

FLUWATCH

May 15 to May 21, 2022
(Week 20)



Weekly Highlights

- Influenza activity has declined slightly from the previous week (week 19), but remains above the epidemic threshold. Influenza activity continues to be reported in almost all regions of all provinces and territories.

Virologic

- In week 20, 1,793 laboratory detections (1,781 influenza A and 12 influenza B) were reported.
- Among detections with detailed age information, the majority of detections were in individuals under the age of 45 years.

Syndromic

- The percentage of visits for influenza-like illness (ILI) was 1.8% in week 20. The percentage visits for ILI exceeds the pre-pandemic levels typical of this time of year.
- The percentage of FluWatchers reporting fever and cough was 1.2% in week 20.

Outbreaks

- In week 20, 2 laboratory-confirmed influenza outbreaks were reported.
- From August 29, 2021 to May 21, 2022 (weeks 35 to 20), 44 laboratory-confirmed influenza outbreaks have been reported to date this season.

Severe Outcomes

- From August 29, 2021 to May 21, 2022 (weeks 35 to 20), 363 influenza-associated hospitalizations have been reported from participating provinces and territories.
- Following a sharp increase, the IMPACT network has reported a decrease in influenza-associated hospitalizations among the pediatric population in week 20.

Other Notes

- The next scheduled FluWatch report (week 21) will be published June 3, 2022.
- Weekly reporting of laboratory detections of influenza and other seasonal respiratory viruses will continue via our [Respiratory Virus Detections Surveillance System](#)

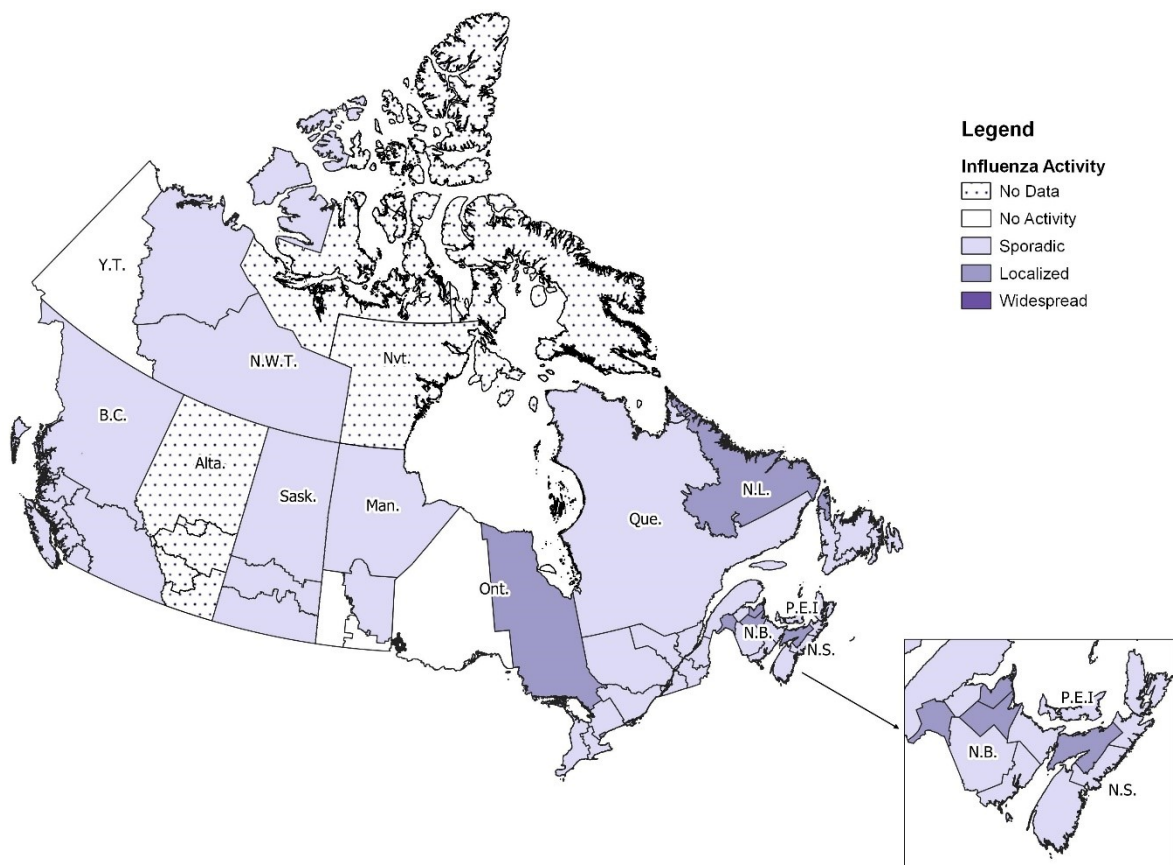


Influenza/Influenza-like Illness Activity – Geographic Spread

In week 20, influenza activity was reported in almost all provinces and territories. Among the 41 regions reporting influenza activity, 83% reported sporadic activity and 17% reported localized activity (Figure 1).

