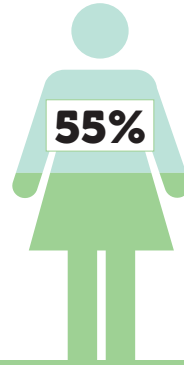




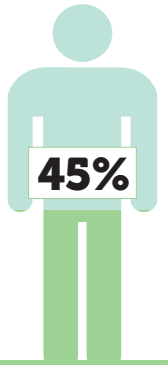
Care receivers in Canada, 2018



Three million people in Canada, or approximately **10%**, of the population, received care from a family member or friend for a long-term health condition, a physical or mental disability, or problems related to aging

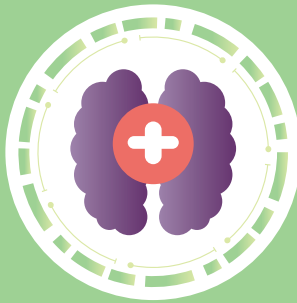


Women represented the majority of care receivers in Canada



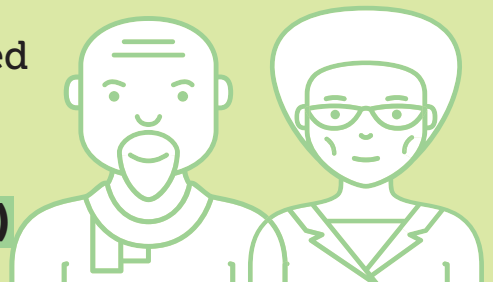
Almost 4 in 10

care recipients were over the age of 65



Overall, mental health was the most commonly cited reason for receiving care **(18%)**

For individuals 65 years and over, problems related to aging were the most common reason for receiving care **(21%)**



Nearly 9 in 10 care recipients received care from family or friends



11%

Paid/professional help



39%

Unpaid/help from family or friends



50%

Both

Typically, care receivers had about **7 hours** of help per week from family or friends, and about **2 hours** of professional care



81%

More than 8 in 10 care receivers were satisfied with the balance of help from family, friends and professionals

Those who were dissatisfied generally wanted more professional help

Note: Care receivers are defined as individuals aged 15 years and older who receive help or care for a long-term health condition, a physical or mental disability, or problems related to aging.

Source: Statistics Canada, General Social Survey - Caregiving and Care Receiving, 2018.

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