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# Canadian Foreign Post Indexes

December 2018

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## Canadian Foreign Post Indexes, December 2018

These indexes are calculated to establish and adjust the Post Living Allowance (PLA) paid to Canadian government employees serving outside Canada. They are comparative measurements that numerically express the difference between the retail prices of a representative basket of goods and services at a foreign location with prices for a similar basket of goods and services in Ottawa.

Three separate groupings of indexes are provided, each among them reflecting the specific terms and conditions of service for the members of one of the following categories of personnel:

- persons serving under the terms and conditions of the Foreign Service Directives (FSDs);
- persons working under the provisions of the Technical Assistance Handbook (TAH);
- Canadian Forces members serving outside the country either under the terms and conditions of the Military Foreign Service Instructions (MFSIs) or the Foreign Service Directives (FSDs).

### Monthly release notes

This is to advise you of the renewed validity of Post Indexes calculated for the purpose of the Post Living Allowance applicable to Canadian Government expatriate personnel or persons under contract. All users must consult with Statistics Canada to ensure that the appropriate index is used.

[The Guide to the Post Index](#), which was revised in June 2010, remains available.

The analysis of Post Index surveys were completed for the following locations. The results incorporate the analysis of prices and costs for goods and services purchased in the local economy or from import sources at the time these surveys were carried out, as well as adjustments to the indexes as indicated by our continuing monthly reviews.

**Table 1**  
**Completed Post Index Surveys**

Country	Military Code	Location	Survey Date
India	...	Chandigarh	June 2018
India	...	New Delhi	June 2018
India	IN02	New Delhi	June 2018
United States of America	...	Seattle	August 2018
United States of America	UA10	Whidbey Island, Washington	August 2018

A new Post Index was requested for the following location and is now published.

**Table 2**  
**New Post Index**

Country	Post	Military Code	Requested by	Post Index	Date
Netherlands, The	Delft	...	Department of National Defence	130	January to November 2018

Other Post Index adjustments are indicated on the basis of our continuing monthly reviews. These adjustments are predicated on shifts in the current values of the respective currencies used at the posts relative to the Canadian dollar. They also take into account comparative rates of change in consumer prices at these posts and in Ottawa since the last surveys were carried out.

## Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in December 2018.

Country	Post	Survey date	Previous index	Current index	Effective date	Currency
Afghanistan	Kabul	...	...	100	Sep-2003	Afghani
Algeria	Algiers	Dec-2014	111	107	Aug-2017	Dinar (Algeria)
<b>Argentina</b>	<b>Buenos Aires</b>	<b>Feb-2015</b>	<b>93</b>	<b>101 (1)</b>	<b>Dec-2018</b>	<b>Peso (Argentina)</b>
Australia	Canberra	Apr-2017	126	122	Oct-2018	Dollar (Australia)
Australia	Canberra	Apr-2017	131	126 (f)	Oct-2018	Dollar (Australia)
Australia	Sydney	Apr-2017	129	125	Oct-2018	Dollar (Australia)
Australia	Sydney	Apr-2017	136	131 (f)	Oct-2018	Dollar (Australia)
Austria	Vienna	Oct-2017	132	127	Sep-2018	Euro
Bangladesh	Dhaka	May-2018	117	121	Nov-2018	Taka
Barbados	Bridgetown	Feb-2015	136	141	Apr-2018	Dollar (Barbados)
Belgium	Brussels	Aug-2015	138	133	Jun-2018	Euro
Belgium	Brussels	Aug-2015	146	140 (d)	Jun-2018	Euro
Benin	Cotonou	L	108	103 (a)	Jun-2018	CFA Franc BCEAO
<b>Bolivia</b>	<b>La Paz</b>	<b>Jun-2017</b>	<b>95</b>	<b>98 (a) (1)</b>	<b>Dec-2018</b>	<b>Boliviano</b>
Brazil	Brasilia	Mar-2015	114	118	Nov-2018	Real
Brazil	Rio de Janeiro	L	114	119	Nov-2018	Real
Brazil	Sao Paulo	Mar-2015	114	119	Nov-2018	Real
Brunei Darussalam	Bandar Seri Begawan	Aug-2017	90	84 (a)	Nov-2018	Dollar (Brunei)
Burkina Faso	Ouagadougou	Jan-2018	122	123	Jun-2018	CFA Franc BCEAO
Burma (Myanmar)	Yangon	Dec-2015	72	70 (a)	Oct-2018	Kyat
<b>Cambodia</b>	<b>Phnom Penh</b>	<b>Feb-2016</b>	<b>98</b>	<b>102 (a) (1)</b>	<b>Dec-2018</b>	<b>Riel</b>
Cameroon	Yaoundé	Jul-2015	124	119	Jun-2018	CFA Franc BEAC
Chile	Santiago	Feb-2015	115	110	Oct-2018	Peso (Chile)
China	Beijing	Jan-2015	132	123	Aug-2018	Yuan Renminbi
China	Chongqing	Jan-2015	125	117	Aug-2018	Yuan Renminbi
China	Guangzhou	Mar-2015	135	128	Aug-2018	Yuan Renminbi
<b>China</b>	<b>Hong Kong</b>	<b>Jan-2015</b>	<b>149</b>	<b>154 (1)</b>	<b>Dec-2018</b>	<b>Dollar (Hong Kong)</b>
China	Shanghai	Jan-2015	138	130	Aug-2018	Yuan Renminbi
<b>Colombia</b>	<b>Bogotá</b>	<b>Aug-2017</b>	<b>106</b>	<b>101 (1)</b>	<b>Dec-2018</b>	<b>Peso (Colombia)</b>
<b>Congo, Democratic Republic of</b>	<b>Kinshasa</b>	<b>Apr-2018</b>	<b>126</b>	<b>131 (1)</b>	<b>Dec-2018</b>	<b>Franc (Congo)</b>
Costa Rica	San José	Aug-2015	119	124	Dec-2017	Colon (Costa Rica)
Côte d'Ivoire	Abidjan	Oct-2015	129	124	Jun-2018	CFA Franc BCEAO
<b>Croatia</b>	<b>Zagreb</b>	<b>Jun-2016</b>	<b>88</b>	<b>85 (a) (1)</b>	<b>Dec-2018</b>	<b>Kuna</b>
<b>Cuba</b>	<b>Havana</b>	<b>Apr-2014</b>	<b>123</b>	<b>126 (1)</b>	<b>Dec-2018</b>	<b>Convertible Peso (Cuba)</b>
Czech Republic	Prague	Oct-2017	103	100	Nov-2018	Koruna (Czech Rep.)
Denmark	Copenhagen	Aug-2017	149	144	Jun-2018	Krone (Denmark)
Dominican Republic	Santo Domingo	May-2018	108	104	Sep-2018	Peso (Dominican Rep.)

## Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in December 2018.

