

REVEALING THE DANGERS OF ONLINE CHILD SEXUAL EXPLOITATION

FOR CAREGIVERS OF YOUTH UNDER 10 YEARS OLD

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of Canada

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ONLINE CHILD SEXUAL EXPLOITATION:

WHAT YOU NEED TO KNOW

Children are spending more time online than ever before. It's where they go to play, learn, socialize and be entertained. As your child gets older and spends more unsupervised time online, it can open the door to harmful situations.

There have always been people who prey on children — the difference is the internet allows them to do it anonymously and from a distance. It's a growing problem across Canada. Parents need to be aware of how to protect children from online child sexual exploitation and teach them how to stay safe.

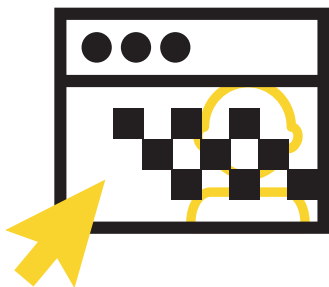
DID YOU KNOW?

**NEARLY 1 IN 4 PARENTS
HAVE COME ACROSS INAPPROPRIATE ONLINE
BEHAVIOUR AIMED AT THEIR CHILD.**

Source: Child Sexual Exploitation Public Awareness
Research, PSC, 2020



RISKS YOU SHOULD BE AWARE OF



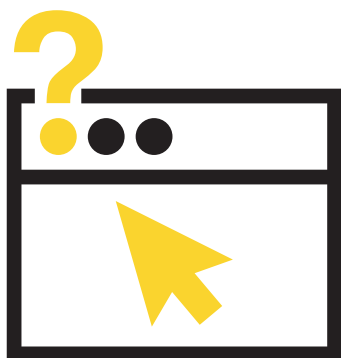
SEXUAL IMAGES AND VIDEOS

Children can easily be exposed to graphic and potentially harmful sexual content while watching videos, visiting websites, conducting searches or playing games online. If they do, they should know that pornography does not depict healthy relationships and it is normal to feel uncomfortable seeing it.



GROOMING

Grooming is when someone builds trust with a child, and sometimes the adults around them, to gain access to and control the child. It can be a stranger or someone your child knows. They normalize sexual behaviours by showing the child sexual images or videos, and sexualize the relationship by talking about sex or asking for images or videos. They may threaten or pressure your child into doing what they ask, or even to meet in person.



SEXTING

Sexting is when someone creates, sends or shares sexual messages, images or videos with friends, people they know or even strangers online. Older kids may think it is harmless, especially with someone they know or like, but once an image is sent, it is out of their control and it can end up hurting them or someone else.



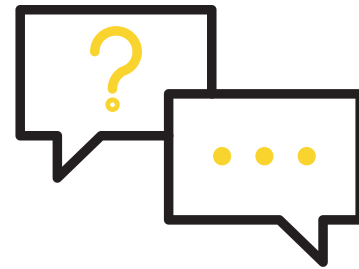
DID YOU KNOW?

**ALMOST 1/2 OF PARENTS
HAVE NEVER SPOKEN TO THEIR CHILDREN
ABOUT SEXTORTION OR SEXTING.**

Source: Child Sexual Exploitation Public Awareness
Research, PSC, 2020

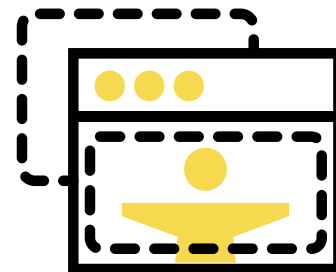
SEXTORTION

Sextortion is a type of blackmail where someone threatens to send a sexual image or video of your child to friends, family or other people if your child doesn't provide more sexual content, pay them or do what they ask. The perpetrator can be a stranger or someone your child knows.



CAPPING

Capping is when someone, typically an adult, records or screenshots boys and girls they target on various video streaming platforms or applications getting naked — often without the victim knowing they are recording the video chat. Offenders often use video clips and specialized software to make children think they are interacting with someone close to the child's own age, and trick them into doing what they ask on camera. They may share this video with others, or use it to sextort their victim.





WHAT YOU CAN DO

TALK OPENLY AND HONESTLY WITH YOUR CHILD

It's the best way to reduce the risks for your child. Here are some tips:

- Start having real conversations with them from an early age
- Make these talks part of daily routines like meals or bedtime
- Let them know you are available to talk any time
- Ask open-ended questions and really listen to their answers
- Take an interest in things they like — including what they do online
- Show them how to have a conversation — share your own thoughts and feelings

REMEMBER THAT THE SIGNS OF ONLINE SEXUAL EXPLOITATION ARE NOT EXCLUSIVE TO SPECIFIC ACTS. THE TACTICS OFFENDERS USE CAN BE INTERCHANGEABLE ACROSS DIFFERENT SITUATIONS, AND DIFFERENT TYPES OF EXPLOITATION CAN LEAD TO OTHERS.



DID YOU KNOW?

**39% OF LURING ATTEMPTS
IN THE LAST 2 YEARS WERE ON VICTIMS
13 OR UNDER.**

Source: cybertip.ca

SOME TOPICS YOU MAY WANT TO TALK ABOUT INCLUDE:

- Keeping personal information like your location, schedule or contact information private
- Not trusting everything they read, see or watch online
- That some people including adults are not safe to be around
- The risks of sharing images or videos of themselves
- Not accepting gifts or meeting people without talking to you first
- Not to do things when asked by people they've just met — especially strangers
- That they can always say no and stop talking to someone online for any reason
- That it's always okay to come to you or another safe adult — they won't be in trouble
- That, even if they don't want to talk, you are there for them if they need you

BE AWARE AND INVOLVED

- Supervise younger children when they are online
- Be involved or take an interest in what your child is doing online
- Know who they are interacting with online
- Set up parental controls, use filtering software and set limits on your child's use of devices
- Discourage use or playing of games, apps, music and videos with age recommendations older than your child
- Encourage strong passwords and use of privacy settings where appropriate
- Look for changes in mood, online habits, social behaviour, eating or sleeping habits or use of sexual language that may indicate someone has or is trying to take advantage of them





ADDITIONAL RESOURCES FOR CAREGIVERS

CYBERTIP.CA

Canada's online tipline for reporting online sexual exploitation of children.

NEEDHELPNOW.CA

Help with removing sexual images or videos of your child from the internet.

WELLNESS TOGETHER CANADA

For mental health support, text **741741** or visit **ca.portal.gs**

LOCAL POLICE

If you know about a child who is in immediate danger or risk, call 911 or your local police.

KIDSHELPPHONE.CA

Contact Kids Help Phone by calling **1-800-668-6868** or texting **686868**.

DID YOU KNOW?

**BETWEEN 2014 AND 2020,
CYBERTIP.CA PROCESSED
OVER 4.3 MILLION
CHILD SEXUAL EXPLOITATION REPORTS.**

Source: cybertip.ca



FOR CAREGIVERS OF YOUTH UNDER 10 YEARS
LEARN MORE AT [CANADA.CA/CHILD-EXPLOITATION](https://canada.ca/child-exploitation)