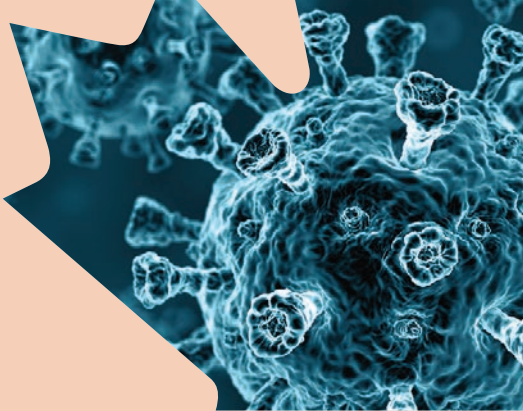# Coronavirus disease (COVID-19)

Mandatory requirements for fully vaccinated travellers without COVID-19 symptoms arriving in Canada by LAND and AIR

The Government of Canada has put in place emergency measures under the Quarantine Act to slow the introduction and spread of COVID-19 and variants in Canada. Although rare, even if you have been fully vaccinated, there is still a risk that you can be infected with COVID-19 and transmit the virus to others. To help keep others safe, you are required to meet the measures under the *Minimizing the Risk of Exposure to COVID-19 in Canada Order (Quarantine, Isolation and Other Obligations).*

Fully vaccinated travellers are required to meet **on arrival testing provisions** upon entering Canada, and comply with other measures as outlined below, in order to be exempt from quarantine and government authorized hotel (if arriving by air). Fully vaccinated means having received the full series of a vaccine accepted by the Government of Canada at least 14 days prior to entering Canada. Your vaccination status will be validated each time you enter Canada.

Testing requirements

› **Take a COVID-19 molecular test on the day you arrive** in Canada, unless you have received a positive result to a COVID-19 test taken 14 – 90 days prior to arrival to Canada.

  • Nasal swab kits must be submitted within 24 hours of your arrival in Canada using the information provided in the kit. If you do not submit the kit, the exemption will no longer apply and you will be subject to full 14-day quarantine and a test on day 8.

› **Undergo any additional COVID-19 tests that may be required.**

Monitor signs and symptoms

Monitor for symptoms for at least 14 days after your arrival. If you start having COVID-19 symptoms, (1) **follow the instructions provided by the public health authority as specified on the back, and (2) report these immediately to PHAC by calling 1-833-641-0343.** Common signs and symptoms of COVID-19 include:

› New or worsening cough

› Shortness of breath/difficulty breathing

› Muscle or body aches, fatigue, weakness or feeling very unwell

› New loss of smell or taste

› Feeling feverish, chills, or temperature equal to or over 38°C

› Skin changes or rashes (in children)

› Abdominal pain, diarrhea or vomiting

› Headaches

After your arrival

› **If at any time after entry to Canada you test positive for COVID-19**, you must:

  • **Report it immediately to PHAC by calling 1-833-641-0343; and**

  • **Follow all local public health requirements**, including quarantine or isolation.

› **If you receive an indeterminate or invalid Day 1 test result, you are required to take another test.** Please contact your lab provider (see back) to make arrangements to complete another nasal swab.

› If you do not receive your Day 1 test result after 4 days, please contact your lab provider.

› **Maintain a list of the names and contact information** of each person with whom you came into close contact and the locations visited during that period.

› **Wear a well-constructed, well-fitting mask** to minimize the risk of introducing or spreading COVID-19, **if you are in a public setting.**

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Canada

› **Keep** a copy of your **COVID-19 on-arrival test result** and **proof of vaccine** for 14 days after your date of entry.

› You may receive notifications from ArriveCAN; however, you are not required to send in reports.

WARNING: Your compliance with this Order is subject to monitoring, verification and enforcement. If you do not comply you may be transferred to a quarantine facility, face fines, tickets, and/or imprisonment.

A government representative will be calling you from **1-888-336-7735** and may visit you to verify you are complying with the measures.

Public health authorities

Provinces and territories	Telephone number	Website
British Columbia	811	www.bccdc.ca/covid19
Alberta	811	www.myhealth.alberta.ca
Saskatchewan	811	www.saskhealthauthority.ca
Manitoba	1-866-626-4862	https://manitoba.ca/covid19/
Ontario	1-866-797-0000	www.ontario.ca/coronavirus
Quebec	1-877-644-4545	www.quebec.ca/en/coronavirus
New Brunswick	811	www.gnb.ca/publichealth
Nova Scotia	811	www.novascotia.ca/coronavirus/
Prince Edward Island	811	www.princeedwardisland.ca/covid19
Newfoundland and Labrador	811 or 1-888-709-2929	www.gov.nl.ca/covid-19
Nunavut	1-867-975-5772	www.gov.nu.ca/health
Northwest Territories	811	www.gov.nt.ca/covid-19
Yukon	811	www.yukon.ca/covid-19

Day 1 Test Lab Provider Contact Information

Lab Provider	Type of support	E-mail address	Phone number
Switch Health	General questions	contact@switchhealth.ca	1-888-966-6531 or 1-647-977-1030
	Invalid, indeterminate or late results	results@switchhealth.ca	1-888-966-6531 or 1-647-977-1030
	Lost or damaged kit	homekits@switchhealth.ca	1-888-966-6531 or 1-647-977-1030
LifeLabs (For travellers who entered Canada via British Columbia, Saskatchewan, Yukon)	General information, or to access alternative testing methods	ClientService@lifelabs.com	1-877-313-4982
Alberta Health Services (For travellers who entered Canada via Calgary International Airport)		borderpilot@gov.ab.ca	
Biron (For travellers who entered Canada via Montreal-Trudeau International Airport)			1-866-382-0287

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For more information: 📞 1-833-784-4397   @ Canada.ca/coronavirus