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## **Descriptive Cross Tables from the Survey on Transition to Civilian Life**

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# Descriptive Cross Tables from the Survey on Transition to Civilian Life

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## Introduction

The Survey on Transition to Civilian Life (STCL) yielded unprecedented data on the health, disability and determinants of health of former Canadian Forces Regular Force personnel who released from service during 1998-2007. Making sense of a rich population health dataset like this starts with descriptive methods like two-way cross tables. Two-way cross tables make it easier to better understand these Veterans.

These tables were requested by VAC staff to assist them in tailoring services and programs to the needs of Veterans on the basis of sound evidence. The tables are also of value to VAC's partners in the Canadian Forces, Department of National Defence, the Canadian Institute of Military Veteran Health Research and universities to assist them in their work. Individual Microsoft Excel 2010 files (or other versions as required) of these tables can be requested by contacting the VAC Research Directorate at: [research-recherche@vac-acc.gc.ca](mailto:research-recherche@vac-acc.gc.ca) .

## Method

Methodology and initial analysis of the 2010 *Survey on Transition to Civilian Life* are described elsewhere (MacLean et al 2010, Thompson et al 2011). STCL was a computer-assisted telephone survey conducted by Statistics Canada. The survey sampled 3,354 CF Regular Force personnel who released from service during 1998-2007 and were not serving in the CF, living in institutions, the northern Territories or out of Canada. The survey used a stratified random sampling design with three subgroups to allow for oversampling VAC clients. The groups were: Veterans receiving New Veterans Charter benefits programs and services through VAC (NVC clients), Veterans receiving disability benefits (DP clients) and Veterans not receiving VAC benefits, programs and services (non-clients). STCL had a response rate of 71% (84% for VAC clients, 59% for non-clients). Of respondents, 94% (3,154) agreed to share their findings with VAC and DND.

The survey instrument collected self-reported information on health, disability and determinants of health, using questions largely derived from national Canadian population health surveys (MacLean et al 2010).

Weighted population estimates were calculated using individual sampling weights provided by Statistics Canada (MacLean et al 2010, Thompson et al 2011). In calculating mean SF-12 summary scores, respondent sampling weightings provided by Statistics Canada were applied to individuals' scores.

## The Cross Tables

Each two-way cross table shows weighted population estimates in percent without confidence intervals, which are available on request. There are 22 tables (Table 1) and upon request we can produce similar two-way tables for other variables using the same template. The rows of every table contain the same variables describing health, disability and determinants of health as shown in the examples in Appendix Tables 1 and 2 for client status (client versus non-client). The columns show the characteristics listed in Table 1.

### Table 1. List of currently available two-way tables.

#### Sociodemographic and Military Characteristics

- Sex: male, female
- Age at Survey: 10-year age groups
- Client status: Client, non-client
- Client status: NVC clients, DP clients, non-clients
- Rank
- Length of Service: < 2 yrs, 2-9 yrs, 10-19 yrs, ≥20 yrs
- Type of Release: Involuntary, medical, voluntary, retirement, service complete

#### Health and Disability

- SF-12 MCS scores: <50, ≥50
- SF-12 PCS scores : <50, ≥50
- Hearing problems: yes, no
- Age at survey of those with hearing problems: by 10-year age groups
- Obesity: yes, no
- Chronic Physical Health Condition: yes, no
- Mental Health Condition: yes, no
- Mental Health Condition for clients only: yes, no
- Mental Health Condition for non-clients: yes, no
- 12-month suicide ideation: yes, no

#### Determinants of Health

- Adjustment to civilian life: easy, neither, difficult
- Adjustment to civilian life for non clients: easy, neither, difficult
- Mastery: low ( $\leq 7$ ), moderate, high ( $\geq 23$ )
- Sense of community belonging: strong, weak
- Below Low Income Measure (LIM): yes, no

### Prevalence versus Frequency Distribution

Two versions of two-way cross tables are presented in this data report: prevalence (e.g., Appendix Table 1) and frequency distributions (e.g., Appendix Table 2).

## **Prevalence Tables**

Appendix Table 1 shows the prevalence of Veterans with various sociodemographic, military, health, disability and determinants of health characteristics and factors. For example, in Appendix Table 1, 59.9% of those with 12-month suicidal ideation were clients, whereas 40.1% of those with 12-month suicidal ideation were non-clients. Similarly, 53.8% of those with back problems were clients, compared to 46.2% of those with back problems were non-clients.

