

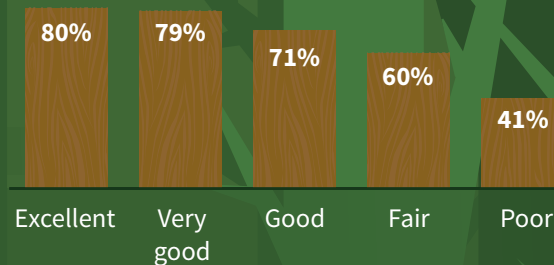
Canadians and the outdoors

Nearly **7 in 10 Canadians** participated in outdoor or wilderness activities, some in more than one.

18% participated in one
15% in two, and
41% in three or more kinds of activities

Canadians are a hardy bunch

4 in 10 of those with self-reported poor health still participated in outdoor or wilderness activities.



Hiking and backpacking are the most popular outdoor activities



44% Hiking or backpacking



32% Wildlife viewing or photography



20% Motor boating or jet skiing



24% Tent camping



17% Snowmobiling or other off-road vehicle use



22% Fishing



16% Foraging for food



22% Canoeing or kayaking



13% Mountain biking



13% Snowshoeing or cross-country skiing