

# FOOD QUALITY SPECIFICATIONS -

# FOOD PURCHASED BY FEDERAL GOVERNMENT DEPARTMENTS

Fresh Fruit

# The following specifications are used by federal government departments purchasing the items listed below for their departmental food requirements

# FQS-10 – Fresh Fruit

Any items listed in all Food Quality Specification that are **bolded and in brown** are part of the current National Standard Cycle Menu (NSCM) Standing Offer. Other items that are not on the NSCM but are on the Standing Offer may not be listed in **brown**.

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<b>FQS-10-01 – Apples</b>	<b>FQS-10-16 – Limes</b>
FQS-10-02 – Apricots	FQS-10-17 – Lychee
FQS-10-03 – Avocado	<b>FQS-10-18 – Mango</b>
<u>FQS-10-04 – Bananas</u>	FQS-10-19 – Mangosteen
FQS-10-05 – Berries	<b>FQS-10-20 – Melons</b>
FQS-10-06 – Carambola (Starfruit)	FQS-10-21 – Nectarines
FQS-10-07 – Cherimoya	FQS-10-22 - Oranges
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<u>FQS-10-09 – Coconut</u>	FQS-10-24 - Peaches
FQS-10-10 – Dragon Fruit	<b>FQS-10-25 – Pears</b>
FQS-10-11 – Grapefruit	FQS-10-26 – Pineapples
<b>FQS-10-12 – Grapes</b>	FQS-10-27 – Plums
FQS-10-13 – Guava	FQS-10-28 – Pomegranate
FQS-10-14 – Kiwi	FQS-10-29 – Rambutan
<u>FQS-10-15 – Lemon</u>	FQS-10-30 – Rhubarb
Applicable Regulations and Resources for Fresh Fruit	

# **Description**

- 1. Fruit is derived from many different kinds of perennial plants, trees and shrubs, usually cultivated. They consist mostly of the ripe, often sweet, succulent or pulpy developed plant ovary and its accessory parts, commonly and traditionally know as fruit.
- 2. All fresh fruit supplied must be:
  - a. in full compliance with the requirements of the <u>Food and Drugs Act (R.S.C., 1985, c. F-27)</u> and the <u>Food and Drug Regulations (C.R.C., c. 870), Part B, Division 11</u> with respect to produce the requirements;
  - b. in full compliance with the Fresh Fruit and Vegetable Regulations (C.R.C., c. 285);
  - c. in full compliance with all the requirements of the <u>Plant Protection Act (S.C. 1990, c. 22)</u> and the Plant Protection Regulations (SOR/95-212);
  - d. supplied in Canada No. 1 grade, when such grade has been established (or the equivalent grade of the country of origin). Canada No. 1 grades have been established for apricots, cherries, crab apples, cranberries, grapes, peaches, plums, prunes, rhubarb, cantaloupe, blueberries and strawberries;
  - e. supplied in compliance with U.S. No. 1 grade specifications, where no Canadian Grade has been established and a U.S. grade has been established (or the equivalent grade of the country of origin);
  - f. a bright uniform colour typical of the product;
  - g. uniform in size;
  - h. variety specified;

- i. not adulterated<sup>1</sup>;
- j. not contaminated<sup>2</sup>;
- k. edible<sup>3</sup>;
- 1. clean, sound, fresh and firm without evidence of moisture loss (wilted, shriveled or soft);
- m. free of slime or excessive moisture;
- n. free of any live insect, scorpion, snake, spider or other living thing that may be injurious to the health;
- o. free from foreign matter, discolouration or damage caused by insects, worms, disease, decay, over maturity, hail, mechanical or other means; and
- p. prepared in a manner where;
  - (1) not stagnant or polluted water is used in the washing or fluming of the fruit;
  - (2) only potable water is used in the final rinsing of the produce to remove any surface contaminant before packaging;
  - (3) the final rinse water, if reused, is used only in the initial washing or fluming the fruit; and
  - (4) the fruit is handled with equipment that is cleaned regularly.

# 3. All fruit procured outside Canada must:

- a. meet the requirements of the <u>Food and Drugs Act (R.S.C., 1985, c. F-27)</u> and the <u>Food and Drug Regulations (C.R.C., c. 870), Part B, Division 11</u> with respect to produce and the <u>Fresh Fruit and Vegetable Regulations (C.R.C., c. 285)</u>; and/or
- b. meet all the requirements as outlined in the <u>USDA Food Distribution Specifications & US Grading</u> Standards; and/or
- c. meet all the requirements as outlined in <u>Codex Alimentarius General Principles of Food Hygiene</u>; and/or
- d. be supplied in the equivalent grade of the country of origin to Canada No. 1 grade, when such grade has been established for the fruit in Canada; or
- e. be supplied in compliance equivalent grade of the country of origin to U.S. No. 1 grade specifications (as outlined in the <u>USDA Food Distribution Specifications & US Grading Standards</u>) where no Canadian Grade has been established for the fruit and a U.S. grade has been established; and/or
- f. meet all the requirements of applicable local food legislation whenever those requirements are stricter. All fruit must be obtained by sources approved by the applicable local and international laws, regulations, procedures and requirements; and
- g. come from a facility that meets HACCP criteria as outlined in the Annex to <u>Codex Alimentarius</u> <u>General Principles of Food Hygiene</u>.

# **Packaging**

4. Packaging must meet the following criteria:

<sup>1</sup> within the meaning of sections B.01.046 and B.01.047 and Division 15 of Part B of the Food and Drug Regulations (C.R.C., c. 870).

<sup>&</sup>lt;sup>2</sup> means containing a chemical, drug, food additive, heavy metal, industrial pollutant, ingredient, medicament, microbe, pesticide, poison, toxin, or any other substance not permitted by, or in an amount in excess of limits prescribed under the *Canadian Environmental Protection Act*, the *Food and Drugs Act (R.S.C., 1985, c. F-27)* or the *Pest Control Products Act*, or any substance that renders the processed egg inedible.

<sup>&</sup>lt;sup>3</sup> means fit for use as food.

- a. must be in compliance with the requirements of the <u>Fresh Fruit and Vegetable Regulations (C.R.C.,</u> c. 285);
- b. must not be stained, soiled, warped, broken or otherwise damaged so as to affect their use;
- c. must be securely closed in a manner appropriate for the type of container;
- d. every label applied to a container of fruit must show the common name of the fruit and the variety;
- e. every container must be labelled with the grade name of the fruit;
- f. the contents of each package must be uniform and contain only fruit of the same origin, variety and quality;
- g. must be packed in such a way as to protect the produce properly;
- h. the material used inside the package must be new<sup>4</sup>, clean and have a quality such as to avoid causing any external or internal damage to the produce;
- i. the declaration of net quantity on a closed container of tiered fruit must be shown in terms of numerical count:
- j. where the fruit are pre-packaged the net quantity must be shown in terms of metric units; and
- k. every container of imported fruit must be labeled to show on the principal display panel and in close proximity to the declaration of net quantity or the grade name, the words "product of", "Produce of", "Grown in", or "Country of Origin" followed by the name of the country of origin of the produce (or other word which clearly indicates the country in which the produce was grown).

# FQS-10-01 - Apples

5. Apples are the fruit of the apple tree and are purchased on the basis of intended use, quality, size and packaging. The apple is usually 5-9 cm in diameter. The center of the fruit contains five carpels arranged in a five point star. Each carpel contains 3 to 5 seeds. Colour is one of the most important factors in deciding the grade of apples.

**FQS-10-01-01 – Table 1: Varieties of Apples** 

Type	Description	Acceptable	
Braeburn	A red striped apple with a red blush on top of yellow. The juicy yellow flesh is very crisp, with a flavour that is sweet and tart at the same time. A very fragrant apple is not recommended for fresh eating. Since it does not hold its shape when cooked it is good for applesauce.	Acceptable apples are crisp, flavourful, with a bright	
Cortland	An apple with a flush of crimson against a pale yellow background sprinkled with short, dark red stripes and gray-green dots and with very white flesh. It is an excellent dessert apple and is firmer and more flavourful when cooked than MacIntosh and Empire apples. They may be baked whole or used in pies and tarts. Cortlands don't brown quickly when cut making them a good choice for fruit salad or cheese trays.	uniform colour typical of the variety. The skin must be firm and smooth.	
Empire	Medium to medium small, round to oblong, Dark red and striped. Flesh is greenish cream, slightly aromatic juicy and mildly tart. Excellent fresh eating	Unacceptable	

<sup>&</sup>lt;sup>4</sup> This includes recycled material of food-grade quality.

	A-03-209-002/11-20	
Туре	Description	Acceptable
	apples.	apples are fruits
Fuji	Sweet, mild, crisp and juicy. Excellent when eaten fresh and are also fine for cooking and store well.	with broken skin, bruises, or internal
Golden Delicious	Yellow exterior, elongated shape with five bumps on the bottom. Has a rich mellow sweet flavour and a tender skin. Considered the preferred "all purpose" cooking apple, because they retain their shape and taste rich when baked or cooked. Excellent for salads and fresh eating.	Brown flecked areas do not affect the
Granny Smith	Tart and crisp. Excellent for salads and fresh eating. Their tangy flavour comes through when baked and sautéed.	flavour.
Gravenstein	Medium to large, round, red blushed with yellow background. Flesh is cream, juicy and tart. Excellent for fresh eating, sauce and freezing. Good for salads and baking.	
Honeycrisp	Large, bright red with yellow background. Crisp, firm, sweet and juicy.  Excellent for fresh eating, salads, sauce and cooking.	
Jonagold	Sweet, tart flavour with a crisp, juicy flesh and tender skin. Great fresh or in salads, fine for cooking and baking.	
MacIntosh	Medium, round, red-to-red blushed. Flesh is white, crisp, aromatic juicy, and sub-acid and browns quickly. Excellent for fresh eating and good for sauce. Bakes up soft rather sweet flavoured, juicy, holding characteristic aroma. Cooks smooth, but loses volume in pies.	
Red Delicious	Small to large conic, striped or blushed red. Flesh is greenish cream, crisp, and mild, juicy, sweet. Excellent for fresh eating. For use raw as a snack or in salads, performs poorly in cooking.	
Red Pink Lady	Yellow with pinkish red shading. Flesh is resistant to browning. Lightly acidic and very crunchy. Excellent for fresh eating, applesauce, baking or pie-making.	
Royal Gala	Medium to small, conical shape, streaked with bright orange red and with golden yellow background. Sweet, aromatic and have a rich full flavour. Excellent for fresh eating as a snack or in salads.	
Spartan	Medium, round, dark red skin. Flesh is cream, crisp, lightly aromatic, juicy and fairly tart. Considered good for fresh eating, salads and sauce.	
Sunrise	Medium to large, uniform oval round. Has an excellent sweet flavour. The skin ground colour is pale yellow or white with bright red stripes going to blush on the exposed side with about 50% red colour. The flesh is white to	

Туре	Description	Acceptable
	cream in colour and the texture is crisp and juicy. Excellent for fresh eating.	

