# Report prepared by MARTIN GIROUX 

# for <br> THE CONSUMER'S ASSOCIATION OF CANADA (QUÉBEC) <br> on a proposition of a 

## LISTING OF COSMETIC INGREDIENTS

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March 1993
presented to Consumer and Corporate Affairs Canada

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## ACKNOWLEDGMENTS

The success of such a project can only result form the work of a great number of protagonists. Thus, it can only result in a proposition. This report is only an intermediate stage and its effectiveness can only be measured by the effect it will have on governments regarding its application.

We would like to thank Consumer and Corporate Affairs Canada for its financial support and for having recognized the right time to allow us to continue an unfinished business and for its confidence in its accomplishment.

We also thank the people at Health and Welfare Canada, Planning and Resource Management Division, who are directly involved in this project and who, in spite of their busy agenda, are always there to answer our questions and offer precious advice.

We would like to express our gratitude to all those who contributed to the credibility that this study has today. We all know the efforts that such a participation requires. The list is long, and I hope not to forget anyone. There are dermatologists, manufacturers, pharmacists, beauticians, distributors, retailers, and specialized associations.

We would also like to thank Informaction Marketing Inc. for its precious help, and the amount of work accomplished within the limits of the budget, even beyond the mandate, and especially Guy Champagne for his professional work, his constant presence of mind, and his ability to adapt to orientation changes. Sometimes, the enthusiasm and collaboration of certain "participants" acted on the ego, and Guy had the courage to finish the work. We thank Opinion du Consommateur for having conducted a series of interviews with consumers, turning point of this study.

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We thank all the people who helped in a way or another to make this study go a little further, particularly Anik Pelletier for the English version. The CAC-Q has always made it a priority to submit bilingual reports, so as to show its national belonging.

Once again, we would like to express our gratitude to all of those who took part in the realization of the first part of the project in 1988-89, which accounted for the basis of this project, especially Lucille Brisebois, Roger Labrie and the others.

I would personally like to thank the CAC-Québec, especially Mr Léo Lacombe, for having entrusted me with this task in a context where distance and occupations could have been obstacles to its completion. Léo and his wife have shown much comprehension in order to ease my work. Their suggestions, comments and encouragements were a precious help, as were the different means of communication they have put together, without ever accounting for their time. It is always a pleasure to work with the CAC-Q.

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### 1.0 PROJECT ${ }^{(1)}$

The CAC-Q will verify the situation concerning the listing of ingredients on cosmetics and will develop, along with the persons and groups involved, the wording of a sample label.

The CAC-Q will study the latest developments since the publication of its report in 1989, which recommended that the listing of ingredients be printed on all cosmetics. The Association will get in touch with consumers, manufacturers, governments, medias, marketing agencies, psychologists, and sociologists, by means of interviews and questionnaires, in order to gather the necessary data for the development of a sample label. The CAC-Q will test this label with the persons and groups involved, will analyze the results, make recommendations, and publish its conclusions. At every stage of this project, the $\mathrm{CAC}-\mathrm{Q}$ will consult the main concerned groups.

### 1.1 INTRODUCTION

"Good news!
This year, all cosmetics manufactured for use in America will have the contents listed on the label(... $)^{1(2)}$

That is what an American medical newspaper printed in 1977. Sixteen years later, Canada is still far from that reality, depriving its consumers from a source of information that could save them a lot of problems.

Yet in 1976, the Consumer's Association of Canada (CAC) had already recommended a listing like the one used in the US. It seems that the manufacturers have won the case (maybe because of the mandatory bilinguism of labels in Quebec). In 1985, it restated its position and "had to face terrible hostility" ${ }^{(3)}$, according to Mrs Lucille Brisebois.

But is a listing of cosmetic ingredients (LCI) really necessary?
In 1989, the Consumer's Association of Canada (Québec) (CAC-Q) ${ }^{(4)}$ proved the necessity of a LCI and highlighted the desire expressed by dermatologists (95\%) and consumers ( $71 \%$ ) for a LCI and other informations. The consumers were even ready to pay for it (69\%), eventhough they believed they should not be the ones to do so (47\%). In 1990, the CAC magazine stated that the Planning and Resource Management Division had just proposed a modification that required a LCI for all cosmetics. In 1992, there is still no such LCI, eventhough the Canadian Cosmetic, Toiletry and Fragrances Association (CCTFA) recognizes the right of the consumers to have access to information on the ingredients contained in cosmetics. Will we someday have a LCI in Canada?

Wanting a LCI is one thing, developing it is another.
Since 1989, we have been proposing a research to determine the best possible listing and/or other information. In 1992, we conducted it following three stages, which we will describe in section 2.0.

At the end of this project, the CAC-Q is determined to present this report with the firm intention of seeing short-term legal action. Let's not forget that the conclusion of this report reflects the consumer's opinion, while considering the different persons and groups
involved and socio-economical and political factors; in that sense, it is a stand. Any other proposition would not be a better compromise for the consumer, although each has its own advantages.

The answers obtained from the consumers are very firm and allow us to establish a solid basis on which to rely. The results from interviews with concerned groups, on the other hand, is divided, even within a category; we believe, as explained later in the document, that our intentions could have been misinterpreted.

The following proposition will surely raise some questions concerning its application; we will try to answer these questions, at least partially, in order to indicate to the decisionmakers the way to follow, while specifying the advantages and disadvantages of our choice.

## Two aspects

First, we need to distinguish the two aspects that pertain to the LCI. The health aspect is made of undesirable reactions ( $25 \%$ of the population $)^{(4)}$ : from minor irritations to systemic reactions, as much as allergies and poisoning, almost 6,000 cases in Québec in 1991, more than $80 \%$ of which involved children less than five years old ${ }^{(5)}$.

This aspect concerns dermatologists, toxicologists, and most importantly, the Planning and Resource Management Division, responsible for enforcing the rules for the manufacturing of cosmetics according to the Law on Food and Drugs. This is the aspect that will urge it to act.

But we cannot ignore another aspect, which is information, with respect to quality, effectiveness, category, etc., in order to provide a tool that will help consumers make choices ( $70 \%$ of the population) ${ }^{(4)}$. This aspect is not an incentive for the Planning and Resource Management Division to take action, eventhough it recognizes, along with the CCTFA ${ }^{(6)}$, this right of the consumer ${ }^{(6)}$. It is normal that they do so, indeed even reassuring. The American counterpart of the Planning and Resource Development Division, the Food \& Drugs Agency (FDA) has the same belief. According to its director, Heinz Eiermann (1986), "a lot of products appear before the FDA now, and the ones that can cause only economic harm to the user are the lowest of our priorities" $(7)$. "The genesis of the initial FPLA [Fair Packaging and Labeling Act] was not a concern for the health of our patients
but a response to the consumer movement's call for information allowing value comparisons."(22)

We need to keep those two aspects, health and information, in mind; they will be essential to the understanding.of the final results.

## Definitions

At this point, we would like to define the word cosmetic in order to make sure that we all are on the same wavelength. In legal terms, "a cosmetic is a product which cleanses, improves or alters the complexion, skin, hair or teeth." ${ }^{(18)}$ This includes of course make-up, perfume, and also body care products, all non-medicinal, i.e. acting physically, not physiologically ${ }^{(19)}$, toothpaste being the only product on which the active ingredient must be specified. Besides, manufacturers do not always agree on the classification required. Procter \& Gamble asked that their Crest toothpaste be considered as a health care product (so it would be free from taxes) ${ }^{(20)}$.

### 1.2 Background

Instead of discussing the different stages of evolution in the law and the events surrounding this evolution, we think it is useful to list them and to refer the reader to the corresponding documents in order to learn more. We will probably forget some. Our list is only partial and could eventually be completed (for example, important medical events could be added), but this list will be useful to the reader for reference purposes.

## HISTORICAL REVIEW - PARTIAL LIST

FOOD \& DRUGS ACT (FDA) in the US ..... $1906^{(58)}$
FOOD, DRUGS \& COSMETICS ACT (FDCA) in the US ..... $1938^{(58)}$
FAIR PACKAGING and LABELING ACT (FPLA) in the US ..... $1976^{(2)}$ - Dec
POSITION EXPRESSED BY THE CAC ..... 1976
Planning and Resource Management Division : confidential qualitative and quantitativemandatory declaration1978
CANADIAN LAW ON FOOD AND DRUGS ..... $1920^{(75)}$
AMENDMENT in order to include cosmetics ..... $1939^{(74)}$
DERMATOLOGISTS ASSOCLATION OF QUEBEC AND CANADA ..... $1986-88^{(4)}$
CCTFA, position ..... 1985 ${ }^{(62)}$ - NovPlanning and Resource Management Division MINUTES,$1988^{(58)}$ - July
asks the Minister to consider the LCI.
FDA (US) sends a letter to 22 companies on the advertisementof anti-ageing creams$1988^{(60)}$
CCTFA, new proposition ( $1-800$ )1988 ${ }^{(6)}$ - Dec
ROUND TABLE to discuss the LCI and positions of many associations ..... $1989^{(6)}$ - Jan
CAC-Q, report on LCI to Consumer and Corporate Affairs Canada.
It lists 36 considerations and the result of the CROP survey. 1989 $9^{(4)}$-March
AIA, results of their survey
1989 $9^{(63)}$ - June
L.D.R. $\mathrm{n}^{\circ} 768$ on the LCI1989 $9^{(63)}$ - Nov
L.D.R. $\mathrm{n}^{\circ} 789$ on the advertisement code ()
FDA (US), letter to 20 companies on teeth-bleaching products$1991^{(12)}$ - Jan
1991 ${ }^{(61)}$ - Aug
CCTFA, new proposition in favor of a LCI1992 ${ }^{(64)}$ - Aug
CAC-Q, deposit of the LCI report ..... 1993 - March
Planning and Resource Management Division, new law on the LCI ..... ????

### 1.3 PRESENT SITUATION

## Marketing

Labels on cosmetics, as well as on packages ${ }^{(9)}$, are carefully designed and tested ${ }^{(10)}$. New technologies make them more effective, attractive and colourful ${ }^{(11)}$.

Within the framework of our study, we only consider what the LCI states, not what manufacturers or marketing departments pretend their products can achieve. This will be the subject of another research ${ }^{(12)}$. We can only believe that a LCI will force manufacturers to choose their words more carefully, but the US example shows that, with their flourishing imagination, manufacturers always find other ways to promote the virtue of their products ${ }^{(13)}$.

## Health problems

Furthermore, the LCI does not guarantee the tests made by manufacturers, for example a good toxicological evaluation of new ingredients. Isothiazolinone is a good example: the data clearly showed the sensitising potential ${ }^{(14)}$.

The CTFA is not entitled to require from cosmetic manufacturers that they indicate the health problems some of their products can cause, or even test their safeness; thus the consumer is left without any protection. ${ }^{(15)}$ A possible solution would be to ask consumers to report their complaints to only one organization (as the Planning and Resource Management Division), since a complaint can take many directions and require great effort, and end somewhere, in complete oblivion (refer to progression of a complaint) ${ }^{(18)}$. Although an organization like the FDA (US) is primarily concerned with the public health, the American agency says it cannot do much about isolated allergic reactions or irritation problems. It is up to the individual to avoid the product that caused the reaction, and any other products that contain the offending ingredient [underligned by us] ${ }^{(23)}$. Of course, that is only possible with a LCI, and means that such an organization can only control ingredients that can cause epidemic problems. Figure 1 shows a positive reaction to a patch-test.

In an article published in 1987, Penny Ward Moser wrote that she always believed there was a "them" over there, probably in Washington [she is American], that made sure any product that covers the skin is risk-free. That is not the case. ${ }^{(17)}$

An acute reaction is usually caused by an infected product. Contaminated makeup is the result of either inadequate preservatives or product misuse(...). According to FDA(US) data, most cases of contamination are due to manufacturers ${ }^{(23)}$. That is why consumers should insist on getting a new non-used applicator. In 1981, a study conducted by the University of Georgia revealed that out of 1,345 testors used for eyeshadows in the Atlanta region, $67 \%$ were infected.

## Self-regulation

In the US, self-regulation has been attempted. There will always be volunteers, as well as manufacturers that will only conform when they have no other choice. Surprisingly, small companies often participate more easily than big ones ${ }^{(16)}$. $4.6 \%$ of all registered companies (not all of them are!) fully participate ( 91 companies). There are approximately 18,696 expressions and 4,000 different ingredients used by nearly 2,000 manufacturers ${ }^{(17)}$. There is no reason to get carried away, but it is a start.

