

Catalogue no. 62-013-X
ISSN 1708-0142



Canadian Foreign Post Indexes

July 2021

Release date: July 6, 2021



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Canadian Foreign Post Indexes, July 2021

These indexes are calculated to establish and adjust the Post Living Allowance (PLA) paid to Canadian government employees serving outside Canada. They are comparative measurements that numerically express the difference between the retail prices of a representative basket of goods and services at a foreign location with prices for a similar basket of goods and services in Ottawa.

Three separate groupings of indexes are provided, each among them reflecting the specific terms and conditions of service for the members of one of the following categories of personnel:

- persons serving under the terms and conditions of the Foreign Service Directives (FSDs);
- persons working under the provisions of the Technical Assistance Handbook (TAH);
- Canadian Forces members serving outside the country either under the terms and conditions of the Military Foreign Service Instructions (MFSIs) or the Foreign Service Directives (FSDs).

Monthly release notes

This is to advise you of the renewed validity of Post Indexes calculated for the purpose of the Post Living Allowance applicable to Canadian Government expatriate personnel or persons under contract. All users must consult with Statistics Canada to ensure that the appropriate index is used.

The [Guide to the Post Index](#),¹ which was revised in June 2010, remains available.

A new Post Index was requested for the following location(s) and is now published.

Table 1
New Post Index(es)

| Country | Post | Military Code | Requested by | Post Index | Date |
|-------------|----------------|---------------|--------------------------------|------------|------------------------------|
| | | | | 149 | August 2020 to March 2021 |
| France | Mont-de-Marsan | FR77 | Department of National Defence | 144 | April to June 2021 |
| Germany | Ulm | GE81 | Department of National Defence | 105 | September 2020 to June 2021 |
| | | | | 134 | July 2019 |
| | | | | 130 | August 2019 to April 2020 |
| | | | | 136 | May 2020 to March 2021 |
| Italy | Milan | IT15 | Department of National Defence | 131 | April to June 2021 |
| | | | | 173 | August 2020 to February 2021 |
| | | | | 165 | March 2021 |
| Switzerland | Geneva | SZ01 | Department of National Defence | 158 | April to June 2021 |
| | | | | 123 | July 2020 to January 2021 |
| | | | | 119 | February to May 2021 |
| Vietnam | Hanoi | VI01 | Department of National Defence | 115 | June 2021 |

Other Post Index adjustments are based on our continuing monthly reviews. These adjustments are based on shifts in the value of the respective currencies used at the post relative to the Canadian dollar. Comparative changes in consumer prices at posts and in Ottawa since the last survey at either location are also taken into account.

1. <https://www150.statcan.gc.ca/n1/pub/62f0072g/62f0072g2010001-eng.htm>

Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in July 2021.

| Country | Post | Survey date | Previous index | Current index | Note | Note 2 | Effective date | Currency |
|-------------------------------|-----------------------|-----------------|----------------|---------------|----------|----------|-----------------|---------------------------|
| Afghanistan | Kabul | ... | ... | 100 | | | Sep-2003 | Afghani |
| Algeria | Algiers | Mar-2019 | 89 | 86 | | | Jan-2021 | Dinar (Algeria) |
| Argentina | Buenos Aires | Feb-2015 | 97 | 94 | | | Sep-2020 | Peso (Argentina) |
| Australia | Canberra | Apr-2017 | 126 | 122 | 1 | | Jul-2021 | Dollar (Australia) |
| Australia | Canberra | Apr-2017 | 131 | 127 | 1 | f | Jul-2021 | Dollar (Australia) |
| Australia | Sydney | Apr-2017 | 130 | 125 | 1 | | Jul-2021 | Dollar (Australia) |
| Australia | Sydney | Apr-2017 | 136 | 132 | 1 | f | Jul-2021 | Dollar (Australia) |
| Austria | Vienna | Oct-2017 | 132 | 128 | | | Apr-2021 | Euro |
| Bangladesh | Dhaka | May-2018 | 125 | 121 | | | Jun-2021 | Taka |
| Barbados | Bridgetown | Oct-2018 | 134 | 129 | | | Apr-2021 | Dollar (Barbados) |
| Belgium | Brussels | Aug-2015 | 137 | 131 | | | Apr-2021 | Euro |
| Belgium | Brussels | Aug-2015 | 144 | 138 | | d | Apr-2021 | Euro |
| Benin | Cotonou | L | 106 | 101 | | a | May-2021 | CFA Franc BCEAO |
| Bolivia | La Paz | L | 95 | 90 | | a | Jun-2021 | Boliviano |
| Brazil | Brasilia | Mar-2015 | 96 | 100 | 1 | | Jul-2021 | Real |
| Brazil | Rio de Janeiro | L | 96 | 101 | 1 | | Jul-2021 | Real |
| Brazil | Sao Paulo | Mar-2015 | 96 | 101 | 1 | | Jul-2021 | Real |
| Brunei Darussalam | Bandar Seri Begawan | Aug-2017 | 87 | 84 | | a | Apr-2021 | Dollar (Brunei) |
| Burkina Faso | Ouagadougou | Jan-2018 | 119 | 114 | | | May-2021 | CFA Franc BCEAO |
| Cambodia | Phnom Penh | Feb-2016 | 102 | 97 | | a | Jun-2021 | Riel |
| Cameroon | Yaoundé | Jul-2015 | 119 | 124 | | | Apr-2020 | CFA Franc BEAC |
| Chile | Santiago | Feb-2015 | 109 | 104 | 1 | | Jul-2021 | Peso (Chile) |
| China | Beijing | Dec-2018 | 129 | 125 | | | May-2021 | Yuan Renminbi |
| China | Chongqing | Oct-2019 | 110 | 105 | | | Jun-2021 | Yuan Renminbi |
| China | Guangzhou | Mar-2015 | 132 | 127 | | | Jun-2021 | Yuan Renminbi |
| China | Hong Kong | Jan-2019 | 152 | 147 | | | Apr-2021 | Dollar (Hong Kong) |
| China | Shanghai | Jan-2019 | 137 | 130 | | | Jul-2020 | Yuan Renminbi |
| Colombia | Bogotá | Aug-2017 | 93 | 90 | | | Jun-2021 | Peso (Colombia) |
| Congo, Democratic Republic of | Kinshasa | May-2019 | 145 | 140 | | | Apr-2021 | Franc (Congo) |
| Costa Rica | San José | Aug-2015 | 119 | 113 | | | Jun-2021 | Colon (Costa Rica) |
| Côte d'Ivoire | Abidjan | Oct-2015 | 127 | 123 | | | May-2021 | CFA Franc BCEAO |
| Croatia | Zagreb | Jun-2016 | 90 | 87 | | a | Apr-2021 | Kuna |
| Cuba | Havana | Apr-2014 | 126 | 131 | 3 | | Apr-2020 | Convertible Peso (Cuba) |
| Czech Republic | Prague | Oct-2017 | 104 | 101 | | | May-2021 | Koruna (Czech Rep.) |
| Denmark | Copenhagen | Aug-2017 | 144 | 138 | | | May-2021 | Krone (Denmark) |
| Dominican Republic | Santo Domingo | May-2018 | 104 | 99 | | | Jul-2020 | Peso (Dominican Rep.) |
| Ecuador | Quito | Apr-2016 | 116 | 111 | | a | Jun-2021 | Dollar (USA) |

Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in July 2021.