- 6. Apples supplied must be:
  - a. in minimum grades of Canada Fancy (or the equivalent grade of the country of origin) as per Grades and Standards for apples as outlined in the <u>Fresh Fruit and Vegetable Regulations (C.R.C., c. 285)</u>, Schedule 1;
  - b. the variety specified as per Table 1;
  - c. of the size specified;
  - d. meet the criteria specified in Table 1 for acceptable products; and
  - e. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10.

# Size

7. Apples are sized by count per box or by diameter as measured from stem to blossom end transversely. Very large or very small apples are usually not the best quality. A good portion for eating size are 113's.

# **Storage and Distribution**

8. Apples give off odours and gases and so must receive special storage (36°-38°F and 85-90% relative humidity). The apples must be delivered in good condition and at the specified state of maturity.

# FQS-10-02 - Apricots

9. Apricots are a part of the tree fruit industry. They are known as stone fruits because they have a single seed in a hard shell. The best apricots are those that are tree ripened, having a better flavour and sweetness then those that are picked and then allowed to ripen. The fruit is a light yellow colour on some varieties to a strong orange to orange-red on others. Some varieties have a pebbled appearance.

FQS-10-02-01 – Table 1: Varieties of Apricots

Type	Description	Acceptable	
Goldrich	Fruit is attractive. Large, orange-yellow waxy skin colour. Orange	Acceptable Apricots are	
	flesh. Fruit quality is good when fully mature.	those that are rich	
Goldbar	Fruit is large, high quality, orange with some red blush.	orange, slightly soft	
Goldstrike	Large sized fruit, orange with some red blush, firm.	yielding to gentle	
Hargrand	A large, juicy, good flavoured variety. Also Harglow, Harlayne, and	pressure, and should	
	Harogem.	have a bright ripe	
Perfection	Very large fruit. Orange skin and flesh. Good quality and flavour.	aroma. Unacceptable	
Pui-sha-sin	Chinese variety. Very large fruit. Excellent flavour. Fruit has tender apricots are pale and		
	skin. yellow or green;		
Reliable	Medium sized fruit. Good for fresh eating and processing.		
Rival	Fruit is yellow with rosy cheeks. Large sized orange flesh.	or mushy.	
Skaha	Large, firm, bright orange when mature. Fruit has red		
	blush, attractive.		
Sundrop	Fruit, medium sized, bright orange, attractive.		
Tilton	Small to medium sized fruit. Yellow skin with red blush, good		
	flavour.		

Tomcat	Fruit is creamy yellow with no blush. It is more flavourful than	
	Goldstrike or Goldbar, but fruit is smaller.	
Wentatchee	Usually called MOORPARK. Yellow skin and flesh. Large fruit,	
Moorpark	good flavour.	

# 10. Apricots supplied must:

- a. be supplied in minimum grades of Canada No. 1 (or the equivalent grade of the country of origin) as per Grades and Standards for apricots as outlined in the Fresh Fruit and Vegetable Regulations (C.R.C., c. 285), Schedule 1, and Canadian Food Inspection Agency Inspection Manuals Apricots provides a detailed interpretation of the Fresh Fruit and Vegetable Regulations;
- b. be the variety specified if applicable as per <u>Table 1</u>;
- c. be mature, clean and not overripe;
- d. be soft and or shriveled and be free from decay, cuts, skin breaks or insects or other damage;
- e. meet the criteria specified in <u>Table 1</u> for acceptable products; and
- f. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10.

#### **Size**

11. The fruit range in size. A size characteristic of the variety when mature may be interpreted at shipping point as 1 ½ inches.

# **Storage and Distribution**

12. Apricots should be stored between  $0^{\circ}$ - $2^{\circ}$  C ( $32^{\circ}$ -  $36^{\circ}$ F) and a relative humidity of 90 to 98%. Apricots must be delivered in good condition.

# FQS-10-03 - Avocado

13. The fruit is sometimes called a butter pear, avocado pear or alligator pear (pear due to its shape, and alligator due to the rough green skin). Avocados fruit are cultivated in tropical climates throughout the world with most produced in Florida, California and the Caribbean. Avocado ripens after harvesting. A ripe avocado will yield to a gentle pressure when held in the palm of the hand and squeezed. The fruit has a markedly higher fat content than most other fruit, mostly monounsaturated fat.

#### FQS-10-03-01 - Table 1: Avocado

Description	Acceptable
Avocado is bright green to green-brown (or almost	Acceptable avocado are fresh, bright appearing with a
black) in colour on the outside and ranges from more	rich buttery and soft flesh and yield slightly to pressure
or less round to egg or pear-shaped, typically the size	indicating ripeness. They are also heavy for their size.
of a temperate-zone pear or larger. The flesh is	Unacceptable avocado are overly soft, mushy and/or
typically greenish yellow to golden yellow when ripe.	bruised or decayed. Avocados with darken spots are
The flesh oxidizes and turns brown quickly after	unacceptable.
exposure to air.	-

# 14. Avocados supplied must:

- a. be a minimum grades of U.S. No. 1 (or the equivalent grade of the country of origin) as per Grades and Standards for avocados as outlined in the <u>USDA Food Distribution Specifications & US Grading Standards</u><sup>5</sup>;
- b. be mature, clean and not overripe;

<sup>&</sup>lt;sup>5</sup> Fruit for which no Canadian Grade has been established must be supplied in compliance with U.S. No. 1.

- c. be of the size and type specified;
- d. meet the criteria specified in <u>Table 1</u> for acceptable products and;
- e. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10.

#### Size

15. Size varies depending on the variety. California avocados are usually 6-12 oz. whereas Florida avocados are usually 9-32 oz. Pit size is an important factor in selecting avocados. Hass variety has the smallest pit; Guerte is next with Florida avocados having the largest pits.

# **Storage and Distribution**

16. Store at 55-65 °F (13-18°C) and a relative humidity of 85-95%. Avocados are packed in Fiberboard or Wooden containers for shipping. The materials used inside the package must be new<sup>6</sup>, clean and of a quality to prevent causing any external or internal damage to the produce. Avocados must be delivered in good condition.

# FQS-10-04 - Bananas

# **Description**

17. Bananas come in a variety of sizes and colours when ripe, including yellow, purple and red. The bananas from a group of cultivars with firmer, starchier fruit are called plantains. The flesh can vary in taste from starchy to sweet, and the texture from firm to mushy. There are about 400 varieties of bananas. The properties of the Cavendish banana related to transport and shelf life rather than taste make it the most common variety of banana.

# **FQS-10-04-01 - Table 1: Bananas**

Description	Acceptable
Bananas are elliptically-shaped and have a firm,	The acceptable ripeness of bananas depends on when
creamy flesh that is wrapped inside a thick, inedible	they are to be used. Acceptable bananas are quite firm,
peal.	but not too hard and are bright in appearance. The peel
	should not be crushed or cut. Acceptable bananas have
	the stems and tips intact and are free of bruises,
	malformation or abnormal curvature.
	Unacceptable bananas are those with signs of damage
	caused by low temperature or with fungal damage.

- 18. Bananas are ordered according to the degree of ripeness (i.e. Full ripe, hard ripe, and turning ripe). Characteristics are as follows:
  - a. Full ripe;
    - (1) no trace of green, with typical ripe banana colour;
    - (2) well flecked with light-brown to dark brown specks of a size from pinpoints to spots in 1/8 inch in diameter; and
    - (3) to be consumed within 24 hours.
  - b. Hard ripe;
    - (1) a bright banana colour with no trace of brown;
    - (2) firm texture;
    - (3) some astringency in flavour; and

<sup>&</sup>lt;sup>6</sup> This includes recycled material of food-grade quality.

- (4) 3 days required to ripen at room temperature.
- c. Turning.
  - (1) pale banana colour with a green tip;
  - (2) little flavour;
  - (3) sharp astringency; and
  - (4) 5-6 days required at room temperature to ripen.

#### 19. Bananas supplied must:

- a. be in compliance with the requirements of the <u>Fresh Fruit and Vegetable Regulations (C.R.C., c. 285)</u> and must be supplied in minimum grades of U.S. No. 1 (or the equivalent grade of the country of origin) as per Grades and Standards for bananas as outlined in the <u>USDA Food Distribution Specifications & US Grading Standards</u><sup>7</sup> and/or <u>Codex Alimentarius Standard for Bananas</u>;
- b. be the degree of ripeness specified;
- c. meet the criteria specified in Table 1 for acceptable products; and
- d. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10.

#### **Size**

20. The size of the banana does not affect its quality.

# **Storage and Distribution**

- 21. Export bananas are picked green, and then usually ripened in ripening rooms when they arrive in their country of destination. These are special rooms made air-tight and filled with ethylene gas to induce ripening. The flavour and texture of bananas are affected by the temperature at which they ripen.
- 22. Bananas are stored between 13.5 and 15 °C (57 and 59 °F) during transportation. At lower temperatures, the ripening of bananas permanently stalls. They should be stored at room temperature to allow for the ripening process to complete. Bananas should not be stored in the refrigerator when they are green, or this will irreversibly interrupt the ripening. Bananas must be delivered in good condition.