In 1988, we thought we had won the case of the LCI by urging companies to start the race towards the listing of ingredients on a voluntary basis, even if it was only for marketing stategy. We were told that no company would take the responsibility of adopting a LCI under any form, eventhough a regulation could force it to modify its LCI, and thus create additional costs. Nevertheless, certain companies print a LIC on their products, and there is a trend to do so ${ }^{(35)}$, but it is limited ${ }^{(36)}$. But is it the best possible list there is?

## International consultation

The European Community has brought up a list of negative products and rules such as restrictions on quantities ${ }^{(26,27)}$, which was adopted on January 15,1980 ; it was ratified by the members the following years ("Prescribe Quantitive Directives", PQD) ${ }^{(28)}$. Nevertheless,
everyone asks for the LCI: the EEC legislation on the product or label (introduced in the US ten years ago) ${ }^{(25)}$. Nevertheless, there are claims for the LCI all over the world: the EEC regulation should also require from cosmetic manufacturers to declare all ingredients on the product or the label (introduced in the US ten years ago), ${ }^{(25)}$ according to A. Herxheimer and A.C. de Groot (from London and the Netherlands). The latter asks for the LCI whenever he can ${ }^{(14,31,72)}$. Denmark has also been claiming it ${ }^{(33)}$ since 1990, and Germany since $1991^{(34)}$. Dr Caldwell said in 1977 that the EEC commitee had clearly declared many years ago that it (the LCI) seemed imminent.

The LCI exists in the US, but also in Korea to "better protect the consumers as much as to increase the confidence in Korean products ${ }^{(69)}$, and in Australia, where it must include "the name and address of the manufacturer or the importer, the lot number, the country of origin, the expiration date, and all ingredients and warnings". ${ }^{(70)}$ There is also a will to introduce a "completely new regulation on cosmetics". ${ }^{(71)}$

And for those who believe that the regulation is exaggerated, take Japan for example, where foreign cosmetics have to be licensed by the Minister (this can take up to two years), the test criterias can differ from those specified, and only a limited number of expressions can be used in advertising ${ }^{(29)}$.

Here, during the first CAC-Q study in 1988-89, we had the opportunity to take part in a day where the different associations involved the Planning and Resource Management Division and the CCTFA sat at the same table in order to exchange their views. We learned that often times, manufacturers did not have sufficient knowledge to give patients the appropriate recommendations ${ }^{(26, \text { app }}{ }^{4 \mathrm{~B})}$. Furthermore, Gary Sibbald pretends that allergies to cosmetics are underestimated because patients who develop a reaction to a new product throw it away and do not use it anymore, which is confirmed by our CROP survey, which reveals that $24 \%$ of the consumers have had reactions and $38 \%$ have stopped using this type of product(!). According to Dr M. McGuigan, representative for the Canadian Association of Poison Control Centres, the informaton has to be available right away, on a 24 -hour basis. He told us that $7 \%$ of the calls received concerned cosmetics. Of course, in either case, neither the consumers nor the physicians ${ }^{(5)}$ could make a decision only on the basis of the LCI in the case of a poisoning.

What came out of the discussion revolved around the establishment of a centralized data bank. Dr N. Pound believed that the cosmetics list program (American) would be appropriate in spite of certain technical limits [(at that time) (today, this bank is almost $100 \%$ computerized)]. The issue of fragrances was discussed (secret). Gary Sibbald emphasized that the manufacturers could not indicate the fragrance contained in a product, because the vendors only gave them a code number; Mr Sibbald suggested that a specific number be used for each fragrance.

Following this session, the Planning and Resource Management Division issued an information letter specifying its requirements. Among others, the complete listing of cosmetic ingredients [which will allow] a fast access to the information they [the consumers] need at the time and place of the purchase. Furthermore, it was required that the ingredients be listed in decreasing order of concentration, on the external label, or if possible, on the inside. After having received comments, the Planning and Resource Management Division was supposed to publish its proposition in the Gazette officielle and put it in effect a year later. Why haven't we got this proposition yet? In fact, there were only about 15 answers from consumers and 50 from manufacturers. On another hand, there was at the time a debate on non-prescription drugs, and the Planning and Resource Management Division decided to wait for the results of this debate, and then make it its top priority. In June 1992, the CCTFA accepted to reconsider its position and announced in September its intention to meet with the Planning and Resource Management Division. The file is now back at the top of priorities, and our recommandation for the best listing for consumers and concerned groups is right on time.

### 2.0 OBJECTIVES OF THIS STUDY

The objective of this study is to define a label (in a general sense) or a listing of ingredients that can be submitted to the authorities (industries, federal government) as the CAC's position.

More specifically, we will ask manufacturers, distributors, pharmacists, dermatologists and consumers their opinion on the following elements:

- the content of the list of ingredients;
- the presentation format;
- the layout of the list;
- a sample of the list;
- additional elements (for example, expiry date);
- the usefulness of other supports (reference guide, information or telematics support, signs, etc.);
- a preferred list.

Thus, the goal of this study is to ultimately choose a listing. Eventhough no listing has already been adopted, and opinions from all concerned groups could affect the result, we have suggested the respondents from stage 1 five sample lists. They are :

## LIST 1 <br> AMERICAN WORDING - USUAL NAME

| Shampoo | Lipstick |
| :--- | :--- |
| Pyrithione Zinc | Castor Oil |
| Water | Oleyl Alcohol |
| Ammonium Laureth Sulfate | Carmamba Wax |
| Ammonium Lauryl Sulfate | Candegilla Wax |
| Glycol Distearate | Issoppopyl Myristate |
| Cocamide Mea | Lanolin Oil |
| Fragrance | Ozokerite |
| OMOM Hydantoin | Bees Wax |
| Sodium Chloride | Cetyl Alcohol |
| Citric Acid | Cercsin |
| Ammonium Xylene Sulfonate | Fragrance |
| Pale Blue No 1 | Propyl Paraben |
| Beer | BHA |
|  | Titanium Dioxide |
|  | Aloe Vera |
|  | Embryo Extract |
|  | Shark Liver Oil |
|  | Testicular Extract |

LIST 2
INGREDIENT CODES (Reference to COSMETICS INGREDIENTS HANDBOOK)
Shampoo Lipstick
3693 ..... 0508
3639 ..... 2024
0155 ..... 0499
0160 ..... 0465
1244 ..... 1491
0617 ..... 0252
FRAGRANCE ..... 0561
1064 ..... 051330740608
0176FRAGRANCE
1157 ..... 35042856
0251 ..... 0071
0076(and/or 0740, 0762,.0718, 0715)1431109230133473

LIST 3
AGENT ROLES - AGENT FUNCTIONS

Shampoo<br>Antidandruff<br>Solvent<br>Surfactant - Cleansing Agent<br>Surfactant - Cleansing Agent<br>Surfactant - Emulsifying Agent<br>Hair Conditioning<br>Fragrance<br>Preservative<br>Viscosity Increasing Agent (Aqueous)<br>PH Adjuster<br>Anticaking<br>Colorant

Lipstick<br>Skin Conditioning Agent<br>Viscosity Increasing Agent<br>(Non Aqueous)<br>Binder<br>Binder<br>Skin Conditioning Agent-Emolient<br>Solvent<br>Emulsion Stabilizer<br>Binder/Viscosity Increasing Agent<br>Emulsifying Agent - Surfactant<br>Emulsion Stabilizer<br>Fragrance<br>Preservative<br>Antioxidant<br>Colorant/Opacifying Agent<br>Biological Additive<br>Colorants<br>Colorants

## LIST 4 <br> CHEMICAL CLASSIFICATION

## Shampoo

Thio Heterocydlic Organic Salts
Incroanics
Alkyl Ether Sulfates
Esters
Alkanolamides
Fragrance
Heterocyclic Ahides
Inorganic Salt
Carboxylic Acids
Alkyl Aryl Sulfonates
Color Additives - Certified

## Lipstick

Fats and Oils
Fatty Alcohols
Waxes
Waxes
Esters
Fats and Oils
Waxes
Waxes, biological
Fatty Alcohols
Waxes
Fragrance
Esters, Phenols
Phenols
Color Additive - Non Certified
Biological Color Additives
Color Additives - Non Certified

## LIST 5 <br> COMBINATIONS - SHAMPOO

## 1. Chemical name and function of agents

Chemical name
Ex.: Pyrithione Zinc
Water
Ammonium Laureth Sulfate
2. Role of agents and codes

Fonction
Antidandruff

## Code

Solvent 3639
Surfactant Cleansing Agent
0155
3. Chemical classification and role

Classification
Thio Heterocyclic Organic Salts Inorganics
Alkyl Ether Sulfates
4. Chemical classification, role and code
Classification Fonction Code

Thio Heterocyclic Organic Salts Antidandruff 3693
Inorganics
Alkyl Ether Sulfates

Solvent
3639
Surfactant-Cleansing Agent 0155

Those five lists were used as a starting point. In order to add to the concreteness of the listings, we also chose two products, lipstick and shampoo. This choice was arbitrary, based on the high sales rates of these products.

### 3.0 SURVEY PROCEDURE

Informaction Marketing Inc. developped collecting means and analyzed the results. The surveys were conducted according to three stages in order to insure the broadest consensus possible. In every stage, we asked some questions for which the answers were already known (i.e. from dermatologists), or partially known, and allowed to determine where the LCI stands.

## Stage 1 Survey of the specialists

A survey made by interview (in Quebec) and by questionnaire (open questions) for the other provinces gave the opportunity to raise the specialists awareness and survey them. In every province, five dermatologists and five pharmacists were contacted. Furthermore, five manufacturers (Quebec and Ontario) and five distributors (Quebec) were surveyed. They are listed in Appendix B.

The respondents were randomly chosen (except for the manufacturers). Associations and key individuals were also contacted and surveyed. They are:

- Canadian Cosmetic, Toiletry and Fragrance Association;
- Canadian Pharmaceutical Association;
- Centre Anti-Poison, Université Laval;
- Canadian Dermatology Association;
- Allergy Information Assessment;
- Association des dermatologues du Québec;
- Hôpital Sainte-Justine;
- Pharmaceutical Assessment and Cosmetics Division, Health Protection Branch.

In the latter case, we did not ask to complete the questionnaire (conflict of interests), but we wanted to make them aware of the survey.

## Stage 2 - Survey of the consumers

Two hundred cosmetics buyers were questionned in four drugstores in the Montreal region ( $7 \%$ margin of error, 19 times out of 20 ).

We validated different listing samples with these respondents and verified the need for information. This survey was conducted at the beginning of November 1992 by the specialized firm L'Opinion du Consommateur.

Stage 3 - Validation with the specialists

After having collected the initial evaluation (stage 1) from specialists, and the needs expressed by consumers (stage 2), we submitted the results to a few manufacturers, dermatologists and pharmacists.

The objective of this stage is to have the different concerned groups agree on the best list possible and not to create any surprise at the time of the presentation of global results by CHEM-X in the final stages of validation (mainly with the industries).

### 4.0 RESULTS - STAGE 1

In this section, we will give the results for stage 1 , interviews with health professionals and professionals in the industry. Many questionnaires were sent by the local branches of the CAC. On 90 questionnaires sent out by local branches ( 9 provinces X 5 dermatologists x 5 pharmacists), only one was returned.

In Quebec, the collecting was easier. Five pharmacists/beauticians were met, five dermatologists interviewed, five distributors were questionned, and three manufacturers answered to our request.

We will check the results with the respondents from other provinces on the third stage.

The ultimate goal of this questionnaire is to gather recommendations from professionals on the listings to be used in the test with the consumers. Other elements appeared important: where should the listing be placed, and what other means could be developed to support professionals or customers?

Before unvailing the results, it is important to highlight some elements:

- dermatologists show more enthusiasm towards a listing; they want to go even further by indicating the $\%$ of ingredients contained;
- associations are very much in favor of centralized data banks (with the Poison Control Centre);
- manufacturers agree on the necessity of a listing, but are more skeptical about the results, some even raised the issue of the American experience (confusion on every part). Two other preoccupations emerged: the need for a cool-down period in order to sell out old packages, and the bilinguism issue.
- distributors and beauticians (in drugstores) perceive the list a little less positively. These people are the primary source of information for the customers and want to keep their position. The listing seems less necessary because they are there. For some, it is even a threat!

We will give the results in the same order used in the interview guide, that is by theme.

### 4.1 Risks related to the use of cosmetics or beauty care products

All agree on the fact that risks are very minimal and affect only a low percentage of the population, whether it be irritations, allergies or reactions. But the issue of these risks and the great incomfort that they can produce is also raised, among which are: severity of the reactions, duration of the allergy/reaction and consequences leading to hospitalization. Distributors and beauticians tend to be more skeptical as to the risks and consequences; dermatologists are more aware of the problems.

