

Thanksgiving: Around the Harvest Table

Thanksgiving is celebrated each year on the second Monday of October.

In Canada*...

20.2

million turkeys were sold.

A 75 g serving of roasted light turkey meat provides 21 g of protein and 2 g of fat.



Turkey farm cash receipts totalled

\$391.8

million.

Producers planted

1,559

acres of Brussels sprouts.



Households spent an average of

\$48

on potatoes in 2017.



One baked potato with skin (173 g serving) provides 926 mg of potassium.

Farmers produced

354,749

metric tonnes of carrots.



Millers produced over

2.4 million

metric tonnes of flour.



A 125 mL serving of bread stuffing contains 3.1 g of dietary fibre.

In October 2018, the average retail price for a pound of butter was

\$4.77.

38.9%

of apples were produced in Ontario.



A 60 mL serving of canned, sweetened cranberry sauce contains 27 g of sugar.

64.3%

of cranberries were grown in Quebec.



Growers produced

76,042

metric tonnes of pumpkins.



Commercial sales of whipping cream totalled

59.4

million litres.



* Data are for 2018 unless otherwise stated.

Sources: Statistics Canada, Agriculture Statistics Program, Agriculture Division, Survey of Household Spending, Income Statistics Division, Consumer Price Index, Consumer Prices Division; Health Canada, Nutrient Value of Some Common Foods.

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