HOUSEHOLD FOOD INSECURITY

Household food insecurity exists when there is a compromise in the quality or quantity of food consumed (moderate food insecurity) or there is reduced food intake and disrupted eating patterns (severe food insecurity).

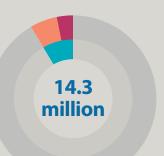
IN CANADA, 2017/2018

1.2 million of 14.3 million

households experienced

food insecurity

- Food insecurity:
 1.2 million households
- Moderate food insecurity: 820,000 households
- Severe food insecurity: 430,000 households



One in four **single-mother households** experienced moderate
or severe **food insecurity**



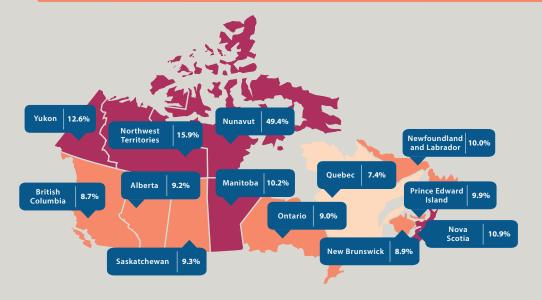




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Male lone-parent families

Couples with children



Compared with the national average (8.8%), moderate or severe food insecurity was highest in

Nunavut



Households that rented their home were five times more likely to experience moderate or severe food insecurity than households that **owned** their home

their home RENTED
OWNED
19%

One in five households that relied on government benefits as their main source of income were moderately or severely food insecure



Source: Canadian Community Health Survey – Annual Component, 2017/2018. © Her Majesty the Queen in Right of Canada, as represented by the Minister of Industry, 2020 Catalogue number: 11-627-M ISBN: 978-0-660-32552-1

