 |
| Widow or widower | 2.2 | 1.7 | 2.4 | 2.7 | 2.3 | 2.8 | 83 | 72 | 85 |
| Separated or divoroed | 1.7 | 1.0 | 2.1 | 2.2 | 1.7 | 2.4 | 77 | 61 | 86 |
| Not stated | - | -- | -- | - | - | $\cdots$ | - | -- | - |

[^9]
### 2.2.5 SHOPPING AND SERVICES

- Onan average day, more than one third of the Canadian population spends time shopping and using services such as adult medieal and dental care. The average time spent by these people is 2.4 hours.
- On an average weekday, 39\% of Canadians spend an average of 2.3 hours shopping and using services. More Canadians shop on Saturdays ( $48 \%$ ) and spend 2.9 hours doing so.
- The proportion of Canadians shopping on a given day, increases as income inereases.
- Shopping and the use of services increases with age. On a given day, $28 \%$ of people aged 15 to 24 shop or use services. Those that do, average 2 hours. However, $41 \%$ of people 65 and over participate in such activities. Those that do average 2.7 hours.


## METHODS

Shopping and service activities were coded into ten categorics: everyday shopping sueh as food, clothing or gas (code 30), shopping for durables such as a car or house (31), personal care services such as being at a hairdresser (32), government and financial services (33), medical or dental service outside the home (34), other professional services such as legal services (35), repair services such as cleaning, ear or appliance (36), waiting or queuing for purchase or service (37), other uncodeable services (38) and travel related to goods or services (39).

Codes 31 to 38 have been combined to form the category "Other shopping and serviees". Most of the analysis in this seetion, is based on partieipants. It should be noted that the GSS data represent the shopping habits of Canadians for the months of November and early December.

## RESULTS

Averaged over the total population, Canadians spend an average of 0.9 hours per day shopping and using services (Text Table H). Females spend an average of 1.0 hour per day eompared to 0.7 hours for males.

On an average day, $42 \%$ of women and $32 \%$ of men spend roughly the same amount of time shopping or using serviees. The average time spent by these people is 2.4 hours per day. Females do, however, have higher participation rates than males for everyday shopping and travel related to shopping. Other than these two categories, the partieipation rates for all other shopping and services are
relatively small (less than 5\%) for both women and men.

When people do go shopping or use services, they spend the most time engaged in everyday shopping, an average of 1.8 hours per day. Other types of shopping and services are done much less frequently and data do not allow detailed analysis. Both sexes spend about the same amount of time on all types of shopping and services.

Table 7 shows that total shopping and related activities vary by age, gender, day of the week, ineome and labour forcestatus. Women have slightly higher overall shopping rates than men, but the amount of time spent shopping is very similar.

Generally, participation rates and the amount of time spent shopping increases with age. For example, $28 \%$ of people aged 15 to 24 and $40 \%$ of people 45 and over shop each day. The average times spent shopping by these groups are 2 hours and approximately 2.7 hours per day respectively.

## Day of week

Table 7 also shows that many people do their shopping on Saturday, when the participation rate is $48 \%$. The average time spent by these people is 2.9 hours. On the other hand, only one out of five people shop on Sunday, the average time spent by these shoppers being less than 2 hours. Those that shop or use services on a weekday ( $39 \%$ ) allocate an average of 2.3 hours per day to it.

## Income

Total household ineome has a systematic effect on shopping activity, the higher the ineome, the higher the participation rate (Table 7). Although houscholds with $\$ 60,000$ or more total ineome do have the highest participation rate for shopping, they spend the least amount of time doing it, an average of 2.1 hours. While the participation rates for women and men from households which earn less than $\$ 15,000$ a year are $39 \%$ and $31 \%$ respectively, the ratesare $50 \%$ for women and $37 \%$ formen from households which earn $\$ 60,000$ or more a year.

## Labour force status

On average, people whose labour force status is keeping house or retired are more likely to shop on an average day than those whose main activity is working for pay, looking for work, or going to school (Table 7). When considering thoseshopping on diary day, i.e. participants, those people who keep house and the retired spend the most time shopping, with the first group averaging 2.6 hours per day,

TEXT TABLE H
Average time spent ${ }^{1}$ on shopping and services for the population 15 years and over and participants and participation rate by gender, Canada, 1986

| Shopping and services | Population $15+$ |  |  | Participants |  |  | Participation rate |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) ${ }^{2}$ |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Total shopping \& services | 0.9 | 0.7 | 1.0 | 2.4 | 2.3 | 2.4 | 37 | 32 | 42 |
| Everyday shopping (food, clothing, gas) | 0.5 | 0.4 | 0.6 | 1.8 | 1.8 | 1.7 | 29 | 23 | 35 |
| Shopping travel | 0.2 | 0.2 | 0.3 | 0.7 | 0.7 | 0.7 | 34 | 29 | 38 |
| Other shopping and services | 0.1 | 0.1 | 0.1 | 1.0 | 1.2 | 1.0 | 12 | 11 | 14 |

General Social Survey, 1986
1 Averaged over a 7 day week.
2 Subtotals may not add to total due to rounding.
and the latter averaging 2.8 hours per day. It is interesting to note that shopping is done by a higher proportion of women who keep house ( $48 \%$ ) than men who keep house ( $35 \%$ ), however, men shop an average of 0.7 of an hour longer. Among the retired population, men have a higher participation rate ( $47 \%$ ) than women ( $41 \%$ ). Both sexes, however, spend about the same amount of time shopping (an average of 2.8 hours per day).

## DISCUSSION

We live in a consumer society. Out of necessity, most Canadians must regularly purchase food and clothing as well as services. In fact, in 1986, Canadian families spent an average of $\$ 8,300$ on food and clothing alone ${ }^{1}$. From lime to time people also shop for consumer durables such as televisions, cars and houses and occasionally require medical, financial or repair services. The GSS data provide information on the consumer habits of Canadians.

The data show that on an average day, approximately one out of three Canadians spend some time shopping for nondurables such as food and clothing. All other shopping and service activities have low participation rates, for example, on an average day, only $3 \%$ of Canadians go to a doctor or dentist.

Canadians, averaging 0.7 hours of shopping and servicerelated activity ( 0.2 hours in associated travel time excluded for purposes of international comparisons), spend much more time than do residents of several other countries for which comparable data are available. For example, the populations of Australia (1988), 0.6 hours; France (19851986), 0.4 hours; Finland (1979), 0.4 hours; Japan (1985),
0.3 hours; and Hungary (1976-1977), 0.3 hours, all averaged shopping time well below that registered by Canadians. While Canadian men do fully participate in shopping, the fact remains that the gender distribution of shopping time in Canada, reflecting what is found in most other countries, is weighted in terms of the women. In Canada males average 0.5 hours and women 0.8 hours (travel time excluded for purposes of intemational comparisons); in Finland (1979) with one of the most equitable distributions, men average 0.3 hours and women 0.4 hours; in Australia (1987) men average 0.4 hours and women 0.6 hours; and in Japan, one of the least equitable distributions, men average 0.1 hours and women 5.0 hours.
${ }^{1}$ Family Expenditure Survey, 1986.

TABLE 7
Average time spent ${ }^{1}$ on shopping and services for the population 15 years and over and participants and participation rate by gender and selected characteristics, Canada, 1986

| Selected characteristics | Shopping and services |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population 154 |  |  | Participants |  |  | Participation rate |  |  |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Population 15+ | 0.9 | 0.7 | 1.0 | 2.4 | 2.3 | 2.4 | 37 | 32 | 42 |
| Age group |  |  |  |  |  |  |  |  |  |
| 15-24 | 0.6 | 0.5 | 0.7 | 2.0 | 1.9 | 2.1 | 28 | 25 | 32 |
| 25-34 | 0.9 | 0.7 | 1.0 | 2.3 | 2.2 | 2.3 | 38 | 33 | 44 |
| 35-44 | 0.9 | 0.7 | 1.0 | 2.3 | 2.2 | 2.3 | 38 | 30 | 46 |
| 45-54 | 1.1 | 0.9 | 1.2 | 2.7 | 2.8 | 2.6 | 40 | 32 | 47 |
| 55-64 | 1.0 | 0.8 | 1.3 | 2.6 | 2.4 | 2.7 | 41 | 33 | 48 |
| $65+$ | 1.1 | 1.2 | 1.1 | 2.7 | 2.7 | 2.7 | 41 | 44 | 39 |
| Labour force status |  |  |  |  |  |  |  |  |  |
| Employed | 0.8 | 0.7 | 0.9 | 2.2 | 2.2 | 2.1 | 35 | 30 | 42 |
| Looking for work | 0.8 | 0.7 | 1.1 | 2.2 | 2.1 | 2.4 | 38 | 34 | 46 |
| Student | 0.5 | 0.4 | 0.5 | 2.0 | 1.9 | 2.2 | 23 | 22 | 25 |
| Keeping house | 1.2 | 1.2 | 1.2 | 2.6 | 3.3 | 2.6 | 47 | 35 | 48 |
| Retired | 1.2 | 1.3 | 1.1 | 2.8 | 2.8 | 2.7 | 44 | 47 | 41 |
| Other | 1.0 | 1.0 | 1.1 | 2.5 | 2.5 | 2.6 | 40 | 39 | 42 |
| Day of week |  |  |  |  |  |  |  |  |  |
| Weekday | 0.9 | 0.7 | 1.0 | 2.3 | 2.2 | 2.3 | 39 | 33 | 45 |
| Saturday | 1.4 | 1.2 | 1.6 | 2.9 | 2.9 | 3.0 | 48 | 42 | 53 |
| Sunday | 0.3 | 0.3 | 0.3 | 1.8 | 1.6 | 2.0 | 17 | 17 | 16 |
| Size of community |  |  |  |  |  |  |  |  |  |
| CMA/Pop. 100,000 or more | 0.9 | 0.7 | 1.1 | 2.3 | 2.2 | 2.4 | 39 | 33 | 44 |
| CAPop. 10,000-99,999 | 0.9 | 0.8 | 1.0 | 2.4 | 2.6 | 2.3 | 35 | 29 | 41 |
| Rurallpop. 9.999 or less | 0.9 | 0.8 | 0.9 | 2.5 | 2.6 | 2.4 | 35 | 31 | 38 |
| Children ${ }^{2}$ living at home |  |  |  |  |  |  |  |  |  |
| No children under 19 | 0.9 | 0.7 | 1.0 | 2.4 | 2.3 | 2.4 | 36 | 32 | 39 |
| At least one child under 19 | 0.9 | 0.7 | 1.1 | 2.3 | 2.3 | 2.3 | 39 | 31 | 47 |
| All children under 5 | 0.8 | 0.6 | 1.0 | 2.2 | 2.2 | 2.2 | 38 | 30 | 45 |
| At least one child under 5 , but not all | 0.8 | 0.7 | 0.9 | 2.1 | 2.2 | 2.1 | 38 | 32 | 45 |
| All children from 5 to 12 years inctusive | 1.0 | 0.7 | 1.2 | 2.4 | 2.2 | 2.5 | 42 | 33 | 49 |
| All children over 12 | 1.0 | 0.9 | 1.2 | 2.5 | 2.6 | 2.4 | 42 | 33 | 51 |
| Other | 0.9 | 0.6 | 1.1 | 2.6 | 2.6 | 2.6 | 34 | 24 | 43 |
| Household income |  |  |  |  |  |  |  |  |  |
| Less than \$15,000 | 0.9 | 0.8 | 0.9 | 2.4 | 2.6 | 2.3 | 36 | 31 | 39 |
| \$15,000-\$29,999 | 0.9 | 0.8 | 1.0 | 2.4 | 2.4 | 2.3 | 38 | 34 | 43 |
| \$30,000-\$39,999 | 0.9 | 0.7 | 1.1 | 2.3 | 2.2 | 2.4 | 38 | 34 | 44 |
| \$40,000-\$59,999 | 0.9 | 0.7 | 1.3 | 2.4 | 2.3 | 2.5 | 40 | 31 | 51 |
| \$60,000 and over | 0.9 | 0.7 | 1.2 | 2.1 | 1.9 | 2.3 | 42 | 37 | 50 |
| Other | 0.8 | 0.6 | 0.9 | 2.6 | 2.5 | 2.6 | 29 | 24 | 33 |

General Social Survey, 1986

[^10]
### 2.2.6 CHLD CARE

## HIGHLIGHTS

- Nearly $90 \%$ of parents spend time with their children each day. Those that do spend an average of 5.2 hours interacting with their children. Over half of all parents with children less than 19 years of age and living at home, spend an average of 2 hours per day on primary child care.
- More women than men participate in primary child care. However, fathers that do participate, spend about the same amount of time as mothers.
- The participation rate and amount of time spent on primary child care varies with the age of the children. For example, $90 \%$ of mothers with at least one child under five at home spend an average of 2.4 hours per day on primary child care, whereas only $24 \%$ of mothers with children 13 to 18 spend an average of 1.2 hours on primary child care, per day.
- When comparing all age groups, mothers aged 25 to 34 spend the most time each day on primary child care (an average of 2.4 hours per day), and interacting with children (an average of 6.7 hours per day).


## METHODS

Primary child care activities were ooded into eight categories: physical care of babies ( $0-4$ years) such as dressing, feeding or washing (code 20), physical care of children (518 years) such as dressing, feeding or washing (21), helping, teaching or reprimanding children (22), reading or talking with children (23), play with children (24), medical care of children (25), other child care such as unpaid babysitting (28) and travel related to child care (29).

Codes 25 and 28 have been combined to create the category 'Other child care'.

The data in this section refer to parents who have at least one child under 19 years of age living at home. Parents represent $36 \%$ or 3,498 of the 9,744 total sample size. Although child care is not restricted to parents only, less than $4 \%$ of the non-parent population participate in some child care. Therefore, it was decided to present data for parents only. Furthermore, since child care activity varied only slighty between lone-parent and two-parent families, the results in this section are based on total parents.

The GSS data on child care are limited because only
"primary" activities were collected. It is well known that child care is often done as a secondary activity. For example, if a parent and child were eating dinner at the kitchen table, eating dinner would be reported as a primary activity and child care as a secondary activity. The child care data that the GSS collected represent primary child care only (e.g. diapering, reading to, administering medicine etc.) because they were reported as primary activities. Other activities (e.g. eating meals with a child(ren), watching over children while doing something else) were either not collected or not coded as primary child care. The GSS data therefore under-represent total child care.

In an attempt to complement the data on primary child care, this section also addresses the total time parents spend interacting or participating in an activity with their children as derived from the "Who with ?" question. Using the above example of parent and child having dinner, the parent would generally report being with the child because of the interaction. This reflects time parents spend with their children and therefore child care from a different perspective. It must be noted that for parents to be credited time spent with their children, parents had to report that they were interacting or participating in an activity with them. It is likely that some under-representation of child care still exists.

## RESULTS

The age and number of children at home influences the amount of time that must be dedicated to child care. Text Table I indicates that on any given day $67 \%$ of mothers spend an average of 2.1 hours per day, and $36 \%$ of fathers spend 1.6 hours on primary child care. The average time parents spend interacting with their children is much higher than the time they spend on primary child care. On an average day, $94 \%$ of mothers spend 5.9 hours interacting with their children and $84 \%$ of fathers spend 4.4 hours with their children (table not shown).

Text Table I shows that more mothers than fathers participate in every type of primary child care. However, except for the care of children less than 5 years of age, the time mothers and fathers spend on the individual primary child care activities is roughly the same. The care of young children is the most time consuming. Mothers spend 0.6 hours longer than fathers ( 1.8 hours versus 1.2 hours per day).

Table 8 reveals that the age group of parent, age of children at home, labour force status and day of the week all influence a parent's involvement in primary child care. Involvement also varies consistently by gender of the parent. Furthermore, the table shows that all parents
spend several more hours a day interacting with their children, than doing primary child care.

## Age group of parent

The participation rate and average time spent on primary child care decline with the age of the parent(s). Total participation rates range from $74 \%$ for the 15 to 24 age group, $70 \%$ for the 25 to 34 age group and $48 \%$ for the 35 to 44 age group, to $22 \%$ for the 45 to 54 age group. Howcver, the highest participation rate in child care for mothers is in the 15 to 24 age group ( $88 \%$ ) and for fathers, it is in the 25 to 34 age group ( $52 \%$ ).

## Age of children

Younger children require much more time and care than do older children. Participation rates and average time spent on primary child care decrease significantly as children age. The highest participation rates for parents are when all children are less than 5 years old, $92 \%$ and $57 \%$ for mothers and fathers respectively, and the lowest participation rates are when all children are between the ages of 13 and 18. Similarly, the time spent on primary child care and interacting with children is significantly higher for parents with young children.

## Labour force status

For all categories of labour force status, more mothers than fathers participate in primary child care each day (Table 8). The mean time spent doing primary child care
is very similar for mothers and fathers who are either employed or looking for work. Mothers who are looking for work or keeping house spend about one hour more per day on primary child care than mothers who are either employed or a student.

Parents whose labour force status is keeping house spend the most total time interacting with children, 7.0 hours for mothers and 8.2 hours for fathers. It should be noted however, that virtually all parents whose labour force status is keeping house are female ( $96 \%$ ).

## Day of week

Parents average 7.0 hours on Saturday and 7.2 hours on Sunday interacting with children. The amount of time decreases on weekdays, to an average of 4.5 hours per day.

Overall, on weekdays, mothers have higher participation rates and spend more time on primary child care than fathers. Mothers also have higher participation rates for weekend days, but time spent on primary child care and interacting with children is fairly similar to fathers". The highest participation rate in primary child care for mothers is on the weekdays $(70 \%)$, whereas the highest participation rate for fathers is on Sunday ( $41 \%$ ).

## TEXT TABLE I

Average time spent ${ }^{1}$ by parents ${ }^{2}$ on primary child care activities and participation rate by gender, Canada, 1986

| Primary child care activities | Participants |  |  | Participation rate |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Father | Mother | Total | Father | Mother |
|  | (Hours per day) |  |  | (Percent) |  |  |
| Total primary child care activities | 1.9 | 1.6 | 2.1 | 52 | 36 | 67 |
| Physical care of child(ren) under 5 | 1.7 | 1.2 | 1.8 | 14 | 7 | 20 |
| Physical care of child(ren) 5 to 18 | 1.0 | 0.9 | 1.1 | 32 | 18 | 46 |
| Help, teach, reprimand children | 0.9 | 1.1 | 0.8 | 8 | 4 | 12 |
| Read or talk with children | 0.8 | 0.8 | 0.8 | 8 | 3 | 12 |
| Play with children | 1.4 | 1.5 | 1.3 | 12 | 11 | 13 |
| Travel related to child care | 0.6 | 0.5 | 0.6 | 13 | 9 | 17 |
| Other child care ${ }^{3}$ | 1.3 | 1.3 | 1.3 | 3 | 2 | 4 |

[^11]
## DISCUSSION

On an average day, parents spend an average of 5.2 hours of the day with their children, and $52 \%$ of parents spend approximately 2 hours on primary child care.

Interestingly, there is great similarity in the amount of time devoted to primary child care ${ }^{2}$ in several countries for which current data are available. In Canada, France (1985-1986), Finland (1976-1977), Hungary (1979) and Japan (1985), child care consumed an average of 0.3 hours per day or 2.1 hours per week. Of the countries examined, only those in Australia (1988) with an average of 0.5 hours per day devoted to child care, differed from the others.

These figures are a measure of the total per capita input to child care in their respective societies. The actual burden falling on those undertaking the care of children, as reflected above, is indeed far greater.
${ }^{2}$ Figures for primary child care are averaged over the whole population and all days of the week. Time engaged in travel related to primary child care is not included here for purposes of international comparisons.

TABLE 8
Average time spent ${ }^{1}$ by parents ${ }^{2}$ on primary child care activities ${ }^{3}$ and participation rate and average time spent interacting with children by gender and selected characteristics, Canada, 1986

| Selected characteristics | Child care |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Primary child care |  |  |  |  |  | Interacting with children |  |  |
|  | Participants |  |  | Participation rate |  |  | Participants |  |  |
|  | Total | Father | Mother | Total | Father | Mother | Total | Father | Mother |
|  | (Hours per day) |  |  | (Percent) |  |  | (Hours per day) |  |  |
| Total parents | 1.9 | 1.6 | 2.1 | 52 | 36 | 67 | 5.2 | 4.4 | 5.9 |
| Age group |  |  |  |  |  |  |  |  |  |
| 15-24 | 2.2 | - | 2.2 | 74 | - | 88 | 5.7 | 2.8 | 6.4 |
| 25-34 | 2.1 | 1.6 | 2.4 | 70 | 52 | 83 | 5.8 | 4.6 | 6.7 |
| 35-44 | 1.6 | 1.5 | 1.7 | 48 | 36 | 60 | 5.0 | 4.5 | 5.5 |
| 45-54 | 1.5 | 1.7 | 1.2 | 22 | 18 | 28 | 4.3 | 4.1 | 4.4 |
| 55-64 | - | - | - | - | - | - | 4.5 | 4.3 | -- |
| $65+$ | - | -- | - | - | - | - | - | - | - |
| Labour force status |  |  |  |  |  |  |  |  |  |
| Employed | 1.4 | 1.5 | 1.4 | 43 | 35 | 58 | 4.3 | 4.1 | 4.6 |
| Looking for work | 2.2 | 2.0 | 2.4 | 54 | 36 | 85 | 6.5 | 6.3 | 6.8 |
| Student | 1.3 | - | 1.5 | 63 | - | 59 | 4.6 | - | 4.6 |
| Keeping house | 2.5 | - | 2.5 | 75 | - | 75 | 7.1 | 8.2 | 7.0 |
| Retired | - | - | -- | - | -- | - | -- | - | - |
| Other | 2.6 | 2.1 | 2.9 | 42 | 35 | 49 | 6.3 | 6.3 | 6.2 |
| Day of week |  |  |  |  |  |  |  |  |  |
| Weekday | 1.9 | 1.5 | 2.1 | 53 | 36 | 70 | 4.5 | 3.5 | 5.3 |
| Saturday | 1.8 | 1.6 | 1.9 | 43 | 34 | 51 | 7.0 | 7.2 | 6.9 |
| Sunday | 1.9 | 2.0 | 1.9 | 56 | 41 | 68 | 7.2 | 6.8 | 7.6 |
| Size of community |  |  |  |  |  |  |  |  |  |
| CMAPPop. 100,000 or more | 2.0 | 1.6 | 2.2 | 55 | 40 | 69 | 5.1 | 4.1 | 6.0 |
| CAPOp. 10,000-99,999 | 1.8 | 1.3 | 2.0 | 51 | 36 | 65 | 5.2 | 4.7 | 5.6 |
| Rural/Pop. 9,999 or less | 1.8 | 1.5 | 1.9 | 46 | 27 | 64 | 5.5 | 4.9 | 6.0 |
| Children ${ }^{4}$ living at home |  |  |  |  |  |  |  |  |  |
| All children under 5 | 2.5 | 1.9 | 2.9 | 76 | 57 | 92 | 6.2 | 4.9 | 7.2 |
| At least one child under 5 . but not all | 2.2 | 1.7 | 2.4 | 73 | 54 | 90 | 6.2 | 4.6 | 7.7 |
| All children from 5 to 12 years inclusive | 1.4 | 1.3 | 1.5 | 60 | 42 | 74 | 4.9 | 4.3 | 5.3 |
| All children over 12 | 1.1 | - | 1.2 | 16 | -- | 24 | 4.0 | 3.7 | 4.3 |
| Other | 1.2 | 1.1 | 1.3 | 41 | 26 | 56 | 4.9 | 4.9 | 4.9 |

General Social Survey, 1986

[^12]
### 2.3 PERSONAL CARE

## HIGHLIGHTS

- Canadians spend an average of 11 hours each day on personal care activities such as sleeping, eating or dressing.
- People spend 1.7 hours more on personal care on Sundays than they do on weekdays.
- On an average day, the majority of people ( $94 \%$ ) eat at least one meal at home, while nearly one in five eat at least one meal in a restaurant.
- Retired persons sleep an average of 8.7 hours per day, 0.9 hours per day more than the employed.


## METHODS

Personal care activities were coded into ten categories: washing, dressing or packing (code 40), adult medical care at home (41), help and personal care to adults (42), meals at home including snacks and coffee (43), restaurant meals (44), night or essential sleep (45), naps and incidental slecp (46), relaxing, thinking or resting (47), other personal care or private activities (48) and travel related to personal care (49).

Activity codes 41,42 and 48 have been combined to form 'Other personal care'. It should be noted that time spent
eating meals and snacks at work (code 05), at a friend's home (code 75) and at school (code 54) are not included in the analysis of personal care time as these have been considered as work, education and socializing 'related activities'.

The data were collected from $4 \mathrm{a} . \mathrm{m}$. one day until $4 \mathrm{a} . \mathrm{m}$. the next. As a result, sleep was usually tecorded over two periods, e.g. from $4 \mathrm{a} . \mathrm{m}$. Sunday until the respondent got up and from bedtime Sunday until 4 a.m. Monday. Sleeping time was totalled and coded to the reference day, i.e. as in the example above, Sunday.

## RESULTS

Activities such as eating, slecping and dressing, take up more of the day than any other major activity grouping. Text Table J indicates that everyone engages in personal care activities, for an average of 11 hours a day. However, over 8 of these 11 hours are spent sleeping. One out of ten Canadians also nap during the day for an average of 2 hours.

Most of the individual personal care activities as shown in Text Table J vary greatly by participation rates and time spent doing the activities. For example, the vast majority of Canadians eat at least one meal at home on a given day ( $94 \%$ ), while only $10 \%$ take a nap. In total, women spend 0.4 of an hour more than men on total personal care activities each day.

## TEXT TABLE J

Average time spent ${ }^{\dagger}$ on personal care activities for participants 15 years and over and participation rate by gender, Canada, 1986

| Personal care activities | Participants |  |  | Participation rate |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) |  |  | (Percent) |  |  |
| Total personal care activities | 11.0 | 10.8 | 11.2 | 100 | 100 | 100 |
| Washing, dressing, packing | 0.8 | 0.7 | 0.9 | 85 | 83 | 87 |
| Meals at home, snacks, coffee | 1.3 | 1.3 | 1.3 | 94 | 93 | 94 |
| Restaurant meals | 1.2 | 1.2 | 1.2 | 19 | 22 | 17 |
| Night sleep, essential sleep | 8.2 | 8.1 | 8.3 | 100 | 100 | 100 |
| Incidental sleep, naps | 2.0 | 1.9 | 2.0 | 10 | 11 | 10 |
| Relaxing, thinking, resting | 1.6 | 1.7 | 1.5 | 17 | 16 | 18 |
| Personal care travel | 0.7 | 0.7 | 0.7 | 18 | 21 | 16 |
| Other personal care ${ }^{2}$ | 1.2 | 1.3 | 1.1 | 9 | 8 | 11 |

General Social Survey, 1986

[^13]Atthough all Canadians engage in personal care each day, the amount of time spent on this activity varies by day of the week, labour force status and age.

## Age

Figure K (see also Table 9) shows that the 25 to 34 age group spends the least time per day on personal care, 10.6 hours, whereas the 65 and over age group spends the most time, appproximately 12.4 hours.

## Labour force status

Employed people spend the least time on personal care and retired people spend the most time, an average of 10.4 hours and 12.4 hours per day respectively (Table 9 and Figure K). Since sleep is such a large part of personal care, differences in total personal care largely reflect differences in slecp time. Pcople looking for work spend the longest time sleeping followed closely by the retired (an average of 8.9 and 8.7 hours per day respectively). Employed people sleep the least, for an average of only 7.8 hours per day and students and people who keep house average approximately 8.4 hours per day.

## Day of week

Finally, Figure K (sec also Table 9) shows that Sunday is indeed the "day of rest". On average, people spend 1.7 hours more on personal care on Sundays (an average of 12.4 hours) than they do on weekdays (an average of 10.7 hours). Most of that extratime is spent slecping. Canadians average 9.5 hours of sleep on Sundlays.

## Meals

An interesting sub-theme of personal care is Canadians' habits of "eating out" versus "eating at home". Text Table Jindicates that on an average day, $94 \%$ of people cat at least one meal at home and $19 \%$ of people eat at a restaurant. The average time people spend eating at home, or in a restaurant, is just over an hour. Eating at home does not vary by gender while eating out does, $17 \%$ of women and $22 \%$ of men eat out on a given day. Below are some other characteristics of "people who eat out" in Canada:

- The 35 to 44 age group has the highestrate of eating out ( $22 \%$ ), and the 65 -and-over age group has the lowest rate ( $15 \%$ ).
- On average, $22 \%$ of employed people eat out on an average day, while only $13 \%$ of people who keep house do.
- On Saturdays, $23 \%$ of people eat out, while only $15 \%$ eat out on Sundays.
- Divorced men have a higher rate of eating out ( $29 \%$ ) than divorced women ( $19 \%$ ). However, single males and females have about the same rate for eating out (20\%).
- On an average day, $22 \%$ of people who live alone cat out, compared to $18 \%$ of people who live in houscholds with three or more persons.
- On an average day, $18 \%$ of lower blue collar workers eat out compared to $28 \%$ of managers.
- The higher the total houschold income, the more likely it is people will eat out.


## DISCUSSION

Personal care takes up almost half of the day, 11 out of 24 hours and more than 8 of these 11 hours are spent slecping. The data show that for people 25 years and over, time spent on total personal care increases with age, which is largely due to additional time spent sleeping. People 65 and over sleep for an average of 8.7 hours at night, which is half an hour more than the average for the total population. Also, one in five Canadians eats at a restaurant on an average day. Restaurant eating is highest among young. single and employed people.

There appears to be relatively little cross-national variation in personal care. A review of data for several countrics shows average daily hours allocated to personal care range from 12 hours in France to 10.3 hours in Finland. The Canadian and Australian time allocation to personal care falls in the middle at 11.0 and 10.7 hours respectively. The time allocations to personal care in Hungary and Japan are 10.6 and 10.4 hours per day respectively. Generally, sleep amounts to 80 percent of total personal care, however, for Canada and Japan, the share is slightly lower.

Figure K
Average time spent(1) on total personal care activities for population 15 years and over by selected characteristics, Canada, 1986



(1) Averaged over a 7 day week

General Social Survey, 1986

TABLE 9
Average time spent ${ }^{1}$ on total personal care activities, sleep and meals at home for the population 15 years and over by gender and selected characteristics, Canada, 1986

| Selecled characteristics | Personal care activities |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total personal care |  |  | Night sleep/essential sleep |  |  | Meals at home |  |  |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) |  |  |  |  |  |  |  |  |
| Population 15+ | 11.0 | 10.8 | 11.2 | 8.2 | 8.1 | 8.3 | 1.2 | 1.2 | 1.2 |
| Age group |  |  |  |  |  |  |  |  |  |
| 15-24 | 10.9 | 10.7 | 11.2 | 8.6 | 8.5 | 8.7 | 0.9 | 0.9 | 0.8 |
| 25-34 | 10.6 | 10.4 | 10.8 | 8.0 | 8.0 | 8.0 | 1.1 | 1.1 | 1.2 |
| 35-44 | 10.7 | 10.4 | 10.9 | 7.9 | 7.7 | 8.0 | 1.2 | 1.1 | 1.3 |
| 45-54 | 10.7 | 10.5 | 11.0 | 7.9 | 7.7 | 8.0 | 1.3 | 1.3 | 1.4 |
| 55-64 | 11.4 | 11.3 | 11.5 | 8.2 | 8.1 | 8.3 | 1.4 | 1.4 | 1.5 |
| $65+$ | 12.4 | 12.5 | 12.3 | 8.7 | 8.6 | 8.8 | 1.6 | 1.6 | 1.5 |
| Labour force status |  |  |  |  |  |  |  |  |  |
| Emplayed | 10.4 | 10.2 | 10.6 | 7.8 | 7.7 | 8.0 | 1.0 | 1.1 | 1.0 |
| Looking for work | 11.7 | 11.7 | 11.6 | 8.9 | 8.9 | 9.0 | 1.2 | 1.2 | 1.0 |
| Student | 10.9 | 10.8 | 11.0 | 8.5 | 8.5 | 8.6 | 0.9 | 1.0 | 0.9 |
| Keeping house | 11.4 | 11.3 | 11.4 | 8.4 | 8.4 | 8.4 | 1.5 | 1.6 | 1.5 |
| Retired | 12.4 | 12.5 | 12.4 | 8.7 | 8.6 | 8.8 | 1.6 | 1.7 | 1.6 |
| Other | 12.6 | 12.7 | 12.5 | 9.0 | 9.2 | 8.8 | 1.3 | 1.3 | 1.3 |
| Day of week |  |  |  |  |  |  |  |  |  |
| Weekday | 10.7 | 10.4 | 10.9 | 8.0 | 7.8 | 8.1 | 1.2 | 1.1 | 1.2 |
| Saturday | 11.4 | 11.4 | 11.4 | 8.2 | 8.2 | 8.1 | 1.3 | 1.3 | 1.3 |
| Sunday | 12.4 | 12.3 | 12.6 | 9.5 | 9.5 | 9.5 | 1.3 | 1.2 | 1.4 |
| Size of community |  |  |  |  |  |  |  |  |  |
| CMA/Pop. 100,000 or more | 11.0 | 10.8 | 11.2 | 8.2 | 8.1 | 8.3 | 1.1 | 1.1 | 1.2 |
| CAPPop. 10,000-99,999 | 11.0 | 10.7 | 11.3 | 8.1 | 8.0 | 8.3 | 1.2 | 1.2 | 1.2 |
| Rural/Pop. 9,999 or less | 11.1 | 11.0 | 11.2 | 8.2 | 8.2 | 8.3 | 1.3 | 1.3 | 1.4 |
| Living arrangement |  |  |  |  |  |  |  |  |  |
| With partner and single child(ren) under 25 | 10.7 | 10.4 | 10.9 | 7.9 | 7.7 | 8.1 | 1.3 | 1.2 | 1.4 |
| With partner, no single child(ren) under 25 | 11.5 | 11.5 | 11.4 | 8.4 | 8.3 | 8.4 | 1.3 | 1.3 | 1.3 |
| Lone parent with single child(ren) under 25 | 10.6 | 10.1 | 10.8 | 7.9 | 7.4 | 8.1 | 1.0 | 0.9 | 1.1 |
| Lone parent with single child(ren) 25 or over | 12.5 | - | 12.7 | 8.6 | - | 8.8 | 1.8 | -- | 1.9 |
| Single child 15-24 living with both parents | 11.0 | 10.9 | 11.1 | 8.6 | 8.6 | 8.7 | 0.9 | 1.0 | 0.8 |
| Single child 15-24 living with lone parent | 10.7 | 10.7 | 10.7 | 8.4 | 8.7 | 8.2 | 0.8 | 0.8 | 0.8 |
| Child 25 or over living with parent(s) | 11.0 | 11.0 | -- | 8.4 | 8.6 | - | 0.9 | 0.9 | -- |
| With non-relative(s) only | 11.1 | 10.7 | 11.6 | 8.4 | 8.4 | 8.5 | 1.2 | 1.2 | 1.1 |
| Alone | 11.2 | 10.9 | 11.5 | 8.2 | 8.0 | 8.4 | 1.1 | 1.0 | 1.1 |
| Other | 10.9 | 9.6 | 11.9 | 8.3 | 7.5 | 8.9 | 1.1 | 1.0 | 1.1 |

[^14]
### 2.4 FREE TIME

## HIGHLIGHTS

- Canadians aged 15 and over average 5.5 hours of free time per day. While people who work for pay have just 4.5 hours, retirees average 8.0 hours.
- On average, men have ncarly one half hour more free time than women each day.
- Having children limits the amount of free time available. Women with partner and a child(ren) less than 25 years of age have the least amount of free time, just 4.4 hours per day eompared to an average of 5.8 hours per day for women with a partner and no children. Their male counterparts have 4.7 and 6.3 hours respectively.
- Television viewing accounts for more than $40 \%$ of free-time activity, but it is also the free time activity most readily sacrificed when necessary. On average, men watch 2.6 hours per day compared to 2.1 hours for women.
- Free time rises from an average of 4.7 hours on a weekday to 7.0 hours on Saturday and peaks at 7.5 hours on Sunday. Men have 0.3 hours more free time on weekdays than women, 0.7 more on Saturdays and nearly one hour more free time on Sundays.
- Parents living with a partner and children under 25 years average just over one half hour a day ( 0.6 hours) socializing with family and friends in contrast to lone parents who spend 1.0 hour a day socializing.


