INUKTITUT

ᑐᓴᕋᓴᓴᑦ ᑕᑯᓴᓴᐅᓪᓗᑎᑦ

ᐸᕐᓇᓵᒪᔾᕐᓗᑎᑦ (COVID-19)

ᓯᕗᓂᖓᓂ ᐸᕐᓇᓱᒪᔾᕐᓗᑎᑦ

ᐱᔭᕆᐊᑐᓗᐊᓐᖏᑦᑐᖅ, ᐸᕐᓇᓱᒪᔾᕐᓂᐊᕐᓗᓂ ᐊᖏᕐᕋᖅᓯᒪᒋᐊᖃᕐᓂᐊᕐᓂᕈᕕᑦ ᐃᓪᓗᖃᑎᓪᓗᓐᓃᑦ ᖃᓂᒪᓂᕐᒧᑦ ᐅᕝᕙᓘᓐᓃᑦ ᖃᓂᒪᓐᓈᓗᒻᒧᑦ ᓄᓇᓵᓐᓂ ᐱᑕᖃᓕᕐᓂᖅᑲᑦ.

ᐸᕐᓇᓪᓗᑎᑦ ᐃᒫᒃ:

- **ᐱᔭᕆᐊᓕᓪᓚᕆᑦᑐᑦ** (ᐱᓇᓱᐊᕈᓯᒐᓚᓐᓄᑦ ᓈᒻᒪᑦᑐᓄᑦ) ᐱᓯᒪᔾᕐᓗᑎᑦ ᐊᓂᒋᐊᖃᖃᑦᑕᕋᔭᓐᖏᓐᓇᕕᑦ ᖃᓂᒪᓕᕐᓂᕈᕕᑦ.
  - ᓂᐅᕕᕆᐊᓕᕈᕕᑦ ᐅᐃᒪᔾᕋᓱᑦᑕᐃᓕᒋᑦ. ᐃᓚᓱᒃᑲᓐᓂᖃᑦᑕᕐᓗᑎᑦ ᑲᐃᓪᓗᐊᕈᑎᓐᓄᑦ ᐱᕙᑦᑕᕕᑦ ᖄᒃᑲᓐᓂᖓᒍᑦ ᐊᖏᓗᐊᖅᑐᐊᓘᑦᑕᐅᑎᒋᓐᖏᑦᑐᓂᑦ. ᑕᐃᒫᒃ ᓱᓇᒃᑯᑖᖅᑕᕐᕕᐅᕙᑦᑐᑦ, ᓄᖑᔾᔨᓴᕋᐃᓐᓂᖓᖏᒻᒪᑕ ᑮᓇᐅᔭᑭᓴᕐᓂᐊᖏᓐᓇᕕᓪᓗ.
  - ᐊᓯᖏᓐᓂ ᐃᓗᓪᓕᖅᑕᐅᒃᑲᓂᕐᓗᒋᓪᓗᓐᓃᑦ ᐃᖅᑲᐸᑦᑕᑎᑦ.
- **ᖃᓄᖅᑑᖏᒪᔾᖅᑕᐅᑎᒋᓗᑎᑦ** ᖃᓂᒻᒪᑑᓪᓚᓐᓂᕈᕕᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐱᓯᒪᑦᑎᒋᐊᖃᕐᓂᐊᕐᓂᕈᕕᑦ ᖃᓂᒪᔪᒥᑦ ᐃᓚᓐᓂᑦ. ᓱᕐᓗ:
  - ᐱᓯᒪᑦᑎᔨᒋᕙᑦᑕᑎᑦ ᖃᓂᒻᒪᓂᖅᑲᑕ ᐊᓯᐊᓂ ᐱᓯᒪᑦᑎᔨᓴᖅᓯᐅᕐᓗᑎᑦ.
  - ᐱᓯᒪᑦᑎᖃᑦᑕᕈᕕᑦ, ᑭᖑᕐᕕᕈᓐᓇᖅᑐᒥᑦ ᕿᓂᖅᓯᒪᔾᖅᑕᐅᑎᒋᓗᑎᑦ.
  - ᐃᖅᑲᓇᐃᔭᕐᕕᓐᓄᑦ ᐅᖃᖃᑎᖃᕐᓗᑎᑦ ᐊᖏᕐᕋᒥ ᐃᖅᑲᓇᐃᔭᖕᒐᕈᓐᓇᕐᒪᖔᖅᐱᑦ ᐊᔪᕐᓇᖏᐸᑦ.
- **ᐃᓄᒋᐊᓐᓃᖃᑦᑕᖏᓪᓗᑎᑦ** ᖃᓂᒪᓐᓈᓗᑦᑕᓕᒻᒧᖅᑕᖅᐱᐊᕋᕕᑦ ᓄᓇᓵᓐᓂ ᐱᑕᖃᓕᕐᓂᖅᑲᑦ. ᓱᕐᓗ:
  - ᐃᓄᒋᐊᓐᖏᑲᐃᓐᓇᑎᓪᓗᒋᑦ ᐃᑭᒪᕕᒃᑯᕐᓗᑎᑦ ᓂᐅᕕᕆᐊᕐᓗᑎᑦ
  - ᐃᖃᐃᓕᓴᕈᓐᓇᖅᑐᑎᑦ ᓯᓚᒥ ᐃᖃᐃᓕᓴᕐᕕᐅᓐᖏᑦᑐᒥ ᐃᓯᖅᓯᒪᒋᐊᓕᒻᒥᑦ