Figure 1 – Map of influenza/ILI activity by province and territory, Canada, week 2022-20

Number of Regions Reporting in Week 20: 45 out of 53



Laboratory-Confirmed Influenza Detections

In week 20, 1,793 laboratory detections (1,781 influenza A and 12 influenza B) were reported. After increasing sharply since the beginning of April, the number of detections and the weekly percentage of tests positive for influenza decreased this week, but remain above levels typically seen at this time of year.

The following results were reported from sentinel laboratories across Canada in week 20 (Figures 2 and 3):

- The weekly percentage of tests positive for influenza was 10.7% and is above expected pre-pandemic¹ levels (3.2 to 9.1%).
- A total of 16,316 tests for influenza were performed. The number of weekly tests performed is above the weekly pre-pandemic¹ average of weekly 3,862 tests.
- Among subtyped influenza A detections, 98% (268 out of 274) were influenza A(H3N2).

To date this season (August 29, 2021 to May 21, 2022), 11,064 influenza detections were reported:

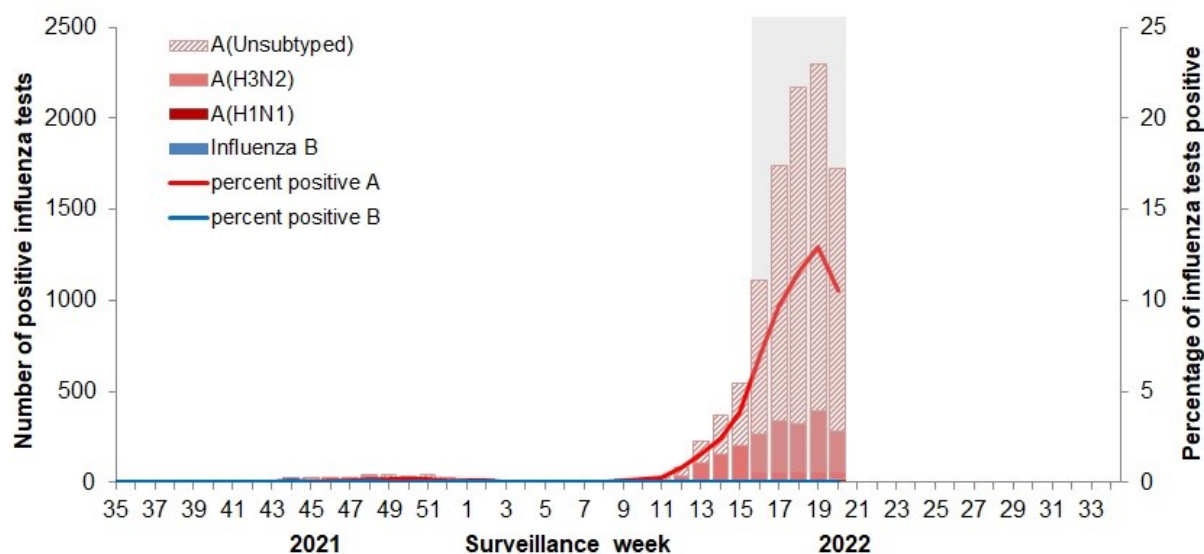
- 99% (10,918), were influenza A.
- Among subtyped influenza A detections (2,223), influenza A(H3N2) accounted for 98% of detections.
- The total number of influenza detections are lower than what we have seen historically pre-pandemic¹, where an average of 46,356 influenza detections were reported at this point in the season.

Detailed information on age and type/subtype has been received for 9,772 laboratory-confirmed influenza detections (Figure 4). Among the 9,772 detections, 4,787 (49%) were in individuals under 0-19 years old and 2,521 (26%) were in individuals 20-44 years old.