## METHODS

Free time is a residual category. It is time not otherwise allocated to the necessities of life, time when we are not obligated to meet external needs. That is, it does not include time devoted to paid work, education, domestic work, child care and shopping, as well as personal care, e.g. sleeping, eating, washing and getting dressed. This chapter considers time over which more discretion ean be exerted on how that time is spent. Included are four categories of free time: participation in community organizations, voluntary and religious activities (codes 60 through 69); entertainment activities (codes 70 through 79) which are most frequently, visiting and entertaining friends and relatives and socializing at bars and clubs; sports and hobby activities (codes 80 through 89 ) such as walking and hiking, domestic home crafts and playing card games; and media and communication activities (eodes 90 through 99) most prominendy, television viewing
and reading. The analysis of free time is presented for the total population and those participating in a given activity.

## RESULTS

Canadians aged 15 years and over average 5.5 hours of free time per day (Text Table K). Technology has had a marked impact on the use of free time by Canadians. Television, combined more recently with the VCR, consumes $42 \%$ of our free time. Averaged over the population age 15 years and over, Canadian society spends nearly six times the amount of time watching television ( 2.3 hours) as reading books and newspapers ( 0.4 hours per day).

Entertainment activities consume 1.3 hours per day, primarily visiting and entertaining friends and relatives ( 0.8 hours per day). On an average day, Canadians spend 0.8 hours participating in sports and hobbies and just 0.3 hours on organizational, voluntary and religious activities.

On an avctage day, close to $90 \%$ of the Canadian population 15 and over participate in some form of media and communication and those who do average 3.7 hours a day. Television has the highest participation rate, $75 \%$, and the highest average time at 3.1 hours. About $37 \%$ of the population partieipate in entertainment activities other than television, spending 3.5 hours. Nearly $30 \%$ take part in sports and hobbies, averaging 2.6 hours when they do. However, on an average day just $10 \%$ of Canadians take part in community organizations, voluntary and religious activities, and those that do allocate 2.6 hours to them. The low participation rates for these latter activities reflect the fact that these activities are genetally not done on a daily basis.

## Gender

Generally, men have almost half an hour more free time each day than women, 5.7 hours compared to 5.3 hours (Text Table K). The extra time is predominately allocated to media and communication activities, 3.4 hours versus 3.0 hours. Men spend more time watching television and rented movies as a primary activity than women ( 2.6 hours and 2.1 hours, respectively ${ }^{1}$. Only minor differences are found in time spent on other free time activities by gender.
'Other time use studies suggest that women spend as much or more time watching iclevision as men, but some of this viewing is as a secondary activity, while perfonming houschold or child care chores, etc. Secondary activities are not reported in this survey.

TEXTTABLEK
Average time spent' on free time activities for the population 15 years and over and participants and participation rate by gender, Canada, 1986

| Free time activities | Population 15+ |  |  | Participants |  |  | Participation rate |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) $^{2}$ |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Total free time activities | 5.5 | 5.7 | 5.3 | 5.7 | 6.0 | 5.5 | 96 | 95 | 96 |
| Organizational, voluntary |  |  |  |  |  |  |  |  |  |
| Religious organization | 0.0 | 0.0 | 0.0 | 2.0 | 2.1 | 1.9 | 1 | 1 | 2 |
| Religious practice (code 64) | 0.1 | 0.1 | 0.1 | 1.4 | 1.4 | 1.4 | 6 | 4 | 7 |
| Volunteer work | 0.1 | 0.0 | 0.1 | 3.6 | 3.6 | 3.5 | 2 | 1 | 2 |
| Other | 0.1 | 0.1 | 0.1 | 1.3 | 1.6 | 1.0 | 7 | 6 | 9 |
| Entertainment (attending) | 1.3 | 1.3 | 1.3 | 3.5 | 3.6 | 3.3 | 37 | 35 | 39 |
| Sports, fairs, movies, |  |  |  |  |  |  |  |  |  |
| Visiting with friends | 0.8 | 0.7 | 0.9 | 2.8 | 3.0 | 2.7 | 29 | 25 | 32 |
| Cafes, pubs | 0.1 | 0.1 | 0.1 | 2.9 | 2.8 | 3.1 | 3 | 5 | 2 |
| Other | 0.3 | 0.3 | 0.3 | 1.0 | 1.0 | 1.0 | 26 | 27 | 25 |
| Sports and hobbles <br> (particlpatlon) |  |  |  |  |  |  |  |  |  |
| Playing sports, camping, hiking, walking | 0.3 | 0.4 | 0.2 | 1.8 | 2.0 | 1.4 | 14 | 17 | 12 |
| Hobbies, domestic crafts, music, games | 0.4 | 0.3 | 0.5 | 2.6 | 2.5 | 2.7 | 14 | 10 | 18 |
| (Domestic crafts, code 84) | 0.1 | 0.0 | 0.3 | 2.6 | 0.0 | 2.6 | 6 | 0 | 11 |
| Other | 0.1 | 0.2 | 0.1 | 1.2 | 1.2 | 1.1 | 11 | 13 | 9 |
| Media and communication | 3.2 | 3.4 | 3.0 | 3.7 | 3.9 | 3.4 | 87 | 88 |  |
| Radio, television, stereo | 2.4 | 2.7 | 2.2 | 3.2 | 3.4 | 3.0 | 76 | 79 | 73 |
| (Television, code 91) | 2.3 | 2.6 | 2.1 | 3.1 | 3.3 | 2.9 | 75 | 77 | 72 |
| Read book, newspaper | 0.4 | 0.5 | 0.4 | 1.5 | 1.5 | 1.4 | 30 | 31 | 30 |
| (Read book, code 93) | 0.3 | 0.2 | 0.3 | 1.7 | 1.9 | 1.5 | 16 | 13 | 18 |
| (Read newspaper, 94) | 0.2 | 0.2 | 0.1 | 1.0 | 1.0 | 0.9 | 18 | 22 | 15 |
| Conversation, phone, letters, other | 0.3 | 0.2 | 0.4 | 1.2 | 1.2 | 1.2 | 25 | 20 | 30 |

1 Averaged over a 7 day week.
2 Subtotals may not add to total due to rounding.

Women ( $86 \%$ ) and men ( $88 \%$ ) are about equally likely to allocate time to media and communication activities on an average day.

Male participants average 3.9 hours while females spend one half hour less. Within media and communication, fewer women report watching television as a primary activity and for less time than men. Fully $77 \%$ of men view television on an average day. Those that do watch it for 3.3 hours. In comparison, $72 \%$ of women watch television, their average being 2.9 hours.

More women than men participate in entertainment activities, $39 \%$ versus $35 \%$. However, when considering participants, women spend less time than men, 3.3 hours versus 3.6
hours respectively. Visiting and entertaining friends and relatives is the most notable component of entertainment activities.

Close to $30 \%$ of women and men participate in sports and hobbies on an average day. However, among participants, men spend slightly more time than women, 2.7 hours versus 2.5 hours. Not surprisingly, sports activities have higher male participation rates, ( $17 \%$ versus $12 \%$ ) while the participation rates for domestic home crafts is $11 \%$ for females compared to less than $1 \%$ for males.

More women than men participate in organizational, voluntary and religious activities, ( $12 \%$ versus $8 \%$ ) but spend less time ( 2.5 hours versus 2.8 hours) doing them.

Religious services and volunteer work account formost of these activities.

## Labour force status

Like other activities, the amount of free time and how it is spent is significantly influenced by labour force status. Retired Canadians have an average of 8.0 hours a day of free time. Individuals looking for work average almost that amount, 7.7 hours, while people keeping house have 6.0 hours, students, 4.9 hours and the employed just 4.5 hours (Table 10, Figure L).

Among all free time activities, the most variation by labour force status is in the amount of time spent on media and communication. Retirees are the biggest consumers of media and communication, spending an average of 5.3 hours a day, with 3.5 on television and rented movies and an additional 1.1 hours reading books and newspapers. Job seckers also spend 3.5 hours on television but only 0.3 hours reading, while those keeping house spend 2.5 hours on television and 0.4 hours reading. Students and the employed are remarkably similar in their media and communication consumption, spending 2.7 and 2.5 hours per day respectively on it. Both groups spend approximately 2.0 hours of that time watching television.

As well, the retired spend the most time on sports and hobbies, averaging 1.3 hours a day, primarily on domestic crafts, parlour games and walking. The unemployed spend one hour a day on sports and hobbies. Individuals keeping house also average an hour a day, almost half of that time is on domestic home erafts. Students spend 0.7 hours while people working for pay average just 0.5 hours.

In contrast to other free time activities, retirees spend the least time on entertainment activities, just 1.1 hours. Jobseekers spend the most time, 2.1 hours on an average day. Others average about 1.3 hours. Most of this time is spent visiting or entertaining family and friends.

Of retirees and job seekers, approximately $86 \%$ watch television on an average day, in contrast to $70 \%$ of students and employed persons and $78 \%$ of those keeping house (Table 12). As well, among participants, retired and unemployed viewers spend about one hour mote (4.1 hours) on an average day watching television than others (Table 11 ). Unlike job seekers who are less likely than the average Canadian 15 and over to spend time reading, retired individuals are almost twice as likely to spend time reading books and magazines ( $27 \%$ versus $16 \%$ ) or reading newspapers ${ }^{2}$ ( $34 \%$ and $18 \%$ ). Retirees spend about one hour more time reading books and magazines and about half an hour more on newspapers when they doread (table not shown).

About $37 \%$ of Canadian society 15 and over participate in entertainment activities on an average day. Job seekers are the most likely to participate ( $51 \%$ ), while students and those keeping house have a $40 \%$ participation rate. The employed are least likely to participate in entertainment activitics ( $34 \%$ ) while, somewhat surprisingly, the retired show only a marginally higher participation rate ( $35 \%$ ). Unemployed participants average 4.1 hours on entertainment activities while the retired and those kecping house participate for almost one hour less. Students and those working for pay take part for about 3.5 hours.

Retirces have a substantially higher participation rate in sports and hobbies than others, $46 \%$ compared to $29 \%$ for Canadian socicty as a whole. Retirees and those keeping house have higher participation rates in organizational, voluntary and religious activities than the rest of the population ( $16 \%$ and $14 \%$ versus $10 \%$ ). The primary difference is participation in religious services.

## Day of week

Following labour force status, the time spent on free time activity is most closely associated with the type of day, whether a weekday or a weekend day. Averaged over the Canadian population 15 and over, free time rises from 4.7 hours on a weekday to 7.0 hours on Saturday and peaks at 7.5 hours on Sunday (Table 10). A large part of this increase is in time spent visiting and entertaiting, which rises from 0.5 hours on a weekday to 1.3 hours on Saturday and 1.6 hours on Sunday. Time spent at other entertainment activities such as concerts, movies, theatres, sports events and bars is concentrated on Saturday. The time incrcases from just 0.2 hours during the week to 0.7 hours on Saturday and falls back to 0.2 hours on Sunday (table not shown). Time spent watching television also shows a marked increase on the weekend, rising from 2.2 hours on a weckday, to 2.5 hours on Saturday and 2.9 hours on Sunday. Again on Sunday, time spent on organizational, voluntary and religious activily jumps to 0.6 hours from 0.2 hours on other days, primatily due to attendance at religious services. Time spent on sports and hobbies is largely invariant, averaging close to 1 hour throughout the week (Table 10 and Figure M).

The vast majority of Canadians 15 and over participate in some form of free time activity, $95 \%$ during the week and $98 \%$ on the weekend (Table 12).

[^15]Figure L

## Average time spent(1) on free time activities for the population 15 years and over by labour force status, Canada, 1986


(1) Averaged over a 7 day week

Nearly one third participate in entertainment activitics during the weck ( $30 \%$ ) and more than half on the weekend ( $53 \%$ ). Participants in entertainment activities spend 2.9 hours during the week, 4.5 hours on Saturday and 4.0 hours on Sunday (Table 11). Canadians are more gregarious on the weckend. About one quarter of the population visit or entertain friends and relatives during the week ( $23 \%$ ), $39 \%$ on Saturday and almost one half on Sunday ( $46 \%$ ). Participants also socialize for a longer period of time, 2.3 hours during the week and approximately 3.5 hours on the weekend.

Onan average day, over $85 \%$ of the population spend time on media and eommunication. On weekdays, participants spend 3.4 hours and on weekends, more than 4 hours on these activities. Roughly $75 \%$ of Canadians watch television on an average day but participants watch for longer intervals on the weekend. Time spent watching television rises from 2.9 hours on a weekday to 3.5 hours on Saturday and 3.8 hours on Sunday. The proportion of the population reading books and magazines jumps from $15 \%$ during the weck to $21 \%$ on Sunday. Among participants, the time increases from about 1.5 hours during the week to 2.0

## General Social Survey, 1986

hours on the weekend (table not shown). Fewer people read the newspaper on Sunday ( $15 \%$ ) than during the rest of the week ( $19 \%$ ). Nevertheless, newspaper readers spend about one hour regardless of the day of week.

Nearly one fifth of all Canadians 15 and over participate in religious services on Sunday ( $19 \%$ ). This is an increase from 3\% during the week and 4\% on Saturday. Participants spend 1.2 hours during the week, 1.4 hours on Saturday and 1.6 hours on Sunday attending religious services.

The participation rate in sports and hobbies increases slightly on the weekend, rising from $28 \%$ during the week $1032 \%$ on the weekend. For participants, the average time spent on sports and hobbies rises from 2.5 hours during the week to 3.0 hours on Saturday and declines to 2.7 hours on Sunday.

## Age

Free time varies inversely with productive activity since time spent on personal care is fairly constant. The more time spent on work, both paid and unpaid, the less time

Figure M
Average time spent(1) on free time activities for the population 15 years and over by day of week, Canada, 1986

(1) Averaged over a 7 day week
available for leisure. Thus the trend for leisure time is the mirror image of productive activity. Free time first decreases as individuals take on more paid work and domestic responsibilities and then increases as these responsibilities diminish throughout the life cycle. Leisure activity declines from 5.4 hours per day at ages 15 to 24 to 4.6 hours for ages 35 to 44 and then climbs to 7.7 hours for ages 65 and over (Table 10 and Figure N).

As the amount of free time over the life cycle is first squeezed and then expanded, Canadians tend to sacrifice and then recoup the time allocated to media and communication activities. Media and communication time is cut from 2.9 hours for ages 15 to 24 to 2.6 hours for ages 25 to 44 and then extended to 5.0 hours for those 65 and over. Differences across age groups are largely accounted for by the amount of time spent watching television. The time spent on other categories of free time activitics appears to be essentially invariant over the life cycle although they change from more active to more passive activities within these categories.

Some of the accretion in free time for older citizens is

## General Social Survey, 1986

allocated to reading. Time spent reading expands from less than half an hour for people under 55 to nearly one hour for those 55 and over.

Younger Canadians spend more time on entertainment activities than older Canadians. Average time falls from 1.7 hours for ages 15 to 24 to 1.4 hours for ages 25 to 34 and stabilizes at about one hour for older groups. Most of this time is spent visiting with friends and family, ranging from 0.7 to 0.9 hours across the age groups.

In contrast to entertainment activities, average time spent on organizational, voluntary and religious activities increases with age, from 0.1 hours for persons 15 to 24 to approximately 0.5 hours for individuals 55 and over. The increase is concentrated in religious services and volunteer work.

Time spent participating in sports and hobbies is virtually invariant up to age 54 , averaging 0.7 hours and rises moderately, peaking at 1.2 hours for senior citizens. The emphasis shifts, however, from active sports for the younger group to domestic crafts, parlour games and walking for older individuals (Table 10).

Figure N
Average time spent(1) on free lime activities for the population 15 years and over by age group, Canada, 1986


## 1) Averaged over a 7 day week

## Size of community

People living in rural areas have hall an hour more free time each day than those living in large residential arcas, 5.8 hours and 5.3 hours, respectively (Table 10 ). Men gainslightly more free time than women by living in rural arcas. Rural men average 6.0 hours of free time while city men have 5.5 hours per day. Rural women on the other hand have 5.5 hours compared to 5.2 hours for their city counterparts.

## Living arrangement

Free time varics markedly by living arrangement, ranging from a peak of 7.2 hours for adult children ( 25 and over) living with their parent(s) to a low of 4.6 hours for peoplc living with their spouse or partner and children less than 25 (Table 10 and Figure O). Of the four categorics of free time, time spent on media and communication shows the widest variation, ranging from 4.4 hours for both adult children living with parent(s) and lone parents with children

General Social Survey, 1986

25 years or over, to 2.7 hours for those living with a partner and children under 25 years of age. Time spent on entertainment activities, primarily visiting and entertaining, ranges from a high of 2.1 hours for children 15 to 24 living with a lone parent to less than half that, 0.9 hours for a lone parent living with an adult child. Time spenton sports and hobbies shows litte variation by living arrangement, averaging less than 1 hour ( 0.8 hours). Adult children living with a parent are the one exception ( 1.3 hours). Time spent on organizational, voluntary and religious activities varics little by type of living arrangement, at about 0.3 hours.

Persons living alone reported a relatively high amount of frec time ( 6.6 hours), which may in part reflect the high number of elderly widows. People living alone are also among the top socializers, spending 1.6 hours on entertainment activities. Men and women living alone allocate their free time to much the same type of activities. The most notable difference is in time spent on domestic home crafts by women living alone.

Figure 0
Average time spent(1) on free time activities for the population 15 years and over by living arrangement, Canada, 1986



ACHw/P - Adult child (i.e., age 25+) living with parent(s)
Alone - Alone
LPw/ACH = Lone parent living with child(ren) 25+
w/SP - With spouse or partner
w/nonR - With non-relative(s)
CHw/LP - Child $15-24$ living with lone parent
CHw/BP - Child 15-24 living with both parents
LPw/CH - Lone parent living with child(ren) under 25
w/SP\&CH - Living with spouse or partner and child(ren) under 25
Other - Other

## (1) Averaged over a 7 day week

General Social Survey, 1986

Children 15 to 24 years of age who live with their parent(s) have approximately 5.6 hours per day in free time. Surprisingly, female children (aged 15 to 24) living with their parent(s) average at least one hour less frec time on an average day than male children. Residing with cither a lone parent or both parents does not affect the free time habits of male children. They tend to allocate their free time in much the same pattern. Female children of lone parents, however, have a quite different free time allocation than female children living with both parents.

Free time activities are surprisingly similar between fathers and mothers with children still at home whether they are
lone parents or not. The most notable difference is in the amount of time spent socializing by lone fathers, more than two hours while it is approximately one hour for other parents.

Lone parents with children under 25 years of age have on average, just 5.2 hours of free time, while married parents have even less, 4.6 hours. The primary difference in allocation of free time is in entertainment. Lone parents average 1.5 hours while parents with a partner have half an hour less each day. Much of this difference is spent socializing with family and friends perhaps reflecting a social support system a married parent would get at home.

## DISCUSSION

Changing socio-demographic phenomena will profoundly affect the amount of free time available to Canadians. It can be expected that there will be more free time in Canadian society as the population ages and the baby boomers begin to retire. Retired people average almost twice as much free time as the employed. A mitigating factor is the rising labour force participation rates for women, especially between the ages of 15 and 55 . When the data are examined by labour force status, employed people were found to have the least amount of free time and employed women, faced with the double burden of work and home, have the least. Employed women with young children are the most pressed. Lower fertility rates have a mixed effect on free time. While this chapter has shown the limiting effect of the presence of children on free time, lower fertility rates also mean higher labous force participation rates. Unemployment also augments available free time, especially for males. Even though female job seekers tum part of their involuntary free time to domestic duties, unemployment tends to augment available free time for both men and women.

Retirees spend more time watching television and reading, on sports and hobbies, and on organizational, voluntary and religious activity. Retirees, however, spend the least time socializing with family and friends. More research is required todetermine if this free time allocation represents a real choice on how elderly Canadians wish tospend their time, or if it is a fundamental problem in our social system, representing a lack of social and economic support.

Averaged over all days of the week and the total population, free time tends to run, for a sample of countries, between five and six hours per day. Thus, for example, free time allocations in Italy (1989), Australia (1988), Finland (1987-1988) and the United Slates (1981) are 5.1, 5.5, 5.4 and 5.9 hours per day respectively. The people of France (1985-1986), with only 4.0 hours per day, register considerably less free time. Canadians with 5.5 hours of free time, are somewhat below the United States but appear to be generally similar to the several countries reported. In general, men register higher amounts of free time than women do, as was noted above for Canada where men had about 0.5 hours per day more. However, recent analysis using data from Japan (1985), the United States (1981), Norway (1980-1981) and Australia (1988) show an equal distribution of free time in these countries (Juster and Stafford, 1990 and ABS, 1988).

Internationally, free time has been growing slowly over the past three decades (Niemi, 1990). In Finland, over the population aged 10 to 64 , free time was one bour a week higher in 1987 than it was in 1979 (Niemi and Paakkonen, 1990). Between 1975 and 1985 in France, for the population aged 18 years and over, free time was up 0.6 hours per day, 4.2 hours per week (Grimler and Roy, 1987).

TABLE 10
Average time spent ${ }^{1}$ on selected free time activities for the population 15 years and over by selected characteristics and gender, Canada, 1986

| Selected characteristics | Free time activlies |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { Total }^{2} \\ \text { Iree } \\ \text { Ilme } \\ \hline \end{gathered}$ | Organizational. voluntary and relliglous |  | Entertainment (attending) |  | Sports and hobbles (participation) |  | Media and communication |  |  |
|  |  | Total | Peligious practice | Total | Visit w friends | Total | Domestic crafts | Total | TV | Fand ${ }^{3}$ |
|  | (Hours per day) |  |  |  |  |  |  |  |  |  |
| Population 15* |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 5.5 | 0.3 | 0.1 | 1.3 | 0.8 | 0.8 | 0.1 | 3.2 | 2.3 | 0.4 |
| Male | 5.7 | 0.2 | 0.1 | 1.3 | 0.7 | 0.8 | 0.0 | 3.4 | 2.6 | 0.5 |
| Female | 5.3 | 0.3 | 0.1 | 1.3 | 0.9 | 0.7 | 0.3 | 3.0 | 2.1 | 0.4 |
| Age group 15-24 |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 5.4 | 0.1 | 0.0 | 1.7 | 0.9 | 0.7 | 0.0 | 2.9 | 23 | 0.2 |
| Male | 5.9 | 0.1 | 0.0 | 1.7 | 0.9 | 0.9 | 0.0 | 3.2 | 26 | 0.3 |
| Female | 4.9 | 0.2 | 0.0 | 1.6 | 1.0 | 0.5 | 0.1 | 2.6 | 2.0 | 0.2 |
| 25-34 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 4.8 | 0.2 | 0.0 | 1.4 | 0.9 | 0.8 | 0.1 | 2.6 | 2.0 | 0.3 |
| Male | 5.2 | 0.2 | 0.0 | 1.5 | 0.9 | 0.7 | 0.0 | 2.8 | 2.3 | 0.3 |
| Fernale | 4.4 | 0.2 | 0.1 | 1.3 | 0.9 | 0.6 | 0.2 | 2.4 | 1.7 | 0.3 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 4.6 | 0.2 | 0.1 | 1.1 | 0.7 | 0.6 | 0.1 | 2.6 | 1.9 | 0.4 |
| Male | 4.7 | 0.8 | 0.0 | 1.0 | 0.6 | 0.7 | 0.0 | 2.8 | 2.2 | 0.4 |
| Female | 4.5 | 0.3 | 0.1 | 1.2 | 0.7 | 0.6 | 0.2 | 2.4 | 1.7 | 0.3 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 5.2 | 0.3 | 0.1 | 1.0 | 0.7 | 0.6 | 0.1 | 3.2 | 2.4 | 0.4 |
| Male | 5.1 | 0.2 | 0.1 | 0.8 | 0.5 | 0.6 | 0.0 | 3.4 | 2.6 | 0.5 |
| Female | 5.3 | 0.4 | 0.1 | 1.2 | 0.8 | 0.7 | 0.2 | 3.0 | 2.1 | 0.4 |
| 55-64 0.5 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 6.2 | 0.5 | 0.1 | 1.1 | 0.8 | 0.9 | 0.3 | 3.7 | 2.7 | 0.6 |
| Male | 6.2 | 0.4 | 0.1 | 1.0 | 0.6 | 0.8 | 0.0 | 4.0 | 2.9 | 0.7 |
| Female | 6.2 | 0.5 | 0.2 | 1.2 | 0.9 | 1.1 | 0.5 | 3.4 | 2.4 | 0.5 |
| $65+$ |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 7.7 | 0.4 | 0.2 | 1.1 | 0.8 | 1.2 | 0.4 | 5.0 | 3.3 | 1.0 |
| Male | 8.0 | 0.4 | 0.2 | 1.1 | 0.8 | 1.1 | 0.0 | 5.5 | 3.7 | 1.2 |
| Female | 7.5 | 0.4 | 0.2 | 1.1 | 0.8 | 1.3 | 0.7 | 4.7 | 3.0 | 1.0 |
| Labour force status |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 4.5 | 0.2 | 0.1 | 1.2 | 0.7 | 0.5 | 0.1 | 2.5 | 1.9 | 0.4 |
| Male | 4.7 | 0.2 | 0.0 | 1.2 | 0.7 | 0.6 | 0.0 | 2.8 | 2.1 | 0.4 |
| Female | 4.1 | 0.3 | 0.1 | 1.2 | 0.8 | 0.5 | 0.1 | 2.2 | 1.5 | 0.3 |
| Looking for work 0.7 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 7.7 | 0.2 | 0.1 | 2.1 | 1.4 | 1.0 | 0.1 | 4.4 | 3.5 | 0.3 |
| Male | 8.1 | 0.2 | 0.1 | 2.2 | 1.4 | 1.2 | 0.0 | 4.5 | 3.6 | 0.4 |
| Female | 6.6 | 0.1 | 0.0 | 1.8 | 1.2 | 0.7 | 0.2 | 4.0 | 3.2 | 0.3 |
| Student |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 4.9 | 0.1 | 0.1 | 1.4 | 0.8 | 0.7 | 0.0 | 2.7 | 2.0 | 0.2 |
| Male | 5.3 | 0.2 | 0.0 | 1.4 | 0.7 | 0.9 | 0.0 | 2.9 | 2.3 | 0.2 |
| Female | 4.4 | 0.1 | 0.1 | 1.5 | 0.8 | 0.4 | 0.0 | 2.4 | 1.7 | 0.2 |
| Keeping house 0.0 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 6.0 | 0.4 | 0.1 | 1.3 | 0.9 | 1.0 | 0.4 | 3.4 | 2.5 | 0.4 |
| Male | 6.5 | 0.3 | 0.2 | 1.0 | 0.4 | 0.7 | 0.1 | 4.6 | 3.9 | 0.4 |
| Female | 6.0 | 0.4 | 0.1 | 1.3 | 0.9 | 1.0 | 0.4 | 3.4 | 2.5 | 0.4 |
| Retired |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 8.0 | 0.4 | 0.1 | 1.1 | 0.8 | 1.3 | 0.3 | 5.3 | 3.5 | 1.1 |
| Male | 8.3 | 0.4 | 0.1 | 1.1 | 0.8 | 1.2 | 0.0 | 5.6 | 3.9 | 1.1 |
| Female | 7.7 | 0.4 | 0.1 | 1.1 | 0.8 | 1.3 | 0.7 | 4.9 | 3.1 | 1.0 |
| Other |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 8.9 | 0.4 | 0.0 | 1.4 | 0.9 | 1.0 | 0.1 | 4.1 | 3.1 | 0.6 |
| Male | 7.9 | 0.4 | 0.0 | 1.3 | 0.7 | 1.3 | 0.0 | 4.9 | 3.8 | 0.8 |
| Female | 5.7 | 0.3 | 0.1 | 1.5 | 1.1 | 0.7 | 0.3 | 3.1 | 2.3 | 0.4 |
| Day of week |  |  |  |  |  |  |  |  |  |  |
| Weekday |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 4.7 | 0.2 | 0.0 | 0.9 | 0.5 | 0.7 | 0.1 | 3.0 | 2.2 | 0.4 |
| Male | 4.9 | 0.2 | 0.0 | 0.9 | 0.5 | 0.7 | 0.0 | 3.1 | 23 | 0.4 |
| Female | 4.6 | 0.2 | 0.1 | 0.9 | 0.6 | 0.7 | 0.3 | 2.8 | 2.0 | 0.4 |
| Salurday |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 7.0 | 0.2 | 0.1 | 2.4 | 1.3 | 1.0 | 0.2 | 3.5 | 2.5 | 0.5 |
| Male | 7.4 | 0.2 | 0.0 | 2.2 | 1.1 | 1.1 | 0.0 | 4.0 | 3.0 | 0.5 |
| Female | 6.7 | 0.2 | 0.1 | 2.5 | 1.5 | 0.9 | 0.3 | 3.0 | 2.1 | 0.5 |
| Sunday |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 7.5 | 0.6 | 0.3 | 2.1 | 1.6 | 0.9 | 0.1 | 3.9 | 2.9 | 0.6 |
| Male | 7.9 | 0.4 | 0.3 | 2.2 | 1.6 | 0.9 | 0.0 | 4.4 | 3.4 | 0.6 |
| Fernale | 7.0 | 0.7 | 0.3 | 2.0 | 1.6 | 0.8 | 0.3 | 3.5 | 2.4 | 0.5 |

TABLE 10
Average time spent ${ }^{\dagger}$ on selected free time activities for the population 15 years and over by selected characteristics and gender, Canada, 1986 - Concluded

| Selected characteristics | Froe time activkies |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { Tolal }^{2} \\ \text { Iree } \\ \text { time } \end{gathered}$ | Organizational, voluntary and rellgious |  | Entertainment (attending) |  | Sports and hobbies (participation) |  | Media and communicatlon |  |  |
|  |  | Total | Religious practice | Total | VE friends | Total | Domestic cratis | Total | TV | Head ${ }^{3}$ |
|  | (Hours per day) |  |  |  |  |  |  |  |  |  |
| Size of community <br> CMA/Pop. 100,000 or more |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 5.3 | 0.2 | 0.1 | 1.3 | 0.8 | 0.7 | 0.1 | 3.2 | 2.3 | 0.5 |
| Male | 5.5 | 0.2 | 0.0 | 1.2 | 0.7 | 0.7 | 0.0 | 3.3 | 2.4 | 0.5 |
| Fernale | 5.2 | 0.2 | 0.1 | 1.3 | 0.9 | 0.7 | 0.2 | 3.0 | 2.1 | 0.4 |
| CAPOP. 10,000-99,999 0.0 .30 .80 .4 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 5.5 | 0.3 | 0.1 | 1.3 | 0.8 | 0.8 | 0.2 | 3.2 | 2.4 |  |
| Male | 5.8 | 0.2 | 0.1 | 1.3 | 0.7 | 0.7 | 0.0 | 3.5 | 2.7 | 0.5 |
| Female | 5.3 | 0.3 | 0.1 | 1.2 | 0.8 | 0.8 | 0.3 | 3.0 | 2.1 | 0.4 |
| RuralPop. 9.999 or less |  |  |  |  |  |  |  |  |  |  |
| Male | 6.0 | 0.2 | 0.1 | 1.4 | 0.8 | 0.9 | 0.0 | 3.4 | 2.8 | 0.3 |
| Fernale | 5.5 | 0.4 | 0.1 | 1.3 | 0.9 | 0.9 | 0.4 | 2.9 | 2.0 | 0.4 |
| Living arrange ment ${ }^{4}$ |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| Male | 4.7 | 0.2 | 0.0 | 1.0 | 0.6 | 0.6 | 0.0 | 2.9 | 2.2 | 0.4 |
| W/ partner, no chlid(ren) under $25 \times 10.3$ |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 6.1 | 0.3 | 0.1 | 1.2 | 0.8 | 0.9 | 0.2 | 3.7 | 2.6 | 0.6 |
| Male | 6.3 | 0.4 | 0.1 | 1.1 | 0.7 | 0.8 | 0.0 | 3.1 | 3.0 2 | 0.7 |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 5.5 | 0.0 | 0.0 | 2.2 | 1.1 | 0.6 | - | 2.7 | 2.1 | 0.4 |
| Lone parent w/ chlidiren) 25* |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| Male | -- | -0. | -- | - | - | $-$ | $\because$ | $\cdots$ | -- | $\stackrel{-}{0}$ |
| Fermale | 6.3 | 0.5 | 0.1 | 0.8 | 0.6 | 0.7 | 0.4 | 4.3 | 3.2 | 0.6 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 5.5 | 0.1 | 0.0 | 1.6 | 0.9 | 0.7 | 0.0 | 3.0 | 2.4 2.6 |  |
| Male | 6.0 4.7 | 0.1 0.2 | 0.0 0.1 | 1.8 1.4 | 1.0 0.8 | 1.0 0.4 | 0.0 | 3.2 2.7 | 2.6 2.0 | 0.2 |
| Female | 4.7 | 0.2 | 0.1 | 1.4 | 0.8 | 0.4 | 0.0 | 2.7 | 2.0 |  |
| Child 15-24 w/ lone parent 0.1 |  |  |  |  |  |  |  |  |  |  |
| Bale | 6.3 | 0.3 | 0.0 | 1.7 | 1.0 | 0.8 | -- | 3.5 | 2.8 | 0.2 |
| Fernale | 5.0 | 0.1 | 0.0 | 2.4 | 1.3 | 0.4 | 0.0 | 2.2 | 1.5 | 0.1 |
| Child $25+$ w/ parent(s) |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 7.2 | 0.4 | 0.1 | 1.1 1.0 | 0.7 0.6 | 1.3 | 0.1 | 4.4 | 3.3 3.8 | 0.3 0.3 |
| Male | 7.1 | 0.1 | 0.1 | 1.0 | 0.6 | $\stackrel{-}{-}$ | -- | -- | - | -. |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 5.9 | 0.3 | 0.2 | 1.7 | 0.9 | 0.7 | 0.1 | 3.1 | 2.2 | 0.5 |
| Male | 6.0 | 0.1 | 0.1 | 1.6 | 0.8 | 0.7 | 0.0 | 3.6 | 2.6 | 0.6 |
| Female | 5.9 | 0.7 | 0.4 | 1.9 | 1.1 | 0.7 | 0.2 | 2.6 | 1.7 | 0.3 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 6.6 | 0.3 | 0.1 0.0 | 1.6 | 1.0 1.1 | 0.9 0.8 | 0.3 0.0 | 3.8 3.6 | 2.6 | 0.8 |
| Male | 6.4 | 0.2 0.3 | 0.1 0.1 | 1.8 1.4 | 1.0 | 1.0 | 0.5 | 4.0 | 2.6 | 0.9 |
| Other |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 6.5 | 0.1 | 0.0 | 1.4 | 1.1 | 1.1 | 0.4 | 3.7 | 2.8 | 0.4 |
| Male | 6.4 | 0.0 | 0.0 | 1.6 | 1.0 | 0.8 | --7 | 3.9 | 3.1 | 0.3 |
| Fernale | 6.5 | 0.2 | 0.1 | 1.3 | 1.1 | 1.4 | 0.7 | 3.7 | 2.5 | 0.5 |

