Canadians and the outdoors

Nearly **7 in 10 Canadians** participated in outdoor or wilderness activities, some in more than one.

18%

participated in one

15%

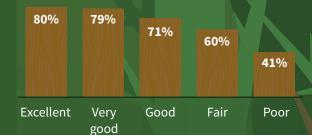
in two, and

41%

in three or more kinds of activities

Canadians are a hardy bunch

4 in 10 of those with self-reported poor health still participated in outdoor or wilderness activities.



Hiking and backpacking are the most popular outdoor activities



44% Hiking or backpacking



32% Wildlife viewing or photography



24% Tent camping



22% Fishing



22% Canoeing or kayaking



20% Motor boating or jet skiing



17% Snowmobiling or other off-road vehicle use



16% Foraging for food



13% Mountain biking



13% Snowshoeing or cross-country skiing

Source: General Social Survey (Canadians at Work and Home), 2016

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