

**Ayiwawk aen milyoon li moond mishiway alawn tour ayowak oohin cheestahouwina akwa mitouni awtist pikou ayowak siirieu muypitikouwin.**



**“Nimiyeustaen aen ootinaman ooma cheestahouwin. Aendawaystayn kuhkiyuw moon li moond aen cheestahokowichik.”**

Annabella Metatawabin, kaatravaen sis soon lawzh, akwa mawachi neekawn kinwaysh-kenawaymowin aen malad ouschi Peawanuck Neekwan Li Moond ki ayow ka cheestahokohk.

Aen portray akwa itwaywin shawpou weechiwaywin ouschi:

[www.waha.ca/covid-19/vaccine](http://www.waha.ca/covid-19/vaccine)

## **Apray Cheestahoukaywin**

### **Muypitikouwin**

Kaykawt tout li moond namou tahkinay ayowak muypitikouwin. Tapishkoot kootaka cheestahouwina ooma COVID-19 cheestahouwin aen ki mawchipayihtaw il i doo muypitikouwin tapishkoot: li pwaen, mihkoupayiw keema pawkipayihk ita aen nijweey ka maykawtayk, il i doo la fyayvr, ayeshkoushihk, akwa li nayr keema li zhwaen li pwaen. Oohin il i doo muypitikouwin piyiish aen namatakoun namoo wiya kaykwuy aen tretmaan.

Zheusk kuhkiyow awiyek ki cheestahokohk, li publik la saantii la sort ka ahkami si nissisayr aen atipoonipayik ooma tashweetimakahk COVID-19 didawn Canada akwa manawchihtaw pimatishiwin.

Oohin weestamakaywina avek:

- Ksheepaykina tee maen,
- Api kee keekouwawhk ishpee kaw-awhkoushiyin,
- Tapitow aen sipaarii ka kanawayimshook,
- Poostiska aen mask ishpee nahi ikouhk, akwa
- Ahkamaymou itootamin si boon ohtstotamowin akwa disseu wawweepat ka shawm-mikawtayk payhkun.

Awn sawmbi,  
**ka ki nakinamahk  
COVID-19  
payyek li braw a  
la fway!**

**Ayaw ki cheestahokowiyin aen ki kenawaymikon, toon parawn, akwa toon a lawntour.**

Peekishkway avek li publik la saantii pamihwayw didawn toon a lawntour kishpin aen kesyoon ki ayawn ouschi ooma cheestahouwin.



R5-763/2-2021Rc1-PDF

978-0-660-37554-0



Government  
of Canada

Gouvernement  
du Canada

**Canada**

# Cheestahouwin

## Pat dawnzhee

**aykwawnima ninahkatwayihtayn – ki outinikatayw chi kashkamoustaytaywin?**

Noo. Akooz si t'ayn la sawntee emergency akwa akooz li doktoer akwa scientists atoushkaywak awn sawmbl mishiway alawn tour, ooma cheestahouwina ishpayin apish-eesh li tawn ka oushistawhk.

Jhis di mil li moond va oofayr aen ayow didawn wahpaaschikataywin poor ooma cheestahouwin. La Sawntee Canada kawkenawawpahtam akwa pakitinam oohin cheestahouwina pleu lwayn ishi kischee la lway akwa namoo wiya kashkamoustaytaywin ki outinikatayw.

Oohin cheestahouwina aykwawnihi ka pakitinikataykihk mitouni atoushkaymakan ka kipihtinikawtayk ishi li moond kaya kawshchitina COVID-19 akwa ka awhkoushiw. Cheestahouwina poor kootaka awhkoushiwina tapishkoot meningitis akwa polio ki kipihtinikawtayw ishi aen milyoon li moond ouschi kaya kawshchitina oohin awhkoushiwina akwa ki manawchihtaw pimatishiwin.



*Mardeen Hill, Iroquois Lodge, Six Nations ouschi Grand River, gee-outistikou ooma COVID-19 cheestahouwin.*

## Chi-outinamen ooma cheestahouwin

Cheestahouwina atoushkaymkan ishi chikishinahamawkayhk toon immune aen system ka nishitowina ahkoushiwin akwa ka nakinahk kaya aen awhkoushiyin. Apray ka ayawyin cheestahouwin, kishpin ki nakishkamin ishi ooma ahkoushiwin, toon kor paree ka atoushkaymakahk nawut il i vif namoo wiya tapishkoot kaya aen ki ayawyin cheestahouwin.



Pfizer akwa Moderna, too lee due ka-keestwawn trwaa-kaatr la smenn apawr.

# Keeyawshkiwin akwa

## La vayritee



**KEEYAWSHKIWIN: Ooma cheestahouwin keekouchehtawak didawn Li Promyee Nawsyoon.**



**FACT:** Noo, ooma cheestahouwin namoo wiya aen keekouchehtawak ishi Li Promyee Nawsyoon. Mishaw wahpaaschikataywin ki awnshay keeoushtawn avek ooma ka keepakitinikawtayk cheestahouwina didawn Canada, ishi jhis di mil li moond.

Li Promyee Nawsyoon aykwawniki aen neekawn akooz wiyawow nawut aen ki namoo wiya tapishkoot kootakak aen zhawnd Canada aen ayowak la sawntee mawyimashchihoowin akwa en risk ka mitouni ahkoushichik avek COVID-19.



**KEEYAWSHKIWIN: Li moond ki ayow siirieu muyipitikouwin ishi ooma COVID-19 cheestahouwin.**



**FACT:** Noo. Ki ooma ka ishpayik si baen rawr. Si t'ayn aenportaan ka peekishkwayin avek la nurse keema li doktoer kishpin ki ayawn siirieu muyipitikouwin.



**KEEYAWSHKIWIN: Nikikawshchitinayn COVID-19 ouschi ooma cheestahouwin.**



**FACT:** Noo. Namoo wiya aen ki kawshchitinayn COVID-19 awhkoushiwin ouschi ooma cheestahouwin. Oohin cheestahouwina namoo wiya ashtaywa tout aen pimatishaymakahk ahkoushiwina ekoshi ishi namoo wiya aen ki mawchipayihtaw ooma awhkoushiwin.