| Country | Post | Survey date | Previous index | Current index | Note | Note 2 | Effective date | Currency |
|----------------|------------------|-------------|----------------|---------------|----------|--------|-----------------|-----------------------|
| Egypt | Cairo | Aug-2015 | 117 | 113 | | | Sep-2020 | Pound (Egypt) |
| El Salvador | San Salvador | L | 93 | 89 | | a | Jun-2021 | Dollar (USA) |
| Ethiopia | Addis Ababa | Apr-2018 | 112 | 107 | | | Jun-2021 | Birr |
| Finland | Helsinki | Aug-2017 | 142 | 137 | | | Apr-2021 | Euro |
| France | Lyon | L | 142 | 137 | | f | Apr-2021 | Euro |
| France | Paris | Apr-2017 | 136 | 131 | | | Apr-2021 | Euro |
| France | Paris | Apr-2017 | 149 | 144 | | d | Apr-2021 | Euro |
| France | Paris | Apr-2017 | 149 | 144 | | f | Apr-2021 | Euro |
| Germany | Berlin | Aug-2015 | 121 | 117 | | | Jun-2021 | Euro |
| Germany | Düsseldorf | L | 129 | 125 | | | Jun-2021 | Euro |
| Germany | Munich | L | 127 | 123 | | | Jun-2021 | Euro |
| Ghana | Accra | Oct-2015 | 110 | 106 | | | Jan-2021 | Cedi |
| Greece | Athens | Nov-2014 | 118 | 114 | | | Mar-2021 | Euro |
| Guatemala | Guatemala City | Aug-2017 | 116 | 112 | | | Jun-2021 | Quetzal |
| Guyana | Georgetown | Oct-2017 | 116 | 111 | | | Jun-2021 | Dollar (Guyana) |
| Haiti | Port-au-Prince | Nov-2017 | 138 | 131 | | | Jun-2021 | Gourde |
| Honduras | Tegucigalpa | Apr-2017 | 117 | 112 | | | Aug-2020 | Lempira |
| Hungary | Budapest | Nov-2014 | 112 | 107 | | | Apr-2021 | Forint |
| Iceland | Reykjavik | L | 146 | 140 | 1 | | Jul-2021 | Krone (Norway) |
| India | Bangalore | Oct-2018 | 112 | 108 | | | May-2021 | Rupee (India) |
| India | Chandigarh | L | 113 | 108 | | | May-2021 | Rupee (India) |
| India | Mumbai | Jun-2018 | 116 | 112 | | | May-2021 | Rupee (India) |
| India | New Delhi | Jun-2018 | 113 | 108 | | | May-2021 | Rupee (India) |
| India | New Delhi | Jun-2018 | 120 | 114 | | f | May-2021 | Rupee (India) |
| Indonesia | Jakarta | Aug-2015 | 114 | 109 | | | Jun-2021 | Rupiah |
| Indonesia | Semarang | L | 114 | 109 | | f | Jun-2021 | Rupiah |
| Iraq | Baghdad | ... | ... | 100 | | | Aug-2004 | Dinar (Iraq) |
| Ireland | Dublin | May-2016 | 114 | 109 | | | Apr-2021 | Euro |
| Israel | Tel Aviv | Apr-2017 | 129 | 125 | | | Jun-2021 | Shekel (Israel) |
| Italy | Rome | Sep-2017 | 125 | 121 | | | Apr-2021 | Euro |
| Italy | Rome | Sep-2017 | 137 | 132 | | f | Apr-2021 | Euro |
| Jamaica | Kingston | Oct-2018 | 105 | 99 | | | Jun-2021 | Dollar (Jamaica) |
| Japan | Nagoya | L | 136 | 131 | | | Jun-2021 | Yen |
| Japan | Tokyo | Nov-2018 | 136 | 131 | | | Jun-2021 | Yen |
| Jordan | Amman | Sep-2017 | 127 | 123 | | | Apr-2021 | Dinar (Jordan) |
| Kazakhstan | Nur-Sultan | Feb-2019 | 99 | 95 | | | May-2021 | Tenge |
| Kenya | Nairobi | May-2014 | 142 | 135 | | | Sep-2020 | Shilling (Kenya) |
| Korea, South | Seoul | Jan-2019 | 143 | 137 | | | Apr-2021 | Won |

Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in July 2021.

| Country | Post | Survey date | Previous index | Current index | Note | Note 2 | Effective date | Currency |
|------------------------|-------------------|-----------------|----------------|---------------|----------|----------|-----------------|-----------------------------|
| Kuwait | Kuwait | Oct-2015 | 120 | 116 | | | Jun-2021 | Dinar (Kuwait) |
| Laos | Vientiane | Jan-2016 | 93 | 90 | 1 | a | Jul-2021 | Kip |
| Latvia | Riga | Oct-2017 | 113 | 108 | | | Apr-2021 | Euro |
| Lebanon | Beirut | Dec-2018 | 169 | 198 | 3 | | Aug-2020 | Pound (Lebanon) |
| Lithuania | Vilnius | Dec-2017 | 84 | 81 | | a | Apr-2021 | Euro |
| Malaysia | Kuala Lumpur | May-2015 | 102 | 98 | | | Jun-2021 | Ringgit (Malaysia) |
| Mali | Bamako | Mar-2019 | 109 | 105 | | | Apr-2021 | CFA Franc BCEAO |
| Mexico | Guadalajara | L | 96 | 92 | | | Apr-2021 | Peso (Mexico) |
| Mexico | Mexico City | Jul-2015 | 96 | 92 | | | Apr-2021 | Peso (Mexico) |
| Mexico | Monterrey | L | 96 | 92 | | | Apr-2021 | Peso (Mexico) |
| Mongolia | Ulaanbaatar | Jun-2018 | 87 | 85 | | a | Feb-2021 | Tugrik |
| Morocco | Rabat | Oct-2017 | 110 | 107 | | | Apr-2021 | Dirham (Morocco) |
| Mozambique | Maputo | Aug-2017 | 102 | 112 | | | May-2021 | Metical |
| Myanmar (Burma) | Yangon | Feb-2018 | 76 | 73 | 1 | a | Jul-2021 | Kyat |
| Netherlands, The | Delft | Oct-2015 | 132 | 128 | | f | Jun-2021 | Euro |
| Netherlands, The | The Hague | Oct-2015 | 118 | 114 | | | Jun-2021 | Euro |
| New Zealand | Auckland | L | 125 | 121 | 1 | | Jul-2021 | Dollar (New Zealand) |
| New Zealand | Wellington | Apr-2017 | 125 | 121 | 1 | | Jul-2021 | Dollar (New Zealand) |
| New Zealand | Wellington | Apr-2017 | 129 | 124 | 1 | f | Jul-2021 | Dollar (New Zealand) |
| Nicaragua | Managua | L | 93 | 89 | | a | Jun-2021 | Cordoba, New |
| Nigeria | Abuja | Oct-2015 | 132 | 127 | | | Aug-2020 | Naira |
| Nigeria | Lagos | Jan-2016 | 123 | 119 | | | Aug-2020 | Naira |
| Norway | Oslo | Sep-2018 | 146 | 140 | 1 | | Jul-2021 | Krone (Norway) |
| Pakistan | Islamabad | Jul-2015 | 94 | 98 | | | Dec-2020 | Rupee (Pakistan) |
| Panama | Panama City | Aug-2017 | 111 | 107 | | | Mar-2021 | Balboa |
| Peru | Lima | Feb-2015 | 109 | 105 | | | Jun-2021 | Nuevo Sol |
| Philippines | Manila | May-2017 | 118 | 113 | | | Jun-2021 | Peso (Philippines) |
| Poland | Warsaw | Sep-2017 | 107 | 104 | | | May-2021 | Zloty |
| Portugal | Lisbon | Aug-2017 | 124 | 120 | | | Jun-2021 | Euro |
| Qatar | Doha | Jan-2019 | 108 | 103 | | | Jun-2021 | Riyal (Qatar) |
| Romania | Bucharest | Mar-2019 | 95 | 102 | | | Mar-2020 | Leu |
| Russia | Moscow | Mar-2019 | 97 | 94 | | | May-2021 | Rouble (Russia) |
| Rwanda | Kigali | Aug-2017 | 106 | 99 | | a | Apr-2021 | Franc (Rwanda) |
| Saudi Arabia | Riyadh | Jan-2014 | 125 | 119 | | | Jun-2021 | Riyal (Saudi Arabia) |
| Senegal | Dakar | Jan-2015 | 123 | 120 | | | Apr-2021 | CFA Franc BCEAO |
| Serbia | Belgrade | Mar-2019 | 104 | 101 | | | May-2021 | Dinar (Serbia) |
| Singapore | Singapore | Jun-2015 | 143 | 137 | | | Jun-2021 | Dollar (Singapore) |
| Singapore | Singapore | Jun-2015 | 148 | 142 | | f | Jun-2021 | Dollar (Singapore) |

Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in July 2021.

| Country | Post | Survey date | Previous index | Current index | Note | Note 2 | Effective date | Currency |
|--------------------------|------------------|-----------------|----------------|---------------|----------|--------|-----------------|------------------------------|
| Slovakia | Bratislava | Jul-2016 | 101 | 97 | | a | Jun-2021 | Euro |
| South Africa | Johannesburg | L | 97 | 100 | | | May-2021 | Rand |
| South Africa | Johannesburg | L | 98 | 101 | | f | May-2021 | Rand |
| South Africa | Pretoria | Apr-2017 | 97 | 100 | | | May-2021 | Rand |
| South Sudan | Juba | Sep-2018 | 145 | 151 | 3 | | Jan-2020 | Pound (South Sudan) |
| Spain | Barcelona | L | 129 | 124 | | | Apr-2021 | Euro |
| Spain | Madrid | Aug-2017 | 129 | 124 | | | Apr-2021 | Euro |
| Sri Lanka | Colombo | Aug-2019 | 92 | 89 | | | Jun-2021 | Rupee (Sri Lanka) |
| Sudan | Khartoum | Aug-2014 | 127 | 119 | 3 | | Feb-2018 | Pound (Sudan) |
| Sweden | Stockholm | Aug-2017 | 123 | 120 | | | Jun-2021 | Krona (Sweden) |
| Switzerland | Bern | L | 157 | 151 | | | Apr-2021 | Franc (Switzerland) |
| Switzerland | Geneva | Oct-2017 | 157 | 151 | | | Apr-2021 | Franc (Switzerland) |
| Switzerland | Geneva | Oct-2017 | 165 | 158 | | f | Apr-2021 | Franc (Switzerland) |
| Taiwan | Taipei | Oct-2015 | 127 | 121 | | | May-2021 | Dollar (Taiwan) |
| Tanzania | Dar es Salaam | May-2014 | 112 | 108 | | | Jun-2021 | Shilling (Tanzania) |
| Thailand | Bangkok | Oct-2015 | 130 | 122 | | | May-2021 | Baht |
| Trinidad & Tobago | Port of Spain | Apr-2017 | 122 | 116 | | | Jun-2021 | Dollar (Trinidad and Tobago) |
| Tunisia | Tunis | Sep-2018 | 85 | 82 | | | May-2021 | Dinar (Tunisia) |
| Turkey | Ankara | Mar-2019 | 82 | 79 | 1 | | Jul-2021 | Lira |
| Turkey | Istanbul | Mar-2019 | 83 | 79 | 1 | | Jul-2021 | Lira |
| Ukraine | Kyiv | Apr-2019 | 84 | 81 | | | Mar-2021 | Hryvna (Ukraine) |
| United Arab Emirates | Abu Dhabi | Apr-2016 | 117 | 113 | | | Jun-2021 | Dirham (U.A.E.) |
| United Arab Emirates | Dubai | Apr-2016 | 122 | 118 | | | May-2021 | Dirham (U.A.E.) |
| United Kingdom | Cheltenham | Sep-2015 | 116 | 121 | | f | Dec-2019 | Pound (United Kingdom) |
| United Kingdom | London | Oct-2015 | 120 | 125 | | | Dec-2019 | Pound (United Kingdom) |
| United Kingdom | London | Oct-2015 | 123 | 128 | | d | Dec-2019 | Pound (United Kingdom) |
| United Kingdom | London | Oct-2015 | 126 | 132 | | f | Dec-2019 | Pound (United Kingdom) |
| United States of America | Atlanta | May-2018 | 124 | 121 | | | Mar-2021 | Dollar (USA) |
| United States of America | Boston | Jun-2018 | 124 | 119 | | | Jan-2021 | Dollar (USA) |
| United States of America | Chicago | Jun-2018 | 122 | 118 | | | Jan-2021 | Dollar (USA) |
| United States of America | Colorado Springs | Sep-2017 | 131 | 127 | | | Mar-2021 | Dollar (USA) |
| United States of America | Dallas | Jul-2018 | 118 | 114 | | | Feb-2021 | Dollar (USA) |
| United States of America | Denver | Aug-2018 | 123 | 119 | | | Mar-2021 | Dollar (USA) |
| United States of America | Denver | Aug-2018 | 126 | 122 | | f | Mar-2021 | Dollar (USA) |
| United States of America | Detroit | Jun-2015 | 117 | 111 | | | Jun-2021 | Dollar (USA) |

Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in July 2021.

| Country | Post | Survey date | Previous index | Current index | Note | Note 2 | Effective date | Currency |
|--------------------------|------------------|-------------|----------------|---------------|------|--------|----------------|-----------------|
| United States of America | Houston | Jul-2018 | 117 | 113 | | | Mar-2021 | Dollar (USA) |
| United States of America | Los Angeles | Aug-2018 | 127 | 123 | | | Feb-2021 | Dollar (USA) |
| United States of America | Miami | Nov-2017 | 121 | 117 | | | Jun-2021 | Dollar (USA) |
| United States of America | Minneapolis | Sep-2018 | 115 | 111 | | | Apr-2021 | Dollar (USA) |
| United States of America | New York City | Oct-2017 | 136 | 132 | | | Jun-2021 | Dollar (USA) |
| United States of America | New York City | Oct-2017 | 143 | 138 | | f | Jun-2021 | Dollar (USA) |
| United States of America | Raleigh | Nov-2009 | 124 | 121 | | f | Mar-2021 | Dollar (USA) |
| United States of America | San Diego | Aug-2018 | 141 | 136 | | | Jun-2021 | Dollar (USA) |
| United States of America | San Francisco | Aug-2018 | 140 | 135 | | | Apr-2021 | Dollar (USA) |
| United States of America | Seattle | Aug-2018 | 121 | 117 | | | Jun-2021 | Dollar (USA) |
| United States of America | Washington D.C. | Nov-2017 | 120 | 116 | | | Jun-2021 | Dollar (USA) |
| United States of America | Washington D.C. | Nov-2017 | 124 | 121 | | f | Jun-2021 | Dollar (USA) |
| Uruguay | Montevideo | Feb-2018 | 119 | 115 | | | May-2021 | Peso (Uruguay) |
| Vatican City | Vatican | L | 125 | 121 | | | Apr-2021 | Euro |
| Vietnam | Hanoi | Apr-2017 | 118 | 114 | | | Jun-2021 | Dong |
| Vietnam | Ho Chi Minh City | Apr-2017 | 120 | 116 | | | May-2021 | Dong |
| West Bank and Gaza | Ramallah | L | 129 | 125 | | | Jun-2021 | Shekel (Israel) |
| Zambia | Lusaka | Jun-2014 | 70 | 66 | | a | Oct-2020 | Kwacha (Zambia) |
| Zimbabwe | Harare | Jul-2018 | 183 | 201 | 3 | | Jul-2019 | Dollar (USA) |

(1) Post Index has been updated or is new this month.

(2) Previously released Post Index has been revised.

(3) Due to the absence of reliable economic data, the foreign post index is not subject to monthly monitoring updates.

... Not applicable

L Where no Survey Date is shown, the Post Index is linked to another Post Index where a survey has been carried out.

(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.

(b) - Based on United Nations surveys; does not include access to duty-free purchases.

(c) - Index for personnel who do not have U.S. military facility privileges.

(d) - Index for personnel who do not have access to duty-free gasoline.

(e) - Index for civilian personnel who have U.S. military facility privileges.

(f) - Index for personnel who do not have diplomatic privileges.

(g) - Index for personnel who are provided rations and quarters, a meal allowance or a third-party subsistence allowance.

