



WEECHIHIWAY AEN ASHAYNAMIHK AWHKOUSHIWINA OOSHCHI COVID-19

MAMOUWIYAWIHK, KIYANAWN KI OUTINAYNAW KAHKIYUW OOHIN AEN PAW
PAPAYHTUK AEN PIMAWKOUTAYK MISHOWAYITAY COVID-19:



pimichishahikay
weestamakaywin ooshchi
toon li piblik sawntee
la zhawnsree



kisheepaykischihcay
tuhkinay avek li savoon
akwa diloo pour nawat
ikouhk vaen sigoon



awpachistaw larkahol-ashtayw
ouchihchay payhkihtaw
kiishpin li savoon akwa
diloo namou wiya kaykway
chi-apachihtawhk



kawa
shawmina
li zyeu,
li nee
abaedoon
ki toon



kawshoushtahk
araw nakishkatowin
avek li moond
awayna ka
awhkoushayt akwa
kyawm api
ishpee si posib



ohtstoota
akwa
chawhchamouhk
daan li braw
akwa namou wiya
kishchihcayahk



kawshoushtahk
namou-nissisayi ita a
lawntour kawweekihk akwa
awnsawmbl isihhchikewina
akwa wawhyuweesh
nawut deu li braw ihouk
(nawnduw deu metres)

ETAMAHCHIHOUHK

Ka etamahchihouhk ooshchi COVID-19 mawshkoot ahpou pa for ou baen nawut aen siirieu akwa mawshkoot ahpou kaetorzh en zhournee mawchinawkun apray exposure ooma aen virus.



LA FYAYV

(nawut ou baen paray
nawnduw 38°C)



OHTSTOOTAMOWIN



AWYKEN PAKTATAWMOUYAWN

KIISHPIN KA ETAMAHCHIHOUHK



Payakouhikawshouk
keekouwawhk aen
nakinamuuk oohin
mishowayitay
awhkoushiwina
tayhkay kootaakak.



Kawshoushtahk
keekaywin avek li vyay,
li pleu vyeu, aykwaniuk
avek kootaaka
awhkoushiwina.
Wiyawow nawut
koushtatikwun aen
kawshchitina siirieu
awhkoushiwin.



Peekishkway pitama
avawn keekaywin
la sawntee
atoushkayw ou baen
peekishkway outa
toon alawntour
li piblik sawntee
la zhawnsree.



Kiisphin ka
etamahchihouhk
il i peer, peekishkway
toon la sawntee
atoushkayw ou baen
li piblik sawntee la
zhawnsree shaenmawk,
akwa aen pimitishahemin
kaw-itikawshouyin.

Pour weehtamakaywin ooshchi COVID-19:

1-833-784-4397

[canada.ca/coronavirus](https://www.canada.ca/coronavirus)



Public Health
Agency of Canada

Agence de la santé
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