Country	Post	Survey date	Previous index	Current index	Effective date	Currency
Ecuador	Quito	Apr-2016	131	122 (a)	Aug-2017	Dollar (USA)
<b>Egypt</b>	<b>Cairo</b>	<b>Aug-2015</b>	<b>98</b>	<b>103 (1)</b>	<b>Dec-2018</b>	<b>Pound (Egypt)</b>
El Salvador	San Salvador	Nov-2016	110	95 (a)	Sep-2017	Dollar (USA)
<b>Ethiopia</b>	<b>Addis Ababa</b>	<b>Apr-2018</b>	<b>112</b>	<b>108 (1)</b>	<b>Dec-2018</b>	<b>Birr</b>
Finland	Helsinki	Aug-2017	145	140	Jun-2018	Euro
France	Lyon	L	143	140 (f)	Jun-2018	Euro
France	Paris	Apr-2017	138	134	Jun-2018	Euro
France	Paris	Apr-2017	151	146 (d)	Jun-2018	Euro
France	Paris	Apr-2017	151	147 (f)	Jun-2018	Euro
Germany	Berlin	Aug-2015	124	119	Jun-2018	Euro
Germany	Düsseldorf	L	133	127	Jun-2018	Euro
Germany	Munich	L	130	125	Jun-2018	Euro
Ghana	Accra	Oct-2015	115	110	Aug-2017	Cedi
Greece	Athens	Nov-2014	112	118	Jun-2017	Euro
Guatemala	Guatemala City	Aug-2017	137	114	Jan-2018	Quetzal
Guyana	Georgetown	Oct-2017	119	112	Feb-2018	Dollar (Guyana)
Haiti	Port-au-Prince	Nov-2017	138	125	Jun-2018	Gourde
Honduras	Tegucigalpa	Apr-2017	94	109	Aug-2017	Lempira
Hungary	Budapest	Nov-2014	116	112	Aug-2018	Forint
<b>Iceland</b>	<b>Reykjavik</b>	<b>Jun-2017</b>	<b>100</b>	<b>96 (a) (1)</b>	<b>Dec-2018</b>	<b>Krona (Iceland)</b>
India	Bangalore	Jan-2014	115	111	Sep-2018	Rupee (India)
<b>India</b>	<b>Chandigarh</b>	<b>L</b>	<b>114</b>	<b>109 (1)</b>	<b>Dec-2018</b>	<b>Rupee (India)</b>
India	Mumbai	Jun-2018	112	110	Nov-2018	Rupee (India)
<b>India</b>	<b>New Delhi</b>	<b>Jun-2018</b>	<b>114</b>	<b>109 (1)</b>	<b>Dec-2018</b>	<b>Rupee (India)</b>
<b>India</b>	<b>New Delhi</b>	<b>Jun-2018</b>	<b>115</b>	<b>115 (f) (1)</b>	<b>Dec-2018</b>	<b>Rupee (India)</b>
Indonesia	Jakarta	Aug-2015	113	109	Oct-2018	Rupiah
Indonesia	Semarang	L	113	109 (f)	Oct-2018	Rupiah
Iraq	Baghdad	...	...	100	Aug-2004	Dinar (Iraq)
Ireland	Dublin	May-2016	110	115	Jun-2017	Euro
Israel	Tel Aviv	Apr-2017	130	124	Sep-2017	Shekel (Israel)
Italy	Rome	Sep-2017	127	123	Sep-2018	Euro
Italy	Rome	Sep-2017	139	134 (f)	Sep-2018	Euro
<b>Jamaica</b>	<b>Kingston</b>	<b>Jun-2015</b>	<b>113</b>	<b>119 (1)</b>	<b>Dec-2018</b>	<b>Dollar (Jamaica)</b>
Japan	Nagoya	Sep-2014	165	160	May-2018	Yen
Japan	Tokyo	Sep-2014	165	160	May-2018	Yen
Jordan	Amman	Sep-2017	124	128	Aug-2018	Dinar (Jordan)
Kazakhstan	Astana	Oct-2014	111	107	Sep-2018	Tenge

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(Ottawa = 100)

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Country	Post	Survey date	Previous index	Current index	Effective date	Currency
Kenya	Nairobi	May-2014	127	131	Jun-2018	Shilling (Kenya)
Korea, South	Seoul	Sep-2014	144	139	Aug-2018	Won
Korea, South	Seoul	L	115	120 (e)	Apr-2018	Won
Kuwait	Kuwait	Oct-2015	121	116	Aug-2017	Dinar (Kuwait)
Laos	Vientiane	Jan-2016	105	99 (a)	Aug-2017	Kip
Latvia	Riga	Oct-2017	101	111	Mar-2018	Euro
<b>Lebanon</b>	<b>Beirut</b>	<b>Feb-2015</b>	<b>126</b>	<b>130 (1)</b>	<b>Dec-2018</b>	<b>Pound (Lebanon)</b>
Libya	Tripoli	Oct-2008	124	131	Apr-2018	Dinar (Libya)
Lithuania	Vilnius	Dec-2017	83	82 (a)	Aug-2018	Euro
Malaysia	Kuala Lumpur	May-2015	105	102	Oct-2018	Ringgit (Malaysia)
Mali	Bamako	Jan-2015	110	114	Sep-2017	CFA Franc BCEAO
Mexico	Guadalajara	L	98	94	Oct-2017	Peso (Mexico)
Mexico	Mexico City	Jul-2015	98	94	Oct-2017	Peso (Mexico)
Mexico	Monterrey	L	98	94	Oct-2017	Peso (Mexico)
Mongolia	Ulaanbaatar	Apr-2014	100	96 (a)	Nov-2018	Tugrik
Morocco	Rabat	Oct-2017	110	105	Jul-2018	Dirham (Morocco)
Mozambique	Maputo	Aug-2017	111	115	Aug-2018	Metical
<b>Netherlands, The</b>	<b>Delft</b>	<b>Oct-2015</b>	<b>130</b>	<b>130 (f) (1)</b>	<b>Dec-2018</b>	<b>Euro</b>
Netherlands, The	The Hague	Oct-2015	120	116	Aug-2018	Euro
<b>New Zealand</b>	<b>Auckland</b>	<b>L</b>	<b>119</b>	<b>124 (1)</b>	<b>Dec-2018</b>	<b>Dollar (New Zealand)</b>
<b>New Zealand</b>	<b>Wellington</b>	<b>Apr-2017</b>	<b>119</b>	<b>124 (1)</b>	<b>Dec-2018</b>	<b>Dollar (New Zealand)</b>
<b>New Zealand</b>	<b>Wellington</b>	<b>Apr-2017</b>	<b>123</b>	<b>128 (f) (1)</b>	<b>Dec-2018</b>	<b>Dollar (New Zealand)</b>
Nicaragua	Managua	Feb-2017	88	95 (a)	Sep-2017	Cordoba, New
Nigeria	Abuja	Oct-2015	110	114	Oct-2018	Naira
Nigeria	Lagos	Jan-2016	104	107	Oct-2018	Naira
Norway	Oslo	Mar-2014	151	145	Jun-2018	Krone (Norway)
Pakistan	Islamabad	Jul-2015	104	99	May-2018	Rupee (Pakistan)
Panama	Panama City	Aug-2017	119	115	Dec-2017	Balboa
Peru	Lima	Feb-2015	126	119	Aug-2017	Nuevo Sol
Philippines	Manila	May-2017	104	105	Oct-2017	Peso (Philippines)
Poland	Warsaw	Sep-2017	113	108	Jun-2018	Zloty
Portugal	Lisbon	Aug-2017	125	126	Dec-2017	Euro
<b>Qatar</b>	<b>Doha</b>	<b>Mar-2014</b>	<b>112</b>	<b>116 (1)</b>	<b>Dec-2018</b>	<b>Riyal (Qatar)</b>
Romania	Bucharest	Nov-2014	99	95	Sep-2018	Leu
Russia	Moscow	Jan-2015	136	132	Sep-2018	Rouble (Russia)
Rwanda	Kigali	Aug-2017	109	107 (a)	Jul-2018	Franc (Rwanda)
Saudi Arabia	Riyadh	Jan-2014	129	122	Aug-2017	Riyal (Saudi Arabia)

## Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in December 2018.