### 4.2 Consultation and information

According to the respondents, allergy sufferers seek advice before buying and using cosmetics. They consult more frequently. But, in general, consumers rarely seek advice, or do so after having used a product. Learning by trying is still the most common technique. Distributors and beauticians mention the fact that consumers seek advice at the time of purchase because they consider them as specialists.

Overall, the customer is not or very little informed and the means of getting information are almost inexistant when the purchase is made without any help (from a beautician).

Dermatologists are very little or little informed: it is difficult to get information from manufacturers (incomplete, long, etc.). But with experience, readings, congresses, magazines or newsletters (as in the United States), one can stay up to date. Of course, salespersons, distributors and beauticians think they have access to enough information, more so those who work for only one company, who gives them, or so it seems, appropriate and "complete" information.

As for the ideal means of transmitting the information on the risks, there are:

- index of products;
- ingredients on products;
- data banks;
- advertising/pamphlets.

The listing of ingredients seems at first sight an effective means, for the specialist and the consumer. In the latter case, the listing can be very useful for those who know the type of allergies from which they suffer. The listing must be clear, concise.

According to most respondents, this list should appear on all cosmetics. But, if priority should be placed, it should be put on cosmetics not used for body care first.

As for other means of information concerning ingredients and the risks they represent, priority was put on documentation (Cosmetics Ingredients Handbook) (research time was a problem, though); a central 1-800 line is also at the top of priorities. All agree that the access to a data bank would be ideal, although this option is not considered realistic (course, update, exhaustiveness). It was also suggested that a complete and centralized list of adverse reactions be used and updated by manufacturers and, as in the United States, a news bulletin (Cosmetic Ingredient Review) be created.

It is agreed that the most simple access for the consumers would be a 1-800 line; the other options are not realistic for the consumer (purchase of the book, training and knowledge, etc.). We have also tested the possibility of having one or more signs in the stores/drugstores. This option was totally rejected: the signs could not contain all the information, would probably not be updated by salespersons/distributors/pharmacists and would not be used.

Other respondents indicated the necessity of better informing the salespersons and beauticians and training them.

### 4.3 Spontaneous propositions - Listing of ingredients

The first question asked how the listing of ingredients should be presented. In general, the respondents' first choice was chemical name. There are no other particular preference. The dermatologists' second choice is the chemical name + function. Pharmacists picked the negative list as their second choice.

Furthermore, no one agrees that it is a complete listing (dermatologists and pharmacists) and a list of the main ingredients (distributors-salespersons). A dermatologist even recommended indicating the $\%$ for each ingredient; another suggested listing the ingredients in descending order by quantity.

The main advantages of such a list, according to our respondents, are the easiness of treatment and prevention (information to give the customer or patient) for the specialist. On the customer's part, prevention is made easier (if the allergies are known) and the risks are reduced. Pharmacists and salespersons also believe it will be easier to compare the price and quality of different products.

Although the pertinence of the listing is irrefutable, even if it can prevent problems, the client/patient must consult dermatologists, because some crossed reactions can happen.

### 4.4 Evaluation of the listings

Five listings were submitted and evaluated. Here are the main comments collected:

## List 1 - American wording - chemical name

Some respondents thought it was different from the one used in the United States.

Respondents believed in its quality/ease of use/pertinence for the specialists. Many believe it would be the most simple for the customers who know their reactions and the ingredients responsible. The salespersons/distributors reject it.

## List 2 - Product codes

The results show the great unusefulness of this list for the client/patient. It can be of use to the specialist, but requires additional research (link between code and ingredient).

## List 3 - Agent functions

Almost acceptable. But it does not identify the ingredient that causes allergies (reactions). In that regard, it appears as non-pertinent and dangerously imprecise. Distributors and salespersons prefer that listing.

## List 4 - Chemical classification

More or less useful; it raises the same problems as list 3 (imprecise).

## List 5 - Combination of listings

Of course, the more information there is, the better the list is. Pharmacists, salespersons/distributors and beauticians prefer the combination of chemical name and function, followed by chemical classification-function and code. The dermatologists prefer chemical name-function and chemical classification-role-code. The choice is the same for associations.
The most popular list (or lists) are:

- chemical name first (American CTFA nomenclature);
- combination of chemical name and function;
- combination of classification-function-code (+ usual name if possible);
- chemical designation and classification;
- agent functions (for distributors/salespersons/beauticians).

Of course, the chemical name must be indicated. The function and the classification also seem pertinent.

Definitely, an expiry date and the access to an information line should be added. Other suggestions include:

- reaction to humidity/cold temperature;
- use morning/night;
- preservation - darkness vs neon light.

Finally, the listing should be printed on the label (salespersons think it should be inside the package). The second choice is on the product or on a pamphlet inside the package. Some (salespersons, pharmacists) suggest the use of pamphlets (even advertising) on prevention and possible risks.

### 4.5 Conclusion

Our respondents consider that the risk of adverse reactions is real. It is not widespread, but its consequences can be dangerous. This itself justifies, according to specialists, the need for an information tool. Beauticians/salespersons/distributors perceive it as a duplication of their role. We do not think so.

The listing of ingredients, the 1-800 line and the centralized data bank (for specialists) appear to be ideal means for specialists and consumers/patients. The manufacturers recognize the need, but are preoccuped with bilinguism (space on packaging) and the selling out of inventory. This list is a must for body care products and cosmetics; the latter have priority. The preferred lists must state the chemical name, the functions of agents and the chemical classification (or the combination of those), in order of priority.

The list must be printed on the package (to avoid unnecessary purchases) and on a pamphlet inside. There should be an expiry date, and the access to a telephone line.

Among other suggestions given, let's mention:

- centralized index of adverse reactions, prepared by manufacturers;
- preservation period, reaction to humidity and use period;
- news bulletins like in the United States;
- advertisement on prevention (generic pamphlet) intended for customers and to reassure distributors/salespersons/beauticians.

It is now time to choose the lists which will be evaluated by the consumers, eventhough compiling the answers to open questions is often difficult. But we had included a synthesis question, which was: "Which list should be used?". We got very diversified answers. The combination of lists is prefered, but none stands out. Here is a summary of the results:

| $\begin{gathered} 0 \\ \text { none } \end{gathered}$ |  | $\begin{gathered} 2 \\ \text { code } \end{gathered}$ | 3 <br> function | $\begin{gathered} 4 \\ \text { class } \end{gathered}$ | $\stackrel{5}{\text { combination }}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | $\begin{array}{r} 11 \% \\ 5 \% \\ 0 \% \\ 11 \% \\ 11 \% \end{array}$ | $\begin{gathered} 1+3 \\ 2+3 \\ 3+4 \\ 2+3+4 \\ \text { others } \end{gathered}$ |
| 5\% | 26\% | $11 \%$ | 16\% | 5\% | 37\% | TOTAL |

We have thus reduced the number of lists to submit to the consumers.
The first list to be kept was the American CTFA list (usual name), which was the first choice. Furthermore, it is interesting to test, if not essential, to test an already used list. The advantage of that list is that we benefit from the American experience. But we could not use it because it is not bilingual and thus cannot contribute to uniformity. Its complexity is a disadvantage.

The third list was the one distributors/salespersons prefered; it seemed almost "acceptable" to other respondents. Its weakness is its "dangerous" imprecision. We thought that adding the code would add precision. The advantage of such a combination is that is becomes precise and understandable. Its disadvantage is that it requires more research on
the specialists part, having to refer to a handbook.

We added the second list, numerical only, in order to verify the effect of a code without any immediate signification to the customers. One of the comments we collected said that consumers believed in numbers, but not in words.

We limited ourselves with multiple combinations, space being a major obstacle for the LCI. Furthermore, the "kiss" rule (keep it as simple as stupid) is our best bet in a project like this.

### 5.0 RESULTS - STAGE 2 : SURVEY OF CONSUMERS

From the results of interviews with the specialists (dermatologists, pharmacists, salespersons, associations and manufacturers), three listings were submitted to the consumers so they would choose the one they prefer. These listings are: 1) chemical names of ingredients, 2) functions and codes, and 3 ) codes only.

The survey was conducted in four drugstores in the Montreal region, in cosmetics and body care departments; 200 consumers-buyers of such products were questionned. Such a sample results in a margin of error of $\pm 7 \%, 19$ times out of 20 .

This section presents the main results of this survey and the choice of a preferred listing, which will be submitted to the specialists in the final stage. You will find the questionnaire used for the survey in Appendix C.

### 5.1 Use of products and requests for information

Body care products are used by $100 \%$ of the respondents, and cosmetics by $96 \% .20 \%$ of the people that use such products have reactions (whatever the product or the gravity of the reaction).

Almost $86 \%$ of the respondents read part of or all the information on body care and cosmetic products. $36 \%$ of them ask questions to the salespersons/clerks at the time of purchase. The questions concern:

- ingredients in the product: $51 \%$
- possible reactions: 65\%
- quality of the product: $76 \%$
- price of the product: $57 \%$

Finally, $61 \%$ of the respondents think there are enough informations on the ingredients on cosmetic and body care products.

### 5.2 Spontaneous listing

Before submitting the different listings to the consumers, we validated certain elements concerning the content and presentation.

As for the content, $57 \%$ of the respondents believe that the listing should contain all of the ingredients, $31 \%$ only the ones that represent a risk or are dangerous, and only $12 \%$ think that the listing should state the main ingredients only.

Almost half of the respondents ( $49 \%$ ) would like the $\%$ of each ingredient indicated on the product. If the ingredients are listed by descending order, $38 \%$ of the consumers would be satisfied. Only $9 \%$ would be satisfied with random order.
$49 \%$ of the respondents think the listing should be placed on the package, $27 \%$ on the product, $15 \%$ believe it should be on a pamphlet inside the package, and $9 \%$ on a pamphlet outside the package.
$97 \%$ of the consumers show interest in the addition of an expiry date! Those who usually ask for information are even more in favor of an expiry date.

### 5.3 Preferred listing

The respondents were asked to evaluate three lists, chemical names (1), functions and codes (2) and codes only (3) according to two criterias: ease of understanding and usefulness in the prevention of problems. Here are the results:

| Listing | Ease of understanding (1) | Usefulness (2) | Preference |
| :--- | :---: | :---: | :---: |
|  | $28.0 \%$ | $40.0 \%$ | $25.0 \%$ |
| 1. Chemical name | $80.0 \%$ | $63.0 \%$ | $70.0 \%$ |
| 2. Functions and codes | $6.0 \%$ | $3.0 \%$ | $1.0 \%$ |
| 3. Codes |  |  | $4.0 \%$ |

(1) very easy or easy to understand
(2) very useful or useful in prevention of problems

The consumers' preference is obvious and clear: $70 \%$ prefer listing 2 , function + code. It is considered as the easiest to understand and the most useful for prevention.

The results are the same, whatever the socio-economical profile or the amounts spent on cosmetics and body care products. So the number one choice is listing 2. Spontaneously, the consumers said that the list could mention the side effects (14\%) related to the ingredients or products, the dangers/risks ( $12 \%$ ) related to their use, all of the ingredients ( $13 \%$ ), and the $\%$ of ingredients ( $12 \%$ ).

### 5.4 Conclusion

The interest for the listing is very high. What it should contain is clear to the consumers.

- all ingredients;
- with the amount or \% (or by decreasing order);
- on the packaging (or product);
- with an expiry date.

The function and the code of the ingredients are preferred by $70 \%$. Easier to understand and most useful for prevention, that listing is far better than all others.

That list, function and code, will be included in a questionnaire which, in the third phase of the project, will serve as validation with specialists (dermatologists, pharmacists, manufacturers) throughout the country. The next section will give the results of this third and last stage, which will lead to the choice of a final listing as the CAC's recommendation to the different concerned groups.

### 6.0 RESULTS - STAGE 3: VALIDATION WITH THE INDUSTRY

The last stage of the project consists in validating the listing that consumers prefer, function and ingredient code, with dermatologists, pharmacists and manufacturers. This validation will also be done outside Quebec in order to obtain opinions from the rest of Canada, since the two first stages were almost exclusively conducted in Quebec.

A short questionnaire (see Appendix D) was sent to 82 dermatologists ( 18 returns on the 100 sent because of address changes), 49 manufacturers and 100 pharmacists/beauticians in the nine other provinces. Because of budget restrictions, only 25 follow-ups were made.

The answer rate for this survey was $10 \%(23 / 231)$, or more specifically $12.2 \%$ for dermatologists, $7 \%$ for pharmacists, and $10.2 \%$ for manufacturers. Compared to the usual $10-15 \%$ answer rates, this survey got lower results. It is not surprising on the part of manufacturers, who do not entirely support this project. As for pharmacists, they could feel less concerned because less directly implicated.