(h) - Index for personnel who do not have retail tax-free privileges.

(i) - Index for personnel who purchase rations from a military establishment.

Persons Working Under TAH Provisions Post Indexes

All indexes are non-diplomatic

(Ottawa = 100)

Post indexes in bold were updated or are new in July 2021.

| Country | Post | Survey date | Previous index | Current index | Note | Note 2 | Effective date | Currency |
|-------------------------------|----------------|-------------|----------------|---------------|----------|--------|-----------------|-------------------------|
| Afghanistan | Kabul | ... | ... | 100 | | | Oct-2005 | Afghani |
| Bangladesh | Dhaka | May-2018 | 129 | 124 | | | Jun-2021 | Taka |
| Benin | Cotonou | Dec-2012 | 106 | 101 | | a | May-2021 | CFA Franc BCEAO |
| Bolivia | La Paz | Jun-2017 | 95 | 90 | | a | Jun-2021 | Boliviano |
| Bolivia | Santa Cruz | L | 95 | 90 | | a | Jun-2021 | Boliviano |
| Burkina Faso | Ouagadougou | Jan-2018 | 124 | 119 | | | May-2021 | CFA Franc BCEAO |
| China | Beijing | Dec-2018 | 132 | 128 | | | May-2021 | Yuan Renminbi |
| Colombia | Bogota | Aug-2017 | 97 | 93 | | | Jun-2021 | Peso (Colombia) |
| Colombia | Medellin | L | 97 | 93 | | | Jun-2021 | Peso (Colombia) |
| Congo, Democratic Republic of | Kinshasa | May-2019 | 145 | 140 | | | Apr-2021 | Franc (Congo) |
| Cuba | Havana | Apr-2014 | 128 | 133 | 3 | | Apr-2020 | Convertible Peso (Cuba) |
| Egypt | Cairo | Aug-2015 | 117 | 113 | | | Sep-2020 | Pound (Egypt) |
| El Salvador | San Salvador | Nov-2016 | 93 | 89 | | a | Jun-2021 | Dollar (USA) |
| Ethiopia | Addis Ababa | Apr-2018 | 112 | 108 | | | Jun-2021 | Birr |
| Ghana | Accra | Oct-2015 | 110 | 106 | | | Jan-2021 | Cedi |
| Ghana | Tamale | L | 110 | 106 | | | Jan-2021 | Cedi |
| Guatemala | Guatemala City | Aug-2017 | 122 | 118 | | | Jun-2021 | Quetzal |
| Haiti | Cap-Haitien | L | 138 | 131 | | | Jun-2021 | Gourde |
| Haiti | Les Cayes | L | 138 | 131 | | | Jun-2021 | Gourde |
| Haiti | Port-au-Prince | L | 138 | 131 | | | Jun-2021 | Gourde |
| Haiti | St. Marc | L | 138 | 131 | | | Jun-2021 | Gourde |
| Honduras | Tegucigalpa | Apr-2017 | 119 | 114 | | | Aug-2020 | Lempira |
| Indonesia | Jakarta | L | 114 | 109 | | | Jun-2021 | Rupiah |
| Israel | Tel Aviv | Apr-2017 | 143 | 139 | | | Jun-2021 | Shekel (Israel) |
| Jordan | Amman | Sep-2017 | 129 | 125 | | | Apr-2021 | Dinar (Jordan) |
| Kenya | Nairobi | May-2014 | 143 | 136 | | | Sep-2020 | Shilling (Kenya) |
| Lebanon | Beirut | Dec-2018 | 169 | 199 | 3 | | Aug-2020 | Pound (Lebanon) |
| Mali | Bamako | Mar-2019 | 114 | 109 | | | Apr-2021 | CFA Franc BCEAO |
| Mongolia | Ulaanbaatar | L | 87 | 85 | | | Feb-2021 | Tugrik |
| Morocco | Agadir | L | 114 | 110 | | | Apr-2021 | Dirham (Morocco) |
| Morocco | Rabat | Oct-2017 | 114 | 110 | | | Apr-2021 | Dirham (Morocco) |
| Mozambique | Maputo | L | 102 | 112 | | | May-2021 | Metical |
| Mozambique | Vilankulos | L | 102 | 112 | | | May-2021 | Metical |
| Myanmar (Burma) | Yangon | L | 76 | 73 | 1 | | Jul-2021 | Kyat |
| Nicaragua | Managua | Feb-2017 | 93 | 89 | | a | Jun-2021 | Cordoba, New |
| Nigeria | Abuja | L | 132 | 127 | | | Aug-2020 | Naira |

Persons Working Under TAH Provisions Post Indexes

All indexes are non-diplomatic

(Ottawa = 100)

Post indexes in bold were updated or are new in July 2021.

| Country | Post | Survey date | Previous index | Current index | Note | Note 2 | Effective date | Currency |
|--------------------|----------------|-------------|----------------|---------------|------|--------|----------------|------------------------------|
| Nigeria | Bauchi | L | 123 | 119 | | | Aug-2020 | Naira |
| Nigeria | Calabar | L | 123 | 119 | | | Aug-2020 | Naira |
| Nigeria | Lagos | L | 123 | 119 | | | Aug-2020 | Naira |
| Pakistan | Lahore | L | 95 | 98 | | | Dec-2020 | Rupee (Pakistan) |
| Pakistan | Pakistan Other | L | 95 | 98 | | | Dec-2020 | Rupee (Pakistan) |
| Panama | Panama City | Aug-2017 | 113 | 109 | | | Mar-2021 | Balboa |
| Peru | Lima | Feb-2015 | 109 | 105 | | | Jun-2021 | Nuevo Sol |
| Philippines | Manila | May-2017 | 122 | 117 | | | Jun-2021 | Peso (Philippines) |
| Senegal | Dakar | Jan-2015 | 125 | 121 | | | Apr-2021 | CFA Franc BCEAO |
| Senegal | Kolda | L | 125 | 121 | | | Apr-2021 | CFA Franc BCEAO |
| Senegal | Thies | L | 125 | 121 | | | Apr-2021 | CFA Franc BCEAO |
| South Africa | Pretoria | Apr-2017 | 98 | 101 | | | May-2021 | Rand |
| South Sudan | Juba | L | 145 | 151 | 3 | | Jan-2020 | Pound (South Sudan) |
| Sri Lanka | Colombo | Aug-2019 | 95 | 92 | | | May-2021 | Rupee (Sri Lanka) |
| Sri Lanka | Kegalle | L | 95 | 92 | | | May-2021 | Rupee (Sri Lanka) |
| Tanzania | Dar es Salaam | May-2014 | 112 | 108 | | | Jun-2021 | Shilling (Tanzania) |
| Tanzania | Tanzania Other | L | 112 | 108 | | | Jun-2021 | Shilling (Tanzania) |
| Trinidad & Tobago | Port of Spain | Apr-2017 | 125 | 119 | | | Jun-2021 | Dollar (Trinidad and Tobago) |
| Tunisia | Tunis | Sep-2018 | 88 | 86 | | | May-2021 | Dinar (Tunisia) |
| Uganda | Kampala | Feb-2017 | 96 | 92 | | a | Jan-2021 | Shilling |
| Ukraine | Kyiv | Apr-2019 | 91 | 88 | | | Mar-2021 | Hryvna (Ukraine) |
| Vietnam | Hanoi | Apr-2017 | 119 | 115 | | | Jun-2021 | Dong |
| West Bank and Gaza | Gaza City | L | 143 | 139 | | | Jun-2021 | Shekel (Israel) |
| West Bank and Gaza | Ramallah | L | 143 | 139 | | | Jun-2021 | Shekel (Israel) |
| Zambia | Lusaka | L | 70 | 66 | | a | Oct-2020 | Kwacha (Zambia) |
| Zimbabwe | Harare | Jul-2018 | 202 | 222 | 3 | | Jul-2019 | Dollar (USA) |

(1) Post Index has been updated or is new this month.

(2) Previously released Post Index has been revised.

(3) Due to the absence of reliable economic data, the foreign post index is not subject to monthly monitoring updates.

... Not applicable

L Where no Survey Date is shown, the Post Index is linked to another Post Index where a survey has been carried out.

(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.

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Post indexes in bold were updated or are new in July 2021.

| Code | Country | Post | Survey date | Post index | Note | Note 2 | Effective date | Currency |
|-------------|-------------------------------|-----------------------------|-----------------|------------|----------|----------|-----------------|---------------------------|
| AA99 | World | Assignments (No Post Index) | ... | 100 | | | Nov-2006 | ... |
| AF02 | Afghanistan | Kabul | ... | 95 | | g | Jul-2003 | ... |
| AL01 | Algeria | Algiers | Mar-2019 | 86 | | | Jan-2021 | Dinar (Algeria) |
| AR10 | United Arab Emirates | Abu Dhabi | Apr-2016 | 113 | | | Jun-2021 | Dirham (U.A.E.) |
| AR11 | United Arab Emirates | Abu Dhabi | Apr-2016 | 100 | | g | Jan-2021 | Dirham (U.A.E.) |
| AT01 | Australia | Canberra | L | 127 | 1 | f | Jul-2021 | Dollar (Australia) |
| AT02 | Australia | Canberra | L | 122 | 1 | | Jul-2021 | Dollar (Australia) |
| AT05 | Australia | Perth | L | 127 | 1 | f | Jul-2021 | Dollar (Australia) |
| AT06 | Australia | Adelaide | L | 127 | 1 | f | Jul-2021 | Dollar (Australia) |
| AT07 | Australia | Brisbane | Apr-2017 | 132 | 1 | f | Jul-2021 | Dollar (Australia) |
| AT08 | Australia | Sydney | L | 132 | 1 | | Jul-2021 | Dollar (Australia) |
| AT11 | Australia | Cabarlah | L | 127 | 1 | | Jul-2021 | Dollar (Australia) |
| AT12 | Australia | Canungra | L | 127 | 1 | | Jul-2021 | Dollar (Australia) |
| AT99 | Australia | Australia Other | Apr-2017 | 127 | 1 | f | Jul-2021 | Dollar (Australia) |
| AU02 | Austria | Vienna | Oct-2017 | 128 | | | Apr-2021 | Euro |
| BA02 | Bangladesh | Dhaka | L | 121 | | | Jun-2021 | Taka |
| BE01 | Belgium | Brussels | Aug-2015 | 128 | | | May-2021 | Euro (DND semi-monthly) |
| BE03 | Belgium | Casteau | Aug-2015 | 117 | | | May-2021 | Euro (DND semi-monthly) |
| BE15 | Belgium | Brussels | Aug-2015 | 136 | | d | May-2021 | Euro (DND semi-monthly) |
| BE16 | Belgium | Brussels | L | 128 | | | May-2021 | Euro (DND semi-monthly) |
| BE17 | Belgium | Brussels | L | 128 | | | May-2021 | Euro (DND semi-monthly) |
| BR03 | Brazil | Brasilia | L | 100 | 1 | | Jul-2021 | Real |
| BR05 | Brazil | Rio de Janeiro | L | 101 | 1 | | Jul-2021 | Real |
| CE01 | Chile | Santiago | L | 104 | 1 | | Jul-2021 | Peso (Chile) |
| CE03 | Chile | Valparaiso | L | 104 | 1 | g | Jul-2021 | Peso (Chile) |
| CG01 | Congo, Democratic Republic of | Kinshasa | May-2019 | 140 | | | Apr-2021 | Franc (Congo) |
| CH02 | China | Beijing | Dec-2018 | 125 | | | May-2021 | Yuan Renminbi |
| CL01 | Colombia | Bogota | Aug-2017 | 90 | | | Jun-2021 | Peso (Colombia) |
| CU01 | Cuba | Havana | Apr-2014 | 131 | 3 | | Apr-2020 | Convertible Peso (Cuba) |
| EG02 | Egypt | Cairo | Aug-2015 | 113 | | | Sep-2020 | Pound (Egypt) |
| ES02 | Estonia | Tartu | Jul-2015 | 116 | | a | Apr-2021 | Euro (DND semi-monthly) |
| ES04 | Estonia | Tallin | Jul-2015 | 114 | | a | Apr-2021 | Euro |
| ET02 | Ethiopia | Addis Ababa | Apr-2018 | 107 | | c | Jun-2021 | Birr |
| FR02 | France | Paris | Apr-2017 | 142 | | d | Apr-2021 | Euro (DND semi-monthly) |
| FR03 | France | Paris | Apr-2017 | 130 | | | Apr-2021 | Euro (DND semi-monthly) |
| FR05 | France | Toulon | L | 124 | | | Apr-2021 | Euro |
| FR21 | France | Lille | L | 124 | | | Apr-2021 | Euro |

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| Code | Country | Post | Survey date | Post index | Note | Note 2 | Effective date | Currency |
|-------------|----------------|-----------------------|-----------------|------------|----------|--------|-----------------|--------------------------------|
| FR23 | France | Lyon | L | 135 | | d | Apr-2021 | Euro (DND semi-monthly) |
| FR27 | France | Phalsbourg | L | 130 | | | Apr-2021 | Euro (DND semi-monthly) |
| FR28 | France | Besançon | L | 124 | | | Apr-2021 | Euro (DND semi-monthly) |
| FR77 | France | Mont-de-Marsan | L | 144 | 1 | | Jul-2021 | Euro |
| GC01 | Greece | Athens | Nov-2014 | 114 | | | Mar-2021 | Euro |
| GE06 | Germany | Hamburg | Aug-2015 | 116 | | c | May-2021 | Euro (DND semi-monthly) |
| GE13 | Germany | Ramstein | Aug-2015 | 105 | | | Jun-2017 | Euro (DND semi-monthly) |
| GE16 | Germany | Stuttgart | L | 105 | | | Jun-2017 | Euro (DND semi-monthly) |
| GE23 | Germany | Oberammergau | L | 105 | | | Jun-2017 | Euro (DND semi-monthly) |
| GE24 | Germany | Munich | L | 122 | | c | May-2021 | Euro (DND semi-monthly) |
| GE30 | Germany | Geilenkirchen | Aug-2015 | 104 | | | May-2021 | Euro (DND semi-monthly) |
| GE67 | Germany | Berlin | L | 117 | | c | Jun-2021 | Euro |
| GE69 | Germany | Kalkar | L | 109 | | | May-2021 | Euro (DND semi-monthly) |
| GE75 | Germany | Wiesbaden | L | 105 | | | Jun-2017 | Euro (DND semi-monthly) |
| GE80 | Germany | Wesel | Aug-2015 | 109 | | | May-2021 | Euro (DND semi-monthly) |
| GE81 | Germany | Ulm | L | 105 | 1 | | Jul-2021 | Euro (DND semi-monthly) |
| GH01 | Ghana | Accra | Oct-2015 | 106 | | | Jan-2021 | Cedi |
| GR01 | Greenland | Thule | ... | 80 | | | Dec-1994 | Dollar (USA, DND semi-monthly) |
| HA02 | Haiti | Port-au-Prince | Nov-2017 | 131 | | | Jun-2021 | Gourde |
| HA03 | Haiti | Haiti | Nov-2017 | 102 | | g | Nov-2020 | Gourde |
| IN02 | India | New Delhi | Jun-2018 | 108 | | | May-2021 | Rupee (India) |
| IN04 | Indonesia | Jakarta | Aug-2015 | 109 | | f | Jun-2021 | Rupiah |
| IS02 | Israel | Tel Aviv | Apr-2017 | 125 | | | Jun-2021 | Shekel (Israel) |
| IT03 | Italy | Rome | Sep-2017 | 120 | | | Apr-2021 | Euro (DND semi-monthly) |
| IT04 | Italy | Rome | Sep-2017 | 121 | | | Apr-2021 | Euro |
| IT05 | Italy | Rome | Sep-2017 | 108 | | g | Apr-2018 | Euro (DND semi-monthly) |
| IT09 | Italy | Naples | Nov-2017 | 112 | | | Apr-2021 | Euro (DND semi-monthly) |
| IT13 | Italy | Poggio | L | 119 | | | Apr-2021 | Euro (DND semi-monthly) |
| IT14 | Italy | Signonella | Nov-2017 | 113 | | | Apr-2021 | Euro (DND semi-monthly) |
| IT15 | Italy | Milan | Sep-2017 | 127 | 1 | | Jul-2021 | Euro (DND semi-monthly) |
| JA02 | Japan | Tokyo | Nov-2018 | 131 | | | Jun-2021 | Yen |
| JA05 | Japan | Tokyo | L | 131 | | | Jun-2021 | Yen |
| JM02 | Jamaica | Kingston | Oct-2018 | 103 | | d | Jun-2021 | Dollar (Jamaica) |
| JO01 | Jordan | Amman | Sep-2017 | 123 | | | Apr-2021 | Dinar (Jordan) |
| KE01 | Kenya | Nairobi | May-2014 | 135 | | | Sep-2020 | Shilling (Kenya) |
| KU01 | Kuwait | Kuwait City | Oct-2015 | 116 | | | Jun-2021 | Dinar (Kuwait) |
| KZ01 | Kazakhstan | Nur-Sultan | Feb-2019 | 95 | | | May-2021 | Tenge |

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| Code | Country | Post | Survey date | Post index | Note | Note 2 | Effective date | Currency |
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| LE02 | Lebanon | Beirut | Dec-2018 | 198 | 3 | | Aug-2020 | Pound (Lebanon) |
| LT01 | Lithuania | Vilnius | L | 81 | | a | Apr-2021 | Euro |
| LUX1 | Luxembourg | Luxembourg City | L | 134 | | | May-2021 | Euro (DND semi-monthly) |
| LV02 | Latvia | Riga (unaccompanied with meals) | Oct-2017 | 96 | | g | Mar-2018 | Euro |
| LV03 | Latvia | Riga (no meals) | Oct-2017 | 117 | | | Apr-2021 | Euro (DND semi-monthly) |
| MA03 | Mali | Bamako | Mar-2019 | 98 | | g | Feb-2020 | CFA Franc BCEAO |
| MA06 | Malaysia | Kuala Lumpur | May-2015 | 98 | | | Jun-2021 | Ringgit (Malaysia) |
| ME01 | Mexico | Mexico City | Jul-2015 | 92 | | | Apr-2021 | Peso (Mexico) |
| MO02 | Morocco | Rabat | L | 107 | | | Apr-2021 | Dirham (Morocco) |
| NE01 | Netherlands, The | Brunssum | Aug-2015 | 110 | | | Jun-2021 | Euro (DND semi-monthly) |
| NE02 | Netherlands, The | The Hague | Oct-2015 | 114 | | | Jun-2021 | Euro |
| NE07 | Netherlands, The | Eindhoven | L | 110 | | | Jun-2021 | Euro (DND semi-monthly) |
| NG05 | Nigeria | Abuja | Oct-2015 | 127 | | | Aug-2020 | Naira |
| NG06 | Nigeria | Lagos | Jan-2016 | 119 | | | Aug-2020 | Naira |
| NR02 | Norway | Oslo | Sep-2018 | 140 | 1 | | Jul-2021 | Krone (Norway) |
| NR05 | Norway | Stavanger | Aug-2018 | 137 | | | Sep-2020 | Krone (Norway, DND monthly) |
| NZ02 | New Zealand | Trentham | Apr-2017 | 124 | 1 | | Jul-2021 | Dollar (New Zealand) |
| OP06 | Israel | OP JADE, Tiberias/Golan Heights | L | 110 | | g | Jun-2017 | Shekel (Israel) |
| OP13 | Congo, Democratic Republic of | OP CROCODILE, Kinshasa | May-2019 | 102 | | g | Dec-2019 | Franc (Congo) |
| OP16 | Egypt | OP CALUMET, El Gorah | Aug-2015 | 95 | | g | Dec-2019 | Pound (Egypt) |
| OP20 | Lebanon | OP JADE, Tyre | Dec-2018 | 119 | 3 | g | Aug-2020 | Pound (Lebanon) |
| OP31 | Congo, Democratic Republic of | OP CROCODILE, Goma | May-2019 | 102 | | g | Dec-2019 | Franc (Congo) |
| OP33 | Kuwait | OP IMPACT, Kuwait | L | 98 | | g | May-2016 | Dinar (Kuwait) |
| OP34 | Qatar | OP IMPACT, Al Udeid | L | 99 | | g | Dec-2019 | Riyal (Qatar) |
| OP35 | Iraq | OP IMPACT, Baghdad | ... | 100 | | | May-2016 | ... |
| OP36 | Iraq | OP IMPACT, Erbil | ... | 100 | | | Aug-2016 | ... |
| OP38 | Poland | OP REASSURANCE, Drawsko Pomorskie | Sep-2017 | 97 | | g | Jan-2018 | Zloty |
| OP40 | Italy | OP REASSURANCE, Naples | Nov-2017 | 105 | | g | Apr-2018 | Euro (DND semi-monthly) |
| OP41 | Latvia | OP REASSURANCE, Riga | Oct-2017 | 96 | | g | Mar-2018 | Euro |
| OP53 | Israel | OP PROTEUS, Jerusalem | Apr-2017 | 110 | | g | Jun-2017 | Shekel (Israel) |
| OP54 | Bahrain | OP FOUNDATION, Bahrain | Jun-2015 | 97 | 1 | g | Jul-2021 | Dinar (Bahrain) |
| OP67 | Sudan | OP SAFARI, Sudan | Aug-2014 | 100 | 3 | g | Feb-2018 | Pound (Sudan) |
| OP70 | Cyprus | OP LION, Cyprus | Oct-2018 | 95 | | g | Jan-2020 | Euro |
| OP76 | Kosovo | OP KOBOLD | Feb-2003 | 98 | | g | Dec-2008 | Euro (DND semi-monthly) |
| OP80 | Qatar | OP FOUNDATION, Doha | Jan-2019 | 99 | | g | Dec-2019 | Riyal (Qatar) |

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| Code | Country | Post | Survey date | Post index | Note | Note 2 | Effective date | Currency |
|-------------|--------------------|---|-----------------|------------|----------|----------|-----------------|-------------------------------|
| OP91 | World | HMCS OPS | ... | 95 | | | Mar-2011 | ... |
| OP95 | Jordan | OP FOUNDATION | Sep-2017 | 98 | | g | Feb-2018 | Dinar (Jordan) |
| OP96 | Djibouti | OP FOUNDATION (unaccompanied) | Jul-2018 | 99 | | g | Dec-2019 | Franc (Djibouti) |
| OP99 | World | Operations Other | ... | 100 | | | Feb-2014 | ... |
| OPA1 | Ukraine | OP UNIFER, Kemenets Pololskiy | Apr-2019 | 94 | | g | Nov-2020 | Hryvna (Ukraine) |
| OPA2 | Ukraine | OP UNIFER, Yavoriv | L | 94 | | g | Nov-2020 | Hryvna (Ukraine) |
| OS07 | Germany | OP SP HUB Köln (unaccompanied with meals) | Aug-2015 | 103 | | g | Oct-2016 | Euro |
| OS08 | Germany | SUP HUB Köln | Aug-2015 | 116 | | c | May-2021 | Euro (DND semi-monthly) |
| OS09 | Kuwait | OP SUB HUB, Kuwait City | Oct-2015 | 98 | | g | May-2016 | Dinar (Kuwait) |
| PA02 | Pakistan | Islamabad | Jul-2015 | 98 | | | Dec-2020 | Rupee (Pakistan) |
| PA03 | Pakistan | Quetta | Jul-2015 | 98 | | | Dec-2020 | Rupee (Pakistan) |
| PE01 | Peru | Lima | Feb-2015 | 105 | | | Jun-2021 | Nuevo Sol |
| PH01 | Philippines | Manila | May-2017 | 114 | | d | Jun-2021 | Peso (Philippines) |
| PL02 | Poland | Warsaw | Sep-2017 | 104 | | | May-2021 | Zloty |
| PL03 | Poland | Bydgoszcz | Sep-2017 | 100 | | g | Apr-2021 | Zloty (DND semi-monthly) |
| PL04 | Poland | Szczecin | Sep-2017 | 101 | | | May-2021 | Zloty (DND semi-monthly) |
| PL05 | Poland | Elblag | Sep-2017 | 102 | | g | Jan-2018 | Zloty (DND semi-monthly) |
| RO02 | Romania | Bucharest | Mar-2019 | 102 | | | Mar-2020 | Leu |
| RO03 | Romania | Craiova | L | 102 | | | Mar-2020 | Leu |
| RU02 | Russia | Moscow | Mar-2019 | 94 | | | May-2021 | Rouble (Russia) |
| SA01 | Saudi Arabia | Riyadh | Jan-2014 | 119 | | | Jun-2021 | Riyal (Saudi Arabia) |
| SA21 | South Africa | Pretoria | Apr-2017 | 100 | | | May-2021 | Rand |
| SE01 | Senegal | Dakar | Jan-2015 | 120 | | c | Apr-2021 | CFA Franc BCEAO |
| SI03 | Singapore | Singapore | Jun-2015 | 137 | | | Jun-2021 | Dollar (Singapore) |
| SK01 | Korea, South | Seoul | Jan-2019 | 139 | | | Apr-2021 | Won |
| SK05 | Korea, South | Pyeongtaek | Jan-2019 | 115 | | | Jun-2021 | Won |
| SL01 | Sri Lanka | Colombo | Aug-2019 | 89 | | | Jun-2021 | Rupee (Sri Lanka) |
| SP03 | Spain | Madrid | Aug-2017 | 124 | | | Apr-2021 | Euro |
| SP04 | Spain | Madrid DND Non VAT | Aug-2017 | 127 | | f | Apr-2021 | Euro |
| SS01 | Sudan | Khartoum, accompanied - MSGU | Aug-2014 | 119 | 3 | | Feb-2018 | Pound (Sudan) |
| SW02 | Sweden | Stockholm | Aug-2017 | 131 | | f | Apr-2021 | Krona (SWE, DND semi-monthly) |
| SZ01 | Switzerland | Geneva | L | 158 | 1 | | Jul-2021 | Franc (Switzerland) |
| TH01 | Thailand | Bangkok | L | 122 | | | May-2021 | Baht |
| TN01 | Tunisia | Tunis | Sep-2018 | 82 | | | May-2021 | Dinar (Tunisia) |
| TU02 | Turkey | Ankara | Mar-2019 | 78 | 1 | c | Jul-2021 | Lira |

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| Code | Country | Post | Survey date | Post index | Note | Note 2 | Effective date | Currency |
|-------------|--------------------------|---|-----------------|------------|----------|----------|-----------------|--------------------------------|
| TU04 | Turkey | Izmir | Mar-2019 | 80 | | | Jun-2021 | Lira (US \$ Rate, DND monthly) |
| TU05 | Turkey | Istanbul | Mar-2019 | 79 | 1 | c | Jul-2021 | Lira |
| UA03 | United States of America | Beale, California | Aug-2018 | 137 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UA05 | United States of America | Edwards, California | L | 131 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UA07 | United States of America | Monterey, California | Aug-2018 | 137 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UA08 | United States of America | San Diego, California | Aug-2018 | 131 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UA10 | United States of America | Whidbey Island, Washington | Aug-2018 | 115 | | | Apr-2021 | Dollar (USA, DND semi-monthly) |
| UA11 | United States of America | Seattle / Tacoma (McChord), Washington | Aug-2018 | 119 | | | Apr-2021 | Dollar (USA, DND semi-monthly) |
| UA16 | United States of America | Vandenberg, California | Aug-2018 | 137 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UA20 | United States of America | Mojave, California (Test Pilot School) | L | 131 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UA23 | United States of America | Las Vegas, Nevada | Aug-2018 | 127 | | c | Apr-2021 | Dollar (USA, DND semi-monthly) |
| UA26 | United States of America | Twentynine Palms | L | 131 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UB01 | United States of America | Colorado Springs, Colorado | Sep-2017 | 123 | | | Jun-2021 | Dollar (USA, DND semi-monthly) |
| UB04 | United States of America | Buckley (Denver), Colorado | Sep-2018 | 114 | | | Jun-2021 | Dollar (USA, DND semi-monthly) |
| UB06 | United States of America | Albuquerque, New Mexico | L | 123 | | | Jun-2021 | Dollar (USA, DND semi-monthly) |
| UB08 | United States of America | Fort Huachuca, Arizona | L | 123 | | | Jun-2021 | Dollar (USA, DND semi-monthly) |
| UC01 | United States of America | Fort Bliss, Texas | L | 101 | | | Apr-2021 | Dollar (USA, DND semi-monthly) |
| UC02 | United States of America | Cavalier, North Dakota | Aug-2018 | 105 | | | Jan-2021 | Dollar (USA, DND semi-monthly) |
| UC04 | United States of America | San Antonio, Texas | Nov-2019 | 104 | | | Jan-2021 | Dollar (USA, DND semi-monthly) |
| UC06 | United States of America | Houston, Texas, Johnson Space Center | Jul-2018 | 118 | | c | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UC07 | United States of America | Fort Hood, Fort Worth, Sheppard, Wichita Falls | Aug-2018 | 101 | | | Apr-2021 | Dollar (USA, DND semi-monthly) |
| UC08 | United States of America | University of Texas (San Antonio), Randolph, Medina, Universal City | L | 104 | | | Jan-2021 | Dollar (USA, DND semi-monthly) |
| UC09 | United States of America | Fort Sill, Tinker, Oklahoma | Aug-2018 | 103 | | | Jan-2021 | Dollar (USA, DND semi-monthly) |
| UD01 | United States of America | Fort Leavenworth, Kansas | Aug-2018 | 106 | | | Jan-2021 | Dollar (USA, DND semi-monthly) |

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| Code | Country | Post | Survey date | Post index | Note | Note 2 | Effective date | Currency |
|-------------|---------------------------------|--|-----------------|------------|----------|----------|-----------------|---------------------------------------|
| UD03 | United States of America | St. Louis, Missouri, Fort Leonard Wood, Missouri, Scott, Elleville, Illinois | Nov-2019 | 113 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UD04 | United States of America | Omaha, Nebraska | L | 106 | | | Jan-2021 | Dollar (USA, DND semi-monthly) |
| UE01 | United States of America | Dayton, Ohio, Wright-Patterson, Ohio | Oct-2017 | 115 | | | Jan-2021 | Dollar (USA, DND semi-monthly) |
| UE03 | United States of America | Warren, Michigan | Jun-2015 | 110 | | | Apr-2021 | Dollar (USA, DND semi-monthly) |
| UF01 | United States of America | Maryland: Aberdeen, Annapolis, Carderock, Fort Meade, Indian Head, Patuxent River, University of Maryland Virginia: Alexandria, Andrews, Arlington, Crystal City, Falls Church, Quantico, D.C.: Bolling, Washington | Oct-2017 | 117 | 1 | | Jul-2021 | Dollar (USA, DND semi-monthly) |
| UF02 | United States of America | Washington, D. C. | L | 116 | | c | Jun-2021 | Dollar (USA) |
| UF03 | United States of America | Cherry Point, Pope | L | 107 | | | Apr-2021 | Dollar (USA, DND semi-monthly) |
| UF08 | United States of America | Chesapeake, Dam Neck, Fort Lee, Fort Monroe, Hampton, Langley, Norfolk, Yorkton | Nov-2017 | 109 | | | Apr-2021 | Dollar (USA, DND semi-monthly) |
| UF09 | United States of America | Fayetteville, Fort Bragg, North Carolina | Oct-2017 | 107 | | | Apr-2021 | Dollar (USA, DND semi-monthly) |
| UF15 | United States of America | Maryland: Aberdeen, Annapolis, Carderock, Fort Meade, Indian Head, Patuxent River, University of Maryland Virginia: Alexandria, Andrews, Arlington, Crystal City, Falls Church, Quantico, D.C.: Bolling, Washington | Oct-2017 | 120 | 1 | f | Jul-2021 | Dollar (USA, DND semi-monthly) |
| UG01 | United States of America | Eglin, Tyndall | Jul-2018 | 113 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG02 | United States of America | Beaufort Falls | L | 114 | | c | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG05 | United States of America | Fort Benning, Georgia | L | 113 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG06 | United States of America | Fort Gordon, Fort McPherson, Fort Stewart | L | 113 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG07 | United States of America | Mississippi | L | 114 | | d | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG08 | United States of America | Gainesville, Florida (University of Florida) | Jul-2018 | 114 | | c | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG09 | United States of America | Fort Rucker, Alabama | L | 113 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG10 | United States of America | Jacksonville, Florida | L | 114 | | d | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG11 | United States of America | Maxwell, Montgomery, Alabama | L | 114 | | d | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG12 | United States of America | Daytona Beach | L | 114 | | c | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG13 | United States of America | University of Tennessee | L | 114 | | c | Feb-2021 | Dollar (USA, DND semi-monthly) |