For more detailed weekly and cumulative influenza data, see the text descriptions for [Figures 2 and 3](#) or the [Respiratory Virus Detections in Canada Report](#).

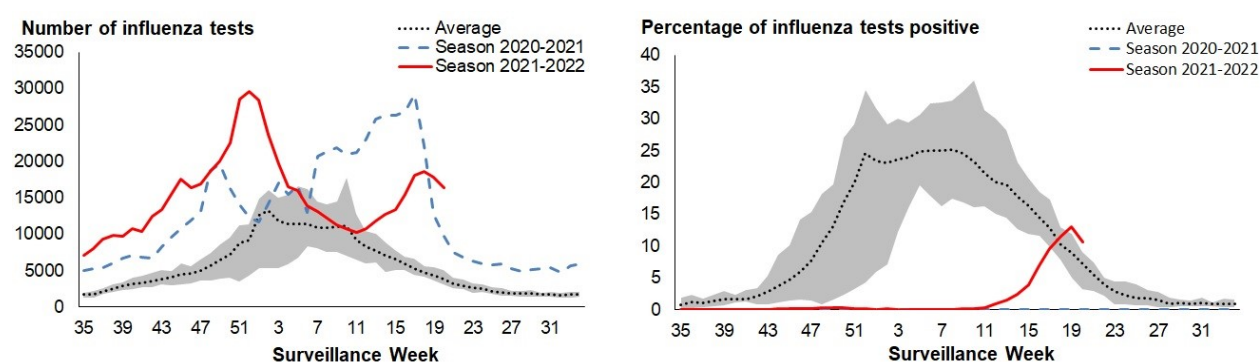
Figure 2 – Number of positive influenza tests and percentage of tests positive, by type, subtype and report week, Canada, week 2021-35 to 2022-20

Number of Laboratories Reporting in Week 20: 32 out of 34



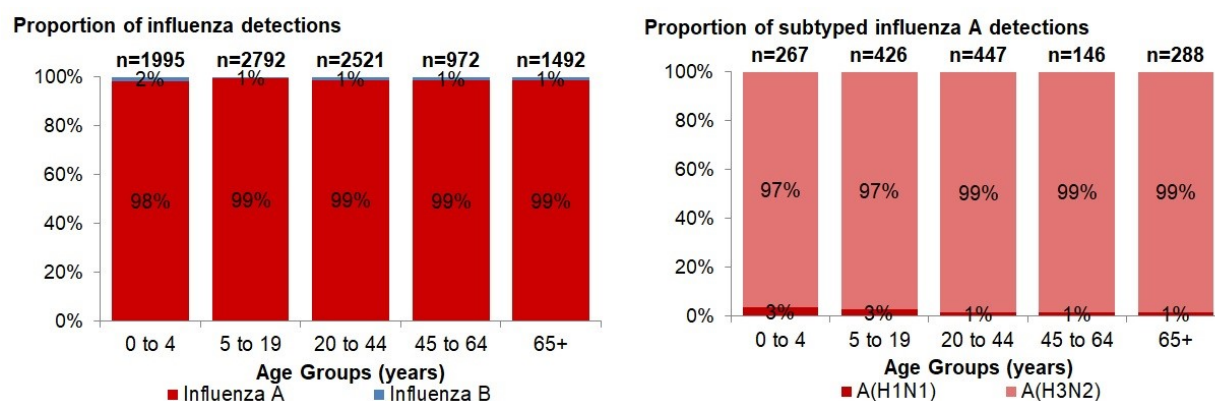
The shaded area indicates weeks where the positivity rate was at least 5% and a minimum of 15 positive tests were observed, signalling the period of seasonal influenza activity.

Figure 3 – Number of influenza tests and percentage of tests positive in Canada compared to previous seasons, week 2021-35 to 2022-20



¹The shaded area represents the maximum and minimum number of influenza tests or percentage of tests positive reported by week from seasons 2014-2015 to 2019-2020. Data from week 11 of the 2019-2020 season onwards are excluded from the historical comparison due to the COVID-19 pandemic.

Figure 4 – Proportion of positive influenza specimens by type or subtype and age-group reported through case-based laboratory reporting, Canada, weeks 2021-35 to 2022-20



Laboratory data notes:

Testing for influenza and other respiratory viruses has been influenced by the current COVID-19 pandemic. Changes in laboratory testing practices may affect the comparability of data to previous weeks or previous seasons.

