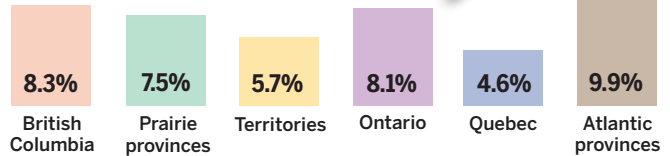


CANADIANS WITH MENTAL HEALTH-RELATED DISABILITIES



Over 2 million Canadians

aged 15 and older have a mental health-related disability.¹



31

is the **average age** when a person with a mental health-related disability begins to feel limited in their daily activities.

Among those aged **25 to 64** with a mental health-related disability:

655,000 are **employed**.

99,000 are **unemployed**.

666,000 are **not in the labour force**.²

52% of those with mental health-related disabilities consider themselves **disadvantaged in employment** because of their condition.



24%

of those with a mental health-related disability consider themselves housebound.

Among Canadians with a mental health-related disability:

1,100,000
(55%)

say they require counselling services from a psychologist, psychiatrist, psychotherapist or social worker

370,000
(18%)

say they require support group services, drop-in center services, or telephone information or support lines

90,000
(5%)

say they require addiction services.



Among those with a mental health-related disability



women are more likely to report requiring **counselling and support group services**...

...while **men** are more likely to report requiring **addiction services**.



Notes:

It is important to note that the majority of those reporting a mental health-related disability also reported at least one other type of disability. Therefore, the data are based on the impact of all disability types these individuals with a mental health related disability may have had.

1. Individuals with a mental health-related disability are those who experience limitations in their daily activities because of difficulties with an emotional, psychological or mental health condition (e.g., anxiety, depression, bipolar disorder, substance abuse, anorexia, etc.).

2. Respondents were classified as not in the labour force if they were neither employed nor unemployed in the week prior to the interview, i.e., they did not have paid work, were unable to start in a job or business in the next four weeks because of school, illness or disability, personal or family responsibilities, or were not looking for work.

Source: Canadian Survey on Disability, 2017.

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