## **Frequency Distribution Tables**

Appendix Table 2 shows the frequency distributions of population estimates within a characteristic or factor category. For example, in Appendix Table 2, 3.5% of non-clients had 12-month suicidal ideation, as did 10.2% of clients. The overall prevalence of 12-month suicidal ideation was 5.7% in the STCL population.

## **References**

MacLean MB, Van Til L, Thompson JM, Pedlar D, Poirier A, Adams J, Hartigan S, Sudom K. Life After Service Study: Data Collection Methodology for The Income Study and The Transition to Civilian Life Survey. Veterans Affairs Canada Research Directorate Technical Report. April 29 2010a: p79.

Thompson JM, MacLean MB, Van Til L, Sudom K, Sweet J, Poirier A, Adams J, Horton V, Campbell C, Pedlar D. Survey on Transition to Civilian Life: Report on Regular Force Veterans. Research Directorate, Veterans Affairs Canada, Charlottetown, and Director General Military Personnel Research and Analysis, Department of National Defence, Ottawa. 04 January 2011:103 p.

**Appendix Table 1. Prevalences by client status.**

Variable	Category	Clients		Non-clients		Total STCL Population	
<b>Group Totals</b>		33.6	✓	66.4	✓	100.0	✓
<b>Age groups by age at release from service</b>	≤ 19 Years	0.7	✗	99.3	✓	100.0	✓
	20-29	9.7	✓	90.3	✓	100.0	✓
	30-39	39.7	✓	60.3	✓	100.0	✓
	40-49	48.3	✓	51.7	✓	100.0	✓
	50-59	38.7	✓	61.3	✗	100.0	✓
	60-69	39.7	✗	60.3	✗	100.0	✗
<b>Age groups by age at survey</b>	≤ 19 Years	0.0	✗	0.0	✗	0.0	✗
	20-29	5.4	✓	94.6	✓	100.0	✓
	30-39	18.9	✓	81.1	✓	100.0	✓
	40-49	48.0	✓	52.0	✓	100.0	✓
	50-59	43.4	✓	56.6	✓	100.0	✓
	60-69	33.0	✓	67.0	✓	100.0	✓
<b>Gender</b>	Male	33.9	✓	66.1	✓	100.0	✓
	Female	31.7	✓	68.3	✓	100.0	✓
<b>Length of Service</b>	< 2 years	2.9	⚠	97.1	✓	100.0	✓
	2 to 9 years	20.5	✓	79.5	✓	100.0	✓
	10 to 19 years	52.3	✓	47.7	✓	100.0	✓
	≥ 20 years	43.3	✓	56.7	✓	100.0	✓
<b>Release Type<sup>B</sup></b>	Involuntary	13.5	✓	86.5	✓	100.0	✓
	Medical	76.8	✓	23.2	✓	100.0	✓
	Voluntary	17.3	✓	82.7	✓	100.0	✓
	Retirement Age	29.5	✓	70.5	✓	100.0	✓
	Service Complete	32.8	✓	67.2	✓	100.0	✓
<b>Rank<sup>B</sup></b>	Officers	25.5	✓	74.5	✓	100.0	✓
	Junior Officers	20.1	✓	79.9	✓	100.0	✓
	Cadets	3.7	✗	96.3	✓	100.0	✓
	Senior NCM	45.5	✓	54.5	✓	100.0	✓