[^16]TABLE 11
Average time spent ${ }^{1}$ on selected free time activities for participants 15 years and over by selected characteristics and gender, Canada, 1986

| Selocted characteristics | Free time activites |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total free time | Organizational, voluntary and rellglous |  | Entertainment (attonding) |  | Sports and hobbles (particlpation) |  | Modia and communication |  |  |
|  |  | Total | Roligious practice | Tolal | Visit w/ friends | Total | Domestic crats | Total | TV | Read ${ }^{2}$ |
|  | (Hours per day) |  |  |  |  |  |  |  |  |  |
| Populaton 15+ 20.50 .8 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 5.7 | 2.6 | 1.4 | 3.5 | 2.8 | 2.6 | 2.6 | 3.7 | 3.1 | 1.5 |
| Male | 6.0 | 2.8 | 1.4 | 3.6 | 3.0 | 2.7 | -- | 3.9 | 3.3 | 1.5 |
| Female | 5.5 | 2.5 | 1.4 | 3.3 | 2.7 | 2.5 | 2.6 | 3.4 | 2.9 | 1.4 |
| Age group 15-24 |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| Both soxes | 5.7 | 2.5 | 1.4 | 3.8 | 2.9 | 2.5 | 2.8 | 3.4 | 3.1 | 1.3 |
| Male | 6.2 | 2.7 | -- | 3.9 | 3.1 | 2.7 | -- | 3.7 | 3.4 | 1.4 |
| Female | 5.1 | 2.4 | 1.4 | 3.6 | 2.7 | 2.3 | 2.8 | 3.1 | 2.9 | 1.1 |
| 25-34 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 5.1 | 2.6 | 1.5 | 3.5 | 2.7 | 2.6 | 2.5 | 3.1 | 2.8 | 1.2 |
| Male | 5.5 | 3.0 | 1.6 | 3.9 | 2.9 | 2.8 | 25 | 3.3 | 3.1 | 1.1 |
| Female | 4.7 | 2.2 | 1.4 | 3.2 | 2.6 | 2.4 | 2.5 | 2.9 | 2.5 |  |
| 35-44 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 4.8 | 2.8 | 1.6 | 3.2 | 2.7 29 | 2.5 29 | 2.3 | 3.0 3.2 | 2.7 2.9 | 1.2 1.3 |
| Male | 5.0 | 2.7 2.9 | 1.8 | 3.3 3.2 | 2.9 2.6 | 2.9 2.2 | 2.4 | 3.2 2.9 | 2.9 2.6 | 1.3 1.1 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 5.4 | 3.1 | 1.6 | 3.2 | 2.8 | 2.4 | 2.0 | 3.6 | 3.1 | 1.3 |
| Male | 5.3 | 3.3 | -- | 3.1 | 3.0 | 2.3 | $\cdots$ | 3.9 | 3.3 | 1.4 |
| Female | 5.5 | 3.0 | 1.5 | 3.2 | 2.6 | 2.4 | 2.0 | 3.4 | 3.0 | 1.2 |
| 55-64 0.5 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 6.5 | 2.9 | 1.3 | 3.4 | 2.8 | 2.6 | 2.6 | 4.1 | 3.4 | 1.7 |
| Male | 6.5 | 3.3 | $\cdots$ | 3.5 | 2.9 | 2.5 | 26 | 4.5 | 3.6 | 1.8 |
| Female | 6.4 | 2.6 | 1.3 | 3.2 | 2.8 | 2.8 | 2.6 | 3.9 | 3.2 | 1.5 |
| $65+$ |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 7.8 8.2 | 2.2 2.2 | 1.2 | 3.3 3.3 | 2.8 | 2.8 2.6 | 3.1 | 5.3 5.7 | 3.9 4.1 | 2.2 |
| Female | 7.6 | 2.2 | 1.2 | 3.3 | 2.8 | 2.9 | 3.1 | 5.0 | 3.7 | 2.0 |
| Labour force status |  |  |  |  |  |  |  |  |  |  |
| Employed Both sexes | 4.8 | 2.8 | 1.5 | 3.6 | 2.9 | 2.4 | 2.4 | 3.0 | 2.7 | 1.2 |
| Male | 5.0 | 2.9 | 1.4 | 3.7 | 3.0 | 2.5 | -- | 3.2 | 2.9 | 1.3 |
| Female | 4.4 | 2.8 | 1.5 | 3.4 | 2.7 | 2.2 | 2.4 | 2.6 | 2.3 | 1.1 |
| Looking for work |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 7.7 | 2.9 | -- | 4.1 | 3.2 | 3.2 | - | 4.7 | 4.0 | 1.3 |
| Male | 8.1 | -. | -- | 4.3 | 3.4 | 3.4 | -- | 4.9 | 4.2 | 1.3 |
| Female | 6.7 | - | -- | 3.6 | 2.8 | 2.6 | -- | 4.2 | 3.6 | 1.3 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 5.2 5.7 | 2.1 2.6 | 1.2 | 3.4 | 3.0 | 2.5 | - | 3.4 | 3.1 | 1.4 |
| Female | 4.7 | 1.8 | .. | 3.6 | 2.5 | 2.2 | - | 2.9 | 2.6 | 1.0 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both soxes | 6.2 | 2.6 | 1.5 | 3.2 | 2.6 | 2.6 | 2.6 | 3.8 | 3.2 | 1.4 |
| Male | 6.6 | - | - | . | 6 | 6 | -* | 4.9 | 4.5 | 1.4 |
| Female | 6.1 | 2.6 | 1.5 | 3.2 | 2.6 | 2.6 | 2.6 | 3.8 | 3.2 | 1.4 |
| Retired |  |  |  |  |  |  |  |  |  |  |
| Male | 8.4 | 2.6 | 1.3 | 3.2 | 2.8 | 2.6 | $\cdots$ | 5.9 | 4.3 | 2.2 |
| Female | 7.8 | 2.1 | 1.2 | 3.1 | 2.7 | 2.9 | 2.9 | 5.2 | 3.8 | 2.2 |
| Other |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 7.3 | 3.0 | - | 3.2 | 2.7 | 3.2 | -* | 4.7 | 4.3 | 2.1 |
| Male | 8.3 | -. | ** | 3.1 | 2.2 | 3.8 | -* | 5.5 | 4.9 | 2.7 |
| Female | 6.0 | -- | -- | 3.4 | 3.1 | 2.4 | -- | 3.8 | 3.4 | 1.3 |
| Day of week |  |  |  |  |  |  |  |  |  |  |
| Weekday |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 5.0 | 2.6 | 1.2 | 2.9 | 2.3 | 2.5 | 2.6 | 3.4 | 2.9 | 1.3 |
| Male | 5.2 | 3.1 | 1.3 | 3.1 | 2.5 | 2.5 | - | 3.6 | 3.1 | 1.4 |
| Female | 4.9 | 2.4 | \$. 2 | 2.8 | 2.2 | 2.5 | 2.6 | 3.3 | 2.8 | 1.3 |
| Saturday |  |  |  |  |  |  |  |  |  |  |
| Male | 7.6 | 3.6 | $\cdots$ | 4.4 | 3.5 | 3.4 | -* | 4.5 | 3.9 | 1.8 |
| Female | 6.8 | 2.3 | 1.5 | 4.5 | 3.4 | 2.7 | 2.4 | 3.7 | 3.1 | 1.6 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 7.6 | 2.6 | 1.6 | 4.0 4.5 |  | 2.7 2.9 | 3.1 | 4.4 | 3.8 4.2 |  |
| Male | 8.3 | 2.1 | 1.5 1.6 | 4.5 3.6 | 3.7 3.2 | 2.9 2.6 | 3.2 | 4.8 | 4.2 3.4 | 1.9 1.8 |
| Female | 7.1 | 2.9 | 1.6 | 3.6 | 3.2 | 2.6 | 3.2 | 4.1 | 3.4 | 1.8 |

TABLE 11
Average time spent ${ }^{1}$ on selected free time activities for participants 15 years and over by selected characteristics and gender, Canada, 1986 - Concluded

| Selected characteristics | Free time activties |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total free time | Organizational, voluntary and religious |  | Entertalnment (attending) |  | Sports and hobbles (participation) |  | Media and communication |  |  |
|  |  | Total | Religious practics | Total | Visit w friands | Total | Domestic cratts | Total | TV | Road ${ }^{2}$ |
|  | (Hours per day) |  |  |  |  |  |  |  |  |  |
| Size of communlty <br> CMAJPOP. 100.000 of more |  |  |  |  |  |  |  |  |  |  |
| Both soxes | 5.6 | 2.6 | 1.3 | 3.6 | 2.9 | 2.4 | 2.6 | 3.6 | 3.1 |  |
| Male | 5.7 | 3.0 | 1.3 | 3.7 | 3.0 | 2.5 | $\cdots$ | 3.8 | 3.2 | 1.6 |
| Female | 5.4 | 2.4 | 1.2 | 3.5 | 2.8 | 2.3 | 2.6 | 3.4 | 2.9 | 1.3 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 5.8 6.1 | 2.4 | 1.3 1.3 | 3.4 3.5 | 2.8 3.0 | 2.7 2.7 | 2.6 | 3.7 4.0 | 3.2 3.4 | 1.4 1.5 |
| Female | 5.6 | 2.2 | 1.4 | 3.4 | 2.6 | 2.8 | 2.6 | 3.5 | 3.0 | 1.3 |
| Ruralpop. 9,999 or less 0.0 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 6.0 | 29 | 1.7 | 3.3 | 2.6 | 2.9 | 2.7 | 3.7 | 3.2 | 1.5 |
| Male | 6.3 | 2.6 | 1.5 | 3.7 | 2.8 | 3.0 | -7 | 4.0 | 3.6 | 1.4 |
| Female | 5.7 | 3.0 | 1.9 | 3.0 | 2.4 | 2.7 | 2.7 | 3.4 | 2.8 | 1.7 |
| Llving arrangement ${ }^{3}$ |  |  |  |  |  |  |  |  |  |  |
| W/ partner 8 child(ren) under 25 |  |  |  |  |  |  |  |  | 2.7 |  |
| Both sexes Male | 4.8 5.0 | 2.6 | 1.4 | 3.1 3.3 | 2.8 | 2.9 | 2.2 | 3.3 | 2.9 | 1.3 |
| Female | 4.7 | 2.4 | 1.4 | 3.0 | 2.4 | 2.2 | 2.2 | 2.9 | 2.6 | 1.1 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 6.3 6.6 | 2.6 2.8 | 1.3 1.3 | 3.5 3.6 | 2.8 2.8 | 2.5 2.4 | 2.6 | 4.2 4.6 | 3.4 3.7 | 1.7 1.8 |
| $\begin{array}{llllllll}\text { Female } \\ \text { Lone parent w/ child(ren) under } 25 & 6.0 & 2.4 & 1.2 & 3.5 & 2.8 & \\ \text { L }\end{array}$ |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| Maie | 5.9 | -- | -- | 4.1 | 2.6 |  | -- | 3.4 | 3.0 | 1. |
| Female | 5.3 | 2.9 | .- | 3.3 | 2.7 | 2.5 | -. | 3.3 | 2.9 | 1.4 |
| Lone parent w/ child(ren) $25+$ 2.9 5.3 |  |  |  |  |  |  |  |  |  |  |
| Male | -* | -- | -- | -- | - | $\cdots$ | -- | 1 | - | $\cdots$ |
| Female | 6.5 | -- | -. | -- | - | - | -- | 5.1 | 4.9 | -- |
| Child 15-24 W/ both parents 30.383 .36 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 5.8 | 2.6 | - | 3.8 | 3.1 | 2.6 | -- | 3.5 | 3.2 | 1.2 |
| Male | 6.5 | - | -- | 4.0 | 3.4 | 2.9 | -* | 3.7 | 3.4 | 1.3 |
| Female | 5.0 | 2.6 | - | 3.4 | 2.8 | 2.0 | *- | 3.2 | 2.9 | 1.1 |
| Child 15-24 w/ tone parent 30.70 .8 |  |  |  |  |  |  |  |  |  |  |
| Male | 6.4 | -. | -- | 4.5 | 3.4 | 2.3 | -- | 3.6 | 3.2 | -- |
| Female | 5.1 | -. | -- | 4.7 | 3.1 | -- | -- | 2.8 | 2.4 | -- |
| Child $25+$ w/ parent(s) 4.0 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 7.4 | -- | -- | - | -- | - | - | 4.9 | 4.6 | -- |
| Male | 7.3 | -- | -- | " | - | - | -- | 5.3 | 5.1 | -. |
|  | - | -- | -- | - | - | - | -- | -" | -- | - |
| Wht non-relathe(s) only 30.10 .7 |  |  |  |  |  |  |  |  |  |  |
| Male | 6.2 | -- | -- | 3.7 | 2.6 | 2.5 | -- | 4.2 | 3.8 | 2.1 |
| Female | 6.1 | -- | -- | 3.8 | 2.7 | 2.8 | -- | 3.3 | 2.8 | 1.1 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 6.8 | 2.5 | 1.2 | 3.4 | 2.8 | 2.8 | 3.1 | 4.4 | 3.5 | 1.9 |
| Male | 6.7 | 3.4 |  | 3.7 | 3.1 | 2.8 | -- | 4.2 | 3.6 | 1.8 |
| Female | 6.9 | 2.2 | 1.3 | 3.2 | 26 | 2.8 | 3.0 | 4.5 | 3.4 | 2.0 |
|  |  |  |  |  |  |  |  |  |  |  |
| Male | 6.5 | *. | -- | 3.8 | 3.2 | 2.1 | -- | 4.2 | 4.0 | -- |
| Female | 6.6 | .. | -- | 4.0 | 3.9 | 3.7 | -- | 4.3 | 3.5 | 1.9 |

[^17]2 includes reading books and magazines (code 93) and newspapers (code 94).
3 "Children" and "Child" reter only to slngle children (L.e., those never marrled) living at home.

TABLE 12
Participation rate in selected free time activities for the population 15 years and over by selected characteristics and gender, Canada, 1986

| Selected characteristics | Free time activities |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total free lime | Organizational, voluntary and religious |  | Entertainment (attending) |  | Sports and hobbies (participation) |  | Media and communication |  |  |
|  |  | Total | Religions practice | Total | Visit wi friends | Total | Domestic craths | Total | TV | Read ${ }^{1}$ |
|  | (Percent) |  |  |  |  |  |  |  |  |  |
| Population 15+ |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 96 | 10 |  |  |  |  |  |  | 75 | 30 |
| Male | 95 | 8 | 4 | 35 | 25 | 29 | $\because$ | 88 | 77 | 30 |
| Female | 96 | 12 | 7 | 39 | 32 | 30 | 11 |  |  |  |
| Age group |  |  |  |  |  |  |  |  |  |  |
| 15-24 Both soxes |  |  |  | 44 | 32 | 27 | 1 | 85 | 73 | 18 |
| Both sexes Male | 95 | 5 | 3 | 44 | 29 | 32 | 1 | 96 | 76 | 19 |
| Female | 95 | 6 | 4 | 45 | 36 | 22 | 2 | 84 | 70 | 17 |
| 25-34 ${ }^{\text {2 }}$ |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 94 | 7 | 3 | 40 39 | 32 | 25 24 | 3 - | 83 84 | 71 73 | 24 23 |
| Female | 95 | 7 | 4 | 40 | 35 | 26 | 6 | 83 | 68 | 26 |
| $35-44$ |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | $\begin{aligned} & 95 \\ & 94 \end{aligned}$ | 8 5 | -. | 34 31 |  |  | $5$ |  |  |  |
| Male Female | $\begin{aligned} & 94 \\ & 95 \end{aligned}$ | 5 | $-6$ | 31 37 | 22 | $\begin{aligned} & 24 \\ & 28 \end{aligned}$ | $9$ | 88 85 | 74 68 | 30 31 |
| 45-54 |  |  |  |  |  |  |  |  |  |  |
| Boll sexes | 96 | 11 | 7 | 31 | 24 | 27 | 6 | 88 | 75 | 34 |
| Male | 96 | ${ }_{4}^{7}$ | 10 | 26 | 17 | 26 | 11 | 89 | 78 | 38 |
| Female | 96 | 15 | 10 | 36 | 30 | 27 | 11 |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 96 95 | 13 | 9 | 29 | 28 | 33 | 1 | 89 | 81 | 42 |
| Female | 97 | 20 | 13 | 37 | 34 | 39 | 20 | 89 | 77 | 36 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 98 98 | 17 | 13 12 | 34 | 28 | 42 | 14 | 95 | 88 | 53 |
| Female | 99 | 18 | 13 | 33 | 29 | 44 | 23 | 92 | 82 | 47 |
| Labour force status |  |  |  |  |  |  |  |  |  |  |
| Employed Both sexes |  |  |  | 34 | 25 |  | 2 | 84 | 71 | 29 |
| Both sexes Male | 94 | 6 | 3 | 33 | 23 | 23 | -- | 85 | 74 | 29 |
| Female | 94 | 9 | 6 | 36 | 28 | 22 | 6 | 82 | 65 | 28 |
| Looking for work |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 99 99 | 7 | -- | 51 51 | 42 | 33 35 | -- | 93 92 | 87 86 | 25 28 |
| Female | 99 | .- | .. | 51 | 44 | 27 | -- | 93 | 89 | 20 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 93 94 | 7 6 | - | 40 | 29 25 | 28 35 | $\because$ | 87 | 74 | 18 |
|  | 93 | 8 | -- | 41 | 33 | 19 | -- | 81 | 66 | 18 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 98 | 14 | 8 | 40 | 35 - | 37 | 15 | 90 93 | 78 87 | 31 |
| Female | 98 | 14 | 8 | 41 | 35 | 37 | 16 | 90 | 78 | 31 |
| Retired |  |  |  |  |  |  |  |  |  |  |
| 8oth sexes Male | 99 | 16 16 | 10 9 | 34 | 27 | 46 | -- | 96 | 90 | 53 |
| Female | 99 | 16 | 12 | 36 | 32 | 46 | 23 | 94 | 82 | 48 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 95 94 | 12 | -- | 42 | 33 30 | 32 | -- | 87 90 | 74 78 | 28 28 |
| Female | 95 | -- | -- | 44 | 37 | 30 | .. | 84 | 68 | 28 |
| Day of week |  |  |  |  |  |  |  |  |  |  |
| Weekday |  |  |  |  |  |  |  | 87 | 75 | 30 |
| Both sexes Male | 95 94 | 8 6 | 2 | 29 | 21 | 28 | -- | 87 | 77 | 31 |
|  |  |  |  |  |  |  |  |  |  |  |
| Saturday |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 98 | 8 6 | 4 | 50 | 32 | 31 | - | 88 | 77 | 29 |
| $\begin{array}{lllllllllll}\text { Female } & 99 & 90 & 5 & 57 & 45 & 32 & \\ \text { Sunday }\end{array}$ |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 98 96 | 21 18 | 19 | 50 | 42 | 32 | - | 91 | 81 | 33 |
| Female | 99 | 24 | 21 | 55 | 49 | 32 | 8 | 86 | 71 | 30 |

TABLE 12
Participation rate in selected free time activities for the population 15 years and over by selected characteristics and gender, Canada, 1986 - Concluded

| Selected characteristics | Free time activiles |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total free time | Organlzational, voluntary and religious |  | Entertalnment (attending) |  | Sports and hobbles (panticipation) |  | Media and communication |  |  |
|  |  | Total | Religious practice | Total | Visit w/ friends | Total | Domestic crafts | Total | TV | Read ${ }^{1}$ |
|  | (Percent) |  |  |  |  |  |  |  |  |  |
| Size of communityCMA/Pop 100 000 or more |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 96 | 9 | 5 | 36 | 28 | 29 | 5 | 87 | 74 | 33 |
| Male | 95 | 7 | 3 | 34 | 24 | 29 | -- | 88 | 76 | 34 |
|  | 96 | 10 | 7 | 38 | 31 | 28 | 9 | 87 | 72 | 31 |
| CA/Pop. 10,000-99,999 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 95 | 11 | 7 | 37 | 28 | 28 | 6 | 87 | 75 | 31 |
| Male | 94 | 9 | 5 | 37 | 25 | 27 | -. | 89 | 79 | 31 |
| Female | 95 | 13 | 8 | 37 | 31 | 30 | 11 | 85 | 72 | 31 |
| Rural/Pop.9,999 or less |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 96 | 11 | 6 | 41 | 33 | 32 | 8 | 86 | 75 | 23 |
| Male | 95 | 8 | $5$ | 38 | 29 | 31 | -- | 86 | 79 | 21 |
| Female | 96 | 14 |  | 44 | 36 | 33 | 15 | 85 | 72 | 25 |
| Living arrangement ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |
| W/ partner \& child(ren) under 25 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 95 | 9 | 5 | 32 | 24 | 25 | 5 | 87 | 74 | 29 |
| Male | 95 | 7 | 3 | 29 | 20 | 22 | -- | 87 | 77 | 30 |
| Female | 95 | 12 | 7 | 36 | 29 | 28 | 40 | 86 | 70 | 28 |
| W/ partner, no child(ren) under 25 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 96 | 12 | 7 | 34 | 29 | 34 | 8 | 88 | 78 | 37 |
| Male | 96 | 12 | 7 | 31 | 24 | 33 | - | 89 | 81 | 40 |
| Female | 96 | 12 | 8 | 38 | 34 | 35 | 15 | 87 | 75 | 34 |
| Lone parent w/ chlld(ren) under 25 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 95 | 7 | -- | 42 | 36 | 26 | -- | 87 | 73 | 24 |
| Male | 93 | $\cdots$ | - | 53 | 42 | $\bigcirc$ | -- | 78 | 69 | $\cdots$ |
| Female | 95 | 8 | -- | 39 | 34 | 25 | -- | 89 | 74 | 24 |
| Lone parent w/ chlld(ren) 25+ |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 97 | -* | -* | "* | $\cdots$ | $\cdots$ | * | 85 | 68 | -* |
| Male | $\because$ | -* | ** | -- | - | $\cdots$ | -* | - | * | -- |
| Female | 97 | - | - | -* | - | - | $\cdots$ | 84 | 66 | - |
| Child 15-24 w/ both parents |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 94 | 5 | - | 42 | 29 | 28 | ** | 85 | 75 | 18 |
| Male | 93 | -- | -. | 44 | 28 | 34 | -- | 86 | 78 | 19 |
|  | 95 | 8 | -. | 40 | 30 | 21 | -- | 84 | 71 | 17 |
| Child 15-24 wi lone parent |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 99 | -- | -- | 44 | 35 | 28 | - | 87 | 74 | 18 |
| Male | 99 | -- | -- | 38 | 28 | 36 | -- | 96 | 86 | -- |
|  | 99 | -- | -- | 51 | 41 | - | -- | 78 | 63 | -- |
| Child $25+$ w/ parent(s) |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 97 | -* | -- | -- | - | -- | -- | 89 | 73 | $\cdots$ |
| Male | 97 | -- | - | -- | - | - | -. | 89 | 75 | -- |
|  | -. | -" | -* | -- | - | $\cdots$ | - | -- | -- | -- |
| Whith non-relative(s) only |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 96 | -- | -* | 46 | 35 | 27 | -- | 83 | 64 | 29 |
| Male | 96 | -- | -* | 44 | 32 | 28 | -- | 84 | 69 | 29 |
| Female | 97 | -- | -* | 49 | 39 | 25 | -" | 81 | 60 | 29 |
| Alone ${ }^{\text {a }}$ |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 97 | 11 | 7 | 46 | 37 | 34 | 10 | 88 | 74 | 39 |
| Male | 96 | $6$ | $\cdots$ | $48$ | 35 | 30 | $\cdots$ | 86 | 70 | 34 |
| Female | 98 | 14 | 10 | 44 | 38 | 37 | 16 | 89 | 77 | 42 |
| Other |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 98 | -- | "* | 37 | 30 | 38 | -" | 87 | 75 | 23 |
| Male | 97 | *- | *- | 43 | 32 | 39 | - | 92 | 80 | $\cdots$ |
| Female | 98 | -- | -- | 33 | 29 | 36 | -- | 84 | 72 | 25 |

1 Includes reading books and magazines (code 93) and newspapers (code 94).
2 "Child ren" and "Child" reter only to single children (i.e., those never married) living at home.

## CHAPTER 3

## TIME USE BY LOCATION AND SOCIAL CONTACTS

This chapter focuses on the time Canadians spend at various locations and the time spent with various social contacts.

### 3.1 LOCATION OF ACTIVITIES

## HIGHLIGHTS

- On an average day, Canadians aged 15 years and over spend 15.7 hours at home.
- Time spent at home increases continually with age, from an average of 14.1 hours for persons 15 to 24 years of age, to 19.3 hours per day for persons 65 years and over.
- Time spent at home remains fairly constant for males up to age 55 , however, time spent for females increases gradually with age.
- Children 15 to 24 years of age who live with a lone parent, spend an average of 13 hours per day at home, less time than any other individuals.
- Whether Canadians drive or use public transit, they spend about the same amount of time on transportation. The $69 \%$ of the population who travel by car average 1.3 hours per day, about the same time as the $11 \%$ of the population who use public transportation.


## METHODS

The location of each activity was recorded in the diary (GSS 2-2, Section D). Since an individual could only be
one place at a time, the sum of time spent totalled across all locations is 24 hours. The data recorded permits the identification of the following three fixed site and five travel location categories: (1) at tespondent's home, (2) at work place, (3) at other place, (4) in car, (5) walking, (6) on bus or subway, (7) in other transit (e.g. bicycle), (8) in transit - not stated. When the location was not specified and could not be derived, code 9 , Not stated, was used.

## RESULTS

Text Table L and Figure P show that Canadians aged 15 years and over spend an average of 15.7 hours per day at home, 2.6 hours at work and 3.6 hours per day at "other places". Total transit time averages 1.4 hours per day with the major portion, 0.9 hours, spent in a car. Men average less time at home and more time at each other location than women do. The data suggest that labour force status has an important factor influence on where people spend their time.

## Age

Time spent at various locations varics by age. Individuals aged 15 to 24 spend the least time at home, an average of 14.1 hours per day, and the mosi time in other places (i.e. neither at home nor at work), 5.5 hours (Table 13 and Figure Q). This reflects, among other things, the amount of time spent at school. Men in each of the three age groups between 15 and 44 average the same amount of

TEXT TABLE L
Average time spent ${ }^{1}$ at various locations for the population 15 years and over and participants and participation rate by gender, Canada, 1986

| Locations | Population 15+ |  |  | Participants |  |  | Participation rate |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | Total | Male | Female | Total | Male | Female |
|  | (Hours per day) ${ }^{2}$ |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Population 15+ | 24.0 | 24.0 | 24.0 | 24.0 | 24.0 | 24.0 | 100 | 100 | 100 |
| Home | 15.7 | 14.5 | 16.7 | 15.9 | 14.8 | 16.9 | 99 | 99 | 99 |
| Work | 2.6 | 3.3 | 1.9 | 7.4 | 7.8 | 7.0 | 35 | 43 | 27 |
| Other places | 3.6 | 3.8 | 3.4 | 4.9 | 5.1 | 4.7 | 73 | 74 | 72 |
| Transit |  |  |  |  |  |  |  |  |  |
| Total(2) | 1.4 | 1.6 | 1.2 | 1.6 | 1.8 | 1.4 | 86 | 90 | 83 |
| Car | 0.9 | 1.1 | 0.8 | 1.3 | 1.4 | 1.2 | 69 | 74 | 65 |
| Foot | 0.2 | 0.2 | 0.2 | 0.8 | 0.9 | 0.7 | 25 | 24 | 26 |
| Bus/Subway | 0.1 | 0.1 | 0.2 | 1.3 | 1.3 | 1.2 | 11 | 10 | 13 |
| Other transit | 0.2 | 0.2 | 0.1 | 1.1 | 1.4 | 0.8 | 14 | 16 | 12 |
| Not stated | 0.8 | 0.8 | 0.8 | 4.0 | 4.1 | 3.9 | 20 | 19 | 20 |

[^18]Figure $P$
Average time spent(1) at various locations for the population 15 years and over, Canada, 1986

(1) Averaged over a 7 day week

General Social Survey, 1986

Figure Q
Average time spent(1) at various locations for the population 15 years and over by age group, Canada, 1986

(1) Averaged over a 7 day week
time at home, 13.7 hours per day. This regularity is achieved by offsetting male differences in time spent in other locations among age groups. The amount of time women spend at home increases with age. There is a sharp jump in the time spent at home by women for the age group 25 to 34, reflecting increased time spent at domestic responsibilities. Time at home increases for both men and women at age group 55 to 64 and again for those over 65 reflecting the retirement years.

The amount of time spent at the workplace is fairly constant between 25 and 54 years of age, ranging from 3.2 hours to 3.5 hours. For women the time at work is highest for the 25 to 34 year age group and for men it is highest for the 35 to 44 year old age group. Approximately 45 percent of Canadians between the ages of 25 and 44 were at a workplace on an average day (Table 15). Both time speni and presence at the workplace are somewhat diminished for the age group 55 to 64 who, on an average day, average 1.9 hours there ( 2.9 hours for men and 1.0 for women). Approximately 27 percent of this age group were at a workplace on an average day. The age group 65 and over registers only 0.3 hours per day at the work place. This reflects the fact that only 6 percent of the total population 65 years of age and over recorded being at a workplace.

Examination of time allocated by Canadians actually at a workplace on diary day (i.e. participants) reveals that an average of 7.4 hours are spent there (Table 14). Age has relatively little effect on the amount of time participants spend at the workplace. Excluding the age group 65 and over, which averages only 5.0 hours at the workplace, time at the workplace ranges from 7.1 hours for Canadians aged 55 to 64 , to 7.7 hours for Canadians aged 25 to 34 .

On an average day, 73 percent of Canadians spend time at a place other than home, work or transit (Table 14). Those that do, average 4.9 hours per day at such locations (Table 13). There is very little variability across age groups in the amount of time spent at other places, with the exception of Canadians aged 15 to 24. This group (for whom school could be a major location) averages 6.6 hours per day at places other than home, work or in transit. Time recorded by other age groups actually at other places, only ranges from 4.0 hours for Canadians aged 65 and over to 4.6 hours for Canadians aged 25 to 34 .

## Labour force status

Individuals working for pay, spend the least time at home, 13.7 hours per day, and retired individuals and people keeping house average the most (roughly 19.2 hours per day) (Table 13). In general, while women in all labour
force groups spend more time at home, group by group the differences in time spent between men and women are not large. This suggests that gender differences in time spent at home observed elsewhere are highly influenced by gender differences in labour force status. Additionally, there is litule gender difference, across labour force status groups in time spent at places other than home, work or transit. Males who are working or looking for work spend more time than their female counterparts in other places, while females keeping house, retired or other, spend more time in other places than comparable males. These relationships are mirrored among participants as well (Table 14).

## Living arrangement

The amount of time spent at home varies greatly according to living arrangements. Single children aged 15 to 24 and living in one parent families spend the least time at home, an average of 13 hours per day, and lone parents living with children aged 25 or more spend the most time at home, an average of 18.7 hours per day (Table 13). Both male and female lone parents with younger children spend less time at home (averaging 13.3 and 16.2 hours per day) than do male and female parents living with a partner and a child(ren) ( 14.1 and 17.4 hours per day). For single children 15 to 24 living in lone parent families, a reduced participation rate (only 95 pereent of children living with a lone parent, Table 15) suggests that the lower amount of time at home could arise from the faet that the child is spending time with the other parent away from their regular home. Upon observing only those who are at home, once again it is the group "children 15 to 24 years and living with a lone parent", that spend the least amount of time there (an average of 13.6 hours per day). This is about one-half an hour less time at home than for persons in any other living arrangement.

Time at work is greatest for individuals living with a partner and a child, an average of 3.2 hours per day. Lone parents with younger children were second, averaging 2.8 hours per day at work (Table 13). Regardless of living arrangement, women spend less time at a workplace than men reflecting women's lower rate of participation in the labour force and higher rate of part-time employment.

Time spent at other places is significantly greater for children 15 to 24 living with lone parents, an average of 6.9 hours per day. Female children of lone parents average 7.6 hours and comparable males average 6.3 hours per day in places other than home, work or transit. The next greatest amount of time at other places is the 5.7 hours spent by children 15 to 24 living with two parents. The great amount of time away from home for these
groups reflects, partially, their time at school.

## Day of week

Not surprisingly, Canadians spend the least amount of time at home on weekdays, averaging 15.2 hours per day and the most time at home on Sundays, an average of 17.7 hours (Table 13). Conversely, time spent at work is greatest on weekdays, 3.3 hours and least on Sundays 0.7 hours. Persons actually at work on weekend days, i.e. participants, spend less time there, 6.2 hours on Saturday and 5.9 hours on Sunday, than is spent at work on weekdays (Table 14). Time spent at work, by those males actually working weekends, is virtually equal on Saturday and Sunday, 6.3 and 6.4 hours respectively. Women reporting spending some time at work, average somewhat fewer hours on Sundays, 4.8 , than on Saturdays, 6.1. Overall, 14 percent of the population spends time at a workplace on Saturdays and 13 percent spend time there on Sundays (Table 15).

Time spent at places other than home or work, is significantly greater on Saturdays (an average of 4.8 hours) than on either weekdays ( 3.3 hours) or Sundays ( 3.7 hours).

Total transit time is fairly constant throughout the week at 1.4 hours Monday through Saturday, and 1.1 hours on Sunday. While $14 \%$ of the population travel by bus or subway on weekdays, only $7 \%$ do so on Saturday and $5 \%$ on Sunday. This decline suggests that some other mode of transportation is used for weekend travel. Travel by car is most popular, varying only slightly from a $66 \%$ participation rate on Sunday to $70 \%$ on weekdays and $72 \%$ on Saturday.

## Size of community

The amount of time spent at home increases as urban size decreases, (Table 13). This is equally true for men and women. Persons living in Census Metropolitan Areas (CMAs) of 100,000 or more average 15.5 hours at home compared to 16.2 hours for persons in small urban and rural areas. Actually, persons living in middle-sized urban areas spend only slightly more time at home, 15.6 hours, than persons in large urban areas. Time spent at the work place, in contrast, declines as the size of the community decreases. Again there is little difference between large and middle size urban areas, averaging 2.7 hours and 2.6 hours per day at a work place respectively. Persons living in small urban and rural areas average only 2.2 hours at a workplace other than their home.

Time spent at places other than home, work or transit does not differ much among communities of different sizes. It ranges only from an average of 3.5 hours per day in small
urban and rural areas to 3.7 hours in middle sized urban areas.

Contrary to popular opinion, travel time differs little among communities of different sizes. On average, the amount of time allocated to travel for people in large urban, middle urban and small urban and rural communities is $1.4,1.3,1.4$ hours per day respectively. Participation in travel is, however, lower in the smaller areas, 82 percent compared with 88 percent in both larger size groupings (Table 15). Persons who do travel average approximately 1.6 hours a day in both large urban and small urban and rural areas (Table 14).

## DISCUSSION

Averaged over all Canadians aged 15 years and over, the major portion of the day is spent at home, the next largest portion is spent at places other than home or work, and the least time is spent at a workplace. The focus of the activity of Canadians is related both to personal characteristics such as age and to characteristics such as their living arrangements, the size of community in which they live and the day of the week. Given these, and other characteristics, the amount of time spent in particular settings can vary greatly. Specific observations, noted above, such as the lower home time of children in lone parent households and the high home time of retired individuals, are indicative of social issues deserving further study.