Due to different testing protocols of laboratories across Canada, differences exist in the number of detections included in various calculations, tables, and figures across products.

Included in the cumulative detections this season are 11 co-infections of influenza A and B (total of 22 detections) that were suspected to be associated with [live attenuated influenza vaccine](#) (LAIV) receipt. Beginning in week 44 co-infections known or reported to be associated with recent LAIV were removed by the submitting laboratory or by the Public Health Agency of Canada as they do not represent community transmission of seasonal influenza viruses.

Syndromic / Influenza-like Illness Surveillance

Healthcare Practitioners Sentinel Surveillance

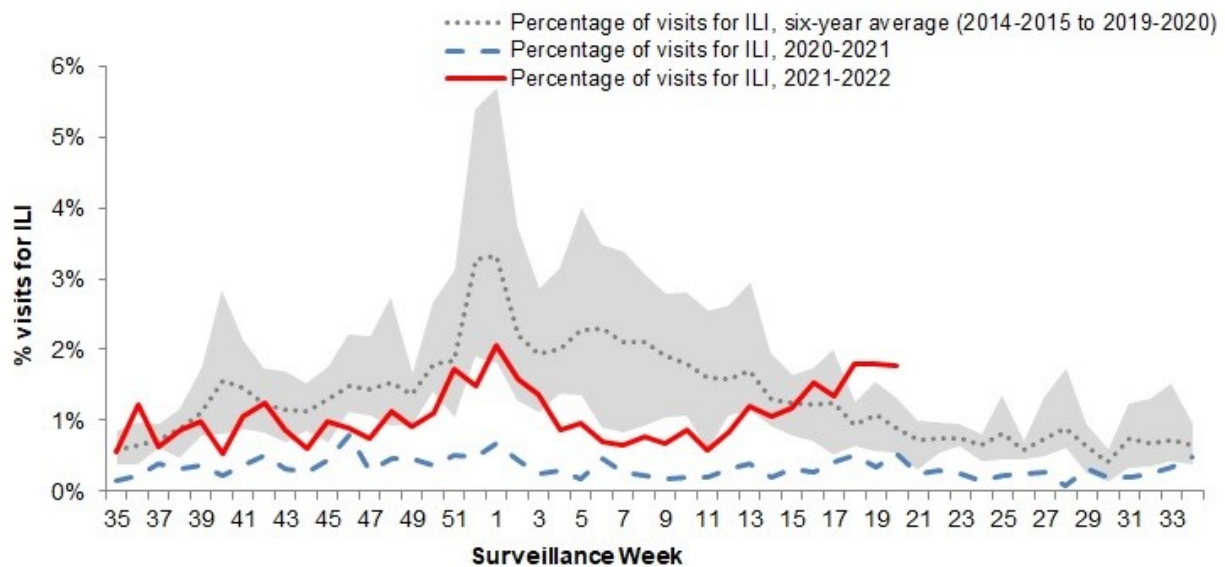
In week 20, 1.8% of visits to healthcare professionals were due to influenza-like illness (ILI). In recent weeks, the percentage of visits for ILI has stabilized, but remains slightly above pre-pandemic levels typical of this time of year.

Since the beginning of the surveillance season, the percentage of visits for ILI has been within or near expected pre-pandemic levels (Figure 5). ILI symptoms are not specific to any one respiratory pathogen and can be due to influenza, or other respiratory viruses, including respiratory syncytial virus and even SARS-CoV-2, the virus that causes COVID-19.

This indicator should be interpreted with caution as there have been changes in healthcare seeking behavior of individuals and a smaller number of sentinels reporting compared to previous seasons.

Figure 5 – Percentage of visits for ILI reported by sentinels by report week, Canada, weeks 2021-35 to 2022-20

Number of Sentinels Reporting in Week 20: 48



The shaded area represents the maximum and minimum percentage of visits for ILI reported by week from seasons 2014-2015 to 2019-2020. Data from week 11 of the 2019-2020 season onwards are excluded from the historical comparison due to the COVID-19 pandemic.

FluWatchers

In week 20, 10,892 participants reported to FluWatchers, of which 1.2% reported symptoms of cough and fever (Figure 6). The percentage of FluWatchers who report cough and fever has decreased in recent weeks.