### 6.1 Usefulness of the listing

Overall, the listing can be considered as useful or very useful (14/23): it helps answer questions or raise some from the consumers. It facilitates the task of specialists and reduces the number of calls to manufacturers for information purposes.

It can help pharmacists give better service and information to the customers. For some, it increases the sales rhythm by means of more transparency. For others, it encourages selfservice, thus decreases operational costs.

Some dermatologists mention the increase in prices for the consumers because it involves important costs on the part of manufacturers. We will get back to that aspect in the final discussion.

As for the objections to this listing, they evolve around two aspects: it is not precise enough (a list of chemical names and even the trade names are required), and it is not useful for the consumer. The list does not allow to determine the causes of allergies. These objections come from dermatologists, pharmacists, and manufacturers. It is important to understand that nowhere in the questionnaire was it mentionned that the ingredient codes refered to a very precise name listed in a handbook.

These answers, given according to the usefulness and unusefulness, are due to the fact that the respondents evaluated the usefulness of a general LCI, and the unusefulness of a "secret" numbered listing.

### 6.2 Impact on operations

Manufacturers raise the issue of the important costs related to packaging: available space for the listing and the two languages, as well as the need to change the package when the ingredients are modified.

Pharmacists think it would have a positive effect on sales, service, quality of information, etc.

The dermatologists who answered see very little impact, except that it will simplify their work by reducing calls to the manufacturers.

### 6.3 Other sources of information

The necessity of a handbook of ingredients is often refered to. A great number of requests concern the availability of information on a (terminal or disk) for dermatologists and pharmacists. No mention of a telephone line was made.

Some comments concerned:

- the access to a complete list (vs partial);
- the products could be classified (if guide or computers) according to the presence of active ingredients, containing or not allergenic agents, etc.;
- the listing does not give access to the information on ingredients. It forces people to look for other sources of information;
- with free-trade, the listing must be similar to the one used in the United States;
- this listing adds a little (or little) to the manufacturer's literature;
- the information requests to manufacturers will be the same as before (mention by one manufacturer).

A respondent who already prints a list on its packages (Annabelle) is very positive towards the listing: it is useful for specialists as well as for consumers (See section 7.2, under "costs"). A dermatologist mentioned the importance of using a listing similar to the American one if it is to have any usefulness.

### 6.4 Other comments

The last question allowed the respondents to express their opinions on the listing, on information and on the use of this list. Here are the main comments expressed:

- the listing should be legally mandatory;
- the transparency of information will encourage cosmetics sales or even natural products sales;
- the list (or a list) will encourage consumers to consult specialists;
- manufacturers will be very defensive with consumers (justification, transparency, dangers, etc.);
- the listing for specialists (pharmacists and dermatologists) does not add to what already exists (pamphlets, consultations with manufacturers).


### 6.5 Conclusion

The list appears useful to a majority of respondents. The advantages reside in transparency, simplification of tasks and quality of service or care. The arguments against the listing (i.e. unusefulness) concern its lack of precision (the code appears as unprecise, and the list as incomplete), and its difficulty of understanding on the consumers' part (they did not have access to the results of stage 2 ).

At the time of submission of the listing, we must highlight:

- that it is complete;
- that the code is precise and refers to an existing guide;
- that the consumers who suffer from allergies will be able to make a decision with the help of a specialist;
- that customer and patient service will be positively affected; and
- that the specialists' task will be made easier.

On another hand, the obstacles for manufacturers are the most difficult to go through: increase in costs. We will have to be careful with the transfer of this increase in costs to the consumers.

### 7.0 DISCUSSION

This section is divided into four parts:

1. Summary of the surveys
2. Benefits of the LCI... and the rest
3. The "best" LCI
4. How to layout the LCI

### 7.1 Summary of the surveys

Our surveys have allowed us to cover one of the aspects of the mandate: that of collecting the necessary information for the development of a sample label. A profile that would represent the best compromise. We have tested different listings with the main concerned groups, analyzed the results and we are ready to make a recommendation.

This listing is the HUNemen = Cone list, which could be called the "UTILITY LIST". Our intuition, in our 1989 study, was very similar to the consumer's choice ${ }^{(41,42)}$. It is useful to the specialists and understandable to the consumers.

But this study did not cover the issue of the form that this listing would have (i.e. the way to number the ingredients). The reason is simple, it has to be accepted by all concerned groups. We have to stop talking supposedly in the name of the consumers (their understanding, p.26), without having checked what they really think. After all, we all are consumers, and we all buy... cosmetics. We need to have an overall view that can be verified.

The manufacturers, government, practitioners, retailors all talk in the name of their clients voters or patients. But they have spoken out, these consumers, and $70 \%$ are in favor of the UTILITY LIST ("easier to understand and the most useful for prevention", p.23) instead of a list like the one used in the United States. We can pretend that by providing the "American" list, we give the consumers what they want, but this is not entirely true. But still, it is better than nothing.

So in stage 3, the persons consulted did not really discuss that listing as the one chosen by consumers, but on the basis of their own judgment. We have to admit that with the perpetual lack of time that characterize our times, it is difficult to spend much time discussing such issues, particularly on a written questionnaire. For example, after having checked with a few respondents, we realized that some of them had given their answer according to a general listing of ingredients, without considering the proposed list. This indicates that often, opinions are already stereotyped, and that it is difficult to get out of the rank.

We will thus try, in section 7.4, to suggest a listing that seems "intelligent", without pretending that it cannot be modified with other interesting creative suggestions. But the basis stays the same (the list chosen by consumers).

### 7.2 Advantages of the LCI... and the rest

The advantages of the LCI are obvious to everyone, including to the manufacturers ("manufactuers recognize the need", p.20). There are also doubts concerning certain applications, which is normal ("distributors and beauticians tend to be more skeptical as to the risks and consequences", p. 20, "the client/patient must consult dermatologists, because some crossed reactions can happen", p.22). We once said that the practician is the only one who can identify these reactions, and it is part of his job to do so. With the LCI, he can treat the problems more easily. ${ }^{(38)}$ On the next page, you will find the advantages of the LCI for the consumers and concerned groups. ${ }^{(37)}$

This will allow to:

1. Avoid repetition of undesirable reactions
2. Choose products that the consumer consider effective
3. Compare prices
4. Buy with full knowledge of the quality...
5. Avoid repeating unpleasant applications
6. Know what the products [bought, used] contain
7. Have rapid and direct access [to information] in case of emergency
8. Demystify certain promises
9. For dermatologists, quickly identify the type of involved and (...) the responsible ingredient
10. For dermatologists, prescribe more easily and adequately other products [that do not contain the responsible ingredient]
11. For all beauty advisors, better inform their customers and better serve them
12. Increase the degree of satisfaction
13. Drive people to look for the cause of their problem by consulting a specialist
14. Save money on undesirable products by avoiding them
15. For society, save on health care (...)
16. For manufacturers, regain lost customers because of bad experiences [and stimulate sales].

## FACTORS

Reactivity
Effectiveness
Price
Composition
Health
Information

Emergency
Information
Identification

Effectiveness of health services

## Information

Satisfaction
Health

Economy
Effectiveness of
health care
Economy


#### Abstract

Anton C. de Groot ${ }^{(31)}$ enumerates a list of advantages of the LCI. In addition to all that has been listed, he adds the stimulation of scientific investigations, which would allow to quickly identify the new ingredients that cause problems [without which] the identification of a potential allergenic agent can be put off many years. He adds that these scientific studies could be used by the cosmetics industry to make their products safer. Another advantage that is not listed is the possibility for a patient having consulted for a non-cosmetic related problem, but is allergic to ingredients contained in cosmetics, to avoid them.


## Percentage

Everybody seems to want something added to the list ("dermatolotists (...) want to go further by indicating the \% of each ingredients"). As for percentages, according to the Poison Control Centre in Ottawa, 200 children suffer from alcohol poisoning each year (from mouthwashes and perfumes), and request that the alcohol $\%$ be indicated ${ }^{(40)}$. Some even go further and recommend indicating the concentration, which is important, because certain recommended limits can be exceeded and cause reactions to a usually unharmful ingredient.

The danger of poisoning is often forgotten. A case of lead poisoning clearly illustrates teh dangerous situations in which one can be. "The patient was a four-year-old girl(...). Her blood lead was $136 \mathrm{ug} / \mathrm{dL}$, and her erythrocyte protopurphyrin concentration was $512 \mathrm{ug} / \mathrm{dL}$. The child's home was examined by the environmental health department, and the only obvious source of lead was a bottle of Morgan's perfumed pomade which the mother used to darken her hair. When directly questioned, the mother admitted that her child was in the habit of putting her fingers into cosmetics and lick them. ${ }^{(39)}$ The product contained $3 \%$ lead acetate.

Another example: a child was hospitalized because he had a typical grey-blue appearance, looking drowsy and quite ill, but had no evidence of hearth or lung disease. The source of the toxine: a lipstick which the child had chewed. ${ }^{(43)}$

Thus the LCI, a precious information tool in the cases of poisoning, should not bring about the reduction of the number of warnings. Just think about those who mistook little bottles of nail glue for others, very similar, containing eye drops! ${ }^{(45)}$

## Expiration date

Our 1989 study revealed that $72 \%$ of the "well-informed" consumers wanted to know more on the expiration date. Consumers today still require a LCI "with an expiry date (p.26)". The concerned groups expressed the same desire: "Definitely, an expiry date... should be added" ( $p .21$ ) But we need to agree on what an expiration date is. There is the time between the production of the cosmetic and the time of purchase, and the time spent between the purchase date to the time where the product is open and used. There are many variations according to the conservation conditions: open air, sunlight. "Other suggestions include: reaction to humidity/cold temperature, use morning/night, preservation darkness vs neon light." (p.23). Besides, this "expiration" is not perceptible. Janice Teal, a microbiologist at the head of the division of products safety and packaging at Avon Inc., even after the preservatives have ceased to work, there is no way of sensing or seeing a change. ${ }^{(44)}$ However that may be, the inscription of an expiry date does not seem to be a problem, since it is easy to determine. ${ }^{(65,4 \mathrm{p} .10)}$ The RoC company (France) shows an example (Figure 2A).

## The 1-800 line

"A 1-800 line is also at the top of priorities". The round table that was held in Toronto in January 1989 almost exclusively evolved around this subject, which was at that time proposed by the CCTFA, with the idea of a centralization of this line. Everyone accepted the idea, but as a complementary tool; and who would pay? The CAC-Q does not see how the CCTFA would manage that bank, and would never accept that every manufacturer manage their own line. The costs of such a service could become overwhelming. During an informal discussion with the Planning and Resource Management Division, we suggested that a 1-900 line be created, which would be self-financed. But this is against a direct and
easy access to information. Nevertheless, a consumer service must be created in order to answer to the flood of consumer requests when the LCI will be available.

## Cost

As we have mentionned in the analysis of the dermatologists' answers, there will be "important costs involved for manufacturers". Let's discuss this aspect. According to an estimation made in $1989^{(52)}$, based on * results, the increase will reach an average 18 cents for the first year, and 7 cents for the subsequent years for a $\$ 6.83$ product, that is to say $2.65 \%$ the first year, and $1 \%$ thereafter. Furthermore, let's not forget that certain companies already print a LCI on their products (under the American form, but bilingual). For example, the company that manufacturers Annabelle products is the first Canadian company to dare print a LCI. Mr Cohen says: "Why not declare a LCI? Is there anything to hide? If the customers want to know the ingredients, let's give them what they want!" He adds that the phenomenon is the same in the food industry. People want to know what they eat; that is normal. As for the costs, Mr Cohen is convinced that they are minimal, because a sample has to be made anyway, and that it is not much more expensive (except for the first time). It takes little space, but what it takes is the will to do it and to help the customers. ${ }^{(73)}$ (Figure 2B) At Braun's ${ }^{(76)}$, it is believed that there will be no additional costs for adding lettering. The costs rather depend on the size of the label and the colors used. Of course, we suppose that the list will only be added at the time of revision of the label, where the sample is changed.

### 7.3 The "best" LCI

The ideal listing does not exist. It depends on our priorities. Whether we only consider the "health" aspect, or we also take the "information" one into consideration... in the name of the consumer (!).

