



Institute of Nutrition,  
Metabolism and Diabetes  
Institut de la nutrition,  
du métabolisme et du diabète

# Connections

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## Message from Norman Rosenblum, INMD Scientific Director

March is National Kidney Month, so it is a great time to reflect on Canadian kidney research, and on the partnerships, networks, and initiatives developed to improve kidney health among Canadians. This year National Kidney Day took place on March 8<sup>th</sup>, the same day as International Women's Day, and this year's Kidney Month theme is: "Kidneys and Women's Health: Include, Value, Empower". This is appropriate because studies have shown that women are more likely to develop Chronic Kidney Disease (CKD) than their male counterparts. CKD affects approximately 195 million women worldwide and it is currently the 8<sup>th</sup> leading cause of death in women, with close to 600,000 deaths each year.

CIHR recognizes the need to raise awareness about CKD and to highlight the important work of researchers whose efforts focus on reducing the burden of kidney-related ailments on individuals and families through prevention strategies, early detection, and effective treatment. CIHR is proud to work with committed partners, such as the Kidney Foundation of Canada (KFOC), the Canadian Society of Nephrology, and with researchers across Canada to support kidney research through the Strategy for Patient-Oriented Research (SPOR), and the Canadian National Transplant Research Program (CNTRP).

According to the 2016 Canadian Medical Association Nephrology profile, 38% of women were working in the specialized field of nephrology. This number has gradually risen since 1995. With the advent of both World Kidney Day and International Women's Day, I would like to highlight the work of three dedicated, female CIHR-funded researchers, Drs. Adeera Levin, Marie-Josée Hébert, and Julie Ho, who have each contributed greatly to the field of nephrology in Canada.

The SPOR Chronic Kidney Disease network is led by Dr. Adeera Levin from Univ. British Columbia and is supported by CIHR and partners, such as KFOC. The CNTRP program is co-led by Dr. Marie-Josée Hébert

at Univ. Montreal (along with Dr. Lori West at the Alberta Transplant Institute, Univ. Alberta), and Dr. Julie Ho at Univ. Manitoba is among the researchers associated with CNTRP who is helping to improve the lives of those who have undergone kidney transplants. I would encourage you to read their researcher profiles, and to view the videos and other resources that are available on our [website](#) and on [social media](#).



From left: Drs. Adeera Levin, Marie-Josée Hébert, and Julie Ho

CIHR also supports outstanding kidney research through its open, investigator-initiated programs. While much has been accomplished, with one in ten Canadians affected by kidney disease, we must continue to pursue research to prevent kidney disease and provide better treatments.

*Norman Rosenblum*

Norman Rosenblum, MD, FRCPC  
Scientific Director, CIHR-INMD

## CIHR Training Strategy

CIHR has published a training module to highlight the best practices in Training and Mentoring. This module was designed to help potential Program Leaders strengthen the Mentoring and Training portion of their Stage 2 Foundation Grant application. However, all researchers can benefit from the key messages shared in this module as they are ideally positioned to strengthen the culture of training and mentorship across the Canadian health research enterprise. These modules are available on the Learning for Applicants web page in [English](#) and [French](#).

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Mikmaw Native



**APRIL 16 - 18, 2018 DELTA HALIFAX, HALIFAX, NOVA SCOTIA**

#2018NTDC

The 2018 National Indigenous Diabetes Conference brings together Aboriginal Diabetes Initiative Workers, Indigenous front-line workers, leadership, Diabetes Prevention Workers, diabetes educators, health managers, dietitians, nutritionists, nurses, academics, industry, and government reps from across Canada to learn about and share practices in diabetes prevention and self-management among Indigenous Peoples in Canada.

Delta Halifax is offering a special group rate at 149.00 CAD per night. This rate is available until **March 15, 2018**. Please follow this link to book a room: [http://www.marriott.com/meeting-event-hotels/group-corporate-travel/groupCorp.mi?resLinkData=NADA%20Annual%20AGM%20Conference%20SEYIHZHF%60NADNADA%7C7CNADNADB%7C7CNADNADD%60149.00%60CAD%60false%602%604/15/18%604/19/18%603/15/18%60app=rcsvlink&stop\\_mob=ves](http://www.marriott.com/meeting-event-hotels/group-corporate-travel/groupCorp.mi?resLinkData=NADA%20Annual%20AGM%20Conference%20SEYIHZHF%60NADNADA%7C7CNADNADB%7C7CNADNADD%60149.00%60CAD%60false%602%604/15/18%604/19/18%603/15/18%60app=rcsvlink&stop_mob=ves)

**WestJet Airlines** is offering 10% off Econo and 15% off Plus base fares\* for travel between Halifax, Nova Scotia and anywhere WestJet flies in North America. To take advantage of this offer, you will need the discount code listed below. Travel from: April 9 - 25, 2018. Coupon code: YCR3E05. Promo code: \*for call in reference only: YHZ02

Conference website: [http://nada.ca/?page\\_id=1899](http://nada.ca/?page_id=1899)

**Vendor and Exhibitor Registration:** [http://nada.ca/?page\\_id=1934](http://nada.ca/?page_id=1934)

**Delegate Registration:** [http://nada.ca/?page\\_id=1931](http://nada.ca/?page_id=1931)

**Sponsorship Opportunities:** [http://nada.ca/?page\\_id=1936](http://nada.ca/?page_id=1936)

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