#### FQS-10-05 - Berries

# **Description**

- 23. Berries are broadly recognized as small, round or semi-oblong, usually brightly coloured, sweet or sour fruit. Many "berries" are not actual berries by the scientific definition, but fall into one of the following categories:
  - a. "false" berries, like blueberry and cranberry;
  - b. "aggregate" fruit, such as blackberry, raspberry; or
  - c. "other accessory fruit", such as the strawberry.

# FQS-10-05-01 - Table 1 - Berries

Variety of Berries	Description	Acceptable	Size	Grade
Blackberries	Ripen to a dull black in colour, are shiny and just beginning to soften	Plump, firm, and darkly coloured (fully black).	Fruit is medium to	<u>U.S.</u> <u>No. 1</u>

 $<sup>^{7}</sup>$  Fruit for which no Canadian Grade has been established must be supplied in compliance with U.S. No. 1.

	A-85-269-002/FP-Z01			
Variety of Berries	Description	Acceptable	Size	Grade
	and get sweet. Unripe berries will not ripen once picked and tend to be red or purple during their unripe phase.	The small depression in each droplet should be well filled. They should be solid and have juicy fruitlets. The berries should be free of dirt, mold, or decay. Red or hard, crushed or bruised berries are unacceptable.	large size.	
Blueberries	Range in colour from a deep sky blue to almost black with a natural waxy coating that gives them a silvery sheen, called bloom. Wild blueberries (low bush varieties) have a sweet intense flavour. High bush varieties are plump and juicy.	Acceptable berries have a sweet, fresh fragrance, a clean, dry appearance.  Berries that are purplish or pink on one side, dull, soft or watery are not acceptable.	Wild blueberries (low bush varieties) are small berries. High bush varieties are twice the size of the low bush variety.	Canada No. 1
Gooseberries	Gooseberries may be green, white (gray-green), yellow, or shades of red from pink to purple to almost black. The interior flesh, with many minute seeds at the center, will match the colour of the skin, but has a slightly translucent appearance. The flavour is a mixture of mixture of pineapple and strawberry flavour.  Gooseberries can be round, oblong or teardrop shaped, depending upon their variety. American gooseberry fruits are perfectly round, all becoming pink to winered at maturity and are very acidic. The pinkish or purplish tones berries are less tart. Later season dessert gooseberries (often red,	Acceptable berries are plump with a grape like texture, are hard an, dry with a rich sheen.  Those with a bright golden colour; green berries are not ripe.	Vary in size depending on variety. Fruits of the European gooseberry may be very large. American gooseberry fruits are smaller.	

	A-03-207-002/11-201			
Variety of Berries	Description	Acceptable	Size	Grade
	yellow or golden coloured) are sweeter and can be eaten raw. The freshest gooseberries are covered with fuzz.			
Cranberries	The berries range from light pink to deep bright red in colour. They are lightweight, smooth, and hard and have a very tart flavour.	Acceptable berries are firm, plump, and dry with good clear bright colour. Berries that show any signs of crushing are not acceptable.	Vary in size depending on the variety.	Canada No. 1
Raspberries	The berries can be intensely sweet or verging on pleasantly acidic and range in colour from light to dark red.	Acceptable berries are firm, dry that have good colour for their variety. Raspberries with containers marked with juice stains or overly soft, blemished or moldy are not acceptable.	Small to large in size.	<u>U.S.</u> <u>No. 1</u>
Strawberries	The berries range from soft to firm and medium red to dark red. Berries may continue to turn red after picking, but their flavour will not develop any further.	Are to be provided ripe, firm with even colour, glossy exteriors with the hulls intact. Berries with green or white patches, sign of mold, moisture or other surface damage are not acceptable.	Range in size from large to very large.	Canada No. 1

# 24. Berries supplied must:

- a. be the minimum grades as specified in <u>Table 1</u> (or the equivalent grade of the country of origin) as per Grades and Standards for the berries as outlined in the <u>Fresh Fruit and Vegetable Regulations</u> (C.R.C., c. 285), <u>Schedule I</u> and the <u>USDA Food Distribution Specifications & US Grading Standards</u><sup>8</sup>;
- b. be well-coloured for its variety;
- c. be clean;
- d. be mature;
- e. not be overly ripe;
- f. be dry;
- g. be free from attached stems or caps (except strawberries), mold, decay, insects or other damage;
- h. be free from evidence of freezing (softness and lack of bloom and colour);
- i. meet the criteria specified in <u>Table 1</u> for acceptable products; and
- j. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10.

 $<sup>^{8}</sup>$  Fruit for which no Canadian Grade has been established must be supplied in compliance with U.S. No. 1.

#### **Size**

25. See FQS-10-05-01 – Table 1 for information on size.

# **Storage and Distribution**

- 26. Berries quickly mold when left at room temperature. They may be kept fresh in the refrigerator for up to a week, depending upon the initial quality of the berry. After a few days in storage, however, the fruit loses its bright colour and fresh flavour and tends to shrivel.
- 27. Gooseberries should be stored between  $0^{\circ}$   $2^{\circ}$  C ( $32^{\circ}$   $36^{\circ}$  F), relative humidity 90 to 98%. Gooseberries will keep in the cooler for up to a week; then they soften and turn pinkish.
- 28. Berries must be delivered in good condition.

# FQS-10-06 – Carambola (Starfruit)

# **Description**

29. The carambola has five or six prominent ribs forming a star-like shape, each containing two seeds. The fruit has a more or less oxalic acid odour and the flavour ranges from very sour to mildly sweetish and tastes something like a mix of apple, pineapple, and Kiwi fruit.

#### FQS-10-06-01 - Table 1: Carambola (Starfruit)

Description	Acceptable
The skin is thin, light to dark yellow and smooth with a waxy cuticle. The flesh is light yellow-to-yellow, translucent, crisp and very juicy. When sliced crosswise, the carambola resembles a star, hence its name. When ripe, it's thin, edible skin changes from pale yellow to golden. Top of fins may turn brown as fruit ripens. Its juicy flesh is translucent, crisp and acidic.	Acceptable Starfruit are firm, bright, unblemished with a fruity aroma, shiny-skinned fruit that is yellow-green to yellow in colour.

- 30. Carambola(Starfruit) supplied must:
  - a. must meet the criteria specified in Table 1 for acceptable products; and
  - b. must meet all applicable criteria for supplying fresh fruit as indicated in FQS-10.

#### Size

31. 2 to 5 inches.

# **Storage and Distribution**

32. Star Fruit should be stored between  $7^{\circ}$  -  $10^{\circ}$  C ( $45^{\circ}$  -  $50^{\circ}$  F). Relative humidity - 85 to 95%. Handle ripe fruit with care to avoid damage to fins. Star Fruit must be delivered in good condition.

# FQS-10-07 - Cherimoya

#### **Description**

33. This South American tropical fruit is shaped like a pinecone. They are ripe when they are slightly soft to the touch.

#### **FQS-10-07-01 – Table 1: Cherimoya**

Description	Acceptable
Has a dull, gray-green, scaly skin. The soft, white pulp inside has large black (inedible, toxic) seeds and tastes like a creamy blend of tropical flavours, reminiscent of pineapples, Mangoes and strawberries. Cherimoyas turn purple-black when ripe. Their thin green "artichoke-like" skin feels like leather. Cherimoyas have a starchy base. Most of the starch is converted to sugar even when ripening off the tree. They are quick to ripen at room temperature and should be checked frequently to avoid over-ripening.	Acceptable fruit is compact fruit with unblemished skin and tightly packed corpels, once they have separated the fruit is past its best is unacceptable.  Acceptable fruits are yellow-green, firm and without blemishes. Fruit with dark spots and splotches is unacceptable.

- 34. Cherimoya supplied must:
  - a. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
  - b. must meet the criteria specified in <u>Table 1</u> for acceptable products.

#### Size

35. The fruit is large, 10-20 cm long and 7-10 cm diameter, weighing on the average 155 to 500 g, but the largest fruits may reach 2.25 kg in weight.

# **Storage and Distribution**

36. Hard Cherimoyas should be stored at room temperature until they give a little when squeezed, and then they should be refrigerated until they are ready to serve. Cherimoyas should be stored between  $0^{\circ}$  -  $2^{\circ}$  C ( $32^{\circ}$  -  $36^{\circ}$  F). Optimum humidity - 90 to 98%. The fruit is packed in single layer containers to prevent bruising. Cherimoya must be delivered in good condition.

# FQS-10-08 - Sweet Cherries

#### **Description**

37. Cherries are a small, round fruit. Sweet cherries are of two types: dark or black cherries (Bing), or creamy-coloured cherries with a blush of pink or red (Royal Ann). Royal Ann cherries are also called Napoleon.

FQS-10-08-01 - Table 1: Sweet Cherries

Variety of Cherries	Description	Acceptable
Dark Cherries or Black Cherries	Bing Cherries are large, firm heart-	Acceptable cherries are plump with
(Bing)	shaped cherries with mahogany	firm, smooth and bright-coloured
	skin, a relatively small stone; fruit	skins. They have green fresh-
	that is crisp and juicy, and flesh	looking stems intact and are clean
	that has a sweet, rich flavour.	and dry.
Royal Ann Cherries (Napoleon)	Royal Ann Cherries are a big	Choice Royal Ann cherries are ones
	heart-shaped cherry that is firm and	that are unblemished, shiny cherries
	juicy sweet. They have firm, white	with a good amount of blush
	flesh inside, and yellow skin with a	colouring, which indicates sun
	pink flush. The Royal Ann is used	exposure (which often indicates
	mainly for commercial canning	sweetness). A ripe cherry is heavy
	and to make maraschino cherries.	for its size, meaning it has plenty of
		juice, and is meatier and sweeter
		than an immature cherry.
		Unacceptable cherries are ones that
		are hard, small, and/or lighter in
		colour because they were probably
		picked before they were ripe. Soft
		or sticky fruit with a dull cast and
		shriveled skin are also unacceptable
		since they are probably overripe.