The reports of cough and fever are not specific to any one respiratory pathogen and can be due to influenza, or other respiratory viruses, including respiratory syncytial virus, rhinovirus, and even SARS-CoV-2, the virus that causes COVID-19. FluWatchers reporting is not impacted by changes in health services or health seeking behaviours.

Among the 127 participants who reported cough and fever:

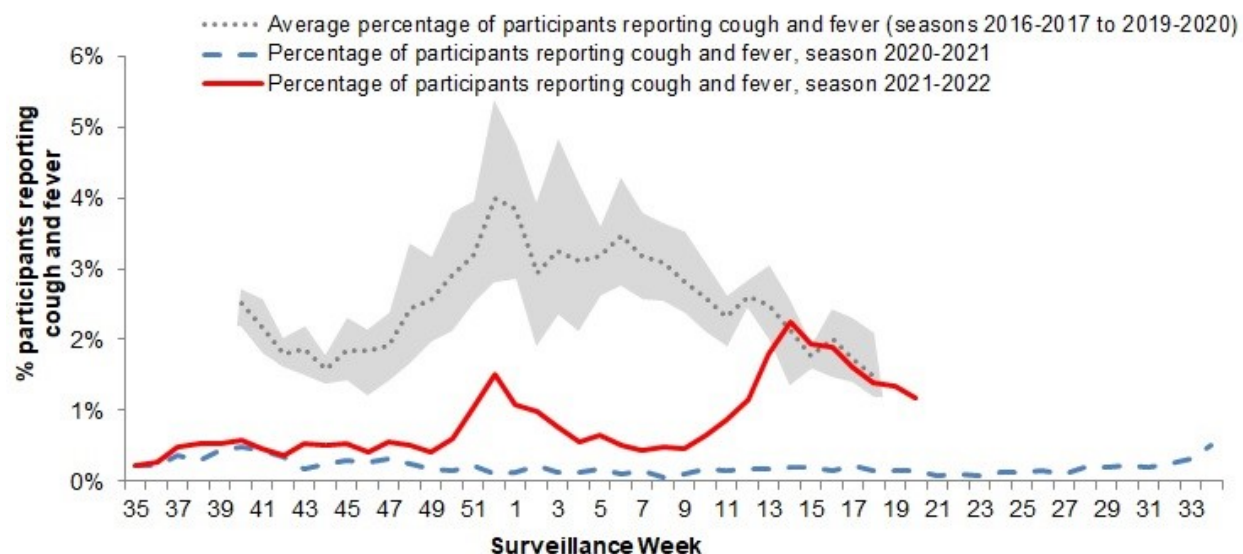
- 17% consulted a healthcare professional;
- 81% reported days missed from work or school, resulting in a combined total of 103 missed days of work or school (average of 3.4 days);

The Northwest Territories had the highest participation rate this week (51 participants per 100,000 population) and the neighbourhoods of postal code K0A and K2J, had the highest number of participants (119). See what is happening in your [neighbourhood](#)! Downloadable datasets are also available on [Open Maps](#).

If you are interested in becoming a [FluWatcher](#), [sign up today](#).

Figure 6 – Percentage of FluWatchers reporting cough and fever, Canada, week 2021-35 to 2022-20

Number of Participants Reporting in Week 20: 10,892



The shaded area represents the maximum and minimum percentage of percentage of participants reporting cough and fever by week, from seasons 2014-2015 to 2019-2020. Data from week 11 of the 2019-2020 season onwards are excluded from the historical comparison due to the COVID-19 pandemic

Influenza Outbreak Surveillance

In week 20, the following outbreaks were reported in Canada:

- 2 laboratory-confirmed influenza outbreaks, both in long-term care facilities
- 2 ILI outbreaks in schools

To date this season (August 29, 2021 to May 21, 2022):

- 44 laboratory-confirmed influenza outbreaks have been reported
 - 22 were in long-term care facilities
 - 16 were in facilities categorized as 'other'
 - 3 were in remote or isolated communities
 - 3 were in acute care facilities
 - All outbreaks were due to influenza A, of which 21 were due to influenza A(H3N2), 2 were due to influenza A(H1N1) and the remaining were influenza A untyped
- 89 ILI outbreaks have been reported
 - All but two ILI outbreaks have been reported in schools and/or daycares.

Outbreaks of ILI are not specific to any one respiratory pathogen and can be due influenza, or other respiratory viruses, including respiratory syncytial virus, rhinovirus, and even COVID-19. Many respiratory viruses in addition to the flu commonly circulate during the fall and winter, and can cause clusters of cases with respiratory illness which could be captured as ILI.