## Complex ingredient names

For years, the CAC-Q has been studying the question of the LCI with the consumers. This non-negligeable experience has showed that consumers are not comfortable with the complex ingredient names. They could get used to them, as they did in the food industry, but we firmly believe, with the results from stage 2 , that consumers prefer the ingredient roles. In the US, recent articles said that "because cosmetic ingredients are often complex chemical substances, the list may be incomprehensible to the product's average user. "(46)

## Even the specialists are confused

Even the specialists are lost. The American experience shows that, because of the unusual and sometimes misleading nature of the ingredients that are contained in cosmetics, consumers often ask explanations to the FDA(US). "My night cream contains liposomes what are they? Why is placenta used in cosmetics - is it human? and could I catch an illness?" The FDA(US) scientists specialized in cosmetics can explain the nautre of an ingredient when it is identified by its chemical name. But when the manufacturer uses the commercial name, the FDA(US) must usually consult the manufacturer's commercial litterature or the international dictionary of cosmetic ingredients, published by the CTFA (...) ${ }^{(46)}$.

## The name used can be misleading

Not only are the ingredient names complex, but these words can be misleading. Many names can make believe that an ingredient is something else than what it is used for. For example, Stanley R. Milstein, Ph.D., associate director for the cosmetics division of the FDA, says that the belief that the skin can be nourrished by a vitamin that is applied on its surface is not clinically proven. For this reason, according to Mr Milstein, a vitamin added to a cosmetic must be called by its chemical name, so it will not lead to misinterpretation.

These misleading messages carried out by the ingredient names reinforce the belief in the use of the role of an ingredient instead of its name. Another example: if, instead of using the term collagen, we say that it is a moisturizer, the reader is not mislead.

## Code and function

A number assigned to an ingredient, whatever its name, cannot be misinterpreted. The wording of "natural extracs" is now a problem. In certain cases, the wording can create conflicts. For example, there is a case where a manufacturer declared a raw material consisting of collagen and water, and registered it as a soluble collagen with the nomenclature commitee of the CTFA. It took two years to resolve the conflict and for the manufacturer to admit it was an animal protein and water. If a number is assigned, the task is simplified. Besides, according to John E. Bailey, Ph.D., director of the colourings and cosmetics division of the FDA(US), there is no ruling that clearly defines what "natural" means. According to Alexander Fischer, M.D., author of Contact Dermatitis, vitamin E is a potential sensitizing agent that can produce a delayed allergenic contact dermatitis as much as immediate urticaria. According to the commercial newspaper Drugs and Cosmetics Industry, all plants [including those used in cosmetics] can be contaminated with bacterias, pesticides and fertilizers widely used in order to increase crops.

Furthermore, consumers are not the only ones to prefer the ingredient roles instead of their names. On a questionnaire sent to the readers of Cutis, a respondent suggested that the future articles in "Dermatologies en Cosmétiques" discuss the nature and role of cosmetic ingredients. Dr. C M Ridley and others (May 19, p. 1537) suggest that the ruling on cosmetics should not allow manufacturers to name a component without mentioning its role; the main issue at the time was bleaching agents.

Here are the different advantages that a FUNCIION=- CoDe listing can offer:

- comprehension
- precision
- without any misinterpretation
- limited number of words (roles) to translate
- international possibility (code). For the EEC, the problem is even beyond bilinguism.
- an ingredient that changes name keeps the same number
- easily adaptable (flexible and dynamic)
- requires little space
- can easily be integrated to ingredients with a particular status
- compatible with the American system (since the Cosmetic Ingredient Dictionnary is the basis of the code system).


### 7.4 How do we layout the LCI?

## Concentration

Certain facts (p.30) lead us to conclude that the inscription of concentrations is an indispensable tool for the decision-making process, and is an important element in the treatment. The declaration of a LCI is mandatory in our country, though confidential. In that declaration, the manufacturer must give a list of all ingredients contained in the cosmetic product and, for each of them, indicate the concentration level with the help of the numbers obtained in the following table.

TABLE/TABLEAU

| Number/Chiffre | Range/Concentration |  |
| :---: | :---: | :---: |
| 1 | over | $30 \%$ to $100 \%$ |
|  | plus de | $30 \%$ à $100 \%$ |
| 2 | over | $10 \%$ to $30 \%$ |
|  | plus de | $10 \%$ à $30 \%$ |
| 3 | over | $3 \%$ to $10 \%$ |
|  | plus de | $3 \%$ à $10 \%$ |
| 4 | over | $1 \%$ to $3 \%$ |
|  | plus de | $1 \%$ à $3 \%$ |
| 5 | over | $0.3 \%$ to $3 \%$ |
|  | plus de | $0,3 \%$ à $3 \%$ |
| 6 | over | $0.1 \%$ to $1 \%$ |
|  | plus de | $0,1 \%$ à $1 \%$ |
| 7 |  | $0.1 \%$ or less |
|  |  | 0,1\% ou moins |

When the specifications on the product include more than one category, the manufacturer must indicate the code number that corresponds to the highest range.

## Products for professional use

Eventhough we did not ask any questions on the subject, we advise not to exclude cosmetics intended for professional use from the next ruling. First, the LCI has always been requested on all cosmetics, without anyone ever mentionning that an exception should be made for cosmetics intended for professionals. Furthermore, the advantages of giving a complete declaratio for products sold in professional beauty salons are quite obvious for dermatologists, the people who work in salons, and the customers affected by allergenic contact dermatitis. Prevention measures can lessen human suffering and allow those who have particular beliefs about the environment or health to choose the products that best suit their needs and interests.

## Fragrances

It seems that the medical community is not at ease with the question of fragrances and the "secrets" they are surrounded with ${ }^{(50)}$. Although the reason of such detours is understandable, and this exclusivity is respected, the problem remains the same for consumers who suffer from reactions to a perfume. Should they refrain from using all perfumes? The problem comes from the complexity of the perfumes, made of a many fragrances, between 10 and 300 .

In a speach, Gary Sibbald ${ }^{(4, \text { appendix 4D) }}$, representative of the Canadian Dermatologists Association, proposed to give a specific number to each fragrance, as one manufacturer once did, and that they could be divided into families.

Besides, the American system is often criticized on this issue. The most common cause of all contact dermatitis is fragrance. It is of no use for these allergenic agents since the fragrances are not listed and are not specific.

The possibility of using a coded number for fragrances would match the rest of the list, which would also be numbered. The only difference would be the reference to that number, which would not give any information that could disadvantage manufacturers and competition.

## Numbering

First, the numbering of the ingredients would be made according to a sequential order, based on an official document. Updates would be given subsequent numbers. The CTFA Cosmetic Ingredient Dictionary, 2nd ed., seems to be the official source of the LCI in the United States. In Canada, the Planning and Resource Management Division is developing its own data bank.

Let's show an example: if a cosmetic contains an ingredient called "lauramide", its LCI will list a number, 1586 for example, according to an alphabetical order defined in the data bank. If the range is $10 \%$, this ingredient code will be followed by a code 3 . As you may already know, one ingredient can have more than one function. But the manufacturer always knows (let's hope) the reason for which an ingredient is added to a product. That is what the consumer wants to know. What purpose does an ingredient serve? Why is it used? Let's suppose that lauramide was added as a foam booster. We then obtain the following formula:

Agent moussant tensioactif/Surfactants Foam booster La1586-3

We have considered the possible problem that a numbered list could represent. A misprint could make believe that another ingredient is used in a product (while a misspelling does not change the interpretation). That is why we propose a numeration that would enable us to confirm the information by adding the first two letters of the ingredient name. Another numeration could look like:

Agent moussant tensioactif/Surfactants Foam booster La14-34(3)

Once again, the digit in parentheses indicates the range. " 14 " indicates the 14 th chemical class, that of amides according to an alphabetical order of the different chemical classes defined in a data bank. " 34 " shows the rank of the ingredient by alphabetical order within the chemical class. The "La" represent the first two letters of the ingredient's name. Because the different chemical classes do not change, the first number is the same (14), whether or not a new ingredient is added to the class; this represents a great advantage. Furthermore, an experienced specialist will know the ingredient's class without even consulting the reference document.

The advantage of listing the functions (or even the chemical classification) lies in the ease of understanding, of course, but also in the limited number of data (to translate and to manipulate). There are 66 roles in the CTFA Cosmetic Ingredient Handbook (1st ed., p.), as opposed to 4,000 ingredients.

## International

Let's mention this numbered LCI can be used all over the world (except for the code indication). The language problem makes "impossible the listing of all ingredients in the language of each country" ${ }^{\prime \prime}(31)$ member of the EEC. The coming of Mexico in the free-trade agreement introduces a new language. The codes help rationalize and standardize the listings. Let's not forget that the listing cannot be only numerical, since this type of list only got $3 \%$ of the votes, and that the notion of code prevails.

## Place of the LCI

Nothing special came out of this point. It seems that the majority of the respondents agreed with the Planning and Resource Management Division in its LDR no 768, which stated that the LCI would be printed on the outside, of if that is impossible, on the inside label, but must be made available to the customer at the time of the purchase.

### 8.0 CONCLUSION TO THE STUDY

The need for a list is obvious. A first study in 1989 showed such a need, and the three stages of this report clearly prove it. Consumers, dermatologists and pharmacists believe it is necessary and important for specialists in the execution of their work and for the consumers.

The mandate at that time was only to find out if a LCI was necessary, useful and justified. All that we could say was that the information had to be available quickly, be clear and precise, easily accessible at the best possible cost. We could not choose a particular type of list (unless we took for granted what existed in the US, or in the food industry). The mandate of the present project is to determine what sample of label would be the most appropriate, and what elements it should contain.

Furthermore, in order for the proposition to be a solution, it has to succeed the test of the 36 identified variables. We have included them for reference (appendix 1 ).

The consumers showed a real need for this type of information. But we have to admit that in every survey, when more informations are offered, the answers are usually very positive. The consumers' choice is obvious: $70 \%$ prefer the UTILITY LIST, which would list the FUNCTION AND CODE of the ingredient. The addition of a 1-800 list is also essential. Specialists also believe this element is very important (stage 1), as is the computerized access to information.

Only $26 \%$ of the respondents among the different concerned groups (stage 1 ) were in favour of the American list.

There is a little confusion in the answers (stage 3) concerning the UTILITY LIST, the respondents not having understood that the codes were taken from a reference book, neither that what was submitted to them was the choice of the consumers. Indeed, eventhough a majority of the specialists (pharmacists, dermatologists or manufacturers) evaluate the

UTILITY LIST as being appropriate, they mention its lack of precision and the fact that it is incomplete. We can reassure them: the list will be complete, the codes precise, refering to an already existing guide (CTFA), and it is the consumers' first choice.

Other suggestions concerning this list:

- expiration date;
- conservation place;
- exposure to light;
- $\%$ of ingredients; and
- ingredients listed by descending order by quantity.

The list must be put on the packaging and/or the product. It has to be visible before the purchase.

The list will facilitate the work of specialists, will help the consumers who know their allergies, will increase the need for consultation, and will improve customer/patient service. But, the additional costs on the manufacturers part must not be transferred to the customers.

Finally, there should be an adaptation period in order for manufacturers to sell out the existing packaging.

### 9.0 PROPOSITION

Considering the conclusion of the "LCI" and "LCI E" projects, we, the CAC-Q, propose to modify the Law on Food and Drugs in order to make the LCI mandatory. That LCI must be listed with a specific ingredient code, precise, accompanied by the ingredient code, and by the range code. This listing will be printed on the product package (or on the product itself if there is no package). This listing will be followed by a 1-800 number, managed by the Planning and Resource Management Division or an independant organization. The expiration date must also be indicated. All warnings the manufacturers believe would be useful or add to the consumer's information and health (storage conditions, for example), and/or would protect them, are welcome.

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## FIGURES



Dētail d'une réaction (\#6)
Reaction close-up (\#6)

Épreuves en place dans le dos
Patch tests in place at the back

FiG. 1 Réaction positive (dcoite) ̀̀ une épreuve épicutanée (gauche). Positive reaction (right) to a patch-test (left)
[ (Ref 67) Utiliser arec permission / use by permission I

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$\square$ . ${ }^{\circ}$ $\square$


## APPENDIX A

## LIST OF INGREDIENTS ON COSMETICS CONSUMERS ASSOCIATION OF CANADA

NOTE: For each question, we present a situation for which we want your comments or your professional opinions. Feel free to add extra sheets if the space is not enough.

1.     - Is there a risk associated to the use of cosmetics and/or hygienic products?

- What kind of risks?
- How important is that risk?
- How frequent is that risk?
- Is the risk worse or higher for cosmetic or hygienic products?

2. Do patients consult for these risks?

- How frequent do they consult?
- When do they consult (before or after usage of the product)?
- Do patients have enough information on the risks or do they experiment the product (trial and error type of usage)?
- How can the patients get this kind of information on the risks?