Country	Post	Survey date	Previous index	Current index	Effective date	Currency
Senegal	Dakar	Jan-2015	117	121	Oct-2018	CFA Franc BCEAO
Serbia	Belgrade	Jun-2015	111	114	Mar-2018	Dinar (Serbia)
Singapore	Singapore	Jun-2015	147	142	Jun-2016	Dollar (Singapore)
Singapore	Singapore	Jun-2015	152	147 (f)	Jun-2016	Dollar (Singapore)
Slovakia	Bratislava	Jul-2016	100	96 (a)	Sep-2018	Euro
<b>South Africa</b>	<b>Johannesburg</b>	<b>L</b>	<b>96</b>	<b>101 (1)</b>	<b>Dec-2018</b>	<b>Rand</b>
<b>South Africa</b>	<b>Johannesburg</b>	<b>L</b>	<b>97</b>	<b>103 (f) (1)</b>	<b>Dec-2018</b>	<b>Rand</b>
<b>South Africa</b>	<b>Pretoria</b>	<b>Apr-2017</b>	<b>96</b>	<b>101 (1)</b>	<b>Dec-2018</b>	<b>Rand</b>
South Sudan	Juba	May-2011	124	129	Jul-2018	Pound (South Sudan)
Spain	Barcelona	L	131	127	Jun-2018	Euro
Spain	Madrid	Aug-2017	131	127	Jun-2018	Euro
Sri Lanka	Colombo	May-2016	109	105	Sep-2017	Rupee (Sri Lanka)
<b>Sudan</b>	<b>Khartoum</b>	<b>Aug-2014</b>	<b>81</b>	<b>76 (1)</b>	<b>Dec-2018</b>	<b>Pound (Sudan)</b>
Sweden	Stockholm	Aug-2017	129	123	May-2018	Krona (Sweden)
Switzerland	Bern	L	158	153	May-2018	Franc (Switzerland)
Switzerland	Geneva	Oct-2017	158	153	May-2018	Franc (Switzerland)
Switzerland	Geneva	Oct-2017	166	160 (f)	May-2018	Franc (Switzerland)
Taiwan	Taipei	Oct-2015	125	121	May-2018	Dollar (Taiwan)
Tanzania	Dar es Salaam	May-2014	116	110	Aug-2017	Shilling (Tanzania)
Thailand	Bangkok	Oct-2015	122	126	Mar-2018	Baht
Trinidad & Tobago	Port of Spain	Apr-2017	127	122	Aug-2017	Dollar (Trinidad and Tobago)
Tunisia	Tunis	May-2014	89	85	Sep-2018	Dinar (Tunisia)
<b>Turkey</b>	<b>Ankara</b>	<b>Dec-2014</b>	<b>89</b>	<b>96 (1)</b>	<b>Dec-2018</b>	<b>Lira</b>
<b>Turkey</b>	<b>Istanbul</b>	<b>Jan-2015</b>	<b>86</b>	<b>94 (1)</b>	<b>Dec-2018</b>	<b>Lira</b>
Ukraine	Kyiv	Aug-2014	103	99	Sep-2018	Hryvna (Ukraine)
United Arab Emirates	Abu Dhabi	Apr-2016	120	127	Apr-2018	Dirham (U.A.E.)
United Arab Emirates	Dubai	Apr-2016	123	127	Apr-2018	Dirham (U.A.E.)
United Kingdom	Cheltenham	Sep-2015	124	118 (f)	Sep-2018	Pound (United Kingdom)
United Kingdom	London	Oct-2015	128	121	Sep-2018	Pound (United Kingdom)
United Kingdom	London	Oct-2015	134	128 (f)	Sep-2018	Pound (United Kingdom)
United Kingdom	London	Oct-2015	130	124 (d)	Sep-2018	Pound (United Kingdom)
United States of America	Atlanta	May-2018	122	123	Sep-2018	Dollar (USA)
United States of America	Boston	Jun-2018	127	122	Oct-2018	Dollar (USA)
United States of America	Chicago	Jun-2018	125	120	Nov-2018	Dollar (USA)
United States of America	Dallas	Jun-2013	113	117	Jul-2018	Dollar (USA)
United States of America	Denver	Sep-2013	115	120	Jul-2018	Dollar (USA)
United States of America	Denver	Sep-2013	117	123 (f)	Jul-2018	Dollar (USA)

## Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in December 2018.

Country	Post	Survey date	Previous index	Current index	Effective date	Currency
United States of America	Detroit	Jun-2015	114	118	Jul-2018	Dollar (USA)
United States of America	Houston	Jun-2013	115	119 (f)	Jul-2018	Dollar (USA)
United States of America	Houston	Jun-2013	113	117	Jul-2018	Dollar (USA)
United States of America	Los Angeles	Aug-2018	128	123	Nov-2018	Dollar (USA)
United States of America	Miami	Nov-2017	120	126	Jul-2018	Dollar (USA)
United States of America	Minneapolis	Jul-2013	114	118	Jul-2018	Dollar (USA)
United States of America	New York City	Oct-2017	134	138	Jul-2018	Dollar (USA)
United States of America	New York City	Oct-2017	140	145 (f)	Jul-2018	Dollar (USA)
United States of America	Raleigh	Nov-2009	120	124 (f)	Jul-2018	Dollar (USA)
United States of America	San Diego	Jan-2015	122	126	Jul-2018	Dollar (USA)
United States of America	San Francisco	Jun-2013	130	134	Jul-2018	Dollar (USA)
<b>United States of America</b>	<b>Seattle</b>	<b>Aug-2018</b>	<b>122</b>	<b>121 (1)</b>	<b>Dec-2018</b>	<b>Dollar (USA)</b>
<b>United States of America</b>	<b>Washington D.C.</b>	<b>Nov-2017</b>	<b>119</b>	<b>123 (1)</b>	<b>Dec-2018</b>	<b>Dollar (USA)</b>
<b>United States of America</b>	<b>Washington D.C.</b>	<b>Nov-2017</b>	<b>124</b>	<b>128 (f) (1)</b>	<b>Dec-2018</b>	<b>Dollar (USA)</b>
Uruguay	Montevideo	Feb-2018	133	128	Oct-2018	Peso (Uruguay)
Vatican City	Vatican	Sep-2017	127	123	Sep-2018	Euro
Venezuela	Caracas	Jun-2017	...	... (3)	Nov-2018	Bolivar Fuerte
Vietnam	Hanoi	Apr-2017	114	117	Jul-2018	Dong
Vietnam	Ho Chi Minh City	Apr-2017	118	114	Aug-2017	Dong
West Bank and Gaza	Ramallah	L	130	124	Sep-2017	Shekel (Israel)
Zambia	Lusaka	Jun-2014	94	82 (a)	Nov-2018	Kwacha (Zambia)
Zimbabwe	Harare	Jun-2014	114	118	Apr-2018	Dollar (USA)

(1) Post Index has been updated or is new this month.

(2) Previously released Post Index has been revised.

(3) Due to the absence of reliable economic data, the publication of the foreign post index for Caracas, Venezuela is suspended until further notice.

... Not applicable

L Where no Survey Date is shown, the Post Index is linked to another Post Index where a survey has been carried out.

(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.

(b) - Based on United Nations surveys; does not include access to duty-free purchases.

(c) - Index for personnel who do not have U.S. military facility privileges.

(d) - Index for personnel who do not have access to duty-free gasoline.

(e) - Index for civilian personnel who have U.S. military facility privileges.

(f) - Index for personnel who do not have diplomatic privileges.

(g) - Index for personnel who are provided rations and quarters, a meal allowance or a third-party subsistence allowance.

