

Farmers expect to plant more barley, corn for grain, dry peas and lentils, but fewer acres of wheat, canola and soybeans

At the time of the survey, seeding in Western Canada was well under way, aided by dry conditions throughout much of the Prairies. Alberta, Saskatchewan and Manitoba all reported seeding rates well above the five-year average. Conversely, planting in Eastern Canada has been delayed due to heavy rainfall and cool temperatures.



Source: [Principal field crop areas, June 2019](#)

Real gross domestic product increases for the third time in four months

Real gross domestic product rose 0.3% in April, led by the largest increase in oil and gas extraction (+5.5%) in nearly three years.



Source: [Gross domestic product by industry, April 2019](#)

One in five Canadians is a heavy drinker

Roughly 6 million Canadians aged 12 and older reported alcohol consumption that classified them as heavy drinkers in 2018. Heavy drinking refers to males who have had five or more drinks, and females who have had four or more drinks, per occasion, at least once a month during the past year.

Source: [Canadian Community Health Survey, 2018](#)

The vast majority of mothers are very satisfied or satisfied with their life

The vast majority of mothers rated themselves as very satisfied (44%) or satisfied (48%) with life. However, almost one-quarter (23%) of mothers who recently gave birth reported feelings consistent with either post-partum depression or an anxiety disorder.



Source: [Maternal Mental Health in Canada, 2018/2019](#)