	Junior NCM	51.3	✓	48.7	✓	100.0	✓
	Privates	9.5	✓	90.5	✓	100.0	✓
	Recruits	6.2	✓	93.8	✓	100.0	✓
<b>Enrollement Era</b>	1960's	33.8	✓	66.2	✓	100.0	✓
	1970's	42.9	✓	57.1	✓	100.0	✓
	1980's	48.5	✓	51.5	✓	100.0	✓
	1990's	24.4	✓	75.6	✓	100.0	✓
	2000's	8.1	✓	91.9	✓	100.0	✓
<b>Release Year</b>	1998	25.0	✓	75.0	✓	100.0	✓
	1999	26.8	✓	73.2	✓	100.0	✓
	2000	28.5	✓	71.5	✓	100.0	✓
	2001	30.1	✓	69.9	✓	100.0	✓
	2002	30.8	✓	69.2	✓	100.0	✓
	2003	37.9	✓	62.1	✓	100.0	✓
	2004	48.0	✓	52.0	✓	100.0	✓
	2005	39.5	✓	60.5	✓	100.0	✓
	2006	37.9	✓	62.1	✓	100.0	✓
2007	29.5	✓	70.5	✓	100.0	✓	
<b>Service Branch</b>	Air Force	32.2	✓	67.8	✓	100.0	✓
	Army	38.4	✓	61.6	✓	100.0	✓
	Navy	27.6	✓	72.4	✓	100.0	✓
<b>Education at release</b>	Less than high school	42.1	✓	57.9	✓	100.0	✓
	High school	39.4	✓	60.6	✓	100.0	✓
	Post-secondary	26.9	✓	73.1	✓	100.0	✓
<b>Education at time of survey</b>	Less than high school	41.9	✓	58.1	✓	100.0	✓
	High school	37.3	✓	62.7	✓	100.0	✓
	Post-secondary	29.7	✓	70.3	✓	100.0	✓
<b>Marital status time of survey</b>	Married/Commonlaw	35.6	✓	64.4	✓	100.0	✓
	Widowed/Separated/Divorced	44.6	✓	55.4	✓	100.0	✓
	Single/Never married	24.3	✓	75.7	✓	100.0	✓
<b>Deployment 30 days +</b>	yes	44.1	✓	55.9	✓	100.0	✓
	no	14.0	✓	86.0	✓	100.0	✓
<b>Deployment outside of Canada</b>	0	33.9	✓	66.1	✓	100.0	✓
	1	35.5	✓	64.5	✓	100.0	✓
	2	45.9	✓	54.1	✓	100.0	✓
	3 or more	49.0	✓	51.0	✓	100.0	✓
<b>Perceived Health</b>	Very good or excellent	16.7	✓	83.3	✓	100.0	✓
	Good	44.4	✓	55.6	✓	100.0	✓
	Fair or poor	71.0	✓	29.0	✓	100.0	✓
<b>Perceived mental health</b>	Very good or excellent	23.2	✓	76.8	✓	100.0	✓
	Good	42.9	✓	57.1	✓	100.0	✓
	Fair or poor	69.7	✓	30.3	✓	100.0	✓
<b>Satisfaction with Life</b>	Satisfied or very satisfied	29.3	✓	70.7	✓	100.0	✓
	Neither satisfied nor dissatisfied	49.5	✓	50.5	✓	100.0	✓
	Dissatisfied or very dissatisfied	67.2	✓	32.8	✓	100.0	✓
<b>Stress in your life</b>	Not at all or not very stressful	24.8	✓	75.2	✓	100.0	✓
	A bit stressful	34.9	✓	65.1	✓	100.0	✓
	Extrememly or quite a bit stressful	46.0	✓	54.0	✓	100.0	✓
<b>Adjustment to Civilian Life</b>	Very or moderately easy	24.3	✓	75.7	✓	100.0	✓
	Neither difficult nor easy	35.1	✓	64.9	✓	100.0	✓
	Very or moderately difficult	55.7	✓	44.3	✓	100.0	✓

