

FACE COVERINGS FOR INTERCOMMUNITY BUS, AND MOTOR **CARRIER PASSENGERS**

The Government of Canada is encouraging bus passengers to wear nonmedical mask or face covering large enough to cover their mouth and nose for the duration of their trip. This recommended measure will help to protect other passengers and the driver by reducing the risk of transmission of COVID-19.

WHEN SHOULD I WEAR A NON-MEDICAL MASK **OR FACE COVERING?**

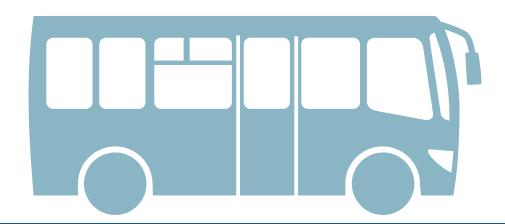
It is recommended that passengers wear non-medical mask or face covering:

- ✓ When boarding/exiting the vehicle;
- ✓ Throughout their trip when they cannot physically distance from others, including at all times when they are 2 metres or less from another person, except another occupant of the person's private home; and
- ✓ As directed by officials of the motor coach/intercommunity bus operator or Canadian public health official.

EXCEPTIONS

Face coverings should **not** be worn by:

- Children under the age of 2 years old;
- X Passengers who have breathing difficulties that are unrelated to COVID-19



WHAT ARE FACE COVERINGS?

Face coverings are protective layers of absorbent fabric that snugly fit over the nose and mouth and are secured to the face with ties or ear loops. These coverings prevent respiratory droplets from contaminating others or landing on surfaces.

NON-MEDICAL MASK OR FACE COVERING SHOULD:

- ✓ Be made of multiple layers of absorbent fabric;
- Cover the mouth and nose without gaps;
- Fit securely to the head with ties or ear loops;
- ✓ Allow for easy breathing;
- ✓ Be changed as soon as possible if damp or dirty; and
- ✓ Stay the same shape after machine washing and drying.

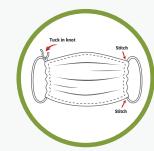
NON-MEDICAL MASK OR FACE COVERING SHOULD NOT:

- X Be placed on children under the age of 2;
- X Be worn by passengers with breathing difficulties that are unrelated to COVID-19:
- X Be placed on anyone unable to remove them without assistance or anyone who has trouble breathing;
- ✗ Be made exclusively of plastic sheeting or materials that easily fall apart (e.g. tissues);
- X Be shared with others:
- X Impair vision or interfere with tasks.

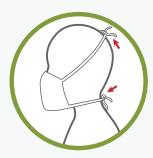
Wearing a face covering can also prevent you from touching your nose and mouth. Remember not to touch or rub your eyes, as this is another route of infection. Wearing a face covering when in public or other settings is not a replacement for following proven measures such as hand washing and physical distancing.



HOW DO I MAKE A NON-MEDICAL MASK OR FACE COVERING?



SEWN MASK



NO-SEW MASK USING A T-SHIRT



NO-SEW MASK USING A FOLDED SCARF/BANDANA AND **RUBBER BANDS/HAIR TIES**

For more information on making face coverings consult: www.canada.ca/ en/public-health/services/diseases/ 2019-novel-coronavirus-infection/ prevention-risks/instructions-sewno-sew-cloth-face-covering.html#a5