Number of provinces and territories¹ reporting in week 20: 11 out of 13

¹All Provinces and Territories (PTs) participate in the FluWatch outbreak surveillance system. This outbreak system monitors influenza and ILI outbreaks in long-term care facilities (LTCF), acute care facilities, schools and daycares, remote and/or isolated communities, and facilities categorized as 'other'. Not all reporting PTs report outbreaks in all these settings. All PTs report laboratory confirmed outbreaks in LTCF. Four PTs (NB, NL, NS and YK) report ILI outbreaks in schools and/or daycares and other facilities.

Influenza Severe Outcomes Surveillance

Provincial/Territorial Influenza Hospitalizations and Deaths

In week 20, 15 influenza-associated hospitalizations and 1 ICU admission were reported by participating provinces and territories².

To date this season (August 29, 2021 to May 21, 2022) among participating provinces and territories:

- 363 influenza-associated hospitalizations were reported
 - All but one hospitalization was due to influenza A.
 - Of the hospitalizations for which subtype was reported (153), 99% were associated with influenza A(H3N2).
 - The greatest proportion of hospitalizations (39%) were in adults 65 years of age and older.
- 31 influenza-associated ICU admissions and 8 influenza-associated deaths were reported.

Number of provinces and territories reporting in week 20: 8 out of 9

²Influenza-associated hospitalizations are reported by Alberta, Manitoba, New Brunswick, Newfoundland and Labrador, Northwest Territories, Nova Scotia, Prince Edward Island and Yukon. Only hospitalizations that require intensive medical are reported by Saskatchewan.

Pediatric Influenza Hospitalizations and Deaths

In week 20, 25 influenza-associated pediatric (≤ 16 years of age) hospitalizations were reported by the Immunization Monitoring Program Active (IMPACT) network (Figure 7). Following a sharp increase in recent weeks, influenza-associated pediatric hospitalizations declined this week but remain above levels typical of this time of year.

To date this season (August 29, 2021 to May 21, 2022):

- 187 pediatric influenza-associated hospitalizations have been reported
 - 117 (63%) were among children under the age of 5 years of age (Figure 8).
 - 185 (99%) were associated with influenza A
- 16 pediatric influenza-associated intensive care unit (ICU) admissions have been reported.

Figure 7 – Number of pediatric (≤ 16 years of age) hospitalizations reported by the IMPACT network, by week, Canada, weeks 2021-35 to 2022-20

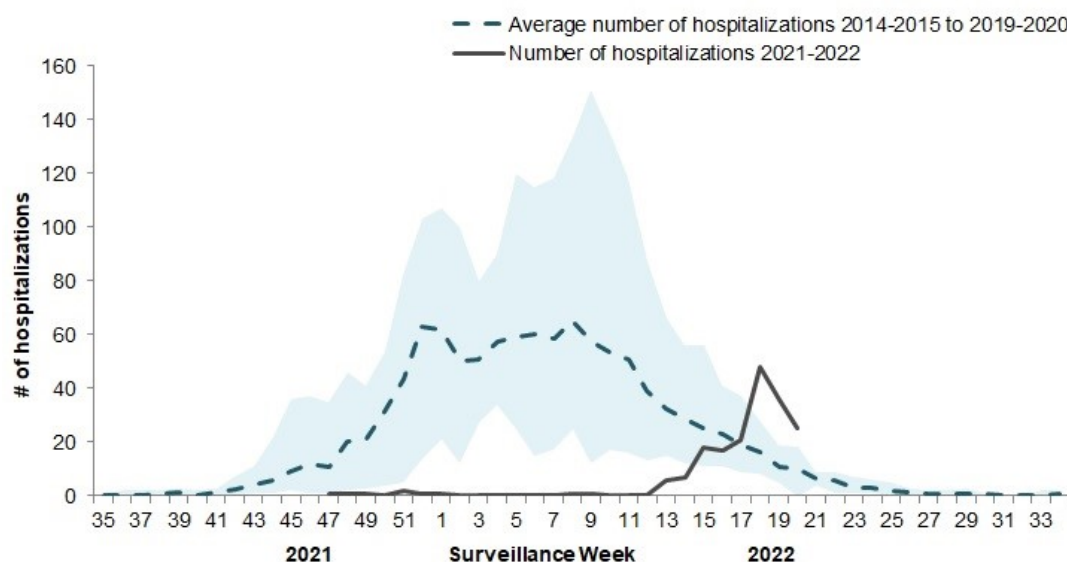
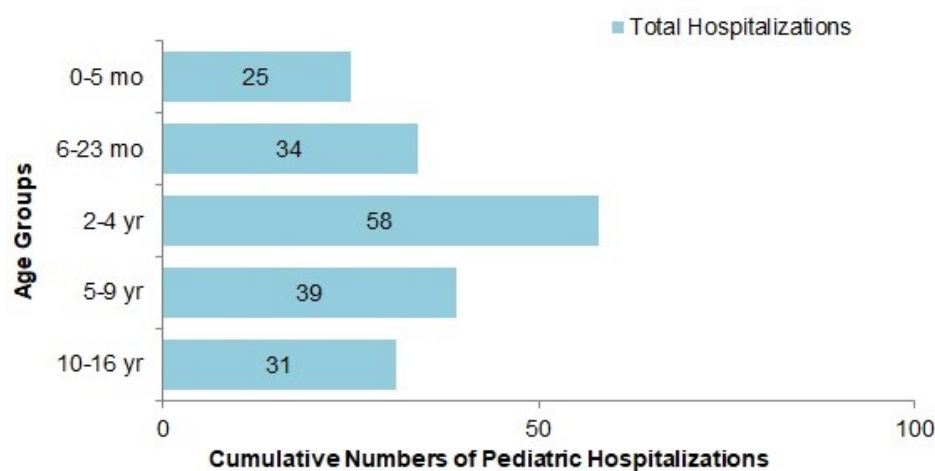