(h) - Index for personnel who do not have retail tax-free privileges.

(i) - Index for personnel who purchase rations from a military establishment.

Source:



## Persons Working Under TAH Provisions Post Indexes

All indexes are non-diplomatic

(Ottawa = 100)

Post indexes in bold were updated or are new in December 2018.

Country	Post	Survey date	Previous index	Current index	Effective date	Currency
Afghanistan	Kabul	...	...	100	Oct-2005	Afghani
Afghanistan	Kandahar	...	...	100	Dec-2006	Afghani
Bangladesh	Dhaka	May-2018	120	124	Nov-2018	Taka
Benin	Cotonou	Dec-2012	108	103 (a)	Jun-2018	CFA Franc BCEAO
<b>Bolivia</b>	<b>La Paz</b>	<b>Jun-2017</b>	<b>95</b>	<b>98 (a) (1)</b>	<b>Dec-2018</b>	<b>Boliviano</b>
<b>Bolivia</b>	<b>Santa Cruz</b>	<b>L</b>	<b>95</b>	<b>98 (a) (1)</b>	<b>Dec-2018</b>	<b>Boliviano</b>
Burkina Faso	Ouagadougou	Jan-2018	126	129	Jun-2018	CFA Franc BCEAO
China	Beijing	Jan-2015	137	128	Aug-2018	Yuan Renminbi
<b>Colombia</b>	<b>Bogota</b>	<b>Aug-2017</b>	<b>111</b>	<b>105 (1)</b>	<b>Dec-2018</b>	<b>Peso (Colombia)</b>
<b>Congo, Democratic Republic of</b>	<b>Kinshasa</b>	<b>Apr-2018</b>	<b>126</b>	<b>131 (1)</b>	<b>Dec-2018</b>	<b>Franc (Congo)</b>
<b>Cuba</b>	<b>Havana</b>	<b>Apr-2014</b>	<b>124</b>	<b>128 (1)</b>	<b>Dec-2018</b>	<b>Convertible Peso (Cuba)</b>
<b>Egypt</b>	<b>Cairo</b>	<b>Aug-2015</b>	<b>98</b>	<b>103 (1)</b>	<b>Dec-2018</b>	<b>Pound (Egypt)</b>
El Salvador	San Salvador	Nov-2016	110	95 (a)	Sep-2017	Dollar (USA)
<b>Ethiopia</b>	<b>Addis Ababa</b>	<b>Apr-2018</b>	<b>113</b>	<b>108 (1)</b>	<b>Dec-2018</b>	<b>Birr</b>
Ghana	Accra	Oct-2015	115	110	Aug-2017	Cedi
Ghana	Tamale	Oct-2015	115	110	Aug-2017	Cedi
Guatemala	Guatemala City	Aug-2017	144	120	Jan-2018	Quetzal
Haiti	Port-au-Prince	L	138	125	Jun-2018	Gourde
Haiti	St. Marc	L	138	125	Jun-2018	Gourde
Honduras	Tegucigalpa	Apr-2017	94	111	Aug-2017	Lempira
Indonesia	Jakarta	Aug-2015	113	109	Oct-2018	Rupiah
Israel	Tel Aviv	Apr-2017	145	138	Sep-2017	Shekel (Israel)
Jordan	Amman	Sep-2017	127	131	Aug-2018	Dinar (Jordan)
Kenya	Nairobi	May-2014	128	132	Jun-2018	Shilling (Kenya)
Mali	Bamako	Jan-2015	112	116	Sep-2017	CFA Franc BCEAO
Morocco	Rabat	Oct-2017	114	109	Jul-2018	Dirham (Morocco)
Mozambique	Maputo	L	111	115	Aug-2018	Metical
Mozambique	Vilankulos	L	111	115	Aug-2018	Metical
Nicaragua	Managua	Feb-2017	88	95 (a)	Sep-2017	Cordoba, New
Nigeria	Abuja	Oct-2015	110	114	Oct-2018	Naira
Nigeria	Bauchi	L	104	107	Oct-2018	Naira
Nigeria	Calabar	L	104	107	Oct-2018	Naira
Nigeria	Lagos	Jan-2016	104	107	Oct-2018	Naira
Pakistan	Lahore	L	105	99	May-2018	Rupee (Pakistan)
Pakistan	Pakistan Other	Jul-2015	105	99	May-2018	Rupee (Pakistan)
Panama	Panama City	Aug-2017	120	116	Dec-2017	Balboa

## Persons Working Under TAH Provisions Post Indexes

### All indexes are non-diplomatic

(Ottawa = 100)

Post indexes in bold were updated or are new in December 2018.

Country	Post	Survey date	Previous index	Current index	Effective date	Currency
Peru	Lima	Feb-2015	126	119	Aug-2017	Nuevo Sol
Philippines	Manila	May-2017	107	108	Oct-2017	Peso (Philippines)
Senegal	Dakar	Jan-2015	118	122	Oct-2018	CFA Franc BCEAO
Senegal	Kolda	L	118	122	Oct-2018	CFA Franc BCEAO
Senegal	Thies	L	118	122	Oct-2018	CFA Franc BCEAO
<b>South Africa</b>	<b>Pretoria</b>	<b>Apr-2017</b>	<b>97</b>	<b>103 (1)</b>	<b>Dec-2018</b>	<b>Rand</b>
South Sudan	Juba	L	124	129	Jul-2018	Pound (South Sudan)
Sri Lanka	Colombo	May-2016	112	108	Sep-2017	Rupee (Sri Lanka)
<b>Sudan</b>	<b>Khartoum</b>	<b>Aug-2014</b>	<b>81</b>	<b>76 (1)</b>	<b>Dec-2018</b>	<b>Pound (Sudan)</b>
Tanzania	Dar es Salaam	May-2014	116	110	Aug-2017	Shilling (Tanzania)
Tanzania	Tanzania Other	L	116	110	Aug-2017	Shilling (Tanzania)
Trinidad & Tobago	Port of Spain	Apr-2017	131	126	Aug-2017	Dollar (Trinidad and Tobago)
Tunisia	Tunis	May-2014	90	87	Sep-2018	Dinar (Tunisia)
Uganda	Kampala	Feb-2017	91	89 (a)	Nov-2018	Shilling
Ukraine	Kyiv	Aug-2014	107	103	Sep-2018	Hryvna (Ukraine)
Vietnam	Hanoi	Apr-2017	114	118	Jul-2018	Dong
West Bank and Gaza	Gaza City	L	145	138	Sep-2017	Shekel (Israel)
West Bank and Gaza	Ramallah	L	145	138	Sep-2017	Shekel (Israel)
Zambia	Lusaka	L	94	82 (a)	Nov-2018	Kwacha (Zambia)
Zimbabwe	Harare	Jun-2014	125	129	Apr-2018	Dollar (USA)

(1) Post Index has been updated or is new this month.

(2) Previously released Post Index has been revised.

... Not applicable

L Where no Survey Date is shown, the Post Index is linked to another Post Index where a survey has been carried out.

(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.

