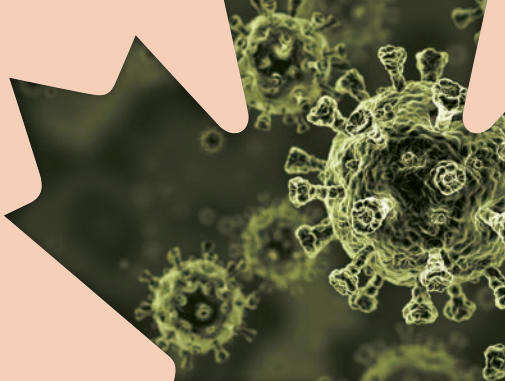


Coronavirus disease (COVID-19)

Mandatory quarantine requirements for unvaccinated travellers without COVID-19 symptoms arriving in Canada



WARNING: READ THIS HANDOUT CAREFULLY. IT CONTAINS INSTRUCTIONS FROM A QUARANTINE OFFICER, SCREENING OFFICER, AND THE MINISTER OF HEALTH THAT YOU ARE REQUIRED TO MEET UNDER THE MINIMIZING THE RISK OF EXPOSURE TO COVID-19 IN CANADA ORDER (QUARANTINE, ISOLATION, AND OTHER OBLIGATIONS). THEY ARE LEGALLY BINDING UNDER THE ORDER.

Your compliance with this Order is subject to monitoring, verification and enforcement. If you do not comply you may be transferred to a quarantine facility, face fines, and/or imprisonment.

A government representative will be calling you from **1-888-336-7735** and may visit you to verify you are complying with the quarantine measures.

KEEP THIS HANDOUT FOR REFERENCE FOR THE NEXT 14 DAYS.

Government of Canada border measures

The Government of Canada has put in place emergency measures under the Quarantine Act to slow the introduction and spread of COVID-19 and variants in Canada. Symptoms can take up to 14 days to develop and the virus can be transmitted to others. To help keep others safe, you must meet the requirements under the *Minimizing the Risk of Exposure to COVID-19 in Canada Order (Quarantine, Isolation and Other Obligations)*.

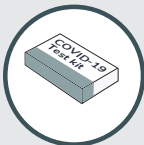
Mandatory REQUIREMENTS

You MUST:



QUARANTINE

- › **Go directly** to your suitable place and quarantine for at least 14 days or as directed by a screening officer or quarantine officer.
- › Your quarantine will end after the 14th day only if you don't have symptoms **AND** you don't receive a positive test result from required tests.
- › **If you receive a positive test result from required testing**, isolate yourself for an additional 10 days and follow the instructions provided.



TAKE COVID-19 TESTS as directed

- › **Take COVID-19 molecular tests** as instructed (see separate handout for instructions), unless you have evidence of a positive COVID-19 test taken 10–180 days prior to arrival in Canada.
- › **Keep a copy of your travel-related COVID-19 molecular test results** until the end of your quarantine.
- › **Provide your test results** to the Government of Canada or government of the province or territory, or to the local public health authority during your quarantine period upon request.



REPORT AND MONITOR

- › **Report your arrival at your place of quarantine** within 48 hours in ArriveCAN or 1-833-641-0343 (if you didn't use or cannot use ArriveCAN)
- › **Report daily on your health status** relating to signs and symptoms of COVID-19 in ArriveCAN or call 1-833-641-0343.
- › **Monitor your health** during your time in quarantine.

Transiting to your place of quarantine

- › **Wear a well-constructed, well-fitting mask** while in transit.
- › **If driving, avoid stops and remain in the vehicle** as much as possible.



Symptoms

- › If you start having symptoms or receive a positive COVID-19 test result, or are exposed to someone with a positive result, you must isolate immediately for an additional period of 10 days and follow the instructions of the local public health authority (see below).
- › The isolation period starts on the earliest of:
 - the date you developed symptoms, OR
 - the date you completed the COVID test, if the date is validated by the test provider, OR the date of the test result, or
 - the date of exposure to the other person (only if you are asymptomatic or did not receive a positive test result).

Common signs and symptoms of COVID-19 can be found at <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/symptoms.html>

While in quarantine

 DO	 DON'T
 Avoid contact with others who did not travel with you and sleep in a separate bedroom.	 Do not use shared spaces such as lobbies, courtyards, restaurants, gyms or pools.
 Access the necessities of life (e.g. water, food, medication, and heat) without leaving quarantine.	 Do not have any visitors.
 Food, groceries, or other necessities should be left at your door for contactless delivery.	 Do not leave your place of quarantine except for an essential medical service or treatment, to obtain a COVID-19 molecular test, or as pre-authorized by a quarantine officer.
 Only go outside on a private balcony or yard with those who travelled with you.	
 Follow guidelines from local public health. If there is a conflict between public health and this handout, follow the strictest measure.	
 Respond to calls or visits from screening officers or law enforcement.	

Public health authorities

Provinces and territories	Telephone number
British Columbia, Alberta, Saskatchewan, New Brunswick, Nova Scotia, Prince Edward Island, Newfoundland and Labrador, Northwest Territories and Yukon	811
Manitoba	1-866-626-4862
Ontario	1-866-797-0000
Quebec	1-877-644-4545
Nunavut	1-867-975-5772

Links to provincial/territorial COVID-19 information and resources can be found at <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/symptoms/provincial-territorial-resources-covid-19.html>.

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