# 38. Cherries supplied must:

- a. be in the minimum grades of Canada No. 1 as per Grades and Standards for cherries as outlined in the Fresh Fruit and Vegetable Regulations (C.R.C., c. 285), Schedule I, and the Canadian Food Inspection Agency (CFIA) Food Inspection Manuals Cherries provides a detailed interpretation of the Fresh Fruit and Vegetable Regulations;
- b. be the type specified; must meet the criteria specified in Table 1 for acceptable products; and
- c. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10.

#### Size

39. Cherries must be of the size specified. Cherries range in size from 21.43 mm (12 row cherries) to 31.35 mm (18.5 rows).

# **Storage and Distribution**

40. Cherries must be stored between  $0^{\circ}$  -  $2^{\circ}$  C ( $32^{\circ}$  -  $36^{\circ}$  F) and a relative humidity - 90 to 98% and must be kept separated from strong-odour foods. Cherries must be delivered in good condition.

# FQS-10-09 - Coconut

#### **Description**

41. A coconut is a simple, dry fruit known as a fibrous drupe (not a true nut).

# **FQS-10-09-01 – Table 1: Coconut**

Description	Acceptable
It is large and nearly round with a hard, thick	Acceptable coconuts are heavy for their size and
medium brown shell covered with hair-like fibers.	"slosh" when shook. Unacceptable coconuts are ones
Three round depressions are found on one end of the	with cracks or that appear wet around the eyes.
fruit. White flesh inside is slightly sweet with a moist	
and slightly crunchy texture. A milk-like liquid is	
contained in the cavity inside. White flesh and liquid	
are edible. Coconuts may be treated with a wax	
coating or film-wrapped to help prevent moisture	
loss.	

# 42. Coconut supplied must:

- a. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- b. meet the criteria specified in <u>Table 1</u> for acceptable products.

# **Storage and Distribution**

43. Coconuts must be stored between  $0^{\circ}$  -  $2^{\circ}$  C ( $32^{\circ}$  -  $36^{\circ}$  F) and a relative humidity - 90 to 98%. Cut chunks or grated coconut must be stored in an airtight container. Coconuts must be delivered in good condition.

# FQS-10-10 - Dragon Fruit

# **Description**

44. Also called Pityaya. Dragon fruit has a bright red skin fruit with green scales that enhance the red skin colour. The sweet pitayas come in three types: Red Pitaya; Costa Rica Pitaya; and Yellow Pitaya. The brilliant, white flesh, which is eaten raw, is mildly sweet and dotted with the tiny, edible, black seeds which make for a similar texture to Kiwi.

FQS-10-10-01 - Table 1: Dragon Fruit

Variety of Dragon Fruit	Description	Acceptable
Red Pitaya	Leathery, slightly leafy red-skinned	Yellow dragon fruit are ripe when
	fruit with white flesh. This is the	golden all over. Both pink and
	most commonly-seen "dragon fruit".	yellow varieties should yield when
Costal Rica Pitaya	Leathery, slightly leafy red-skinned	gently squeezed in the hand.
	fruit with red flesh.	
Yellow Pitaya	Leathery, slightly leafy yellow-	
	skinned fruit with white flesh.	

# 45. Dragon Fruit supplied must:

- a. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- b. meet the criteria specified in <u>Table 1</u> for acceptable products.

#### **Storage and Distribution**

46. Dragon Fruit should be stored between  $0^{\circ}$  -  $2^{\circ}$  C ( $32^{\circ}$  -  $36^{\circ}$  F). Optimum humidity - 90 to 98%. Best eaten as soon as ripe, but fruits can be kept in a cooler for up to three days. Dragon Fruit must be delivered in good condition.

# FQS-10-11 - Grapefruit

# **Description**

47. Grapefruit are large round yellow citrus fruit with acidic juicy flesh. Grapefruit is classified as white or pink/red, seeded or seedless. White and pink/red grapefruit are similar in flavour. Grapefruit does not ripen further after harvest.

FQS-10-11-01 - Table 1: Grapefruit

Description	Acceptable
Light yellow peel with some pinkish, red tinge. Flesh ranges from light pink to deep red.	Grapefruit with smooth, blemish-free skins. Fruit should be heavy in size and well-shaped. Grapefruit may exhibit some re-greening of the skin which does not adversely affect internal fruit quality.

- 48. Grapefruit supplied must:
  - a. be the size specified;
  - b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
  - c. meet the criteria specified in <u>Table 1</u> for acceptable products.

# **Size**

49. Recommended size is a case count of 48.

# **Storage and Distribution**

50. Grapefruit must be stored between  $7^{\circ}$  -  $10^{\circ}$  C ( $45^{\circ}$  -  $50^{\circ}$  F) and a relative humidity - 85 to 95%. Store grapefruit in a well-ventilated area. Grapefruit must be delivered in good condition.

# **FQS-10-12 – Grapes**

# **Description**

51. Grapes are defined as either table or wine grapes, and they are further separated by whether they are European or American grapes. European (Vitis vinifera) grapes have a tight skin. American (Vitis labrusca) grapes, which are native to Canada and the eastern United States, have a looser skin that slips off the grape more easily, making them ideal for peeling. There are over 50 varieties of table grapes. Seedless grapes tend to be preferred over those with seeds. Several varieties are well known. Of these, Thompson and Perlettes are the most popular green-skinned grapes. Perlettes are recognizable, as they are about 30% bigger than Thompson. For colour variety, the seedless Red Flames and Ruby grapes are quite popular. They have more depth in flavour than the Thompson. Table 1 provides descriptions of common grape varieties.

**FQS-10-12-01 - Table 1: Grapes** 

Varieties of Grapes	Description	Acceptable
		Acceptable grapes are: fully matured, as grapes do not ripen further after
Black Exotics	Seeded grape with deep blue-black colour, crisp texture and mild flavour.	harvest; have full bunches with full plump grapes and green stems; have
Blue grapes	Large oval grape; bunches are conical in shape. Flavour is mellow and sweet.	few grapes that fall off when a bunch of grapes is shaken; and have seeds that brown and full and separate
Ribier grapes	Large seeded grape with firm blue-black skin and mild flavour.	easily from the pulp.  Unacceptable grapes have a dull
Champagne grapes	Tiny, round red grapes attached to thin, pliable stems in bunches. Champagne grapes are sweet and crisp.	colour, have brown or shriveling stems, and green seeds. Stems that pull out with the meat or grush attached or grapes that have a milky,
Thompson seedless grapes	Large clusters of oval green grapes; sweet flavour with a tight skin and an oblong shape.	opaque pulp and flat flavour indicate they have been frozen and are
Green Calmeria	Long oval shaped, seeded grapes with sweet tangy flavour.	unacceptable.
Green Perlettes	Round, firm, green grapes with mild and sweet to slightly tart flavour with a tight skin and an oblong shape.	
Red Flame	Round grape with sweet flavour and crunchy texture (seedless) and taunt flesh.	
Ruby	Round grape with tender skin, sweet flavour and taunt flesh.	
Red Emperor	Large seeded grape; sweet flavour.	

Red Globe	Large, seeded grape with sweet and mild flavour.	

#### 52. Grapes must:

- a. be supplied in minimum grades of Canada No. 1 (or the equivalent grade of the country of origin) as per Grades and Standards for grapes as outlined in the <u>Fresh Fruit and Vegetable Regulations</u> (C.R.C., c. 285), Schedule I;
- b. be the variety specified;
- c. be well-coloured bunches with plump berries firmly attached to green, pliable stems;
- d. be consistent with the colour and shape of the particular variety;
- e. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- f. meet the criteria specified in Table 1 for acceptable products.
- 53. Grapes purchased outside of Canada must be in full compliance with the:
  - a. Fresh Fruit and Vegetable Regulations (C.R.C., c. 285); or
  - b. meet all the requirements as outlined in the <u>USDA Food Distribution Specifications & US Grading Standards</u>; and/or
  - c. meet all the requirements as outlined in the Codex Alimentarius Standard for Table Grapes and/or;
  - d. meet all the requirements of applicable local food legislation whenever those requirements are stricter. All grapes must be obtained by sources approved by the applicable local and international laws, regulations, procedures and requirements;
  - e. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
  - f. meet the criteria specified in Table 1 for acceptable products.

# **Storage and Distribution**

54. Grapes should be stored between 0° - 2° C (32° - 36° F). Relative humidity - 90 to 98%. Store grapes, unwashed, in the cooler for up to 1 week. Maintain adequate air circulation during storage. Keep grapes away from ethylene-producing fruits and ripening rooms. Grapes must be delivered in good condition.

# **FQS-10-13 – Guava**

# **Description**

55. Guava fruits are tropical fruits which are apple or pear-shaped with 4 or 5 protruding floral remnants (sepals) at the apex. Varieties differ widely in flavour and seediness.

#### FQS-10-13-01 - Table 1: Guava

Description	Acceptable
The flesh may be white, pink, yellow, or red. The	Acceptable Guavas are soft when ripe, are creamy in
sweet, musky odour is pungent and penetrating. The seeds are numerous but small and, in good varieties, fully edible. Actual seed counts have ranged from 112 to 535.	texture, and have a rind that softens to be fully edible.

- 56. Guava purchased inside or outside of Canada:
  - a. must meet all the requirements as outlined in the Codex Alimentarius Standard for Guavas;
  - b. must meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
  - c. must meet the criteria specified in <u>Table 1</u> for acceptable products.

#### Size

57. 2 - 4 inches long.

# **Storage and Distribution**

58. Do not refrigerate. Guava must be delivered in good condition.

# FQS-10-14 - Kiwi

# **Description**

59. Kiwifruit is a plump, small, oblong subtropical fruit.

# FQS-10-14-01 - Table 1: Kiwi

Description	Acceptable
Kiwifruit has a fibrous, dull green-brown, fuzzy skin. The flesh is emerald green with tiny, edible black seeds. The flavour is mild and sweet.	Acceptable Kiwi are plump with no wrinkles or signs of exterior damage.