3. What would be the ideal means of information concerning the information on the risks involved in the use of cosmetios and hygienic products

- for your profession?
- for the patients?
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

4. In your profession and for the exercise of your work, do you have enough information regarding these risks?
How do you get that information?
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
5. Would a list of ingredients on these products be a good means of information

- for your work?
- for the patients?
$\qquad$
$\qquad$
$\qquad$
$\qquad$

6. How should a list of ingredients be presented? And why?

Examples: - usual and common names

- function of the ingredient
- chemical name
- chemical code (in reference to the Cosmetics Ingredients Handbook, Cosmetics Toiletry and Fragrance Association of America)
- negative list (riskier ingredients)
- complete list or major ingredients
- others

Please evaluate it in terms of your need as a professional and the needs of the patients.
7. Should there be a centralized information support system (telephone line, voice mail system, computerized data base, etc)?
Should it be accessible to professionals? to patients?
What form should it take?
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
8. What are the benefits you see in a list of ingredients

- for the professional?
- for the patient?
$\qquad$
$\qquad$
$\qquad$
$\qquad$

9. Would such a list be of any preventive value for the patient?

To avoid trial and error type of usage?
$\qquad$
$\qquad$
$\qquad$
$\qquad$
10. Should such a list be for cosmetics alone or for hygienic products too?
11. In the next pages, we present different model-type or sample lists for shampoo and lipstick. We would like your evaluation of each of them and your preference.

## LIST 1 <br> AMERICAN NOMENCLATURE

## Shampoo

Pyrithione Zinc
Water
Ammonium Laureth Sulfate
Ammonium Lauryl Sulfate
Glycol Distearate
Cocamide Mea
Fragrance
DMDM Hydantoin
Sodium Chloride
Citric Acid
Ammonium Xylene Sulfonate
Pale Blue No 1
Beer

## Lipstick

Castor Oil
Oleyl Alcohol
Carmamba Wax
Candegilla Wax
Issoppopyl Myristate
Lanolin Oil
Ozokerite
Bees Wax
Cetyl Alcohol
Cercsin
Fragrance
Propyl Paraben
BHA
Titanium Dioxide
Aloe Vera
Embryo Extract
Shark Liver Oll
Testicular Extract

- Ease of use for the professional? for the patient?
- Ease of understanding for the professional? for the patient?
- Relevance for the professional? for the patient?
- Elements to add to the list/to delete from the list?
LIST 2
PRODUCT CODES, IN REFERENCE TO THECOSMETICS INGREDIENTS HANDBOOK
Shampoo Lipstick
3693 ..... 0508
3639 ..... 2024
0155 ..... 0499
0160 ..... 0465
1244 ..... 1491
0617 ..... 0252
FRAGRANCE ..... 0561
1064 ..... 05133074
0608
FRAGRANCE01762856
0298
1157 ..... 3504
0251 ..... 00710076 (and/or 0740, 0762, 0718,0715)
1431
10923013
3473
- Ease of use for the professional? for the patient?
- Ease of understanding for the professional? for the patient?
- Relevance for the professional? for the patient?
- Elements to add to the list/to delete from the list?


## LIST 3

## FUNCTIONS OF THE INGREDIENTS

## Shampoo

Antidandruff
Solvent
Surfactant - Cleansing Agent
Surfactant - Cleansing Agent
Surfactant - Emulsifying Agent
Hair Conditioning
Fragrance
Preservative
Viscosity Increasing Agent (Aqueous)
PH Adjuster
Anticaking
Colorant

## Lipstick

Skin Conditioning Agent
Viscosity Increasing Agent (Non
Aqueous)
Binder
Binder
SkinConditioningAgent-Emollient
Solvent
Emulsion Stabilizer
Binder/Niscosity Increasing Agent
Emulsifying Agent - Surfactant
Emulsion Stabilizer
Fragrance
Preservative
Antioxidant
Colorant/Opacifying Agent
Biological Additive
Colorants
Colorant

- Ease of use for the professional? for the patient?
- Ease of understanding for the professional? for the patient?
- Relevance for the professional? for the patient?
- Elements to add to the list/to delete from the list?

LIST 4
CHEMICAL CLASS

## Shampoo

Thio Heterocyclic Organic Salts Inorganics
Alkyl Ether Sulfates
Esters
Alkanolamides
Fragrance
Heterocyclic Ahides
Inorganic Salt
Carboxylic Acids
Alkyl Aryl Sulfonates
Color Additives - Certified

## Lipstick

Fats and Oils
Fatty Alcohols
Waxes
Waxes
Esters
Fats and Oils
Waxes
Waxes, biological
Fatty Alcohols
Waxes
Fragrance
Esters, Phenols
Phenols
Color Additive- Non Certified
Biological
Color Additives
Color Additives - Non Certified

- Ease of use for the professional? for the patient?
- Ease of understanding for the professional? for the patient?
- Relevance for the professional? for the patient?
- Elements to add to the list/to delete from the list?


## LIST 5

## COMBINATION

## 1. American Nomenclature and functions

## Nomendature:

Ex.: Pyrithione Zino
Water
Ammonium Laureth Sulfate
2.: Functions and codes

## Function

Antidandruff ..... 3693.
Solvent ..... 3639
Surfactart Cleansing Agent ..... 0155
Code
Antidandruff
Solvent
Function
Surfactant - Cleansing Agent
....
3- Chemical dass and functions
Class
Function
Thio Heterocyclic Organic SaltsInorganiosAlkyl Ether Sulfates
Antidandruff
Solvent
Surfactant - Cleansing Agent
....
4- Chemical class, functions and codes
Class Function ..... Code
Thio Heterocyctic Organic Salts Antidandruff ..... 3693
Alkyi Ether Sulfates
Solvent ..... 3639
Surfactant - Cleansing Agent ..... 0155

- Ease of use for the professional? for the patient?
- Ease of understanding for the professional? for the patient?
- Relevance for the professional? for the patient?
- Elements to add to the list/to delete from the list?

12. Which list would you recommend? Why?
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
13. Should we add an expiration date? A 1-800 telephone number for more information?
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
14. Where should it be on the product?

Ex.: - on the package

- on the product
- on a separate sheet inside the package
- other
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

15. Do you have any other comments?

NAME:
PROFESSION:
INSTITUTION/ENTERPRISE: $\qquad$
TELEPHONE NUMBER:

## APPENDIX B

## QUESTIONNATRE - STAGE 2

## QUESTIONNAIRE COSMÉTIQUES

Bonjour/Bonsoir, mon nom est $\qquad$ de la firme L'Opinion du Consommateur. Nous faisons un sondage sur les produits cosmétiques et les produits hygiéniques. J'aurais quelques questions à vous poser, cela ne prendra que 5 minutes. Je peux vous assurer que toutes les réponses demeurent confidentielles.

No de questionnaire


No de pharmacie
1
2
3
4
Rayon produits cosmétiques $1 \begin{aligned} & 1 \\ & \text { produits hygiéniques } \\ & 2\end{aligned}$


Voulez-vous participez à cette étude? Votre opinion est très importante pour le projet.

Heures $9-12$ heures $\quad \begin{gathered}\quad 1 \\ 12-18 \text { heures } \\ \\ 12\end{gathered}$
18-21 heures 3

Q1 En tout premier, j'aimerais savoir si vous utilisez, même si c'est de façon occasionnelle:

Q2 Avez-vous déjà eu des réactions indésirables pour:


Q3 Lorsque vous achetez un produit cosmétique ou hygiénique, demandez-vous de l'information au pharmacien ou au vendeur concemant ce produit?


Q4 Quel genre d'information demandez-vous? Est-ce concemant..
QUI NON NSP/PB

| Q4A | les ingrédients dans le produit ......... | 1 ........ | 2 .......... | 9 | L_ 18 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Q4B | les réactions cutannées possibles ..... | 1 ........ | 2 | 9 | $L 19$ |
| Q4C | la qualité du produit ......................... | $1 . . . . . .$. | 2 | 9 | L_ 20 |
| Q4D | le prix du produit ............................. | $1 . . . . . .$. | 2 .......... | 9 | $L / 21$ |

## Q5 Diriez-vous que vous avez assez d'information concernant les ingrédients qui

 sont dans les produits cosmétiques ou hygiéniques que vous achetez?OUI
1
NON ................................... 2
NSP/PR
9

## Q6 De façon générale, lorsque vous achetez un produit, cosmétique ou hygiénique,

 lisez-vous l'information inscrite sur l'emballage ou sur le produit?| Oui en partie .................... | 1 |  |
| :--- | :--- | :--- |
| Oui au complet .................. | 2 |  |
| Non ............................... | 3 |  |
| NSP/PR ............................ | 9 |  |

Q7 S'il y avait une liste d'ingrédients ou de composantes sur les produits cosmétiques ou hygiéniques, cette liste devrait-elle...
comprendre tous les ingrédients ............................. 1
comprendre les principaux ingrédients ................... 2
comprendre les éléments risqués ou dangereux ... 3
NSP ........................................................................... 4
PR ............................................................................. 9
Q8 S'il y avait une liste d'ingrédients, cette liste devrait-elle...


Q9 S'il y avait une liste d'ingrédients, cette liste devrait-elle...
être sur l'emballage ..... 1
être sur le produit ..... 2
être sur un feuillet à l'intérieur de l'emballage ..... 3
être sur un feuillet sur l'emballage ..... 4
NSP ..... 5
PR ..... 9
Q10 Je vals vous présenter trois listes différentes d'ingrédients que l'on pourraitretrouver sur les produits cosmétiques ou les produits hygiéniques. Nous avonschoisi, simplement comme exemple, les shampoings et le rouge à lèvres. Ceslistes comprennent de l'information pour laquelle les dermatologues et lesspécialistes auraient des références écrites. Une ligne d'information du genre1-800 serait également accessible à tous.
PRÉSENTER LA LISTE 1
Q10A Cette liste, que ce soit pour le rouge à lèvres ou le shampoing, est-elle...
très facile à comprendre ..... 1
facile à comprendre ..... 2
difficile à comprendre ..... 3
très difficille à comprendre ..... 4
NSP/PR ..... 9
Q10B Cette liste vous apparaît-elle.
très utile pour prévenir des problèmes ..... 1
utile pour prévenir des problèmes ..... 2
peu utile pour prévenir des problèmes ..... 3
pas du tout utile pour prévenir des problèmes ..... 4
NSP/PR ..... 9

## Q11 Voici une deuxième liste. <br> PRÉSENTER LA LISTE 2

Q11A Cette liste, que ce soit pour le rouge à lèvres ou le shampoing, est-elle...
très facile à comprendre ....................................... 1
facile à comprendre ............................................. 2
difficile à comprendre ............................................ 3
très difficile à comprendre .................................... 4
NSP/PR ................................................................. 9
Q11B Cette liste vous apparaî-elle...
très utile pour prévenir des problèmes ................. 1
utile pour prévenir des problèmes ......................... 2

peu utile pour prévenir des problèmes

3
pas du tout utile pour prévenir des problèmes ...... 4
NSP/PR ................................................................. 9
Q12 Voici la troisième liste.

## PRÉSENTER LA LISTE 3

Q12A Cette liste, que ce soit pour le rouge à lèvres ou le shampoing, est-elle...
très facile à comprendre ....................................... 1
facile à comprendre ............................................. 2
difficile à comprendre ............................................ 3
très difficile à comprendre .................................... 4
NSP/PR ................................................................. 9
Q12B Cette liste vous apparaî-elle...
très utile pour prévenir des problèmes ................. 1
utile pour prévenir des problèmes ......................... 2
peu utile pour prévenir des problèmes ................... 3
pas du tout utile pour prévenir des problèmes ...... 4
NSP/PR ................................................................. 9
Q13 Quelle liste, parmi les 3, préférez-vous?
PRÉSENTER LES 3 LISTES
Liste 1 ..... 1
Liste 2 ..... 2
Liste 3 ..... 3
Aucune ..... 4
NSP ..... 5
PR ..... 9
Q14 Selon vous, sur les listes d'ingrédients des produits cosmétiques et hygiéniques, que devrions-nous retrouver pour que ces listes soient utiles pour vous?
3435
Q14A Cette liste devrait-elle présenter une date d'expiration?
OUI ..... 1
NON ..... 2
NSP ..... 3
PR ..... 9
Q15 Seriez-vous intéressé à ce que les compagnies inscrivent sur leur produit, les ingrédients qui composent leurs cosmétiques ou produits hygiéniques? Seriez- vous...
très intéressé ..... 1
intéressé ..... 2
peu intéressé ..... 3
pas du tout intéressé ..... 4
NSP ..... 5
PR ..... 9

## Maintenant, strictement à des fins statistiques:

## Q16 Dans quel groupe d'âges vous situez-vous? Est-ce...

| 18-24 ............................ | 1 | $L$ |
| :---: | :---: | :---: |
| 25-34........................... | 2 | 38 |
| 35-44 ............................ | 3 |  |
| 45-54 ........................... | 4 |  |
| 55-64 ........................... | 5 |  |
| 65 et plus ........................ | 6 |  |
| PR .................................. | 9 |  |

Q17 Quel a été en 1991 le revenu total de votre foyer, avant impôt? Est-ce...
moins de 24999 \$ ..... 1
entre 25000 et $34999 \$$. ..... 2
entre 35000 et 49999 \$ ..... 3
plus de $50000 \$$ ..... 4
PR ..... 9
Q18 Combien de personnes, vous incluant, habitent votre foyer?

