## OMED AND WOMEN IN TH: acANADAN ARMED FORGES



## Rank, by sox

Canadian Armed Forces (CAF) members are women, and just over half of CAF members serve in the land element.

Junior Non-Commissioned Member
Women are more likely than men to be officers, and men are more likely than women to be Senior Non-Commissioned members.


Senior Non-Gommissioned Member


Offieer (Junior and Senior)


Women in the CAF were more likely than men to report high levels of life stress


MEN


Proportion of CAF members who reported that most days were "quite a bit" or "extremely" stressful


Leading physical health condifitions reporten, by sex

59\% 61\%


Back problems


Repetitive strain injury (in the past 12 months)


Serious acute injury (in the past 12 months)

Unless otherwise noted, conditions are expected to last or have already lasted six months or more and have been diagnosed by a health professional.

Women were more likely than men to have joint pain or a repetitive strain injury.