TABLE 13
Average time spent ${ }^{1}$ at various locations for the population 15 years and over by selected characteristics and gender, Canada, 1986

| Selected characteristics | Location |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total ${ }^{2}$ | Home | Work | Oher places |  |  | Transt |  |  | Not sated |
|  |  |  |  |  | Total ${ }^{2}$ | Car | Foot | Bus/Sub. | Other |  |
|  | (Hours per day) |  |  |  |  |  |  |  |  |  |
| Population 15* |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 15.7 | 2.6 | 3.6 | 1.4 | 0.9 | 0.2 | 0.1 | 0.2 | 0.8 |
| Male | 24.0 | 14.5 | 3.3 | 3.8 | 1.6 | 1.1 | 0.2 | 0.1 | 0.2 | 0.8 |
| Female | 24.0 | 16.7 | 1.9 | 3.4 | 1.2 | 0.8 | 0.2 | 0.2 | 0.1 | 0.8 |
| Age group |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 24.0 | 14.1 13.7 | 2.2 2.5 | 5.5 5.6 | 1.5 1.5 | 0.7 0.8 | 0.2 0.3 | 0.3 0.3 | 0.2 | 0.7 |
| Male | 24.0 24.0 | 13.7 14.6 | 2.5 | 5.6 5.3 | 1.5 1.4 | 0.8 0.7 | 0.3 0.2 | 0.3 0.4 | 0.2 0.1 | 0.7 0.7 |
| 25-34 | 24.0 | 14.6 | 1.8 | 5.3 |  | 0.7 | 0.2 | 0.4 | 0.1 |  |
| Both sexes | 24.0 | 14.9 | 3.5 | 3.4 | 1.5 | 1.0 | 0.2 | 0.1 | 0.2 | 0.7 |
| Male | 24.0 | 13.7 | 4.2 | 3.7 | 1.7 | 1.2 | 0.2 | 0.1 | 0.3 | 0.7 |
| Female | 24.0 | 16.1 | 2.8 | 3.1 | 1.3 | 0.8 | 0.2 | 0.1 | 0.1 | 0.8 |
| 35-44 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 15.1 | 3.4 | 3.1 | 1.5 | 1.1 | 0.1 | 0.1 | 0.2 | 0.8 |
| Male | 24.0 | 13.7 | 4.4 | 3.3 | 1.8 | 1.3 | 0.1 | 0.1 | 0.3 | 0.8 |
| Female | 24.0 | 16.5 | 2.5 | 2.9 | 1.2 | 0.9 | 0.1 | 0.1 | 0.1 | 0.9 |
| 45-54 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 15.4 | 3.2 | 2.9 | 1.4 | 1.0 | 0.2 | 0.1 | 0.1 | 1.0 |
| Male | 24.0 | 13.9 | 4.3 | 3.0 | 1.6 | 1.2 | 0.2 | 0.1 | 0.2 | 1.1 |
| Female | 24.0 | 16.9 | 2.1 | 2.9 | 1.2 | 0.8 | 0.2 | 0.1 | 0.1 | 0.9 |
| 55-64 04.0 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 17.1 | 1.8 | 3.0 | 1.3 | 0.8 | 0.2 | 0.1 | 0.1 | 0.7 |
| Male | 24.0 | 15.9 | 28 | 3.0 | 1.5 | 1.0 | 0.2 | 0.1 | 0.1 | 0.7 |
| Fernale | 24.0 | 18.2 | 1.0 | 3.1 | 1.1 | 0.7 | 0.2 | 0.1 | 0.1 | 0.7 |
| $65+$ |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 19.3 | 0.3 | 2.5 | 1.0 | 0.6 | 0.2 | 0.1 | 0.0 | 0.9 |
| Male | 24.0 | 18.8 | 0.5 | 2.6 | 1.2 | 0.8 | 0.3 | 0.1 | 0.0 | 0.9 |
| Fermale | 24.0 | 19.7 | 0.2 | 2.5 | 0.8 | 0.5 | 0.2 | 0.1 | 0.1 | 0.8 |
| Labour force status |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 13.7 | 4.8 | 3.2 | 1.6 | 1.1 | 0.1 | 0.1 | 0.2 | 0.7 |
| Male | 24.0 24.0 | 13.3 14.3 | 5.0 4.4 | 3.3 | 1.7 | 1.2 0.9 | 0.1 | 0.1 | 0.1 | 0.8 |
| Looking for work |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 16.5 | 0.4 | 4.6 | 1.5 | 0.8 | 0.3 | 0.1 | 0.2 | 0.9 |
| Male | 24.0 | 16.2 | 0.4 | 4.7 | 1.6 | 0.9 | 0.4 | 0.1 | 0.2 | 1.0 |
| Female | 24.0 | 17.4 | 0.2 | 4.5 | 1.3 | 0.7 | 0.1 | 0.2 | 0.2 | 0.5 |
| Student |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 14.3 | 0.6 | 6.9 | 1.4 | 0.6 | 0.3 | 0.4 | 0.1 | 0.8 |
| Male | 24.0 | 14.1 | 0.7 | 7.0 | 1.3 | 0.6 | 0.3 | 0.3 | 0.1 | 0.8 |
| Fomale | 24.0 | 14.5 | 0.5 | 6.8 | 1.5 | 0.6 | 0.3 | 0.5 | 0.1 | 0.7 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 24.0 24.0 | 19.2 18.5 | 0.2 0.2 | 2.8 2.7 | 1.0 1.4 | 0.7 0.8 | 0.2 0.2 | 0.1 | 0.1 0.3 | 0.8 1.2 |
| Fermale | 24.0 | 19.2 | 0.2 | 2.8 | 1.0 | 0.7 | 0.2 | 0.1 | 0.1 | 0.8 |
| Retired |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 19.3 | 0.1 | 2.7 | 1.1 | 0.6 | 0.3 | 0.1 | 0.1 | 0.9 |
| Male | 24.0 | 18.9 | 0.2 | 2.7 | 1.3 | 0.8 | 0.4 | 0.1 | 0.1 | 0.9 |
| Female | 24.0 | 19.7 | 0.0 | 2.7 | 0.8 | 0.4 | 0.2 | 0.1 | 0.1 | 0.9 |
| Other |  |  |  |  |  |  |  |  |  |  |
| Bath sexes | 24.0 | 17.1 | 0.7 | 3.5 | 1.3 | 0.7 | 0.3 | 0.1 | 0.2 | 1.3 |
| Malo | 24.0 | 17.0 | 0.7 | 3.4 | 1.5 | 0.8 | 0.3 | 0.1 | 0.3 | 1.4 |
| Female | 24.0 | 17.2 | 0.8 | 3.6 | 1.1 | 0.6 | 0.2 | 0.1 | 0.2 | 1.2 |
| Day of week |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 15.2 | 3.3 | 3.3 | 1.4 | 0.9 | 0.2 | 0.2 | 0.2 | 0.8 |
| Male | 24.0 | 13.9 | 4.2 | 3.5 | 1.7 | 1.1 | 0.2 | 0.1 | 0.2 | 0.8 |
| Female | 24.0 | 16.4 | 2.4 | 3.2 | 1.2 | 0.7 | 0.2 | 0.2 | 0.1 | 0.8 |
| Saturday |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 24.0 | 16.2 15.5 | 0.9 | 4.6 5.0 | 1.4 | 1.0 8.1 | 0.2 0.2 | 0.1 | 0.2 0.2 | 0.7 0.7 |
| Female | 24.0 | 16.8 | 0.6 | 4.6 | 1.3 | 0.9 | 0.2 | 0.1 | 0.1 | 0.8 |
| Sunday |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 17.7 | 0.7 | 3.7 |  | 0.8 0.8 | 0.2 | 0.1 0.0 | 0.1 |  |
| Male | 24.0 | 16.8 | 1.1 | 3.9 3.4 | 1.2 1.0 | 0.8 0.7 | 0.2 0.2 | 0.0 0.1 | 0.1 0.1 | 0.9 |
| Female | 24.0 | 18.4 | 0.4 | 3.4 | 1.0 | 0.7 | 0.2 | 0.1 | 0.1 | 0.7 |

TABLE 13
Average time spent ${ }^{1}$ at various locations for the population 15 years and over by selected characteristics and gender, Canada, 1986 - Concluded

| Selected characteristics | Location |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Tolal ${ }^{2}$ | Home | Work | Other places |  | Transt |  |  |  | Not stated |
|  |  |  |  |  | Tolal ${ }^{2}$ | Car | Foot | Bus/Sub. | Other |  |
|  | (Hours per day) |  |  |  |  |  |  |  |  |  |
| Slze of community |  |  |  |  |  |  |  |  |  |  |
| CMANPop. 100,000 or more |  |  |  |  | 1.4 | 0.9 | 0.2 | 0.2 | 0.1 | 0.8 |
| Both sexes Male | 24.0 24.0 | 15.5 14.4 | 2.7 3.5 | 3.6 | 1.6 | 1.1 | 0.2 | 0.2 | 0.2 | 0.7 |
| Female | 24.0 | 16.5 | 2.0 | 3.4 | 1.3 | 0.8 | 0.2 | 0.2 | 0.1 | 0.8 |
| CAPPop. 10,000-99,999 |  |  |  |  |  |  |  | 0.1 | 0.1 | 0.8 |
| 80 th sexes Male | 24.0 24.0 | 15.6 14.5 | 2.6 3.4 | 3.7 3.8 | 1.3 1.4 | 0.9 1.0 | 0.2 0.2 | 0.1 0.0 | 0.2 | 0.8 |
| Female | 24.0 | 16.6 | 1.9 | 3.6 | 1.1 | 0.8 | 0.2 | 0.1 | 0.1 | 0.8 |
| Rural/Pop. 9,999 or less |  |  |  |  | 1.4 | 0.9 | 0.2 | 0.1 | 0.2 | 0.7 |
| Both sexes Male | 24.0 24.0 | 16.2 15.0 | 2.28 | 3.5 | 1.4 | 1.1 | 0.2 | 0.1 | 0.4 | 0.7 |
| Fernale | 24.0 | 17.2 | 1.6 | 3.3 | 1.1 | 0.7 | 0.2 | 0.1 | 0.1 | 0.8 |
| Living arrangement ${ }^{3}$ |  |  |  |  |  |  |  |  |  |  |
| W/ partner \& child(ren) under 25 Both sexes | 24.0 | 15.7 | 3.2 | 2.9 | 1.4 | 1.0 | 0.1 | 0.1 | 0.2 | 0.8 |
| Both ${ }^{\text {Male }}$ ( | 24.0 | 14.1 | 4.3 | 3.1 | 1.7 | 1.2 | 0.1 | 0.1 | 0.3 | 0.8 |
| Female | 24.0 | 17.4 | 2.0 | 2.6 | 1.2 | 0.9 |  |  |  |  |
| W/ parner, no chlld(ren) under 25 | 24.0 | 18.6 | 2.2 | 3.1 | 1.3 | 0.8 | 0.2 | 0.1 | 0.1 | 0.8 |
| Male | 24.0 | 15.7 | 2.7 | 3.3 | 1.5 | 1.0 | 0.2 | 0.1 | 0.2 | 0.8 |
| Fernale | 24.0 | 17.5 | 1.7 | 2.8 | 1.1 | 0.7 | 0.2 | 0.1 | 0.1 | 0.8 |
| Lone parent w/ child(ren) under 25 80th sexes | 24.0 | 15.7 | 2.8 | 3.4 | 1.3 | 0.9 | 0.2 | 0.2 | 0.1 | 0.7 |
| Male | 24.0 | 13.3 | 4.9 | 3.8 | 1.8 | 1.5 | 0.3 | 0.0 | 0.0 | 0.3 |
| Fernale | 24.0 | 16.2 | 2.4 | 3.3 | 1.2 | 0.7 | 0.2 | 0.2 | 0.1 | 0.9 |
| Lone parent w/ chlld(ren) $25+$ | 24.0 | 18.7 | 0.7 | 2.3 | 0.8 | 0.5 | 0.1 | 0.1 | 0.0 | 1.5 |
| Male | $\cdots$ | 10. | a | $\cdots$ | 0.6 | 0.4 | 0.1 | 0.1 | 0.0 | $\because$ |
| Fornale | 24.0 | 19.4 | 0.8 | 2.1 | 0.6 | 0.4 | 0.1 | 0.1 | 0.0 | 1.1 |
| Chlld 15-24 w/ both parents | 24.0 | 14.1 | 2.1 | 5.7 | 1.5 | 0.7 | 0.2 | 0.3 | 0.2 | 0.7 |
| Male | 24.0 | 14.0 | 2.3 | 5.6 | 1.5 | 0.8 | 0.2 | 0.2 | 0.2 | 0.6 |
| Female | 24.0 | 14.1 | 1.9 | 5.9 | 1.4 | 0.6 | 0.2 | 0.4 | 0.1 | 0.8 |
| Child 15-24 w/ lone parent | 24.0 | 13.0 | 1.9 | 6.9 | 1.6 | 0.7 | 0.2 | 0.5 | 0.2 | 0.7 |
| Male | 24.0 | 13.5 | 1.9 | 6.3 | 1.5 | 0.7 | 0.3 | 0.4 | 0.2 | 0.7 |
| Female | 24.0 | 12.4 | 1.8 | 7.6 | 1.6 | 0.8 | 0.2 | 0.5 | 0.1 | 0.7 |
| Child $25+$ w/ parent(s) | 24.0 | 15.9 | 2.2 | 3.5 | 2.1 | 1.3 | 0.4 | 0.1 | 0.3 | 0.4 |
| Maies | 24.0 | 16.1 | 2.4 | 3.1 | 1.9 | 1.0 | 0.5 | 0.1 | 0.3 | 0.5 |
| Female | -- | -- | - | -* | - | - | - | - |  |  |
| With non-relative(s) only | 24.0 | 13.9 | 2.6 | 4.9 | 1.5 | 0.7 | 0.3 | 0.3 | 0.2 | 1.1 |
| Both sexes Male | 24.0 | 13.5 | 2.9 | 4.6 | 1.6 | 0.7 | 0.3 | 0.3 | 0.2 | 1.4 |
| Female | 24.0 | 14.3 | 2.3 | 5.2 | 1.4 | 0.7 | 0.3 | 0.3 | 0.1 | 0.8 |
| Alone | 24.0 | 16.1 | 2.2 | 3.7 | 1.3 | 0.7 | 0.3 | 0.2 | 0.1 | 0.8 |
| Male | 24.0 | 14.6 | 3.1 | 4.1 | 1.5 | 0.9 | 0.3 | 0.1 | 0.2 | 0.7 |
| Female | 24.0 | 17.1 | 1.6 | 3.4 | 1.1 | 0.6 | 0.2 | 0.2 | 0.1 | 0.8 |
| Other |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 24.0 24.0 | 14.3 | 2.8 | 3.5 | 1.8 | 1.0 | 0.5 | 0.2 | 0.2 | 0.5 |
| Female | 24.0 | 17.0 | 1.9 | 2.9 | 1.2 | 0.8 | 0.2 | 0.2 | 0.0 | 1.0 |

[^19]TABLE 14
Average time spent' at various locations for participants 15 years and over by selected characteristics and gender, Canada, 1986


TABLE 14
Average time spent' at various locations for participants 15 years and over by selected characteristics and gender, Canada, 1986 - Concluded

| Selected characteristics | Location |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Home | Work | Other places |  | Transil |  |  |  | $\begin{gathered} \text { Not } \\ \text { staled } \end{gathered}$ |
|  |  |  |  |  | Total | Car | Foor | Bus/Sub. | Other |  |
|  | (Hours per day) |  |  |  |  |  |  |  |  |  |
| Slze of community <br> CMANPop. 100,000 or more |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 15.6 | 7.5 | 4.9 | 1.6 | 1.3 | 0.8 | 1.3 |  | 3.8 |
| Male | 24.0 | 14.5 | 7.7 | 5.1 | 1.8 | 1.4 | 0.8 | 1.4 | 1.2 | 3.9 |
| Female | 24.0 | 16.7 | 7.2 | 4.7 | 1.5 | 1.2 | 0.7 | 1.2 | 0.7 | 3.8 |
| CAPOP. 10,000-99.999 0, |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 15.8 | 7.5 | 5.0 | 1.4 | 1.2 | 0.8 | 0.9 | 0.9 | 4.3 |
| Male | 24.0 | 14.7 | 8.0 | 5.1 | 1.5 | 1.3 | 1.0 | 0.9 | 1.1 | 4.5 |
| Female | 24.0 | 16.8 | 6.8 | 4.9 | 1.3 | 1.1 | 0.7 | 0.9 | 0.7 | 4.2 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 16.4 | 7.1 | 5.0 | 1.7 | 1.3 | 0.8 | 1.3 | 1.5 | 3.8 |
| Male | 24.0 | 15.3 | 7.4 | 5.2 | 2.0 | 1.5 | 1.0 | 1.1 | 1.9 | 3.6 |
| Female | 24.0 | 17.4 | 6.6 | 4.7 | 1.4 | 1.1 | 0.7 | 1.4 | 0.9 | 3.9 |
| Living arrangement ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |
| W/ partner \& child(ren) under 25 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 15.9 | 7.4 | 4.1 | 1.6 | 1.4 | 0.8 | 1.4 | 1.2 | 3.8 |
| Male | 24.0 | 14.3 | 7.8 | 4.4 | 1.9 | 1.5 | 0.8 | 1.6 | 1.6 | 4.0 |
| Female | 24.0 | 17.5 | 6.5 | 3.8 | 1.4 | 1.2 | 0.8 | 1.1 | 0.6 | 3.7 |
| W/ partner, no child(ren) under 25 l 24.0 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 16.8 | 7.4 | 4.5 | 1.6 | 1.3 | 0.9 | 1.4 | 1.1 | 4.2 |
| Male | 24.0 | 16.0 | 7.7 | 4.6 | 1.7 | 1.4 | 1.0 | 1.5 | 1.2 | 4.2 |
| Female | 24.0 | 17.6 | 7.1 | 4.3 | 1.4 | 1.1 | 0.7 | 1.4 | 1.0 | 4.1 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 15.8 | 7.7 | 4.4 | 1.5 | 1.3 | 0.7 | 1.3 | 0.8 | 4.1 |
| Male | 24.0 | 13.3 | 8.0 | 4.7 | 1.9 | 1.7 | $\ldots$ | -- | 0. | . |
| Female | 24.0 | 16.3 | 7.5 | 4.4 | 1.4 | 1.1 | 0.6 | 1.3 | 0.8 | 4.1 |
| Lone parent w/ child(ren) 25+ |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 18.7 | -- | 3.7 | 1.2 | 1.2 |  |  |  |  |
| Male | - | - | - | $\cdots$ | -0 |  | -- | -- | -- | -- |
| Female | 24.0 | 19.4 | $\cdots$ | 3.5 | 1.0 | 0.9 | -* | ** | - | .. |
| Child 15-24 w/ both parents |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 14.2 | 7.4 | 6.8 | 1.6 | 1.1 | 0.8 | 1.1 | 1.1 | 3.8 |
| Male | 24.0 | 14.2 | 7.5 | 6.8 | 1.7 | 1.2 | 0.9 | 1.1 | 1.3 | 4.0 |
| Female | 24.0 | 14.2 | 7.1 | 6.8 | 1.5 | 1.0 | 0.6 | 1.2 | 0.9 | 3.5 |
| Child 15-24 w/ lone parent |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 13.6 | 7.0 | 7.9 | 1.6 | 1.1 | 0.7 | 1.2 | 0.8 | 3.9 |
| Male | 24.0 | 14.2 | 6.7 | 7.8 | 1.6 | 1.1 | 0.7 | 1.2 | . | . |
| Female | 24.0 | 13.0 | . | 8.0 | 1.6 | 1.1 | 0.6 | 1.2 | * | -- |
| Chlid 25+w/ parent(s) |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 15.9 | 6.3 | 4.1 | 2.3 | 1.9 | 1.0 | $\cdots$ | - | - |
| Male | 24.0 | 16.1 | - | 3.8 | 2.1 | 1.7 | -- | -. | .. | -. |
| Female | ** | - | - | -- | -- | -- | -- | -- | .- | .- |
| With non-relalive(s) only |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 14.2 | 8.0 | 6.0 | 1.7 | 1.2 | 0.8 | 1.3 | 1.2 |  |
| Male | 24.0 | 13.7 | 8.3 | 5.6 | 1.7 | 1.3 | 0.8 |  |  | 5.3 |
| Fermale | 24.0 | 14.8 | 7.5 | 6.5 | 1.6 | 1.0 | 0.9 | 1.1 | 0.8 | 4.2 |
| Alone 0 |  |  |  |  |  |  |  |  |  |  |
| Boith sexes | 24.0 | 16.3 | 7.6 | 4.9 | 1.5 | 1.3 | 0.8 |  |  |  |
| Male | 24.0 | 14.8 | 7.9 | 5.3 | 1.7 | 1.5 | 0.9 | 1.3 | 1.2 | 3.6 |
| Female | 24.0 | 17.3 | 7.3 | 4.7 | 1.4 | 1.2 | 0.7 | 1.2 | 0.8 | 4.0 |
| Other |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 24.0 | 16.0 | 7.9 | 4.9 | 1.8 | 1.5 | 0.9 | 1.1 | 0.8 | 4.3 |
| Male | 24.0 | 14.3 | 7.7 | 4.9 | 2.0 | 1.6 | 1.1 | -- | - | -- |
| Female | 24.0 | 17.3 | 8.3 | 4.8 | 1.7 | 1.5 | 0.6 | -- | - | -- |

Averaged over a 7 day week.
"Children" and "Child" refer only to single children (l.e., those never married) living at home.

TABLE 15
Participation rate at various locations for the population 15 years and over by selected characteristics and gender, Canada, 1986

| Selected characterlstics | Location |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Home | Work | Other places |  |  | Transh |  |  | Not stated |
|  |  |  |  |  | Total | Car | Foot | Bus/Sub. | Other |  |
|  | (Percent) |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 99 | 35 | 73 |  | 74 |  | $11$ | 16 | 19 |
| Male Female | 100 100 | 99 99 | 27 | 74 | 88 | $\begin{aligned} & 74 \\ & 65 \end{aligned}$ | $\begin{aligned} & 24 \\ & 26 \end{aligned}$ | $\begin{aligned} & 10 \\ & 13 \end{aligned}$ | $\begin{aligned} & 16 \\ & 12 \end{aligned}$ | 20 |
| Female |  |  |  |  |  |  |  |  |  |  |
| Age group |  |  |  |  |  |  |  |  |  |  |
| 15-24 Both sexes |  |  |  | 83 | 92 | 65 | 34 | 27 | 16 | 17 |
| Both sexes Male | 100 | 98 | 33 | 83 | 93 | 66 | 33 | 22 | 17 | 15 |
| Female | 100 | 98 | 28 | 83 | 92 | 64 | 36 | 31 | 14 | 19 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 100 100 | 99 99 | 45 53 | 74 75 | 89 93 | 81 | 19 | 6 | 18 | 18 |
| Female | 100 | 99 | 38 | 72 | 85 | 72 | 24 | 9 | 12 | 21 |
| 35-44 78000815 |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 100 100 | 99 99 | 46 56 | 70 | 99 | 78 83 | 17 | 6 | 17 | 21 |
| Female | 100 | 99 | 36 | 71 | 86 | 74 | 21 | 9 | 14 | 24 |
| 45-54 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 99 | 42 | 69 | 86 | 72 |  | 8 | 13 | 23 |
| Male | 100 100 | 99 99 | 54 31 | 68 70 | 88 84 | 74 69 | 24 | 10 | 12 | 20 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 99 | 27 | 71 | 82 | 67 | 25 | 6 | 12 |  |
| Male | 100 | 98 | 40 | 73 | 88 | 74 | 24 | 8 | 15 | 17 |
| Fomale | 100 | 99 | 15 | 69 | 77 | 61 | 26 | 8 | 8 | 18 |
|  |  |  |  | 63 | 70 | 50 | 26 | 7 | 8 | 21 |
| Male | 100 | 100 | 9 | 67 | 78 | 60 | 29 | 6 | 9 | 24 |
| Female | 100 | 99 | 5 | 60 | 65 | 43 | 24 | 8 | B | 19 |
| Labour force status |  |  |  |  |  |  |  |  |  |  |
| Employed |  |  |  |  |  |  | 20 |  | 15 | 18 |
| Both sexes Male | 100 100 | 99 99 | 61 63 | 71 | 93 | 83 | 18 | 7 | 16 | 18 |
| Female | 100 | 99 | 59 | 72 | 92 | 78 | 23 | 15 | 14 | 19 |
| Looking lor work 05 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 98 | 7 | 81 80 | 87 | 67 | 36 | .- | 13 | 25 |
| Male | 100 100 | 98 98 | - | 81 81 | 87 81 | 62 | 21 | .- | 1 | - |
| Student 90 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 98 | 12 | 91 | 92 | 58 | 39 | 35 | 16 | 20 |
| Male | 100 | 98 | 13 | 91 | 92 | 59 | 38 | 31 | 17 | 18 |
|  |  |  |  |  |  |  |  |  |  |  |
| Koeping house |  | 99 | 7 | 69 | 75 | 60 | 25 | 5 | 10 | 22 |
| Both sexes Male | 100 100 | 100 | - | 71 | 74 | 58 | - | -- | $\cdots$ | -- |
| Female | 100 | 99 | 7 | 69 | 75 | 60 | 26 | 5 | 10 | 22 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 99 | 4 | 65 | 73 | 52 | 29 | 5 | 12 | 22 |
| Male | 100 | 99 | 5 | 68 | 80 64 | 60 42 | 34 24 | 7 | 9 | 19 |
| Oner Female | 100 | 98 | - | 61 |  |  |  |  |  |  |
| Other | 100 | 96 | 13 | 67 | 76 | 56 | 25 | 10 | 16 | 24 |
| Maie | 100 | 96 | 14 | 68 | 77 | 56 | 23 | -- | 17 | 25 |
| Female | 100 | 96 | - | 66 | 75 | 56 | 29 | - | 14 | 23 |
| Day of wook |  |  |  |  |  |  |  |  |  |  |
| Weekday |  |  |  |  | 88 | 70 | 27 | 14 | 14 | 20 |
| Both sexes Male | 100 100 | 99 | 43 52 | 72 | 88 92 | 75 | 25 | 11 | 16 | 19 |
| Fermale | 100 | 99 | 34 | 71 | 84 | 64 | 29 | 16 | 13 | 21 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes Male | 100 100 | 98 | 19 | 80 | 87 | 74 | 22 | 6 | 16 | 20 |
| Female | 100 | 97 | 10 | 80 | 84 | 70 | 19 | 7 | 10 | 20 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexas Male | 100 100 | 99 98 | 13 18 | 74 | 81 | 68 | 20 | 5 | 13 | 21 |
| Female | 100 | 100 | 8 | 67 | 74 | 63 | 20 | 6 | 9 | 18 |

TABLE 15
Participation rate at various locations for the population 15 years and over by selected characteristics and gender, Canada, 1986 - Concluded

| Selected characleristics | Location |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Home | Work | Oher places |  |  | Transit |  |  | Not stated |
|  |  |  |  |  | Total | Car | Foot | Bus/Sub. | Other |  |
|  | (Percent) |  |  |  |  |  |  |  |  |  |
| Slze of community CMANPop. 100,000 or |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 99 | 36 | 74 | 88 | 69 | 26 | 16 | 13 | 20 |
| Male | 100 | 99 | 45 | 75 | 91 | 74 | 25 | 14 | 14 | 19 |
| Fermale | 100 | 99 | 28 | 73 | 84 | 64 | 26 | 17 | 12 | 21 |
| CAPOP. 10,000-99,999 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 99 | 35 | 74 | 88 | 74 | 24 | 7 | 14 | 18 |
| Male | 100 | 99 | 43 | 75 | 92 | 78 | 23 | 5 | 16 | 18 |
| Female | 100 | 98 | 27 | 73 | 84 | 69 | 25 | 10 | 12 | 19 |
| FuralPop.9,999 or less |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 99 | 30 | 71 | 82 | 68 | 24 | 4 | 15 | 20 |
| Male | 100 | 98 | 38 | 72 | 86 | 72 | 23 | 3 | 19 | 19 |
| Female | 100 | 99 | 23 | 70 | 79 | 65 | 26 | 6 | 11 | 20 |
| Living arrangement ${ }^{1}$ |  |  |  |  |  |  |  |  |  |  |
| W/ partner \& child(ren) under 25 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 99 | 43 | 70 | 87 | 77 | 18 | 5 | 14 | 21 |
| Male | 100 | 99 | 56 | 70 | 91 | 81 | 15 | 5 | 17 | 20 |
| Female | 100 | 99 | 31 | 70 | 83 | 72 | 22 | 6 | 12 | 22 |
| W/ partner, no child(ren) under 25 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 99 | 29 | 68 | 82 | 70 | 23 | 7 | 11 | 20 |
| Male | 100 | 98 | 34 | 70 | 87 | 75 | 24 | 5 | 13 | 20 |
| Female | 100 | 100 | 24 | 66 | 77 | 64 | 21 | 9 | 8 | 19 |
| Lone parent w/ child(ren) under 25 |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 99 | 37 | 77 | 88 | 70 | 29 | 14 | 11 | 18 |
| Male | 100 | 100 | 62 | 79 | 96 | 85 | -- | -- | - | - |
| Female | 100 | 99 | 32 | 76 | 86 | 66 | 28 | 16 | 12 | 21 |
| Lone parent w/ chlld(ren) 25+ |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 100 | - | 64 | 66 | 45 | -- | -- | -- | -* |
| Male | -- | - | $\cdots$ | - | - | $\because$ | -- | -® | -- | -- |
| Female | 100 | 100 | - | 60 | 61 | 43 | -- | -- | - | -* |
| Chlid 15-24 w/ both parents |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 99 | 29 | 84 | 92 | 67 | 31 | 26 | 17 | 18 |
| Male | 100 | 99 | 30 | 82 | 91 | 70 | 26 | 21 | 17 | 16 |
| Female | 100 | 99 | 27 | 86 | 94 | 62 | 37 | 32 | 16 | 21 |
|  |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 95 | 26 | 88 | 95 | 65 | 32 | 39 | 18 | 18 |
| Male | 100 | 95 | 29 | 80 | 93 | 61 | 34 | 33 | -- | -- |
| Female | 100 | 95 | - | 95 | 97 | 69 | 30 | 46 | ** | ** |
| Child 25+w/ parent(s) |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 100 | 34 | 84 | 92 | 65 | 43 | -* | "* | - |
| Male | 100 | 100 | - | 82 | 92 | 62 | -- | -- | -- | -. |
| Female | -- | - | - | -- | ** | -- | -- | -- | - | -- |
| Whth non-relative(s) only |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 98 | 33 | 82 | 90 | 59 | 38 | 21 | 16 | 23 |
| Male | 100 | 99 | 35 | 82 | 91 | 54 | 43 | - | -- | 26 |
| Fomale | 100 | 96 | 31 | 81 | 88 | 67 | 31 | 23 | 17 | 19 |
| Alone |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 99 | 29 | 74 | 84 | 55 | 34 | 14 | 14 | 20 |
| Male | 100 | 99 | 40 | 77 | 89 | 65 | 33 | 11 | 14 | 19 |
| Famale | 100 | 89 | 22 | 72 | 81 | 49 | 34 | 17 | 14 | 20 |
| Other |  |  |  |  |  |  |  |  |  |  |
| Both sexes | 100 | 99 | 35 | 64 | 80 | 58 | 34 | 18 | 11 | 18 |
| Male | 100 | 100 | 51 | 71 | 94 | 63 | 42 | - | -- | -- |
| Female | 100 | 99 | 23 | 60 | 70 | 54 | 28 | -. | -- | -- |

[^20]
### 3.2 SOCIAL CONTACTS

## HIGHLIGHTS

- On an average day, Canadians spend more than 10 hours with people, almost 4.5 hours alone and 9.1 hours on personal care activities. Men have almost 1 hour more social contact than women.
- Students spend more than twice as much time with friends as the average Canadian 15 years of age and over, 5.2 hours a day compared to 2.4 hours.
- Social contacts strongly reflect various stages of the life cycle. Time spent alone is 3.6 hours per day for the youngest age group and 6.1 hours for the oldest.
- Time spent with friends drops markedly from a peak of 4.7 hours per day for ages 15 to 24 to just 1.3 hours for people 65 years of age and over.
- Living arrangements notably affect social contacts. Men living with a partner and child(ren) have the most social contact time, an average of 11.8 hours a day, while women living alone spend the most time alone, an average of 8.4 hours a day.


## METHODS

The data for social contacts were obtained from the lifth question relating to each activity reported: "Who was with you?". The objective of the question was to determine whether the respondent was alone during the activity reported, or whether someone else was participating or interacting in the activity with the respondent. For example, reading a story to one's children is considered "participating" in the activity with others, whereas taking a bustowork which is full of strangers is considered taking the bus "alone".

There were six response categories: 1) alone, 2) spouse/ partner, 3) child(ren) of household, 4) other family member(s), 5) friend(s), and 6) other person(s). With the exception of being "alone", multiple responses were allowed. For example, if a respondent reported playing cards with her husband and some friends, both the categonies "spouse/partner" and "friend(s)" were marked. Since multiple responses were permitted, it should be kept in mind that adding the social contacts categories together may total more than 24 hours. In particular, it should be noted that family time could include double counting and should be interpreted as such.

In the few cases where the respondent indicated being alone as well as being with other people, it was assumed that the respondent was with other people and therefore the "alone" response was deleted.

The question on social contacts was not asked if the respondent reported an activity that was related tospecific personal care, e.g. "sleeping". Specifically, social contacts were not asked when washing, dressing and packing (code 40), sleeping (code 45), napping (code 46) or other personal care activities (code 48) were reported.

A final note regarding this question concerns the "other person" category. If a workplace had more than one employec, the intervicwer was to mark that the respondent was with "other person(s)".

## RESULTS

Averaged over the population 15 years and over, Canadians spend about 10 hours a day with peoplel, about 4.4 hours alone and approximately 9 hours on personal care. ${ }^{2}$ On an average day, men spend almost 1 hour more time with people than women ( 10.6 hours and 9.7 hours) while women spend about half an hour more alone ( 4.6 hours and 4.1 hours) and on personal care activitics ( 9.3 hours and 8.9 hours, Table 16 and Figure R).

Almost half ( $48 \%$ ) of Canadians 15 years of age and over spend time with friends on an average day and over hall ( $56 \%$ ) spend time with pcople other than family and friends, e.g. work colleagues (Text Table M). On average, these participants spend 5.0 hours per day with friends and 6.3 hours with "other people". Persons spending time with a spouse or partncr (about $60 \%$ of the population) spend close to 6 hours per day with them. Those spending time with children ( $42 \%$ ) spend approximately 5 hours interacting with children and close to $40 \%$ spend 4 hours with "other family".
'Total social contact time was derived residually by subtracting time spent alone, time spent on personal care and time not stated from 24 hours. Time spent with people will not aggregate ncatly to 24 hours (such as location time) as this time is not mutually exclusive, i.e., interaction time with both spouse and children. Following international standards, instead of dividing one hour spent with a spouse and children into a half hour with cach, time with cach is coded as one hour.
${ }^{2}$ Social contacts were not requested during some personal care activitics, slecping, washing, dressing, etc.

TEXT TABLE M
Average time spent ${ }^{1}$ with social contacts for the population 15 years and over and participants and participation rate by gender, Canada, 1986

| Social contacts | Population 15+ |  |  | Participants |  |  | Participation rate |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Fernale | Total | Male | Fernale | Total | Male | Fernale |
|  | (Hours per day) ${ }^{2}$ |  |  | (Hours per day) |  |  | (Percent) |  |  |
| Population 15+ | 27.0 | 26.9 | 27.0 | 27.0 | 26.9 | 27.0 | 100 | 100 | 100 |
| Alone | 4.4 | 4.1 | 4.6 | 4.8 | 4.5 | 5.0 | 91 | 91 | 92 |
| Partner | 3.5 | 3.7 | 3.3 | 5.9 | 6.0 | 5.8 | 59 | 61 | 58 |
| Children of household | 2.0 | 1.6 | 2.5 | 4.9 | 4.2 | 5.4 | 42 | 38 | 46 |
| Other family | 1.5 | 1.4 | 1.7 | 4.0 | 3.9 | 4.1 | 38 | 36 | 41 |
| Friends | 2.4 | 2.6 | 2.3 | 5.0 | 5.3 | 4.7 | 48 | 48 | 48 |
| Other persons | 3.6 | 4.3 | 2.9 | 6.3 | 6.9 | 5.7 | 56 | 61 | 52 |
| Personal care ${ }^{3} /$ Not stated | 9.5 | 9.3 | 9.7 | 9.5 | 9.3 | 9.7 | 100 | 100 | 100 |

General Social Survey, 1986
1 Averaged over a 7 day week.
2 Total adds to more than 24 hours because multiple responses were permitted.
3 Refers to time spent on sleeping, washing, dressing or other personal care activities (codes 40, 45, 46 and 48) for which the question "Who was with you?" was not asked.

Figure R
Average time spent(1) with social contacts for the population 15 years and over by type of contact and gender, Canada, 1986

(1) Averaged over a 7 day weok

General Social Survey, 1986

## Labour force status

Not surprisingly, the employed average the most time in social interaction (an average of 11.1 hours per day) due to the amount of the time with "others", mainly coworkers ( 5.4 hours, Table 16). Students also average high social contact time ( 10.1 hours). They spend one hour less than the employed with "others", mainly other students. Students also spend the least amount of time with family ( 3.6 hours) and the most time with friends ( 5.2 hours, Figure S).

As expected, people keeping house spend the most time with family, due primarily to the time spent with children (an average of 4.0 hours per day). Retired people spend the least amount of time in social interaction ( 7.8 hours) and the most time alone ( 5.9 hours). Retired women spend 2 hours more alone ( 7.1 hours) on an average day than retired men ( 5.1 hours). This difference largely reflects the difference in time spent with a spouse or partner as women are more likely to be widowed or divoreed and live alone than men. Time spent with a spouse, averaged over the entire population of retired men is much higher (6.7 hours) than for their female counterparts ( 2.9 hours). This apparent anomaly reflects longer life spans for women and the concomitant time alone.

On an average day, about $70 \%$ of students spend time with a family member other than a spouse or children, most likely parents and siblings, while less than $50 \%$ of other groups do (Table 18). Students are the most gregarious. Close to $80 \%$ of students spend time with friends on an average day, followed by $50 \%$ of job seekers, in contrast to just $38 \%$ of those keeping house and $36 \%$ of retired people. When students spend time with friends, they average 6.6 hours. Those looking for work average almost as much, 6.0 hours, while others spend 5 hours or less.

Age
Social contacts strongly reflect various stages of the life cycle and the changing family composition. Time spent alone starts at an average of 3.6 hours for ages 15 to 24 , stabilizes at approximately 4 hours for people 25 to 44, climbs slowly through ages 45 to 64 to 5.0 hours and then rises markedly to 6.1 hours for those 65 and over (Table 16). Time alone varies noticeably for women and men over the life cycle, reflecting different work patterns. For men, time alone is around 4.0 hours for ages 15 through 54 then rises moderately to 5.1 hours for those 65 and over. For women, time alone climbs steadily throughout the life cycle, from 3.3 hours for age group 15 to 24 to a peak of

Flgure S
Average time spent(1) with frlends and alone for the population 15 years and over by labour force status, Canada, 1986

6.9 hours for women 65 and over.

