



LIFE AFTER SERVICE SURVEY, 2019

Key findings on Veterans' transition to civilian life

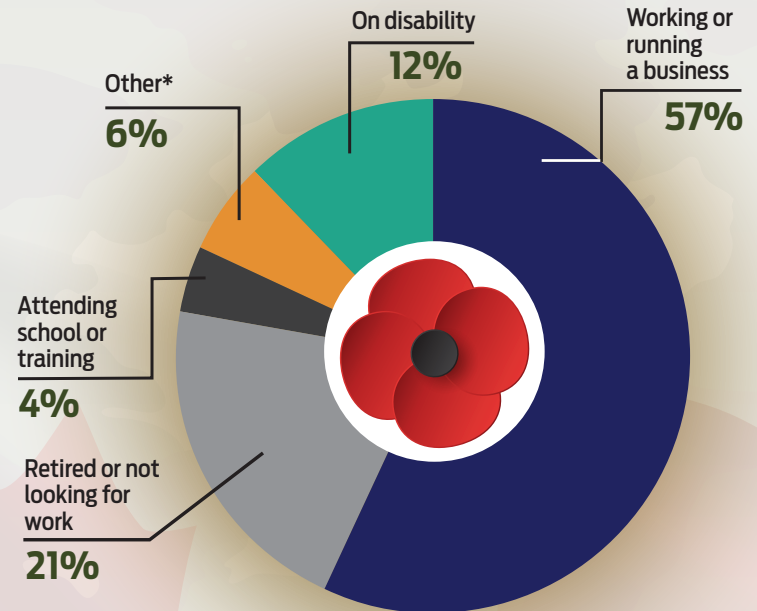
The Life After Service Survey is a national longitudinal survey that collects information on the transition from military life to post-service life.



Every year, **thousands** of Regular Force members of the **Canadian Armed Forces (CAF)** transition from active duty to civilian life.



Main activity in the last 12 months



* Other Includes those who worked in the Reserve Force, looked for work, or cared for or nurtured a family member or partner.

Adjustment to post-service life

2 in 5

Veterans reported difficulties¹ adjusting to post-service life.

1 in 3

Veterans reported their family experienced difficulties adjusting to their release from active duty.²

- Difficulties include moderately difficult and very difficult, and easy includes moderately easy and very easy.
- Veterans without a spouse, a partner or children are not included.



4 in 5

Veterans who worked or ran a business reported being satisfied with their work (**79%**).

Job stability

79% of CAF members released prior to 2013 had the same job in 2019 as they did in 2016.



Source: Life After Service Survey, 2019.

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