Q19 Combien de ces personnes ont moins de 18 ans?
$\qquad$ personnes


Q20 Quel est le niveau de scolarité le plus élevé que vous avez atteint? Est-ce...
primaire ..... 1
secondaire ..... 2
CEGEP ..... 3
universitaire ..... 4
NSP/PR ..... 9

Q21 En moyenne, combien dépensez-vous par mois pour les produits cosmétiques, c'est-à-dire du maquillage, du parfum, des produits de manicure?
$\qquad$ \$


Q22 En moyenne, combien dépensez-vous par mois pour des produits hygiéniques, c'est-à-dire savon, dentifrice - rince-bouche, shampoing ou autres?
$\qquad$ $\$$

| 1 |
| :--- |
| $48 \quad 1$ |
| $48 \quad 50$ |

Merci de votre collaborationl

## Enregistrez le sexe:

Homme ................. 1
Femme ................. 2
$\stackrel{L}{51}$

Enregistrez la langue d'entrevue: Français ................ 1
Anglais
$\stackrel{L}{52}$

Numéro d'interviewer


Durée de l'entrevue minutes


## SHAMPOING

## ROUGE À LÈVRES

ZINC DE PYRITHIONEEAUSULFATE D'AMMONIUM LAURETHSULFATE D'AMMONIUM LAURYLDISTEARATE DE GLYCOLMEA COCAMIDE
FRAGRANGEDMDM HYDANTOIN
CHLORURE DE SODIUM
ACIDE CITRIQUE
SULFONATE DE XYLĖNE AMMONIUMFD\&C BLEU No 1
BIERE
ALCOOL OLEYLIQUE CIRE DE CARNAUBA CIRE DE CHANDELLE MYRISTATE ISOPROPYLIQUE HUILE DE LANOLINE OZOKÉRITE
CIRE D'ABEILLE CÉTYL ALCOOL CÉRÉSINE FRAGRANCE
PROPYL PARABĖNE ..... BHA
DIOXYDE DE TITANE aloe vera

## SHAMPOING

## 3693 ANTIPELUCULAIRE

3639 SOLVANT
0155 AGENT NETTOYANT - SURFACTANT
0160 AGENT NETTOYANT - SURFACTANT
1244 AGENT ÉMULSIFIANT - SURFACTANT
0617 CONDITIONNEUR POUR CHEVEUX FRAGRANCE
1064 PRÉSERVATIF
3074 AGENT (AQUEUX) ÉPAISSISSANT
0608 CONTRỐLEUR DE pH
0176 ANTIFLOCCULANT
1157 COLORANT
0251 AGENT CONDITIONNEUR POUR CHEVEUX

## ROUGE À LèvRES

## 0508 AGENT CONDITIONNEUR POUR LA PEAU

2024 AGENT (NON-AQUEUX) ÉPAISSISSANT
0499 AGENT LIANT
0465 AGENT LIANT
1491 AGENT COND. POUR LA PEAU ÉMOLIENT
0252 SOLVANT
0561 STABILISATEUR D'ÉMULSION
0513 AGENT ÉPAISSISSANT ET LIANT (NON-AQUEUX)
2856 AGENT ÉMULSIFIANT SURFACTANT
0298 STABILISATEUR D'ÉMULSION FRAGRANCE
3504 PRÉSERVATIF
0071 ANTIOXYDANT
0776 AGENT COLORANT/OPACIFIANT
1431 ADDITIF BIOLOGIQUE
1092 ADDITIF BIOLOGIQUE
3013 AGENT CONDITIONNEUR POUR PEAU - MASQUANT
3473 ADDITIF BIOLOGIQUE

## LISTE 3

SHAMPOING
ROUGE À LÈVRES
3693 ..... 0508
3639 ..... 2024
0155 ..... 0499
0160 ..... 0465
1244 ..... 1491
0617 ..... 0252
FRAGRANCE ..... 0561
1064 ..... 0513
30740608FRAGRANCE2856
0176 ..... 0298
1157 ..... 3504
0251 0071
077614311092
30133473

## APPENDIX C

MAIN STATISTICS TABLES




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}
#
```



on HECMTL: :
VMS V5. 4
Fage 12

- 04 D TYFE INFO\&FFIX

Validcases 192 Missing cetes S

Qs LECTUFE DE INFORMATIGN SUR LE FFQDUIT

| Value Label | Value | Fr゙eguenty | Fercent | Valid Fercent. | Cum FErCent |
| :---: | :---: | :---: | :---: | :---: | :---: |
| EHT EN FAFTIE <br> NEI, AU COMFLET NON | $\frac{1}{2}$ | 76 95 29 | $\begin{aligned} & 38.0 \\ & 47.5 \\ & 14.5 \end{aligned}$ | $\begin{aligned} & 38.0 \\ & 47.5 \\ & 14: 5 \end{aligned}$ | $\begin{array}{r} 38.0 \\ 100.0 \\ 100.0 \end{array}$ |
|  | Tetal | 200 | 100.0 | 100.0 |  |
| Valid cases 200 | Missing c | ¢®5 |  |  |  |

on HECMTL: :
VMS U5. 4
97 CONTENU DE LA LISTE

| velue Latel |  | Value | Frequency | Fercert | velid Percent | Cum Fercent |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 $\frac{1}{3}$ 3 4 | $\begin{array}{r} 114 \\ 23 \\ 62 \\ 1 \end{array}$ | $\begin{aligned} & 57: 0 \\ & 11: 5 \\ & \frac{1}{3}: \frac{0}{5} \\ & \hline \end{aligned}$ | $\begin{gathered} 57.3 \\ 19: 6 \\ M i \leq 5 i n g \end{gathered}$ | $\begin{array}{r} 57.3 \\ 68.8 \\ 100.0 \end{array}$ |
|  |  | Tatal | 200 | 100.0 | 100.0 |  |
| Valid cases | 199 | Ssing Ceses |  |  |  |  |






QiIB UTILITE LISTE FQNCTIDNS ET CDDES

Vallie Label
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UTILE UTILE
FIU UTILE
FAS DU TUT UTILE
GAIT FAS,FASDE R

Validcases 199
Trual
Value Frequency Fercent Fercent Fereent


Missing ceses 1

612A
COMFFEHENSION LISTE CODES

Value Label


Valij cases 199

012 E
UTILITE LISTE COUES

Value Label
TEEG UTILE
FEULETILE
FEU UTILE $W$ WUS UTILE

Valid cases 178

Value Frequency Fercent Fercent Fercent


## 2旨:12:16

SFES RELEASE 4 TATAFDR VAX/VMS
on HECMTL:
VMS V5.4

013
PREFERENCE


GIAA DATE DEXFIFATIUN

| VElue Label | Value | Freqliency | Fercent | Velid Percert | Cum Fercent |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { GUI } \\ & \text { FGN } \\ & \text { FKS DE REASNSE, NE S } \end{aligned}$ | $\frac{1}{2}$ <br> $\frac{3}{7}$ | $192$ | $\begin{array}{r} 76.0 \\ 2.0 \\ 1.0 \\ .5 \end{array}$ | $\begin{gathered} 9 \stackrel{6}{2} \cdot \frac{5}{5} \\ \text { Missing } \end{gathered}$ | $\begin{array}{r} 56.5 \\ 90.0 \\ 100.0 \end{array}$ |
|  | Tatal | 200 | 100.0 | 100.0 |  |

Validcases 199 Missing cases 1
Q15 IHTERET LISTE

？ 917 FEVENU IU MENAGE

| Value Letel | value | Frequency | Fersent | Valie Fercent | ${ }_{\text {FEREGMt }}^{\text {Cum }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\text { MOINS DE } 25000$ <br> 25－34 959 35－4 7 7\％手 FAS DE ETEFLUS | 1 2 3 4 4 | 68 68 59 29 14 14 | 34.0 24.5 14.0 16.0 7 | $\begin{array}{r} 36.6 \\ \frac{30}{3}: 6 \\ \text { Mis } \frac{1}{17}: \frac{6}{2} \end{array}$ | $\begin{array}{r} 36.6 \\ 697 \\ 100.8 \\ 10.8 \end{array}$ |
| ． | Tetal | 200 | 100.0 | 100.0 |  |

Valideases $186 \quad$ Missing cases 14
Q1s TEiLLE DU MENAGE

| V玉lue LaEel |  | Value | Frequency | Fercent | $\begin{aligned} & \text { Valid } \\ & \text { Fercerrit } \end{aligned}$ | Cum Fercent |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 8 7 4 4 5 | 54 50 30 31 10 10 |  |  | $\begin{array}{r} 27.0 \\ 62.0 \\ \frac{1}{9} 4 \\ 9.0 \\ 160.0 \end{array}$ |
|  |  | Totai | 200 | 100.0 | 100.0 |  |
| Ualid coses | 200 | sing | ミE5 |  |  |  |

Q19 NOMEFE D ENFENTS

Velue Latel

Valid cases

200
Miesing tases
0