There are other gender differences. Men and women average about the same total amount of time in social interaction for ages 15 through 34 (Figure T). Only slight differences in type of social contact exist for ages 15 to 24, but social contacts for older cohorts reflect gender differences in the amount of time allocated to paid and unpaid work. For ages 25 to 34 , the higher amount of time women spend with children is offset by the higher amount of time men spend with "other people". Time spent with children declines more rapidly through the lifecycle than time with "other people". Consequently, time spent in social interaction falls steadily for women after age 44 , while it remains constant for men up to age 54 before it declines.

Time spent with friends does not differ much between men and women over the life cycle. It drops markedly from a peak of 4.7 hours for ages 15 to 24 to less than half that amount for ages 25 to 34 ( 2.2 hours) and continues its
decline to 1.3 hours for people 65 years of age and over.
About $30 \%$ of the population 25 and over spend time with "other family", e.g. parents and siblings, on an average day (Table 18). This figure reaches $65 \%$ for people 15 to 24.

On an average day, almost half ( $48 \%$ ) of all Canadians spend time with friends, although this proportion varies markedly by age. Younger people are twice as outgoing as older people. Almost $75 \%$ of people 15 to 24 spend time with friends on an average day, while just $36 \%$ of people 65 and over do.

## Living arrangement

Pcople living with a spouse or partner and child(ren) spend the most time in social interaction, an average of 11.2 hours per day (Table 16). This time is spent primarily with a spouse ( 4.9 hours), children ( 4.4 hours) and "other

Figure $T$
Average time spent(1) with social contacts(2) for the population 15 years and over by age group and gender, Canada, 1986

(1) Averaged over a 7 day week
(2) Calculated by subtracting time alone, personal care activities time and not slated from 24 hours
people" ( 3.9 hours) ${ }^{3}$. In addition to the time spent with a spouse, women spend a large part of the day with children ( 5.3 hours) and men spend much of the day with "other people" ( 5.0 hours). This group averages litle time with friends ( 1.5 hours) and appears to have substituted time with friends for time with family.

Lone parents with children less than 25 years, also spend much of the day in contact with people (an average of 10.3 hours per day), spending much time with children (4.1 hours) and with "others" ( 3.7 hours). Time which would normally be spent with a spouse or partner is spent with friends ( 2.5 hours) and with "other family" ( 2.0 hours).

People living with a spouse or partner and no children average 10.2 hours in social contact. They spend by far the mosi time with their spouse or partner ( 6.3 hours) and about one hour less with "others" ( 2.8 hours) than married persons with a child, while spending the same amount of time with friends ( 1.6 hours).

Children 15 to 24 and living with either one or both parents report high social interaction times (an average of 10.9 hours and 10.6 hours per day, respeetively). This time is focused on friends (more than 5 hours) and with "others", presumably students (about 4.5 hours). Children 15 to 24 spend more time than average with "other family", presumably parents and siblings. Daughters of lone parents spend about one hour less than other children with family ( 2.3 hours) and much more time with friends ( 6.5 hours) than any other group. In contrast, their male counterparts spend two hours less with friends on an average day ( 4.4 hours).

Persons living alone register the least time in social interaction ( 6.3 hours) and the most time spent alone ( 8.0 hours). Very little time is spent with family (about one hour). Their contact time is focused on "other people" ( 3.3 hours) and friends ( 2.6 hours).

## Day of week

Total social interaction time is largely invariant by type of day (about 10 hours per day, Table 16). However, this time shifts from time spent with "others" to more time spent with family and friends on weekends. Time with a spouse rises sharply from three hours to almost five hours, while time spent with children increases from less than two hours to closer to three hours. Time with "other family" increases by about one hour to 2.4 hours on Sunday. Time with friends rises from 2.3 hours during the week to a peak of 2.9 hours on Saturday and falls to 2.7 hours on Sunday.

Personal time rises from 8.9 hours on weekdays to almost 10.5 hours on Sunday. Time spent alone consequently decreases from 4.6 hours on weekdays to 3.5 hours on Sunday.

Except for participation rates of time with "other family" members which rises from $35 \%$ during the week to nearly $50 \%$ on Sunday, participation rates for time spent with a spouse and children are largely invariant by type of day.

On the weekend, average time for participants increases 3 hours with a spouse ( 5.0 hours versus 8.0 hours) and over two hours for children ( 4.2 hours versus 6.5 hours) and 1.5 hours for other family ( 3.5 hours and 4.8 hours).

The participation rate for spending time with "others" falls from $65 \%$ during the week to about $35 \%$ on the weekend reflecting employment patterns. Time spent with "others" by participants also falls from close to seven hours to less than five hours. About $50 \%$ of Canadians spend time with friends regardless of the type of day. Participants' time averages nearly six hours on Saturday and about five hours the rest of the week.

## DISCUSSION

As might be expected, the most important factors in time spent with people are labour force status and living arrangement. Employed spouses with children have high contact with "other people" as well as family contact. The total social contact time of men and women will become moresimilar over time as more women participate in the labour force. Students also report high contact with "others" and substitute time with the family for time with friends.

Not surprisingly, people spend much more time with the family on the weekend. Husbands and wives spend 3 hours a day more together on weekend days, and parents spend almost 2.5 hours more a day with their children. In addition, as people change their status, for example, become divorced or quit work and return to sehool, their social networks change.

[^21]TABLE 16
Average time spent ${ }^{1}$ with social contacts for the population 15 years and over by selected characteristics and gender, Canada, 1986

| Selected characteristics | Social contacts |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Alone | Panner | Children | Other tamily | Friends | Others | Personal ${ }^{2}$ | Not stated |
|  | (Hours per day) |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| Both sexes | 4.4 | 3.5 | 2.0 |  | 2.4 | 3.6 |  | 0.4 |
| Male | 4.1 | 3.7 | 1.6 | 14 | 2.6 | 4.3 | 8.9 | 0.4 |
| Female | 4.6 | 3.3 | 2.5 | 17 | 2.3 | 2.9 | 9.3 | 0.4 |
| Age group |  |  |  |  |  |  |  |  |
| 15-24 |  |  |  |  |  |  |  |  |
| Both sexes | 3.6 | 0.8 | 0.8 | 26 | 4.7 | 43 | 9.5 |  |
| Male | 3.9 | 0.5 | 0.4 | 2.5 | 4.8 | 4.5 | 9.3 | 0.4 |
| Female | 3.3 | 1.1 | 1.1 | 2.7 | 4.5 | 4.1 | 9.8 | 0.3 |
| 25-34 |  |  |  |  |  |  |  |  |
| Both sexes | 3.9 | 3.6 | 3.1 | 1.4 | 2.2 |  | 8.9 | 0.3 |
| Male | 4.0 | 3.7 | 2.0 | 1.4 | 2.5 | 4.8 | 8.7 | 0.3 |
| Female | 3.7 | 3.4 | 4.3 | 1.5 | 2.0 | 3.4 | 9.0 | 0.4 |
| 35-44 0, 0.4 |  |  |  |  |  |  |  |  |
| Both sexes | 4.0 | 4.0 | 3.6 | 0.9 | 1.8 20 | 4.4 5.3 | 8.8 8.5 | 0.4 |
| Male | 3.7 | 4.3 | 3.1 | 0.8 | 2.0 | 5.3 | 8.5 90 | 0.4 |
| Female | 4.3 | 3.8 | 4.2 | 1.0 | 1.7 | 3.4 | 9.0 | 0.5 |
| 45-54 0.8 0.8 |  |  |  |  |  |  |  |  |
| Both sexes | 4.6 | 4.5 | 2.2 | 1.2 | 1.6 | 3.8 4.8 | 8.8 8.5 | 0.4 |
| Male | 4.2 | 4.5 | 2.2 | 1.0 1.3 | 1.7 1.6 | 4.8 2.9 | 8.5 9.1 | 0.4 0.3 |
| Female | 5.1 | 4.5 | 2.2 | 1.3 |  | 2.9 |  |  |
| 55-64 |  |  |  |  |  |  |  |  |
| Both sexes Male | 4.5 | 5.1 | 0.9 | 1.0 | 1.8 | 3.2 | 8.9 | 0.6 |
| Fermale | 5.5 | 4.9 | 1.3 | 1.9 | 1.5 | 1.9 | 9.3 | 0.4 |
| $65+$ |  |  |  |  |  |  |  |  |
| Both sexes | 6.1 | 4.7 | 0.6 | 1.3 | 1.3 |  |  | 0.5 |
| Male | 5.1 | 6.4 | 0.7 | 1.0 | 1.2 | 1.2 | 9.7 | 0.4 |
| Female | 6.9 | 3.5 | 0.5 | 1.4 | 1.4 | 0.9 | 10.0 |  |
| Labour force status |  |  |  |  |  |  |  |  |
| Employed 5 |  |  |  |  |  |  |  |  |
| Male | 3.8 | 3.7 | 1.9 | 1.2 | 2.3 | 5.6 | 8.5 | 0.4 |
| Female | 3.8 | 2.9 | 2.1 | 1.3 | 2.3 | 5.1 | 9.0 | 0.4 |
| Looking for work |  |  |  |  |  |  |  |  |
| Both sexes | 4.5 | 3.0 | 2.0 | 2.5 | 3.0 | 1.2 | 9.7 | 0.4 |
| Male | 4.6 | 3.2 | 1.6 | 2.6 | 2.8 | 1.3 | 9.6 | 0.4 |
| Fernale | 4.2 | 2.4 | 2.9 | 2.2 | 3.5 | 1.0 | 9.9 | 0.6 |
| Student |  |  |  |  |  |  |  |  |
| Both sexes | 4.1 | 0.4 | 0.6 | 2.6 | 5.2 | 4.2 | 9.5 | 03 |
| Male | 4.4 | 0.4 | 0.5 | 2.4 | 5.2 | 4.1 | 9.3 | 0.3 |
| Female | 3.8 | 0.4 | 0.6 | 2.8 | 5.3 | 4.3 | 9.6 | 0.2 |
| Keeping house 50.3080 |  |  |  |  |  |  |  |  |
| Both sexes | 5.0 | 4.9 | 4.0 | 1.6 | 1.4 | 1.0 | 9.3 | 0.3 |
| Male | 4.9 | 4.6 | 4.5 | 1.1 | 1.2 | 0.7 | 9.2 | 0.7 |
| Female | 5.0 | 4.9 | 4.0 | 1.6 | 1.4 | 1.0 | 9.3 | 0.3 |
|  |  |  |  |  |  |  |  |  |
| Both sexes | 5.9 | 5.0 |  |  |  |  |  |  |
| Male | 5.1 | 6.7 | 0.7 | 1.1 | 1.3 1.5 | 0.9 | 9.6 10.0 | 0.5 0.6 |
| Female | 7.1 | 2.9 | 0.6 | 1.5 | 1.5 | 0.8 | 10.0 | 0.6 |
| Other |  |  |  |  |  |  |  |  |
| Both sexes | 4.1 | 3.8 | 2.3 |  | 2.4 | 1.6 | 10.3 | 0.7 |
| Male Female | 4.0 4.1 | 3.9 3.7 | 2.0 2.7 | 1.6 1.9 | 2.18 | 1.7 | 10.1 | 0.8 |
|  |  |  |  |  |  |  |  |  |
| Day of week |  |  |  |  |  |  |  |  |
| Weekday 0.30 .3 |  |  |  |  |  |  |  |  |
| Both sexes | 4.6 | 3.0 | 1.8 | 1.2 | 2.3 2.4 | 4.3 5.2 | 8.9 | 0.4 |
| Male | 4.3 | 3.2 | 1.3 | 1.1 | 2.1 | 3.6 | 9.1 | 0.4 |
| Female | 4.9 | 2.8 | 2.2 | 1.4 | 2.1 | 3.6 | 9.1 |  |
| Saturday 9 |  |  |  |  |  |  |  |  |
| Both sexes | 4.0 4.0 | 4.9 | 2.6 2.4 | 2.1 | 3.1 | 2.0 | 9.2 | 0.3 |
| Female | 4.1 | 4.8 | 2.9 | 2.2 | 2.8 | 1.6 | 9.3 | 0.5 |
|  |  |  |  |  |  |  |  |  |
| Both sexes | 3.5 | 4.8 | 2.9 | 2.4 | 2.7 | 1.5 | 10.4 | 0.4 |
| Maie | 3.4 | 4.8 | 2.4 | 2.3 | 2.9 | 1.9 | 10.3 | 0.4 |
| Female | 3.6 | 4.7 | 3.3 | 2.5 | 2.4 | 1.2 | 10.5 | 0.3 |

TABLE 16
Average time spent ${ }^{1}$ with social contacts for the population 15 years and over by selected characteristics and gender, Canada, 1986 - Concluded

| Selected characteristics | Soclal contacts |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Alone | Parner | Children | Other family | Frionds | Others | Personal ${ }^{2}$ | Not stated |
|  | (Hours per day) |  |  |  |  |  |  |  |
| Slize of community CMAPPop. 100,000 or more |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| Both sexes | 4.4 | 3.3 | 1.9 | 1.4 | 2.5 | 3.8 | 9.1 | 0.4 |
| Male | 4.3 | 3.4 | 1.4 | 1.2 | 2.6 | 4.6 | 8.9 | 0.3 |
| Fernale | 4.6 | 3.1 | 2.3 | 1.7 | 2.3 | 3.0 | 9.3 | 0.4 |
| CAPop. 10.000-99.999 |  |  |  |  |  |  |  |  |
| Both sexes | 4.1 | 3.8 | 2.1 | 1.5 | 2.5 | 3.7 | 9.1 | 0.4 |
| Male | 3.9 | 3.9 | 1.7 | 1.5 | 2.6 | 4.3 | 8.8 | 0.4 |
| Female | 4.2 | 3.6 | 2.4 | 1.5 | 2.4 | 3.1 | 9.4 | 0.4 |
| RuralyPop. 9.999 or less |  |  |  |  |  |  |  |  |
| Both sexes | 4.4 | 3.8 | 2.4 | 1.8 | 2.4 | 3.0 | 9.0 | 0.4 |
| Male | 4.0 | 4.1 | 2.0 | 2.0 | 2.4 | 3.4 | 8.9 | 0.5 |
| Female | 4.7 | 3.6 | 2.8 | 1.7 | 2.3 | 2.6 | 9.2 | 0.4 |
| Living arrangement ${ }^{3}$ |  |  |  |  |  |  |  |  |
| W/ parner \& children) under 25 |  |  |  |  |  |  |  |  |
| Both sexes | 3.7 | 4.9 | 4.4 | 1.0 | 1.5 | 3.9 | 8.7 | 0.4 |
| Male | 3.4 | 5.0 | 3.6 | 0.9 | 1.7 | 5.0 | 8.5 | 0.3 |
| Fomale | 4.0 | 4.8 | 5.3 | 1.1 | 1.4 | 2.7 | 9.0 | 0.4 |
| W/ parner, no chid(ren) under 25 |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| Male | 3.9 | 6.4 | 0.4 | 0.9 | 1.7 | 3.3 | 9.2 | 0.4 |
| Female | 4.4 | 6.2 | 0.6 | 1.4 | 1.6 | 2.3 | 9.4 | 0.5 |
| Lone parent w/ chlld(ren) under 25 |  |  |  |  |  |  |  |  |
| Both sexes | 4.3 | 0.4 | 4.1 | 2.0 | 2.5 | 3.7 | 8.9 |  |
| Male | 4.1 | 0.8 | 2.6 | 2.8 | 2.2 | 5.5 | 8.1 | 0.5 |
| Female | 4.3 | 0.3 | 4.4 | 1.8 | 2.5 | 3.3 | 9.1 | 0.5 |
| Lone parent w/ child(ren) 25 t $0.0 .0{ }^{\text {a }}$ |  |  |  |  |  |  |  |  |
| Both sexes | 7.1 | 0.0 | 2.7 | 2.0 | 0.7 | 1.8 | 9.6 | 0.8 |
| Male | $\cdots$ | $\bigcirc$ | $\cdots$ | $\cdots$ | - | $\cdots$ | -- | $\cdots$ |
| Fernale | 7.2 | 0.0 | 2.6 | 2.2 | 0.5 | 1.6 | 9.8 | 0.7 |
| Child 15-24 w/ both parents |  |  |  |  |  |  |  |  |
| Both sexes | 3.5 | 0.1 | 0.6 | 3.3 | 5.0 | 44 | 9.6 | 0.3 |
| Male | 3.9 | 0.1 | 0.5 | 3.2 | 4.9 | 4.0 | 9.4 | 0.4 |
| Female | 3.0 | 0.1 | 0.6 | 3.6 | 5.1 | 5.0 | 9.8 | 0.2 |
| Child 15-24 w/tone parent 0.1 |  |  |  |  |  |  |  |  |
| Both sexes | 3.4 | 0.1 | 0.2 | 2.8 | 5.4 | 4.5 | 9.4 | 0.3 |
| Male | 3.7 | 0.2 | 0.2 | 3.3 | 4.4 | 4.5 | 9.6 | 0.2 |
| Female | 3.1 | 0.0 | 0.3 | 2.3 | 6.5 | 4.4 | 9.3 | 0.3 |
| Child 25* w/ parent(s) 0.1 |  |  |  |  |  |  |  |  |
| Both sexes | 5.1 | 0.1 | 0.0 | 4.6 | 2.8 | 2.6 | 9.4 | 0.3 |
| Male | 5.4 | 0.0 | 0.0 | 4.3 | 2.6 | 2.7 | 9.5 | 0.3 |
| Female | - | -- | -- | - | -- | -* | - | -- |
| With non-relative(s) only |  |  |  |  |  |  |  |  |
| Both sexes | 4.8 | 0.8 | 0.3 | 1.1 | 4.7 | 4.2 | 9.3 | 0.4 |
| Male | 5.1 | 0.8 | 0.3 | 1.1 | 4.7 | 4.4 | 9.0 | 0.6 |
| Female | 4.4 | 0.7 | 0.3 | 1.1 | 4.8 | 4.0 | 9.6 | 0.3 |
| Alone |  |  |  |  |  |  |  |  |
| Both sexes | 8.0 |  | 0.1 | 1.0 | 2.6 |  |  |  |
| Male | 7.5 | 0.2 | 0.1 | 0.7 | 3.1 | 4.2 | 8.9 | 0.4 |
| Female | 8.4 | 0.1 | 0.2 | 1.2 | 2.2 | 2.7 | 9.6 | 0.5 |
| Other 0.5 |  |  |  |  |  |  |  |  |
| Both sexes | 4.7 | 0.5 | 1.3 | 3.6 | 3.4 | 3.2 | 9.3 | 0.3 |
| Male | 5.6 | 0.3 | 0.6 | 3.2 | 4.4 | 4.1 | 8.1 | 0.4 |
| Female | 4.1 | 0.7 | 9.8 | 3.8 | 2.7 | 2.7 | 10.1 | 0.2 |

${ }^{1}$ Averaged over a 7 day week.
2 Relers to time spent on sleeping, washing, dressing or other personal care activiles (codes 40, 45, 46 and 48) for which the question
Who was with you?" was not asked.
3 "Children" and "Child" refer only to single chiliden (i.e., those never married) living at home.

TABLE 17
Average time spent ${ }^{1}$ with social contacts for participants 15 years and over by selected characteristics and gender, Canada, 1986

| Selected characteristics | Soclal contacts |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Alone | Panner | Chlidren | Other family | Friends | Others | Personal ${ }^{2}$ | Not stated |
|  | (Hours per day) |  |  |  |  |  |  |  |
| Population 15- |  |  |  |  |  |  |  |  |
| Both sexes | 4.8 | 5.9 | 4.9 | 4.0 | 5.0 | 6.3 |  |  |
| Male | 4.5 | 6.0 | 4.2 | 3.9 | 5.3 | 6.9 | 8.9 | 2.2 |
| Fernale | 5.0 | 5.8 | 5.4 | 4.1 | 4.7 | 5.7 | 9.3 | 1.7 |
| Age group |  |  |  |  |  |  |  |  |
| 15-24 |  |  |  |  |  |  |  |  |
| Both sexes | 3.9 | 4.8 | 4.0 | 4.0 | 6.4 | 6.6 | 9.5 | 2.0 |
| Male | 4.2 | 4.4 | 2.8 | 3.9 | 6.6 | 6.9 | 9.3 | 2.5 |
| Fernale | 3.6 | 5.0 | 4.8 | 4.1 | 6.2 | 6.2 | 9.8 | 1.6 |
| 25-34 0.9 |  |  |  |  |  |  |  |  |
| Both sexos | 4.2 | 5.2 | 5.8 | 4.0 | 4.9 | 6.7 | 8.9 | 1.6 |
| Male | 4.4 | 5.5 | 4.5 | 4.1 | 5.2 | 7.1 | 8.7 | 1.6 |
| Fernale | 4.1 | 4.9 | 6.7 | 3.9 | 4.6 | 6.1 | 9.0 | 1.6 |
| 35-44 |  |  |  |  |  |  |  |  |
| Both sexes | 4.4 | 5.2 | 5.0 | 3.4 | 4.4 | 7.0 | 8.8 | 2.0 |
| Male | 4.1 | 5.3 | 4.6 | 3.4 | 4.7 | 7.6 | 8.6 | 2.3 |
| Femalo | 4.6 | 5.2 | 5.4 | 3.4 | 4.0 | 6.1 | 9.0 | 1.8 |
| 45-54 |  |  |  |  |  |  |  |  |
| Both sexes | 5.1 | 5.9 | 4.0 | 3.9 | 4.0 | 6.7 | 8.8 | 1.6 |
| Male | 4.7 | 5.8 | 4.1 | 4.0 | 4.2 | 7.5 | 8.5 | 1.8 |
| Fernale | 5.5 | 5.9 | 3.9 | 3.9 | 3.7 | 5.8 | 9.1 | 1.4 |
| 55-64 |  |  |  |  |  |  |  |  |
| Both sexes | 5.4 | 6.8 | 3.8 | 4.5 | 4.3 | 5.4 | 9.1 8.9 | 2.3 |
| Male | 4.9 | 6.5 | 3.4 | 3.9 | 4.6 | 6.0 | 8.9 | 2.7 |
| Fernale | 5.8 | 7.2 | 4.0 | 4.9 | 4.0 | 4.6 | 9.3 | 1.9 |
| $65+$ |  |  |  |  |  |  |  |  |
| Both sexes | 6.8 | 8.1 | 4.3 |  |  |  | 9.9 9.7 | 2.2 |
| Male Female | 5.7 7.6 | 8.2 | 4.3 | 4.3 | 3.7 3.7 | 3.7 | 10.0 | 2.0 |
| Labour force statue |  |  |  |  |  |  |  |  |
| Employed |  |  |  |  |  |  |  |  |
| Both sexes | 4.1 | 5.2 | 4.2 | 3.8 | 4.9 | 7.5 | 8.7 | 1.9 |
| Male | 4.1 | 5.3 | 4.0 | 3.9 | 5.1 | 7.7 | 8.5 | 2.0 |
| Fernate | 4.1 | 5.0 | 4.4 | 3.7 | 4.7 | 7.1 | 9.0 | 1.7 |
| Looking for work 3.6 |  |  |  |  |  |  |  |  |
| Both sexes | 5.1 | 6.4 | 6.0 | 5.4 | 6.0 | 3.6 | 9.7 | 2.0 |
| Male | 5.4 | 6.6 | 5.5 | 5.4 | 5.6 | 3.8 | 9.6 | 1.8 |
| Fernale | 4.4 | 5.7 | 6.9 | 5.3 | 6.9 | 3.0 | 9.9 | 2.2 |
| Student |  |  |  |  |  |  |  |  |
| Both sexes | 4.4 | 3.9 | 3.0 | 3.6 | 6.6 | 5.9 | 9.5 9.3 |  |
| Male | 4.7 | 4.0 | 3.1 | 3.3 | 6.7 | 6.0 | 9.3 | 2.7 |
| Fermale | 4.0 | 3.9 | 2.9 | 3.9 | 6.6 | 5.9 | 9.6 | 1.2 |
| Keeping house 5.5 |  |  |  |  |  |  |  |  |
| Both sexes | 5.5 | 6.2 | 6.4 | 4.3 | 3.7 | 3.1 | 9.3 | 1.5 |
| Male | 5.6 | 6.9 | 7.6 | - | 2.9 | 3.1 | 9.2 | $\because$ |
| Female | 5.5 | 6.2 | 6.4 | 4.3 | 3.7 | 3.1 | 9.3 | 1.5 |
| Retired |  |  |  |  |  |  |  |  |
| Both sexes Male | 6.7 5.8 | 8.4 8.5 | 4.2 4.2 | 4.1 | 3.8 3.9 | 3.0 | 9.8 9.6 | 2.1 |
| Female | 7.8 | 8.1 | 4.4 | 4.2 | 3.7 | 2.8 | 10.0 | 2.3 |
| Other |  |  |  |  |  |  |  |  |
| Both sexes | 4.7 | 6.8 | 6.2 | 4.4 | 5.5 |  |  |  |
| Male | 4.7 | 7.0 | 6.3 | 4.3 | 6.0 | 4.2 | 10.3 | 4.0 |
| Female | 4.8 | 6.6 | 6.1 | 4.5 | 5.0 | 3.9 | 10.1 | 2.5 |
| Day of week |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| Both sexes | 4.9 | 5.0 | 4.2 | 3.5 | 4.8 |  | 8.9 |  |
| Male | 4.6 | 5.1 | 3.4 | 3.4 | 5.1 4.5 | 7.3 6.0 | 8.1 | 2.2 |
| Fermale | 5.2 | 4.8 | 4.8 | 3.6 | 4.5 | 6.0 | 9.1 | 1.7 |
| Saturday 50.0 |  |  |  |  |  |  |  |  |
| Both sexes Male | 4.7 4.7 | 8.0 8.0 | 6.5 6.6 | 4.9 | 5.9 6.3 | 5.3 | 9.2 | 2.0 |
| Femate | 4.6 | 7.9 | 6.4 | 5.0 | 5.6 | 4.6 | 9.3 | 2.0 |
| Sunday 410.4048 |  |  |  |  |  |  |  |  |
| Both sexes | 4.1 | 8.2 | 6.6 | 4.8 | 5.3 | 4.4 | 10.4 | 1.8 |
| Male | 4.1 | 8.4 | 6.2 | 4.8 | 5.4 | 4.7 | 10.3 | 2.3 |
| Female | 4.1 | 8.0 | 6.8 | 4.9 | 5.1 | 4.1 | 10.5 | 1.4 |

TABLE 17
Average time spent ${ }^{1}$ with social contacts for participants 15 years and over by selected characteristics and gender, Canada, 1986 - Concluded


General Social Survey, 1986

[^22]TABLE 18
Participation rate with social contacts for the population 15 years and over by selected characteristics and gender, Canada, 1986

|  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |

TABLE 18
Participation rate with social contacts for the population 15 years and over by selected characteristics and gender, Canada, 1986 - Concluded

| Selected characteristics | Social contacts |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Alone | Partner | Children | Oher family | Filends | Others | Personal ${ }^{1}$ | Not stated |
|  | (Percent) |  |  |  |  |  |  |  |
| Slze of community CMAPop. 100,000 or more |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| Both sexes | 92 | 57 | 40 | 38 | 48 | 59 | 100 | 20 |
| Male | 92 | 59 | 37 | 35 | 48 | 65 | 100 | 17 |
| Female | 92 | 55 | 44 | 41 | 48 | 53 | 100 | 23 |
| CAPOP. 10,000-99,999 |  |  |  |  |  |  |  |  |
| Both sexes | 90 | 62 | 43 | 38 | 49 | 58 | 100 | 20 |
| Male | 91 | 64 | 39 | 37 | 50 | 61 | 100 | 18 |
| Female | 90 | 61 | 48 | 39 | 48 | 55 | 100 | 23 |
|  |  |  |  |  |  |  |  |  |
| Both sexes | 91 | 62 | 46 | 42 | 48 | 50 | 100 |  |
| Male | 90 | 63 | 41 | 40 | 47 | 54 | 100 | 20 |
| Female | 92 | 61 | 51 | 44 | 48 | 47 | 100 | 22 |
| Living arrangement ${ }^{2}$ |  |  |  |  |  |  |  |  |
| W/ partner \& child(ren) under 25 |  |  |  |  |  |  |  |  |
| Both sexes | 91 | 92 | 87 | 30 | 38 | 59 | 100 | 21 |
| Male | 90 | 93 | 81 | 25 | 39 | 69 | 100 | 17 |
| Femalo | 93 | 91 | 92 | 34 | 37 | 50 | 100 | 24 |
| W/ parner, no chlid(ren) under 25 |  |  |  |  |  |  |  |  |
| Both sexes | 89 | 92 | 12 | 28 | 39 | 47 | 100 | 22 |
| Male | 89 | 91 | 10 | 24 | 37 | 51 | 100 | 21 |
| Female | 89 | 92 | 15 | 31 | 41 | 43 | 100 | 23 |
| Lone parent w/ chlid(ren) under 25 |  |  |  |  |  |  |  |  |
| Both sexes Male | 93 97 | 12 | 81 66 | 42 | 55 56 | 59 | 100 99 | 22 |
| Male Female | 97 93 | 10 | 66 84 | $\overline{40}$ | 56 55 | 71 56 | 99 100 | 23 |
| Lone pareni w/ child(ren) 25+ |  |  |  | 40 | 55 | 56 | 100 | 23 |
| Both sexes | 94 | -- | 64 | 54 | - | 40 | 100 | -. |
| Male | - | -. | $\because$ | $\stackrel{\square}{5}$ | -- | - | $-$ | -. |
| Female | 93 | -. | 61 | 55 | -- | -. | 100 | -- |
| Chis 15-24 w/ both parents |  |  |  |  |  |  |  |  |
| Both sexes | 92 | 4 | 17 | 83 | 75 | 66 | 100 | 14 |
| Male | 81 | - | 16 | 81 | 73 | 62 | 100 | 13 |
| Female | 93 | - | 18 | 87 | 78 | 73 | 100 | 16 |
| Cnild $15-24$ w/ lone parent 75 |  |  |  |  |  |  |  |  |
| Both sexes | 92 | - | .. | 73 | 75 | 66 | 100 | 18 |
| Male | 92 | - | -* | 79 | 61 | 65 | 100 | .- |
| Female | 92 | .- | .- | 68 | 88 | 67 | 100 | - |
| Child $25+$ w/ parent(s) 0500 |  |  |  |  |  |  |  |  |
| Both sexes | 95 | -* | -* | 89 | 48 | 48 | 100 | -- |
| Male | 97 | -. | .- | 85 | 47 | -. | 100 | -. |
| Female | -- | - | - | -. | -- | -- | -- | -. |
| Wth non-relative(s) only |  |  |  |  |  |  |  |  |
| Both sexes | 91 |  | - | 22 | 73 |  | 100 | 17 |
| Male | 92 | 13 | -- | 22 | 73 | 62 | 100 | $\cdots$ |
| Female | 90 | 13 | -. | 23 | 73 | 64 | 100 | 21 |
| Alone |  |  |  |  |  |  |  |  |
| Both sexes | 98 | 3 | 4 | 25 | 54 | 56 | 100 | 23 |
| Male | 98 | $\cdots$ | -- | 19 | 59 | 62 | 100 | 20 |
| Female | 98 | 3 | 5 | 29 | 50 | 51 | 100 | 24 |
| Other |  |  |  |  |  |  |  |  |
| Both sexes | 92 | -. | 25 | 67 | 53 | 50 | 100 | 22 |
| Male | 98 | .- | -- | 64 | 61 | 52 | 100 | -- |
| Female | 89 | - | 32 | 70 | 47 | 49 | 100 | 21 |

General Social Survey, 1986
1 Reters to time spent on sleeping, washing, dressing or other personal care acivitles (codes 40, 45, 46 and 48) for which the question
"Who was with you?" was not asked.
2 "Children" and "Child" refer only to single chlldren (l.e., those never married) living at home.

## CHAPTER 4

TIME USE OF ROLE GROUPS

### 4.1 TIME USE OF ROLE GROUPS

## HIGHLIGHTS

- Employed parents spend the most time on productive activities, on average more than 9 hours per day, leaving only about 4 hours for free time. During the week, employed parents do on average, more than 10.5 hours of productive work per day and have approximately 3 hours of free time while on weekends time is more evenly divided between productive work and free time.
- Employed females living alone have productive time allocations (an average of 8.8 hours per day) similar to those living with a partner and no children (9.0 hours). However, employed females living with a partner and no children allocate 0.6 hours more to domestic work than their female counterparts who live alone. This results in less free time for these women.
- Female students living at home have a particularly heavy weekday workload averaging 10.1 hours per day compared to their male counterparts who average 8.9 hours per day.
- Productive time on weekends is about half the productive time on weekdays for most role groups.
- For most groups, free time on weekends exceeds or equals the time spent on productive activities. The only exceptions are for employed mothers with a partner and children, and mothers keeping house with a partner and young children for whom weekend time spent on productive activity continues to excced the amount of frce time.
- Retired males and females living alone have the most free time ( 9.3 and 8.4 hours respectively). Retirees living with a partner have about an hour less free time each day.
- In general, retired males living alone allocate the most time to media, an average of 6.0 hours per day. Employed females living with a partner and child(ren) allocate the least, 1.9 hours per day.
- Virtually everyone spends some time alone each day. Excluding time spent on selected personal care activities, retired males living alone spend the most time alone, an average of 10.6 hours per day. Their female counterparts average 9.8 hours per day alone. The minimum average time alone, 2.1 hours per day,
occurs on a weekday and is reported by employed female lone parents living with at least one child less than five.
- Employed persons living with a partner spend an average of 4 to 5 hours per day with their partner. Women keeping house with no children spend nearly seven hours with their partner while persons retired and living with a partner spend over 8 hours with theirs. For all groups with a partner, more time is spent with the partner on the weckend than during the week.
- For most role groups, time with friends and family is highest on weekends and time with others is highest on weekdays.


## METHODOLOGY

Individuals occupy a number of roles in which a variety of expectations interact with their abilities and opportunitics in the conduct of their daily tasks. One may be a child, parent, student, worker, employer, spouse, a politician and/or a voluntect worker, each of which carries with it certain behaviourial implications. Much of the literature addressing the family/work-life interface tends to focus on work, family or marital status. However, in studying daily behaviour of individuals, such narrow compartmentalization is limited.

Certain role-related variablesare recurrently documented to have significant impacts on daily behaviour. Traditionally, the first of these has been gender, which has imposed differential role obligations on men and women most simply characterized by the dominant role of men in the market and women in the home. However, over the past two decades, with the rapid increase in female participation in the labour force, employment appears to have emerged as a major role-related determinant of behaviour. Marital status is a third factor contributing to significant differences in behaviour. Beyond marital status, children, both by virtue of their existence, and presence and in terms of their numbers and ages, impose certain behavioral imperatives on those responsible for them. Each of these forces needs to be accounted for in evaluating time use. Other rolerelated variables have been considered in the literature. In a report for the Organization of Economic and Cooperative Development (OECD), Aas (1980) argued that a relatively limited number of subgroups should be used in reporting time use data. Aas saw an employed/not employed dichotomy as the first dimension, sex as the second, and then argued for role in household as a third descriplive dimension.

The foregoing discussion is clearly suggestive of promising role groups for the analysis and interpretation of the time use data. On one hand it is necessary to distinguish and provide for those role-related characteristics which do make a difference; on the other hand it is necessary to have individual groups sufficiently large to provide for meaningful analysis. Those characteristics suggested by the above for inclusion are sex, employment status, marital status, age and children.

From an analytical viewpoint, however, individuals occupy at least one point on each of the dimensions. As a consequence, their behaviour may well be determined as much by the interaction of roles as by the separate roles themselves. Thus it is meaning ful to combine the separate dimensions in order to construct the more meaningful, though more complex, groups. The limit to such construction is, as suggested above, the need for reasonably sized groups. As a result, some groups such as male lone parents cannot be addressed. With this consideration in mind, study of the possibilities suggests the characterization of population presented in Text Table $\mathbf{N}$. This characterization encompasses the dimensions sex, employment status, marital status and the presence of children. Age is excluded because it strongly interacts with role factors and because its inclusion would create many groups too small for meaning ful analysis. Creation of the groups was implemented through the use of hypercodes (Clark, Elliot and Harvey, 1983). This approach facilitates the combining of several characteristics into a single variable.

Text Table N defines the various groups, sample sizes and population counts examined in this chapter.

## RESULTS

## Role types and activities

The heavy demands for the allocation of time to productive aclivity engendered by combining the roles of partner, employee and parent are clearly exhibited in Table 19 and Figure $U$ which show persons occupying all three roles allocating the most time to productive activity and in general, the least to leisure activity. At the other extreme, retired males and females living alone or retired males with a partner and no children allocate the least amount of time to productive activity and have the greatest amount of free time.