ᓂᐅᕕᕐᕕᒻᒥ ᓂᐅᕕᐊᕆᒋᐊᓕᑦᑎᑦ

ᓂᕿᑦ

- ☑ ᐸᓂᖅᑐᑦ ᐃᓇᓗᐊᖑᔭᑦ ᐊᓛᓱᓪᓗ
- ☑ ᐃᓇᓗᐊᖑᔭᕐᓄᑦ ᖃᔪᓴᖏᑦ
- ☑ ᖃᑦᑖᕐᔪᓛᒻᒦᑦᑐᑦ ᖃᔪᑦ, ᐱᕈᖅᑐᒥᓃᑦ ᓂᓕᕐᓇᐃᓪᓗ
- ☑ ᐆᒪᔪᕐᑯᑎᓐᓄᑦ ᓂᕿᑦ

ᓴᓗᒪᔾᔪᑏᑦ

- ☑ ᐃᕐᑰᑎᓴᑦ
- ☑ ᐃᓗᐊᑐᑎᓴᑦ
- ☑ ᕐᑯᑦᑕᕐᕕᑦ
- ☑ ᑲᒃᑭᐅᑎᓴᑦ
- ☑ ᐅᐊᓴᐅᑎᑦ
- ☑ ᑎᐱᓕᐊᓘᓐᖏᑦᑐᓂᑦ ᐊᒡᒐᓐᓄᑦ ᐃᕐᕈᐃᑎᒥᑦ

ᐊᓐᓂᐊᖅᑕᐃᓕᒪᓂᕐᒧᑦ

- ☑ ᐆᓇᕐᓂᖅᓯᐅᕈᑎᒃ
- ☑ ᐆᓇᔾᔭᐃᒃᑯᑏᑦ ᐃᔭᒐᑦ (ᓂᐊᕐᑯᓐᖑᓇᓐᖏᑦᑐᑦ (acetaminophen ᐅᕝᕙᓘᓐᓂᑦ ibuprofen ᐃᓐᓇᕐᓄᑦ ᓱᕈᓯᕐᓄᓪᓗ)

ᓴᓗᒪᓂᕐᒧᑦ

- ☑ ᐊᒡᒐᒻᒧ ᐊᓪᓚᕈᑏᑦ
- ☑ ᐊᐅᑦᑕᔫᑦ ᐆᔾᓴᐃᑦ
- ☑ ᐸᓂᑲᔾᓯᐅᑎ
- ☑ ᐊᓐᓄᕋᓄᑦ ᐅᐊᓴᐅᑎᑦ
- ☑ ᐃᓪᓗᒧᑦ ᓴᓗᒻᒪᖅᓴᐃᑏᑦ ᐲᖅᓴᐅᑎᓗᑦ
- ☑ ᐃᓪᓗᒻᒧᑦ ᓴᓗᒻᒪᖅᓴᐃᑏᑦ

ᐅᖃᖃᑎᖃᖃᑦᑕᕐᓗᑎᑦ

- ᐅᖃᐅᓯᕆᓗᒋᑦ ᐃᓚᔾᔪᓐᓄᑦ ᐸᕐᓈᑎᑦ, ᐱᖃᑎᑦᑎᓄᓪᓗ ᓴᓂᓪᓕᓯᓐᓄᓪᓗ.
- ᖃᐅᔨᓴᖃᑦᑕᐅᑎᒋᖃᑦᑕᕐᓂᐊᖅᑕᕐᓂᑦ ᐱᖃᑎᖃᕐᓗᑎᑦ ᐅᖅᑳᐅᑎᒃᑯᑦ, ᖃᕋᓴᐅᔭᒃᑯᑦ ᑎᑎᕋᕐᓗᑎᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐅᖅᑳᐅᑎᕋᓛᒃᑯᑦ ᑎᑎᕋᖃᑦᑕᐅᑎᖃᑦᑕᕐᓗᓯ ᐃᓄᑐᐊᓗᐊᖅᑑᔭᓕᕋᐃᒍᔾᔪ.

ᑐᓴᐅᒪᐃᓐᓇᕋᓱᐃᓐᓇᕐᓗᑎᑦ

- ᖃᐅᔨᓗᒋᑦ ᖃᓄᐃᑦᑑᒻᒪᖕᒑᑕ ᖃᓂᒪᓐᓈᓗᖃᓕᕐᓗᓂ (COVID-19), ᖃᓄᕐᓗ ᐊᐃᑦᑐᕐᓗᐃᖃᑦᑕᓲᖑᒻᒪᖕᒑᑕ ᖃᓄᕐᓗ ᐊᐃᑦᑐᕐᓗᐃᑦᑕᐃᓕᒪᒍᓐᓇᕐᒪᖕᒑᑕ.
- ᑕᑎᒋᔭᔾᔪᑦᑎᐊᕙᒻᒥ ᑐᓴᐅᒪᖕᒑᖃᑦᑕᕋᓱᓪᓗᑎᑦ ᓲᕐᓗ ᐋᓐᓂᐊᖅᑕᐃᓕᒪᔪᓕᕆᔨᒃᑯᓐᓂ ᑲᓇᑕᒥ, ᐊᒻᒪᓗ ᑲᓇᑕᒥ ᐊᕕᑦᑐᖅᓯᒪᔪᓂᑦ, ᐅᑭᐅᖅᑕᖅᑐᒥ ᐊᒻᒪᓗ ᓄᓇᔾᔪᓐᓂ ᐅᕐᑯᒪᐃᓐᓂᓂᐊᖅᑎᒃᑯᓐᓂ.
- ᐱᕙᓪᓕᐊᔪᓄᑦ ᐅᐃᒻᒪᓕᕈᕕᑦ, ᑕᖃᐃᖅᓯᑲᐃᓐᓇᖃᑦᑕᕆᑦ.

ᑐᑭᓯᒋᐊᒃᑲᓐᓂᕈᒪᓐᓂᕈᕕᑦ ᖃᓂᒪᓐᓈᓗᑉ ᒥᔾᓴᓄᑦ:

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