- 60. Kiwifruit supplied must:
  - a. be in the minimum grades of U.S. No. 1 (or the equivalent grade of the country of origin) as per Grades and Standards for Kiwifruit as outlined in the <u>USDA Food Distribution Specifications & US</u> Grading Standards<sup>9</sup>;
  - b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
  - c. meet the criteria specified in Table 1 for acceptable products.

#### Size

61. The most common Kiwifruit are oval, about the size of a large hen's egg (5-8 cm / 2-3 in long and 4.5-5.5 cm / 13/4-2 in diameter).

# **Storage and Distribution**

<sup>&</sup>lt;sup>9</sup> Fruit for which no Canadian Grade has been established must be supplied in compliance with U.S. No. 1.

62. Kiwifruit must be stored between 0° - 2° C (32° - 36° F) and a relative humidity of 90 to 98%. Unripe Kiwifruit is extremely sensitive to ethylene; exposure will accelerate softening. Kiwi must be delivered in good condition.

# **FQS-10-15** – **Lemon**

# **Description**

63. A citrus fruit oval in shape, with a pronounced bulge on one end. Lemons are one of the most versatile fruits around. California and Arizona produce most lemons. Primary varieties are Eureka and Lisbon.

#### FQS-10-15-01 - Table 1: Lemon

Description	Acceptable
Lemons have smooth, firm, bright yellow skins, though some lemons are variegated with longitudinal stripes of green and yellow or white. It is aromatic, dotted with oil glands. The peel is 1/4 to 3/8 in (6-10 mm) thick. The pulp is pale-yellow. Lemons have 8 to 10 segments, are juicy, and acidic. Some fruits are seedless, but most have a few seeds.	Acceptable lemons are unblemished, firm, and heavy for their size and have no tinges of green. They have fine-textured, thin, smooth skins. Ripe lemons should have a pleasant citrus fragrance.  Unacceptable lemons are bruised, discoloured, wrinkled or have blemished skins with hard, dry or broken rinds, scabs or other defects. Pale lemons, are also unacceptable as they are older, and will contain less juice.

# 64. Lemon supplied must:

- a. be in the minimum grades of U.S. No. 1 (or the equivalent grade of the country of origin) as per Grades and Standards for lemons as outlined in the <u>USDA Food Distribution Specifications & US Grading Standards</u>. 10
- b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- c. meet the criteria specified in Table 1 for acceptable products.

#### Size

65. When packed in closed containers the size must be indicated by marking the container with the numerical count. The fruit is 2 3/4 to 4 3/4 in (7 -12 cm) long.

# **Storage and Distribution**

66. Lemons should be stored between  $7^{\circ}$  -  $10^{\circ}$  C ( $45^{\circ}$  -  $50^{\circ}$  F) and a relative humidity - 85 to 95%. Store lemons away from foods with strong odours and ethylene producing fruits. Lemons must be delivered in good condition.

#### **FQS-10-16** – **Limes**

# **Description**

67. Limes are citrus fruit grown in Florida, Caribbean Islands and Mexico. Limes must be picked ripe as limes do not ripen further after harvest.

 $<sup>^{10}</sup>$  Fruit for which no Canadian Grade has been established must be supplied in compliance with U.S. No. 1.

#### **FQS-10-16-01 – Table 1: Limes**

Varieties of Limes	Description	Acceptable
Tahiti or Persian limes	Produced in Florida, Tahiti or Persian limes are thin, smooth and have shiny skins. They are a brilliant green colour and have a sweet-tart flavour.	Acceptable limes are heavy for their size are firm with smooth, shiny bright green to yellow-green fine textured thin skins and are well formed. Unacceptable limes are light in weight, shriveled, spongy or
Mexican	Mexican varieties of limes are thin-skinned fruit with yellow-green colour and sweettart flavour. There are two kinds; sour and sweet.	significantly discoloured with blemished, dry or broken rinds. Limes with bruises, scabs or other defects or decay are also unacceptable. Immature limes have a high acid and low sugar flavour and lacks juice.

# 68. Limes supplied must:

- a. be in the minimum grades of U.S. No. 1 (or the equivalent grade of the country of origin) as per Grades and Standards for limes as outlined in the <u>USDA Food Distribution Specifications & US Grading Standards</u>;
- b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- c. meet the criteria specified in <u>Table 1</u> for acceptable products.

# **Storage and Distribution**

69. Limes should be stored between  $7^{\circ}$  -  $10^{\circ}$  C ( $45^{\circ}$  -  $50^{\circ}$  F) and a relative humidity of 85 to 95%. Store limes in a well-ventilated area and away from direct sunlight. Handle limes with care to avoid bruising and internal decay. Store limes in the cooler for up to 10 days. Limes are very low producers of ethylene and are sensitive to ethylene exposure. Limes must be delivered in good condition.

# FQS-10-17 - Lychee

#### **Description**

70. Lychee fruit is a small round tropical and subtropical fruit. Only the pulp is edible. It may be eaten fresh or cooked. Lychees do not ripen further after harvest.

# **FQS-10-17-01 – Table 1: Lychee**

Description	Acceptable
Lychee fruit is fruit covered by a thin, bark-like,	Lychee should have the stem still attached. The
bumpy red to brown-coloured shell. The pulp is gray-	redness of the shell indicates its freshness. Unripened
white and translucent with a single, large seed. Pulp	lychees have a bitter taste. The best practical test is to
texture is similar to a grape with a translucent white to	taste the fruit, which should be quite sweet.
pale cream colour. Lychee fruit has a sweet flavour is	
similar to grapes or cherries.	

# 71. Lychee supplied must:

a. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and

b. meet the criteria specified in <u>Table 1</u> for acceptable products.

#### Size

72. About 1 to 1/5 inches in diameter

# **Storage and Distribution**

73. Lychee should be stored between  $0^{\circ}$  -  $2^{\circ}$  C ( $32^{\circ}$  -  $36^{\circ}$  F) and a relative humidity - 90 to 98% to delay moisture loss and colour change from red to brown, store leeches in a perforated plastic bag. Lychee must be delivered in good condition.

# **FQS-10-18 – Mango**

# **Description**

74. Mangos are a fleshy stone tropical fruit. Mangos are similar to a pear in size but may be variable in size and colour. Only the flesh is edible. Unripe Mangos are fairly firm with green skin. Mangos continue to ripen after harvest.

# FQS-10-18-01 - Table 1: Mango

Description	Acceptable
The fruits may be kidney-shaped, oval or (rarely) round. The colour may range from yellow, orange, red or green. The flesh is juicy and a yellow-orange colour. The flavour is pleasant and rich and high in sugars and acid. It has a thin skin that turns from green to yellow-green or yellow with a red blush as the fruit ripens. The leathery skin is waxy and smooth. When ripe, the unpeeled fruit gives off a distinctive resinous sweet smell. In its center is a single, flat, oblong seed that can be fibrous or hairy on the surface.	Acceptable Mangos are slightly firm, yield to gentle pressure, are well- shaped, free of bruises and blemishes, and emit a fruity aroma. Mangos with sap on the skin are unacceptable.

# 75. Mango supplied must:

- a. be in the minimum grades of U.S. No. 1 (or the equivalent grade of the country of origin) as per Grades and Standards for Mango as outlined in the <u>USDA Food Distribution Specifications & US Grading Standards</u>.<sup>11</sup>
- b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- c. meet the criteria specified in <u>Table 1</u> for acceptable products.

# Size

76. They range in size from 8 ounces to around 24 ounces and are 2 to 9 inches long.

# **Storage and Distribution**

77. Mangos should be stored between  $16^{\circ}$  -  $18^{\circ}$  C ( $60^{\circ}$  -  $65^{\circ}$  F) and a relative humidity - 85 to 95%. Mangos must be delivered in good condition.

# FQS-10-19 – Mangosteen

 $<sup>^{11}</sup>$  Fruit for which no Canadian Grade has been established must be supplied in compliance with U.S. No. 1.

# **Description**

78. Mangosteen is the fruit of a tropical evergreen tree. It is known as the Queen of Fruit. A Mangosteen is typically opened by pressing firmly or twisting the outside until it breaks apart. The bitter rind is inedible.

FQS-10-19-01 - Table 1: Mangosteen

Mangosteens are apple-shaped purple fruit slightly smaller than a tennis ball with leathery, reddish-brown skin, which is deep purple when ripe. The flesh is divided into 4-8 segments of white, juicy, soft flesh each containing a large seed. The number of segments is matched by the number of points on the protrusion from the underside of the fruit. Mangosteens have a very sweet, refreshing flavour. The Mangosteen has flavours that range from strawberry, peach, vanilla ice cream but more highly perfumed. The fragrant edible	Description	Acceptable
flesh can be described as sweet and tangy, citrusy with peach flavour and texture.	smaller than a tennis ball with leathery, reddish-brown skin, which is deep purple when ripe. The flesh is divided into 4-8 segments of white, juicy, soft flesh each containing a large seed. The number of segments is matched by the number of points on the protrusion from the underside of the fruit. Mangosteens have a very sweet, refreshing flavour. The Mangosteen has flavours that range from strawberry, peach, vanilla ice cream but more highly perfumed. The fragrant edible flesh can be described as sweet and tangy, citrusy with	on the stem. The fruit is firm, and the colour should be consistent, with no blotchy or discoloured areas.  Unacceptable fruit has yellow patches on the skin or brown leaves and stems, both of which indicate an

# 79. Mangosteen supplied must:

- a. be in the minimum grades of "extra class" as per Standards for Mangosteens as outlined in the Codex Alimentarius –Standard for Mangosteens;
- b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- c. meet the criteria specified in <u>Table 1</u> for acceptable products.