Employed parents living with a partner and female lone parents spend the most time on productive activities, on average more than 9 hours per day, leaving only about 4 hours for free time. During the week, employed parents do on average, more than 10.5 hours of productive work
per day and have approximately 3 hours of free time while on weekends, time is more evenly divided between productive work and free time.

Time spent on productive activities by employed parents with partners does not vary systematically by gender and age of children. Employed mothers, with at least one child under 5 years of age, spend 9.8 hours on productive activity compared to 10.1 hours for comparable working fathers. If the children are all over 5 years of age, productive activity consumes 10.1 hours for mothers working for pay, compared to 9.3 hours for fathers. Employed fathers, as with all employed males, exhibit a time allocation that is heavily work oriented. Those with at least one child under 5 allocate a total of 10.1 hours to productive activity with 7.6 hours to paid work and an additional 2.4 hours to unpaid work. Comparable employed mothers have a similar amount of productive activity but, for them, approximately 5.0 hours goes to each of paid and unpaid work.

Employed mothers with a partner spend more time at productive activity than their lone parent counterpart. These lone parents, however, allocate more time to paid work. Conversely, employed mothers in a two-parent family spend more time on domestic work, primary child care, and shopping and services. Lone parents report more total free time per day than their counterparts with a partner. All of these women have a minimum of 10.0 hours personal care time per day.

Employed mothers with partners spend considerably more time at productive activity than do mothers who are at home with the children. For those with at least one child less than 5 , the difference is 1.6 hours per day ( 9.8 versus 8.2) while if all the children are over 5 , the difference is nearly 3.0 hours ( 10.1 versus 7.2 ).

Employed females living with a partner but no children allocate 6.0 hours to paid work and an additional 3.2 hours to unpaid work. Comparable males allocate 7.0 hours to paid work and an additional 1.6 hours to unpaid work. These allocations to productive activity are about one hour less per day than for employed parents with children at home. Employed males living alone have productive time allocations similar to those living with a partner and no children. Employed females living alone also have productive time allocations similar to employed females living with a partner and no children, except in domestic work where the latter group spends an average of 0.6 hours more per day.

Among the employed groups, those with the least allocation to productive activity are males and females with limited

Figure U
Average time spent(1) on major activities for the population 15 years and over, by role groups, Canada, 1986


| Legend for fole groups |  |  |  |
| :---: | :---: | :---: | :---: |
| M. Male | E-Employed | PS - Living with parther or spouse | NC - No children |
| F - Fernale | S-Sudent | LP - Lone parent | C $<5$ - At least 1 child $<5$ years |
|  | K-Keeping house | P . Living with parent(s) | C5t- All children 5 years or over |
|  | R. Retired | A - Living alone |  |
|  |  | NF - Living with non-family members |  |

(1) Averaged over a 7 day week
(2) For complete description of role groups, see Text Table N.

TEXT TABLEN
Role groups by sample size and population 15 years and over, Canada, 1986

| Role group and day of week | Sample size | Population ('000s) |
| :---: | :---: | :---: |
| Population 15+ | 9,744 | 19,496 |
| 1. Male, employed, with partner, no children <19 at home |  |  |
| All days | 663 | 1,573 |
| Weekday | 518 | 1,195 |
| Weekend | 145 | 378 |
| 2. Female, employed, with partner, no children <19 at home |  |  |
| All days | 512 | 1,020 |
| Weekday | 392 | 736 |
| Weekend | 120 | 284 |
| 3. Male, employed, with partner, at least one child <5 | 557 | 1.083 |
| All days | 537 | 1,083 |
| Weekday | 436 | 813 |
| Weekend | 121 | 270 |
| 4. Female, employed, with partner, at least one child <5 |  |  |
| All days | 242 | 439 |
| Weekday | 173 | 284 |
| Weekend | 69 | 155 |
| 5. Male, employed, with partner, all children 5t |  |  |
| All days | 644 | 1,681 |
| Weekday | 505 | 1,250 |
| Weekend | 139 | 431 |
| 6. Female, employed, with partner, all children $5+$ | 442 | 937 |
| All days | 442 | 937 |
| Weekday | 340 | 693 |
| Weekend | 102 | 244 |
| 7. Female, employed, lone parent, at least one child <5 |  |  |
| All days | 40 | 57 |
| Weekday | 28 | 42 |
| Weekend | - | - |
| 8. Female, employed, tone parent, will chlidren 5+ |  | 193 |
| All days | 147 | 194 |
| Weokday | 35 | 50 |
| 9. Male, employed, with parent(s), no children <19 at home |  |  |
| All days | 211 | 663 |
| Weekday | 153 | 428 |
| Weekend | 58 | 235 |
| 10. Female, employed, with parent(s), no chlldren <19 at home |  |  |
| All days | 128 | 408 |
| Weekday | 96 | 288 |
| Weekend | 32 | 120 |
| 11. Male, employed, lliving alone |  |  |
| All days | 448 | 484 |
| Weekday | 362 | 372 |
| Weekend | 86 | 112 |
| 12. Female, employed, living alone |  |  |
| All days | 415 | 396 |
| Weekday | 315 | 282 |
| Weekend | 100 | 114 |
| 13. Male, employed, with non-family, no children <19 at home |  |  |
| All days | 97 | $232$ |
| Weokday | 74 | 157 |
| Weekend | - | -- |
| 14. Female, employed, with non-famlly, no children <19 at home |  |  |
| All days | 105 | 229 |
| Weekday Weekend | 77 28 | 134 95 |

TEXT TABLE N
Role groups by sample size and population 15 years and over, Canada, 1986 - Concluded

| Role group and day of week | Sample size | Population ('000s) |
| :---: | :---: | :---: |
| 15. Male, student, with parent(s), no children <19 at home 865 |  |  |
| All days | 290 | 865 |
| Weekday | 200 | 549 |
| Weekend | 90 | 316 |
| 16. Female, student, with parent(s), no children <19 at home 793 |  |  |
| All days | 275 | 793 |
| Weekday | 209 | 582 |
| Weekend | 66 | 211 |
| 17. Female, keeping house, with partner, no children <19 at home 575 |  |  |
| Woekday | 432 | 910 |
| Weekend | 143 | 385 |
| 18. Femaic, keeping house, with partner, at least one child $<5$ |  |  |
| All days | 432 | 764 |
| Weokday | 325 | 544 |
| Weekend | 107 | 220 |
| 19. Femaie, keeping house, with partner, all children 54 |  |  |
| All days | 403 | 793 |
| Woekday | 288 | 515 |
| Weekend | 115 | 278 |
| 20. Femaie, keeping house, ione parent, at ieast one child < 5 |  |  |
| All days | 69 | 71 |
| Weekday | 52 | 48 |
| Weekend | -- | -- |
| 21. Female, keeping house, lone parent, all children 54 |  |  |
| All days | 83 | 111 |
| Weekday | 62 | 74 |
| Weekend | - | - |
| 22. Female, keeping house, tiving alone |  |  |
| All days |  |  |
| Woekday | 137 | 140 |
| Weekend | 49 | 56 |
| 23. Male, retired, with partner, no children <19 at home 95 |  |  |
| All days | 423 |  |
| Woekday | 315 | 673 |
| Weekend | 108 | 283 |
| 24. Femaie, retired, with partner, no children <19 at home 350 |  |  |
| All days | 175 | 350 |
| Woekday | 137 | 259 |
| Weekend | 38 | 91 |
| 25. Maie, retired, ilving aione |  |  |
| All days | 155 | 170 |
| Woekday | 111 | 115 |
| Weekend | 44 | 55 |
| 26. Femaie, retired, living alone |  |  |
| All days | 426 | 472 |
| Weekday | 320 | 341 |
| Weekend | 106 | 130 |
| 27. Other maies |  |  |
| All days | 878 | 1,837 |
| Weekday | 660 | 1.312 |
| Weekend | 218 | 525 |
| 28. Other females |  |  |
| All days | 723 | 1,431 |
| Weekday | 548 | 1,019 |
| Weekend | 175 | 412 |

other role obligations, in particular those without partners. Employed males living with their parents allocate 6.5 hours to paid work, only about 1.4 hours to unpaid work and overall 7.8 hours per day to productive activity. Comparable females allocate the same amount of time ( 6.5 hours) to paid work but more time ( 2.0 hours) to unpaid work for a total of 8.4 hours of productive work.

Students non-personal, non-leisure time is also heavily concentrated in one activity, studying. As shown in Table 19 male students living with their parents allocate an average of 7.3 hours per day to productive activity, of which 5.7 hours is education time. Female students allocate 8.5 hours to productive work, of which 6.6 hours is education time. On weekends, while male students living at home find their time about equally split between study and other productive activity, females in similar circumstances allocate inore than twice as much time to non-cducational productive activity as they do to education. Among students, females living at home have a particularly heavy weckday workload of 10.1 hours per day.

In general, the time allocated to productive work on weekends is about half that so allocated on weekdays. For most groups, free time on weekends exceeds the time spent on productive activities. The only exceptions are for employed mothers with children and mothers keeping house with young children for whom weekend time spent on productive activity continues to exceed the amount of free time. The difference is particularly great for employed mothers with partners and at least one child under 5 , who on weekends spend on average, 7.5 hours on productive activity and are left with only 5.1 hours of free time. In comparison, their male counterparts have an equal allocation of time ( 6.5 hours) to productive activities and free time.

Retired males and females living alone have the most free lime ( 9.3 hours for males and 8.4 for females). Males and females retired but living with a partner have about an hour less free time each day. In general, retired males allocate the most time to media and employed females the least. Retired males living alone averaged, over all days of the week, six hours per day. In contrast, employed females living with a partner and child allocate 1.9 hours per day for media and communication. Employed females, who are lone parents with at least one child under 5 years have the least non-media free time, an average of 1.3 hours per day.

Virtually all groups spend more than half their free time on media-related activities, most often television viewing. Exceptions are employed males living alone or employed females living with their parents or non family members who spend the majority of their free time on non-media
related activities. Their time allocation to non-media activities is particularly high on weekends.

## Social contacts

There are extremely wide variations in social contact time allocations across role groups. Contact time with some persons (e.g. spouse or children) clearly depends on family structure.

Virtually everyone has some time alone each day and not surprisingly, persons living alone have the most. Retired males living alone spend an average of 10.6 hours per day alone, 9.3 hours on personal care and therefore only 3.6 hours per day with other people (Table 20). Retired women living alone spend less time alone ( 9.8 hours) and 3.9 hours with others. In comparison to their male counterparts, they spend more time with "other family" members ( 1.4 versus 0.7 hours per day) but less time with friends ( 1.7 versus 2.4 hours). Females who keep house and live alone, also spend a lot of time alone, 10.4 hours per day. Employed males and females living alone spend the next highest amount of time alone averaging 6.4 and 6.0 hours per day respectively. Most of the other groups spend between 3 and 4 hours alone, the other time taken up with partners, children and co-workers/students. The least amount of time alone is by employed female lone parents living with at least one child less than 5 years of age, an average of 2.6 hours per day.

Employed persons living with a partner spend an average of 4 to 5 hours per day with their partner. Women keeping house with no children spend nearly seven hours with their partner while persons retired and living with a partner spend over 8 hours with theirs. For all groups with a partner, more time is spent with the partner on the weekend than during the week.

Women keeping house and living with a partner and at least one child under 5 spend an average of 8.5 hours per day with their child(ren). Comparable employed women spend 5.6 hours with their children, while employed men with a partner and young children spend 3.8 hours with their children. Part of this difference is likely due to the fact that proportionately, more women than men work part-time.

Female lone parents who keep house and have at least one child under 5 spend an average of 7.0 hours per day with their child(ren), or approximately 1.5 hours less than their counterparts in a two parent family. Comparable employed lone parents spend 3.5 hours per day with their child(ren), slightly less time than their counterparts in a two parent family have with the it child(ren).

Except for children who are living with their parents and whose parents are therefore included in the category "other family", most other role groups spend about 0.5 to 1.5 hours per day with other family members. The exceptions are, female lone parents who keep house (regardless of age of children) and employed female lone parents with at least one child less than five years who spend on average, a minimum of two hours per day with other family members. Students living with their parents spend the most time with friends (an average of 5.9 hours per day for females and 5.6 hours for males). The employed living with non-family members also spend much time with friends ( 4.4 for females and 5.0 for males).

Employed persons living alone or living with their parents but no children and employed female lone parents with at least one child less than 5 years of age spend between 2.9 and 4.3 hours with friends. Most other role groups spend about 2 hours or less with friends. Retired males and females living with a partner spend the least amount of time with friends, just over one hour per day.

For most role groups, time with friends and family is highest on weekends and time with others is highest on weekdays. Time with children is generally much higher on weckends for males, averaging at least twice as much time with them on weekends as on weekdays. Interestingly, the only group to register a decline in time with children on weekends is females who keephouse and live with their partner and at least one child under 5 , averaging 8.6 and 8.3 hours on weekdays and weekend days, respectively. Paralleling this, employed males living with their partner and at leastonechild under 5 , register the greatest weekday to weekend inerease in time with children. Employed females living with their partner and a child under five spend 4.6 hours with children on weekdays and 7.3 hours on weekend days.

While it is not possible to derive a measure of the total number of social contacts, some indication of the volume of soeial contacts can be obtained by adding together time spent in each social contact situation, i.e. personal care, alone with spouse, with children, with other family, with friends and with other persons. The total time will be a minimum of 24 hours and will exceed 24 hours to the extent that the same block of time was spent with more than one type of social contact. For example, assume that from 7:00 to 9:00 p.m. an individual is talking with family members. From 8:00 to $9: 00$ p.m. they are joined by friends. This would be registered as 2 hours with family and 1 hour with friends for a total social contact time between 7:00 and 9:00 p.m. of three hours. This is one
dimension of ume deepening which results from concurrent uses of time as people pack multiple activities and contacts into any given time period.

Eight role groups register 27 hours or more of social contact time, Table 20 and Figure V. Time deepening resulting from social contact time was most prevalent among persons with children. Females living with a partner and a child under 5 years, whether keeping house or employed, register the highest social contact time, 29.2 and 29.1 hours per day respectively. This occurs as a result of their heavy family contact time allocation. Retired males and females and females who keep house, all of whom live alone, have the least contact time. Employed males living with their partner and child(ren), regardless of the child(ren)'s age, have the least personal care time among the groups considered. Employed females whoare lone parents with at least one child less than 5 years of age or who live with their parent(s) and no children have the least time alone of all groups.

## Role and location

Time spent in various locations also varies considerably across individuals and among role groups. In particular, labout foree status is a main determinant of the location of activities. Ten role groups average over 18 hours at home, Table 21 and Figure W. Eight of these are female groups. Among males, only those retired and living with their partner or alone average over 18 hours at home. Among females, those retired or keeping house registered the greatest time at home with retired females living with their partner averaging 20.3 hours at home, 20.6 hours on weekends and 20.2 on weekdays. Not surprisingly, employed males and employed females living either alone or with their parents, average the least amount of time at home, 13.5 or fewer hours per day.

Typically, time spent in places other than home or work or transit rises on the weekends, execpt for students who by definition attend classes in "other places". However, on weekends, retired persons tend to register a deeline in time spent in "other places".

Time spent in transit averages between one and two hours per day for most role groups. Transit time is highest for employed males ( 1.6 to 1.8 hours). Most employed females average about 0.2 to 0.4 hours less per day in transit than their male counterparts.

The majority of transit time for most groups is by ear. However, some groups elearly substitute other modes of transportation presumably when ears are not readily available. For example, male students spend 1.3 hours in

Figure V
Average time spent(1) with social contacts for the population 15 years and over, by role groups, Canada, 1986


| Legend for role groups |  |  |  |
| :---: | :---: | :---: | :---: |
| M-Male | E - Employed | PS - Living with partner or spouse | NC - No children |
| F - Female | S - Student | LP - Lone parent | C<5-At least 1 child $<5$ years |
|  | K-Keeping house | $P=$ Living with parent(s) | C5+ - All children 5 years or over |
|  | R - Retired | A - Living alone |  |
|  |  | NF - Living with non-family member(s) |  |

(1) Averaged over a 7 day week
(2) For complete description of role groups, see Text Table N.
(3) Total adds to more than 24 hours because multiple responses were permitted.
(4) Refers to time spent on sleeping. washing, dressing or other personnal care activities (codes $40,45,46$ and 48 ) for which the question "Who was with you?" was not asked.

Figure W
Average time spent(1) at various locations for the population 15 years and over by role groups, Canada, 1986


| M - Male | E-Employed | PS - Living with partner or spouse | NC - No children |
| :---: | :---: | :---: | :---: |
| F-Female | S. Student | LP - Lone parent | C $<5$ - At least 1 child $<5$ years |
|  | K - Keeping house | P- Living with parent(s) | C5+- All children 5 years or over |
|  | R - Retired | A - Living alone |  |
|  |  | NF - Living with non-family member(s) |  |

(1) Averaged over a 7 day week
(2) For complete description of role groups, see Text Table N .
transit but only 0.6 hours of this is by car with walking and bus accounting for 0.3 hours each. Retired males living alone spend 1.1 hours in transit but only 0.5 hours is by car and an additional 0.5 hours walking, the highest time spent walking of any group.

## DISCUSSION

An individual's allocation of time is determined by many dimensions. While each dimension can be studied individually, it is more meaningful to examine individual time allocation by pooling the relevant dimensions which shape an individual's lifestyle. Knowledge of the exact dimensions to be included, and how they should be combined is in its infancy. There is, however, agreement on several of the dimensions, as reflected in the work here. Sex, marital status/living arrangement, labour force status and child status are clearly, based on received knowledge, dimensions which must be accounted for. The majority of Canadians can place themselves into one of the role groups formed by combining those dimensions. Whether other significant and usable dimensions exist, and what they are, remains to be determined. Niemi and Paakkonen (1990), recognizing the value of this approach in their recent report on changes in time use in Finland between 1979 and 1987, present a chapter" A normal day in the life of a family with children." They present clear evidence of the importance of the interplay of the dimensions included in the present analysis.

An indication of the value of pooling dimensions is contained in ananalysis of the time allocation of employed married females with children and employed married females without children. An employed woman living with her partner and a child under five can be seen to differ from her counterpart without a child in several ways. The former spends about 20 percent less time in paid work, slightly less time on media and leisure, about the same amount of time on personal care, shopping and education, and about 30 percent more time on domestic work. She spends time with her children, resulting in less time alone, less time with her partner, friends and others, and about the same amount of time with "other family". She spends 1.7 hours per day more at home and less time at work, other places and using buses or subways.

In contrast, employed males living with their partner and a child under five differ from their counterparts without children in the following ways. Those with children allocate 9 percent more time to paid work, 9 tenths of an bour on primary child care compared with zero for those without children, about the same amount of time on domestic activities, education and shopping and services, less time on personal care and about 20 percent less time on media and leisure activities. They also have less time alone and with their partner and friends, and more time with other family and others. Finally, they are home and at their workplace more.

TABLE 19
Average time spent' on various activities for the population 15 years and over, by role groups and day of week, Canada, 1986

| Role group and day of weok | Activities ${ }^{2}$ |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Productive activites |  |  |  |  |  | $\begin{aligned} & \text { Personal } \\ & \text { care } \end{aligned}$ | Media 8 communication | Other free time |
|  | Totar ${ }^{3}$ | Paid work | Domestic work | Primary child care | Shopping \& services | Education |  |  |  |
|  | (Hours per day) |  |  |  |  |  |  |  |  |
| Population 15+ | 7.5 | 3.6 | 1.8 | 0.4 | 0.9 | 0.8 | 11.0 | 3.2 | 2.3 |
| 1. Male, employed, w/ partner, no children ${ }^{4}$ |  |  |  |  |  |  |  |  |  |
| All days | 8.6 | 7.0 | 0.9 | 0.0 | 0.6 | 0.1 | 10.5 | 2.9 | 2.0 |
| Weekday | 9.9 | 8.4 | 0.8 | 0.0 | 0.6 | 0.1 | 10.1 | 2.6 | 1.4 |
| Weekend | 4.7 | 2.6 | 1.2 | 0.0 | 0.8 | 0.1 | 11.7 | 3.9 | 3.6 |
| 2. Female, omployed, w/ partner, no children All days | 9.0 | 6.0 | 1.9 | 0.2 | 0.9 | 0.2 | 10.8 | 2.2 | 2.0 |
| Weekday | 10.4 | 7.8 | 1.6 | 0.2 | 0.8 | 0.1 | 10.2 | 2.0 | 1.3 |
| Weekend | 5.4 | 1.4 | 2.4 | 0.2 | 1.1 | 0.2 | 12.3 | 2.6 | 3.7 |
| 3. Male, employed, w/ partner, chlld(ren) <55 |  |  |  |  |  |  |  |  |  |
| All days | 10.1 | 7.6 9.1 | 0.8 0.7 | 0.9 0.8 | 0.6 0.5 | 0.1 | 10.0 9.7 | 2.3 | 1.6 1.0 |
| Weekday Weekend | 11.2 6.5 | 9.1 2.9 | 0.7 1.3 | 0.8 1.3 | 0.5 1.0 | 0.1 0.0 | 9.7 10.9 | 2.1 | 1.0 3.4 |
| 4. Female, employed, w/ partner, child(ren) < 5 |  |  |  |  |  |  |  |  |  |
| All days | 9.8 | 4.8 | 2.4 | 1.6 | 0.8 | 0.1 | 10.6 | 1.9 | 1.7 |
| Weekday | 11.0 | 6.5 | 2.1 | 1.5 | 0.8 | 0.1 | 10.2 | 1.8 | 1.0 |
| Weokend | 7.5 | 1.7 | 3.1 | 1.8 | 0.8 | 0.1 | 11.4 | 2.2 | 2.9 |
| 5. Male, employed, w/ partner, chilldren $5+6$ |  |  |  |  |  |  |  |  |  |
| All days | 9.3 | 7.2 | 1.0 | 0.2 | 0.7 | 0.1 |  |  |  |
| Weekday | 10.5 | 8.8 | 0.8 | 0.2 | 0.6 | 0.1 | 9.8 | 2.5 | 1.2 3.5 |
| Weekend | 5.6 | 2.4 | 1.7 | 0.3 | 1.0 | 0.2 |  |  | 3.5 |
| 6. Female, employed, w/ partner, child(ren) 5* |  |  |  |  |  |  |  |  |  |
| All days Weekday | 11.1 | 5.2 | 2.6 2.4 | 0.6 | 0.9 | 0.2 | 10.4 | 1.8 | 1.0 |
| Weokend | 7.0 | 1.7 | 3.2 | 0.4 | 1.5 | 0.1 | 11.5 | 2.3 | 3.2 |
| 7. Female, employed, tone parent, child(ren) < 5 |  |  |  |  |  |  |  |  |  |
| All days | 9.1 | 5.6 | 1.8 | 1.1 | 0.6 | -- | 10.9 | 2.7 | 1.3 0.9 |
| Weekday | 9.9 | 7.0 | 1.2 | 0.9 | 0.7 | -- | 10.8 | 2.4 | 0.9 |
| Weekend | -- | -. | -- | -- | -- | -* | -- | -- | -- |
| 8. Femate, employed, lone parent, child(ren) $5+$ |  |  |  |  |  |  |  |  |  |
| All days Weekday | 9.4 10.5 | 5.9 7.0 | 2.1 1.9 | 0.4 0.4 | 1.0 | 0.2 0.2 | 10.2 9.7 | 2.2 | 1.6 |
| Weekend | 6.3 | 2.7 | 2.6 | 0.3 | 0.7 | 0.2 | 11.4 | 3.4 | 2.9 |
| 9. Male, employed, w/ parent(s), no children |  |  |  |  |  |  |  |  |  |
| All days | 7.8 | 6.5 | 0.6 | 0.0 | 0.4 | 0.4 | 10.5 | 3.1 | 2.6 |
| Weekday | 9.9 | 8.6 | 0.4 | 0.0 | 0.3 | 0.5 | 9.9 | 2.3 | 1.9 |
| Weekend | 4.0 | 2.7 | 0.8 | 0.0 | 0.4 | 0.1 | 11.6 | 4.5 | 3.8 |
| 10. Female, employed, w/ pareni(s), no children |  |  |  |  |  |  |  |  |  |
| All days | 8.4 | 6.5 | 0.9 | 0.1 | 0.7 | 0.3 | 10.8 | 2.2 | 2.6 |
| Weokday Weekend | 9.9 4.6 | 8.1 2.6 | 0.7 1.2 | 0.1 0.0 | 0.8 0.6 | 0.3 0.2 | 10.5 11.7 | 2.1 | 1.5 5.2 |
| 11. Male, employed, living alone |  |  |  |  |  |  |  |  |  |
| All days | 8.7 | 6.9 | 0.9 | 0.0 | 0.7 | 0.2 | 10.2 | 2.4 | 2.7 |
| Weekday | 9.9 | 8.2 | 0.7 | 0.0 | 0.7 | 0.2 | 9.8 | 2.2 | 2.1 |
| Weekend | 4.7 | 2.6 | 1.3 | 0.0 | 0.8 | 0.0 | 11.6 | 3.2 | 4.4 |
| 12. Female, employed, IVing alone |  |  |  |  |  |  |  |  |  |
| All days | 8.8 | 6.1 | 1.3 | 0.2 | 1.0 | 0.2 | 10.5 | 2.4 | 2.3 |
| Weekday | 9.9 | 7.5 | 1.1 | 0.2 | 0.9 | 0.2 | 10.1 | 2.2 | 1.8 |
| Weekend | 6.1 | 2.6 | 1.9 | 0.1 | 1.3 | 0.3 | 11.4 | 3.0 | 3.5 |
| 13. Male, employed, w/ non-lamily, no children |  |  |  |  |  |  |  |  |  |
| All days | 8.1 | 6.6 | 0.6 | 0.0 | 0.7 | 0.1 | 10.5 | 3.0 | 2.4 |
| Weekday | 9.3 | 8.2 | 0.5 | .. | 0.6 | 0.1 | 10.2 | 2.4 | 2.1 |
| Weekend | -- | -- | - | -- | -- | -- | - | - | -. |
| 14. Female, employed, w/ non-lamily, no children |  |  |  |  |  |  |  |  |  |
| All days | 6.9 | 4.8 | 0.8 | 0.2 | 0.8 | 0.3 | 11.6 | 2.3 | 3.1 |
| Weekday | 9.8 | 8.1 | 0.6 | 0.1 | 0.7 | 0.3 | 10.5 | 1.9 | 1.7 |
| Weekend | 2.8 | 0.2 | 1.0 | 0.3 | 1.0 | 0.3 | 13.2 | 2.9 | 5.1 |

TABLE 19
Average time spent ${ }^{1}$ on various activities for the population 15 years and over, by role groups and day of week, Canada, 1986 - Concluded

| Role group and day of week | Aclivities ${ }^{2}$ |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Producive activites |  |  |  |  |  | Personal care | Media \& communication | Other free time |
|  | Total ${ }^{3}$ | Paid work | Domestic work | Primary child care | Shopping Education\& services |  |  |  |  |
|  | (Hours per day) |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| All days | 7.3 | 0.9 | 0.3 | 0.1 0.0 |  |  |  | 3.0 | 2.7 2.1 |
| Weekday | 8.9 4.6 | 0.6 1.3 | 0.2 0.6 | 0.0 | 0.4 0.3 | 7.7 2.2 | 12.1 | 2.8 3.3 | 3.5 |
| 16. Ferekend | 4.6 | 1.3 | 0.6 |  |  |  |  |  |  |
| 16. Fernale, student, w/ parent(s), no childrenAll daysWeekdayWeekend | 8.5 | 0.7 | 0.7 | 0.1 | 0.5 | 6.6 | 11.8 | 2.4 | 2.0 |
|  | 10.1 | 0.6 | 0.5 | 0.1 | 0.3 | 8.6 | 10.5 | 20 | 1.4 |
|  | 4.2 | 0.9 | 1.2 | 0.0 | 0.8 | 1.2 | 12.7 | 3.6 |  |
| 17. Fernale, keeping house, w/ parner, no children |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| All days | 6.6 | 0.3 | 4.1 | 0.2 | 1.5 | 0.1 | 11.5 | 3.7 | 2.6 |
| Weekend | 4.2 | 0.0 | 3.2 | 0.2 | 0.8 | 0.0 | 11.9 | 3.8 | 4.1 |
| 18. Fernale, keeping house, w/ partner. child (ren) $<5$ |  |  |  |  |  |  |  |  |  |
| All days | 8.2 | 0.4 | 36 | 3.0 | 1.1 |  | 11.0 109 | 2.6 | 2.2 |
| Weekday | 8.7 | 0.5 | 3.8 3.2 | 3.3 | 1.1 | $\begin{aligned} & 0.1 \\ & 0.1 \end{aligned}$ | 10.9 11.2 | 2.4 | 3.2 |
| 19. Female, keeping house, w/ partner, child(ren) 54 |  |  |  |  |  |  |  |  |  |
| All days | 7.2 8.1 | 0.6 0.8 | 4.1 4.5 | 0.9 1.1 | 1.5 1.5 | 0.1 | 11.3 10.8 | 2.9 3.0 | 2.6 2.1 |
| Weekend | 5.5 | 0.4 | 3.4 | 0.5 | 1.3 | 0.0 | 12.1 | 2.9 | 3.5 |
| 20. Female, keeping house, tone parent. child (ren) $<5$ |  |  |  |  |  |  |  |  |  |
| All days | 7.0 | 0.3 | 3.3 | 2.2 | 1.0 | 0.2 | 10.6 10.8 | 3.4 | 2.9 |
| Weekday | 7.6 | 0.4 | 3.6 | 1.7 | 1.5 | 0.3 | 10.8 | 3.4 |  |
| Weekend | -- | -- | $\cdots$ | - | - | -- | - | * |  |
| 21. Female, keeping house, lone parent, child (ren) $5+$ |  |  |  |  |  |  |  |  |  |
| All days | 7.5 | 0.4 | 3.8 4.3 | 0.7 0.8 | 1.3 | 0.4 0.6 | 11.1 19.0 | 3.2 | 3.2 2.7 |
| Weekday | 7.4 | 0.2 | . | -- | - | -- | -- | -. | -- |
| 22. Female, keeping house, llving alone 0 |  |  |  |  |  |  |  |  |  |
| All days Weekday | 4.2 | 0.1 0.0 | 2.9 3.2 | 0.0 0.1 | 1.0 1.2 | 0.1 | 11.9 | 5.1 4.9 | 2.8 2.6 |
| Weekend | 3.0 | 0.2 | 2.3 | -- | 0.6 | . | 12.0 | 5.6 | 3.4 |
|  |  |  |  |  |  |  |  |  |  |
| Weekday | 3.7 | 0.3 | 1.8 | 0.1 | 1.6 | 0.1 | 12.4 | 5.2 | 2.7 |
| Weekend | 2.3 | 0.1 | 1.2 | 0.0 | 1.0 | .. | 12.9 | 6.4 | 2.5 |
| 24. Female, retired, w/ parter, no children 0 |  |  |  |  |  |  |  |  |  |
| All days Weokday | 4.6 | 0.0 | 3.3 3.4 | 0.1 | 1.2 | 0.0 0.0 | 12.4 | 4.4 | 2.4 |
| Weekend | 4.0 | 0.1 | 2.9 | 0.0 | 1.0 | -- | 12.5 | 4.7 | 2.8 |
|  |  |  |  |  |  |  |  |  |  |
| All days | 2.6 2.6 | 0.3 | 1.5 | -- | 0.8 0.9 | 0.0 0.0 | 12.1 | 6.2 | 3.3 |
| Weekday | 2.7 | 0.4 | 1.6 | -. | 0.7 | 0.0 | 12.3 | 5.6 | 3.4 |
|  |  |  |  |  |  |  |  |  |  |
| All days | 3.5 4.0 | 0.1 | 2.1 | 0.2 0.2 | 1.2 | 0.0 0.0 | 12.0 | 4.8 | 3.2 |
| Weekend | 2.4 | 0.0 | 1.8 | 0.0 | 0.6 | -- | 12.1 | 5.6 | 3.9 |
| 27. Other males 40.3 |  |  |  |  |  |  |  |  |  |
| All days | 5.5 6.4 | 1.9 2.4 | 1.3 1.3 | 0.3 0.3 | 0.8 0.9 | 1.3 | 11.4 11.2 | 4.1 | 2.9 2.3 |
| Weekend | 3.4 | 0.6 | 1.3 | 0.2 | 0.5 | 0.8 | 11.9 | 4.5 | 4.2 |
|  |  |  |  |  |  |  |  |  |  |
| All days | 6.3 | 1.5 | 2.2 | 0.5 | 1.0 | 1.2 1.5 | 11.7 | 3.4 3 | 2.5 2.1 |
| Weekday Weekend | 7.1 4.3 | 1.8 0.5 | 2.1 2.2 | 0.5 0.4 | 0.8 | 0.4 | 12.4 | 3.8 | 3.6 |

[^23]TABLE 20
Average time spent' with social contacts for the population 15 years and over, by role groups and day of week, Canada, 1986

| Role group and day of week | Social contacts |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total ${ }^{2}$ | Others |  |  |  |  |  | Alone | Personal care | Not staled |
|  |  | Total ${ }^{3}$ | Partner | Chlldren of hhlid. | Other lamily | Friends | Others |  |  |  |
|  | (Hours per day) |  |  |  |  |  |  |  |  |  |
| Population 15+ | 27.0 | 10.1 | 3.5 | 2.0 | 1.5 | 2.4 | 3.6 | 4.4 | 9.1 | 0.4 |
| 1. Mate, employed, w/ partner, no children 20.10 .6 |  |  |  |  |  |  |  |  |  |  |
| All days Weokday | 26.7 26.4 | 11.4 11.5 | 4.1 | 0.7 | 0.6 | 1.9 | 6.5 | 3.7 | 8.4 | 0.4 |
| Weokond | 27.8 | 11.2 | 7.8 | 0.6 | 1.4 | 2.6 | 2.6 | 3.0 | 9.5 | 0.3 |
| 2. Female, employed, w/ patner, no chlidren All days | 26.5 | 11.0 | 4.7 | 0.6 | 1.2 | 2.0 | 4.9 | 3.5 | 9.1 | 0.4 |
| Weokday | 25.9 | 11.3 | 3.8 | 0.5 | 0.7 | 1.8 | 6.4 | 3.6 | 8.7 | 0.4 |
| Weekend | 28.1 | 10.0 | 7.2 | 0.9 | 2.6 | 2.3 | 1.1 | 3.2 | 10.3 | 0.5 |
| 3. Male employed, w/ partier, child(ren) <5 20.0 |  |  |  |  |  |  |  |  |  |  |
| All days | 28.6 27.4 | 12.5 12.4 | 3.7 | 3.8 2.8 | 0.8 | 1.5 | 7.1 | 3.1 | 8.1 | 0.4 |
| Weekend | 32.2 | 12.6 | 8.0 | 6.9 | 1.5 | 1.9 | 2.6 | 2.2 | 9.0 | 0.1 |
| 4. Female, employed, w/ panner, child(ren) < 5 |  |  |  |  |  |  |  | 3.2 | 8.9 | 0.4 |
| All days Weekday | 29.1 27.4 | 11.5 11.8 | 4.3 3.0 | 5.6 4.6 | 0.8 | 1.4 | 5.3 | 3.1 | 8.7 | 0.4 |
| Weekend | 32.3 | 11.0 | 6.7 | 7.3 | 2.0 | 1.4 | 1.9 | 3.3 | 9.4 | 0.3 |
| 5. Male, employed, w/ pariner, chlidren 5t |  |  |  |  |  |  |  |  |  |  |
| Weekday | 27.2 | 11.6 | 3.7 | 2.5 | 0.5 | 1.7 | 6.5 | 3.9 | 8.1 | 0.4 |
| Weekend | 31.5 | 11.5 | 7.9 | 5.5 | 1.5 | 1.9 | 2.2 | 3.1 | 9.1 | 0.3 |
| 6. Female, employed, w/ partner, child(ren) 5+ All days | 28.0 | 11.1 | 4.3 | 3.8 | 0.7 | 1.5 | 4.9 | 3.9 | 8.6 | 0.4 |
| Weokday | 27.1 | 11.2 | 3.3 | 3.1 | 0.6 | 1.5 | 5.8 | 4.0 | 8.4 | 0.4 |
| Weekend | 30.7 | 10.8 | 7.1 | 5.5 | 1.3 | 1.5 | 2.1 | 3.4 | 9.4 | 0.4 |
| 7. Fernale, employed, lone parent, child (ren) <5 30.5 |  |  |  |  |  |  |  |  |  |  |
| All days Weekday | 26.8 26.8 | 11.6 11.9 | 0.3 | 3.5 2.2 | 2.0 | 3.7 | 6.4 | 2.1 | 9.8 | 0.2 |
| Weekend | .-- | -- | -- | -. | -- | -- | -- | .- | -. |  |
| 8. Female, employed, lone parent, child (ten) 5+ |  | 10.4 | 0.4 | 3.6 | 1.1 | 2.3 | 5.0 | 4.1 | 8.7 | 0.8 |
| Weekday | 25.9 | 10.6 | 0.2 | 3.2 | 1.1 | 2.0 | 5.9 | 4.4 | 8.2 | 0.8 |
| Weekend | 26.2 | 10.0 | 0.8 | 4.8 | 1.4 | 3.2 | 2.1 | 3.2 | 10.1 | 0.7 |
| 9. Male, employed, w/ parent(s), no children 300.05 |  |  |  |  |  |  |  |  |  |  |
| All days | 26.0 | 10.6 | 0.3 | 0.6 | 3.3 | 3.6 | 4.8 | 3.9 | 9.0 |  |
| Weekday | 25.8 | 11.3 | 0.1 | 0.3 | 2.7 | 3.3 | 6.7 | 3.8 | 8.4 | 0.5 |
|  | 26.3 | 9.4 | 0.5 | 1.2 | 4.5 | 4.1 | 1.3 | 4.2 | 10.0 | 0.4 |
| 10. Female, employed, w/ parent(s), no children |  |  |  |  |  |  |  |  |  |  |
| Weekday | 25.9 | 11.9 | 0.2 | 0.4 | 3.0 | 3.2 | 7.0 | 2.7 | 9.2 | 0.2 |
| Weekend | 29.7 | 10.8 | 0.1 | 0.7 | 4.6 | 7.0 | 4.1 | 2.6 | 10.3 | 0.3 |
|  |  |  |  |  |  |  |  |  |  |  |
| All days | 25.3 | 8.8 | 0.1 | 0.1 0.0 | 0.7 | 2.8 | 6.8 | 6.5 | 8.1 | 0.4 |
| Weekday | 24.9 26.7 | 9.15 | 0.3 | 0.2 | 1.7 | 4.8 | 3.2 | 6.1 | 10.1 | 0.1 |
| 12. Female, employed, living alone |  |  |  |  |  |  |  |  |  |  |
| All days | 25.2 | 8.6 | 0.2 | 0.2 | 0.9 | 2.9 | 5.7 | 6.0 | 9.1 | 0.3 |
| Weekday | 25.2 | 9.0 | 0.1 | 0.1 | 0.6 | 2.5 | 6.9 | 5.9 | 8.8 | 0.3 |
| Weekend | 25.1 | 7.7 | 0.4 | 0.3 | 1.7 | 3.8 | 2.6 | 6.2 | 9.8 | 0.3 |
|  |  |  |  |  |  |  |  |  |  |  |
| All days | 26.3 | 11.2 | 1.0 | 0.1 | 0.9 | 5.0 | 6.5 | 3.7 | 8.8 | 0.3 |
| Weekday | 26.0 | 11.4 | 0.6 | 0.1 | 0.7 | 4.3 | 7.7 | 4.0 | 8.3 |  |
| Weekend | -- | -- | -- | -- | -- | - | - | - | - |  |
| 14. Female, employed, w/ non-famlly, no children |  |  |  |  |  |  |  |  |  |  |
| Weekday | 25.1 | 10.5 | 0.5 | 0.2 | 0.6 | 3.8 | 6.4 | 4.0 | 9.0 | 0.6 |
| Weekend | 25.4 | 9.2 | 0.9 | 0.5 | 1.2 | 5.2 | 2.8 | 4.5 | 10.3 | 0.0 |