Variable	Category	Clients		Non-clients		Total STCL Population	
<b>Group Totals</b>		33.6	✓	66.4	✓	100.0	✓
<b>Quality of Life PCS</b>	SF-12 0-9	0.0	✗	0.0	✗	0.0	✗
	SF-12 10-19	90.5	✓	9.5	✗	100.0	✓
	SF-12 20-29	86.4	✓	13.6	✗	100.0	✓
	SF-12 30-39	68.4	✓	31.6	✓	100.0	✓
	SF-12 40-49	39.9	✓	60.1	✓	100.0	✓
	SF-12 50+	12.3	✓	87.7	✓	100.0	✓
<b>Quality of Life MCS</b>	SF-12 0-9	0.0	✗	0.0	✗	0.0	✗
	SF-12 10-19	59.1	!	40.9	✗	100.0	✓
	SF-12 20-29	66.3	✓	33.7	✓	100.0	✓
	SF-12 30-39	63.3	✓	36.7	✓	100.0	✓
	SF-12 40-49	42.1	✓	57.9	✓	100.0	✓
	SF-12 50+	25.9	✓	74.1	✓	100.0	✓
<b>Chronic Health Conditions</b>	<b>No Conditions</b>	6.1	✓	93.9	✓	100.0	✓
	<b>Physical, All</b>	46.3	✓	53.7	✓	100.0	✓
	Hearing Problems	58.3	✓	41.7	✓	100.0	✓
	Arthritis	64.3	✓	35.7	✓	100.0	✓
	Back problems	53.8	✓	46.2	✓	100.0	✓
	Pain/discomfort always	61.2	✓	38.8	✓	100.0	✓
	Pain/discomfort reoccur	46.5	✓	53.5	✓	100.0	✓
	Asthma	42.9	✓	57.1	✓	100.0	✓
	COPD	64.1	✓	35.9	✗	100.0	✓
	Diabetes	49.2	✓	50.8	✓	100.0	✓
	Cancer	39.2	✗	60.8	✗	100.0	✓
	Bowel disorders	58.0	✓	42.0	✓	100.0	✓
	Obesity	43.1	✓	56.9	✓	100.0	✓
	<b>Mental, All</b>	63.9	✓	36.1	✓	100.0	✓
	Mood disorders*	66.5	✓	33.5	✗	100.0	✓
	Depression or Anxiety	63.9	✓	36.1	✓	100.0	✓
	PTSD	87.1	✓	12.9	✗	100.0	✓
Anxiety Disorder	69.3	✓	30.7	✓	100.0	✓	
<b>Comorbidity</b>	Physical + Mental	68.4	✓	31.6	✓	100.0	✓
	Triad: MSD + Pain/Discomfort + Mental Health	75.7	✓	24.3	✓	100.0	✓
<b>Disability: Participation and Activity Limitation</b>	Needs help with at least one task	80.4	✓	19.6	✓	100.0	✓
	Does not need help	24.0	✓	76.0	✓	100.0	✓
<b>Suicidality</b>	12- Month Ideation	59.9	✓	40.1	✓	100.0	✓
<b>Social Support</b>	Low	45.7	✓	54.3	✓	100.0	✓
	Not low	27.4	✓	72.6	✓	100.0	✓
<b>Sense of Community Belonging</b>	Very or somewhat strong	29.7	✓	70.3	✓	100.0	✓
	Very or somewhat weak	39.1	✓	60.9	✓	100.0	✓
<b>Mastery</b>	Low	74.9	✓	25.1	✗	100.0	✓
	Middle	37.2	✓	62.8	✓	100.0	✓
	High	22.6	✓	77.4	✓	100.0	✓
<b>Heavy drinker</b>	5 or more drinks on one occasion, 12 or more times a year	31.8	✓	68.2	✓	100.0	✓
<b>LIM</b>	Below Low Income Measure	31.8	✓	68.2	✓	100.0	✓
<b>Satisfaction with Finance</b>	Satisfied or very satisfied	31.4	✓	68.6	✓	100.0	✓
	Neither satisfied nor dissatisfied	35.2	✓	64.8	✓	100.0	✓
	Dissatisfied or very dissatisfied	43.0	✓	57.0	✓	100.0	✓
<b>Main Activity First 12 months after release</b>	Worked in the reserve forces	31.7	✓	68.3	✓	100.0	✓
	Worked at a job or ran a business	26.4	✓	73.6	✓	100.0	✓
	Retired and not looking for work	38.1	✓	61.9	✓	100.0	✓
	Attended school or training	37.5	✓	62.5	✓	100.0	✓
	Looked for work	29.8	✓	70.2	✓	100.0	✓
	Cared or nurtured a family member	34.1	✓	65.9	✗	100.0	✓
	Was disabled or on disability	82.4	✓	17.6	✗	100.0	✓
	Other	31.5	✓	68.5	✓	100.0	✓
<b>Main Activity 12 months prior to survey</b>	Worked in the reserve forces	25.8	✗	74.2	✗	100.0	✗
	Worked at a job or ran a business	28.4	✓	71.6	✓	100.0	✓
	Retired and not looking for work	44.3	✓	55.7	✓	100.0	✓
	Attended school or training	25.6	✓	74.4	✓	100.0	✓
	Looked for work	34.3	✓	65.7	✓	100.0	✓
	Cared or nurtured a family member	38.9	✓	61.1	✗	100.0	✓
	Was disabled or on disability	83.8	✓	16.2	✗	100.0	✓
	Other	44.1	✓	55.9	✗	100.0	✓
<b>Health System</b>	Prescription Drug Insurance	35.6	✓	64.4	✓	100.0	✓
	Dental Insurance	35.7	✓	64.3	✓	100.0	✓
	Eye Glasses Insurance	36.2	✓	63.8	✓	100.0	✓
	Regular Medical Doctor	36.6	✓	63.4	✓	100.0	✓

B: See Thompson et al 2011.