Source:

## Canadian Forces Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in December 2018.

Code	Country	Post	Survey date	Post Index	Effective date	Currency
AA99	World	Assignments (No Post Index)	...	100	Nov-2006	...
AF02	Afghanistan	Kabul	...	95 (g)	Jul-2003	...
AF03	Afghanistan	Kabul	L	100	Jul-2003	...
AL01	Algeria	Algiers	Dec-2014	107	Aug-2017	Dinar (Algeria)
AR10	United Arab Emirates	Abu Dhabi	Apr-2016	127	Apr-2018	Dirham (U.A.E.)
AR11	United Arab Emirates	Abu Dhabi	Apr-2016	100 (g)	Sep-2016	Dirham (U.A.E.)
AT01	Australia	Canberra	L	126 (f)	Oct-2018	Dollar (Australia)
AT02	Australia	Canberra	L	122	Oct-2018	Dollar (Australia)
AT05	Australia	Perth	L	126 (f)	Oct-2018	Dollar (Australia)
AT06	Australia	Adelaide	L	126 (f)	Oct-2018	Dollar (Australia)
AT07	Australia	Brisbane	Apr-2017	131 (f)	Oct-2018	Dollar (Australia)
AT08	Australia	Sydney	L	131	Oct-2018	Dollar (Australia)
AT11	Australia	Cabarlah	L	126	Oct-2018	Dollar (Australia)
AT12	Australia	Canungra	L	126	Oct-2018	Dollar (Australia)
AT99	Australia	Australia Other	Apr-2017	126 (f)	Oct-2018	Dollar (Australia)
AU02	Austria	Vienna	Oct-2017	127	Sep-2018	Euro
BA02	Bangladesh	Dhaka	L	121	Nov-2018	Taka
BE01	Belgium	Brussels	Aug-2015	131	Jan-2018	Euro (DND semi-monthly)
BE03	Belgium	Casteau	Aug-2015	120	Jan-2018	Euro (DND semi-monthly)
BE15	Belgium	Brussels	Aug-2015	139 (d)	Jan-2018	Euro (DND semi-monthly)
BE16	Belgium	Brussels	Aug-2015	131	Jan-2018	Euro (DND semi-monthly)
BE17	Belgium	Brussels	Aug-2015	131	Jan-2018	Euro (DND semi-monthly)
BR03	Brazil	Brasilia	Mar-2015	118	Nov-2018	Real
BR05	Brazil	Rio de Janeiro	L	119	Nov-2018	Real
CE01	Chile	Santiago	Feb-2015	110	Oct-2018	Peso (Chile)
CE03	Chile	Valparaiso	L	110 (g)	Oct-2018	Peso (Chile)
CH02	China	Beijing	Jan-2015	123	Aug-2018	Yuan Renminbi
<b>CL01</b>	<b>Colombia</b>	<b>Bogota</b>	<b>Aug-2017</b>	<b>101 (1)</b>	<b>Dec-2018</b>	<b>Peso (Colombia)</b>
<b>CU01</b>	<b>Cuba</b>	<b>Havana</b>	<b>Apr-2014</b>	<b>126 (1)</b>	<b>Dec-2018</b>	<b>Convertible Peso (Cuba)</b>
<b>EG02</b>	<b>Egypt</b>	<b>Cairo</b>	<b>Aug-2015</b>	<b>103 (1)</b>	<b>Dec-2018</b>	<b>Pound (Egypt)</b>
ES02	Estonia	Tartu	Jul-2015	116 (a)	Jul-2018	Euro (DND semi-monthly)
ES04	Estonia	Tallin	Jul-2015	115 (a)	Jun-2018	Euro
<b>ET02</b>	<b>Ethiopia</b>	<b>Addis Ababa</b>	<b>Apr-2018</b>	<b>107 (c) (1)</b>	<b>Dec-2018</b>	<b>Birr</b>
FR02	France	Paris	Apr-2017	142 (d)	Sep-2018	Euro (DND semi-monthly)
FR03	France	Paris	Apr-2017	130	Sep-2018	Euro (DND semi-monthly)
FR05	France	Toulon	L	127	Jun-2018	Euro
FR21	France	Lille	L	127	Jun-2018	Euro

## Canadian Forces Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in December 2018.

Code	Country	Post	Survey date	Post Index	Effective date	Currency
FR23	France	Lyon	L	135 (d)	Sep-2018	Euro (DND semi-monthly)
FR27	France	Phalsbourg, France	Apr-2017	130	Sep-2018	Euro (DND semi-monthly)
FR28	France	Besançon, France	L	124	Sep-2018	Euro (DND semi-monthly)
GC01	Greece	Athens	Nov-2014	118	Jun-2017	Euro
GE06	Germany	Hamburg	Aug-2015	117 (c)	Jul-2018	Euro (DND semi-monthly)
GE13	Germany	Ramstein	Aug-2015	105	Jun-2017	Euro (DND semi-monthly)
GE16	Germany	Stuttgart	L	105	Jun-2017	Euro (DND semi-monthly)
GE23	Germany	Oberammergau	Aug-2015	105	Jun-2017	Euro (DND semi-monthly)
GE24	Germany	Munich	L	123 (c)	Jul-2018	Euro (DND semi-monthly)
GE30	Germany	Geilenkirchen	Aug-2015	105	Jul-2018	Euro (DND semi-monthly)
GE67	Germany	Berlin	L	119 (c)	Jun-2018	Euro
GE69	Germany	Kalkar	Jul-2012	109	Jul-2018	Euro (DND semi-monthly)
GE75	Germany	Wiesbaden	L	105	Jun-2017	Euro (DND semi-monthly)
GE80	Germany	Wesel	Aug-2015	109	Jul-2018	Euro (DND semi-monthly)
GH01	Ghana	Accra	Oct-2015	110	Aug-2017	Cedi
GR01	Greenland	Thule	...	80	Dec-1994	Dollar (USA, DND semi-monthly)
HA02	Haiti	Port-au-Prince	Nov-2017	125	Jun-2018	Gourde
HA03	Haiti	Haiti	Nov-2017	99 (g)	Jun-2018	Gourde
<b>IC01</b>	<b>Iceland</b>	<b>OP REASSURANCE, Keflavik</b>	<b>Jun-2017</b>	<b>95 (g) (1)</b>	<b>Dec-2018</b>	<b>Krona (Iceland)</b>
<b>IN02</b>	<b>India</b>	<b>New Delhi</b>	<b>Jun-2018</b>	<b>109 (1)</b>	<b>Dec-2018</b>	<b>Rupee (India)</b>
IN04	Indonesia	Jakarta	Aug-2015	109 (f)	Oct-2018	Rupiah
IS02	Israel	Tel Aviv	Apr-2017	124	Sep-2017	Shekel (Israel)
IT03	Italy	Rome	Sep-2017	121	Sep-2018	Euro (DND semi-monthly)
IT04	Italy	Rome	Sep-2017	123	Sep-2018	Euro
IT05	Italy	Rome	Sep-2017	108 (g)	Apr-2018	Euro (DND semi-monthly)
IT09	Italy	Naples	Nov-2017	113	Apr-2018	Euro (DND semi-monthly)
IT13	Italy	Poggio	L	120	Sep-2018	Euro (DND semi-monthly)
IT14	Italy	Signonella	Nov-2017	114	Apr-2018	Euro (DND semi-monthly)
JA02	Japan	Tokyo	Sep-2014	160 (c)	May-2018	Yen
JA05	Japan	Tokyo	Sep-2014	160 (c)	May-2018	Yen
<b>JM02</b>	<b>Jamaica</b>	<b>Kingston</b>	<b>L</b>	<b>119 (1)</b>	<b>Dec-2018</b>	<b>Dollar (Jamaica)</b>
JO01	Jordan	Amman	Sep-2017	128	Aug-2018	Dinar (Jordan)
KE01	Kenya	Nairobi	May-2014	131	Jun-2018	Shilling (Kenya)
KU01	Kuwait	Kuwait City	Oct-2015	116	Aug-2017	Dinar (Kuwait)
<b>LE02</b>	<b>Lebanon</b>	<b>Beirut</b>	<b>Feb-2015</b>	<b>130 (1)</b>	<b>Dec-2018</b>	<b>Pound (Lebanon)</b>
LT01	Lithuania	Vilnius	L	82 (a)	Aug-2018	Euro
LUX1	Luxembourg	Luxembourg City	L	138	Jan-2018	Euro (DND semi-monthly)