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| Code | Country | Post | Survey date | Post index | Note | Note 2 | Effective date | Currency |
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| UG14 | United States of America | MacDill, Tampa | L | 113 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG17 | United States of America | West Palm Beach, Florida | Nov-2017 | 123 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG21 | United States of America | Robins, Georgia | Jan-2019 | 113 | | | Jan-2021 | Dollar (USA, DND semi-monthly) |
| UG22 | United States of America | Miami | Nov-2017 | 123 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG25 | United States of America | Little Rock, Arkansas | L | 114 | | d | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG26 | United States of America | Huntsville, Alabama | Jul-2018 | 114 | | d | Feb-2021 | Dollar (USA, DND semi-monthly) |
| UG30 | United States of America | KEY WEST FLORIDA | Jul-2018 | 119 | | | Jun-2021 | Dollar (USA) |
| UH02 | United States of America | New York City | Oct-2017 | 132 | | | Apr-2021 | Dollar (USA, DND semi-monthly) |
| UH03 | United States of America | Cape Cod, Hanscom | Jun-2018 | 112 | 1 | | Jul-2021 | Dollar (USA, DND semi-monthly) |
| UH04 | United States of America | Boston, University of Boston | Jun-2018 | 121 | | f | Apr-2021 | Dollar (USA, DND semi-monthly) |
| UH06 | United States of America | Carlisle, Pennsylvania | L | 112 | | | Apr-2021 | Dollar (USA, DND semi-monthly) |
| UH08 | United States of America | Philadelphia, Warminster | L | 120 | 1 | f | Jul-2021 | Dollar (USA, DND semi-monthly) |
| UH11 | United States of America | Rome, New York | Nov-2017 | 112 | | | Apr-2021 | Dollar (USA, DND semi-monthly) |
| UH14 | United States of America | Newport, Rhode Island | L | 112 | 1 | | Jul-2021 | Dollar (USA, DND semi-monthly) |
| UH16 | United States of America | Stratford, Connecticut | Nov-2018 | 110 | 1 | c | Jul-2021 | Dollar (USA, DND semi-monthly) |
| UH22 | United States of America | New York City (No VAT Rebates) | Oct-2017 | 138 | | f | Apr-2021 | Dollar (USA, DND semi-monthly) |
| UJ02 | United States of America | Picatiny Arsenal, New Jersey | L | 120 | 1 | f | Jul-2021 | Dollar (USA, DND semi-monthly) |
| UJ04 | United States of America | Rutgers University, New Jersey | L | 120 | 1 | f | Jul-2021 | Dollar (USA, DND semi-monthly) |
| UK12 | United Kingdom | Inside the M25 (No VAT Rebates) | Sep-2015 | 116 | | h | Aug-2020 | Pound (U.K., DND) |
| UK13 | United Kingdom | Outside the M25 (VAT Rebates) | Sep-2015 | 108 | | | Aug-2020 | Pound (U.K., DND) |
| UK18 | United Kingdom | Inside the M25 (VAT Rebates) | Sep-2015 | 113 | | | Aug-2020 | Pound (U.K., DND) |
| UK57 | United Kingdom | Scotland | L | 103 | | | Aug-2020 | Pound (U.K., DND) |
| U001 | United States of America | Elmendorf, Alaska | Aug-2018 | 117 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |
| U003 | United States of America | Honolulu, Hawaii | Oct-2017 | 117 | | | Jun-2021 | Dollar (USA, DND semi-monthly) |
| U005 | United States of America | Clear, Alaska | Aug-2018 | 101 | | g | Oct-2019 | Dollar (USA) |
| U008 | United States of America | Eielson | L | 117 | | | Feb-2021 | Dollar (USA, DND semi-monthly) |

Canadian Forces Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in July 2021.

| Code | Country | Post | Survey date | Post index | Note | Note 2 | Effective date | Currency |
|-------------|--------------------------|-------------------------|-------------|------------|----------|--------|-----------------|--------------------------------|
| UR01 | Ukraine | Kyiv | Apr-2019 | 81 | | | Mar-2021 | Hryvna (Ukraine) |
| US10 | United States of America | Ogden, Utah | L | 114 | | | Jun-2021 | Dollar (USA, DND semi-monthly) |
| USA2 | United States of America | Pensacola, Florida | L | 114 | | d | Feb-2021 | Dollar (USA, DND semi-monthly) |
| VI01 | Vietnam | Hanoi | L | 115 | 1 | | Jul-2021 | Dong |
| WB01 | West Bank and Gaza | Ramallah | L | 139 | | | Jun-2021 | Shekel (Israel) |
| YU02 | Serbia | Belgrade | Mar-2019 | 102 | | | May-2021 | Dinar (Serbia) |
| ZZ01 | Belgium | Casteau | Aug-2015 | 121 | | | Mar-2021 | Euro |
| ZZ03 | Netherlands, The | Brunssum | Aug-2015 | 111 | | | Apr-2021 | Euro |
| ZZ09 | Haiti | Port-au-Prince | Nov-2017 | 105 | | g | Apr-2021 | Gourde |
| ZZ10 | Haiti | Regions of Haiti | L | 105 | | g | Apr-2021 | Gourde |
| ZZ17 | West Bank and Gaza | Palestinian Territories | L | 110 | | g | Jun-2017 | Shekel (Israel) |
| ZZ30 | Ukraine | Kyiv | L | 94 | | g | Nov-2020 | Hryvna (Ukraine) |
| ZZ31 | Cambodia | Phnom Penh | Feb-2016 | 96 | | g | Jun-2017 | Riel |

(1) Post Index has been updated or is new this month.

(2) Previously released Post Index has been revised.

(3) Due to the absence of reliable economic data, the foreign post index is not subject to monthly monitoring updates.

... Not applicable

L Where no Survey Date is shown, the Post Index is linked to another Post Index where a survey has been carried out.

(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.

(b) - Based on United Nations surveys; does not include access to duty-free purchases.

(c) - Index for personnel who do not have U.S. military facility privileges.

(d) - Index for personnel who do not have access to duty-free gasoline.

(e) - Index for civilian personnel who have U.S. military facility privileges.

(f) - Index for personnel who do not have diplomatic privileges.

(g) - Index for personnel who are provided rations and quarters, a meal allowance or a third-party subsistence allowance.

(h) - Index for personnel who do not have retail tax-free privileges.

(i) - Index for personnel who purchase rations from a military establishment.