

## MEET THE SCIENTIFIC DIRECTOR



**Dr. Jane Rylett**  
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Scientific Director,  
CIHR Institute of Aging

As Scientific Director of the Canadian Institutes of Health Research (CIHR) Institute of Aging, I am thrilled to help create a positive and supportive environment for the community of researchers who study aging and its impact on the lives of Canadians.

At the CIHR Institute of Aging, our mission is to improve the health and quality of life of older Canadians by supporting research and knowledge translation. Over the last two decades, we have worked with Canadian researchers to develop and support a strong community that studies the impact of aging. As Scientific Director, I will build on these achievements, and work to increase researcher and decision-maker capacity, and patient and community engagement, all with attention to equity, diversity and inclusion.

The vulnerability of our older population has particularly come to light during the recent pandemic. Through our ongoing collaboration with stakeholders, partners, patients and researchers, we support research that advances our understanding of today's health challenges so that our aging adults live longer and better lives.

I invite you to learn more about the CIHR Institute of Aging and discover how you could join us in our mission by visiting: [cihr-irsc.gc.ca/e/8671.html](http://cihr-irsc.gc.ca/e/8671.html).



**LIVING LONGER,  
LIVING BETTER**

Discoveries for life

## FOCUSING ON CANADA'S AGING POPULATION

As one of the thirteen Institutes of CIHR, the Institute of Aging identifies and addresses the knowledge gaps and opportunities related to Canada's aging population.

### MANDATE

The CIHR Institute of Aging advances research and training, promotes healthy aging, and addresses a wide range of conditions associated with aging.

### STRATEGIC DIRECTIONS



Health and wellness over the trajectory of aging



Facing the complex health challenges of an older population

### OUR PROGRAMS

- develop and implement funding for strategic research initiatives
- facilitate the participation of Canadian researchers in major international collaborations
- stimulate research capacity building by supporting trainees
- play a role as a key convener and catalyst for the research community and facilitate links with stakeholders

### KEY INITIATIVES

- Canadian Longitudinal Study on Aging
- CIHR Dementia Research Strategy and the Canadian Consortium on Neurodegeneration in Aging
- Digital Health - eHealth Innovations
- Geroscience
- Healthy Cities Research Initiative
- Inflammation in Chronic Diseases
- Strengthening Long-Term Care for Older Adults
- Transitions in Care

### TRAINING THE NEXT GENERATION OF RESEARCHERS

The CIHR Institute of Aging is committed to strengthening research capacity and supporting the next generation of researchers studying aging:

The **Summer Program in Aging (SPA)**, our flagship program, offers advanced training to Canadian and international graduate students and postdoctoral fellows. This program provides the opportunity to have exposure to, learn from, and network with, leaders in the field both in Canada and abroad.

**CIHR-IA Awards of Excellence in Research on Aging** are presented to the highest-ranking applicants in the CIHR Doctoral and Fellowship Awards competitions whose research focuses on aging.

**CIHR-IA Student Poster Competition Prizes** are awarded at the Canadian Association on Gerontology Annual Scientific Meeting for the best posters presented by trainees.

The **CIHR-IA Réjean Hébert Award in Geriatric Research** is awarded for the best scientific presentation by a post-graduate medical trainee at the Annual Scientific Meeting of the Canadian Geriatric Society.

### STRENGTHENING THE COMMUNITY OF RESEARCHERS THROUGH PROGRAMS:

Travel awards for trainees – up to \$1,000



Through the Travel awards for trainees, master's and doctoral students, and post-doctoral fellows can attend and present their research at national and international meetings, symposia and conferences. Research must align with the Institute's mandate and advance their professional development and/or knowledge translation initiatives.

Planning and Dissemination Grants – up to \$20,000



These grants provide support for planning and/or dissemination activities consistent with the mandate of the Institute while addressing its research priority areas.

**CIHR Institute of Aging Betty Havens Prize for Knowledge Translation in Aging** – up to \$20,000



Named in honour of Betty Havens, a leading gerontologist committed to improving the lives of older adults, this prize recognizes an individual, team or organization that has advanced the translation of research in aging into useful knowledge for all stakeholders, at a local or regional level.

**CIHR Institute of Aging Voluntary Sector Outreach Award** – up to \$10,000



This award recognizes and supports up to two exceptional groups working in the non-profit and voluntary sector in their knowledge translation efforts in the area of aging.



### SUPPORTING CANADIAN RESEARCHERS AT THE INTERNATIONAL LEVEL

We join national research funding agencies and international partners to identify opportunities for Canadian researchers to participate in and contribute to international research collaborations such as:

#### European Union:

- Joint Programming Initiative "More Years, Better Lives – The Potential and Challenges of Demographic Change"
- Joint Programme on Neurodegenerative Disease Research
- Network of Centres of Excellence in Neurodegeneration
- Active Assisted Living Programme
- International Digital Health Cooperation for Preventive, Integrated, Independent and Inclusive Living
- GENDER-NET Plus

#### USA:

- National Institutes of Health Alzheimer's Disease Neuroimaging Initiative

The Institute also coordinates and strengthens the presence of Canadian researchers and partners at major annual international conferences by organizing Canadian pavilions and networking events.



### CONTACT US

The Institute of Aging has offices in both London and Montreal.

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To learn more about the Institute of Aging, visit: [www.cihr-irsc.gc.ca/e/8671.html](http://www.cihr-irsc.gc.ca/e/8671.html)

View funding opportunities at: [www.researchnet-recherchenet.ca](http://www.researchnet-recherchenet.ca)

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