TABLE 20
Average time spent ${ }^{1}$ with social contacts for the population 15 years and over, by role groups and day of week, Canada, 1986 - Concluded

| Role group and day of week | Social contacts |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total ${ }^{2}$ | Others |  |  |  |  |  | Alone | Personal | Not stated |
|  |  | Total ${ }^{3}$ | Pantier | Children of hild. | Other family | Friends | Others |  |  |  |
|  | (Hours per day) |  |  |  |  |  |  |  |  |  |
| 15. Male, sfudent, w/ parent(s), no children 0.70 .8 |  |  |  |  |  |  |  |  |  |  |
| All days | 26.7 | 10.2 | 0.0 | 0.3 | 2.8 | 5.6 | 4.2 | 3.9 | 9.7 | 0.2 |
| Weekday | 27.1 | 11.1 | 0.1 | 0.2 | 2.4 | 6.2 | 5.3 | 3.8 | 8.9 | 0.2 |
| Weekend | 26.2 | 8.7 | 0.0 | 0.6 | 3.6 | 4.4 | 2.2 | 4.0 |  |  |
| 16. Female, student, w/ parent(s), no chlidren Ail days | 27.2 | 11.0 | 0.0 | 0.4 | 3.2 | 5.9 | 4.7 | 3.1 | 9.7 | 0.2 |
| Weekday | 27.7 | 11.3 | 0.1 | 0.3 | 2.6 | 6.4 | 5.7 | 3.3 | 9.2 | 0.2 |
| Weekend | 28.0 | 10.1 | 0.0 | 0.6 | 5.0 | 4.6 | 1.9 | 2.6 | 10.9 | 0.3 |
| 17. Female, keeping house, w/ partner. no children |  |  |  |  |  |  |  |  |  |  |
| All days | 26.7 | 8.9 | 6.8 | 1.0 | 1.6 | 1.3 | 0.8 | 5.3 | 9.5 | 0.3 |
| Weekday | 26.1 | 8.3 | 6.1 | 1.0 | 1.4 | 1.1 | 0.8 0.7 | 6.0 3.8 | 9.4 | 0.3 0.3 |
| Weekend | 28.0 | 10.2 | 8.3 | 1.1 | 2.1 | 1.9 | 0.7 | 3.8 |  |  |
| 18. Female, keeping house, w/ partner, child(ren) $<5$ |  |  |  |  |  |  |  |  |  |  |
| Alldays | 29.2 28.0 | 11.5 | 4.6 3.6 | 8.5 8.6 | 1.4 | 1.1 |  | 3.3 | 9.0 8.8 | 0.3 0.3 |
| Weekday Weekend | 28.0 32.0 | 11.2 12.1 | 3.6 7.2 | 8.6 8.3 | 1.1 2.2 | 1.4 | 1.0 | 3.7 2.3 | 8.8 9.3 | 0.3 0.3 |
| 19. Female, keeping house, w/ partner, child(ren) $5+$ |  |  |  |  |  |  |  |  |  |  |
| All days | 28.8 27.3 | 9.8 9.1 | 5.5 4.0 | 5.2 4.6 | 1.1 | 1.5 1.3 | 1.3 | 4.8 5.8 | 9.0 8.7 | 0.4 0.5 |
| Weekend | 31.6 | 11.1 | 8.3 | 6.3 | 1.4 | 1.7 | 1.0 | 2.9 | 9.7 | 0.3 |
| 20. Female, keeping house, tone parent. chlid(ren) $<5$ |  |  |  |  |  |  |  |  |  |  |
| All days | 26.8 | 11.1 | 0.5 | 7.0 | 2.4 | 3.2 | 0.8 | 3.8 | 8.8 | 0.3 |
| Weekday | 26.2 | 10.9 | 0.3 | 6.3 | 2.8 | 3.0 | 0.7 | 4.2 |  |  |
| Weekend | -. | -- | -- | - | - | -- | $\cdots$ | * | -- | - |
| 21. Female, keeping house, lone parent. child(ren) 5 + |  |  |  |  |  |  |  |  |  |  |
| All days | 26.7 26.2 | 9.0 8.2 | 0.3 0.1 | 5.8 5.1 | 2.3 | 2.0 1.7 | 1.4 | 5.5 6.4 | 9.3 | 0.2 0.3 |
| Weekend | -. | . | . | .- | .- | -. | -- | -- | -- | -. |
| 22. Female, keeplng house, living alone 0 |  |  |  |  |  |  |  |  |  |  |
| Weekday | 24.4 | 3.0 | 0.1 | 0.2 | 0.9 | 1.5 | 0.7 | 10.9 | 9.9 | 0.3 |
| Weekend | 24.7 | 3.9 | .- | 0.4 | 1.5 | 2.0 | 0.8 | 9.4 | 9.5 | 1.1 |
| 23. Male, retred, w/ partner, no chlldren 0 |  |  |  |  |  |  |  |  |  |  |
| All days Weekday | 26.0 25.8 | 9.9 | 8.3 8.0 | 0.6 0.6 | 1.0 0.9 | 1.1 | 0.8 0.9 | 4.2 | 9.7 | 0.4 |
| Weekend | 26.4 | 10.4 | 9.1 | 0.6 | 1.3 | 1.1 | 0.7 | 3.5 | 9.5 | 0.7 |
| 24. Female, relired, w/ partner, no children 0.5 |  |  |  |  |  |  |  |  |  |  |
| Weekday | 25.6 | 9.4 | 8.1 | 0.2 | 0.9 | 1.2 | 0.5 | 4.1 | 10.1 | 0.4 |
| Weekend | 25.9 | 9.5 | 8.4 | 0.4 | 1.2 | 1.2 | 0.3 | 3.0 | 10.4 | 1.1 |
|  |  |  |  |  |  |  |  |  |  |  |
| All days Weekday | 24.7 | 3.6 | 0.1 | 0.1 | 0.6 | 2.0 | 0.8 | 11.0 | 9.3 | 0.6 |
| Weekend | 24.4 | 4.9 | 0.1 | 0.1 | 0.7 | 3.2 | 1.1 | 9.7 | 9.3 | 0.1 |
|  |  |  |  |  |  |  |  |  |  |  |
| All days Weekday | 24.6 24.6 | 3.9 4.0 | 0.0 0.0 | 0.3 0.3 | 1.4 | 1.7 | 1.2 | 9.8 | 9.8 9.7 | 0.6 |
| Weekend | 24.5 | 3.7 | 0.1 | 0.3 | 1.3 | 1.8 | 0.8 | 9.9 | 10.0 | 0.4 |
|  |  |  |  |  |  |  |  |  |  |  |
| All days Weekday | 26.5 26.1 | 9.3 | 2.9 | 1.8 1.5 | 2.0 1.8 | 2.9 | 2.3 | 4.8 5.1 | 9.3 | 0.5 0.6 |
| Weekend | 27.6 | 9.6 | 3.3 | 2.6 | 2.5 | 3.5 | 1.3 | 4.0 | 9.9 | 0.5 |
|  |  |  |  |  |  |  |  |  |  |  |
| All days Weokday | 26.2 25.9 | 8.9 8.6 | 1.8 1.5 | 2.2 2.0 | 2.4 2.1 | 2.6 2.3 | 2.6 | 5.2 | 9.8 9.6 | 0.5 |
| Weekend | 27.1 | 9.5 | 2.6 | 2.6 | 3.1 | 3.2 | 1.0 | 4.0 | 10.1 | 0.4 |

${ }_{2}$ Averaged over a 7 day week.
2 Totai adds to more than 24 hours because multiple responses were permitted.
3 Calculated by subtracting time alone, personal care, and not stated from 24 hours
4 Refers to time spent on sleeping, washing, dressing or other personal care activities (codes 40, 45, 46 and 48) for which the question Who was with you?" was nol asked.

TABLE 21
Average time spent ${ }^{1}$ at various locations for the population 15 years and over, by role groups and day of week, Canada, 1986


TABLE 21
Average time spent ${ }^{1}$ at various locations for the population 15 years and over, by role groups and day of week, Canada, 1986 - Concluded

| Role group and day of weok | Locations ${ }^{2}$ |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Home | Work | Other places | Transt |  |  |  |  | Not stated |
|  |  |  |  | Total ${ }^{3}$ | Car | Foot | Bus/Sub. | Oher |  |
|  | (Hours per day) |  |  |  |  |  |  |  |  |
| 15. Male, student, w/ parent(s), no children |  |  |  |  |  |  |  |  |  |
| All days | 14.5 | 0.7 | 6.9 | 1.3 | 0.6 | 0.3 | 0.3 | 0.1 | 0.6 |
| Weekday | 13.4 | 0.4 | 8.4 | 1.5 | 0.6 | 0.3 | 0.5 | 0.1 | 0.4 |
| Weakend | 16.4 | 1.1 | 4.3 | 1.1 | 0.6 | 0.2 | 0.1 | 0.1 | 1.1 |
| 16. Female, student, w/ parent(s), no children |  |  |  |  |  |  |  |  |  |
| All days | 14.0 | 0.4 | 7.4 | 1.5 | 0.6 | 0.3 | 0.5 | 0.1 | 0.7 |
| Weekday | 13.4 | 0.5 | 8.1 | 1.5 | 0.5 | 0.3 | 0.6 | 0.1 | 0.6 |
| Weekend | 15.7 | 0.2 | 5.5 | 1.4 | 0.8 | 0.2 | 0.3 | 0.2 | 1.2 |
| 17. Female, keeping house, w/ partner. no children |  |  |  |  |  |  |  |  |  |
| All days | 19.4 | 0.1 | 2.6 | 1.0 | 0.7 | 0.2 | 0.1 | 0.1 | 0.8 |
| Weekday | 19.5 | 0.2 | 2.5 | 1.0 | 0.6 | 0.2 | 0.1 | 0.1 | 0.8 |
| Weekend | 19.3 | 0.1 | 2.9 | 1.0 | 0.7 | 0.2 | 0.0 | 0.0 | 0.8 |
| 18. Female, keeping house, w/ partner, child(ren) < 5 |  |  |  |  |  |  |  |  |  |
| All days | 19.3 | 0.2 | 2.8 | 1.1 | 0.8 | 0.2 | 0.0 | 0.1 | 0.8 |
| Weekday | 19.8 | 0.3 | 2.2 | 1.1 | 0.8 | 0.3 | 0.0 | 0.1 | 0.9 |
| Woekend | 18.8 | 0.1 | 3.9 | 1.0 | 0.9 | 0.1 | - | 0.0 | 0.5 |
| 19. Female, keeplng house, w/ partner, child(ren) 5 * |  |  |  |  |  |  |  |  |  |
| All days Weekday | 18.6 | 0.4 | 3.0 | 1.1 | 0.8 | 0.2 | 0.0 | 0.1 | 0.8 |
| Weekday Weekend | 18.7 | 0.5 | 2.7 | 1.1 | 0.8 | 0.2 | 0.0 | 0.1 | 0.9 |
| 20. Fernale, keeping house, lone parent, child(ron) < 5 |  |  |  |  |  |  |  |  |  |
| Ali days | 19.0 | 0.1 | 3.0 | 1.2 | 0.7 | 0.2 | 0.1 | 0.1 | 0.7 |
| Weekday | 19.1 | 0.2 | 3.2 | 1.2 | 0.8 | 0.2 | 0.1 | 0.1 | 0.3 |
| 1. Weekend | -- | -- | - | -- | -- | -- | -- |  | -- |
| 21. Female, keeping house, tone parent. child(ren) 5+ |  |  |  |  |  |  |  |  |  |
| All days | 18.5 | 0.1 | 3.6 | 1.0 | 0.5 | 0.3 | 0.1 | 0.1 | 0.8 |
| Weekday | 18.8 | 0.1 | 3.2 | 0.9 | 0.4 | 0.3 | 0.1 | 0.0 | 1.0 |
| Weekend | -- | -- | -- | -- | -- | -- | - | -- | -- |
| 22. Female, keeping house, tlving alone |  |  |  |  |  |  |  |  |  |
| Weekday | 20.4 | 0.1 | 2.3 | 0.8 | 0.4 | 0.2 | 0.1 | 0.1 | 0.5 |
| Weekend | 18.6 | 0.2 | 2.9 | 0.7 | 0.4 | 0.2 | 0.1 | 0.0 | 1.6 |
| 23. Male, retired, w/ partner, no children |  |  |  |  |  |  |  |  |  |
| All days | 18.1 | 0.2 | 2.7 | 1.3 | 0.8 | 0.3 | 0.1 | 0.1 | 0.8 |
| Weekday | 19.0 | 0.2 | 2.7 | 1.3 | 0.8 | 0.4 | 0.0 | 0.1 | 0.7 |
| Weekend | 19.2 | 0.1 | 2.8 | 1.3 | 0.9 | 0.3 | 0.1 | 0.0 | 0.8 |
| 24. Female, relired, w/ partner, no children 0 |  |  |  |  |  |  |  |  |  |
| All days | 20.3 | 0.1 | 2.2 | 0.6 | 0.4 | 0.1 | 0.0 | 0.1 | 0.8 |
| Weakday | 20.2 | 0.1 | 2.3 | 0.6 | 0.4 | 0.1 | 0.0 | 0.1 | 0.9 |
| Weekend | 20.6 | 0.1 | 2.2 | 0.5 | 0.3 | 0.1 | 0.1 | 0.0 | 0.6 |
| 25. Male, retired, living alone |  |  |  |  |  |  |  |  |  |
| All days | 18.9 | 0.0 | 3.1 | 1.1 | 0.5 | 0.5 | 0.1 | 0.1 | 0.9 |
| Weokday | 18.6 | -- | 3.2 | 1.2 | 0.6 | 0.5 | 0.1 | 0.0 | 1.0 |
| Weekend | 19.4 | 0.0 | 2.7 | 1.1 | 0.4 | 0.5 | 0.0 | 0.1 | 0.8 |
| 26. Female. retired, living alone |  |  |  |  |  |  |  |  |  |
| All days | 19.3 | 0.0 | 3.0 | 0.9 | 0.4 | 0.2 | 0.1 | 0.1 | 0.8 |
| Weokday | 19.0 | 0.0 | 3.3 | 0.9 | 0.5 | 0.2 | 0.1 | 0.1 | 0.8 |
| Weekend | 20.1 | -- | 2.2 | 0.9 | 0.3 | 0.3 | 0.1 | 0.1 | 0.8 |
| 27. Other males |  |  |  |  |  |  |  |  |  |
| All days | 15.8 | 1.2 | 4.3 | 1.6 | 0.9 | 0.3 | 0.2 | 0.2 | 1.1 |
| Weokday | 15.7 | 1.5 | 3.9 | 1.6 | 0.9 | 0.3 | 0.2 | 0.2 | 1.2 |
| Weekend | 15.9 | 0.4 | 5.3 | 1.4 | 0.8 | 0.3 | 0.1 | 0.2 | 1.1 |
| 28. Other temales |  |  |  |  |  |  |  |  |  |
| All days | 17.1 | 1.0 | 3.8 | 1.2 | 0.7 | 0.2 | 0.2 | 0.1 | 0.9 |
| Weekday | 17.0 | 1.4 | 3.7 | 1.1 | 0.6 | 0.2 | 0.2 | 0.1 | 0.9 |
| Weekend | 17.4 | 0.2 | 4.3 | 1.2 | 0.8 | 0.1 | 0.1 | 0.2 | 0.9 |

[^24]
## APPENDIX I

## GLOSSARY OF TERMS

## APPENDIX I. GLOSSARY OF TERMS

## Average Time Spent per Participant

This is the average obtained when the estimated total daily time spent per day on the activity (by all participants) is divided by the cstimated total number of participants in that activity.

## Average Time Spent per Person

This is the avcrage obtained when the estimated total daily time spent per day on the activity (by all participants) is divided by the estimated total number of persons in the population.

## Census Agglomeration

A census agglomeration (CA) is a large urbanized core, together with adjacent urban and rural areas which have a high degrec of economic and social integration with that core. A CA has a population of 10,000 to 99,999 inclusive based on the previous Canadian Census of Population.

## Census Metropolitan Area

A census metropolitan area (CMA) is a very large urbanized core, together with adjacent urban and rural areas which have a high degree of economic and social integration with that corc. A CMA has a population of 100,000 or more, bascd on the previous Canadian Census of Population.

## Child(ren) of Respondent

Unless specified otherwise, single persons less than 25 years of age and living with a parent(s) (i.c. the rcspondent) are dcfined as children.

## Diary Day

A diary day is a continuous 24 -hour period commencing at 4:00 a.m. for which respondents reported their activilies.

## Employed Population

Those who responded working at a job or business to the question "Which of the following best describes your main activily during the last 7 days? Were you mainly..." ate defined as the employed population. Full-time as well as part-time workers are included in the employed population, depending on the person's perception of their main activity during the previous 7 days. Values may therefore be somewhat lower than cxpected.

## Free or Leisure Tine

This indicator provides a measure of time not allocated to either paid work, unpaid work or personal care activitics such as sleeping, eating and bathing. It is considered to be time over which individuals have considcrable discretion with respect to its use. It can be measured dircetly or by subtracting the sum of the other three uscs of time from 24 hours.

## Labour Force Status

This is the respondent's main activity during the 7 days prior to the survey interview.

## Paid Work

This refers to employed work, activity code 01.

## Paid Work and related activities

This refers to paid work plus overtimeflooking for work, travel for work, waiting/delays, meals, stacks at work, idle time, coffec, other breaks, other work activities and travel to and from work (activity codes 01-09).

## Parents

The distinction between parent and "non-parcnt" does not refer to whether an individual has ever had a child, but rather to individuals having single, never-married children 19 years or younger living at home. In the sample, many "non-parents" have adult children or younger children not living wihh them.

## Participant (in an activity)

A participant in an activitiy is a person who has reported at least one occurrence of the activity on their diary day.

## Participation Rate

This is the percentage of the population having reported the activity. It is calculated by dividing the estimated number of persons participating in the activity on diary day, by the total number of persons in the population.

## Personal Care Time

Personal care time or necessary time refers to time spent on sleeping, eating, washing and dressing (codes 40 49). Respondents were asked who they were with for all activilies except sleeping, washing and dressing (codes $40,45,46$ and 48 respectively).

## Primary Child Care

Primary child care activities refer to the physical care of babics (up to four ycars of age inclusive) such as dressing, feeding or washing (code 20); physical care
of children (5-18 years) such as dressing, feeding or washing (code 21); helping, teaching or reprimanding children (code 22); reading or talking with children (code 23); playing with children (code 24); medical care of children (25); other child care such as unpaid babysitting (code 28); and travel related to child care (code 29).

## Total Productive Activity/Work

This includes not only time spent on paid work and related activities, but also time spent on educational activities and unpaid work, i.e. domestic chores, primary child care and shopping and using services.

## Unpaid Work

Unpaid work includes domestic work (codes 10-19), child care (codes $20-25,28$ and 29) and shopping and services (codes 30-39).

## Weckday/Weckend

Weekdays commence at 4:00 a.m. on Monday and end at 4:00 a.m. on Saturday. Weekends commence at $4: 00$ a.m. on Saturday and end at 4:00 a.m. on Monday.

## APPENDIX II

## DAILY ACTIVITIES CODE LIST

## APPENDIX II.

## DAILY ACTIVITIES CODE LIST

GSS 2-16

## Eimployed Work

01 Work for Pay
02 Extra to Work/Overtime/Looking for Work
03 Travel During Work
04 Waiting, Delays al Work
05 Meals-Snacks at Work
06 lde Time Before or After Work
07 Coffec, Other Breaks
08 Uncodcable Work Activitics
09 Travel: To-From Work

## Domestic Work

10 Mcal Preparation
11 Meal Clean-up (Dishes/Clearing Table)
12 Indoor Cleaning (Dusting/Vacuuming)
13 Outdoor Cleaning (Sidewalks/Garbage)
14 Laundry, Ironing, Folding
15 Mending
16 Home Repairs, Maintenance
17 Gardening, Pet Care
18 Other Uncodeable Housework (Bills)
19 Travel: Domestic

Care of Children

20 Baby Care
21 Child Care
22 Helping, Teaching, Reprimanding Children
23 Reading, Talking, Conversation with Children
24 Play with Children
25 Medical Care - Child
28 Other Child Care (Unpaid Babysitling)
29 Travel: Child Care

Shopping and Services
30 Everyday Shopping (Food, Clothing, Gas)
31 Shopping for Durable Houschold Goods (c.g. House, Car)

32 Personal Care Services (Hairdresser)
33 Government and Financial Services
34 Adult Medical \& Dental Care (Outside Home)

35 Other Professional Services (Lawyer)
36 Repair Services (Cleaning, Auto, Appliance)
37 Waiting, Queuing for Purchase
38 Other Uncodeable Services
39 Travel: Goods or Services

Personal Care

40 Washing, Drcssing, Packing
41 Adult Medical Care (At Home)
42 Help and Personal Care to Adults
43 Meals at Home/Snacks/Coffee
44 Restaurant Meals
45 Night Slecp/Essential Sleep
46 Incidental Sleep, Naps
47 Relaxing, Thinking, Resting
48 Other Personal Care or Private Activities
49 Travel: Personal

School and Education

50 Full-time Classes
51 Other Classes - Part-lime
52 Special Lectures: Occasional
53 Homework: Course, Career, Self-Development
54 Mcals-Snacks, Coffec at School
55 Breaks or Waiting for Class to Begin
56 Leisure and Special Interest Classes
57 ---
58 Other Uneodeable Study
59 Travel: Education

Organizational, Voluntary and Religious Activity
60 Professional, Union, General
61 Political, Civic Activity
62 Child, Youth, Family Organization
63 Religious Mectings, Organizations
64 Religious Services/Prayer/Read Bible
65 Fratemal, Social Organizations
66 Volunteer Work, Helping
67 ---
68 Other Uncodeable Organizations
69 Travel: Organizations

## Entertainment (Attending)

70 Sports Events
71 Pop Music, Fairs, Concerts
72 Movies, Films
73 Opera, Ballet, Drama
74 Museums and Art Galleries
75 Visits, Entertaining Friends/Relatives
76 Socializing at Bars, Clubs
77
78 Other Social Gatherings
79 Travel: Entertainment

## Sports and Hobbies (Participation)

80 Sports, Physical Exercise, Coaching
81 Hunt, Fish, Camp
82 Walk, Hike
83 Hobbies
84 Domestic Home Crafts
85 Music, Theatre, Dance
86 Games, Cards, Arcade
87 Pleasure Drives, Sightseeing
88 Other Uncodeable Sport or Active Leisure
89 Travel: Sports, Hobbies

## Media and Communication

## 90 Radio

91 Television, Rented Movies
92 Records, Tapes, Listening
93 Reading Books, Magazines
94 Reading Newspapers
95 Talking, Conversation, Phone
96 Letters and Mail
98 Other Uncodeable (Media or Communication)
99 Travel: Media or Communication

## Residual Codes

26 Missing Time (Gaps)
27 Refusal
97 Activity Not Stated

## APPENDIX III

## SAMPLE SIZE TABLE

Selected characteristics by sample size and population 15 years and over, Canada, 1986

| Selected characteristics | Sample size |  |  | Population ('000s) |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | Total | Male | Female |
| Population 15+ | 9,744 | 4,366 | 5,378 | 19,496 | 9.543 | 9,954 |
| Age group $\begin{aligned} & 15-24 \\ & 25-34 \\ & 35-44 \\ & 45-54 \\ & 55-64 \\ & 65+ \end{aligned}$ | $\begin{array}{r} 1.762 \\ 2,664 \\ 1,834 \\ 995 \\ 1.091 \\ 1,398 \end{array}$ | $\begin{array}{r} 822 \\ 1,229 \\ 865 \\ 461 \\ 452 \\ 537 \end{array}$ | $\begin{array}{r} 940 \\ 1,435 \\ 969 \\ 534 \\ 639 \\ 861 \end{array}$ | 4,159 4,502 3,630 2,483 2,273 2,448 | $\begin{aligned} & 2,120 \\ & 2,246 \\ & 1,814 \\ & 1,234 \\ & 1,090 \\ & 1,039 \end{aligned}$ | $\begin{aligned} & 2,039 \\ & 2,256 \\ & 1,816 \\ & 1,249 \\ & 1,183 \\ & 1,410 \end{aligned}$ |
| Labour force status Employed Looking for work Student Keeping house Retired Other | $\begin{array}{r} 4,818 \\ 449 \\ 877 \\ 1,900 \\ 1,294 \\ 406 \end{array}$ | $\begin{array}{r} 2,707 \\ 311 \\ 434 \\ 68 \\ 627 \\ 219 \end{array}$ | $\begin{array}{r} 2,111 \\ 138 \\ 443 \\ 1,832 \\ 667 \\ 187 \end{array}$ | $\begin{array}{r} 9,778 \\ 845 \\ 2,254 \\ 3,561 \\ 2,242 \\ 817 \end{array}$ | $\begin{array}{r} 5,939 \\ 604 \\ 1,169 \\ 129 \\ 1,247 \\ 454 \end{array}$ | $\begin{array}{r} 3,839 \\ 241 \\ 1,084 \\ 3.432 \\ 995 \\ 363 \end{array}$ |
| Day of week Weekday Saturday Sunday | $\begin{aligned} & 7,377 \\ & 1,281 \\ & 1,086 \end{aligned}$ | $\begin{array}{r} 3,334 \\ 550 \\ 482 \end{array}$ | $\begin{array}{r} 4,043 \\ 731 \\ 604 \end{array}$ | $\begin{array}{r} 13,897 \\ 2,800 \\ 2,800 \end{array}$ | $\begin{aligned} & 6,863 \\ & 1,366 \\ & 1,314 \end{aligned}$ | $\begin{aligned} & 7,034 \\ & 1,433 \\ & 1,486 \end{aligned}$ |
| Size of community CMA/Pop. 100.000 or more CA/POp. 10,000-99,999 Rural/Pop. 9,999 or less Other | $\begin{array}{r} 4,878 \\ 2,090 \\ 2,554 \\ 222 \end{array}$ | $\begin{array}{r} 2,160 \\ 938 \\ 1,156 \\ 112 \end{array}$ | $\begin{array}{r} 2,718 \\ 1,152 \\ 1,398 \\ 110 \end{array}$ | $\begin{array}{r} 10,870 \\ 3,792 \\ 4,363 \\ 471 \end{array}$ | $\begin{array}{r} 5,358 \\ 1,880 \\ 2,082 \\ 222 \end{array}$ | $\begin{array}{r} 5,512 \\ 1,912 \\ 2,281 \\ 249 \end{array}$ |
| Living arrangement ${ }^{1}$ <br> With partner and single child(ren) under 25 With partner, no single child(ren) under 25 Lone parent with single child(ren) under 25 Lone parent with single child(ren) 25 or over Single child 15-24 living with both parents Single child 15-24 living with lone parent Child 25 or over living with parent(s) With non-relative(s) only Alone Other | $\begin{array}{r} 3,296 \\ 2,386 \\ 505 \\ 69 \\ 795 \\ 204 \\ 67 \\ 334 \\ 1,887 \\ 201 \end{array}$ | $\begin{array}{r} 1,543 \\ 1,148 \\ 63 \\ -746 \\ 111 \\ 49 \\ 162 \\ 752 \\ 79 \end{array}$ | $\begin{array}{r} 1,753 \\ 1.238 \\ 442 \\ 56 \\ 349 \\ 93 \\ \cdots \\ 172 \\ 1,135 \\ 122 \end{array}$ | $\begin{array}{r} 7,123 \\ 5,047 \\ 727 \\ 184 \\ 2,496 \\ 487 \\ 158 \\ 817 \\ 1.987 \\ 471 \end{array}$ | $\begin{array}{r} 3,614 \\ 2,506 \\ 131 \\ 1,441 \\ 241 \\ 117 \\ 450 \\ 815 \\ 195 \end{array}$ | $\begin{array}{r} 3.509 \\ 2.541 \\ 596 \\ 150 \\ 1.055 \\ 246 \\ -- \\ 367 \\ 1.172 \\ 276 \end{array}$ |
| Chlldren ${ }^{1}$ living at home <br> No children under 19 At least one child under 19 All children under 5 At least one child under 5, but not all All children from 5 to 12 years inclusive All children over 12 Other | $\begin{array}{r} 6,246 \\ 3,498 \\ 854 \\ 669 \\ 899 \\ 611 \\ 465 \end{array}$ | $\begin{array}{r} 2,898 \\ 1,468 \\ 366 \\ 299 \\ 351 \\ 255 \\ 197 \end{array}$ | $\begin{array}{r} 3,348 \\ 2,030 \\ 488 \\ 370 \\ 548 \\ 356 \\ 268 \end{array}$ | $\begin{array}{r} 12,554 \\ 6,943 \\ 1,529 \\ 1,212 \\ 1,500 \\ 1.708 \\ 994 \end{array}$ | $\begin{array}{r} 6,259 \\ 3,283 \\ 698 \\ 588 \\ 650 \\ 860 \\ 488 \end{array}$ | $\begin{array}{r} 6,294 \\ 3,659 \\ 831 \\ 624 \\ 850 \\ 848 \\ 506 \end{array}$ |
| Marital status <br> Married or common-law Single, never married Widow or widower Separated or divorced Noi staied | $\begin{gathered} 5,746 \\ 2,491 \\ 796 \\ 702 \\ \ldots \end{gathered}$ | $\begin{array}{r} 2.724 \\ 1.268 \\ 126 \\ 246 \\ - \end{array}$ | $\begin{array}{r} 3,022 \\ 1,223 \\ 670 \\ 456 \\ -- \end{array}$ | $\begin{array}{r} 12,252 \\ 5,198 \\ 1,091 \\ 944 \\ - \end{array}$ | $\begin{array}{r} 6,160 \\ 2,844 \\ 173 \\ 365 \\ -- \end{array}$ | $\begin{array}{r} 6,092 \\ 2,354 \\ 918 \\ 580 \\ \ldots \end{array}$ |
| Houschoid income Less than $\$ 15,000$ \$15,000-\$29,999 $\$ 30,000-\$ 39,999$ $\$ 40,000-\$ 59,999$ $\$ 60,000$ and over Other | $\begin{array}{r} 2,235 \\ 2,447 \\ 1,603 \\ 1,383 \\ 736 \\ 1,340 \end{array}$ | $\begin{array}{r} 804 \\ 1,087 \\ 818 \\ 719 \\ 422 \\ 516 \end{array}$ | $\begin{array}{r} 1,431 \\ 1,360 \\ 785 \\ 664 \\ 314 \\ 824 \end{array}$ | $\begin{aligned} & 3,342 \\ & 4,407 \\ & 3.432 \\ & 3,198 \\ & 1.917 \\ & 3,200 \end{aligned}$ | $\begin{aligned} & 1,295 \\ & 2,090 \\ & 1,840 \\ & 1,787 \\ & 1,131 \\ & 1,400 \end{aligned}$ | $\begin{array}{r} 2,047 \\ 2,318 \\ 1,592 \\ 1,411 \\ 786 \\ 1,800 \end{array}$ |

General Social Survey, 1986
1 "Children" and "Child" refer only to single children (i.e., those never married) under 19 and living at home.

Selected characteristics by sample size and population 15 years and over, Canada, 1986

| Selected characteristics | Sample size |  |  | Population ('OOOs) |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male | Female | Total | Male | Female |
| Population 15+ | 9,744 | 4,366 | 5,378 | 19,496 | 9.543 | 9,954 |
| Employed Population ${ }^{1}$ |  |  |  |  |  |  |
| Total | 6,721 | 3,540 | 3,181 | 13,772 | 7,814 | 5,958 |
| industry 30140 |  |  |  |  |  |  |
| Agriculture Other primary | 202 | 178 | 47 | 364 | 325 | - |
| Manufacturing, non-durables | 490 | 275 | 215 | 1,032 | 611 | 420 |
| Manufacturing, durables | 393 | 309 | 84 | 968 | 761 | 207 |
| Conslruction | 374 | 326 | 48 | 788 | 694 | 95 |
| Transportation and related | 489 | 348 | 141 | 1,053 | 778 | $\begin{array}{r}275 \\ \hline\end{array}$ |
| Wholesale trade | 261 | 191 | 70 | 557 | 422 | 135 |
| Retail trade | 801 | 351 | 450 | 1,630 | 769 | 860 |
| Finance and related | +325 | 119 | 206 | $\begin{array}{r}695 \\ \hline 315\end{array}$ | 294 | 1.473 |
| Community services | 1,198 | 360 175 | 838 | $\begin{array}{r}2,315 \\ \hline 1339\end{array}$ | 841 438 | 1,473 901 |
| Personal services | 646 | 175 232 | 471 | $\begin{array}{r}1.339 \\ \hline 953\end{array}$ | 507 | 446 |
| Business and misc. services | 657 | 391 | 266 | 1,230 | 802 | 428 |
| Working, but not stated | 187 | 97 | 90 | 398 | 211 | 187 |
| Occupation 5041.005131 |  |  |  |  |  |  |
| Professionals/semi-professionals | 1,095 | 501 | 594 | 2,131 1,249 | 1,069 | 1.061 358 |
| Managers | 620 | 414 66 | 63 | 1,286 | 162 | 124 |
| Supervisors white collar | 803 | 235 | 568 | 1,545 | 560 | 985 |
| Lower white collar | 1,593 | 421 | 1,172 | 3.242 | 996 | 2,246 |
| Foremen/women | 109 | 105 | -- | 228 | 222 | - |
| Upper bive collar | 610 | 561 | 49 | 1,298 | 1.184 | 115 |
| Lower blue collar | 1,357 | 952 | 405 | 2,960 | 2,169 | 791 |
| Farmers | 122 | 112 | - 2 | 203 | 191 | --77 |
| Farm labourers | 111 172 | 82 91 | 89 | 239 391 | 162 208 | 183 |
| Working, but not stated | 172 | 91 | 81 | 391 |  |  |
| Not worked in past 12 months | 3,023 | 826 | 2,197 | 5,724 | 1,728 | 3.996 |

1 Delined as having worked in the past 12 months.

## APPENDIX IV

## SAMPLE DESIGN AND ESTIMATION PROCEDURES

## APPENDIX IV. SAMPLE DESIGN AND ESTIMATION PROCEDURES

## POPULATION

The target population of the 1986 General Social Survey includes all persons 15 years and over living in Canada, with the following exceptions:

1. full-time residents of institutions;
2. residents of the Yukon and Northwest Territories.