#### **Size**

80. About 2-3 inches in diameter.

#### **Storage and Distribution**

81. Mangosteens should be stored between  $7^{\circ}$  -  $10^{\circ}$  C ( $45^{\circ}$  -  $50^{\circ}$  F) and a relative humidity - 85 to 95%. Handle Mangosteens with care to prevent bruising. Keep cool and dry. Mangosteens must be delivered in good condition.

# **FQS-10-20 – Melons**

#### **Description**

82. Melons are sweet edible fruits that belong to the gourd family. Most melons do not increase in sugar content after picking and therefore should be picked ripe. Maturity is indicated by flavour, sweetness, heavy aroma, and colour.

FQS-10-20-01 - Table 1: Variety of Melons

Variety	Description	Acceptable	Inacceptable
Cantaloupe	Oval-shaped with beige skin, covered with white vein-like lines or netting. Its sweet flesh can be either salmon-pink or orange-yellow; some varieties can even be green. The center of the cantaloupe is filled with a mass of tiny inedible pips.	Heavy with dry skin, free of soft spots. Cantaloupe will have large webbing or netting on the skin which should be slightly raised on the surface and it should have a lightly fragrant scent. Good-quality will have yellow/orange colouring and be slightly soft on the stem end (firm elsewhere). The scar at the stem end should be a smooth and well-rounded cavity. The seeds inside a juicy melon will rattle when shaken. Often, melons will have a decidedly bleached side that rested on the soil this does not affect the quality of the melon. Refer to Safe Handling of Melons - Food Safety - Health Canada for additional information on the food safety risks associated with melons.	Melons with a rough stem end with portions of the stem remaining - this means the melon was harvested too early. Product with green colouring, soft or sunken spots or dark and dirty spots that look moldy are all signs of poor quality.
Casaba Melon	Bright yellow melon has a ribbed, wrinkled rind. The flesh is pale and sweet, but does not have a lot of flavour. Casabas are a somewhat round melon with a ridged skin that is bright yellow with a greenish cast. The flesh is green, juicy, and lightly sweet.	Have uniform colouring (rich yellow with very little green on the skin).  Good-quality Casaba melons are fairly large and firm with a small amount of softness at the stem end.  The rind will be ridged when the melon has been allowed to ripen on the vine and the skin will have a slightly waxy feel when the melon is ripe.	Melons that are too firm, too soft, has dark blemishes on the skin or is extremely green-coloured.
Crenshaw	A cross between a Casaba and a Persian melon. Smooth yellow- green rind with mustow grooves. The rind colour changes from predominantly	Fairly large and firm with a small amount of softness at the stem end. The colouring will be rich yellow with green tinges on the skin. The skin will have a slightly waxy feel when the melon is ripe.	Melons that are too firm, too soft, has dark blemishes on the skin or is extremely green-coloured.

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Variety	Description	Acceptable	Inacceptable
	green to a yellow-gold tint when it is ripe, with an aromatic flesh that is sweet, juicy, and lightly spiced. This spicy-scented melon is juicy and sweet, but it is fragile.		
Honeydew Melon	These large melons have either green or orange flesh. As they ripen, they turn from green to creamy white to yellow. Perfectly ripe honeydew will yield just a bit to pressure at the blossom end and have a sticky, velvety rind. It is slightly elongated and can weigh up to three kilos. Its pale green flesh is very sweet and has a delicate, floral scent.	Have a creamy yellow colour and the skin will have a slightly waxy feel when ripe. They will be firm with a small amount of softness at the stem and will be fairly large - those weighing about 5 pounds have the best flavour. The seeds of an especially juicy melon will rattle if the melon is shaken.	Melons that are too firm or too soft and have dark blemishes on the skin.  Overly green honeydews are also unacceptable because they will never ripen.
Watermelon	There are two types of watermelon: the Mediterranean, which is round, and the American, which is oval. Its skin is smooth, and can be a marbled green or dark green in colour. Its flesh, while generally red, can also be white, pink or yellow; its texture can be slightly crumbly due to its water content. The melon contains many	Firm, evenly-shaped, heavy for its size, has a deep-pitched tone when slapped with an open palm and the rind overall has a healthy sheen.  Yellow on one side of the melon is where the fruit contacted the ground and does not affect quality heavy melon with smooth unblemished skin. Its juicy red flesh should not have any white streaks.	Melons are partially white or pale green, soft overall, have soft spots or are leaking a milky-white fluid, or have any dents, bruises or cuts. When using the open palm technique for ripeness, avoid melons with a high-pitched tone or a dead, thudding sound.

Variety	Description	Acceptable	Inacceptable
	smooth seeds that can		
	be brown, black,		
	yellow or red. There is		
	also a seedless variety		
	but it is not as sweet as		
	melons with seeds.		
	Watermelons do not		
	ripen any further once		
	they are cut from the		
	vine.		

# 83. Melons supplied must:

- a. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- b. meet the criteria specified in <u>Table 1</u> for acceptable products.

#### **Storage and Distribution**

84. Melons must be delivered in good condition.

# FQS-10-21 - Nectarines

# **Description**

- 85. Nectarines are a stone fruit and a type of peach created due to a recessive gene. They taste very similar to peaches, with a touch more acidity.
- 86. There are over 150 varieties that do not really differ that much from each other. Some of the more common varieties grown include Arctic Sweet, August Glo, Fantasia, Firebrite, Flaming Red, May Glo, Panamint, Snow Queen and Swanzee. More important distinction than the various varieties are the two main categories of Nectarines: Clingstones, whose flesh is hard to separate from the pit, and Freestones, whose flesh detaches easily from the pit.

FQS-10-21-01 - Table 1: Nectarines

Description	Acceptable
The nectarine is characterized by its rich colour and yellow or creamy smooth skin with a maroon-red to bright red blush. Its fragrant flesh can be white, yellow or pinkish and slightly red near the large pit or stone in the middle. The colour of the flesh does not influence the texture or taste of the fruit.	Acceptable nectarines are plump, firm but not hard, and well coloured with smooth, unblemished skins.  The skin should be deep red to yellowish.  Hard, bruised or squishy nectarines are unacceptable.  Fruit that has been picked too early are greenish and are unacceptable as they will not age properly.

# 87. Nectarines supplied must:

- a. be in the minimum grades of U.S. No. 1 as per Grades and Standards for nectarines as outlined in the <u>USDA Food Distribution Specifications & US Grading Standards</u>;
- b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and

c. meet the criteria specified in <u>Table 1</u> for acceptable products.

# Size

88. In general, nectarines vary from small to large size with an average diameter of 2.25 to 2.75 inches.

# **Storage and Distribution**

89. Nectarines should be stored between  $0^{\circ}$  -  $2^{\circ}$  C ( $32^{\circ}$  -  $36^{\circ}$  F) and a. relative humidity - 90 to 98%.

#### FQS-10-22 - Oranges

# **Description**

- 90. Oranges are round citrus fruits with finely-textured skins that are orange in colour just like their pulpy flesh; the skin can vary in thickness from very thin to very thick.
- 91. Oranges are classified into two general categories, sweet and bitter, with the former being the type most commonly consumed. Popular varieties of the sweet orange include Valencia and Navel oranges, as well as the blood orange, a hybrid species.
- 92. When selecting oranges, look for fruit with a shiny skin free of blemishes, wrinkles, soft areas, or mold. The oranges should be heavy for their size indicating they are full of juice. All citrus is waxed to replace natural wax that is removed during the washing process. Lighter fruit has more skin and drier pulp resulting in less juice. Select navel oranges with small sized navels, because oranges with larger navels indicate that they were overripe when picked. Choose fruit with thin skins. Puffy or spongy fruit with wrinkled, coarse rinds and pointed sharp necks lack juice and flavour.<sup>12</sup>

FQS-10-22-01 - Table 1: Variety of Oranges

Variety	Description	Acceptable
Blood Oranges	Small to medium-sized, round fruit with smooth or slightly pitted peel and few seeds. Peel colour is orange with red blush. Juicy pulp is burgundy red in colour. Flavour is rich orange with a hint of raspberries.	Well-shaped and exhibit thin, orange peels with some red blush or no blush at all. Firm and heavy for their size. For the juiciest, sweetest fruit, look for oranges with a sweet, clean fragrance.
Clementines	Oblate, small fruit. The exterior is a deep orange colour with a smooth glossy skin and loose peel. Heavy for size. Bumps on skin are normal. Loose, puffy skins, which is no indication of quality.	Peel colour and texture that is characteristic of the particular variety.  Heavy for their size.
Mandarins	Known as "easy peelers", small citrus fruit. They resemble slightly flattened oranges with loose orange skin and have a fragrant aroma. Heavy for size. Bumps on skin are normal. Many varieties of mandarins have loose, puffy skins, which is no indication of quality.	Heavy for their size.

 $<sup>^{12}</sup>$  Wrinkling and coarseness of texture in mandarins and elementines is no indication of quality.

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Variety	Description	Acceptable	
Navel	Juicy, sweet flavour; contain very few seeds. Orange to orange yellow in colour. Good for eating out-of-hand.	Should be firm, heavy for size, and have fine-textured skin.	
	Many oranges go through a re-greening process on the tree in which the skin colour begins to turn from orange back to green again. Re-greening does not affect the		
	flavour quality of the orange.  Does not ripen further after harvest.		
Valencia	Thin-skinned orange with juicy, sweet flavour and some seeds. Good for juicing or eating out-of-hand. Skin colour of a ripe orange range from orange to greenish orange. Many oranges go through a regreening process on the tree in which the skin colour begins to turn from orange back to green again. Re-greening does not affect the flavour quality of the orange.	All varieties should be firm, heavy for size, and have fine-textured skin.	
Tangerines	The peel of a tangerine is easy to remove, and tends to be slightly loose over the fruit below, which can make it difficult to determine whether or not a piece of fruit is of high quality. Once the peel is removed, the segments of the tangerine are also easily separated, and most varieties have an abundance of seeds. There are several varieties available. The Darcy variety is pebbly, red-orange skin; easy to peel. Deep orange interior with some seeds; sweet, mellow flavour. The Fairchild variety is pebbly, deep orange skin; easy to peel. Bright orange interior with some seeds. The Honey variety has smooth, yellow-orange skin; easy to peel. Deep orange interior with some seeds; sweet, rich flavour. Does not ripen further after harvest.	Firm to hard fruits which feel rather heavy for their size. The peel may have a pebbly appearance, but it should not be discoloured. Can often be found with their stems and leaves attached.	

