

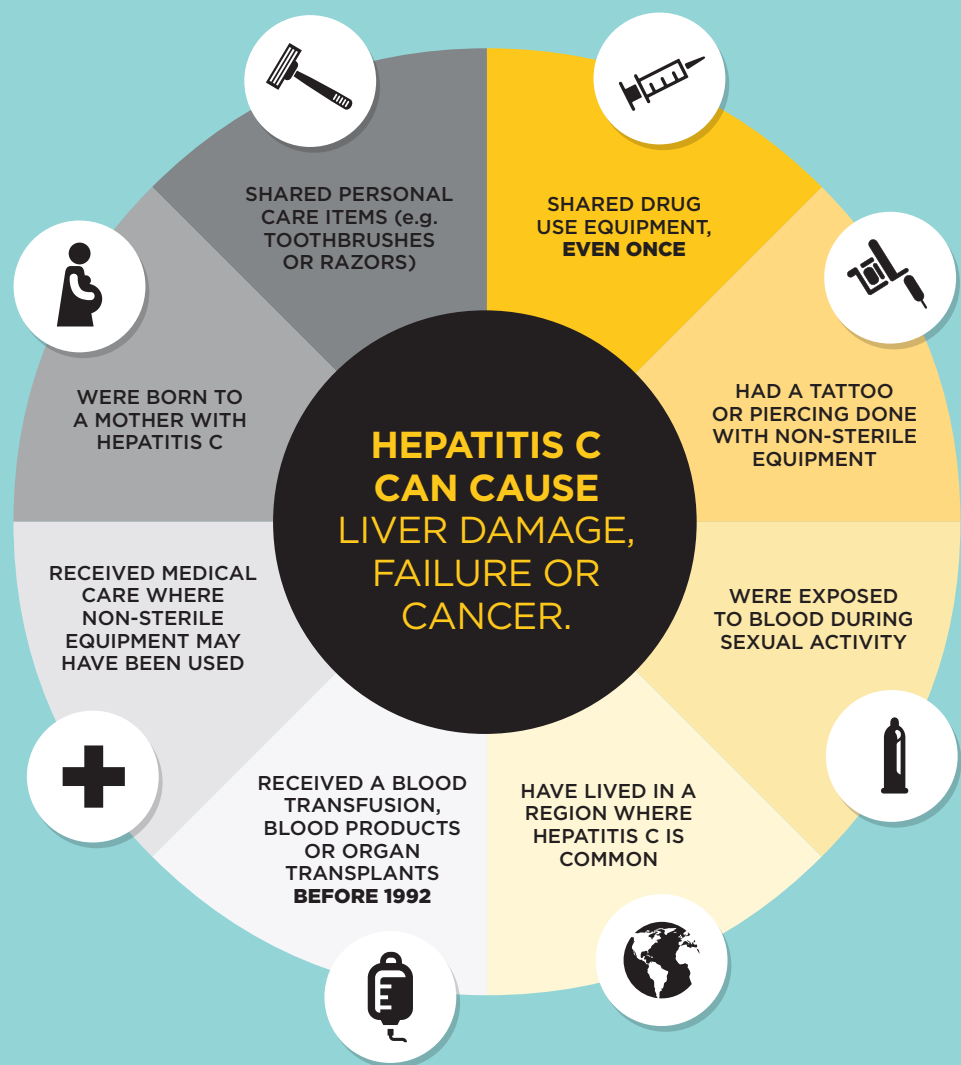
# HEPATITIS C

## ARE YOU AT RISK?

Hepatitis C is a liver disease caused by the hepatitis C virus. It is spread through contact with infected blood.

Up to **246,000** individuals in Canada are living with chronic hepatitis C. *Nearly half* may not know they are infected.

### YOU MAY BE AT RISK IF YOU:



Many people can live with hepatitis C for years *without* symptoms. A blood test *is the only way* to know if you have been exposed to hepatitis C.



### PROTECT YOURSELF AND OTHERS



DON'T SHARE  
DRUG USE  
EQUIPMENT



PRACTICE  
SAFER SEX



ENSURE STERILE  
EQUIPMENT FOR  
TATTOOS & PIERCINGS



DON'T SHARE  
PERSONAL CARE ITEMS  
(e.g. TOOTHBRUSHES  
OR RAZORS)



IF YOU HAVE  
HEPATITIS C NEVER  
DONATE BLOOD,  
ORGANS, SEMEN  
OR TISSUES



TALK TO YOUR DOCTOR OR NURSE ABOUT PREVENTION, TESTING AND TREATMENT