Since random digit dialling techniques were used to select houscholds, houscholds (thus persons living in houscholds) that did not have telephones at the time of the survey were excluded from the surveyed population. These houscholds account for less than 3\% of the total population.

The survey estimates have been adjusted (weighted) to represent the entire target population, including persons without telephones and other exclusions.

## SAMPLE DESIGN AND SELECTION METHODS

The 1986 General Social Survey employed two different Random Digit Dialling (RDD) sampling techniques. For Newfoundland and Ontario, the Elimination of Nonworking Banks method was used whike, for the remaining provinces, the Waksberg method was used ${ }^{1}$. Both of these methods are described below.

Note that a "bank" of telephone numbers is a group of 100 possible numbers that share the same three-digit area code, three digit prefix and first two digits of the final part of the telephone number.

## Elimination of Non-working (Banks RDD) Design

The General Social Survey used the Elimination of Nonworking Banks (ENWB) design to sample in Newfoundland and Ontario.

ENWB is a form of Randon Digit Dialling in which an attempt is made to identify all "working banks" for an area, i.e. to identify all banks with at least one houschold. Working banks were identified using tclephone company lists and all possible 10 -digit telephone numbers were generated for these banks. A systematic sample of telephone numbers was then generated for each stratum and an altempt was made to conduct a GSS interview with one randomly selected person from cach household reached.

## Waksberg RDD Design

Prince Edward Island Nova Scotia
New Brunswick Quebec
Manitoba
Alberta

Saskatchewan
British Columbia

The Waksberg method employs a two-stage design which increases the likelihood of contacting households over a "pure" RDD design. The following describes the procedure used for the General Social Survey in the above provinces.

For each stratum within each of these provinces, an up-to-date list of all telephone area code and prefix number combinations was obtained. Within each identified area code-prelix combination, all possible combinations of the next two digits were added to form the 100 possible banks. These banks formed the first stage sampling units (i.c. the Primary Sampling Units PSUs).

Within each stratum, random selections were made of these banks and then the linal two digits were generated at random. This number (called a "Primary" number) was called to determine whether or not it reached a houschold. If it did not reach a household (i.e. the number was not assigned for use or was a business, institution, etc.), the number was dropped from further consideration. If it did reach a household, additional numbers reterred to as "Secondary" numbers were gencrated within the same bank (i.e. numbers with the same first eight digits as the "Primary" number). These numbers wete also called to detenmine whether or not they reached a houschold. Sccondary numbers were gencrated on a continuing basis until:
(a) five additional houscholds were reached in each retained bank; or
(b) the bank was cxhausted; or
(c) the survey period ended.

An attempt was made to conduct an interview with a randomly selected respondent in all "Primary" and "Secondary" households reached.

## Stratification

In order to carry out sampling, each of the ten provinces were divided into strata or geographie areas. Gencrally, each province had two strata, one stratum representing the eensus metropolitan areas (CMAs) of the province and the other the non-CMA areas. Ontario and Saskatchewan were sampled from two regional
offices. As a result, more strata were included in the sample design for these areas.

There were some exceptions to this scheme for the provinces of New Brunswick, Quebec and Ontatio due to the focus content. In these provinces there are certain areas for which it was deemed important to produce independent estimates because of their unique bilingual patterns. A larger sample was needed from these areas in order to produce the required estimates. These areas, called contact regions, were made up of contiguous census divisions. There were six such regions: Northern and Eastern New Brunswick, Montreal, the Outaouais of Quebec, the Eastern Townships of Quebec, Eastern Ontario and North Eastern Ontario (for more details sce Current Demographic Analysis, Statistics Canada, Catalogue 91-209E (Annual), May 1987, P 128-129). Each contact region formed a stratum.

The area code and prefix combinations that corresponded to the strata were determined and used to select the appropriate samples in each stratum. Since area codeprefix boundaries did not always correspond exactly to the intended stratum boundaries, small biases may have been introduced at this stage.

A target sample size of approximately 12,000 households was chosen as being large enough to allow extensive analysis at the national level and limited analysis at a provincial level. It was allocated to provinces in proportion to the square root of their populations and to the strata within provinces in proportion to their populations.

## WEIGHTING AND ESTIMATION

For both the Waksberg design and the Elimination of Non-working Banks design, each household within a stratum has an equal probability of selection. For the Waksberg households, the initial weight is set to a constant (1.0) for all records. For ENWB households, the initial weight is equal to the total number of telephone numbers in the stratum divided by the number of sampled telephone numbers in the stratum.

The initial weight is adjusted, by stratum, for nonresponse and households which had more than one telephone number have a second adjustment to produce the person weight. The second adjustment corrects for the higher probability of households with more than one telephone number being sampled.

Subsequently, these "person weights" were adjusted within strata so that the estimated population sizes for the strata would agree with census projections of the population. In the final stages of sampling, the weights were adjusted for over- or under-sampling within province-sex-age groups, again using census projections for the target population. The age groups for this adjustment were:

| $15-19$ | $20-24$ | $25-34$ | $35-44$ | $45-54$ |
| :--- | :--- | :--- | :--- | :--- |
| $55-64$ | $65+$ |  |  |  |

## Estimation

The estimate of the number of persons in the population having a given set of characteristics is determined by summing the weights of all sampled persons with that set of characteristics. The estimates of persons presented in the tables are rounded to the nearest thousand, which not only improves readability but also provides data at an appropriate level of precision.

## NOTES

1. Waksberg, J. 1980. "Sampling Methods for Random Digit Dialling." Joumal of the American Statistical Association, 73: 40-46.

## APPENDIX V

## CYCLE TWO QUESTIONNAIRES

The GSS 2-1 was completed for each telephone number selected in the sample. It lists all household members, collecting basic demographic information, specifically age, sex, marital status and relation to head of family. A respondent, 15 years of age or older was then randomly selected and a GSS 2-2 was completed for this person.

The GSS 2-2 questionnaire collected time use (daily activities) information from persons aged 15 and over living in the 10 provinces. Excerpts (Sections A, B, D(pgs. 5-6), E, $\mathrm{F}(\mathrm{pg} .14), \mathrm{S}, \mathrm{T}$, and U ) are provided.

StalisticsCamada Statistiquecanada
General social survey



```
30 In this survey all information we collect will be kept strictly confidentisl as guaranteed by the Statistics Act. While your participation is
    voluntary, your assistance is essential if the resulfs of the survey are to beaccurate.
```

31 I need to select one person from your household for an interview which will be conducted in November. Starting with the oldest, what is the first name and age of eash person living or staying here who has no usual place of residence elsewhere?

Enter names and ages in items 35 and 37
32 INTERVIEWER

- Enter answers for items 38 through 48 for each person recorded in item 35 . Refer fointerviewer Aeference Card for instructions and codes
- Yhen go to item 49.

| 33 <br> Pg | 34 | 35 <br> NAMES OF HOUSEHOLO MEMBERS | $36$ <br> 5EL <br> * | 37 <br> AGE <br> * | $38$ | $39$$\begin{gathered} M \\ S \end{gathered}$ | $\begin{gathered} 40 \\ F \\ b \\ m \\ 10 \end{gathered}$ | 41 <br> $R$ <br> to <br> H | 42 <br> First <br> lang <br> Learn | $\begin{aligned} & 43 \\ & \mathrm{CN} \\ & \text { in } \\ & \mathrm{E} \end{aligned}$ | $\begin{aligned} & \Delta A \\ & C N \\ & \text { in } \\ & \text { f } \end{aligned}$ | Only for persons aged$6.14 \mathrm{yrs}$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\operatorname{Ln}$ |  |  |  |  |  |  |  |  |  |  | 45 Mainlan. guage of Education | $\begin{aligned} & 46 \\ & C R \\ & \text { in } \\ & E \end{aligned}$ | $\begin{gathered} 47 \\ C 8 \\ 10 \\ 5 \end{gathered}$ | 48 FR M |
|  | 1 | GIVEN NAME SURNAME | 1 | 1 |  |  |  |  |  |  |  | $\begin{aligned} & 1 \text { Denglish } \\ & { }^{2} \text { Ofrench } \\ & 3^{3} \text { Oother } \end{aligned}$ | マ.84 |  |  |
|  | 2 | GIVEN NAME SURNAME | 1 | 1 |  |  |  |  |  |  |  | $\begin{aligned} & { }^{1} \text { Qenglish } \\ & { }^{2} \text { Ofrench } \\ & 3^{3} \text { Oother } \end{aligned}$ | 紋 |  |  |
|  | 3 | GIVEN NAME 5URNAME |  | 1 |  |  |  |  |  |  |  | $\begin{aligned} & \text { Oenglish } \\ & { }^{2} \text { Ofrench } \\ & \text { Doiner } \end{aligned}$ |  |  |  |
|  | 4 | GIVEN NAME §URNAME |  | 1 |  |  |  |  |  |  |  | $\begin{aligned} & \text { Qengish } \\ & \text { Ofrencr } \\ & \text { Oorner } \end{aligned}$ |  |  |  |
|  | 5 | GIVEN NAME SURNAME | 1 | 1 |  |  |  |  |  |  |  | $\begin{aligned} & \text { Oenglish } \\ & \text { Ofrench } \\ & \text { Oother } \end{aligned}$ |  | \%ix M |  |
|  | 6 | GIVEN NAME SURNAME | 1 | 1 |  |  |  |  |  |  |  | $\begin{aligned} & \text { Oenglish } \\ & \text { Ofrench } \\ & \text { Opther } \end{aligned}$ |  |  |  |
|  | 7 | GIVEN NAME SURNAME | 1 | 1 |  |  |  |  |  |  |  | $\begin{aligned} & \text { Denglish } \\ & \text { Ofiench } \\ & \text { Dother } \end{aligned}$ |  | \% |  |
|  | 8 | GIVEN NAME SURNAME | 1 | 1 |  |  |  |  |  |  |  | $\begin{aligned} & \text { Qenglish } \\ & { }^{3} \text { Ofrench } \\ & { }^{3} \text { Qopher } \end{aligned}$ | 2 | *. |  |

a9. Are there any persons away from this household attending school, visiting, eravelling or in the hospital who USUALLy live here?
OYes $\rightarrow$ Enter names and complete items 37 through 48
Ono

50 Does anyone else live at this address, such as other relatives, roomers boarders or employees?
O yes -+ Enter names and completeitems 37 through 48
Ono
59. Now I am going to use aelection procedure to determin whom to interview. This will just take a second.
52. INTERVIEWER
in rem 36. number the persons 15 yesrs of age and over in order from oldest to youngest

Gnd
in item 36, arcle the number of the seletted person


| 55 | Fingl status |  | Number of Eligible Household Members $\square$ |  |
| :---: | :---: | :---: | :---: | :---: |
| 57 | NOTES <br> Item * | 1 <br> 1 | $111111111$ |  |

W Statistics Canada Statistique Canada

> INTERVIEWER 'S OUESTTION CAR D
for the SELECTION CONTROL FORM (GSS 2-1)


| I TEM | TITLE | DESCRIPTION |
| :---: | :---: | :---: |
| 37 | AGE 00-99 | indicate age as of last birthday IF LESS THAN ONE YEAR OLD, ENTER 00 |
| 38 | SEX | $M$ : MALE F: FEMALE |
| 39 | MARI TAL STATUS | WHAT IS ......' MARITAL STATUS? <br> 1: MARRIED OR COMMON LAW <br> 2: SINGLE (NEVER MARRIED) <br> 3: WIDOW OR WIDOWER <br> 4: SEPARATED OR DIVORCED |
| 40 | FAMILY IDENTIFIER | A to 2: IDENTIFY EACH SEPARATE FAMILY WITH A LETTER CODE. <br> (All members of the first family unit are coded "A", all members of the second family are coded "g") |
| 41 | RELATIONSHIP TO HEAD | WHAT IS ........'S RELATIONSHIP TO ........? <br> (NAME OF HEAD OF FAMILY) <br> 1: HEAD OF FAMILY <br> 2: SPOUSE OR COMMON-LAW PARTNER <br> 3: SON OR DAUGHTER (NATURAL, ADOPTED OR STEP) <br> 4: GRANDCHILD <br> 5: DAUGHTER-IN-LAW OR SON-IN-LAW <br> 6: FOSTER CHILD (less than age 18) <br> 7: PARENT <br> 8: MOTHER-IN-LAW OR FATHER-IN-LAW <br> 9: SISTER OR BROTHER <br> 0: OTHER RELATIVE «SPECIFY IN ITEM 57 - NOTES» |
| 42 | FIRST <br> LANGUAGE <br> LEARNED | WHAT IS THE LANGUAGE (name of household memberl <br> FIRST LEARNED AT HOME IN EARLY CHILDHOOD? <br> ENTER THE CORRESPONDING CODE. <br> 01: English <br> 02: French <br> 03: Italian <br> 04: German <br> 05: Ukzainian <br> 06: Chinese <br> 07: Poztugese <br> 08: Dutch (Netherlandic) <br> 09: Polish <br> 10: Greek <br> 11: Hungarian (Magyar) <br> 12: Spanish <br> 13: Czee <br> 14: Punjabi <br> 15: Arabic <br> 16: Latin <br> 17: Russian <br> 18: Yiddish <br> 19: Hebrew <br> 20: Other |

statistics Canada Statistique Canada

INTERVIEWER'S QUESTIONCARD for the SELECTION CONTROL FORM (GSS 2-1)

| ITEMS | to 48 GSS | Sreening Phase General Social Survey |
| :---: | :---: | :---: |
| ITEM | TITLE | DESCRIPTION |
| 43 <br> and <br> 44 | CONVERSA- <br> TION IN <br> ENGLISH/ <br> FRENCH | ```ITEM 43: CAN (name of household zespondent) SPEAK ENGLISH WELL ENOUGH TO CONDUCT A CONVERSATION? ITEM 44: CAN lname of household respondentl. SPEAK FRENCH WELL ENOUGH TO CONDUCT A CONVERSATION? YES: ENTER < 1> NO: ENTER < 2 > DON'T KNOW: ENTER& & %``` |
| 45 | MAIN <br> LANGUAGE <br> OF <br> EDUCATION | WHAT IS THE MAIN LANGUAGE USED TO TEACH ............... AT SCHOOL THIS YEAR? <br> (name of child) <br> QUESTION ASKED ONLY OF HOUSEHOLD MEMBERS AGED 6 TO 14 YEARS OLD. |
| 46 <br> and <br> 47 | LANGUAGE <br> COURSE IN <br> ENGLISH/ <br> FRENCH | ```ITEM 16: IS (name of child) TAKING A COURSE TO LEARN ENGLISH WITHIN HER/HIS SCHOOL YEAR PROGRAM? ITEM 47: IS (name of child) TAKING A COURSE TO LEARN FRENCH WITHIN HER/HIS SCHOOL YEAR PROGRAM? YES: ENTER * 1 % NO: ENTER * 2* DON'T KNOW: ENTER < 3> QUESTION ASKED ONLY OF HOUSEHOLD MEMBERS AGED 6 TO 14 YEARS OLD.``` |
| 48 | FRENCH IMMERSION PROGRAM | ITEM 48: HAS ................ EVER BEEN ENROLLED (name of child) <br> IN A FRENCH IMMERSION PROGRAM? <br> YES: ENTER « $1 \%$ <br> NO: ENTER \& 2 » <br> DON'T KNOW: ENTER \& 3 》 <br> QUESTION ASKED ONLY OF HOUSEHOLD MEMBERS AGED 6 TO 14 YEARS OLD. |

$\square$ Page-Line No. (irem 7a, GS52-1)
$\square$ interviewer Number (11em 76, ciss 2.1)

# GENERAL SOCIAL SURVEY <br> SOCIAL ACTIVITIES AND LANGUAGE USE QUESTIONNAIRE 

AGES 15 YEARS AND OVER

\begin{tabular}{|c|c|}
\hline For this part of the survey I would like you to recall certain aspects of your life from when you were born to when you were 15 years old. \& \begin{tabular}{l}
SECTION B \\
B1 When you were 15 years old, didyou live with your own father? (Include adoptive father)
\end{tabular} \\
\hline SECTION A \& 2 ONO \\
\hline  \& B2. Why was this? was it because ...
Your father died
parents were divorced or separated
You or your father were temporarily living away from home \(\longrightarrow\) Gotose
Other (specify) \\
\hline \({ }^{14} \bigcirc\) Country outside Canada (specify) \& B3. During that time, was there a male who took the role of your father?
yes
No \(\longrightarrow\) Goto 88 \\
\hline い1 1.1.
Canadian citizen by burth \& B4 Which of the following best describes your father's for father substitute's) main activity when you were 15 years old? (Accept one response only) \\
\hline A3 What is your date of birth? \& Working at job \(\qquad\) In this job was he mainly... \\
\hline A4 Did you live in the same community from birth up to age 15? By community I mean city, lown or rural area.
Yes \(\longrightarrow\) GotoAT
No
Donitknow \(\longrightarrow\) GOIOSECTION B \& someone else - Go to B5
Self-employed -Goto 86
Astudent \(\longrightarrow\) Goto B8 \\
\hline As In how many different communities did you live during this time?
\(\qquad\) communities

Don't know $\longrightarrow$ Goto SECTION B \& Keeping house $\longrightarrow$ Go to B8
Other (specify) <br>
\hline A6. Think about the community you lived in for the longest time from when you were born until you were 15 years old. for how many of those 15 years did you live there?
$\square$ years \&  $\perp \perp \perp \perp \perp \perp \perp \perp \perp \perp \perp \perp \perp \mid \perp \rightarrow$ Goto 88 <br>

\hline * $\bigcirc$ Dant know \& | 95 For whom did he work? |
| :--- |
| (Name of business, government department or agency or person) | <br>

\hline A) What was the approximate size of that community?
Less than 5,000 population or a pural area
5,000 to less than 25,000 population
25,000 to less than 100,000 population
100,000 to 1 million population
Over 1 million population \&  ட $\perp \perp|\perp| \perp|\perp| 1 \mid \perp \perp \perp \perp$ ட $1 \perp \perp \perp \perp \perp \perp \perp|1| \perp \mid 1$
Dunit know <br>
\hline A8. Was this place in Canada or else where?
In Canada $\longrightarrow$ What was the name of that town or nearest town?
$\qquad$
Elsewhere $\longrightarrow$ Which country? (specify) \& B6 What was the main kind of business, industry or service? (Give a full description: e.g., paper box manufacturing, reiail shoe rore, municipal board of education)
$\qquad$
$\qquad$
$\qquad$
Doritknow <br>
\hline
\end{tabular}

8.4500 .331



## SECTION D



These next questions ask about your daily activities. We need to know in as much detail as you can recall. what you did during ........ (refer to reference day) starting at 4:00 o'clock in the morning. This section will provide information on transportation activity, amount of time spent on housework, leisure, paid work, etc. You may have been doing more than one thing at a time but we are interested in the main activity for each time period. We are not interested in activities which lasted only a minute or two. We also ask where you did each activity and if anyone was interacting with you during the activity.

## Would you like an example?

EXAMPLE: Yesterday morning I was asleep until 7:15. From 7:15 until 7:301 got dressed. Then from 7:30 until 7:45 I made breakfast and from 7:45 to 7:55 I ate breakfast with my children. After we ate I cleaned up the dishes, which took 20 minutes.

$8.4500-331$


8-4500-33. 8

## SECTION E

For this part of the survey I would like you to consider your life as it is now
E1 Presently, would you describe yourself as...

| very <br> happy <br> 10 | Somewhet <br> happy | somewhat <br> unhappy | unhappy | No |
| :---: | :---: | :---: | :---: | :---: |

E2. I am going to ask you to rate certain areas of your life. Please rate your feelings about them as very satisfied, somewhat satisfied, somewhat discatisfied or very dissatisfied.

c) The way you spend
your other time $\rightarrow$

E3. Now, using the same scale, how do you feel about your life as a whole right now?

| Satisfied |  |
| :---: | :---: |
| Very | Somewhat |
| 10 |  |
| $=0$ |  |


| Oissatisfied |  | No <br> Somewhat: <br> 30 |
| :---: | :---: | :---: |
|  | Very |  |
|  |  |  |

## SECTION F

The following questions are about your knowledge and use of languages at home, school and work.

F1. What is your main language, that is, the language in which you are most at ease?
(Report two if the respondent is equally at ease in two languages)

10 English $\rightarrow$ Have you ever had any knowledge or understanding of a language other than English?

${ }^{4}$ OFrench $\longrightarrow$ Go to SECTION K (Page 16)
5 Orench and Other (specify) L_ $\longrightarrow$ Goto SECTIONL (Page 16)
$\left.\begin{array}{rc}\text { 6०Other (specify) } & \llcorner\perp \\ & \llcorner\perp\end{array}\right\} \rightarrow$ Go to SECTIONM (Page 17)


| SECTION S <br> Now l'd like to ask you for some background information |  | Is this dwelling owned or rented by a member of this household? |
| :---: | :---: | :---: |
| \$1 To which ethnic or cultural group do you or did your ancestors belong? (Accept multiple response)EnglishFrenchIrishScottishGermanItalianUkrainianOther (specify)Dan'tknow |  | ${ }^{9} \bigcirc$ Rented |
|  | 59 | How many telephones, counting extensions, are there in your dwelling? One $\longrightarrow$ Goposia Two or more |
|  |  | Do all the telephones have the same number? Yes No |
|  |  | How many different numbers are there? $\qquad$ |
| 52 What, if any, is your religion?Noreligion $\longrightarrow$ Goto SARoman CatholicUnited ChurchAnglicanPresbyterianLutheranBaptistEastern OrthodoxsewishOther (specity) | 512 | Are my of these numbers for business use only? Yes No <br> $\rightarrow G 0 t o 514$ |
|  | 513 | Mow many are for business use only? $\qquad$ |
|  | 514 | What was your income before taxes, from wages, salaries and self.employment during the last 12 months? income $\longrightarrow \$ \downharpoonright\|1\| 1 \mid \perp 00$ toss $\square$ 00 Na income Dontknow |
| \$3 Other than on special occasions, such as weddings, funerats or baptisms. how often do you attend services or meetings connected with your religion? Al least once a week At least once a month At least once a year Less than once a year Never | 515 | What was your income from government sources such as Family Allowance, U.I.C. Social Assistance. Canada or Quebec Pension Plan or Old Age Security? <br> $\$$ $\qquad$ 00 No income Don t know |
| 54 What is the approximate size of the community in which you are now living? By community I mean city, fown or rural area? Less than 5,000 population or a rural area 5,000 to less than 25,000 population 25.000 to less than 100.000 population 100,000 to 1 million population Over 1 million population | 516 | What was your income from investments or private pensions? income $\longrightarrow s$ L_\| | 1 Loss $\rightarrow s \downharpoonright \perp \perp \perp \perp \perp\rfloor 00$ No income Don'tknow |
| 55. What is the name of that fown or nearest town? | \$17 | What is your best estimate of the total income of all household members from all sources during the last 12 months? Was the total household income .. . |
| S6 What are the first three characters of your postal code? $\square$ Don't know |  | sind more and <br> $\$ 15,000$ and more |
| 57 In what type of dwelling are you now living? is it ... Single detached house semi-detached or double (side-by-side) Garden house, town-house or row house Duplex (one above the ofther) Low-rise apartment (fess than five stories) High-rise apartment (five or more stories) Other (specity) |  | $\$ 40.000$ $\$ 20.000$ 530,000 and more Less than 560,000 560,000 and more Noincome Don't know |
| LـL1. 1 |  | end ofinterview |

8. 4500.33 :

## SECTION T

The next few questions are about contacts you have had with federal government agencies during the last 12 months.


INTERVIEWER: If no contacts in T1 go to TA below, Otherwise go to T2 above

T4. Would you say that, in your area, federal services are generally available in English?
, O Yes
${ }^{2} \mathrm{O} \mathrm{NO}$
© Don't know

T5. In which languages are the television programs you watch?
0 Never watch television

-

- O N

T6 Which language did the doctor use during your last visit?
1 Never visited doctor
${ }^{2}$ Onglish
3 French

- O Other (specity) L._.
- 




8.4500 .331

## APPENDIX VI

INTERNATIONAL TIME USE STUDIES

## APPENDIX VI. INTERNATIONAL TIME USE STUDIES REFERENCED IN TEXT

The following lists the international time use studies referenced in this publication. It should be noted, however, that international comparisons are indicative but not absolute due to cross-national differences in collection and reporting.

| Country | Year of Survey | Repore based on Survey |  |  | Research Centre, Institute for Social Reseatch, the University of Michigan. |
| :---: | :---: | :---: | :---: | :---: | :---: |
| France | 1985-86 | Grimler, Ghislaine and Caroline Roy (1987). "-Premiers Résultats; Time Use in France in 1985-86". Paris: INSEE. | Italy | 1989 | Belloni, M. Carmen (1990). National survey on the time use in Italy: Leisure. Paper presented to meetings of the International Association for |
| Norway | 1980-81 | Statistisk Sentralbyra(i.c., <br> the Central Bureau of Statistics) (1983). <br> Tidsnyttingsundersokelsen |  |  | Time Use Research, 11th World Congress, Intenational Sociological Association, Madrid, Spain, Junc. |
|  |  | 1980-81 (i.c., The time budget survey 1980-81.) Oslo: Statistisk Sentralbyra. (Norges Offisielle Statistisk B378). | Hungary | 1976-77 | Kulcsar, R. (1987). "The Way of Life and the Time Budge of Hungarian Women." Paper submitted by the Hungarian Central Statistical Office to |
| Japan | 1985 | Nakanishi, Naomichi and Yutaka Suzuki (1986). <br> Japanese Time Use in 1986. Tokyo: NHK Public Opinion Rescarch Institute |  |  | an Informal meeting on Statistics and Indicators on Women, Conference of European. Statisticians, Gencva, May. |
| Australia | 1988 | Australian Bureau of Statistics (1988). Information Paper: Time Use Pilot Survey, Sydney, May-June 1987. Calalogue No. 4111.1. <br> Sydney: Australian Bureau of Statistics. |  |  |  |
| Finland | 1979 | Niemi, Iiris, Salme Kiiski and Mirja Liikkanen (1981). Use of Time in Finland. Helsinki: Central Statistical Office of Finland. |  |  |  |
| Finland | 1987-88 | Niemi, Iiris and Hanu Pääkkönen (1990). Time Use Changes:In Finland in the 1980s. Helsinki: Central Statistical Office of Finland. |  |  |  |

Questions About Canada?


## FIND YOUR ANSWERS IN THE CANADA YEAR BOOK 1990

Trusted by business people, librarians, educators and joumalists for more than 120 years, the Canada Year Book is THE reference source to consult on Canada.

The Canada Year Book 1990 covers a wide range of topics... from education to communications, public finance to international trade, and more.

Over 850 pages of text accompanied by 500 tables, 75 charts
and computer generated maps, depict key social and economic developments in Canada.

Your one stop encyclopedia for all the latest facts and figures about Canada and Canadians, the Canada Year Book 1990 is your ready reference source.

The Canada Year Book 1990 (Cat. no. 11-402E) is priced at $\$ 49.95$ plus $\$ 5.05$ postage and handling in Canada and US $\$ 49.95$ plus US $\$ 20.05$ postage
and handling outside Canada.
To order, write Publication Sales, Statistics Canada, Ottawa, Ontario, K1A OT6 or contact the nearest Statistics Canada Regional Reference Centre listed in this publication.

For faster service, fax your order to 1-613-951-1584. Or call toll free 1-800-267-6677 and use your VISA or MasterCard.

## THE MARKET RESEARCH HANDBOOK 1991

Brainstorming with your colleagues produces some great marketing ideas. But which ones will you use? The Market Research Handbook 1991 can help you narrow your options before you commit anymore time and resources to developing your strategy.
This handbook is the most comprehensive statistical compendium on Canadian consumers and the businesses that serve them. It helps you to identify, define and locate your target markets.

## Looking for . . .

socio-economic and demographic profiles of 45 urban areas?
.. .revenue and expenditure data for retailers

## The fastest way to get off to a goodstart!

The Market Research Handbook 1991 has it all. . . and more.
It provides information on:

- personal spending
- size and composition of households
- wages and salaries
- investment in Canadian industries
- labour force in various industries
- industry and consumer prices

It has been one of our bestsellers since 1977 for the simple reason that it offers such a range and depth of market data. Save time and money when you're looking for data or data sources, keep the Market Research Handbook 1991 close at hand for easy reference.
The Market Research Handbook 1991 (Cat. no. 63-224) is $\$ 94$ (plus $7 \%$ GST) in Canada, US $\$ 113$ in the United States and US $\$ 132$ in other countries.

To order, write to Publication Sales, Statistics Canada, Ottawa, Ontario, K1A 0T6 or contact the nearest Statistics Canada Reference Centre listed in this publication.
For faster service fax your order to 1-613-951-1584. Or call toll-free 1-800-267-6677 and use your VISA or MasterCard.

## Ріск A Topic... Any Topic

Now a redesigned Statistics Canada Catalogue will simplify your search for the most up-to-date or historic facts. An expanded and improved keyword index, cross-referencing, increased subject detail and listings by geographical area provide easy access to hundreds of Statistics Canada products and services.
$\square$ Know the topic but not the "official title"? No matter how wide or narrow the topicor how little you know about it - you'll appreciate how quickly the cross-referencing leads you to the right source.
$\square$ You'll find sources of key statistics like consumer price indexes, import/export figures, or population characteristics down to the village level. From the most popular topics of the day like employment, income, trade and education to more detailed research studies like mineral products shipped from Canadian ports or Caribbean immigrants in urban areas... you'll find it all.

This expanded edition of the Statistics Canada Catalogue includes descriptions of our

full range of services - from publications and maps to microdata files and diskettes. And, many of our electronic product listings include the name and phone number of a contact within Statistics Canada giving you a direct line to more detailed information.
$\square$ As always, you'll find sections on how to get more help... on-line search techniques in libraries... discount and order information... and the locations of our Reference Centres. You'll especially appreciate that this year's Catalogue is bound in a durable, plasticized cover to withstand intensive use.

For ease and completeness in your information search get the Statistics Canada Catalogue (cat. \# 11-204E) for $\$ 13.95$ in Canada, US $\$ 17$ in the U.S. and US\$20 in other countries. To order your copy write to Publication Sales, Statistics Canada, Ottawa, Ontario, K1A $0 T 6$ or you can FAX your order to (613) 951-1584. For faster service using VISA or MasterCard, call toll-free:

$$
1-800-267-6677 .
$$

MAIL TO:
Publication Sales Statistics Canada Ottawa, Ontario, K1A 0T6
(Please print)
Company $\qquad$ $\longrightarrow$
Allention $\qquad$
Address
City $\qquad$ Province $\qquad$
Postal Code $\qquad$ Tel. $\qquad$

FAX TO: (613) 951-1584
This fax will be treated as an nriginal order Please do not send confirmation

\section*{| Catalogue |  |
| :---: | :---: |}

## METHOD OF PAYMENT



Signature
Client Reference Number
Required
Issue

Annual Subscription



This order coupon is available in English upon request


[^0]:    ${ }^{1}$ Clift, Barbara, and Stewart Wetls. The Reliability of National Accomis Estimates: The Canadian Experience. Presented at the 21 st Generai Conference of the International Association for Rescarch in Income and Wealth, Lahnstein, West Germany (August, 1989), p.I.
    ${ }^{2}$ Andorka, Rudolf, Time Budgets and Their Uses, Ann. Bev. Social. 1987, 13:149-64.

[^1]:    1 Averaged over a 7 day week.
    2 Subtotals may not add to total due 10 rounding.
    3 Unpaid work = domestic work + primary child care + shopping and services.
    4 Free time = organizational aclivity + entertainment + sports and hobbies + media and communication.

[^2]:    1 Averaged over a 7 day week.

[^3]:    (1) Averaged over a 7 day week

[^4]:    ${ }_{2}^{1}$ Averaged over a 7 day week.
    2 Productive activity = paid work + education + unpaid work (primary child care + domestic activity + shopping and services)

[^5]:    1 Averaged over a 7 day week.
    2 Paid work = activity code 01

[^6]:    General Social Survey, 1986
    1 Averaged over a 7 day week.
    2 Subtotals may not add to total due to rounding
    3 Includes other classes - part-time; special lectures - occasional; and leisure and special interest classes (codes 51,52 \& 56).
    4 Includes meals and snacks at school, breaks or waiting for classes to begin and other uncodeable study (codes 54,55 \& 58).

[^7]:    1 Averaged over a 7 day week.

[^8]:    ${ }_{2}^{1}$ Averaged over a 7 day week.
    2 Subtotals may not add to total due to rounding.
    3 These figures may reflect seasonal variations in gardening because data for the entire survey was collected during the months of November and December.

[^9]:    Averaged over a 7 day week.
    2 "Children" and "Child" refer only to single children (i.e. those never married) under 19 and living at home.

[^10]:    1 Averaged over a 7 day week.
    2 "Children" and "Child" reler only to single children (i.e., those never married) under 19 and Jiving at home.

[^11]:    1 Averaged over a 7 day week.
    2 Refers to those parents with at least one single child under 19 years living at home.
    3 Medical care included.

[^12]:    ${ }_{2}^{1}$ Averaged over a 7 day week.
    ${ }^{2}$ Refers to those parents with at least one child under 19 years living at home.
    ${ }^{3}$ Refers to primary child care activities only, such as baby care or playing with children (codes 20-25 \& 28-29),
    for participating parents.
    4 "Children" and "Child" refer only to single children (i.e., those never married) under 19 and living at home.

[^13]:    1 Averaged over a 7 day week.
    2 Indudes adult medical care at home, help and personal care lo adults, and other personal care activities.

[^14]:    1 Averaged over a 7 day woek.

[^15]:    ${ }^{2}$ Since newspaper reading may be done as a secondary activity or for short durations of time which may not have been reported, the participation rates may be low.

[^16]:    Averaged over a 7 day week.
    2 Subtotals may not add to total due to rounding.
    Includes reading books and magazines (code 93) and newspapers (code 94).
    4 "Children" and "Child" refer only 10 single children (i.e., those never married) living al home.

[^17]:    Averaged over a 7 day week.

[^18]:    ${ }_{1}$ Averaged over a 7 day week.
    2 Subtotals may not add to total due to rounding.

[^19]:    1 Averaged over a 7 day week.
    2 Subtotals may not add to total due to rounding.
    3 "Children" and "Child" refer only to single children (le., those never marrled) living at home.

[^20]:    "Children" and "Child" refer only to single children (l.e., those never marrled) Ilving at home.

[^21]:    ${ }^{3}$ Social interaction times are not mutually exclusive, e.g. time spent with a spouse is the total time spent with that person. Other people, notably children, could also be present.

[^22]:    1 Averaged over a 7 day week
    2 Relers to time spent on steeping, washing, dressing or other personal care activities (codes 40, 45, 46 and 48) for which the question Who was with you?" was not asked.
    $3{ }^{\circ}$ "Chlldren" and "Child" reter onty to single children (i.e., those never marrled) Iving at home.

[^23]:    1 Averaged over a 7 day week.
    2 Total time spent on all activnies equals 24 hours.
    3 Subtotals may not add to total due 10 rounding.
    4 Refers lo single children (l.e., those never married) under 19 and lving at home.
    5 At least one child under 5 years.
    6 All children 5 years and over.

[^24]:    Averaged over a 7 day week.
    Total activities add to 24 hours
    3 Subtotals may not add to total due 10 rounding.