Green check marks: Based on sample size > 30.

Yellow exclamation marks: Based on sample size = 30.

Red cross-marks: Based on sample size < 30.

**Appendix Table 2. Frequency distribution by client status.**

Variable	Category	Clients	Non-clients	Total STCL Population
Age groups by age at release from service	≤ 19 Years	0.1 ✗	5.9 ✓	3.9 ✓
	20-29	7.1 ✓	33.7 ✓	24.8 ✓
	30-39	25.8 ✓	19.8 ✓	21.8 ✓
	40-49	50.7 ✓	27.5 ✓	35.3 ✓
	50-59	16.0 ✓	12.9 ✓	13.9 ✓
	60-69	0.3 ✗	0.2 ✗	0.3 ✗
Age groups by age at survey	≤ 19 Years	0.0 ✗	0.0 ✗	0.0 ✗
	20-29	2.5 ✓	22.5 ✓	15.8 ✓
	30-39	10.3 ✓	22.5 ✓	18.4 ✓
	40-49	48.1 ✓	26.5 ✓	33.7 ✓
	50-59	31.2 ✓	20.6 ✓	24.2 ✓
	60-69	7.8 ✓	8.0 ✓	7.9 ✓
Gender	Male	88.8 ✓	87.8 ✓	88.2 ✓
	Female	11.2 ✓	12.2 ✓	11.8 ✓
Length of Service	< 2 years	1.5 ✓	25.6 ✓	17.5 ✓
	2 to 9 years	10.1 ✓	19.8 ✓	16.5 ✓
	10 to 19 years	20.5 ✓	9.5 ✓	13.2 ✓
	≥ 20 years	67.9 ✓	45.1 ✓	52.8 ✓
Release Type <sup>B</sup>	Involuntary	1.8 ✓	6.0 ✓	4.6 ✓
	Medical	55.7 ✓	8.5 ✓	24.4 ✓
	Voluntary	29.4 ✓	70.9 ✓	57.0 ✓
	Retirement Age	6.1 ✓	7.4 ✓	7.0 ✓
	Service Complete	6.9 ✓	7.1 ✓	7.0 ✓
Rank <sup>B</sup>	Officers	6.1 ✓	9.0 ✓	8.0 ✓
	Junior Officers	4.7 ✓	9.5 ✓	7.9 ✓
	Cadets	0.5 ✗	6.6 ✓	4.5 ✓
	Senior NCM	38.2 ✓	23.2 ✓	28.2 ✓
	Junior NCM	46.0 ✓	22.1 ✓	30.1 ✓
	Privates	1.8 ✓	8.8 ✓	6.5 ✓
	Recruits	2.7 ✓	20.8 ✓	14.7 ✓
Enrollement Era	1960's	7.6 ✓	7.6 ✓	7.6 ✓
	1970's	31.0 ✓	20.9 ✓	24.3 ✓
	1980's	45.5 ✓	24.5 ✓	31.6 ✓
	1990's	10.6 ✓	16.6 ✓	14.6 ✓
	2000's	5.3 ✓	30.4 ✓	21.9 ✓
Release Year	1998	6.9 ✓	10.5 ✓	9.3 ✓
	1999	7.0 ✓	9.6 ✓	8.7 ✓
	2000	7.7 ✓	9.8 ✓	9.1 ✓
	2001	7.1 ✓	8.4 ✓	8.0 ✓
	2002	8.3 ✓	9.5 ✓	9.1 ✓
	2003	10.4 ✓	8.6 ✓	9.2 ✓