# 93. Oranges supplied must:

a. be in the minimum grades of U.S. No. 1 (or the equivalent grade of the country of origin)as per Grades and Standards for Oranges as outlined the <u>USDA Food Distribution Specifications & US</u>

<u>Grading Standards</u> for Oranges from California and Arizona, USDA Food Specifications for Oranges from Florida, and USDA Food Specifications for Oranges from U.S. States other than Florida, California and Arizona. Oranges from outside the U.S. must meet all the requirements as outlined in the <u>Codex Alimentarius – Standard for Oranges</u>;

- b. be the size and variety indicated;
- c. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- d. meet the criteria specified in <u>Table 1</u> for acceptable products.

#### **Size**

- 94. Oranges usually range from approximately two to three inches in diameter. The common acceptable count size is 113.
- 95. <u>Table 2</u> below provides orange count sizes per carton.

FQS-10-22-02 - Table 2: Variety of Oranges

Orange Count Size		
Number per carton	Size of Oranges	
100	Approximately 3 inches	
125	Approximately 3 inches	
163	Approximately 2 inches	
200	Approximately 2.5 inches	
252	Approximately 2 inches	
324	Approximately 2 inches	

#### **Storage and Distribution**

96. Oranges must be stored at  $7^{\circ}$  -  $10^{\circ}$  C ( $45^{\circ}$  -  $50^{\circ}$  F and a relative humidity of 85 to 95%. Oranges must be delivered in good condition.

# FQS-10-23 - Papaya

# **Description**

97. Papaya Fruit is a pear shaped exotic tropical fruit native to Central America. Small black seeds fill the centre cavity. The edible seeds have a spicy flavour somewhat reminiscent of black pepper. The skin of the Papaya is not edible Papaya continues to ripen after harvest.

#### **FQS-10-23-01 - Table 1: Papaya**

Description	Acceptable
Papaya skin has amber to orange hue when ripe. The flesh is bright orange or pinkish, depending on the variety, with small black seeds clustered in the center. The fruit is ripe when it feels soft. The fruit's taste is vaguely similar to pineapple and peach, although much milder without the tartness.  There are two types of Papaya; Mexican and Hawaiian. Mexican Papayas are much larger than the Hawaiian types and may weigh up to 10 pounds and be more than 15 inches long. The flesh may be yellow, orange or pink. The flavour is less intense than that the Hawaiian Papaya. Varieties include Kapoho and Sunrise. Both are pear shape with a smooth greenish-yellow skin that turns yellow-orange as the fruit ripens.	Acceptable fruit is mostly yellow with a bit of green. When fully ripe, the skin is bright yellow. Unripe fruit will be an overall light yellowish-green, but not completely green. Ripe fruit should be firm yet yield to gently pressure, feel heavy for its size and have smooth skin with no blemishes. As long as not a result of bruises or cuts, a few black or moldy spots are perfectly okay and will not affect the flavour of the flesh.  Unacceptable Papayas are those that are too hard, green and are too soft or bruised.

# 98. Papayas supplied must:

- a. meet all the requirements as outlined in the <u>Codex Alimentarius Standard for Papaya</u>;
- b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- c. meet the criteria specified in <u>Table 1</u> for acceptable products.

# **Size**

99. The average Papaya is six inches long and generally weighs about one to two pounds.

# **Storage and Distribution**

100. Papaya should be stored between  $16^{\circ}$  -  $18^{\circ}$  C ( $60^{\circ}$  -  $65^{\circ}$  F) and a relative humidity of 85 to 95%. Papayas must be delivered in good condition.

# FQS-10-24 - Peaches

# **Description**

101. Peaches are tender, flavourful stone fruits. Peaches are broken into two categories, freestone and clingstone. The pit of a freestone peach comes out easily when the fruit is split, while clingstone peaches do not yield their pits as readily. When the corrugated pit of a peach is split, it has a single toxic seed. Peaches do not ripen successfully after picking.

#### **FQS-10-24-01 - Table 1: Peaches**

Description	Acceptable
They are spherical in shape, with a distinctive horizontal indentation running along one side from stem to tip. Peaches come in a range of colours from white to rich orange on the inside and have a very delicate flesh. The characteristic fuzzy skin is creamy or yellow in colour with varying degrees of red blush. Flavours range from sweet to slightly tart. A ripe peach is extremely aromatic, and it gives slightly under gentle pressure.	Acceptable peaches are bright, fresh-looking and have a creamy or yellow skin colour with varying degrees of red blush. They are firm but give to gentle palm pressure.  Unacceptable peaches are immature peaches with a pale yellow colour greenness, has poor flavour and high acidity. Peaches with a hard rubbery flesh are also unacceptable. Gum exuding over a tiny mark indicates insect damage.

# 102. Peaches supplied must:

- a. be in the minimum grades of Canada No. 1 (or the equivalent grade of the country of origin) as per Grades and Standards for peaches as outlined in the <u>Fresh Fruit and Vegetable Regulations (C.R.C., c. 285)</u>, Schedule I;
- b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- c. meet the criteria specified in <u>Table 1</u> for acceptable products.

#### **Size**

103. Approximately 6-8 peaches per kg.

#### **Storage and Distribution**

104. Peaches should be stored between  $0^{\circ}$  -  $2^{\circ}$  C ( $32^{\circ}$  -  $36^{\circ}$  F) and a relative humidity of 90 to 98%. Peaches must be delivered in good condition.

# **FQS-10-25 - Pears**

# **Description**

105. A pear is a fruit that varies from apple-shaped to teardrop-shaped. Its skin colour ranges from light yellow through red and brown. The flesh of pears is juicy and in some varieties, such as Asian pears, almost translucent. Pears are purchased on the bases of size, grade, and use. Pears are picked at a slightly immature stage as tree ripened fruit is apt to be coarser and rough appearing.

FQS-10-25-01 - Table 1: Varieties of Pears

Variety	Description	Acceptable
Bartlett	Bell-shaped irregular fruit with thin skin that turns from green to	Acceptable pears are
Pears	yellow as fruit ripens; may exhibit some pink or red blush. Surface	clean, bright, and smooth
	may be uneven. White, slightly granular, very juicy flesh with sweet	skinned, unwrinkled, and
	flavour. Continues to ripen after harvest. Ideal for fresh eating, salads,	free of blemishes. Ripe
	desserts and with cheese trays.	pears are firm but give a
		little when pressed gently
Bosc	Symmetrical bell-shape with long, tapering neck and is firm and	at the stem end. Unripe
Pears	crunchy. Skin is a cinnamon brown russet in colour and flesh is tender	pears should be fairly

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Variety	Description	Acceptable
D'Anjou	and sweet.  Continues to ripen after harvest. Ideal for use in baking, broiling or poaching. They retain their shape and texture better than other varieties, and their flavour is less likely to be overwhelmed by the use of spices like cinnamon, clove or nutmeg. They are also excellent for fresh eating.  Egg shape with thin, light green to yellow-green skin with brown	firm with no cuts or bruises. Skin colour should be consistent with variety.
Č	speckles or russetting. Creamy, fine-textured flesh with a spicy and sweet flavour. Skin colour does not change as fruit ripens. Continues to ripen after harvest. Anjous are best when sliced fresh in salads or eaten as an out-of-hand snack. They are also a good baking, poaching or roasting pear when used before they reach maximum ripeness.	
Clapp	Smooth, greenish yellow, often blushed. Flesh is fine, juicy and may have some grit at centre. Ideal for fresh eating, salads, desserts and with cheese trays.	

#### 106. Pears supplied must:

- a. be in the minimum grades of Canada No. 1 (or the equivalent grade of the country of origin) as per Grades and Standards for pears as outlined in the <u>Fresh Fruit and Vegetable Regulations (C.R.C., c. 285)</u>, <u>Schedule I</u>;
- b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- c. meet the criteria specified in Table 1 for acceptable products.

# 107. Pears purchased outside of Canada must

- a. be in full compliance with the Fresh Fruit and Vegetable Regulations (C.R.C., c. 285); and/or
- b. be supplied in minimum grades of U.S. No. 1 as per Grades and Standards for pears as outlined in the <u>USDA Grades and Standards for Summer and Fall Pears</u> and <u>USDA Grades and Standards for Winter Pears</u>;
- c. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- d. meet the criteria specified in Table 1 for acceptable products.

#### **Size**

108. Best size is 110-135 count.

#### **Storage and Distribution**

109. Should be stored between 0° - 2° C (32° - 36° F).and a relative humidity of 90 to 98% Pears should be ripen at 15° to 18°C (60 - 65°F) for 3 to 5 days. Handle pears with care to prevent bruising. Do not drop shipping containers on floor. Pears produce a high amount of ethylene and are sensitive to ethylene exposure as it accelerates ripening and flesh softening. Do not store near apples. Pears must be delivered in good condition.

# FQS-10-26 - Pineapples

#### **Description**

110. Pineapple is the fruit of a tropical plant given its name because of its resemblance to a pinecone. A pineapple will never become riper then it was when it was harvested.

# **FQS-10-26-01 – Table 1: Pineapples**

Description	Acceptable
Pineapple is an Oval to cylindrical-shaped fruit characterized by a dry, crisp shell and dark green crown leaves. Shell colour of a ripe pineapple ranges from greenish-brown to golden brown. Interior flesh is firm, juicy and ranges from nearly white to yellow light yellow with a sweet to sweet-tart flavour. The true test for ripeness in all pineapples, especially green ones, is to look at the bottom of the fruit. A yellow colour breaking through the bottom indicates that sugar has developed in the pineapple and it is ready to eat.	Acceptable pineapples are fully ripe. They are tough with a waxy rind which may be dark green, yellow, orange-yellow or reddish. They should look fresh with deep green leaves that show no yellowing, browning or dryness. Acceptable pineapple will give off a good, fresh tropical smell, they should be heavy for their size, be well shaped and have dry and crisp shells.  Unacceptable pineapples have leaves that are discoloured have surface mold, have any discolouration of the skin or have soft spots and dark or watery eyes (thorny studs within the puffy squares of the skin).