## Canadian Forces Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in December 2018.

Code	Country	Post	Survey date	Post Index	Effective date	Currency
LV02	Latvia	Riga (unaccompanied with meals)	Oct-2017	96 (g)	Mar-2018	Euro
LV03	Latvia	Riga (no meals)	Oct-2017	119	Mar-2018	Euro (DND semi-monthly)
MA03	Mali	Bamako	Jan-2015	116	Sep-2017	CFA Franc BCEAO
MA06	Malaysia	Kuala Lumpur, Malaysia	May-2015	102	Oct-2018	Ringgit (Malaysia)
ME01	Mexico	Mexico City	Jul-2015	94	Oct-2017	Peso (Mexico)
MO02	Morocco	Rabat	L	105	Jul-2018	Dirham (Morocco)
NE01	Netherlands, The	Brunssum	Aug-2015	113	Jun-2017	Euro (DND semi-monthly)
NE02	Netherlands, The	The Hague	Oct-2015	116	Aug-2018	Euro
NE07	Netherlands, The	Eindhoven	Aug-2015	113	Jun-2017	Euro (DND semi-monthly)
NG05	Nigeria	Abuja	Oct-2015	114	Oct-2018	Naira
NG06	Nigeria	Lagos	Jan-2016	107	Oct-2018	Naira
NR05	Norway	Stavanger	Jul-2012	134	Sep-2016	Krone (Norway, DND monthly)
<b>NZ02</b>	<b>New Zealand</b>	<b>Trentham</b>	<b>Apr-2017</b>	<b>128 (1)</b>	<b>Dec-2018</b>	<b>Dollar (New Zealand)</b>
OP06	Israel	OP JADE, Tiberias/Golan Heights	Apr-2017	110 (g)	Jun-2017	Shekel (Israel)
OP13	Congo, Democratic Republic of	OP CROCODILE, Kinshasa	Apr-2018	102 (g)	Aug-2018	Franc (Congo)
OP16	Egypt	OP CALUMET, El Gorah	Aug-2015	93 (g)	Jan-2017	Pound (Egypt)
OP20	Lebanon	OP JADE, Tyre	Feb-2015	102 (g)	May-2016	Pound (Lebanon)
OP23	Afghanistan	OP ADDENDA, Kabul	...	95 (g)	Aug-2003	...
OP31	Congo, Democratic Republic of	OP CROCODILE, Goma	Apr-2018	100 (g)	Aug-2018	Franc (Congo)
OP33	Kuwait	OP IMPACT, Kuwait	L	98 (g)	May-2016	Dinar (Kuwait)
OP34	Qatar	OP IMPACT, Al Udeid	L	97 (g)	Aug-2014	Riyal (Qatar)
OP35	Iraq	OP IMPACT, Baghdad	...	100	May-2016	...
OP36	Iraq	OP IMPACT, Erbil	L	100	Aug-2016	...
OP38	Poland	OP REASSURANCE, Drawsko Pomorskie	Sep-2017	97 (g)	Jan-2018	Zloty
OP40	Italy	OP REASSURANCE, Naples	Nov-2017	105 (g)	Apr-2018	Euro (DND semi-monthly)
OP41	Latvia	OP REASSURANCE, Riga	Oct-2017	96 (g)	Mar-2018	Euro
OP53	Israel	OP PROTEUS, Jerusalem	Apr-2017	110 (g)	Jun-2017	Shekel (Israel)
OP54	Bahrain	OP FOUNDATION, Bahrain	Jun-2015	100 (g)	Jun-2016	Dinar (Bahrain)
OP67	Sudan	OP SAFARI, Sudan	Aug-2014	89 (g)	Nov-2018	Pound (Sudan)
OP70	Cyprus	OP LION, Cyprus	Sep-2014	96 (g)	Dec-2015	Euro
OP76	Kosovo	OP KOBOLD	Feb-2003	98 (g)	Dec-2008	Euro (DND semi-monthly)
OP80	Qatar	OP FOUNDATION, Doha	Mar-2014	97 (g)	Aug-2014	Riyal (Qatar)
OP91	World	HMCS OPS	...	95	Mar-2011	...
OP95	Jordan	OP FOUNDATION	Sep-2017	98 (g)	Feb-2018	Dinar (Jordan)
OP96	Djibouti	OP FOUNDATION (unaccompanied)	Feb-2014	101 (g)	Dec-2015	Franc (Djibouti)

## Canadian Forces Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in December 2018.

Code	Country	Post	Survey date	Post Index	Effective date	Currency
OP99	World	Operations Other	...	100	Feb-2014	...
OPA1	Ukraine	OP UNIFER, Kemenets Pololskiy	Aug-2014	94 (g)	Mar-2016	Hryvna (Ukraine)
OPA2	Ukraine	OP UNIFER, Yavoriv	L	94 (g)	Mar-2016	Hryvna (Ukraine)
OS07	Germany	OP SP HUB Köln (unaccompanied with meals)	Aug-2015	103 (g)	Oct-2016	Euro
OS08	Germany	SUP HUB Köln	Aug-2015	117 (c)	Jul-2018	Euro (DND semi-monthly)
OS09	Kuwait	OP SUB HUB, Kuwait City	Oct-2015	98 (g)	May-2016	Dinar (Kuwait)
PA02	Pakistan	Islamabad	Jul-2015	99	May-2018	Rupee (Pakistan)
PA03	Pakistan	Quetta	Jul-2015	99	May-2018	Rupee (Pakistan)
PE01	Peru	Lima	Feb-2015	119	Aug-2017	Nuevo Sol
PH01	Philippines	Manila	May-2017	106 (d)	Oct-2017	Peso (Philippines)
PL02	Poland	Warsaw	Sep-2017	108	Jun-2018	Zloty
PL03	Poland	Bydgoszcz	Sep-2017	101 (g)	Jul-2018	Zloty (DND semi-monthly)
PL04	Poland	Szczecin, Poland	Sep-2017	102	Sep-2018	Zloty (DND semi-monthly)
PL05	Poland	Elblag	Sep-2017	102 (g)	Jan-2018	Zloty (DND semi-monthly)
RO02	Romania	Bucharest, Romania	Nov-2014	95	Sep-2018	Leu
RO03	Romania	Craiova, Romania	Nov-2014	98 (c)	Sep-2018	Leu (DND semi-monthly)
RU02	Russia	Moscow	Jan-2015	132	Sep-2018	Rouble (Russia)
SA01	Saudi Arabia	Riyadh	Jan-2014	122	Aug-2017	Riyal (Saudi Arabia)
<b>SA21</b>	<b>South Africa</b>	<b>Pretoria</b>	<b>Apr-2017</b>	<b>101 (1)</b>	<b>Dec-2018</b>	<b>Rand</b>
SE01	Senegal	Dakar	Jan-2015	121 (c)	Oct-2018	CFA Franc BCEAO
SE99	World	Personnel on S. E.	...	95 (g)	Oct-2000	...
SI03	Singapore	Singapore	Jun-2015	142	Jun-2016	Dollar (Singapore)
SK01	Korea, South	Seoul	Sep-2014	119	Sep-2018	Won
SK04	Korea, South	Taejon	Sep-2014	148 (c)	Aug-2018	Won
SL01	Sri Lanka	Colombo	May-2016	105	Sep-2017	Rupee (Sri Lanka)
SP03	Spain	Madrid	Aug-2017	127	Jun-2018	Euro
SP04	Spain	Madrid DND Non VAT	Aug-2017	128 (f)	Sep-2018	Euro
<b>SS01</b>	<b>Sudan</b>	<b>Khartoum, accompanied - MSGU</b>	<b>Aug-2014</b>	<b>76 (1)</b>	<b>Dec-2018</b>	<b>Pound (Sudan)</b>
SW02	Sweden	Stockholm, Sweden	Aug-2017	128 (f)	Oct-2018	Krona (SWE, DND semi-monthly)
TH01	Thailand	Bangkok	Oct-2015	126	Mar-2018	Baht
TN01	Tunisia	Tunis	May-2014	85	Sep-2018	Dinar (Tunisia)
<b>TU02</b>	<b>Turkey</b>	<b>Ankara</b>	<b>Dec-2014</b>	<b>93 (1)</b>	<b>Dec-2018</b>	<b>Lira</b>
<b>TU04</b>	<b>Turkey</b>	<b>Izmir</b>	<b>Jan-2015</b>	<b>95 (1)</b>	<b>Dec-2018</b>	<b>Lira (US \$ Rate, DND monthly)</b>
<b>TU05</b>	<b>Turkey</b>	<b>Istanbul</b>	<b>Jan-2015</b>	<b>93 (f) (1)</b>	<b>Dec-2018</b>	<b>Lira (US \$ Rate, DND monthly)</b>
<b>UA03</b>	<b>United States of America</b>	<b>Beale, California</b>	<b>Jun-2013</b>	<b>137 (1)</b>	<b>Dec-2018</b>	<b>Dollar (USA, DND semi-monthly)</b>