```
020
    SCOLARITE
```

Value Label
Value Frequency Fercent Fercent Fercent

```
FEIMAIRE
```

CEGEF

Valid cases
200

Q21 DEFENSES MENSuELLES COSMETIQues
Vaiue Label

Value Frequency Fereent Fercent Fercent


Missing ceses 7



NO

| Value Label |  | Value | Freguency | Fercent | Valie Percent． | $\xrightarrow[\text { Fercent }]{\text { Cum }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 0 3 4 14 $\frac{4}{3}$ 3 | 1 1 50 49 50 47 | $\begin{array}{r} .5 \\ 25.5 \\ 25.5 \\ 25.0 \\ 24.5 \end{array}$ | $\begin{array}{r} .5 \\ 25: 0 \\ 24.5 \\ 24.0 \\ 24.5 \end{array}$ | $\begin{array}{r} .5 \\ 2.0 \\ 26.0 \\ 50.5 \\ 100.0 \end{array}$ |
|  |  | Tcital | 200 | 100.0 | 100.0 |  |
| Valid cases | 200 | Missing ceses 0 |  |  |  |  |
| －－－－ | －－ | －－－－ | －－－ | －－－ | －－－ | －－ |
| DUREE |  |  |  |  |  |  |
| Value Labei |  | value | Freguericy | Fercent | Valid Percent． | $\stackrel{\text { Cum }}{F \in r^{*} E E r_{1} t}$ |
|  |  | 3 | 25 | 14．5 | 14．5．5 | 17．5 |
|  |  | 5 | 73 | 36．5 | 36.5 | 5 |
|  |  | $\frac{9}{7}$ | 34 | －7．0 | 17.0 | 77.5 |
|  |  | 5 | 13 | 6.5 | 6.5 | 64.0 |
|  |  | 9 | 8 | 4.0 | 4.0 | 包：0 |
|  |  | 10 | 13 | 9.0 | 9.0 | 97.0 |
|  |  | 11 | － 2 | 1.0 | 1.0 | 98．0 |
|  |  | $\frac{12}{15}$ | 3 1 | 1.5 | 1.5 | $100.0$ |
|  |  | Tatal | 200 | 100.0 | 100.0 |  |
| $V=11 d$ cases | 200 | Missing | ミセ |  |  |  |





on HECMTL:
vins 15.4

013 FFEFEFENGE by 018 TAILLE DU MENAGE
13




Whater of Missing Observatiens: 2


## 

on HECMTL: :
UMS V5.4
013 PREFERENGE by 020 SCDLARITE


Number gif Missing bbservatians:



Number of Missing Otservetigus: 2

an HECMTL:
vMs v5. 4

Q13 FFEFERENCE EY FAYON FAYON DE LA FHAFMACIE

613
LISTE

LISTE 2

LISTE 3

AUCUNE



## Significance

.02054
.81207

an HECMTL:


Fearsom
Likelihgod Fatio
Mantel-Haenszel test fom
63.59908
62.45517
14.8504

9
9
1

On HEGMTL:


Number of Missing Qbservations: 2

Q13 FFEFEFENCE bY GIA UTILISATION FRODUITS HVEIENIQUES


Wニrning \# 10307
 yone.

Number of Missing Onservations: 2









013 FFEFERENCE BY QS ASSEZ INFERMATIUN SUR INGREDIENTS



Qi3 FFEFERENCE by Q7 CONTENU DE LA LISTE

413
LISTE 1

LISTE 2

LISTE 3

AUCUSE

| Count Cou fet | 87 <br> COMPREND KE TEUS | CDMFEENE |  | $\begin{aligned} & 1 \text { of } 1 \\ & \text { Total } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: |
| -1 | $\begin{array}{r}341 \\ 38.7 \\ 20.8 \\ \hline\end{array}$ | $\begin{array}{r}6.3 \\ 10.0 \\ 1 \\ 1 \\ \hline\end{array}$ | $\begin{array}{r}10.5 \\ 8 . \\ 2 \\ \hline\end{array}$ | 24.7 |
| $z$ | 464 45.4 32.5 | 14.9 87.0 10.2 | 354 35.1 87.1 27 | 70.1 |
| 3 | 50.0 |  |  | $1 . \frac{2}{1}$ |
| 4 | 75.6 |  | 25.0 ${ }^{3}$ | 4.8 |
| Copumn | 56.7 | 11.7 | 31.5 | 100.0 |

Chi-5quare

Fearson
Likelitgod R=tio
Fint
Minimum Expected Frequency -
6 DF
$12(50.0 \%)$

Number of Missing Observミtions: 3




on HECMTL:
VMS VE. 4


Number of Missing otservations: 3
Q13 FFEFERENCE by G15 INTERET LIETE
413
LISTE 1
LISTE
LISTE 2
LISTE 3
AUCUFE

Fage 1 af 1

613 TE


-


Fearsom
inelithoad Fetio
Mentel-Haenszel test for
Minimum Experted Frequency - $\quad$. 020
9.55057
10.20310
.1510
9
9
1
Sjgnificance
.38464
$: 67043$

Mumber of Missing Dheervetions: 3

013 FEEFESENEE bY Q14 COHTENU SOUHAITE



an HECMTL:
VHS V5.4

013 PREFERENCE by 014 CONTENU SOUHAITE

## 013

LISTE i

LISTE 2

LISTE 3
ádune


Foarson
Mantel Heenszel test for

- Value
64.49070
66.0750
0.17023


Significance
.63136
.57747
.00426


Number of Missing Dbeervations:
12


## 2G-JZn-93 SPSS RELEASE 4 SA: FOR VAK/VMS

Q13 PREFERENCE by QI4B CONTENU SOUHAITE
Fage 2 of 2

013


LISTE 3


LISTE 1

LISTE 2

Aucune
ESIOUE

Column
Chi-Square
Fearson
ikelifhood Fatio
Tantel-HEenszel test for


Number of Missing Deservations:
94


Q13 FEEFEFENCE by E $14 C$ COHTENU SOUHAITE

615
IISTE 1

LISTE 2

LISTE 3

$\qquad$

Fearson
Fikedongog Ratio
Mantel-Haenszel tect for
34.51170
24.12777
antelineer assaciation
26
1
1
Significance


Number of Missing Otservetions: 174
013 FREFERENCE by Q10A COMFREHENSION LISTE NOM CHIMIQUE

013
LISTE

LISTE Z

LISTE 3

AUCUNE

-_-. Chi-Square
Fearsongod Ratic
Mantel $\begin{gathered}\text { Hesnszel test for } \\ \text { inear association }\end{gathered}$
--_Value
$\begin{array}{r}35.67867 \\ 34.89014 \\ \hline 4.6987\end{array}$
DF
Eignificance
.00005

Minimum EnPEct.Ed Frequency - $\quad 05$
10 OF $16(62,5 \%)$

Number of Missing Observations: 3

3 GI3 FFEFERENGE by EIOE UTILITE LISTE NOM CHIMIOUE



Q13 FFEFEFENCE by Q11A CDMPREHENSION LISTE FDNGTIONE ET GODES

## 813

LISTE 1

LISTE 2

LISTE 3

AUCURE


Chi-Equare
Fearsor
-ikelifoad Ratio
Mantel-Henszel test for

10 OF
$16(62.5 \%)$

Number of Missing Deservations: 2
lineer assueiation


Significance
.00000
.0000
.00059


Number of Missing Dteervations: 3


Q13 PFEFERENCE bY OL2E UTILITE LISTE CODES

613
LISTE 1

LISTE 2

LISTE 3
AUCUNE


4
column
Chi-5quare

Page 1 of 1 Row70.4$1 .{ }^{2}$$4 .{ }^{8}$ $10{ }^{19} 6$

## Significance

.00000 .00779
.23793

Fearson
Gikelihgod Ratio
linear assoejation
Minimun Expeted Frequency - $\quad$. 010
12 DF
$16\{75.0 \%\}$

Number of Missing Deservations: 4


- Description rif Subpopulatigns - -

Summaries of Q $\quad$ OEF

| $\begin{aligned} & 913 \\ & 913 \\ & 613 \end{aligned}$ | 1 3 4 | $\begin{aligned} & \text { LISTE } 1 \\ & \text { LSTE } \\ & \text { AUCUNE } \end{aligned}$ |
| :---: | :---: | :---: |

VMS V5. 4

Cases
152
$1 \frac{47}{35}$

-     - Analysis of Variance - -

Dependent Variatle Q21 GEFENSESMENSUELLES COSMETIQUES

Value Label


Within Groups Total

## Source

EももwEen Grcups
Within Groups


| Squares | d.f. | Mean Square | F | 5ig. |
| :---: | :---: | :---: | :---: | :---: |
| 4579.9511 | 3 | 162t.6504 | 2.2102 | . 0583 |
| 123560.2520 | 185 | 735.9588 |  |  |
| $E_{\text {ta }}=.1846$ | Squ | $=.0341$ |  |  |



| 2t-jan-93 | an HECMTL: |  |  | VMS V5.4 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | - Anelysis of Veriance - - |  |  |  |  |  |
| Depencert Variable Ey levels of | defenses mensuelles hygienigues FFEFEFENCE |  |  |  |  |  |
| Value Label |  | Sum | Mean 5 | Stu Dev Sum |  | Cases |
| $\begin{aligned} & \frac{1}{2} \text { LISTE } \frac{1}{2} \\ & \frac{1}{3} \\ & 4 \\ & 4 \\ & \text { AUCUNE } \end{aligned}$ |  | $\begin{array}{r} 1205 \\ 4157 \\ 570 \\ 170 \end{array}$ | $\begin{array}{ll} 25.1042 & 1 \\ 25 & 2409 \\ 24.2657 & 1 \end{array}$ |  | 772 $5 \%$ 000 286 | $\begin{array}{r}49 \\ 35 \\ 3 \\ \hline\end{array}$ |
| Within Groups Total |  | 5562 | 29.428619 | 19.78367240 |  | 159 |
| Sturce | 5qumaf | d.f | Mean S7山ぇre | F | Sig. |  |
| Eetween Groups | 1604.7187 | 3 | 534.9083 | 31.3667 | . 2544 |  |
| Within Eroups | 72407.5665 | 185 | 351.3523 | - |  |  |
| $E_{t a}=.1472$ |  | Eta Squared $=$. 0217 |  |  |  |  |


| 2t－jen－93 | $5 \mathrm{5FS5}$ | Sis ${ }^{\text {S }}$ Site | vex／VMS | en HECMTL： |  | VMS VE． 4 |  |  |
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| Number of | lid ob | Etions | twise） | 188.00 |  |  |  |  |
| Vミがきちle | Mean | 5 tad Dev | Minimum | Meximum | valid | Latel |  |  |
| E2S | 27．56 | 27．34 | 9 | 200 | 1818 | DEFESEES | MENEUELLES | GUENETIGUES |


on HECMTL: :
VHS V5. 4


Numter of Missing Otservations: 1


Number of Missing Dbservations:

## 








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an HECMTL:
VMS VE. 4


乡4三rrirg \# 10307
Etatistics cannot be camputed when the number of nori-Empty rows ar colimas is core.

Number of Missing Observetions: 1





Chi-Square
Fearsgurg Retin Mantel-Hzersael test for
linezr ascotifation
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3
1
Significance
9.9265
$: 752623$


$8 \quad 37.5 \%$

Nember of Missing Obespvミもiors: 1


Number of Missing Dbservatiens:

an HECMTL:
VMS VE. 4






## 

on HECHTL:
vMS V5. 4


Wumber of Missing Dbservations: 1



Q15 InTERET LISTE by GiOA COMFREHENEION LISTE NGM CHIMIGUE


[^1]Fearsen
ikelihaod Retia
Mantelfibenszelatact for
$1 \begin{gathered}9.07782 \\ .50603\end{gathered}$
DF
9
9
1.

Minimum Expected Freguency -
Cellis with experted Frequency < 5.061 10 0F 16 ( $62.5 \%$ )

Number af Missing Dbservatiens: 2

Significance
.43012
$: 34242$
.31574

OM HECMTL：
VMS V5． 4


Number of Missing Dbservations: 1




Number of Missing Obeervetions: 2

on HECMTL: VMS V5. 4

015 INTERET LISTE by Qize UTILITE LISTE CODES

$\qquad$
Fearsem
Givel ihgod Ratia


## VaIuE DF

$9.7 \frac{1}{925}$
.7620
9
9

Minimum Eapected Frequency


Number of Missing observations: 3

## Significance <br> .17570 .42756

## APPENDIX D

Montreal, January 7th, 1993

## YOUR OPINION IS IMPORTANT

In 1989, the Consumers' Association of Canada (Québec chapter) Inc. did a study on the interest and the potential for a List of Ingredients on Cosmetics. The results showed clearly that the consumers and the dermatologists were in favor of such a list. In 1992, we have conducted the second phase of that study, that is to define the content of such a list. Again consumers and specialists were consulted.

One list, above all the others, has emerged as the preferred one: it contains the function and the code of the ingredients. You will find attached a one page questionnaire with five open ended questions regarding your evaluation and your comments concerning that list. It will take you only five minutes to complete, but will be for us a valuable source of information. Your answers will remain strictly confidential and the results will be analysed on a global basis.

It is important that you evaluate that list in your role as a support to the buyers of cosmetics in their purchases, their questions or their interest in the product.

We would like to receive your questionnaire by January 26th, 1993. You can use the envelope provided or you can fax it to 514-938-1311.

## THANK YOU FOR YOUR COOPERATION

Gail Lacombe
Coordinator
Consumers' Association of Canada (Québec) Inc.

QUESTIONNAIRE

## EXAMPLE

## LIPSTICK

| 0508 | SKIN CONDITIONING AGENT | 3504 | PRESERVATIVE |
| :--- | :--- | :--- | :--- |
| 2024 | VISCOSITY INCREASING AGENT (NON AQUEOUS) | 0071 | ANTIOXIDANT |
| 0499 | BINDER | 0776 | COLORANT/OPACIFING |
| 0465 | BINDER |  | 1431 |
| 1491 | SKIN CONDITIONTOGICAL ADDITIVE |  |  |
| 0252 | SOLVENT | 1092 | BIOLOGICAL ADDITME |
| 0561 | EMULSION STABILIZER | 3013 | COLORANTS |
| 0513 | BINDER/MSOCITY INGREASING AGENT | 3473 | COLORANTS |
| 2856 | EMULSIFYING AGENT - SURFACTANT |  |  |
| 0298 | EMULSION STABILIZER FRAGRANCE |  |  |

NAME: ADRESS: $\qquad$
$\qquad$

3504 PRESERVATIVE
0071 ANTIOXIDANT
COLOPANT/OPACIFYNG AGENT
BIOLOGICAL ADDITIVE
BIOLOGICAL ADDITIVE
COLORANTS
COLORANTS

0298 EMULSION STABILIZER FRAGRANCE

Question 1 Are you (please check)? () pharmacist () cosmetician () dermatologist ( ) manufacturer () other

Question 2 How useful is that list for you in your profession, in order to guide, advise or answer to questions regarding the risks of using cosmetic products?
$\qquad$
$\qquad$
$\qquad$

Question 3 What is your evaluation of the impacts of the list on the operations of your enterprise in terms of costs, services, support to the consumers/patients, etc.
$\qquad$
$\qquad$
$\qquad$
$\qquad$
Question.4 Are there other means of information you would suggest that could support that llst for the professionnals and/or the consumers?
$\qquad$
$\qquad$
$\qquad$

Question 5 Would you have any other comments on such a list, this specific one or any other topics related to the information to be provided to the consumers regarding the use of cosmetics?

QUEEN TP 983 . G57 1993
Giroux, Martin
Listing of cosmetic ingredie

DATE DUE
DATE DE RETOUR

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