# 111. Pineapples supplied must:

- a. be in the minimum grades of U.S. No. 1 (or the equivalent grade of the country of origin) as per Grades and Standards for pineapples as outlined in <u>USDA Food Distribution Specifications & US Grading Standards</u>; and/or
- b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- c. meet the criteria specified in Table 1 for acceptable products.

#### 112. Pineapples from outside Canada must:

- a. meet all the requirements as outlined in the <u>USDA Food Distribution Specifications & US Grading Standards</u>; and/or
- b. meet all the requirements as outlined in the <u>Codex Alimentarius Standard for Pineapples</u>;
- c. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- d. meet the criteria specified in Table 1 for acceptable products.

#### Size

113. Recommended size is 18. The average diameter of a pineapple is 4 to 5 inches.

# **Storage and Distribution**

114. Pineapples should be stored between  $7^{\circ}$  -  $10^{\circ}$  C ( $45^{\circ}$  -  $50^{\circ}$  F) and a relative humidity - 85 to 95%. Pineapples must be delivered in good condition.

#### **FQS-10-27 – Plums**

#### **Description**

115. Plums are relatives of the peach, nectarine and almond. Depending on the variety, they range in flavour from sugary-sweet to tangy and almost sour tasting. Plums are smooth-skinned and are usually rounded,

although they can also be oval or heart-shaped. Some are much firmer fleshed than others. They come in many shapes and colours. All plums contain a large flat seed.

FQS-10-27-01 - Table 1: Variety of Plums

Variety	Description	Acceptable
Damson Plums Black Plums	Small, round shape fruit with smooth, shiny deep black to purple-black skin and amber flesh. The flavour is very strong and tart, which makes them more. Continues to ripen after harvest.  Round shape, smooth, shiny black to purple-black skin and amber flesh. Plums range in shape and flavours vary from sweet to slightly tart. Continues to ripen after harvest.	Acceptable plums are smooth, plump and fairly firm with colouring that is consistent with the specific varieties. Colour may not indicate ripeness, but a softening at the tip may, if the fruit is not bruised. Unacceptable plums are soft and overripe
Green Plums	Oval shape with slightly pointed ends; smooth shiny greenish-yellow skin and yellow-white flesh. Plums range in shape and flavours vary from sweet to slightly tart. Continues to ripen after harvest.	or show fruit with signs or insect damage or rot.
Yellow Plums	Smooth, shiny, yellow skin and orange flesh. Plums range in shape and flavours vary from sweet to slightly tart. Continues to ripen after harvest.	
Red Plums	Round shape with smooth red to bright red to red and yellow skin. Amber to orange flesh. Plums range in shape and flavours vary from sweet to slightly tart. Continues to ripen after harvest.	

# 116. Plums supplied must:

- a. must be in the minimum grades of Canada No. 1 (or the equivalent grade of the country of origin) as per Grades and Standards for plums as outlined in the <u>Fresh Fruit and Vegetable Regulations</u> (C.R.C., c. 285), Schedule 1;
- b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- c. meet the criteria specified in Table 1 for acceptable products.

# 117. Plums from outside of Canada supplied must:

- a. be in minimum grades of U.S. No. 1 (or the equivalent grade of the country of origin) as per Grades and Standards for plums as outlined in the <u>USDA Food Distribution Specifications & US Grading Standards</u>; and/or
- b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- c. meet the criteria specified in <u>Table 1</u> for acceptable products.

#### **Storage and Distribution**

118. Plums should be stored between  $0^{\circ}$  -  $2^{\circ}$  C ( $32^{\circ}$  -  $36^{\circ}$  F) and a relative humidity - 90 to 98. Plums must be delivered in good condition.

#### FQS-10-28 – Pomegranate

# **Description**

119. Pomegranates are also called Chinese apple. The round, wide fruit is crowned at the base by the prominent calyx. Only the seeds and juice are edible. Seeds are eaten uncooked. Pomegranates are picked and shipped when ripe. They do not ripen further after harvest.

FQS-10-28-01 - Table 1: Pomegranate

Description	Acceptable
Pomegranate skin is hard, smooth with a leathery texture, deep pink and deep red colour. Inside, a shiny white bitter, inedible membrane surrounds clusters of crimson-coloured seeds. The juice and seeds have a juicy, crisp texture and tangy-sweet flavour.	Acceptable Pomegranates are heavy for their size without cracks or splits.

# 120. Pomegranate supplied must:

- a. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- b. meet the criteria specified in <u>Table 1</u> for acceptable products.

# Size

121. 2-1/2 to 5 inches.

#### **Storage and Distribution**

122. Pomegranates should be stored between 0° - 2° C (32° - 36° F). Relative humidity - 90 to 98. Pomegranates must be delivered in good condition.

# FQS-10-29 - Rambutan

#### **Description**

123. Rambutan is the fruit of a medium sized tropical tree. Rambutans are related to lychees and are sometimes known as "hairy" lychees. They are larger than lychees and look quite different, but have a similar texture. The taste is similar too, but slightly sharper. Rambutan is commonly ridden with bugs, prone to rot. The best quality Rambutan is generally that which is harvested still attached to the branch as this Rambutan is less susceptible to rot, damage, and pests, and remains fresh for a much longer time than Rambutan that has been picked from the branch. Rambutan attached to the branch maintains its true flavour and is better fit for consumption than that which is sold as individually picked fruits. Rambutan's spines will discolour with time, but this is generally no reflection of the quality of the fruit within. The Rambutan is ripe when its rind shows no signs of bruising or spots and its red colour is fully developed. Its hairy spines should be firm, not brittle.

**FQS-10-29-01 - Table 1: Rambutan** 

Description	Acceptable
Rambutan fruits are hairy, yellow to crimson, and	Acceptable Rambutan has a bright red skin. A little
redden as they ripen. The black inedible seeds are	yellow or orange on the skin is acceptable.
oval, and covered with the white juicy flesh that is	Unacceptable Rambutan have green skins indicating
eaten as fruit.	they are unripe. Rambutan that have turned black or
	have black hairs are unacceptable.

# 124. Rambutan supplied must:

- a. be in the minimum grades of "extra class" as per Standards for Rambutan as outlined in the Codex Alimentarius Standard for Rambutan;
- b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and

c. meet the criteria specified in <u>Table 1</u> for acceptable products.

#### Size

125. Each fruit is small, generally no more than 2 inches (5 cm) long.

# **Storage and Distribution**

126. Rambutans should be stored between  $7^{\circ}$  -  $10^{\circ}$  C ( $45^{\circ}$  -  $50^{\circ}$  F) and a relative humidity - 85 to 95%. Alternatively, it may be kept at room temperatures for two or three days. Rambutan must be delivered in good condition.

# FQS-10-30 - Rhubarb

#### **Description**

127. Rhubarb is an intensely sour vegetable but is classified as a fruit because of its use. Only the stalks of rhubarb are edible. The leaves are potentially toxic. For this reason, the leaves are trimmed and discarded before rhubarb is cooked. Two varieties include Cherry rhubarb (field grown), Strawberry rhubarb (greenhouse grown).

# **FQS-10-30-01 - Table 1: Rhubarb**

Description	Acceptable
The stalks will be green to dark red in colour, often in streaks.	Acceptable rhubarb stalks are straight, firm, crisp and smooth with no pitting or marked discolouration. Stalks should look bright and release sap when snapped. Limp or discoloured rhubarb is unacceptable.

# 128. Rhubarb supplied must:

- a. be in the minimum grades of Canada No. 1 (or the equivalent grade of the country of origin) as per Grades and Standards for rhubarb outlined in the <u>Fresh Fruit and Vegetable Regulations (C.R.C., c. 285), Schedule I;</u>
- b. meet all applicable criteria for supplying fresh fruit as indicated in FQS-10; and
- c. meet the criteria specified in <u>Table 1</u> for acceptable products.

#### **Storage and Distribution**

129. Rhubarb can be stored for a few days in the cooler, but wilts quite quickly. It freezes well. Rhubarb must be delivered in good condition.

# **Applicable Regulations and Resources for Fresh Fruit**

Food and Drug Regulations (C.R.C., c. 870)

Food and Drug Regulations (C.R.C., c. 870), Part B, Division 11

Food and Drugs Act (R.S.C., 1985, c. F-27)

Fresh Fruit and Vegetable Regulations (C.R.C., c. 285)

Fresh Fruit and Vegetable Regulations (C.R.C., c. 285), Schedule 1

Plant Protection Act (S.C. 1990, c. 22)

Plant Protection Regulations (SOR/95-212)

Canadian Environmental Protection Act, 1999 (S.C. 1999, c. 33)

Pest Control Products Act (S.C. 2002, c. 28)

Canadian Food Inspection Agency (CFIA) - Fruit Inspection Manuals - Apricots

Canadian Food Inspection Agency (CFIA) - Fruit Inspection Manuals - Cherries

USDA Food Distribution Specifications & US Grading Standards

USDA Grades and Standards for Fruits

USDA Grades and Standards for Summer and Fall Pears

USDA Grades and Standards for Winter Pears

Codex Alimentarius - General Principles of Food Hygiene

Codex Alimentarius - Code of Hygienic Practice for Fresh Fruits and Vegetables

Codex Alimentarius – Standard for Bananas

Codex Alimentarius – Standard for Table Grapes

Codex Alimentarius – Standard for Guavas

Codex Alimentarius –Standard for Mangosteens

Codex Alimentarius – Standard for Oranges

Codex Alimentarius – Standard for Papaya

Codex Alimentarius – Standard for Pineapples

Codex Alimentarius – Standard for Rambutan