## Canadian Forces Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in December 2018.

Code	Country	Post	Survey date	Post Index	Effective date	Currency
UA05	United States of America	Edwards, California	Jan-2015	118	Jul-2018	Dollar (USA, DND semi-monthly)
<b>UA07</b>	<b>United States of America</b>	<b>Monterey, California</b>	<b>Jan-2008</b>	<b>128 (1)</b>	<b>Dec-2018</b>	<b>Dollar (USA, DND semi-monthly)</b>
UA08	United States of America	San Diego, California	Jan-2015	118	Jul-2018	Dollar (USA, DND semi-monthly)
<b>UA10</b>	<b>United States of America</b>	<b>Whidbey Island, Washington</b>	<b>Aug-2018</b>	<b>117 (1)</b>	<b>Dec-2018</b>	<b>Dollar (USA, DND semi-monthly)</b>
UA11	United States of America	Seattle / Tacoma (McChord), Washington	Jun-2013	120	Jul-2018	Dollar (USA, DND semi-monthly)
UA16	United States of America	Vandenberg, California	Jul-2013	123	Jul-2018	Dollar (USA, DND semi-monthly)
UA20	United States of America	Mojave, California (Test Pilot School)	Jan-2015	118	Jul-2018	Dollar (USA, DND semi-monthly)
UA23	United States of America	Las Vegas, Nevada	Aug-2018	129 (c)	Nov-2018	Dollar (USA, DND semi-monthly)
UA26	United States of America	Twentynine Palms	L	118	Jul-2018	Dollar (USA, DND semi-monthly)
UB01	United States of America	Colorado Springs, Colorado	Sep-2017	124	Jun-2018	Dollar (USA, DND semi-monthly)
UB04	United States of America	Buckley (Denver), Colorado	May-2014	121	Aug-2018	Dollar (USA, DND semi-monthly)
UB06	United States of America	Albuquerque, New Mexico	L	124	Jun-2018	Dollar (USA, DND semi-monthly)
UB08	United States of America	Fort Huachuca, Arizona	L	124	Jun-2018	Dollar (USA, DND semi-monthly)
UC01	United States of America	Fort Bliss, Texas	L	112	Aug-2017	Dollar (USA, DND semi-monthly)
UC02	United States of America	Cavalier, North Dakota	Jun-2013	113 (c)	Aug-2017	Dollar (USA, DND semi-monthly)
UC04	United States of America	San Antonio, Texas	Jan-2015	108	Aug-2017	Dollar (USA, DND semi-monthly)
UC06	United States of America	Houston, Texas, Johnson Space Center	Jun-2013	118 (c)	Aug-2018	Dollar (USA, DND semi-monthly)
UC07	United States of America	Fort Hood, Fort Worth, Sheppard, Wichita Falls	L	112	Aug-2017	Dollar (USA, DND semi-monthly)
UC08	United States of America	University of Texas (San Antonio), Randolph, Medina, Universal City	Jan-2015	108	Aug-2017	Dollar (USA, DND semi-monthly)
UC09	United States of America	Fort Sill, Tinker, Oklahoma	Jun-2013	112	Aug-2017	Dollar (USA, DND semi-monthly)
UD01	United States of America	Fort Leavenworth, Kansas	Feb-2015	106	Aug-2017	Dollar (USA, DND semi-monthly)
UD03	United States of America	St. Louis, Missouri, Fort Leonard Wood, Missouri, Scott, Elleville, Illinois	Jan-2015	111	Aug-2017	Dollar (USA, DND semi-monthly)
UD04	United States of America	Omaha, Nebraska	L	106	Aug-2017	Dollar (USA, DND semi-monthly)
UE01	United States of America	Dayton, Ohio, Wright-Patterson, Ohio	Oct-2017	115	Aug-2018	Dollar (USA, DND semi-monthly)
UE03	United States of America	Warren, Michigan	Jun-2015	115	Aug-2018	Dollar (USA, DND semi-monthly)
UF01	United States of America	Maryland: Aberdeen, Annapolis, Carderock, Fort Meade, Indian Head, Patuxent River, University of Maryland Virginia: Alexandria, Andrews, Arlington, Crystal City, Falls Church, Quantico, D.C.: Bolling, Washington	Oct-2017	122	Jul-2018	Dollar (USA, DND semi-monthly)
<b>UF02</b>	<b>United States of America</b>	<b>Washington, D. C.</b>	<b>Nov-2017</b>	<b>123 (c) (1)</b>	<b>Dec-2018</b>	<b>Dollar (USA)</b>
UF03	United States of America	Cherry Point, Pope	Oct-2017	111	Aug-2018	Dollar (USA, DND semi-monthly)

