

Ktunaxa Nation

The Ktunaxa (*k-too-nah-ha*), also known as *Kootenay*, have occupied the lands around the Kootenay and Columbia rivers and Arrow Lakes for more than 10 000 years. Their Traditional Territory encompasses 70 000 km² of south-eastern British Columbia, and includes parts of Alberta, Montana, Idaho, and Washington.

For thousands of years, and long before settlers arrived, the Ktunaxa harvested flora and fauna in the area that is now managed as Yoho National Park. The park lies within 'aknugłułam 'amak'is (Land of the Eagle).

Ktunaxa stories teach their generations of seasonal migrations that occurred across the Rocky Mountains and on the Great Plains; of war and trade interactions with other Nations; of place names and landmarks; and of lessons and values.

The Ktunaxa language is a language isolate, meaning that it is one of a kind and unrelated to any other language in the world.

To learn more, visit ktunaxa.org

Shuswap Band

Weyt-k (hello)

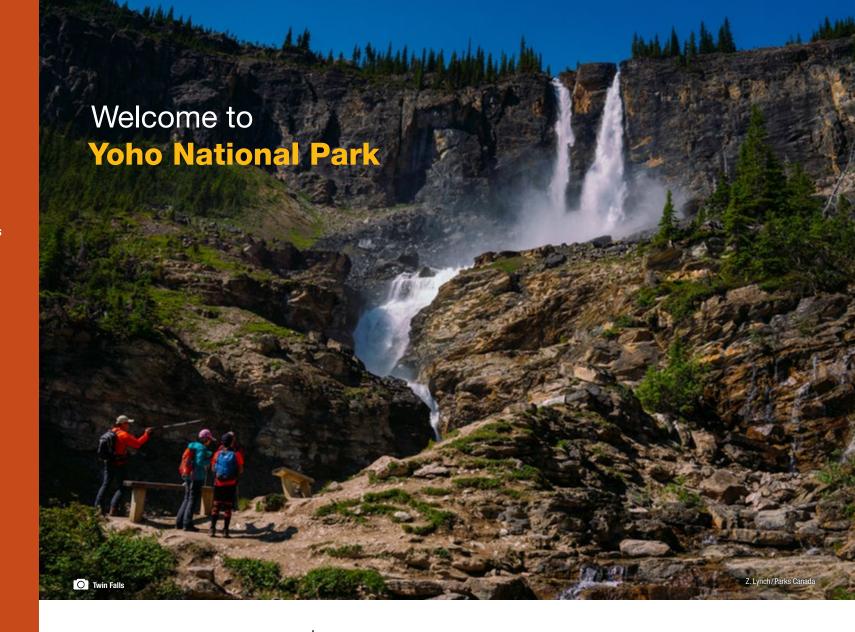
The Kenpesq't (ken-pesk-t) community, currently known as the Shuswap Band, is part of the Secwépemc (seck-wep-em) Nation. The Nation occupies traditional lands in British Columbia and Alberta.

The Secwépemc people traditionally fished, hunted and camped in the areas we now know as Yoho, Kootenay, Mt. Revelstoke, Glacier, Banff and Jasper national parks for thousands of years; long before settlers arrived.

Many of today's roads and trails are Secwépemc travel routes. They served as connections to trade partners and areas for food and medicinal plant gathering. Indigenous guides created horse trails that evolved into major highways such as the Trans-Canada Highway in Yoho. Today, the area encompassed by Yoho National Park continues to be an important site of oral history and Shuswap cultural practice.

Parks Canada and the Secwépemc Nation continue to foster a better working relationship that informs the management of natural resources and enhances the visitor experience for those exploring traditional lands.

To learn more, visit shuswapband.net



- Welcome
- 2 Plan your adventure
- 3 Take the pledge
- 4 Yoho National Park map
- 7 Map of Field
- **9** Camping in Yoho
- **10** Discovering and preserving Yoho
- **12** Stay safe and protect wildlife
- **13** National park regulations

The Rocky Mountains have been part of Indigenous peoples' homelands for thousands of years.

Only in very recent history did European settlers move into the area that we now know as Yoho National Park. A British expedition in 1858 relied on the help of Indigenous guides to navigate the challenging terrain. Back then, Dr. James Hector became the first European to map the pass that we know as Kicking Horse Pass today. This spectacular route received its name after Hector's horse had knocked him over with a kick to the chest.

In the late 1800s, the Canadian Pacific Railway built a luxury hotel to welcome the first railway tourists in the village of Field. This is where Mount Stephen Reserve was established in 1886. The reserve became Yoho National Park in 1911.

Charles Walcott discovered the Burgess Shale fossils on Mount Wapta around the same time, in 1909. Read more about the fossils that are older than dinosaurs on page 11.

You are in a very special place.

Yoho National Park will take your breath away and you will want to come back. That's a promise.

We invite you to explore the park's natural and cultural treasures. Experience roaring waterfalls, the history of Canada's railway and world-famous fossil beds, or bring a picnic and enjoy your beautiful surroundings. Whatever it is you came to Yoho for, we are glad you are here.

4

Plan your adventure

WHERE CAN I GET **INFORMATION?**

Keep this guide for travel inspiration and maps, and come chat with Parks Canada staff at the Yoho National Park Visitor Centre in Field, BC. You can find us next to the Trans-Canada Highway. See page 7 for a map of Field.

Call or email us: 250-343-6783

pc.yohoinfo.pc@canada.ca



May 1 - June 8 | 9 a.m. - 5 p.m. June 9 - Sept. 28 l 8:30 a.m. - 7 p.m. Sept. 29 - Oct.10 19 a.m. - 5 p.m. Oct. 11, 2022 - Apr. 30, 2023 | Closed

Washroom facilities are open year-round.

COVID-19 may affect hours and available services. Please check parkscanada.qc.ca/ yoho-covid for updates and safety requirements.

STAYING SAFE IN THE MOUNTAINS

Your safety is most important to us. As you plan your trip, please do your research BEFORE you head out. Tell somebody where you're going, when you will be back and who to call if you don't return.

Parks Canada Dispatch (non-emergency line): 403-762-1470

Road conditions: drivebc.ca

Trail condition reports: parkscanada.qc.ca/yohotrails

Backcountry travel and safety: parksmountainsafety.ca



Avalanche season in the mountains extends from November to June. Even a short walk from a parking lot can take you into dangerous terrain.

Avalanche ratings: parkscanada.gc.ca/avalanche

Winter activities: parkscanada.gc.ca/yoho-winter

YOUR SUPPORT MAKES A DIFFERENCE

Entry fees are charged at all national parks. Every time you visit a national park you are investing in its future, and in a legacy for future generations. Pick up your pass at any park gate, visitor centre or staffed camparound kiosk.

DAILY ENTRY PASS

The daily entry pass is valid in Yoho, Kootenay, Banff, Jasper, Waterton Lakes, Mount Revelstoke and Glacier national parks. Regardless of time of entry, the pass is valid until 4 p.m. the following day.

| Adult (18-64) | \$10.50 | |
|---|------------------------------------|-------|
| Senior (65+) | \$9.00 | 5 |
| Youth (0-17) | Free | verte |
| Family/group (up to 7 people in a vehicle) | \$21.00 | Décou |
| PARKS CANADA DISCOV This annual pass is valid for 12 mo | semata irte d'entrée Découverte | |

expiring on the last day of the month in which it was purchased. It gives you unlimited admission to over 80 Parks Canada administered places across the country.

| Adult (18-64) | \$72.25 |
|---|----------|
| Senior (65+) | \$61.75 |
| Family/group (up to 7 people in a vehicle) | \$145.25 |

DID YOU KNOW?

You must have a valid entry pass if you stop anywhere in a national park, and if you drive Yoho Valley Road or Emerald Lake Road.

WHAT'S YOUR TRAVEL STYLE?

Select your favourite activities:

- ☐ Scenic driving and sightseeing
- ☐ Camping and relaxing
- ☐ Hiking, biking and other outdoor activities
- ☐ History, fossils and learning opportunities

Good news - Yoho ticks all your boxes!

Visit parkscanada.gc.ca/yoho and click on "Things to do".







No matter if you have a few hours or a few weeks here, you play an important role in the future of the park. Yoho is a diverse landscape, a home to wildlife and a place of history.

WE NEED YOUR HELP TO KEEP IT THIS WAY!

☑ I will never feed wildlife or leave food and garbage outside.

Wildlife need to find their own natural food sources, not yours. By feeding an animal or leaving your scented food items unattended, you attract it to roadsides and human areas. This can be dangerous for you and for the animals.

✓ I will leave plants, rocks, fossils, antlers and all other natural objects undisturbed.

To let others enjoy them as I have, and to preserve the natural beauty and integrity of the park. Thousands of people visit the park each year; a harmful act, multiplied by that amount, can have devastating consequences.

☑ I will give wildlife space.

When you stop to view wildlife or get too close for a photo, wildlife lose their natural fear of people. This increases the risk of wildlife being hit by a vehicle or acting aggressively towards people. Watch for Park Guardians and learn more about human-wildlife coexistence. For your safety: Carry bear spray in an accessible place and know how to use it.

☑ I will keep my dog on a leash and pick up after it.

Dogs cause stress for wildlife as they may be seen as a threat. Off-leash dogs can cause wildlife to show aggression, which puts you, your dog and other visitors in danger. Pick up dog poop, carry it with you and throw it in a bin to keep the park sanitary and clean.

✓ I will drive carefully and obey speed limits.

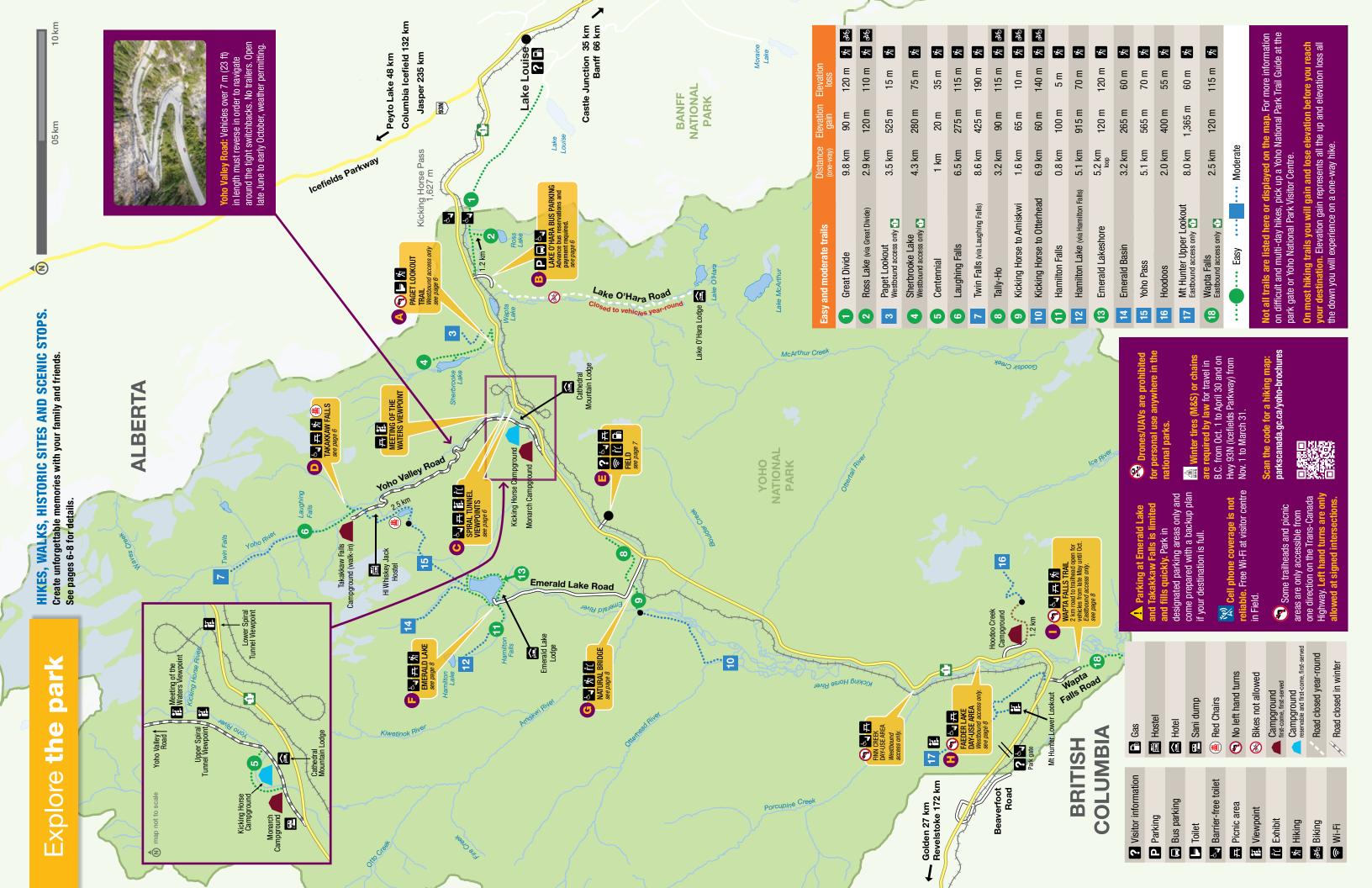
To prevent deadly collisions with animals. In high risk areas, no stopping zones are used to protect motorists and wildlife. Look for signs along the roadside.

☑ I will learn about species at risk and why they are important for healthy ecosystems.

To consider my own impact on flora, fauna and aquatic ecosystems (see p.13) when I visit a national park. Some endangered species are very sensitive to human disturbance. Come on a guided conservation hike to learn about species at risk and Parks Canada's conservation efforts. See page 10.

Your pledge makes a big difference.

THANK YOU FOR TAKING ACTION!





One-way distance: 3.5 km Estimated time (return): 3 h Elevation gain: 525 m Elevation loss: 15 m

Take the steep but rewarding trail to an old fire lookout with the option to add on a side-trip to Sherbrooke Lake (up to 2.9 km one-way). Or join us on a guided conservation hike (see p. 10) to learn about Whitebark pine, a species at risk.

Park at Sherbrooke Lake trailhead. Eastbound traffic must turn around at Lake O'Hara parking area.



B LAKE O'HARA BUS PARKING

Access to the Lake O'Hara area is limited to protect its sensitive alpine environment. Advance bus reservations for day use or overnight accommodation reservations are required. Plan ahead and reserve as soon as reservations open for the season. Visit **parkscanada.gc.ca/lakeohara** to find out about the four ways to visit the Lake O'Hara area. Lake O'Hara Road is closed to vehicles year-round.



One of the highest waterfalls in Canada (approx. 380 m), Takakkaw Falls is an impressive sight. On a sunny afternoon or evening you may get lucky and see a rainbow at its base. This area is your starting point for many longer hikes in the Yoho Valley area, such as Laughing Falls (6.5 km one-way) and Twin Falls (8.6 km one-way).

Note: The road up to the Takakkaw Falls parking lot (Yoho Valley Road) is closed from early October to late June.

Longer vehicles must reverse to make it around tight switchbacks. No trailers!



The Spiral Tunnels are a pair of railway loops that were built over 100 years ago to get trains through the difficult mountain terrain. You will get a great view of the Lower Spiral Tunnel from the viewpoint on the Trans-Canada Highway and the Upper Spiral Tunnel from Yoho Valley Road.

DID YOU KNOW?

Kicking Horse Pass National Historic Site is a rail and highway transportation corridor from Lake Louise to Field. At 1,627 m, it is the highest point on the entire Trans-Canada Highway!



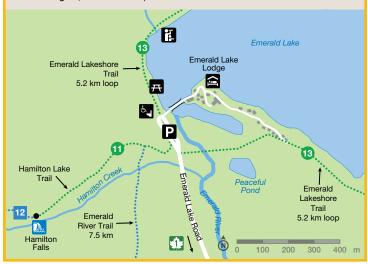
Explore one of the two restricted fossil sites in Yoho, both with outstanding views. Your guide will teach you about the weird and wonderful Burgess Shale creatures and how they came to be fossilized at the top of mountains in Yoho National Park. Reserve your spot today. pc.gc.ca/burgessshale





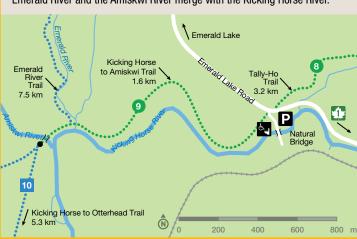


Walk along the Emerald Lakeshore Trail (5.2 km loop, 2 h return) for great photo opportunities (and to sneak away from the busy area by the bridge). Best time of the day to visit? Early morning and late afternoon. If you are looking for an easy hike, check out Hamilton Falls (0.8 km one-way, 100 m elevation gain, 30 min return).





Make sure you plan a stop here to experience this impressive rock formation and the water rushing underneath it. Please be safe and stay on marked trails at all times! If you want to go for a nice stroll, start at the north end of the parking lot and walk about 1.6 km along an old fire road to the where the Emerald River and the Amiskwi River merge with the Kicking Horse River.





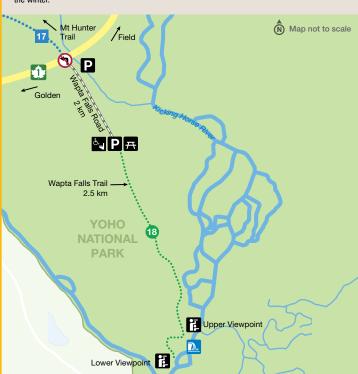
Sometimes you don't have to go far off the highway to find a beautiful mountain scene. Bring your lunch and enjoy a picnic with a view at this lovely day-use area.

Note: The parking area is not suitable for large RVs or trailers. Westbound access only.



One-way distance: 2.5 km One-way distance (winter): 4.5 km Estimated time (return): 1.5 h Elevation gain: 120 m Elevation loss: 115 m Check out the widest waterfall on the Kicking Horse River! Hike to the viewpoint at the top, or continue down the trail to the base of the falls; just close enough to feel the mist on your face.

Westbound highway traffic must turn around at Beaverfoot Road. 2 km access road closed in





RESERVE YOUR SITE TODAY!

reservation.pc.gc.ca 1-877-reserve (737-3783)



FRONTCOUNTRY CAMPING

Sleep under the stars at one of four scenic frontcountry campgrounds between mid-May and mid-October. Advance reservations for Kicking Horse Campground are strongly recommended.

| Campground | Reservable sites | First-come, first-served sites | Total sites | Staffed check-in kiosk |
|--------------------------|------------------|--------------------------------|-------------|---------------------------|
| Kicking Horse | ✓ | ✓ | 88 | ✓ |
| Monarch | | \checkmark | 44 | |
| Takakkaw Falls (walk-in) | | \checkmark | 35 | |
| Hoodoo Creek | | ✓ | 30 | |

BACKCOUNTRY CAMPING

You need a reservation to stay at one of Yoho's backcountry campgrounds: Yoho Lake, Laughing Falls, Twin Falls, Little Yoho and McArthur Creek. Same-day backcountry reservations can be made at a visitor centre.

Visit parkscanada.gc.ca/ynp-backcountry for more information. Random camping also requires a valid camping permit.

DID YOU KNOW?

- · Camping is only permitted in designated
- A valid park pass is required to camp in any national park.
- Check-out time at all campgrounds is 11 a.m. Quiet hours are from 11 p.m. to 7 a.m.



WHITEBARK PINE plays an important role in subalpine forests; it provides food, habitat and snowpack regulation. Unfortunately, the impacts of disease, pests and climate change are threatening its survival. This is why Whitebark pine is listed as "Endangered" under the Species at Risk Act. These trees need our special attention.

Parks Canada collaborates with other organizations to conserve the species across the landscape and beyond park boundaries. This is what we do:

- Habitat restoration: We improve growing conditions by using prescribed fire and forest thinning.
- Reproduction: We collect cones from diseaseresistant trees, grow seedlings and plant them back in the park.
- Insect pest management: We put pouches
 that release a special smell on some whitebark
 pine trees. This smell is what beetles use to
 communicate with each other, and we use it to
 tell them: "Go away, this tree is already occupied."

PAGET FIRE LOOKOUT GUIDED CONSERVATION HIKE

Ages 8+, 7 km return

Hike to the Paget Fire Lookout as your guide tells the story of whitebark pine. Discover the connections between the main characters of this fascinating story, from grizzly bears to fungi. Advance reservations and payment are required.

For more information and to reserve a hike:

parkscanada.gc.ca/yoho-conservation-hikes 1-877-RESERVE (1-877-737-3783)

EXPLORE. LEARN. CONNECT.

Park Interpreters can't wait to share fun and inspiring experiences with you. Join us for an evening program in campgrounds or an activity at popular day-use areas.



Find out what's on: parkscanada.gc.ca/yohointerpretation

TRY A FREE LEARNING ACTIVITY:

CLUB PARKA ages 3-5

XPLORERS ages 6-11

GEOCACHE CHALLENGE all ages
(June – Aug. at the Kicking Horse Campground)

Pick up your free booklets at the Yoho Visitor Centre or at the Kicking Horse Campground



Well preserved – You can see all sorts of really fine details like eyeballs and guts, brains and more.

THE BURGESS SHALE FOSSILS ARE...

Old – Over five hundred million years. Way older than dinosaurs!

Your relatives – Our human ancestry can be traced back to these diverse

These fossils are so globally important that they have been recognized as a UNESCO World Heritage Site.

The Burgess Shale is part of the larger Canadian Rocky Mountain Parks World Heritage Site.

BURGESS SHALE FOSSILS IN YOHO - GUIDED HIKES

ages 8+, up to 21 km return

A once-in-a-lifetime opportunity! Meet your ancient ancestors and hold a piece of earth's history on a guided hike to the restricted **Walcott Quarry** or **Mount Stephen** fossil sites. Advance reservations and payment are required.

For more information and to reserve a hike:

parkscanada.ca/burgessshale 1-877-RESERVE (1-877-737-3783)



United Nations
Educational, Scientific and
Cultural Organization

Heri

Organisation des Nations Unies pour l'éducation, la science et la culture



Canadian Rocky
Mountain Parks
inscribed on the World
Heritage List in 1984

Parcs des montagnes Rocheuses canadiennes inscrit sur la Liste du patrimoine mondial en 19 Female elk with a GPS collar

SCIENCE IN THE PARK

Parks Canada has teamed up with Marie-Pier Poulin, a MSc student at the University of Wyoming. She studies how food resources and traffic volumes influence how elk interact with the Trans-Canada Highway in Yoho National Park.

There are 15 adults in the local elk herd.

Most of them have been fitted with GPS collars that record their exact location every hour. In her research, Marie-Pier uses these movement data to understand where, when and why elk cross the Trans-Canada Highway. This information is important for the work of resource conservation scientists and highway engineers at Parks Canada. Their goal is to maintain and improve:

- Safe elk movement across this major road
- Access to food resources on either side of the highway
- Connectivity between elk winter and summer ranges



Elk crossing the Trans-Canada Highway near Field, BC

10

Stay safe and protect wildlife

KEEP HUMAN FOOD AWAY FROM ANIMALS

- DO NOT LITTER. Use the wildlife-proof garbage bins for all unwanted items and food scraps.
- Store all food, food-related items and scented products in vehicles or storage
- · Non-food related items such as lawn chairs, tables or lanterns may be left
- Pour out dish water at designated sinks or sani dumps.



Parks Canada staff may enter open and plainly visible areas of an unattended campsite to remove and secure plainly visible wildlife attractants.

KEEP YOUR CAMPSITE AND PICNIC AREA CLEAN to reduce the risks to your personal safety and to wildlife.





ALL food-related and scented items MUST be stored away in a vehicle.



a hard-sided trailer or RV,



National Park **regulations**



No campfires outside of designated metal fire pits. Never leave a fire unattended unless it is completely extinguished. Be aware of fire bans.



Do not camp in pullouts, trailheads, day-use areas or anywhere in the village of Field. Camp only in designated campgrounds with a permit.



Do not enter closed areas. Closures are implemented and posted when visitors are at risk or wildlife need protection. See important bulletins at pc.gc.ca/yoho-bulletins



Do not remove natural objects. It is illegal to pick plants, to cut down trees and branches, to remove rocks, fossils and cultural artifacts or to otherwise cause damage.



Drones/UAVs are prohibited for personal use anywhere in the national parks.



Firearms are prohibited in national parks. Firearms include pellet guns, bear bangers, bows, slingshots and similar items. slingshots and similar items.



Do not consume alcohol and cannabis beyond your registered campsite. In campgrounds, there is a daily ban on alcohol and cannabis consumption during quiet hours, between 11 p.m. and 7 a.m. Be aware of extended bans during holiday weekends.

WILDLIFE AND YOU

Seeing wild animals in the park can be a thrilling and rewarding experience, but remember:



Do not approach wildlife. When taking photos, do not surround, crowd or follow an animal.



Do not feed wildlife. This includes littering and leaving food or scented items unattended.



Do not litter. Use the wildlife-proof garbage bins.



Keep dogs on leash at all times. Off-leash dogs can stress wildlife and trigger aggressive



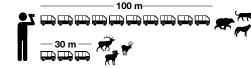
A no stopping zone protects wildlife and motorists in high risk areas. Watch for signs along the roadside and do not stop to view wildlife in this zone.

IF YOU SEE WILDLIFE BY THE ROAD:

- Slow down and use hazard lights to alert other drivers.
- Only stop when and where it is safe to do so. Pull over and do not block traffic.
- . Stay in your vehicle.
- Watch for a few moments, take a photo from a safe distance and **move on.**

PHOTOGRAPH WILDLIFE FROM A **VEHICLE OR SAFE DISTANCE:**

- 30 m for deer, elk, moose and bighorn sheep
- 100 m for bears, wolves, coyotes and cougars



LAW ENFORCEMENT

Park wardens enforce regulations as required by the Canada National Parks Act. To report violations, call 24 hours, 7 days per week:

1-888-927-3367 (Banff, Yoho and Kootenay) **1-877-852-3100** (Jasper, Mount Revelstoke and Glacier)

Violators may be charged and could pay fines of up to \$25,000.

KEEP AQUATIC INVASIVE SPECIES OUT OF NATIONAL PARKS

In Yoho National Park, it is mandatory to:

- Clean, Drain, Dry and complete a mandatory self-certification permit before using your non-motorized watercraft and fishing gear
- · Release all fish (possession limit: zero)
- Never use felt-soled waders

Violators may be charged under the Canada National Parks Act.



CLEAN all mud, sand, plant and animal materials from your watercraft and aquatic

recreational equipment such as canoes, fishing gear and stand-up paddleboards.



DRAIN coolers, buckets, compartments and other items that may hold water.



DRY completely and for 48 hours before entering any river, lake, or stream. Dry for a

minimum of 30 days if coming from outside of British Columbia or Alberta.

TIP! Stop at the voluntary non-motorized watercraft inspection station at the Lake Louise Overflow lot (6 km east of Lake Louise on Hwy 1) to receive a free inspection.

PERMITS CAN BE DOWNLOADED HERE



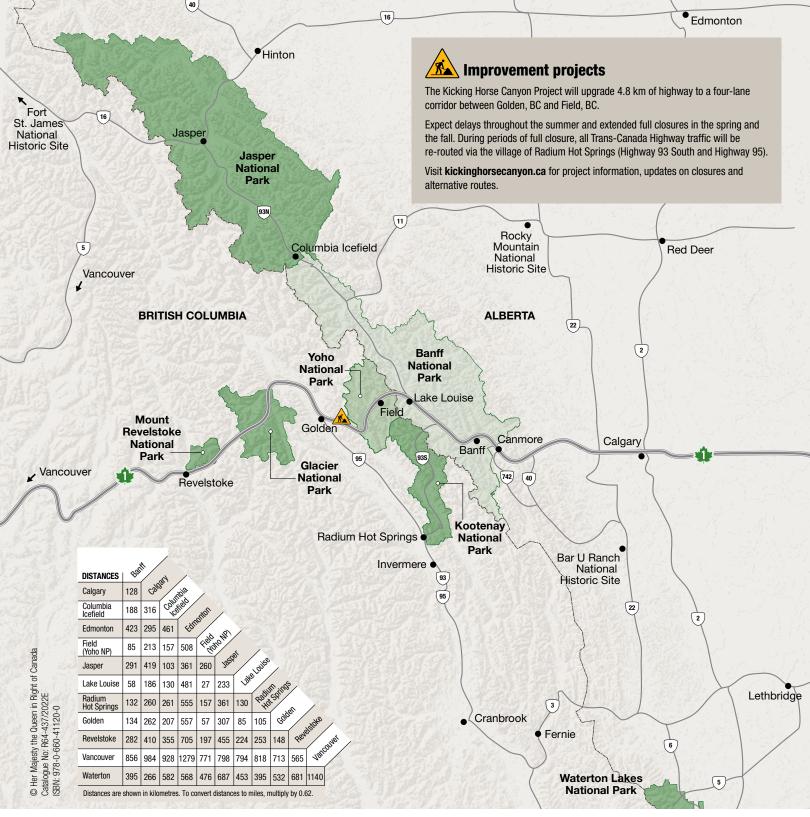
pc.gc.ca/yoho-self-certification

For more information, please visit parkscanada.gc.ca/yoho-fishing (click on FAQs for Clean, Drain, Dry) or email us at Ilykaisprevention-eaeprevention@ pc.gc.ca



BUY A NATIONAL PARK FISHING PERMIT

Catch and release only. Provincial licenses are not valid. Permits are available at Parks Canada visitor centres.



BANFF

Banff Visitor Centre: 403-762-1550 pc.banff-vrc.pc@canada.ca

Lake Louise Visitor Centre: 403-522-3833

II.info@pc.gc.ca

parkscanada.gc.ca/banff

Banff Lake Louise Tourism: 403-762-8421 **banfflakelouise.com**

KOOTENAY

Kootenay Visitor Centre: 250-347-9505 kootenay.info@pc.gc.ca

parkscanada.gc.ca/kootenay

Tourism Radium/Radium Chamber of Commerce: 1-888-347-9331 radiumhotsprings.com

Y0H0

Yoho Visitor Centre: 250-343-6783 yoho.info@pc.gc.ca

parkscanada.gc.ca/yoho

Accommodations and attractions in Field: field.ca

MOUNT REVELSTOKE AND GLACIER

Rogers Pass Discovery Centre: 250-837-7500 parkscanada.gc.ca/glacier

WATERTON LAKES

parkscanada.gc.ca/revelstoke

Waterton Lakes Visitor Centre: 403-859-5133 parkscanada.gc.ca/waterton

JASPER

Jasper Information Centre: 780-852-6176 pc.jasperinfo.pc@canada.ca

parkscanada.gc.ca/jasper

Tourism Jasper: 780-852-6236 jasper.travel

FOR EMERGENCIES DIAL 911

(police, fire and ambulance)

Road reports: **drivebc.ca** or **511.alberta.ca** Cell phone service is not reliable in the mountain parks.