Have YOU travelled from Africa recently?









There are EBOLA outbreaks

in the African countries of: Sierra Leone, Guinea, Liberia, Nigeria (Lagos) and the Democratic Republic of Congo.

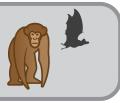


BODY FLUIDS of someone who is sick with or has died from Fhola an **OBJECT**that has been **CONTAMINATED**with Ebola

INFECTED ANIMALS







What to do if you feel sick

If you feel sick and were in Africa in the last 21 days, call a healthcare provider as soon as possible.



Tell them:

- **√**Your symptoms
- Which countries you visited or travelled from, and
- √Whether you have been to a medical facility or received medical care while abroad.

For more information: www.publichealth.gc.ca