	2004	13.9 ✓	7.6 ✓	9.7 ✓
	2005	12.4 ✓	9.6 ✓	10.6 ✓
	2006	14.6 ✓	12.1 ✓	13.0 ✓
2007	11.7 ✓	14.1 ✓	13.3 ✓	
Service Branch	Air Force	29.8 ✓	31.8 ✓	31.1 ✓
	Army	55.7 ✓	45.3 ✓	48.8 ✓
	Navy	12.9 ✓	17.1 ✓	15.7 ✓
Education at release	Less than high school	44.5 ✓	31.0 ✓	35.5 ✓
	High school	36.0 ✓	28.0 ✓	30.7 ✓
	Post-secondary	11.6 ✓	15.9 ✓	14.5 ✓
Education at time of survey	Less than high school	8.4 ✓	5.9 ✓	6.8 ✓
	High school	45.1 ✓	38.4 ✓	40.7 ✓
	Post-secondary	46.4 ✓	55.7 ✓	52.6 ✓
Marital status time of survey	Married/Commonlaw	79.9 ✓	73.4 ✓	75.6 ✓
	Widowed/Separated/Divorced	13.2 ✓	7.2 ✓	9.2 ✓
	Single/Never married	6.9 ✓	19.5 ✓	15.3 ✓
Deployment 30 days +	yes	85.4 ✓	54.7 ✓	65.0 ✓
	no	14.6 ✓	45.3 ✓	35.0 ✓
Deployment outside of Canada	0	6.2 ✓	9.6 ✓	8.1 ✓
	1	18.2 ✓	26.1 ✓	22.6 ✓
	2	19.0 ✓	17.7 ✓	18.3 ✓
	3 or more	56.6 ✓	46.6 ✓	51.0 ✓
Perceived Health	Very good or excellent	27.7 ✓	70.0 ✓	55.8 ✓
	Good	35.3 ✓	22.4 ✓	26.7 ✓
	Fair or poor	37.1 ✓	7.7 ✓	17.5 ✓
Perceived mental health	Very good or excellent	46.0 ✓	76.9 ✓	66.5 ✓
	Good	24.6 ✓	16.6 ✓	19.3 ✓
	Fair or poor	29.3 ✓	6.5 ✓	14.2 ✓
Satisfaction with Life	Satisfied or very satisfied	74.1 ✓	90.4 ✓	84.9 ✓
	Neither satisfied nor dissatisfied	12.0 ✓	6.2 ✓	8.2 ✓
	Dissatisfied or very dissatisfied	13.9 ✓	3.4 ✓	7.0 ✓
Stress in your life	Not at all or not very stressful	27.2 ✓	41.6 ✓	36.8 ✓
	A bit stressful	43.7 ✓	41.2 ✓	42.0 ✓
	Extremely or quite a bit stressful	29.1 ✓	17.2 ✓	21.2 ✓
Adjustment to Civilian Life	Very or moderately easy	44.6 ✓	70.5 ✓	61.8 ✓
	Neither difficult nor easy	13.4 ✓	12.6 ✓	12.9 ✓
	Very or moderately difficult	41.9 ✓	16.9 ✓	25.3 ✓



Variable	Category	Clients		Non-clients		Total STCL Population	
Quality of Life PCS	SF-12 0-9	0.0	✗	0.0	✗	0.0	✗
	SF-12 10-19	4.2	✓	0.2	✗	1.6	✓
	SF-12 20-29	24.5	✓	2.0	✗	9.5	✓
	SF-12 30-39	28.9	✓	6.8	✓	14.2	✓
	SF-12 40-49	21.8	✓	16.6	✓	18.4	✓
	SF-12 50+	20.6	✓	74.4	✓	56.3	✓
Quality of Life MCS	SF-12 0-9	0.0	✗	0.0	✗	0.0	✗
	SF-12 10-19	1.4	!	0.5	✗	0.8	✓
	SF-12 20-29	10.9	✓	2.8	✓	5.5	✓
	SF-12 30-39	16.3	✓	4.8	✓	8.6	✓
	SF-12 40-49	15.8	✓	11.0	✓	12.6	✓
	SF-12 50+	55.7	✓	80.9	✓	72.5	✓
Chronic Health Conditions	<b>No Conditions</b>	5.6	✓	43.3	✓	30.6	✓
	<b>Physical, All</b>	91.4	✓	53.6	✓	66.3	✓
	Hearing Problems	48.2	✓	17.5	✓	27.8	✓
	Arthritis	44.8	✓	12.6	✓	23.4	✓
	Back problems	64.1	✓	27.9	✓	40.1	✓
	Pain/discomfort always	74.4	✓	23.9	✓	40.9	✓
	Pain/discomfort reoccur	77.5	✓	45.1	✓	56.0	✓
	Asthma	7.4	✓	5.0	✓	5.8	✓
	COPD	5.1	✓	1.9	✗	3.2	✓
	Diabetes	8.1	✓	4.2	✓	5.5	✓
	Cancer	1.4	✗	1.1	✗	1.2	✓
	Bowel disorders	11.9	✓	4.3	✓	6.9	✓
	Obesity	36.1	✓	24.4	✓	28.3	✓
	<b>Mental, All</b>	44.8	✓	12.8	✓	23.6	✓
	Mood disorders*	6.4	✓	1.6	✗	3.2	✓
	Depression or Anxiety	38.6	✓	11.0	✓	20.3	✓
	PTSD	28.7	✓	2.1	✗	11.0	✓
	Anxiety Disorder	20.7	✓	4.6	✓	10.0	✓
	Physical + Mental	41.7	✓	9.8	✓	20.5	✓
	Triad: MSD + Pain/Discomfort + Mental Health	35.6	✓	5.8	✓	15.8	✓
Disability: Participation and Activity Limitation	Needs help with at least one task	40.8	✓	5.0	✓	17.1	✓
	Does not need help	59.2	✓	95.0	✓	82.9	✓
Suicidality	12- Month Ideation	10.2	✓	3.5	✓	5.7	✓
Social Support	Low	44.8	✓	26.7	✓	32.7	✓
	Not low	55.2	✓	73.3	✓	67.3	✓
Sense of Community Belonging	Very or somewhat strong	52.1	✓	62.3	✓	58.9	✓
	Very or somewhat weak	47.9	✓	37.7	✓	41.1	✓
Mastery	Low	4.6	✓	0.8	✗	2.1	✓
	Middle	74.9	✓	63.8	✓	67.5	✓
	High	20.5	✓	35.4	✓	30.4	✓
Heavy drinker	5 or more drinks on one occasion, 12 or more times a year	24.2	✓	26.2	✓	25.6	✓
LIM	Below Low Income Measure	5.9	✓	6.4	✓	6.3	✓
Satisfaction with Finance	Satisfied or very satisfied	68.4	✓	75.6	✓	73.2	✓
	Neither satisfied nor dissatisfied	12.1	✓	11.3	✓	11.6	✓
	Dissatisfied or very dissatisfied	19.4	✓	13.1	✓	15.2	✓
Main Activity First 12 months after release	Worked in the reserve forces	3.4	✓	3.8	✓	3.7	✓
	Worked at a job or ran a business	41.6	✓	58.6	✓	52.9	✓
	Retired and not looking for work	11.6	✓	9.6	✓	10.3	✓
	Attended school or training	16.7	✓	14.1	✓	14.9	✓
	Looked for work	6.8	✓	8.2	✓	7.7	✓
	Cared or nurtured a family member	1.7	✓	1.7	✗	1.7	✓
	Was disabled or on disability	15.9	✓	1.7	✗	6.5	✓
	Other	2.2	✓	2.4	✓	2.3	✓
Main Activity 12 months prior to survey	Worked in the reserve forces	0.6	✗	0.8	✗	0.7	✗
	Worked at a job or ran a business	63.0	✓	80.6	✓	74.7	✓
	Retired and not looking for work	11.9	✓	7.6	✓	9.1	✓
	Attended school or training	2.8	✓	4.2	✓	3.7	✓
	Looked for work	2.4	✓	2.3	✓	2.4	✓
	Cared or nurtured a family member	2.1	✓	1.7	✗	1.9	✓
	Was disabled or on disability	15.2	✓	1.5	✗	6.1	✓
	Other	1.9	✓	1.2	✗	1.5	✓
Health System	Prescription Drug Insurance	97.1	✓	89.4	✓	92.0	✓
	Dental Insurance	92.4	✓	84.2	✓	87.0	✓
	Eye Glasses Insurance	91.2	✓	81.0	✓	84.4	✓
	Regular Medical Doctor	89.1	✓	78.4	✓	82.0	✓

B: See Thompson et al 2011.

Green check marks: Based on sample size > 30.

Yellow exclamation marks: Based on sample size = 30.

Red cross-marks: Based on sample size < 30.