Figure 8 – Cumulative number of pediatric hospitalizations (≤ 16 years of age) with influenza by age-group reported by the IMPACT network, Canada, weeks 2021-35 to 2022-20



Adult Influenza Hospitalizations and Deaths

In week 20, five influenza-associated adult (≥ 16 years of age) hospitalizations were reported by the Canadian Immunization Research Network (CIRN) Serious Outcomes Surveillance (SOS) network.

To date this season (August 29, 2021 to May 21, 2022), 25 influenza-associated adult (≥ 16 years of age) hospitalizations have been reported by the CIRN SOS network.

Influenza Strain Characterization

To date this season (August 29, 2021 to May 21, 2022), the National Microbiology Laboratory (NML) has characterized 110 influenza viruses (106 A(H3N2), 4 A(H1N1)) received from Canadian laboratories.

Influenza A(H3N2)

Genetic Characterization

Among the 106 influenza A(H3N2) viruses genetically characterized, sequence analysis of the HA gene of these viruses showed that they all belonged to genetic group 3C.2a1b.2a2.

A/Cambodia/e0826360/2020 (H3N2)-like virus is the influenza A(H3N2) component of the 2021-2022 Northern Hemisphere seasonal influenza vaccine and belongs to genetic group 3C.2a1b.2a1.

A/Darwin/6/2021 (H3N2)-like virus is the influenza A(H3N2) component of the 2022 Southern Hemisphere seasonal influenza vaccine and belongs to the genetic group 3C.2a1b.2a2.

Antigenic Characterization

Among the 104 A(H3N2) viruses characterized:

- 26 viruses were antigenically similar to A/Cambodia/e0826360/2020 (H3N2)-like virus
- 78 showed reduced titres with antisera raised against egg-grown A/Cambodia/e0826360/2020 (H3N2)-like virus.

Influenza A(H1N1)

Antigenic Characterization

Among the four A(H1N1) viruses characterized:

- Three H1N1 viruses characterized were antigenically similar to A/Wisconsin/588/2019.
- One H1N1 showed reduced titre with ferret antisera raised against cell culture-propagated A/Wisconsin/588/2019

A/Wisconsin/588/2019 is the influenza A(H1N1) component of the 2021-2022 Northern Hemisphere seasonal influenza vaccine.

Antiviral Resistance

The NML also tests influenza viruses received from Canadian laboratories for antiviral resistance.

Oseltamivir

108 influenza viruses (104 A(H3N2) and 4 A(H1N1)) were tested for resistance to oseltamivir:

- All influenza viruses were sensitive to oseltamivir.

Zanamivir

108 influenza viruses (104 A(H3N2) and 4 A(H1N1)) were tested for resistance to zanamivir:

- All influenza viruses were sensitive to zanamivir

Influenza Vaccine Monitoring

Vaccine monitoring refers to activities related to the monitoring of influenza vaccine coverage and effectiveness.

Vaccine Coverage

The Seasonal Influenza Immunization Coverage Survey is an annual telephone survey conducted between January and February that collects information from Canadians on whether they received the annual seasonal influenza vaccine that season. Vaccine coverage is measured as the percentage of people who reported receiving the influenza vaccine in a specific influenza season.

In the 2021-22 influenza season, coverage was similar to the 2020-21 season at:

- 30% among adults aged 18 to 64 years.
 - 27% among adults aged 18-64 without chronic medical conditions.
 - 38% among adults aged 18-64 with chronic medical conditions.
- 71% among seniors (aged 65 years and older).

Table 1 – Influenza vaccine coverage among adults (n=3,502)* by risk group† and gender‡, Seasonal Influenza Vaccination Coverage Survey, Canada, September 2021 – February 2022

Age group (years)	All		Male		Female	
	N	Vaccine Coverage % (95% CI)	N	Vaccine Coverage % (95% CI)	N	Vaccine Coverage % (95% CI)
All adults (≥18)	3487	38.7 (36.9-40.6)	1548	33.4 (30.8-36.0)	1914	43.9 (41.3-46.5)
18-64	2389	30.1 (28.0-32.2)	1079	24.9 (22.1-27.8)	1286	35.0 (31.9-38.1)
with chronic medical conditions	713	37.6 (33.6-41.7)	298	37.0 (31.0-43.1)	407	38.3 (32.9-43.8)
without chronic medical conditions	1658	26.8 (24.4-29.2)	769	19.9 (16.9-23.0)	873	33.7 (29.9-37.4)
≥65	1098	71.0 (68.1-74.0)	469	67.0 (62.2-71.8)	628	74.6 (70.9-78.3)

*18 people did not recall whether they had received the influenza vaccine and were excluded from coverage estimates.

†11 people who were 18-64 years old did not disclose whether they had any chronic medical conditions (CMC) and were excluded from stratified analysis.

‡11 people did not disclose their gender and 9 people did not identify as male or female. They were excluded from stratified analysis.

Vaccine Effectiveness

Within season influenza vaccine effectiveness (VE) estimates are typically available in February or March of each year. Given the low and late onset of community circulation of influenza this season, VE estimates for Canada will not be available for the 2021-2022 season.

Provincial and International Surveillance Links

- British Columbia – [Influenza Surveillance; Vaccine Effectiveness Monitoring](#)
- Alberta – [Respiratory Virus Surveillance](#)
- Saskatchewan – [Influenza Reports](#)
- Manitoba – [Seasonal Influenza Reports](#)
- Ontario – [Ontario Respiratory Pathogen Bulletin](#)
- Québec – [Système de surveillance de la grippe \(available in French only\)](#)
- New Brunswick – [Influenza Surveillance Reports](#)
- Prince Edward Island – [Influenza Summary](#)
- Nova Scotia – [Respiratory Watch Report](#)
- Newfoundland and Labrador – [Surveillance and Disease Reports](#)
- Yukon – [Influenza \(the Flu\)](#)
- Northwest Territories – [Influenza/ Flu Information](#)
- Nunavut – [Influenza Information](#)
- World Health Organization – [Global Influenza Programme](#)
- Pan American Health Organization – [Influenza situation report](#)
- U.S. Centers for Disease Prevention & Control (CDC) - [Weekly Influenza Summary Update](#)
- European Centre for Disease Prevention and Control – [Surveillance reports and disease data on seasonal influenza](#)
- United Kingdom – [National influenza surveillance reports](#)
- Hong Kong Centre for Health Protection - [Flu Express](#)
- Australia – [Influenza Surveillance Report and Activity Updates](#)
- New Zealand – [Influenza Dashboard](#)

Notes

The data in the FluWatch report represent surveillance data available at the time of writing. All data are preliminary and may change as updates are received.

To learn more about the FluWatch program, see the [Overview of influenza monitoring in Canada](#) page.

For more information on the flu, see our [Flu \(influenza\)](#) web page.

We would like to thank all the FluWatch surveillance partners participating in this year's influenza surveillance program.

This [report](#) is available on the Government of Canada Influenza webpage.

Ce [rapport](#) est disponible dans les deux langues officielles.