

Have **YOU** travelled from Africa recently?



There are EBOLA outbreaks

in the African countries of:
Sierra Leone, Guinea, Liberia, Nigeria (Lagos)
and the Democratic Republic of Congo.

The risk of
EBOLA in Canada
is **VERY LOW**



You cannot get EBOLA
from the AIR

You can only get EBOLA if you have touched

BODY FLUIDS
of someone who
is sick with or has
died from Ebola

an **OBJECT**
that has been
CONTAMINATED
with Ebola

INFECTED
ANIMALS



What to do if you feel sick

If you feel sick and were
in Africa in the last **21** days,
call a healthcare provider
as soon as possible.



Tell them:

- ✓ Your symptoms
- ✓ Which countries you visited or travelled from, and
- ✓ Whether you have been to a medical facility or received medical care while abroad.

For more information: www.publichealth.gc.ca



Public Health
Agency of Canada

Agence de la santé
publique du Canada

Canada