## Canadian Forces Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in December 2018.

Code	Country	Post	Survey date	Post Index	Effective date	Currency
<b>UF08</b>	<b>United States of America</b>	<b>Chesapeake, Dam Neck, Fort Lee, Fort Monroe, Hampton, Langley, Norfolk, Yorkton</b>	<b>Nov-2017</b>	<b>113 (1)</b>	<b>Dec-2018</b>	<b>Dollar (USA, DND semi-monthly)</b>
UF09	United States of America	Fayetteville, Fort Bragg, North Carolina	Oct-2017	111	Aug-2018	Dollar (USA, DND semi-monthly)
UF15	United States of America	Maryland: Aberdeen, Annapolis, Carderock, Fort Meade, Indian Head, Patuxent River, University of Maryland Virginia: Alexandria, Andrews, Arlington, Crystal City, Falls Church, Quantico, D.C.: Bolling, Washington	Oct-2017	126 (f)	Jul-2018	Dollar (USA, DND semi-monthly)
UG01	United States of America	Eglin, Tyndall	Dec-2012	117	Jul-2018	Dollar (USA, DND semi-monthly)
UG02	United States of America	Beaufort Falls	Dec-2012	118 (c)	Jul-2018	Dollar (USA, DND semi-monthly)
UG05	United States of America	Fort Benning, Georgia	L	117	Jul-2018	Dollar (USA, DND semi-monthly)
UG06	United States of America	Fort Gordon, Fort McPherson, Fort Stewart	L	117	Jul-2018	Dollar (USA, DND semi-monthly)
UG07	United States of America	Mississippi	L	117	Jul-2018	Dollar (USA, DND semi-monthly)
UG08	United States of America	Gainesville, Florida (University of Florida)	Dec-2012	117 (c)	Jul-2018	Dollar (USA, DND semi-monthly)
UG09	United States of America	Fort Rucker, Alabama	L	117	Jul-2018	Dollar (USA, DND semi-monthly)
UG10	United States of America	Jacksonville, Florida	L	117	Jul-2018	Dollar (USA, DND semi-monthly)
UG11	United States of America	Maxwell, Montgomery, Alabama	L	117	Jul-2018	Dollar (USA, DND semi-monthly)
UG12	United States of America	Daytona Beach	L	118 (c)	Jul-2018	Dollar (USA, DND semi-monthly)
UG13	United States of America	University of Tennessee	L	117	Jul-2018	Dollar (USA, DND semi-monthly)
UG14	United States of America	MacDill, Tampa	L	117	Jul-2018	Dollar (USA, DND semi-monthly)
UG17	United States of America	West Palm Beach, Florida	Nov-2017	128	Jul-2018	Dollar (USA, DND semi-monthly)
UG21	United States of America	Robins, Georgia	L	117	Jul-2018	Dollar (USA, DND semi-monthly)
UG22	United States of America	Miami	Nov-2017	128	Jul-2018	Dollar (USA, DND semi-monthly)
UG25	United States of America	Little Rock, Arkansas	L	117	Jul-2018	Dollar (USA, DND semi-monthly)
UG26	United States of America	Hunstville, Alabama	L	117	Jul-2018	Dollar (USA, DND semi-monthly)
UG30	United States of America	KEY WEST FLORIDA	Aug-2014	128	Jul-2018	Dollar (USA)
UH02	United States of America	New York City	Oct-2017	135	Jul-2018	Dollar (USA, DND semi-monthly)
<b>UH03</b>	<b>United States of America</b>	<b>Cape Cod, Hanscom</b>	<b>Nov-2012</b>	<b>123 (1)</b>	<b>Dec-2018</b>	<b>Dollar (USA, DND semi-monthly)</b>
UH04	United States of America	Boston, University of Boston	Jun-2018	124 (f)	Oct-2018	Dollar (USA, DND semi-monthly)
UH06	United States of America	Carlisle, Pennsylvania	L	113	Mar-2018	Dollar (USA, DND semi-monthly)
UH08	United States of America	Philadelphia, Warminster	L	126 (f)	Jul-2018	Dollar (USA, DND semi-monthly)
UH11	United States of America	Rome, New York	Nov-2017	113	Mar-2018	Dollar (USA, DND semi-monthly)
<b>UH14</b>	<b>United States of America</b>	<b>Newport Rhode Island</b>	<b>L</b>	<b>123 (1)</b>	<b>Dec-2018</b>	<b>Dollar (USA, DND semi-monthly)</b>
<b>UH16</b>	<b>United States of America</b>	<b>Stratford, Connecticut</b>	<b>Nov-2009</b>	<b>131 (c) (1)</b>	<b>Dec-2018</b>	<b>Dollar (USA, DND semi-monthly)</b>



## Canadian Forces Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in December 2018.

Code	Country	Post	Survey date	Post Index	Effective date	Currency
UH22	United States of America	New York City (No VAT Rebates)	Oct-2017	141 (f)	Jul-2018	Dollar (USA, DND semi-monthly)
UJ02	United States of America	Picatinny Arsenal, New Jersey L		126 (f)	Jul-2018	Dollar (USA, DND semi-monthly)
UJ04	United States of America	Rutgers University, New Jersey	L	126 (f)	Jul-2018	Dollar (USA, DND semi-monthly)
UK12	United Kingdom	Inside the M25 (No VAT Rebates)	Sep-2015	114 (h)	Sep-2018	Pound (U.K., DND)
UK13	United Kingdom	Outside the M25 (VAT Rebates)	Sep-2015	106	Sep-2018	Pound (U.K., DND)
UK15	United Kingdom	Standing Naval Force Atlantic (STANAVFORLANT)	...	95	Dec-1999	...
UK18	United Kingdom	Inside the M25 (VAT Rebates)	Sep-2015	111	Sep-2018	Pound (U.K., DND)
UN99	World	United Nations Missions	...	50 (g)	Mar-2000	...
UO01	United States of America	Elmendorf, Alaska	Jun-2013	121	Aug-2017	Dollar (USA, DND semi-monthly)
UO03	United States of America	Honolulu, Hawaii	Oct-2017	120	Aug-2018	Dollar (USA, DND semi-monthly)
UO05	United States of America	Clear, Alaska	Jun-2013	102 (g)	May-2016	Dollar (USA, DND semi-monthly)
UO08	United States of America	Eielson	L	121	Aug-2017	Dollar (USA, DND semi-monthly)
UR01	Ukraine	Kyiv	Aug-2014	99	Sep-2018	Hryvna (Ukraine)
USA2	United States of America	Pensacola, Florida	Dec-2012	118 (f)	Jul-2018	Dollar (USA, DND semi-monthly)
VE01	Venezuela	Caracas	Jun-2017	... (3)	Nov-2018	Bolivar Fuerte
WB01	West Bank and Gaza	Ramallah	L	138	Sep-2017	Shekel (Israel)
YU02	Serbia	Belgrade	Jun-2015	114	Mar-2018	Dinar (Serbia)
ZZ01	Belgium	Casteau	Aug-2015	121	Jun-2018	Euro
ZZ03	Netherlands, The	Brunssum	Aug-2015	111	Sep-2018	Euro
ZZ09	Haiti	Port-au-Prince	Nov-2017	101 (g)	Jun-2018	Gourde
ZZ10	Haiti	Regions of Haiti	L	101 (g)	Jun-2018	Gourde
ZZ17	West Bank and Gaza	Palestinian Territories	L	110 (g)	Jun-2017	Shekel (Israel)
ZZ18	Afghanistan	Kabul	Aug-2013	100	Apr-2011	...
ZZ30	Ukraine	Kyiv	L	94 (g)	Mar-2016	Hryvna (Ukraine)
ZZ31	Cambodia	Phnom Penh	Feb-2016	96 (g)	Jun-2017	Riel

(1) Post Index has been updated or is new this month.

(2) Previously released Post Index has been revised.

(3) Due to the absence of reliable economic data, the publication of the foreign post index for Caracas, Venezuela is suspended until further notice.

... Not applicable

L - Where no Survey Date is shown, the Post Index is linked to another Post Index where a survey has been carried out.

(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.

(b) - Based on United Nations surveys; does not include access to duty-free purchases.

(c) - Index for personnel who do not have U.S. military facility privileges.

(d) - Index for personnel who do not have access to duty-free gasoline.

(e) - Index for civilian personnel who have U.S. military facility privileges.

(f) - Index for personnel who do not have diplomatic privileges.

(g) - Index for personnel who are provided rations and quarters, a meal allowance or a third-party subsistence allowance.

(h) - Index for personnel who do not have retail tax-free privileges.

(i) - Index for personnel who purchase rations from a military establishment.

Source: