

WIIBA MIKAGEWIN GICHI PIITENDAAGWOD

Aawenjigaadeg owi Ezigaawaapinewin shki maajitaamig gichi piitendaagwod. Gegaa gwa kina Ezigwaapinewinan, giishpin wiiba debinagaadeg, Ezigaapinewin adaa naandowechigaade weweni nikaaang glige-mashkikiin.

Inamjiwinan gagwech temigadon 3 apiniish 30 giizhagdon shkwaa dikomigowin. Bkaan gwa zhinaagidon bezhig bemaadizid miinwaa gwaya bkaan bemaadizid minwaa **adaa digosinon** wegwen gwa ninda eni zhibiigaadeg:

- ▶ Omigzhe (aangwadinang gwa miikwa'ige izhinaagwog)
- ▶ Ekoziwin
- ▶ Gazhizang
- ▶ Gaagiidag aankosing kanan
- ▶ Giikajiw
- ▶ Baagishiwaad giniiskwensag
- ▶ Dewikwe

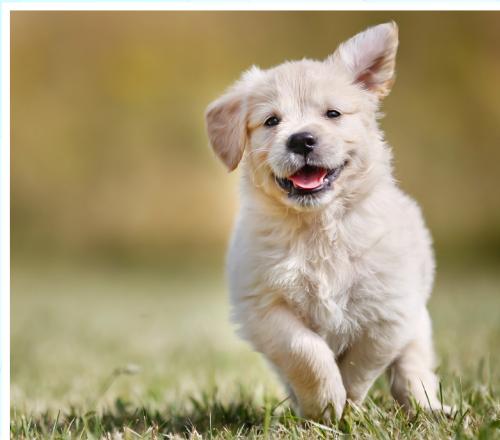
Woshme nenizaanag inamjiwinan (mozhitoong niibna anami`e-giizhig apiniish giizisan shkwaa dikomig ezigaag, giishpin bwaa naandowigowin):

- ▶ Gichi dewikewin
- ▶ Dengwen niboowisemigag (dibishko gona Nabane Niboowiseg dengwen)
- ▶ Gaagiidag aankosing okanan
- ▶ Giwaajibideg ode
- ▶ Gaa-onji-wawaakawiid awiya wiiyawing maanaajibideg (dibisko gona giwashkweyaabandamang, gwiinwinendamowin maage gashkitosing weweni awii naanaagdowendamang, miinwaa naajitowin makwendamowin, gaa-onji-nisidoziyin gaagiidag, biinisamanji'o maage giikimanizing ninjiin maage ozidan)

Ginosh gdo mina bimaadiziwin myaagwed giishpin maanaaji zhayaawin maage zinagendaman agii shkwaa dikomig owa ezigaag.

GWESIINIMAG MIINWAA EZIGAAWAAPINEWIN

Aaniwi gwa gwesiinimag gaawii adaa sweniziinaa-aa Ezigaawaapinewin gagwek gwa bemaadizijig, adaa bimiwinaa-aan miniiwi-ezigaanag biindig endaawin maage agojiing endaawin. Minwe-aapii ezigaag ndowaabmind miinwaa wewiib bimad ezigaag naasaab piitendaagwod gewe wesiining debinimajig dibishko bemaadizijig.



Gaagiidigizing mashkoziwin miinwaa aankosing kanan memaanji naasaab inamjiwin owi Ezigaawaapinewin gewe wesiining. Aanin wesiining adaa ozhi-oomigadinson gazhiziwin maage gichi ekoziwin. Ginosh gdo awokaan mashkikiini owi ezigaag nigaaizijaadeg maage giishpin nendaman gweesiinim ayaang Ezigaawaapinewin.

Woshme gego awii gikendaman, zhaan
Canada.ca/LymeDisease

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MINOWENDAAGOZIN OWI AGWAJIING, BWAA AYAAD EZIGAA

TICK

**EZIGAAWAAPINEWIN
TEMIGAD MAAMPII
GAANADA. NIGAASIJIGAADEG
GICI PIITENDAAGWOD.**

Canada

GIKENDAN OWI NIKIYAA AGEZHI NAAZHINAMAN GDO INIWE-DIZIWIN

Ezigaanaapinewin adaa swebide owi dikomigewin owa miniiwi mekodegaadejig ezigaanag. Gwanda ezigaanag makigaaiziwog zhiwe maage besha mitigog, mitigonsag, e'shpiging miizhash maage niibiishan akosing. Aapaji gwaa ada miigwemigad nenizaanag mina bimaadiziwin giishpin bwaa naagdowenjigaadeq, dash gdaa nda zhichige awii naazhinaman gdo iniwe-idiziwin.

GDA NISIDWAABMAA ANA MEKODE GAADED EZIGAA?



Abi njibaamigag ezigaa masinchiginan: URI TickEncounter Resource Center

Gagwech gwa, bemaadizijig aakoishihskaagonaa-aa owi dikomigowaad mashi netawigisig ezigaa ezhii nikaaziwing nymphs megwaach gwa enginiwaad minominesing. Netaawigijig ezigaag (megwaach agwa mitig minomin nigina) adaa swenaan Ezigaanaapinewin. Ezigaanag gwa aapaji gaachiinwog miinwaa dikongewinan gagwech gwa gaawii wiisgikaagmegasno, dash gaawii gnimaa gdaa gikendiziin agii dikomigowin.

NIGAASIJIGAADEG WIINDAMAAGEWINAN!



Memaanji nishing nikiyaa awii nigaasjigaadeg Ezigaanaapinewin awaan awii miiwishkaman dikomig ezigaa. Naagidon ninda wiindamaagewinan apii agojing an ihaawin zhiwe ezigaa aji makigaaziwaapa:

NIGAASIDON

- Biiskan naangaandegin gagaanoonagweyaa babagwayaan miinwaa miiknod.
- Biinjiiginan bagiwayaan biinjiwing gmiiknoding, miinwaa gmiiknod biinjiiginan gamidaasing.
- Biiskan gebagaadeg makozinan.
- Nikaazan minidons bodaajii-igan e'digosin DEET maage Icaridin (pane naagidon mazinigaansing ezhibiigaadeg).
- Bimases zhiwe agaa mazhiigaadeg miikaans maage enji bimaseng.
- Miinwaa age gdaa biiskaan permethrin-treated gwiwinan, nongo etemigag maampii Gaanada (pane naagidon mazinigaans ezhii biigaadeg).

NDAGIKENDAN

- Giziibiiigizhen maage giziibignidazan wewiib gwa ezhii gashkitowin agojiing shkaa bibaayaawin.
- Ensa giizhigag ndakendant kina gwiyyaaw endagwen ezigaa aji yaawod, gdo binoojiinimag, gdo wesniig, miinwaa gdo nikaaziwinan.
- Bengwaasadon gdo gwiwinan memaanji gazhidieg gnigen gwa midaaswi dibagaans.

AANIISH AGE ZHICHIGEMBA GIISHPIN DIKOMIGOWIN?

ZHICHIGEN GEGO

- Nikaazan baanaagwog biisi giinaag daakonjigaans wewiib gwa awii bimad e'zigased ezigaanag:
 - Debibidoon owi ezigaa ndib memaanji besha gwa gdo nagay epiichi gashkitowin.
 - Nengaach wiikibish gagwek nikiyaa. Gajiton awii bwaa biimbinad maage ziinibad owa ezigaa.
 - Giispin aanin adon owa ezigaa bakweshkaag miinwaa yaa-aabi temag biinji nagay, mamoon newen nikaaziyin daakonjigaans.
 - Giishpin gashkitosiwan awii bimowin adon, nigadan, miinwaa bagidinan gdo nagay awii nojimad.
- Giziibiiiginan zhiwe agii dikomigowin nikaaziyin nibiish miinwaa giziibiiiginan maage ishkod-aabo digosin giziibiiiginan.
- Zigakish owa ezigaa gebaakogaadeg taasijigan miinwaa maajiish apii awii waabmad mina bimaadiziwin maagwed.
- Ginosh gdo mina bimaadiziwin myaagwed giishpin maanaaji zhayaawin maage zinagendaman agii shkwaa dikomig owa ezigaa.

